



# Diseases of the Poor in Texas

*New innovations for a diseases of poverty :  
Globally and in Texas*

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# “The Bottom 100 Million”

## Latin American & Caribbean (LAC) Region

- **Total population of LAC is 578 million people**
  - 48 million people live on <US\$1.25 per day (8%)
  - 99 million people live on <US\$2 per day
  - 189 million “poor” according to CEPAL (UN Economic Commission for LAC)



Hotez et al. 2012. Adv Exp Med Biol

# Human Development Indices in LAC equivalent to Sub-Saharan Africa or Asia

Country	HDI	Comparator Countries
-Haiti	148	Sudan, Kenya
-Guatemala	121	South Africa, Gabon
-Nicaragua	120	South Africa, Gabon
-Honduras	117	Mongolia, Kyrgystan
-Bolivia	111	Egypt, Indonesia
-Guyana	110	Egypt, Indonesia
-El Salvador	101	Algeria, Cape Verde, Vietnam
-Paraguay	98	Sri Lanka, Iran

Hotez et al 2012  
Adv. Exp. Biol. Med.

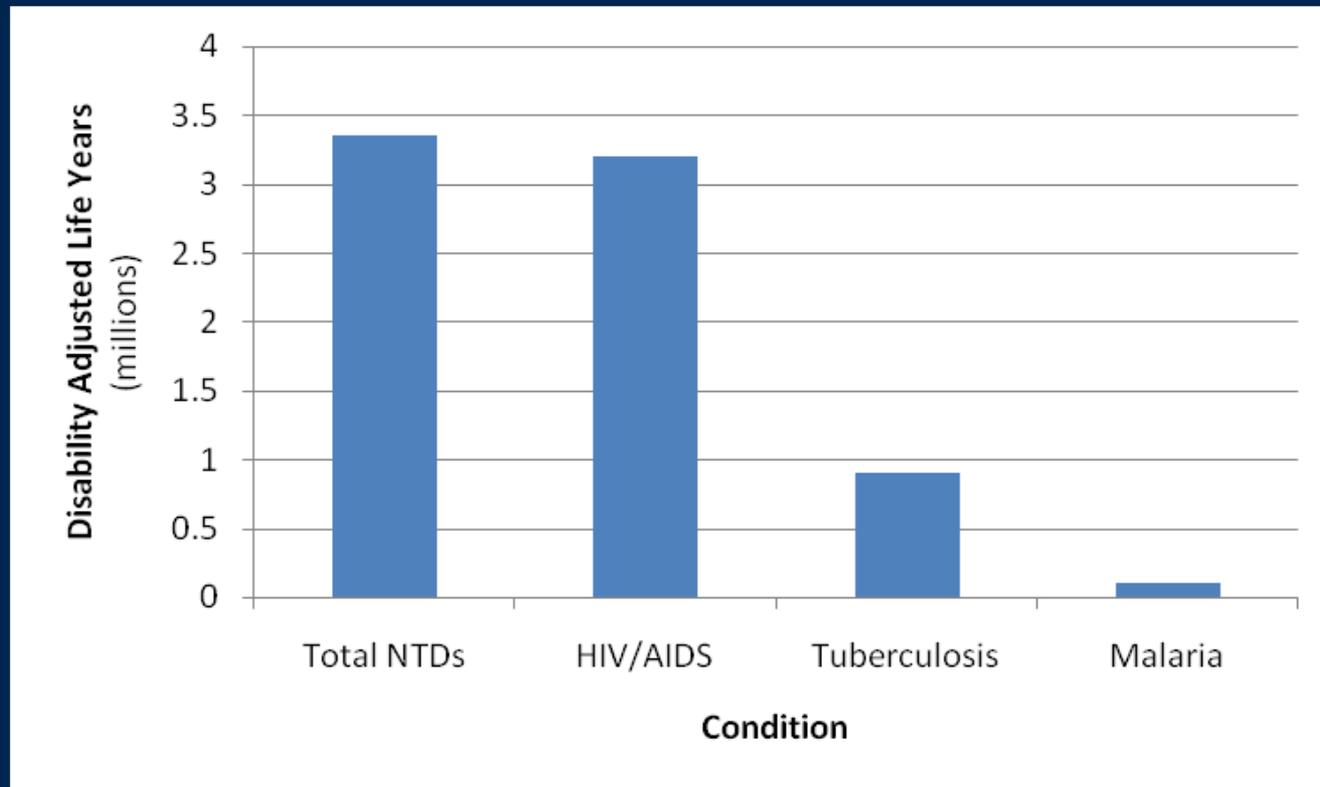


# Millennium Development Goals



1. Eradicate extreme poverty and hunger.
2. Achieve universal primary education.
3. Promote gender equality and empower women.
4. Reduce child mortality.
5. Improve maternal health.
- 6. Combat HIV/AIDS, malaria, and other diseases**
7. Ensure environmental sustainability.
8. Develop a global partnership for development.

# NTD Disease Burden in the Americas: Higher than HIV/AIDS or Malaria?



Hotez, Bottazzi, et al. 2008. PLoS NTDs

# The NTDs of LAC

Disease	DALYs	No. Cases	% Poor infected
-Hookworm	≤1.9 million	30 million	30%
-Ascariasis	≤1.1 million	85 million	85%
-Trichuriasis	≤1.1 million	71 million	71%
-Chagas	0.7 million	10 million	10%
-Schistosomiasis	0.1 million	2 million	2%
-Dengue	0.1 million	1 million	1%
-Leishmaniasis	0.1 million	<100,000	<1%
-LF	0.1 million	Not Determined	N.D.



# NTDs and Poverty

## 17 Chronic & Disabling Conditions

NTDs  
**PROMOTE**  
POVERTY

- Reduce productive capacity
- Impair intellectual & physical development in children
- Cause adverse pregnancy outcomes



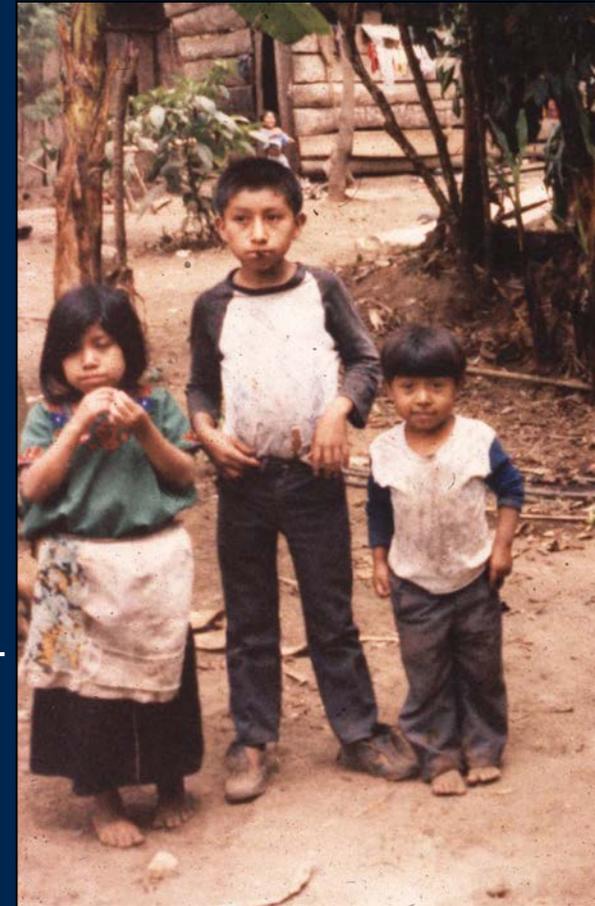
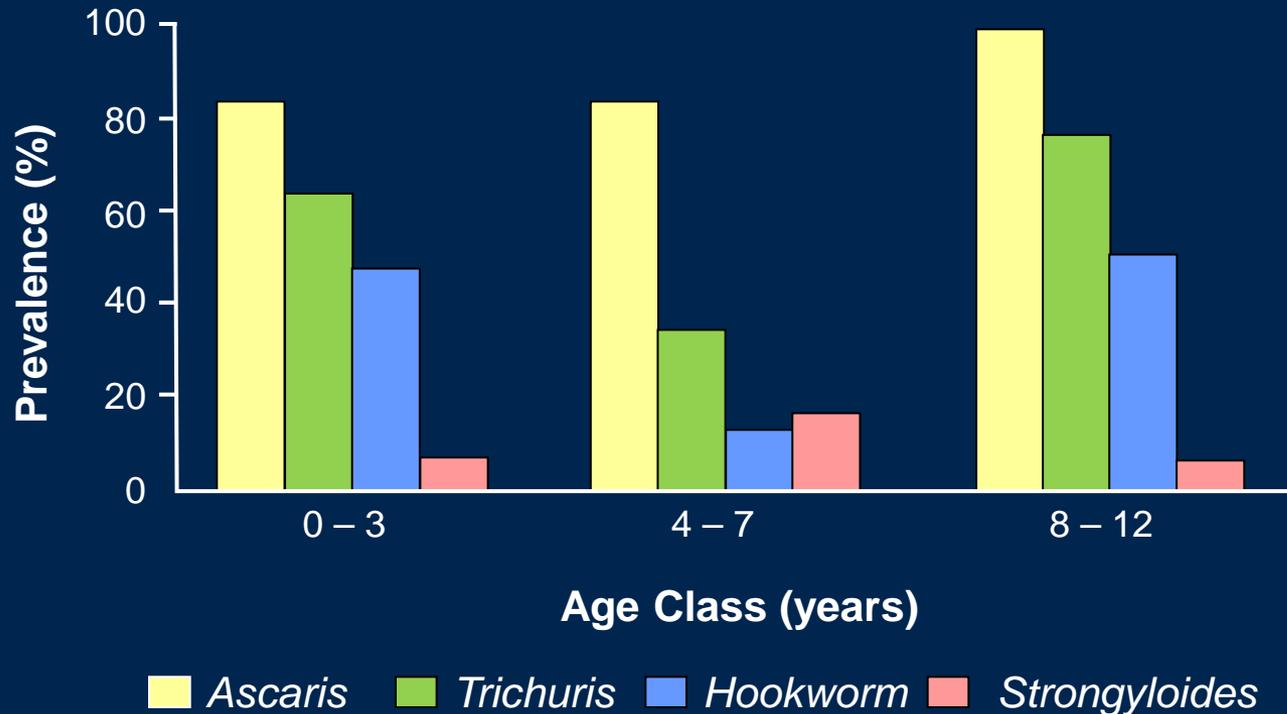
Hotez PJ, Fenwick A, Savioli L Molyneux DH. Rescuing the bottom billion through control of neglected tropical diseases. *Lancet* 2009; 373: 1570-6

