Infection with the hepatitis C virus (HCV) is the most common coinfection in people with HIV and is categorized as an HIV-related opportunistic illness.

HIV/HCV coinfection has been associated with a faster rate of hepatitis C disease progression, higher HCV viral loads and a greater risk of developing severe liver damage. Hepatitis C can affect HIV treatment by increasing the frequency of liver toxicity related to HIV drugs. There is also the potential for interactions between HIV drugs and drugs used to treat Hep C. However, with careful medical monitoring, many coinfected people can be successfully treated for both.


For uninsured patients with no available funds:

Harris County Hospital District has patient eligibility centers that you can go to and apply for a gold card. Once you have a gold card, you can go to one of their clinics and tell them you have Hep C and you will be referred to one of the two Hep C treatment centers in Harris County at Ben Taub or LBJ. If you call voicemail they will return message within 24 hours.

(713) 526-4243 (Appointments)
(713) 566-6064 (Voicemail)

HCHD Financial Assistance Program
c/o Patient Eligibility Services Administration
PO Box 300488
Houston, TX 77230

St. Luke’s Center for Liver Disease has ongoing clinical trials available. Often these trials provide free treatment. Please call (832) 355-8966 to get on the list.

St. Luke’s Episcopal Hospital
6720 Bertner Ave.
Houston, TX 77030
www.sleh.com

Other resources for clinical trials:
www.clinicaltrials.gov.

CenterWatch
22 Thomson Place, 47F1
Boston, MA 02210-1212
www.centerwatch.com

Texas Health Pool is an insurance program that can get you insured on the spot without problems if you had pre-existing conditions.

Para pacientes sin seguro médico y fondos propios

El Distrito de Hospitales del Condado de Harris tiene centros de elegibilidad donde puede ir a solicitar una tarjeta dorada. Una vez obtenida la tarjeta, puede ir a una de sus clinicas para informarles que usted tiene la infección del VHC y así será referido a uno de dos centros especializados en el tratamiento del VHC que son Ben Taub o LBJ en el Condado de Harris. Llame al (713) 526-4243, o si llama al contestador automático (713-566-6064) se le devolverá la llamada dentro de un periodo de 24 horas.

HCHD Financial Assistance Program
c/o Patient Eligibility Services Administration
PO Box 300488
Houston, TX 77230


St. Luke’s Episcopal Hospital
6720 Bertner Ave.
Houston, TX 77030
www.sleh.com

Otros recursos sobre ensayos clínicos:
www.clinicaltrails.gov.

Centro de vigilancia:
22 Thomson Place, 47F1
Boston, MA 02210-1212
www.centerwatch.com

Texas Health Pool es un programa de seguro médico que puede darle cobertura de inmediato sin causar problemas por el hecho que uno tenga condiciones médicas preexistentes. La dirección en el Internet es: www.txhealthpool.org y el número telefónico es 888-398-3927, el fax es 325-793-4134.
Most people can stay healthy when they have HIV and Hep C together. The most important thing to do is to work with your doctor and nurse to find out how to stay healthy and if you should be treated. Everyone with HIV and Hep C should get vaccinated against Hep A and Hep B — if they have not already been exposed.

While there are vaccines available for Hep A and B, there is currently no vaccine to prevent Hep C. It is important that everyone who does not have immunity to Hep A and B get the vaccines. Below is a list of potential resources for getting these vaccines in Harris County, please contact them for more information.

