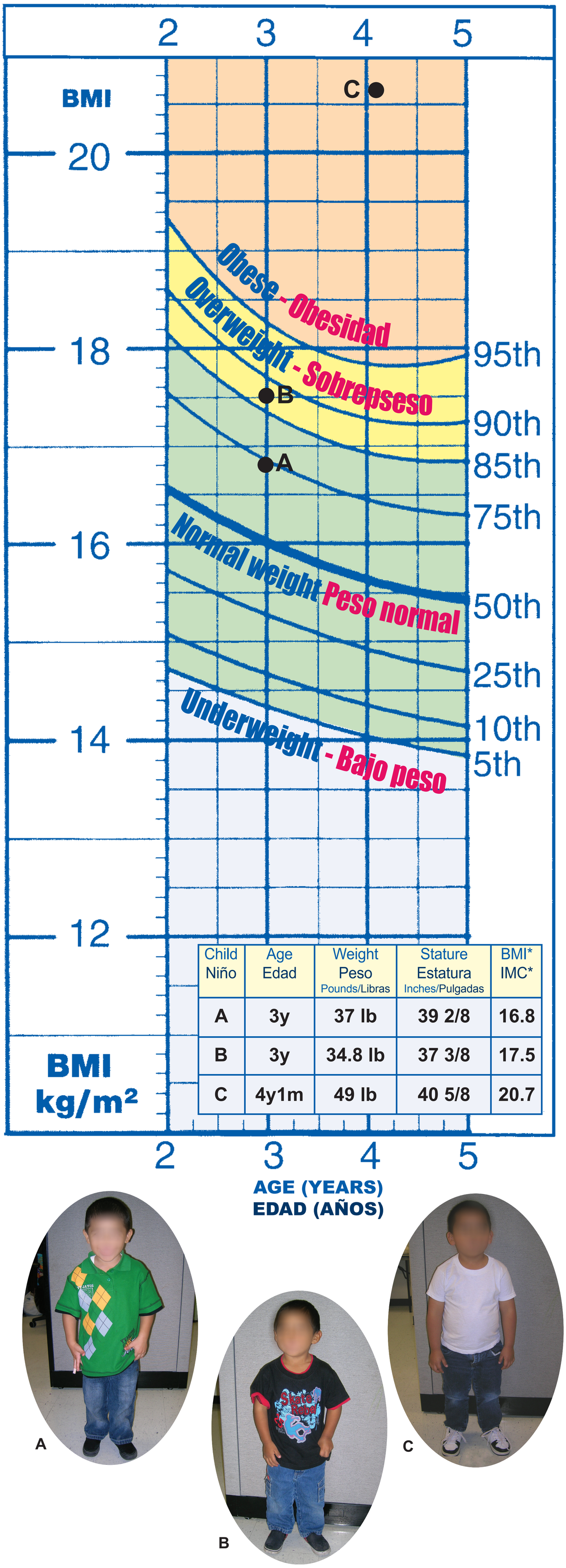
Body mass index-for-age percentiles - 2 to 5 years: Boys and Girls

Percentiles del Índice de Masa Corporal por Edad - Niños y Niñas: 2 a 5 años



Child Niño	Age Edad	Weight Peso Pounds/Libras	Stature Estatura Inches/Pulgadas	BMI* IMC*
A	3y	37 lb	39 2/8	16.8
B	3y	34.8 lb	37 3/8	17.5
C	4y1m	49 lb	40 5/8	20.7