Property of the Global Network 

# Intestinal Helminth Infections: **Ascariasis, Trichuriasis, Hookworm**

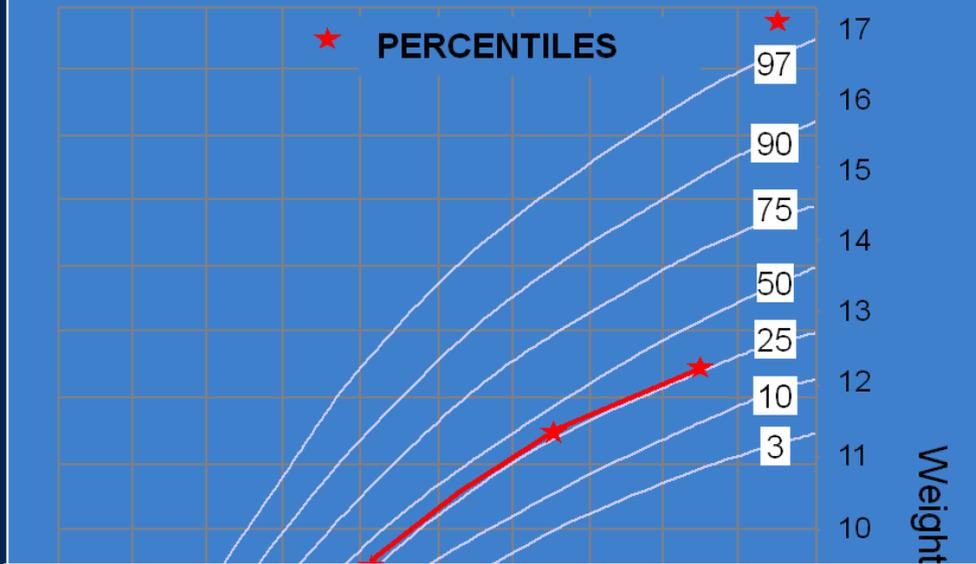
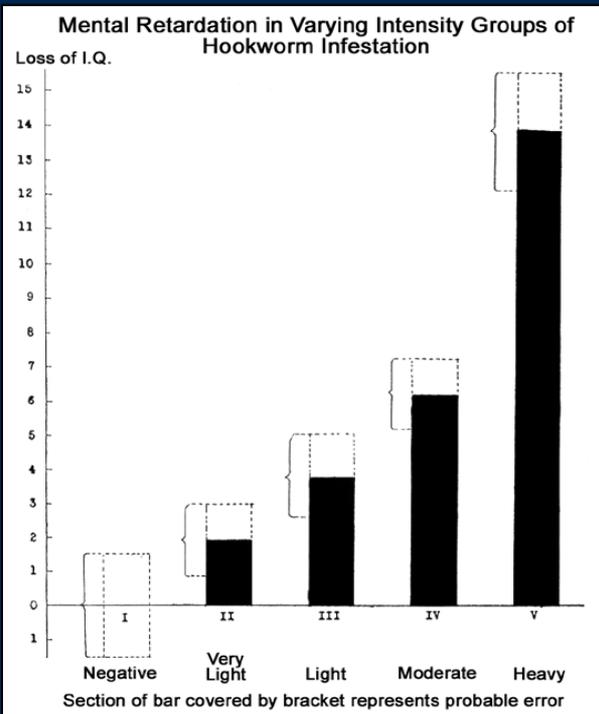
The most common diseases of the Bottom Billion children

Village of Paquila, Guatemala



# Child growth, development, and Education

## Intestinal Worm Infections Hookworm, Ascariasis



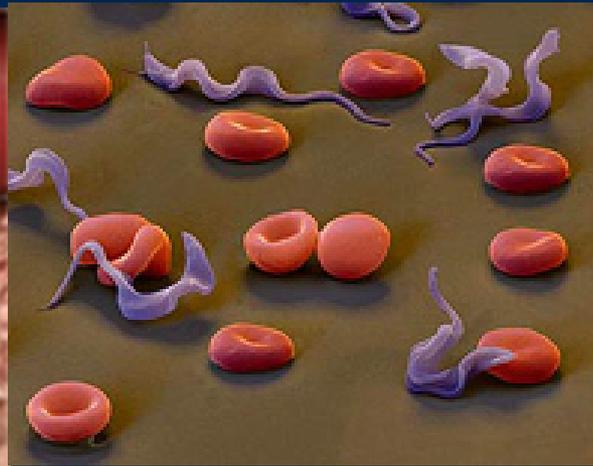
Hookworm leads to **40%** reduction in future wage earnings



# Chagas disease

## *American Trypanosomiasis*

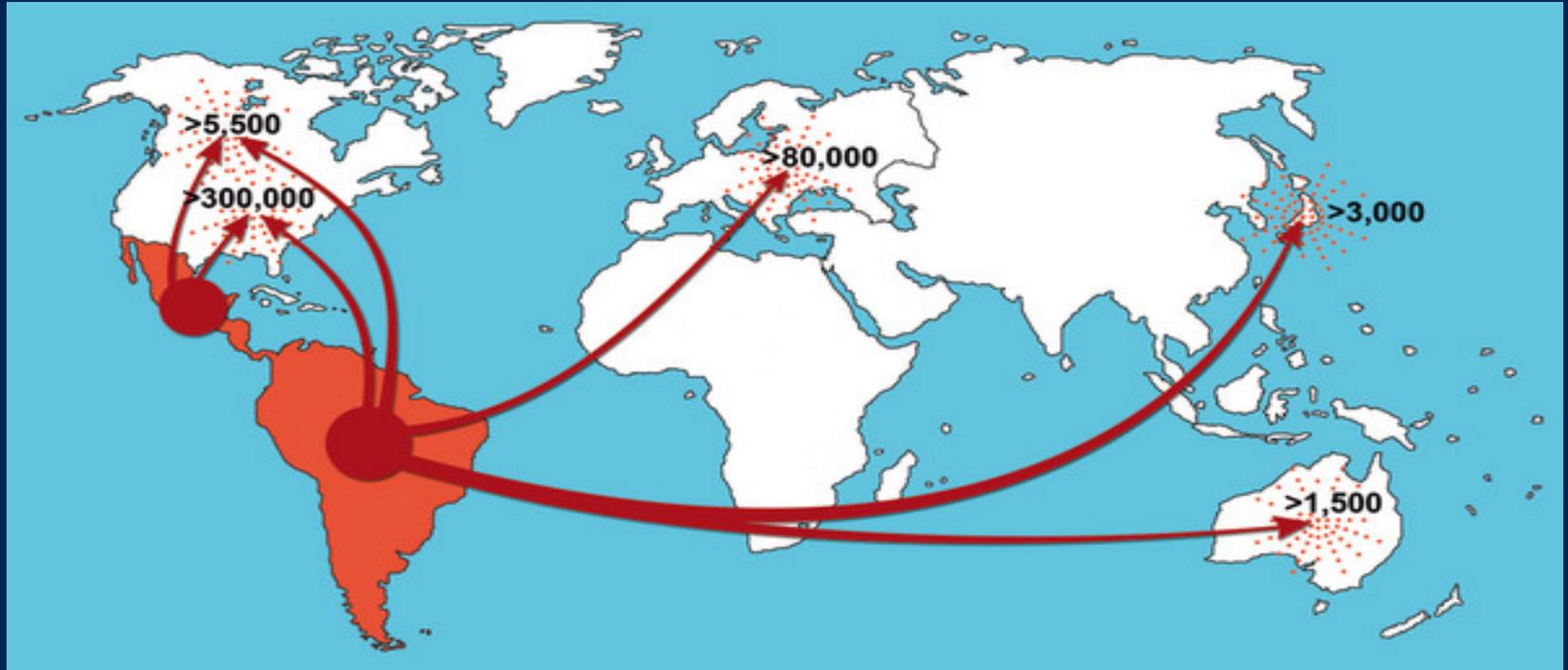
- 10 million cases worldwide;
- 20,000 annual deaths
- >90% in Latin America
- \$1.2 billion economic losses



