

1 Memory changes that disrupt daily life

2 Challenges in planning or solving problems

3 Difficulty completing familiar tasks

4 Confusion with time or place

5 Trouble understanding visual images and spatial relationships

6 New problems with words in speaking or writing

7 Misplacing things and losing the ability to retrace steps

8 Decreased or poor judgment

9 Withdrawal from work or social activities

10 Changes in mood and personality



**TAKE STEPS TO END ALZHEIMER'S THIS FALL!**

Start a team for Walk to End Alzheimer's™ at [alztex.org/walk](http://alztex.org/walk)  
or call **1.800.272.3900** for more information.

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