

November

The *M*ayor's *O*ffice for *P*eople with *D*isabilities



“Though seemingly broken, our purpose remains true”.....

L. King



26th Annual Uptown Holiday Lighting

Presented by [Uptown Houston District](#) at [Uptown Houston/Galleria](#)

The Uptown Houston District presents *The 26th Annual Uptown Holiday Lighting* on Thanksgiving evening, **November 24th**. This fun-filled family event, benefiting Houston Area Urban League and Be An Angel, will ring-in the holidays with more than a half-million twinkling lights!

On Thanksgiving evening, thousands of Houstonians and out-of-town guests gather along Post Oak Boulevard for the annual *Uptown Holiday Lighting*. This FREE fun-filled family event kicks off the holiday season with more than a half-million twinkling lights, a sparkling electric light parade and an exciting holiday stage show; and don't forget the special appearance by Santa Clause.

- Funnel cakes
- Cotton candy
- Kettle Corn
- Holiday Beverages

Santa Lights the Boulevard - With the help of the audience, Santa and his reindeer will light up more than a half-million twinkling lights on 80 Christmas trees along the boulevard and building rooftops to herald the arrival of the holiday season.

Dazzling Fireworks Extravaganza - Dazzling holiday fireworks will light up the Houston sky

General Day and Time Info:

4 p.m. - Holiday Music and Concessions

5 p.m. - Merry Holiday Stage Show featuring local musical acts

7 p.m. - Santa lights the Boulevard and the Grand Fireworks Extravaganza

Phone: 713-621-2011 or 713-621-2504

Accessibility Info:



Sign
Language



Wheelchair
Access



7:30 PM

Pink Door Nonprofit's 6th Annual Gala "A Fairytale Ending"

Event Venue: Four Seasons Hotel Downtown

EVENT DESCRIPTION

Each year, Pink Door Nonprofit Organization (Pink Door) celebrates life after cancer through Pink Door's largest fundraising event: Pink Door's Annual Gala. All proceeds from Pink Door's Annual Gala go towards Pink Door's "My Pink Wish" Program ~ providing support for all women cancer patients and survivors through granting specific "wishes" .

Pink Door will service at least 30 women cancer survivors through Pink Door's "My Pink Wish" program. Due to the amount of "wishes" Pink Door has already received for 2013, we believe this amount could possibly double. Come join us on this special evening! To learn more about Pink Door, please visit us at www.pinkdoornonprofit.org.

<i>Category:</i>	Breast Cancer
<i>Ticket prices:</i>	Individual Tickets: \$250 - \$500 Tables: \$2,500 - \$10,000
EVENT CONTACT INFORMATION	
<i>Name:</i>	SenLy F. Fox
<i>Phone:</i>	713-412-3537
<i>Email:</i>	info@pinkdoornonprofit.org
<i>Website:</i>	http://www.pinkdoornonprofit.org



WELCOME TO WALK4HEARING!



2013 FUNDRAISING GOAL: \$1.4 MILLION

WALK DETAILS

Date: Saturday, November 2, 2013

Location: Tom Bass Park
Pavilion #4 Section III
15108 Cullen Blvd.
Houston, TX
[Directions](#)

Schedule: 8am - Registration/Check-in
9am - Walk begins
Distance: 5K (3.1 miles)

WALK PROGRESS

Houston Walk4Hearing

Goal: \$45,000.00

Achieved: \$28,211.19

The Mission of HLAA: To open the world of communication to people with hearing loss by providing information education, support and advocacy





Monthly Events

Water Exercise

Sponsored by Houston Area Parkinson's Society in partnership with COH Parks and Recreation

Held at the Metropolitan Multi-Service Center 1475 W. Gray

Mondays 1:00 p.m. to 2:00 p.m.

Thursdays 11:00 a.m. to 12:00 p.m.

Cost: **FREE**. Registration required.

Contact: Alfonso at 713.520.8670



Tai Chi

Every Tuesday - 10:30 am to 11:30 a.m.

Sponsored by Houston Area Parkinson's Society in partnership with COH Parks and Recreation

Held at the Metropolitan Multi-Service Center 1475 W. Gray

Cost: **FREE**. Registration required.

Contact: Alfonso at 713.520.8670



Texas Sled Hockey

Every Saturday - 10:00 am to 11:00 a.m.

Sponsored by Texas Sled Hockey Paralympics Sport Club

Held at Ice Skate USA at Memorial City Mall

Cost: **FREE**. Registration required.

Email: Jim O'Neill at jim@lonestarsound.com

Assistive Technology Computer Demonstration

Monday - Thursday of Each Week

9:00 am to 4:00 p.m.