# Geographic distribution of Chagas disease

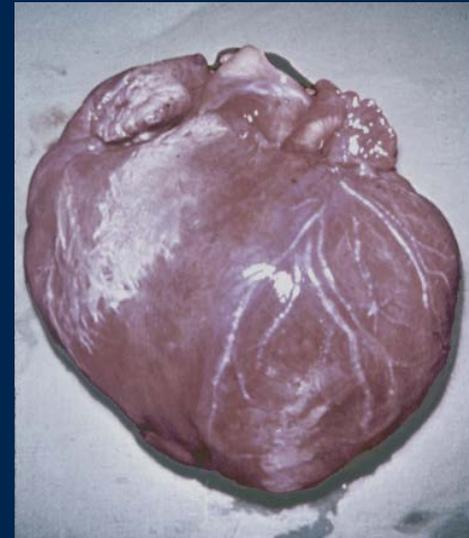


# Globalization of Chagas Disease



# Chagasic Cardiomyopathy

- Develops in 20-30% of seroconverted pts
- Heart failure from persistence of *Trypanosoma cruzi* in the heart
  - Conduction deficits (BBB)
  - Aneurysms
  - Thromboemboli
  - Sudden death
- Rx fails in patients with cardiac disease (children do better)



# Congenital Chagas disease

- 14,000-15,000 cases annually
  - 2,000 cases in North America including Mexico
- 300,000 pregnant women with Chagas disease
  - 40,000 in North America including Mexico
- 11% of pregnant women in Latin America
  - 34% of pregnant women in Bolivia
  - Pregnancy enhances parasitemia
  - Increased risk of miscarriage, preterm birth
- 5% (2-10%) transmission to infants
- Two major drugs contraindicated in pregnancy

# Chagas disease: “The new American HIV/AIDS”?

10 million Chagas cases (6 million in North America)

2-3 million Chagasic cardiomyopathy

>20,000 deaths annually

11% Pregnant women in Latin America

Maternal-to-child transmission 5-10%

Transfusion associated cases

1.6 million HIV/AIDS cases

3.2 million DALYs lost

105,000 deaths

Maternal-to-child transmission 30%

Transfusion associated cases

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## Editorial

### Chagas Disease: “The New HIV/AIDS of the Americas”

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*Endemic Chagas disease has emerged as an important health disparity in the Americas. As a result, we face a situation in both Latin America and the US that bears a resemblance to the early years of the HIV/AIDS pandemic.*

Neglected tropical diseases (NTDs) are among the most common conditions afflicting the estimated 99 million people who live on less than US\$2 per day in the Latin American and Caribbean (LAC) region [1]. Almost all of the “bottom 100 million” living in the Americas suffer from at least one NTD [1], and according to some estimates, the NTDs cause a burden of disease in the LAC region that closely approximates or even exceeds that resulting from HIV/AIDS [2]. Chagas disease (American trypanosomiasis) is a vector-borne disease and a leading cause of the deaths and disability-adjusted life years (DALYs) lost that result from NTDs in the LAC region [2]. With approximately 10 million people living with Chagas disease, this condition is one of the most common NTDs affecting the bottom 100 million in the region, a prevalence exceeded only by hookworm and other soil-transmitted helminth infections [1,2]. Moreover, among the NTDs in the Americas, Chagas disease ranks near the top in terms of annual deaths and DALYs lost [1,2].

While most of the world’s cases of Chagas disease occur in the LAC region, there is increasing recognition that many people with *Trypanosoma cruzi* infection also live in the US and Europe [3]. In practical terms, the “globalization” of Chagas translates to up to 1 million cases in the US alone, with an especially high burden of disease in Texas and along the Gulf coast [4,5], although other estimates suggest that there are approximately 300,000 cases in the US [6], in addition to thousands of cases documented in Canada, Europe, Australia, and Japan [3]. Among those living with Chagas disease around the world today, 20%

(roughly 2.3 million people) are either currently suffering from Chagasic cardiomyopathy or will develop this clinical sequelae [7]. Chagasic cardiomyopathy is a highly debilitating condition characterized by cardiac arrhythmias, heart failure, and risk of sudden death from ventricular fibrillation or tachycardia or thromboembolic events [7]. Another estimate suggests that up to 5.4 million people living today will develop Chagasic cardiomyopathy [8,9]. Damage to the gastrointestinal tract can also produce debilitating megacolon and megaesophagus [7].

There are a number of striking similarities between people living with Chagas disease and people living with HIV/AIDS, particularly for those with HIV/AIDS who contracted the disease in the first two decades of the HIV/AIDS epidemic. Both diseases are health disparities, disproportionately affecting people living in poverty [1,2]. Both are chronic conditions requiring prolonged treatment courses: a lifetime of antiretroviral therapy for HIV/AIDS patients, and one to three months of therapy for those with Chagas disease [7]. Treatment for HIV/AIDS is life-saving, although it seldom if ever results in cure, while for Chagas disease, the treatment has proven efficacy only for the acute stages of the infection or in children up to 12 years of age during the early chronic phase of the infection [10]. For both diseases the treatment is expensive in the case of Chagas disease, the expected

cost of treatment per patient year is \$11,028, with lifetime costs averaging \$11,619 per patient [11]. Exacerbating costs, Chagas disease itself is a serious opportunistic infection of people living with HIV/AIDS, and is associated with meningoencephalitis, cerebral lesions, and high mortality [7]. As with patients in the first two decades of the HIV/AIDS epidemic, most patients with Chagas disease do not have access to health care facilities. A recent analysis indicates that many patients do not have access to the essential medicines for Chagas disease, in particular, the first line of therapy, the drug benznidazole [12]. According to Médicos Sans Frontières (MSF, Doctors Without Borders), many highly endemic countries, including Paraguay and Bolivia, face acute shortages of benznidazole, forcing thousands of newly diagnosed patients to postpone treatment [12]. Both diseases are also highly stigmatizing, a feature that for Chagas disease further complicates access to benznidazole and other essential medicines, as well as access to serodiagnosis and medical counseling. For some individuals with *T. cruzi* living in the US, immigration status presents an additional challenge to seeking care and prevention services. Just as stigma due to sexual orientation has been a barrier to HIV care and prevention, especially in the beginning of the epidemic, immigration status may function as a deterrent to Chagas disease care and prevention.

**Citation:** Hotez PJ, Dumontell E, Woc-Colburn L, Serpa JA, Bezek S, et al. (2012) Chagas Disease: “The New HIV/AIDS of the Americas”. *PLOS Negl Trop Dis* 6(5): e1498. doi:10.1371/journal.pntd.0001498

**Published:** May 28, 2012

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**Funding:** The authors received no funding for this work.

**Competing Interests:** Drs. Hotez and Bottazzi are principal investigators on a vaccine in development against Chagas disease.  
\* E-mail: hotez@bcm.edu



