



# DiscoverHealth



## Great news about copay and contribution rollbacks

Thanks to you, and your decision to gain control of all aspects of your health and wellness, we are healthier. Due to your diligent participation in the Discover Health with the Wellness Connection programs, the city's health benefits fund completed FY13 with a surplus.

Unfortunately, due to our emphasis on wellness, claims went up before they went down. Therefore, in May 2013, contributions were increased by 14.9 percent and some copayments were increased in anticipation of a needed offset based on the previous year's claims. This was in addition to the City moving funds into the health benefits account to ensure minimum balances.

I am pleased to say that it's now clear that those increases are not needed, and I've decided that we will rollback those copayments to their original amounts. And contributions will be rolled back from the 14.9 percent increase to an 8.7 percent increase. See a chart of the changes here.

**These changes will go into effect on September 1, 2013 and will remain in effect through the plan year end on April 30, 2014.**

In addition, we've added one more benefit. Subscribers to the city's health plan who use Cigna Home Delivery for their preferred-brand diabetic test strips will get these preventive supplies for free.

The health benefit's fund surplus is a perfect example of how we can affect positive change when we work together toward one cause. Keep up the good work and look forward to continued improvements to our wellness programs!



Bi-weekly medical contributions						
Non-tobacco users	Cigna Limited Network		Cigna Open Access		CDHP	
	From	To	From	To	From	To
Employee only	\$27.49	<b>\$26.01</b>	\$42.77	<b>\$40.47</b>	\$15.87	<b>\$15.03</b>
Employee + children	\$82.49	<b>\$78.03</b>	\$128.32	<b>\$121.39</b>	\$47.66	<b>\$45.09</b>
Employee + spouse	\$109.99	<b>\$104.06</b>	\$171.10	<b>\$161.86</b>	\$63.55	<b>\$60.12</b>
Employee + family	\$164.98	<b>\$156.08</b>	\$256.64	<b>\$242.79</b>	\$95.32	<b>\$90.18</b>

Specialist visit copayment changes		
	From	To
Limited Network Plan	\$100	<b>\$60</b>
Open Access Plan	\$100 CCN \$115 Non-CCN	<b>\$60 CCN \$75 Non-CCN</b>
Retirees of Texas Option Plus	\$100	<b>\$60</b>

Prescription changes for the Limited Network Plan and Retirees of Texas Option Plus		
Retail Pharmacy	From	To
Generic	\$10	<b>\$10</b>
Preferred brand	\$60	<b>\$45</b>
Non-preferred brand	\$85	<b>\$60</b>
Cigna Home Delivery	From	To
Generic	\$25	<b>\$25</b>
Preferred brand	\$150	<b>\$113</b>
Non-preferred brand	\$213	<b>\$150</b>

Deductibles remain the same - \$100/individual and \$300/family

