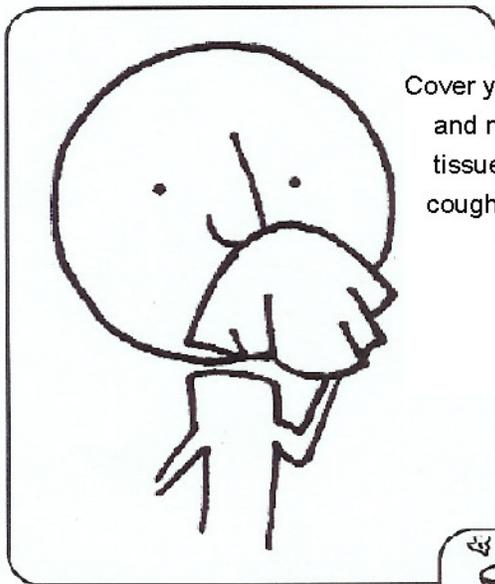
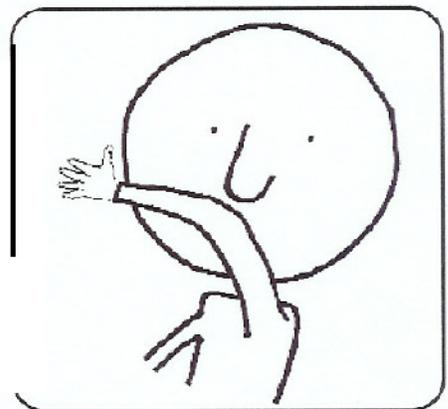


# Cover your Cough

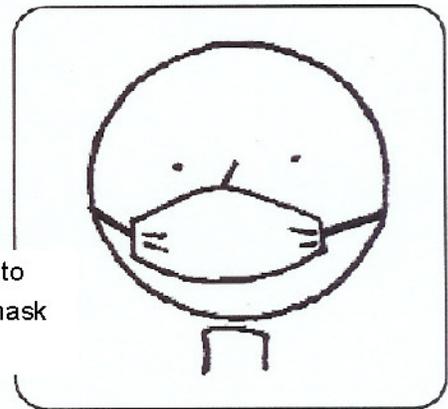


Cover your mouth  
and nose with a  
tissue when you  
cough or sneeze

*or*  
cough or sneeze into  
your upper sleeve  
not your hands.

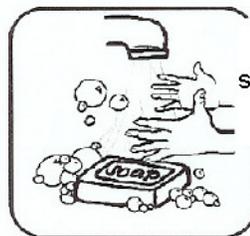


Put your used tissue in  
the waste basket.

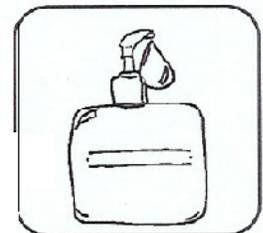


You may be asked to  
put on a surgical mask  
to protect others.

**Clean**  
**your Hands**  
after coughing or sneezing.



Wash with  
soap and water  
*or*  
clean with  
alcohol-based  
hand cleaner.



The Houston Department of Health and Human Services