# LAC poverty is not evenly distributed

## - Mesoamerica

- Central America
- Southern Mexico

## - Northeastern Brazil

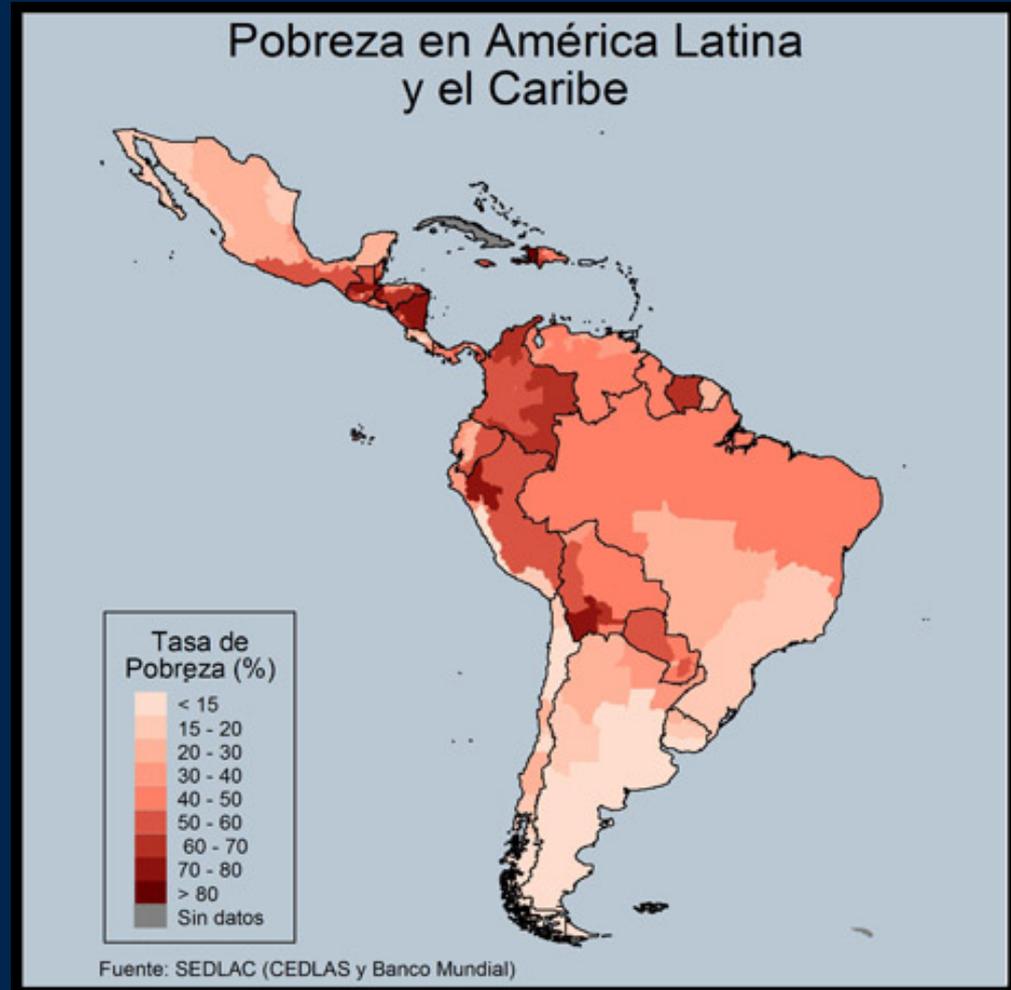
## - Chaco

- Bolivia/Paraguay

## - Mountainous areas of Bolivia, Peru, Ecuador

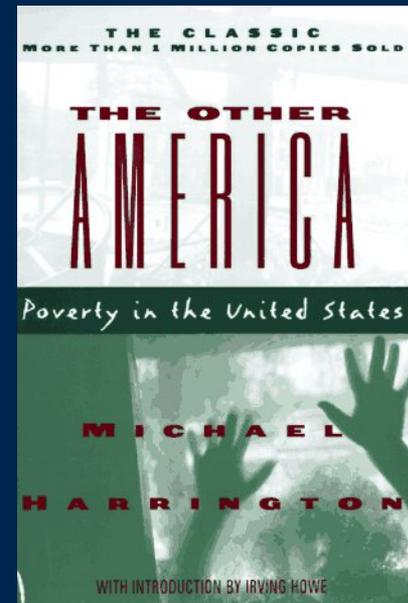
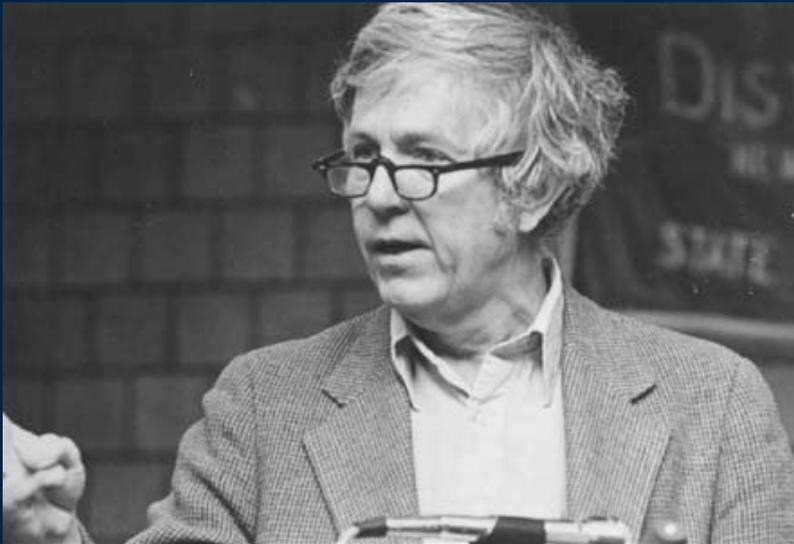
## - Caribbean

- Haiti/Guyana



# The Other America (1962)

To be sure, the other America is not impoverished in the same sense as those poor nations where millions cling to hunger as a defense against starvation. This country has escaped such extremes. **That does not change the fact that tens of millions of Americans are, at this very moment, maimed in body and spirit, existing at levels beneath those necessary for human decency... They are without adequate housing and education and medical care.**



# Poverty in the United States

## United States

- 46 million Americans (15%) live below the poverty line
- 20 million Americans live in extreme poverty (<50% below poverty line)
- 1.46 million families (2.8 million children) on less than \$2 per day
- Texas and the Gulf Coast have the highest rates of poverty

# Poverty in the United States

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Review

## Neglected Infections of Poverty in the United States of America

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**Abstract:** In the United States, there is a largely hidden burden of disease caused by a group of chronic and debilitating parasitic, bacterial, and congenital infections known as the neglected infections of poverty. Like their neglected tropical disease counterparts in developing countries, the neglected infections of poverty in the US disproportionately affect impoverished and under-served minority populations. The major neglected infections include the helminth infections, toxocarosis, toxoplasmosis, ascariasis, and cryptosporidiosis, the viral hepatitis infections (hepatitis A, B, and C), the bacterial infections Chagas disease, toxoplasmosis, trench fever, and dengue fever, and the congenital infections cytomegalovirus (CMV), toxoplasmosis, and syphilis. These diseases occur predominantly in people of color living in the Mississippi Delta and elsewhere in the American South in disadvantaged urban areas, and in the US-Mexico borderlands, as well as in certain immigrant populations and disadvantaged white populations living in Appalachia.

**The Distressed Region of Poverty in the United States**

Eurogeographers and other social scientists measure poverty in a number of ways [17]. In the 1990s, the US Census Bureau has used a set of income thresholds that vary by family size and composition [18]. In 2009, there were 36.2 million Americans living in poverty, and the official US poverty rate was 12.5% [19, 20]. However, using under-reported statistics and children, the poverty rate is much higher, particularly in single-parent households headed by women [Table 1]. Poverty in the US is not evenly distributed, but instead is locally concentrated into several defined geographic regions, each with unique socio-economic characteristics. Gleason has identified six major distressed regions of poverty: Appalachia, the Mississippi Delta, other areas of rural poverty especially in the American South, Native American tribal lands, the borderlands between the United States and Mexico, and highly racially segregated urban areas including mostly black inner city suburbs in the Great Lakes and in the Northeast [1]. Hotez has conducted a spatial analysis of the poverty in the United States at the county level and independently identified smaller areas of poverty [Figure 1] [2].

A robust dataset links poverty to both health care expenditures from chronic diseases especially cancer and heart disease, and increased infant and child mortality [11, 16]. Both in the home and in the workplace, as well as in the schools, the poor and the less educated live on an economic treadmill that perpetuates their poverty [21, 22]. In 2007, 1377 counties in twenty states, mostly in the US population core belt, grapple with different epidemiologic patterns and secondary rates [14]. Among these eight "America's" were four socioeconomically disadvantaged groups with substantially higher

**Introduction**

In the United States of America, the steadily rising tolling from infectious diseases has declined progressively over the course of the twentieth century [1], and major scourges such as typhoid fever and malaria are no longer a major public health threat [2]. However, among the poorer populations living in the US, diarrheal diseases highly prevalent in groups of various parasitic and bacterial diseases such as Chagas disease, cryptosporidiosis, and toxocarosis [3], which, like the neglected tropical diseases (NTDs), are characterized by their high prevalence, chronic and disabling features, and disproportionate effect on the poor [1, 6]. These infections occur outside of tropical regions of Africa, Asia, and Latin America, and I refer to these as neglected infections of poverty, because they are still common in the US, public health oversight, and they perpetuate poverty because of their impact on child development, pregnancy

**Conclusion:** Peter J. Hotez, Neglected Infections of Poverty in the United States of America. PLoS Negl Trop Dis 2010, 4(6):e2108. doi:10.1371/journal.pntd.0002108

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**Published:** June 25, 2010

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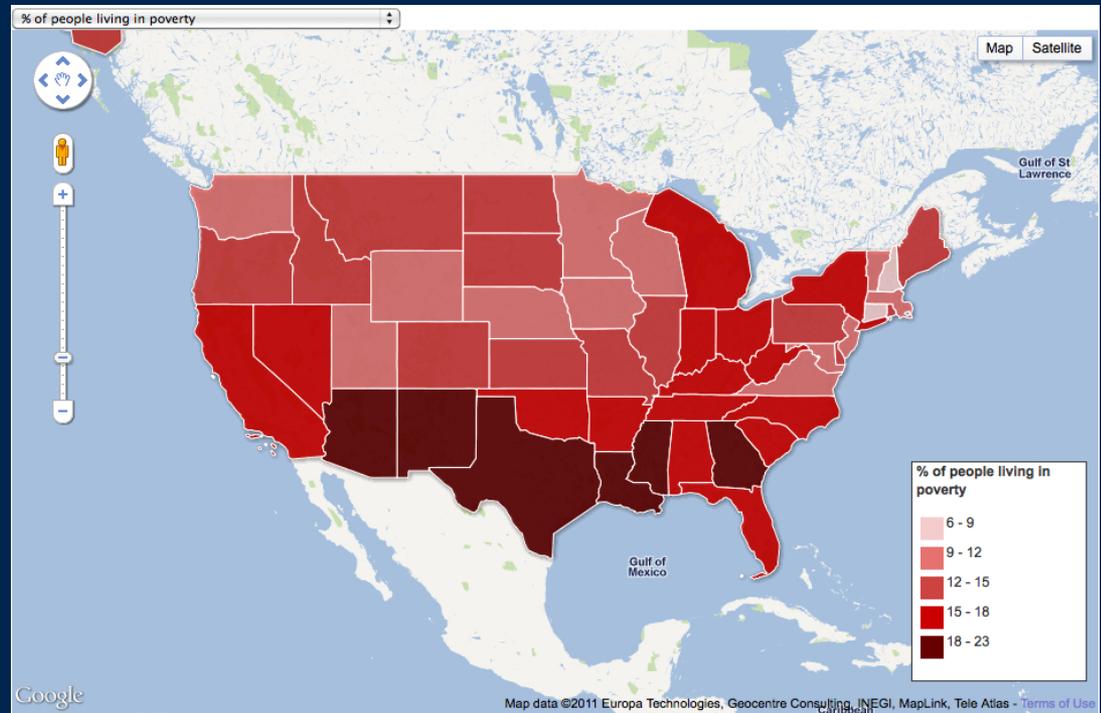
**Funding:** The author declares that no specific funding for this study.

