

3D ZIKA DEFENSE



PROTECT YOURSELF FROM ZIKA WITH THE 3 Ds.



DRAIN

- > Once a week empty items that hold water such as flower pots, toys, trash or old tires.
- > Keep your yard trimmed and tidy.
- > Help your neighbors drain standing water.



DRESS

- > As weather permits, dress in long pants and long sleeve shirts.
- > Make sure doors and window screens are in good repair.
- > Use air conditioning when available.



DEET

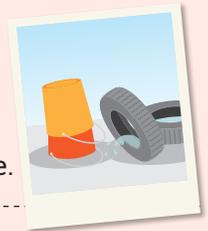
- > Spray insect repellent with DEET on exposed skin.
- > Follow label instructions; reapply as needed.
- > Use a mosquito net to protect babies in a stroller or car seat.



MOSQUITO CONTROL

Eliminate Standing Water

- > Eliminating standing water is the best way to prevent mosquitos from breeding.
- > The earlier you eliminate standing water, the better off your home and neighborhood will be.



Use Larvicide

- > There are many types of larvicides, but they all prevent mosquitoes from developing into adults.
- > Apply directly to water sources that hold mosquito eggs, usually standing bodies of water that cannot be drained.
- > Remember that limiting the size of the next generation of mosquitoes does not affect current adult mosquitoes.



Use Adulticide

- > These are aerosolized product that kills adult mosquitoes.
- > They can have an immediate impact to reduce the number of adult mosquitoes, but it won't affect existing mosquito eggs and larva.



Zika can be transmitted by sexual contact.

- > Couples living in an area with active Zika transmission need to: use condoms or abstain from sex as long as there is Zika in the area.



Larvicide and adulticides are regulated by the EPA and have been judged not to pose an unreasonable risk to human health.

Impact on a pesticide's environment is provided by the EPA or the National Pesticide

Information Center, which can be reached toll-free at **(800) 858-7378**.

Local mosquito control efforts are led by the Harris County Mosquito Control.



HOUSTON HEALTH
DEPARTMENT

For more information, visit us at houstonhealth.org, call 311, Harris County Mosquito Control District 713-440-4800, or Houston Health Department number 832-393-5080.