



SEASONAL INFLUENZA

KEY FACTS

- **Outbreaks follow predictable seasonal patterns; occurs annually, usually in winter, in temperate climates**
- **Some immunity is gained from previous illness or immunizations**
- **Adequate supplies of antivirals are usually available**
- **Healthy adults usually are not at risk for serious complications; the young, elderly and those with chronic health conditions are at increased risk for serious complications**
- **Health care systems can usually meet patient demands**
- **Average U.S. deaths approximately 36,000/yr**
- **Manageable impact on domestic and world economy**
- **HDHHS offers influenza vaccine at its health centers to high risk populations. To find the nearest health center, high risk populations can call (713) 794-9267 or the city's 311 information line or visit www.houstonhealth.org on the internet**

For additional information visit: www.hhs.gov/flu