**Competing Interests:** PH is Executive Director of the Global Network for Neglected Tropical Diseases (GNND), the Director of the Research Institute for Tropical Medicine (RITM), and the Editor of the journal *Journal of Tropical Medicine and Biomedicine*. He is an associate or consultant advisor for institutions outside the author's involvement from all related entities regarding the paper.

\* All PLoS Negl Trop Dis articles are freely available.

June 2010 | Volume 4 | Issue 6 | e2108

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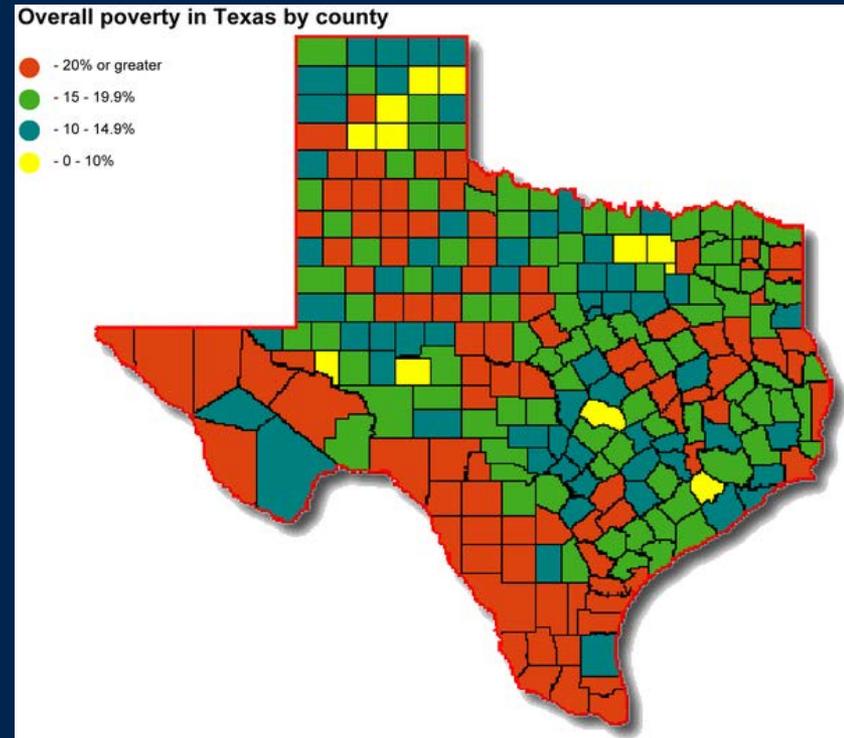


**5 million Americans with NTDs**  
**Toxocarosis 2.8 million**  
**Chagas disease 1 million**  
**Trichomoniasis 0.8 million**  
**Cysticercosis 0.2 million**

# Poverty in Texas

## Texas

- Almost five million Texans live in poverty (most in U.S.)
- One in five Texans
- Poverty approaches 30% in South Texas counties of Zapata, Brooks, Starr
- “Colonias”



Hotez P. 2012. PLoS NTDs

# Sharing a legacy of poverty and disease

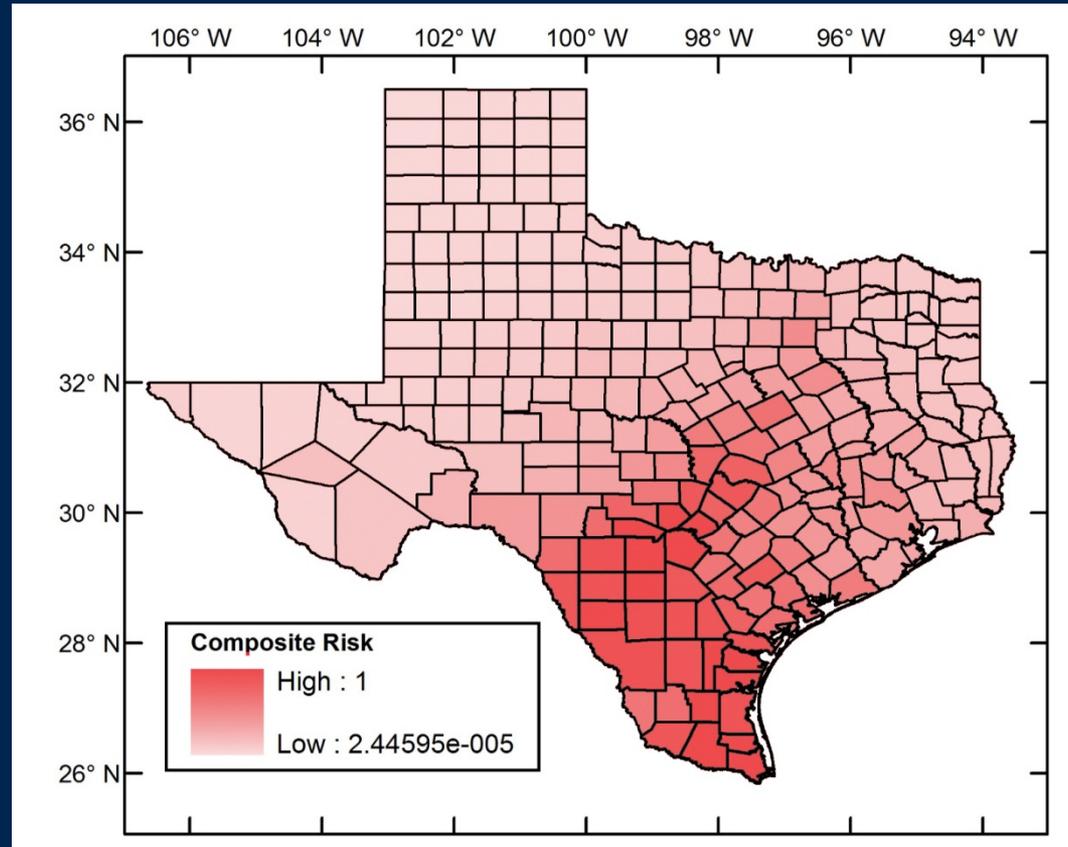
## •NTDs in Texas and Mexico

- Chagas disease
- Cysticercosis
- Dengue
- Leishmaniasis
- Leprosy
- Murine Typhus
- West Nile virus infection



# Chagas disease in Texas

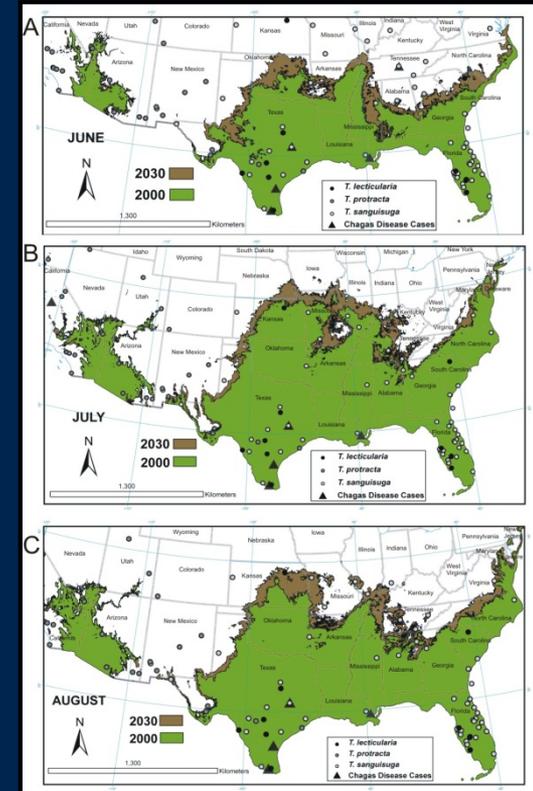
- Up to 267,000 human cases
- Endemic in dogs in South Texas (8%)
- Three major *Triatoma* spp
- Infected vectors in 82 of the 254 counties



