

August 28, 2008



Conference Registration

A free event– Registration requested by August 26

Please register by e-mail, fax or phone to:

Harris County Hospital District

Monica James

Phone: 713-783-4616 x233

Fax: 713-785-3077

Email:

Monica_James@hchd.tmc.edu

Complimentary lunch is included with registration.

This program is supported, in part, by the City acting as the Harris County Area Agency on Aging and the Texas Department on Aging

A Time for Caregivers:

Refresh and Recharge

Thursday, August 28, 2008

10:00 am to 2:00 pm

The Hilton University Of
Houston Hotel and
Conference Center

University Drive Entrance One

4800 Calhoun

Houston, Texas

Presented by

Caregiver Planning Committee

Harris County Hospital District, Gateway to Care, Adult Protective Services, Interfaith CarePartners, M.D. Anderson, Texas Southern University, and The University of Texas Health Science Center

The Caregiver

Planning Committee



Don't know if you're a Caregiver?

- Is your elderly loved one living in your home?
- Are you the primary caretaker for your loved one?
- Do you provide any of the following assistive functions for your loved one:
 - Obtaining medication
 - Providing meals
 - Medical transportation
 - Housekeeping
 - Handling finances
 - Medication prompting/administration
 - Custodial/hygiene assistance
 - Grooming /feeding assistance
- Are you an individual caring for a parent, child, grandchild, or someone disabled?

You are a Caregiver!

◆◆Agenda◆◆

10:00– 10:30 am Registration

10:30– 10:40 am Welcome & Opening Statements

10:40– 11:10 am **KEYNOTE ADDRESS**

How Did I Become A Caregiver?
**Dr. Earl Shelp, President
Interfaith CarePartners**

11:10– 11:25 am Break

11:25– 12:25 pm **Caregiver Conversations:** *share your journey, success stories, frustrations, guilt, challenges, strengths, and hopes.* **Facilitators**

12:25– 1:00 pm Lunch

1:00– 2:00 pm **Refresh and Recharge:** Art and music as strength for the journey. C&S Care Management and St. Luke's Center for Counseling

2:00 pm Evaluation