**Baylor Travel Medicine**  
3701 Kirby Drive  
Houston, TX  
(713) 798-7700

**City of Houston**  
Immunization and Travel Clinic  
Third Ward Multi-Service Center  
3611 Ennis  
Houston, TX 77004  
(713) 527-4040

**Harris County Hospital District**  
(713) 526-4243  
www.hchdonline.com

<table>
<thead>
<tr>
<th>Vaccine</th>
<th>Cost</th>
<th>Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hepatitis A: Adult</td>
<td>$90/shot</td>
<td>2 required</td>
</tr>
<tr>
<td>Hepatitis B: Adult</td>
<td>$70/shot</td>
<td>3 required</td>
</tr>
<tr>
<td>Twinrix (Hep A &amp; B combined):</td>
<td>$130/shot</td>
<td>3 required</td>
</tr>
</tbody>
</table>

Those with a Gold Card can get hepatitis A and B vaccines.
VACCINES FOR HEPATITIS A & B / VACUNAS PARA LA HEPATITIS A Y B

HEB (RediClinics - in their stores)
9 E. Greenway Plaza, Suite 2950
Houston, TX 77046
(713) 935-0333
www.rediclinic.com

Hepatitis A: Adult $114/shot
    Pedi $79/shot, 2 required
Hepatitis B: Adult $109/shot
    Pedi $49/shot, 3 required
Twinrix (Hep A & B combined): $159/shot, 3 required

Legacy Community Health Services
215 Westheimer
Houston, TX 77006
(713) 830-3000

Hepatitis A: Adult $70, 2 required
Hepatitis B: Adult $65/shot, 3 required
Twinrix (Hep A & B combined): $95/shot, 3 required

Methodist Hospital Institute of Preventative Medicine
6550 Fannin Street SM583
Houston, TX 77030
(713) 441-5978

Hepatitis A: Adult $84/shot, 2 required
Hepatitis B: Adult $68/shot, 3 required
Twinrix (Hep A & B combined): $135/shot, 3 required

Randalls Pharmacy
www.randalls.com

Hepatitis A, Adult $82.99/shot, 2 required
Hepatitis B, Adult $74.99/shot, 3 required
Twinrix (Hep A & B combined): $107.99/shot, 3 required

UT Health Services
7000 Fannin Street Suite 1620
Houston, TX 77030
(713) 500-3248

Hepatitis A: Adult $70/shot, 2 required
Hepatitis B: Adult $60/shot, 3 required
Twinrix (Hep A & B combined): $130/shot, 3 required

Walgreens Pharmacy (24-hours)
2605 West Holcombe Blvd.
Houston, TX 77025
832-778-8106

Hepatitis A: Adult $100/shot
    Adolescent: $50/shot, 2 required
Hepatitis B: Adult $95/shot
    Adolescent: $45/shot, 3 required
Twinrix (Hep A & B combined): $125/shot, 3 required

MONTHLY SUPPORT GROUPS / GRUPOS DE AYUDA MENSUAL

Support groups can be very helpful for people coinfected with HIV and Hep C, especially when dealing with the emotional challenges of living with these two chronic diseases. A listing of monthly support groups is included below.

Grupos de apoyo pueden ser de gran ayuda para las personas coinfectadas con el VIH y el VHC, especialmente por ser un mayor reto emocional el de vivir con dos enfermedades crónicas. Aquí se encuentra una lista de grupos de apoyo mensuales.

<table>
<thead>
<tr>
<th>Location / Localidad</th>
<th>Date &amp; Time / Día y Tiempo</th>
<th>Contact / Contacto</th>
</tr>
</thead>
</table>
| Clear Lake                    | 3rd Thursday of the month      | Carol Walker
| St. John West Conference Room | 7:00 p.m.                      | (281) 334-7132 or (713) 828-3299   |
| 2035 Space Park Drive         |                                | carowalk@aol.com                   |
| Nassau Bay, TX. 77058         |                                |                                    |
| Conroe/Woodlands              | 2nd Wednesday                  | Carol Schansema                    |
| Conroe Regional Medical Center| 7:00 p.m.                      | (936) 441-5106                     |
| 504 Medical Center Blvd., Dining Room A |                | hvccarol@yahoo.com                 |
| Conroe, TX 77304              |                                |                                    |
| Houston – Central             | 1st Tuesday                    | John Bickers                        |
| St. Martin’s Episcopal Church | 7:00 p.m.                      | (713) 783-9334 or (281) 435-1703   |
| 717 Sage Road                |                                | johnbickers@hotmail.com            |
| Payne Education Building      |                                |                                    |
| 2nd Floor, Room 203           |                                |                                    |
| Houston, TX 77056             |                                |                                    |