# Chagas Transmission in the U.S.

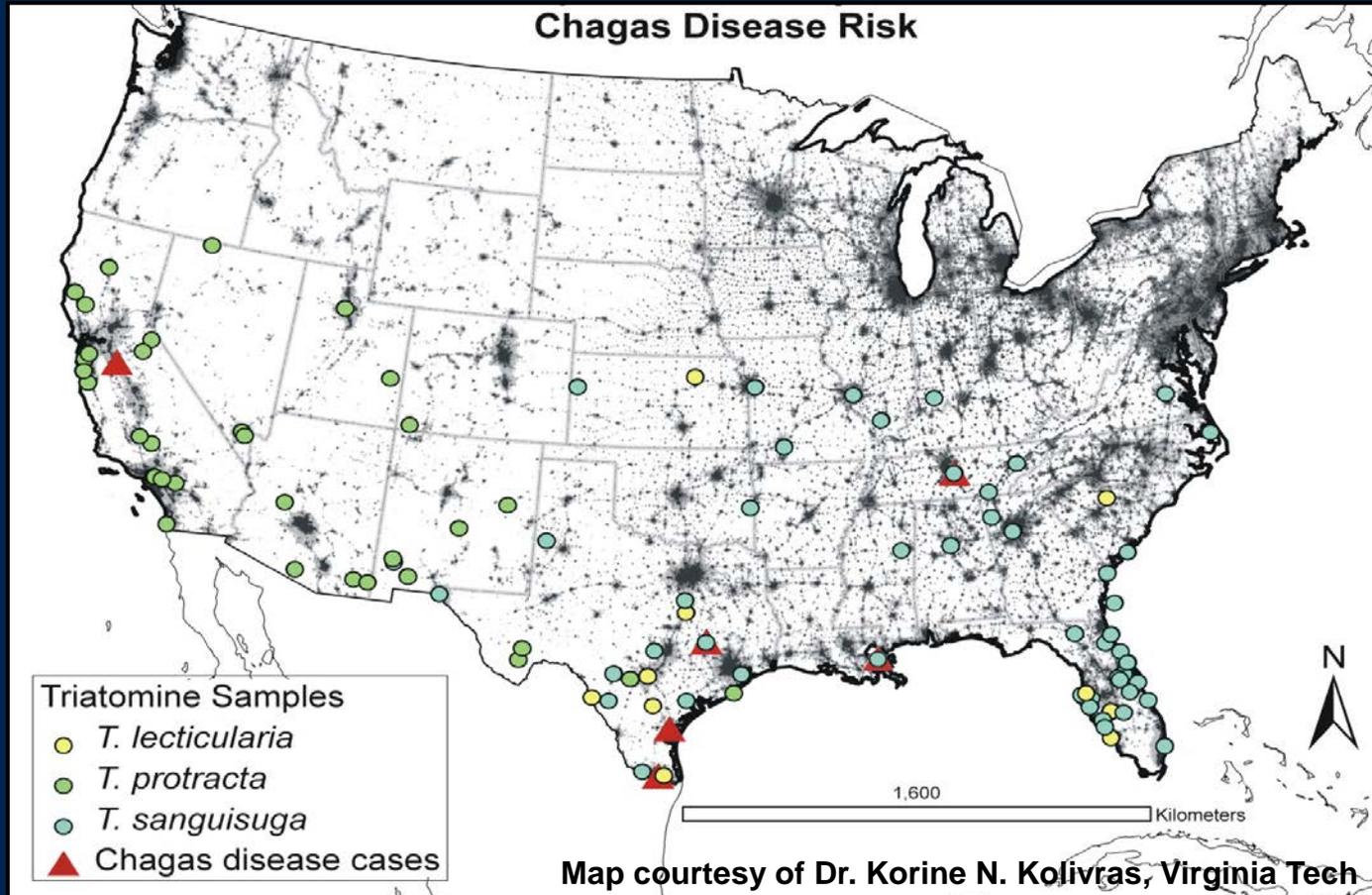
## *Risk Factors*

- Triatomines in U.S.
  - 26 states
  - Generally sylvatic
  - *Triatoma sanguisuga* (6% *T. cruzi* infection rate)
  - *T. protracta* (20% *T. cruzi* infection rate)
  - *T. leticularia*
  - Delayed defecation by Triatomine species
  - Contaminated foods or mucous membranes
- Increased domesticity
- Zoonotic transmission from dogs
- Limited Physician Awareness
- Risk highest in lower latitudes in southern portion
  - Transmission 64-100°F
  - Higher risk range upon 1.8°F increase in temp by 2030



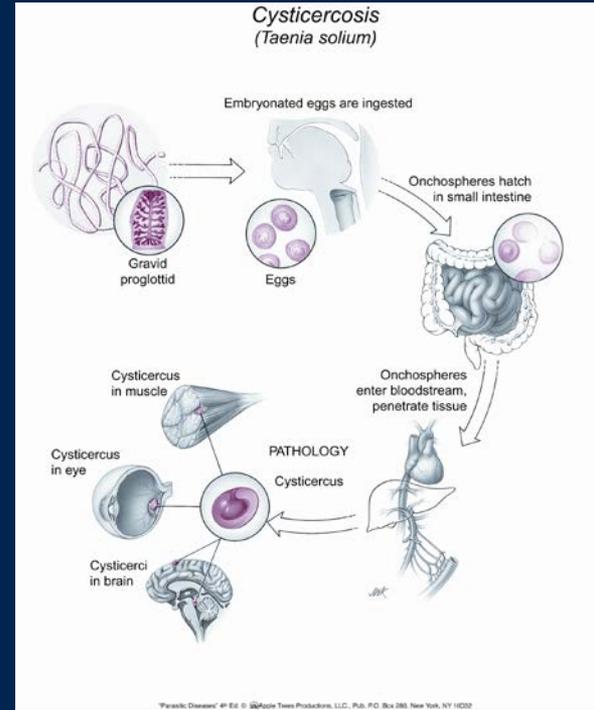
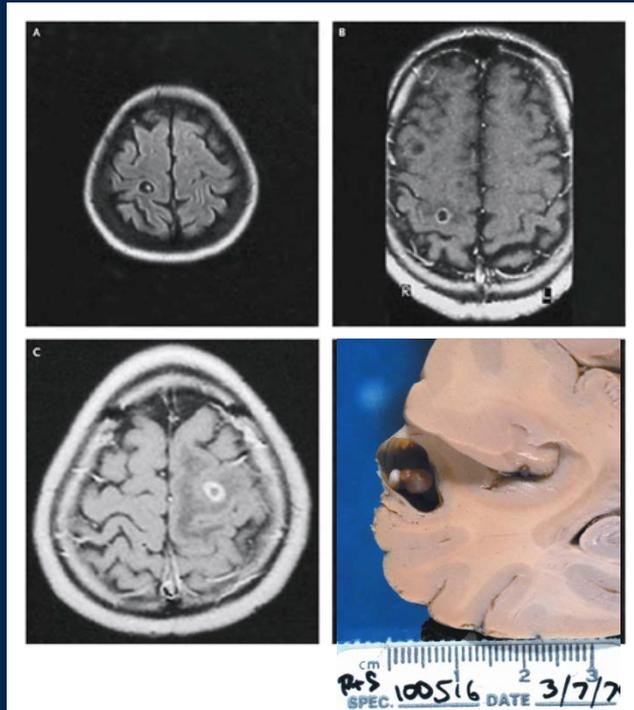
Lambert et al *Geospatial Health* 2008

# Triatomine vector has broad range in U.S.



# Cysticercosis (*Taenia solium*)

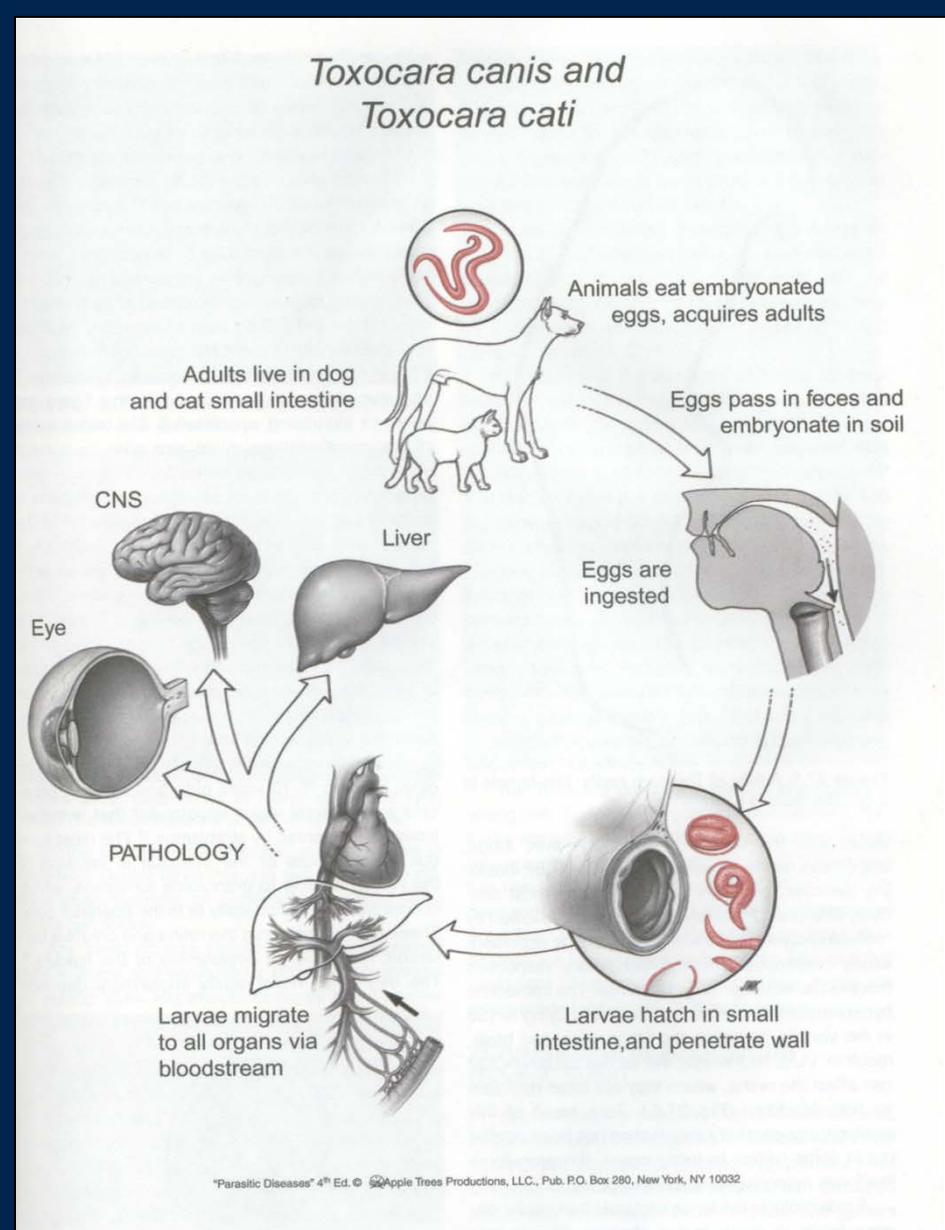
- Leading cause of epilepsy among Hispanic Americans
- (41,400-169,000 cases) based on 1.8% seroprevalence
- 10% of seizures presenting to ED in Los Angeles



