Register online at www.careforelders.org/conference

Please note: There will not be on-site registration.

Seating is limited, please be sure to sign up early to ensure your selected classes are available.

Please select one class from each of the groupings listed below:

Workshop One 1:00 p.m. – 2:30 p.m.
- Community Resources
- Consumer and Worker Rights
- Doing the Dirty Work: Ways to Perform Bathing and Hygiene Tasks while Respecting the Dignity of the Client with Dementia
- Healthy Choices for All
- Proper Movement Techniques
- What is Abuse & Neglect?

Workshop Two 2:45 p.m. – 4:15 p.m.
- Consumer and Worker Rights
- Fighting Back Against Identity Theft and Other Scams
- Healthy Choices for All
- Misuse or Not? Medication and Older Adults
- Personal Finances and Budgeting
- Transitional Movements with Caregivers and Clients

Please print (only one registrant per form, copies accepted):

Name
Title
Company
Street Address
City State Zip
Email Address
Phone Number

A $10 reservation fee per person must accompany each registration. This conference is FREE for everyone that attends, the credit card will only be charged if the registrant is a no-show.

Credit Card Type:
- Visa
- MasterCard
- American Express

Cardholder’s Name

Card number Expiration date

Registration Deadline is March 1, 2011.

Please mail form to:
Care for Elders, 3838 Aberdeen Way, Houston, Texas 77025
For questions/concerns regarding the registration form please contact Morgan Steinberg at 713.685.6584.

Directions to Conference

University of Houston Hilton Hotel
4800 Calhoun, Houston, Texas 77004

Driving North on I-45 (from Galveston), Exit (Elgin/Lockwood/Cullen) exit #44A. Turn left on Cullen and go to Wheeler. Make a left on Wheeler and then left again at Entrance #4. Parking garage in on your left.

Driving South on I-45 (from downtown), Exit Spur 5 exit #44B follow to UH University Drive and make a right. Go past Calhoun and turn left after the visitors’ booth. The parking garage in on your right.

We will cover your cost for parking ONLY if you park in the hotel parking garage.

To Register

4th Annual Ready for Life Awards

The Ready for Life Awards recognize direct care workers who “serve as a role model for others,” by demonstrating a commitment to improving the quality of life for older adults. For more information, please see the enclosed nomination instructions.

Congratulations to the 2010 Ready for Life Award Nominees

Recipient of the 2010 Ready for Life Award
Winnie Colley, Neighborhood Centers Inc.

Honorable Mention
Yesenia Luz, Com for Care
Joyce Woodfox, Sheltering Arms Senior Services

Nominees
Lily Alvarez, Cameo Caregivers
Bertha Benevides, Villa De Matel
Toni Cambre, Amazing Place
Elsa Doss, The Heritage Retirement Community
Bobbie Havemann, New Dimensions Home Healthcare Plus
Loretta Kindred, Texas Home Health
Diana Morris, LivHOME, Inc.
Kate O’Hale, The Heritage Retirement Community
Orlanda Pulido-Martinez, Neighborhood Centers Inc.
Charlotte Shepherd, Sheltering Arms Senior Services
Stephanie Verrettes, Sheltering Arms Senior Services
Patricia Ward, Sheltering Arms Senior Services
Clari Williams, LivHOME, Inc.
Shronda Williams, Professional Caretakers

On the Front Line and at the Heart of Quality Care for Older Adults
An educational conference for direct care workers
Register Today!

On the Front Line and at the Heart of Quality Care for Older Adults
Registered Today!

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On the Front Line and at the Heart of Quality Care for Older Adults

An educational conference for direct care workers

Thursday, March 10, 2011 | 7:30 a.m. – 4:30 p.m.

This full-day conference provides opportunity for individuals who provide direct, hands-on care to older adults to participate in workshops, develop new skills and share their experiences with others in the field.

This conference offers:
• Demonstrations of the latest techniques for providing quality care to older adults.
• Numerous opportunities to improve practical and front line skills.
• Information that benefits both clients/consumers and assistants.
• Sessions for professional and personal development.

Who should attend this conference?
• Certified Nursing Assistants (CNAs)/Nursing Assistants
• Home Health Aides
• Home Care Aides
• Personal Care Assistants
• Other para-professionals in direct care roles

For more information, please contact Morgan Steinberg at 713.685.6584 or go online at www.careforelders.org/conference

Conference Schedule

Morning Workshop

7:30 a.m.  Registration and Continental Breakfast
8:00 a.m.  Welcome
8:15 a.m.  Fall Prevention: It’s All About Balance!
   Presented by Peggy D. Kelso, MBA, M.Ed, CCC-SLP, CPT
   Even though falls can be prevented, they are the leading cause of injury deaths in older adults in Harris County. This workshop will include information about the conditions and situations that contribute to falls in older adults, explore the major risk factors for falls, and describe best practice strategies for fall prevention. Since falls are often the result of poor balance, attendees will also participate in hands-on training for improving balance and leave with tools to help themselves and their clients avoid and manage falls.

Noon  Luncheon

12:30 p.m.  Ready for Life Awards Presentation
1:00 p.m.  First Afternoon Workshops
2:30 p.m.  Break
2:45 p.m.  Second Afternoon Workshops
4:15 p.m.  Conference Evaluation & Certificates of Completion
4:30 p.m.  Conference Adjourns

All conference attendees that complete the full-day conference will receive a certificate of completion and a gift card.

Conference Planning Committee

Chairperson
Morgan Steinberg, Care for Elders

Cathy Andrews  ......LivHOME, Inc
Jane Bavinoue  ......Care for Elders/Sheltering Arms
Missouri Blanton  ......Sheltering Arms Senior Services
Rachelle Branch  ......Nurses Night and Day, Inc
Jolly Mathew  ......United Way of Greater Houston
Jan Edwards  ......Sheltering Arms Senior Services
Whitney Fleming  ......Harris County Area Agency on Aging
Katie Olson  ......Alzheimer’s Association Houston & Southeast Texas
Mary White  ......Professional Health Solutions