



MOSQUITO PREVENTION TIPS



Use repellents

When used as directed, insect repellent is the BEST way to protect yourself from mosquito bites—even children and pregnant women should protect themselves. Higher percentages of active ingredients provide longer lasting protection; look for these ingredients:

- > DEET
- > Picaridin (also known as KBR 3023, Bayrepel, and icaridin)
- > Oil of lemon eucalyptus (OLE) or para-menthane-diol (PMD)
- > IR3535



Cover up

Wear long-sleeved shirts and pants. Light-colored clothing is best.



Keep Mosquitoes Outside

Use air conditioning or make sure that you repair and use window/door screens.

