

Quick Tips - Emergency Action for Poisoning

Call 1-800-POISON-1 (1-800-764-7661)

- **Inhaled poison:** Immediately get the person to fresh air. Avoid breathing fumes. Open all doors and windows. If victim is not breathing, start CPR.
- **Poison on the skin:** Remove contaminated clothing and flood the skin with water for 10 minutes. Wash gently with soap and water and rinse.
- **Poison in the eye:** Flood the eye with lukewarm (not hot) water poured from a large glass held about 3 inches from the eye. Repeat for 15 minutes. Have the person blink as much as possible while flooding the eye. Do not force the eyelid open.
- **Swallowed poison:** Medicines, do not give anything by mouth until you have called for professional advice.
- **Chemicals or household products:** Unless the person is unconscious, having convulsions or cannot swallow, give a glass of water immediately. Call for professional advice about whether the person should vomit. Have the label ready when you call.



For more information: <http://www.utmb.edu/setpc/>