Sponsored by Houston Center for Independent Living

Held at 6201 Bonhomme Road, Suite 150-S

Cost: **FREE**.

Contact 3 days before to schedule ASL or Real Time Captioning

Contact: 713.974.4621. 713.974.4621 Voice / TTY



Monthly Events

Computer Access Training Program (CATP)

Monday - Thursday of Each Week

8:00 am to 12:00 p.m.

Sponsored by Houston Center for Independent Living

Held at 6201 Bonhomme Road, Suite 150-S

Cost: **FREE**. Registration required.

Contact 3 days before to schedule ASL or Real Time Captioning

Contact: 713.974.4621. 713.974.4621 Voice / TTY

Tango

Every Wednesday

1:00 pm to 2:15 p.m.

Sponsored by Houston Area Parkinson's Society in
partnership with COH Parks and Recreation

Department of Neighborhoods

Held at the Metropolitan Multi-Service Center 1475 W. Gray

Cost: **FREE**. Registration required.

Contact: Alfonso at 713.520.8670



Families Coping with Adult Mental Illness

First and Third Sunday of Each Month

4:00 pm to 5:30 p.m.

Held at St Peter's United Methodist Church

20775 Kingsland Blvd

Cost: **FREE**. Contact Pat or Leon at 713.467.3764






Monthly Events

Families Coping with Children and Adolescent Mental Illness

Second and Fourth Sunday of Each Month
2:30 pm to 4:00 p.m.
Held at Memorial Drive United Methodist Church
12955 Memorial Drive
Cost: **FREE**. Contact Bonnie Cord at
713.984.2538




National MS Society Lone Star Chapter: After Hours

First Monday of Each Month
6:30 pm to 9:00 p.m.
Held at Lupe Tortilla, 2414 Southwest Freeway
Cost: **FREE**. Registration required. Ages 18 – 30ish
Contact: Chris Mays at 832-334.9023 or
Email: chmays23@yahoo.com or Visit: [NMSS Lone Star Chapter website](#)

Families Coping with Mental Illness

Third Monday of Each Month
7:15 pm to 9:00 p.m.
Held at Memorial Drive Methodist Church
12955 Memorial Drive
Cost: **FREE**.
Visit [NAMI website](#)





Monthly Events

Families CAN Support Group

First Tuesday of Each Month

10:00 a.m. to 12:00 p.m.

Held at Christ the King Evangelical Lutheran Church
2353 Rice Boulevard

Cost: **FREE.**

Contact 713.743.5435 or 713.743.5592



Adolescent Bariatric Surgery Program Support Group

Second Tuesday of Each Month

5:00 p.m. to 7:00 p.m.

Held at the Metropolitan Multi-Service Center 1475 W. Gray

Sponsored by Texas Children's Hospital in partnership with HPARD's
Adaptive Recreation Staff

Cost: **FREE.**

Contact: Kari at Texas Children's Hospital at 832.822.4868

Houston Commission on Disabilities

Second Thursday of Each Month

4:00 p.m. to 6:00 p.m.

Held at the Metropolitan Multi-Service Center 1475 W. Gray

Cost: **FREE.** Open to the Public

Request reasonable accommodations by 2nd Monday

ASL Interpreters and CART provided

Contact 832.394.0814 or Email:

mopdmail@houstontx.gov





Monthly Events

South Texas College of Law Legal Clinic (Family, Probate, Estate Planning)

Third Thursday of Each Month

1:00 p.m. to 3:00 p.m.

Held at the Metropolitan Multi-Service Center 1475 W. Gray

Cost: **FREE**.

Request reasonable accommodations by 3rd Monday

Contact MOPD at 832.394.0814 or Email mopdmail@houstontx.gov



Monthly Dance Social for People with Disabilities

First Friday of Each Month

Held at the Metropolitan Multi-Service Center 1475 W. Gray

Sponsored by The ARC of Greater Houston

Cost: **FREE**. Registration required.

Contact: 713.313.1652

Email: thearcogreaterhouston.com



Volunteer Parking Enforcement Class



5:00p.m. to 9:00p.m.

Metropolitan Multi-service Center 1475 W, Gray St

Fourth Thursday's

With the generous help of citizen volunteers, the "Disabled Parking Volunteer " program will ensure accessible parking spaces for the disabled. **Cost: FREE**

Contact: R. De La Cerda at 832.393.8655 @ roland.delacerda@houstontx.gov



Standing Quarterly Events

Free Legal Advice Clinic

"Houston Volunteer Lawyers "program, Inc. - Helps low-income citizens and such as those who may not meet the financial criteria of other legal assistance programs or non-US citizens.

Cost: **FREE**

Contact: June Eaton at 832-394-0811 or June.Eaton@houstontx.gov

