

Interfaith CarePartners and
St. Luke's United Methodist Church
present

2008
Caregivers
Conference

**FREE SKILL-BUILDING WORKSHOPS
FOR FAMILY MEMBERS
CARING FOR LOVED ONES**



Empowering Caregivers:
Planning and Perspective

**SATURDAY, AUGUST 16, 2008
8:30 A.M.-2 P.M.**

St. Luke's United Methodist Church
3471 Westheimer at Edloe
Houston, Texas 77027

Special thanks to our sponsors:

Bridgeway Charitable Foundation
Good Earth Foundation
The Forum at Memorial Woods

Special thanks to our exhibitors:

Alzheimer's Association
Better Business Bureau Education Foundation
Care For Elders
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C & S Healthcare Services, Inc.
Harris County Area Agency on Aging
Holly Hall
Interfaith CarePartners
Parkinson's Society
Senior Guidance Directory
Sheltering Arms
Social Security Administration
The Seniors Place
Texan Plus
Wells Fargo

2008
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Conference
3471 Westheimer
Houston, Texas 77027

Registration: 8:30 a.m.

9 a.m. Opening Plenary

How Did I Become a Caregiver?

Dr. Earl Shelp, President, Interfaith CarePartners

9:30-10:30 a.m. Session 1 Workshops

- 1 Financing Care**
Molly Abshire, Attorney at Law, Wright Abshire Attorneys
- 2 Communicating with Health Care Professionals**
Dr. Victor Narcisse, Baylor College of Medicine
- 3 Managing Medications**
Dr. John Halphen, UT Health Science Center
- 4 Understanding Medicare and Supplemental Insurance**
Jane Lehto, Medical Reimbursement Resources, Senior Care Advisors of Texas
- 5 Caregiving: The Job You Never Applied For**
Veronica Seivwright, LMSW-IPR, Interfaith CarePartners
- 6 Managing The Paper Flood: Tips on Organization**
Maureen Alsup, Alsup and Associates, LLC
Professional Bookkeeping and Organizational Services
- 7 Geriatric Care Management**
Cindy Hartman, RN, BSN, C&S Care Management, Inc.
- 8 Avoiding and Resolving Family Conflicts**
Patricia K. Loeffler, LCSW, ACSW, LPC, LMFT
- 9 Passing On Values as Well as Valuables**
Margie Jenkins, MSW, LMFT, LPC

10:45-11:45 a.m. Session 2 Workshops

- 10 Housing Options: Where Do You Go From Here?**
Veronica Seivwright, LMSW-IPR, Interfaith CarePartners
- 11 Aging in Place: Home Safety Modifications**
Randy Stowe, CGR, CAPS, Home Access Solutions

12 Help Is Not a 4-Letter Word
Esther Steinberg, MSW, LCSW, Care For Elders

13 Elder Law: Legal Documents
Virginia Lootens, J.D.

14 The Journey of Caregiving
Virgil Fry, D.Min., Lifeline Chaplaincy

15 Balancing Responsibilities: How Can I Do Everything?
Ann McIntire, RN, Care Team Chair, Grace Presbyterian

16 Communication Challenges with a Loved One
Roxy Mast, MA, The Forum at Memorial Woods

17 Family Discussions
Earl Shelp, Ph.D. Interfaith CarePartners

18 Claiming Your Emotions
Ron Sunderland, Ed.D, Spiritual Care and Education,
The Methodist Hospital

11:45 a.m.-12:45 p.m. Lunch and Exhibits

1-2 p.m. Session 3 Workshops

- 19 In Home Care: Types of Help At Home**
Marilyn Drane, Care Temps
- 20 Long Distance Caregiving**
Michele Shultz Hendrix,
Director, Encore Generation 50+, Grace Presbyterian
- 21 How Caregiving Changes Relationships**
Virgil Fry, D.Min., Lifeline Chaplaincy
- 22 Elder Law: Documents and Guardianship**
Bill Hayes, Attorney at Law, Hayes & Wilson, PLLC
- 23 VA Benefits**
Vincent Morrison, Harris County Veterans Services Office
- 24 Surviving Set-Backs and Losses**
Bill Davis, M.Div., Th.M, Chaplain, University Place

How Do I Register?

A free event – Registration requested by August 13
Please register by mail, fax or phone to:

Interfaith CarePartners
701 N. Post Oak Rd Ste. 330
Houston, TX 77024
FAX: 713-682-0639
PHONE: 713-682-5995

Online registration is available at www.stlukesmethodist.org

Name _____

Address _____

E-mail _____

Day Phone _____

Session 1 Workshop Selection (circle one)
1 2 3 4 5 6 7 8 9

Session 2 Workshop Selection (circle one)
10 11 12 13 14 15 16 17 18

Session 3 Workshop Selection (circle one)
19 20 21 22 23 24

Complimentary lunch is included with registration.

By registering, I consent to be photographed as the event is documented and to the possible use of those photos by the media.

More information at
www.stlukesmethodist.org
(click on **Caregivers Conference**)