# Toxocariasis in the American South

21% Seroprevalence among African Americans in poverty

‘Covert Toxocariasis:  
Asthma  
Developmental delays



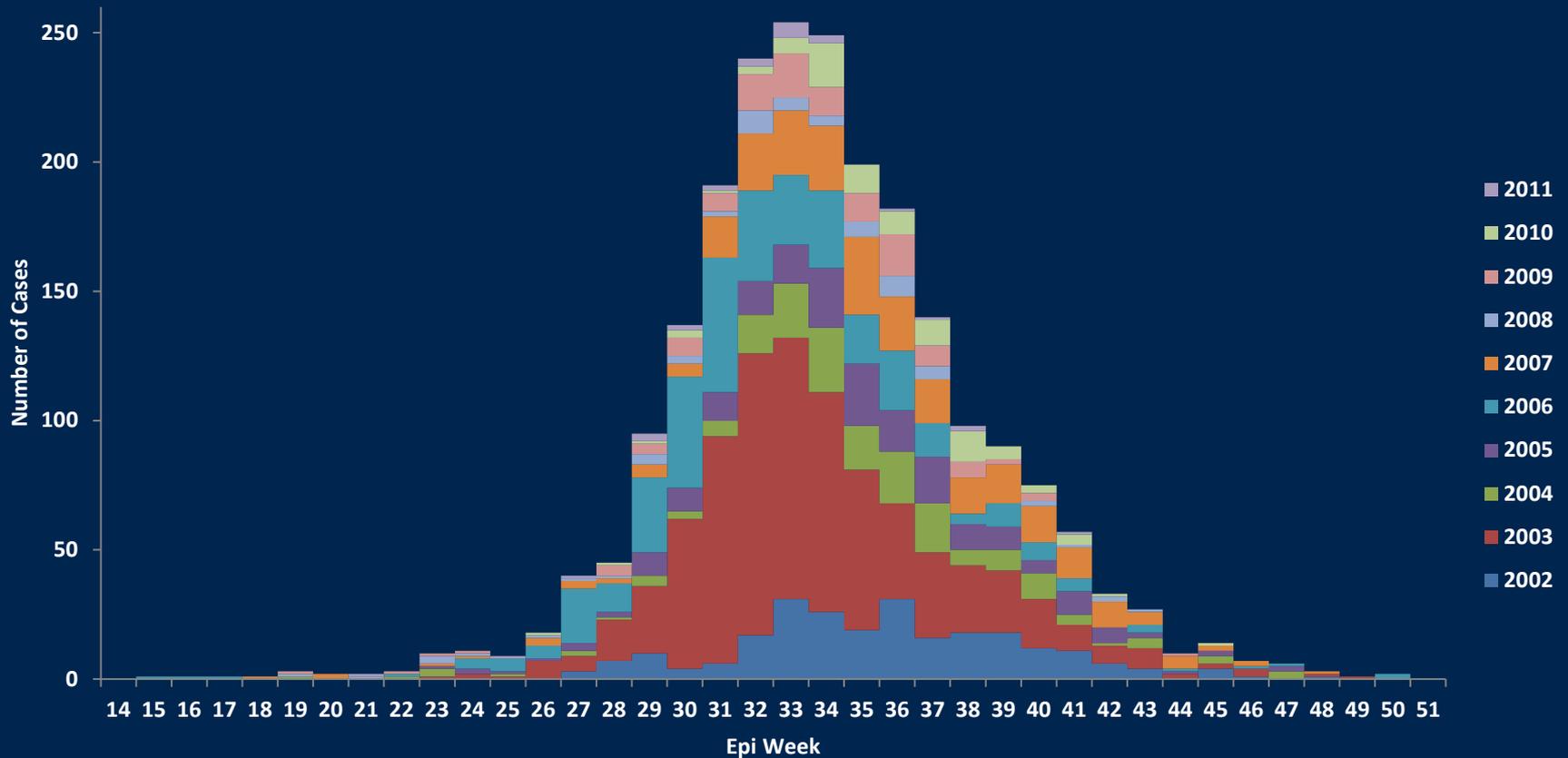
# West Nile Virus Infection

One half of >1,000 WNV infections in Texas

## A disease of poverty?

- Poverty positively associated with WNV incidence (Degroote & Sugumaran *Vector Borne Zoonotic Dis* 2012; 12: 657-65)
- Probability of fatal outcome depends on poverty rate (Tackett et al *Publ Health Res* 2006; 121: 666-73.
- Seroprevalence of 6.8% among homeless in Houston (Meyer et al *Emerg Infect Dis* 2007; 13: 1500-3)
- Homeless more likely to be hospitalized (Murray et al *Epidemiol Infect* 2006; 134: 1325-32)

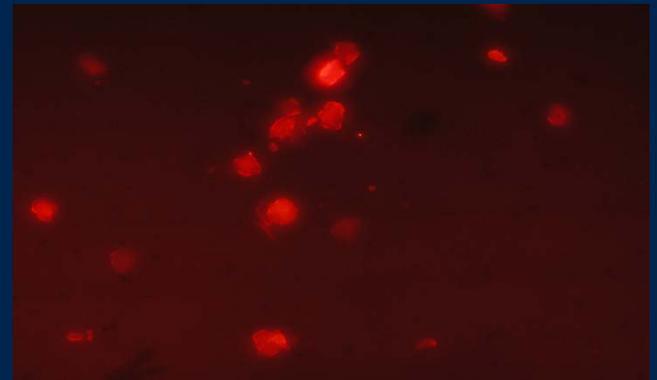
# Epidemic Curve of all Texas WNV Cases



# Viral Shedding in Urine

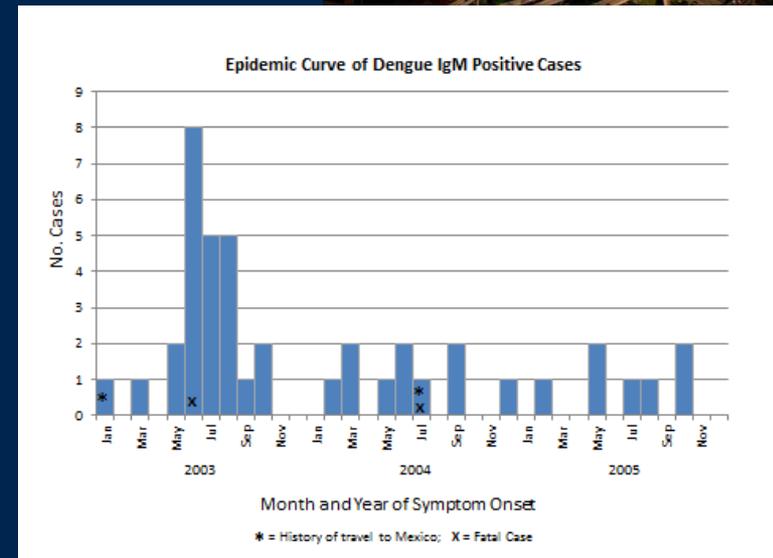
Further testing of the cohort : 45/131 (34%) patients shedding WNV RNA in the urine.