A

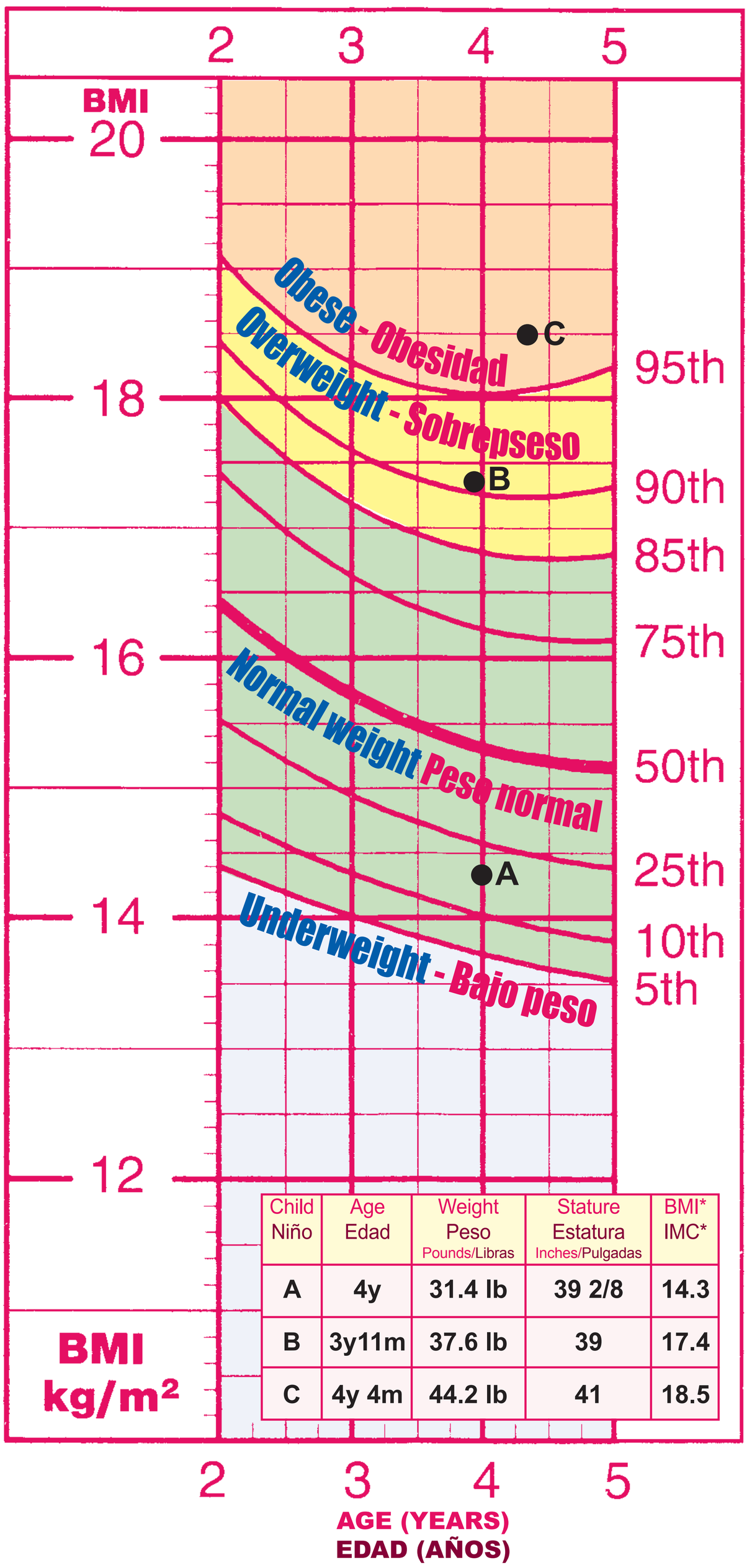
B

C

A

B

C



Child Niño	Age Edad	Weight Peso Pounds/Libras	Stature Estatura Inches/Pulgadas	BMI* IMC*
A	4y	31.4 lb	39 2/8	14.3
B	3y11m	37.6 lb	39	17.4
C	4y 4m	44.2 lb	41	18.5

***To Calculate BMI:** Weight (kg) ÷ Stature (cm) ÷ Stature (cm) x a10,000
or Weight (lb) ÷ Stature (in) ÷ Stature (in) x 703

***Para calcular el IMC:** Peso (kgs) ÷ Estatura (cm) ÷ Estatura (cm) x 10.000
o Peso (lbs) ÷ Estatura (pulgadas) ÷ Estatura (pulgadas) x 703

5 CATCH For a Healthy Weight

Houston Department of Health and Human Services

TEXAS WIC Smart Choices • Healthy Families

What is BMI and how is it important to my child? Dec. 2010 ¿Qué es el IMC y por qué es importante para mi hijo? Dec. 2010

Adapted from Texas Department of Health and Human Services – WIC Program (Body mass index-for-age percentiles - 2 to 5 years: Girls, 2005)

(Dec. 2010)