Information & Resources For Hepatitis C
Información y Recursos Para La Hepatitis C
### MONTHLY SUPPORT GROUPS / GRUPOS DE AYUDA MENSUAL

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<th>Location / Localidad</th>
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| **Houston - Michael E. DeBakey**  
Veterans Affairs Medical Center  
2002 Holcombe Blvd, Rm 1A-442  
Primecare Clinic 5 (NASA)  
Houston, TX 770030 | 1st Friday  
1:30 p.m. to 2:30 p.m.  
For VA patients and their families | Stacey Pelton, LMSW  
(713) 791-1414, ext 6867 or  
Michelle Ray, RN, ext 3394 |
| **Houston - Memorial City**  
Memorial Hermann Memorial City Hospital  
920 Frostwood, 2nd Floor, Classroom A  
Houston, TX 77024 | 3rd Wednesday  
7:00 p.m. | John Bickers  
(713) 783-9334 or  
(281) 435-1703  
johnbickers@hotmail.com |
| **Houston – North of Downtown**  
HIV/HCV Coinfection Support Group  
Thomas Street Health Center  
2015 Thomas Street  
Third (3rd) Floor Large Conference Rm  
Houston, TX 77009 | Every 2nd and 4th Tuesday  
11:00 am - 12 noon | Harold Henderson  
(713) 873-4069  
ellis_henderson@hchd.tmc.edu |
| **Houston - Northwest**  
Methodist Hospital – Willowbrook  
18220 Tomball Parkway (Hwy 249)  
First Floor, Room C  
Houston, Texas 77070 | 2nd Monday  
7:00 p.m. | Bob Knaze  
(281) 820-6168  
rbkna5@aol.com |
| **Houston - St. Luke’s**  
Adult Liver Transplant  
6720 Bertner St.  
Cooley Bldg., Level B1  
Green Elevators, Conf. Rm A, C068  
Houston, TX 77030 | Every 6 weeks @ 6:00 - 7:30 p.m.  
(No meetings in December)  
For pre-transplant patients | Ann Holder, LMSW-ACP  
(832) 355-3026  
zayh01@sleh.com |
| **Galveston**  
Moody Memorial First UMC  
2803 53rd Street  
Galveston, TX 77551 | 1st Thursday  
6:30 p.m. | Sam Critz  
(281) 534-0819  
scritz@houston.rr.com or  
carolyncritz@houston.rr.com |
| **Magnolia**  
Outreach Support Group  
30410 Rickett  
Magnolia, TX 77355 | Call for date and time. | Michael T. Enright  
(832) 228-7253 |

### PUBLICATIONS & INFORMATION / PUBLICACIONES Y INFORMACIÓN

For more information about Hepatitis C you may wish to contact the following resources:

| Name / Nombre  
American Liver Foundation – Houston Chapter | Phone & Web Site / Teléfono y Sitio Web  
(713) 622-1318  
(866-58-LIVER)  
www.liverfoundation.org/chapters/southtexas/ | Mailing Address / Dirección que Envía  
2425 West Loop South, Suite 840  
Houston, TX 77027 | Description / Descripción  
Patient support groups, info & physician referral, Liver Update educational seminars for physicians, patients, their families and friends; publishes a yearly local chapter newsletter. |
<table>
<thead>
<tr>
<th>Name / Nombre</th>
<th>Phone &amp; Web Site / Teléfono y Sitio Web</th>
<th>Mailing Address / Dirección que Envía</th>
<th>Description / Descripción</th>
</tr>
</thead>
<tbody>
<tr>
<td>Centers for Disease Control and Prevention</td>
<td>800-CDC-INFO (800-232-4636) <a href="http://www.cdc.gov/ncidod/diseases/hepatitis/">www.cdc.gov/ncidod/diseases/hepatitis/</a></td>
<td>Not applicable</td>
<td>Free, comprehensive information on viral hepatitis.</td>
</tr>
<tr>
<td>Hep C Alert</td>
<td>(305) 893-7992 877-HELP4HEP (877-435-7443) 866-4HEPHIV (866-443-7448) <a href="http://www.hep-c-alert.org">www.hep-c-alert.org</a></td>
<td>660 NE 125 Street North Miami, FL 33161</td>
<td>Promotes awareness, and provides health education, counseling, testing and linkage services to people throughout the U.S.</td>
</tr>
<tr>
<td>Hepatitis C Advocates</td>
<td><a href="mailto:alanfranciscus@hcvadvocate.org">alanfranciscus@hcvadvocate.org</a> (No phone number) <a href="http://www.hcvadvocate.org">www.hcvadvocate.org</a></td>
<td>Not applicable</td>
<td>Provides unbiased information, support, and advocacy to all communities affected by HCV and HIV/HCV coinfection.</td>
</tr>
<tr>
<td>Hepatitis C Open Journal</td>
<td>KPFT 90.1 (713) 526-5738 Live stream from the website: <a href="http://www.KPFT.org">www.KPFT.org</a></td>
<td>419 Lovett Boulevard Houston, TX 77006</td>
<td>Radio show broadcast on the 3rd Tuesday of the month from 12-1 p.m. Call with questions or comments.</td>
</tr>
<tr>
<td>HIVAndHepatitis.com</td>
<td><a href="http://www.hivandhepatitis.com">www.hivandhepatitis.com</a></td>
<td>Not applicable.</td>
<td>Informational website</td>
</tr>
<tr>
<td>Houston Buyers Club</td>
<td>(713) 520-5288 (800) 350-2392 <a href="http://www.houstonbuyersclub.com">www.houstonbuyersclub.com</a></td>
<td>3224 Yoakum Blvd. Houston, TX 77006</td>
<td>Houston Buyers Club is a non-profit 501(c)3 organization that has been helping people living with chronic illness manage side effects since 1996.</td>
</tr>
<tr>
<td>Liver Health Today</td>
<td>(800) 792-6397, ext. 133 (713) 520-1474 (713) 520-1463 Fax <a href="http://www.liverhealthtoday.org">www.liverhealthtoday.org</a></td>
<td>523 N. Sam Houston Pkwy. East, Suite 300 Houston, Texas 77060</td>
<td>Magazine, published quarterly. First issue free with subscription, 6 issues $20, 12 issues $35.</td>
</tr>
<tr>
<td>National Hepatitis C Advocacy Council</td>
<td>(951) 766-8238 (Not toll-free but they will call you back) <a href="http://www.hepnetwork.org">www.hepnetwork.org</a></td>
<td>P.O. Box 5058 Hemet, California 92544</td>
<td>Provides education and support through online communications and Hep C hotline. They ask that incarcerated individuals have a family member or friend request info for them.</td>
</tr>
<tr>
<td>Syringe Access Information Line</td>
<td>(713) 830-3095</td>
<td>Not applicable</td>
<td>Call for an up to date list of pharmacies that sell syringes without a prescription and provide safe disposal information.</td>
</tr>
<tr>
<td>Texas Liver Coalition</td>
<td>(832) 355-8966 <a href="http://www.texasliver.org">www.texasliver.org</a></td>
<td>6620 Main St, Ste 1505 Houston, TX 77030</td>
<td>Ongoing clinical trials available providing free treatment.</td>
</tr>
</tbody>
</table>

Information & Resources For Hepatitis C  Updates: www.rwpc.org, Helpline: 2-1-1

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