- 69% male, ages 19 to 87 years (median 54 yrs.)
- 27% had WNF or were asymptomatic
- 47% have proteinuria
- 80% have  $GFR < 90$ ; 28% have  $GRF < 60$
- Samples collected between 2 and 8 yrs. post infection



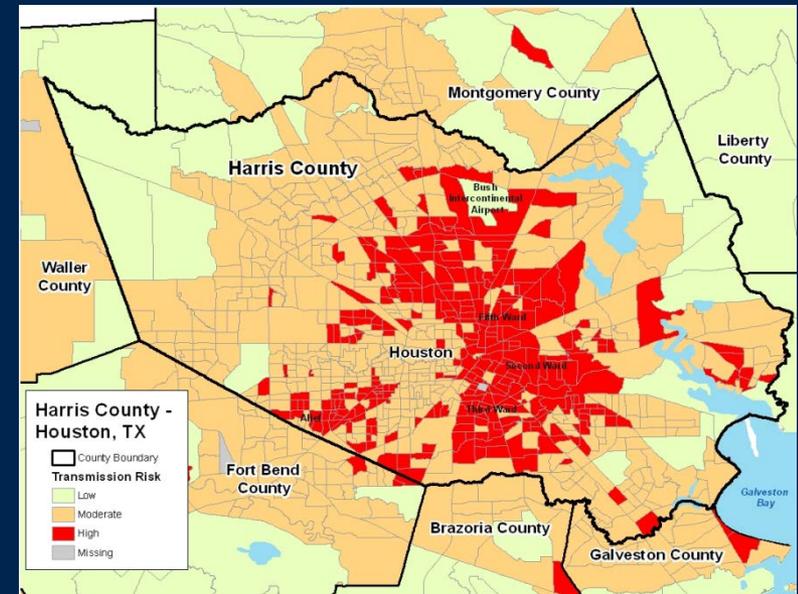
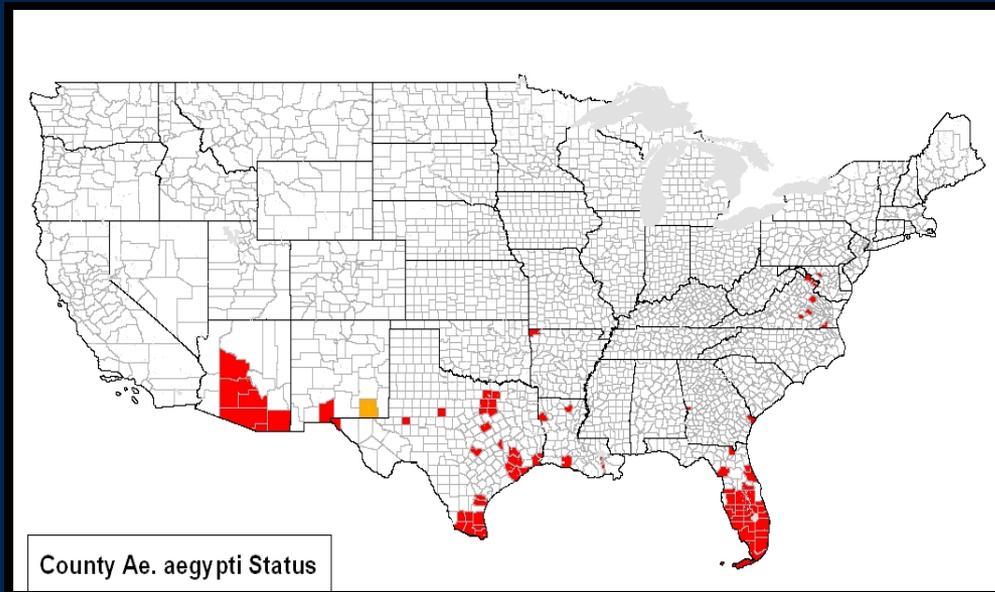
# Houston: the Perfect Storm for Dengue

- Proximity to dengue-endemic areas
- Vast shipping; both air and ship travel entry points; NAFTA
- High proportion of its ~4 million residents who routinely travel to and from dengue-endemic areas
- Dense urban population
- Abundance of *Ae. aegypti* and *Ae. albopictus*
- Mild winters and year-round survival of mosquitoes
- Passive surveillance, lack of diagnostic testing available



Courtesy of Dr. Kristy Murray

# Dengue in Houston, TX



Aleisha Elliot MPH thesis

# Tropical Medicine Clinic

## Mission

To prevent, diagnose and treat common and neglected tropical diseases in the Houston metropolitan population and to improve occupational health for those working in regions where tropical diseases thrive.

The new clinic opened its doors Oct. 7, 2011

TROPICAL  
MEDICINE  
CLINIC

at Ben Taub  
General Hospital





**National School of Tropical Medicine**  
**Baylor College of Medicine**  
**Texas Medical Center, Houston, TX**

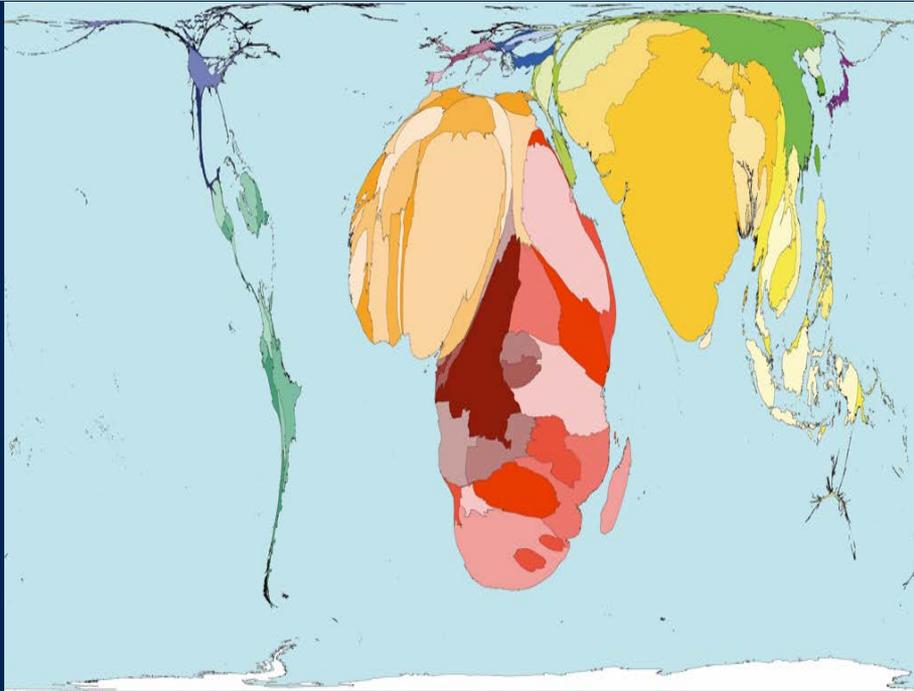
# A Call for the Decade of Vaccines (DoV)

- The Bill & Melinda Gates Foundation asked donors, governments, the private sector and the general public to partner with them for action – **everyone has a role**
- Potential to save the lives of **6.4 million children** with existing vaccines alone
- The foundation committed \$10 billion towards the **discovery, development and delivery of lifesaving vaccines**
- This **investment is not nearly sufficient** to meet the needs for new vaccine research and delivery of existing vaccines

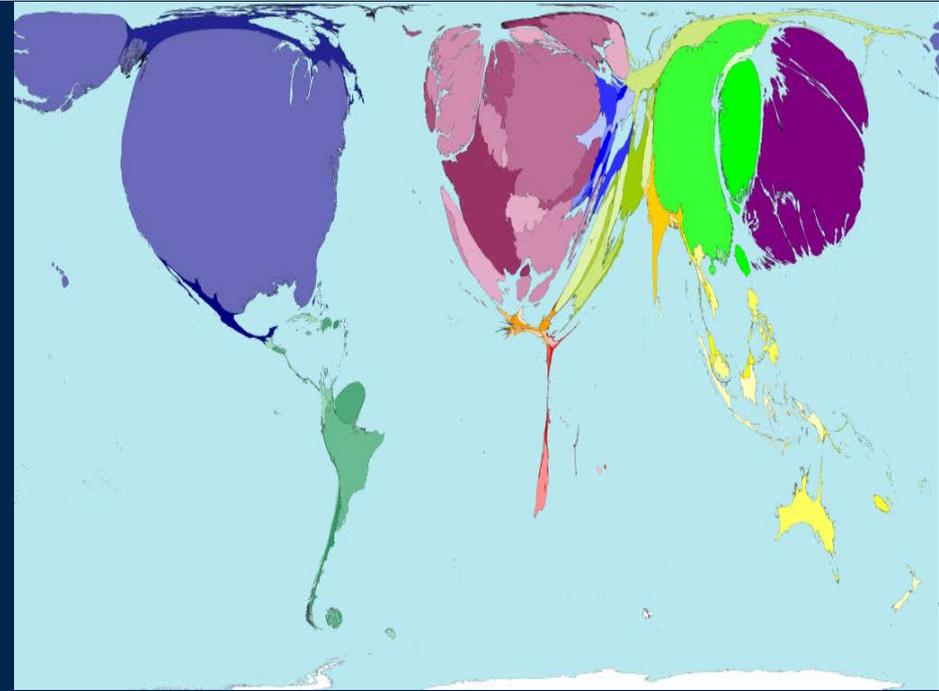


Bill and Melinda Gates' call to action re-energized and mobilized the vaccine community around an ambitious agenda

# The “10/90 Gap”



Deaths from Infectious  
and Parasitic Diseases



Research &  
Development

© [www.worldmapper.org](http://www.worldmapper.org)