

## Your Guide to Round-the-Clock Care through Your Health Plan and Kelsey-Seybold Clinic

Kelsey-Seybold is available 24/7 if you have questions about urgent care matters, need to speak with an after-hours nurse, or have your doctor or your child's pediatrician paged. Call 713-442-0000. Four Kelsey-Seybold locations are also open on Saturdays to accommodate ill care for children and adults.

**If a situation seems life-threatening, take immediate action and call 911.**

### DAY

**In-office Appointment:** When your care calls for it, it's usually best to go to your Kelsey-Seybold primary care doctor. Your doctor knows you and your health history and has access to your Electronic Medical Record. A visit with your Kelsey-Seybold primary care doctor instead of going to the Emergency Room (ER) can also save you money!

### NIGHT, WEEKEND or HOLIDAY

**After-Hours Nurse Hotline:** Start by calling Kelsey-Seybold's After-Hours Nurse Hotline at 713-442-0000. Our nurses can access your medical record and provide medical advice, refer you to in-network Urgent Care facility, schedule a next-day appointment, or page the doctor on call.

**Saturday Appointments for Children and Adults:** When you or someone in your family is ill, our Clear Lake Clinic in Webster, Fort Bend Medical and Diagnostic Center in Sugar Land, Spring Medical and Diagnostic Center in northwest Houston, and Tanglewood Clinic near the Galleria are open from 9 a.m. to 2 p.m.

### AWAY

**Nationwide Urgent Care Centers:** If you have to see a doctor when you're out of town or you have a covered family member who is out of town or in college, you have access to Cigna's nationwide, in-network Urgent Care Centers.

### ANYWHERE

Telemedicine services are an alternative when medical care is needed. These services are exclusively for KelseyCare members and are available during the day, nights, weekends, holidays and while traveling! Learn more about E-visits, Pediatric E-visits and Video Visits on the next page or visit [kelsey-seybold.com/telemed](http://kelsey-seybold.com/telemed).

To Find Urgent Care Facilities  
**MyCigna App.**  
Download the Cigna Mobile App.  
(Android or Apple)

 **MY KELSEY ONLINE**  
To Access MyKelseyOnline  
**MyChart App.**  
Download the MyChart Mobile App.  
(Android or Apple)

**MKO Help Line**  
**713-442-6565**  
Monday-Saturday, 7a-9p  
For questions and assistance with  
MyKelseyOnline.

**E-visits:** Login to your MyKelseyOnline Account from your computer and get quality medical advice in a hour or less for allergies, back pain, cough, cold, flu, pink eye, sinusitis, urinary tract infection, gastroesophageal reflux, and vaginal discharge. Available Mon.–Fri., 8 a.m. to 9 p.m. Also available Sat. and Sun., 10 a.m. to 4 p.m. The E-visit charge is \$25.\*

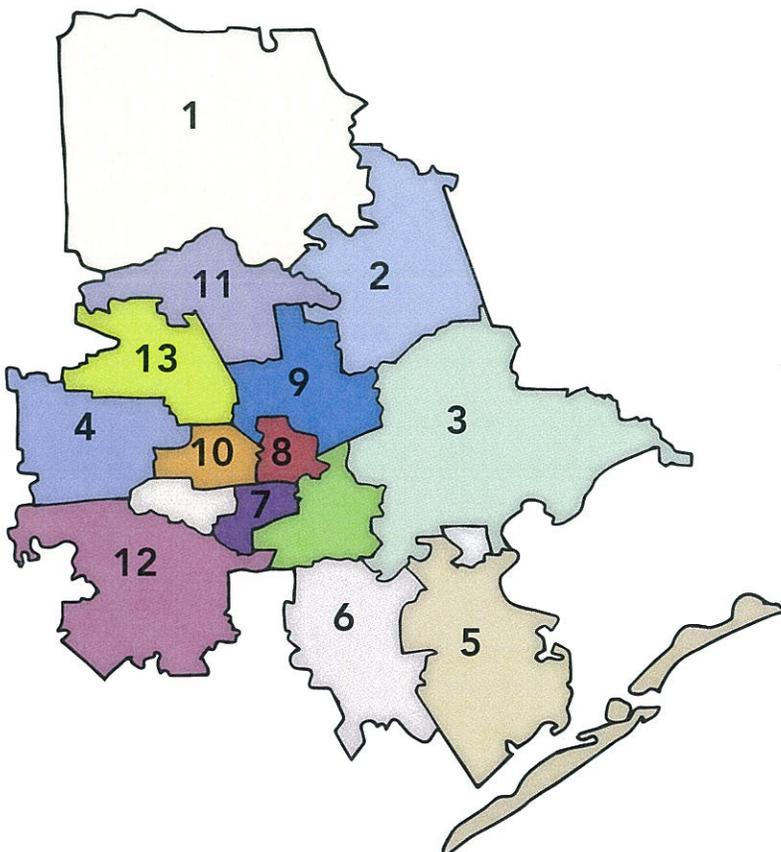
**Video Visits:** Schedule right from your smartphone using the MyChart app or by using your camera-enabled desktop/laptop and logging into your MyKelseyOnline account. Video visits can be conducted for more than 50 medical conditions, including sprained ankle or knee, shingles, ear infection or burns. This service is available Mon.–Fri., 8 a.m. to 5 p.m. The Video Visit charge is \$35.\*

**Pediatric E-visits:** Available for children ages 4-17 years old. Pediatric E-visits can be held for allergies, cold, constipation, cough, diarrhea, flu, heartburn and red eye. Available Mon.–Fri., 8 a.m. to 4 p.m. and 5 p.m. to 9 p.m. The Pediatric E-visit charge is \$25.\*

Telemedicine hours may expand to meet demand! Be sure to go to [kelsey-seybold.com/telemed](http://kelsey-seybold.com/telemed) for the latest information.

\*Telemedicine services are a value-added convenience for KelseyCare members. Your charges do not accumulate toward your maximum out-of-pocket expense. Please note that controlled substances and narcotic pain medications cannot be prescribed.

## Houston-Area Urgent Care Locations in Your Network



1 The Woodlands/Conroe/South County

2 Kingwood/Humble

3 Pasadena/Baytown

4 Katy/Richmond

5 Bay Area

6 Pearland/Friendswood/Alvin

7 Bellaire/West U/Meyerland/Southwest

8 Heights/Neartown

9 Aldine/North Houston

10 Memorial/Spring Branch

11 Spring/Klein/Tomball

12 Fort Bend

13 Cypress/Cy-Fair/Jersey Village

## 1 The Woodlands/Conroe/South County

### **Davam Urgent Care**

6022 FM 1488  
Magnolia, Texas 77354  
(281) 583-1980

### **Magnolia's Urgent Care**

18535 FM 1488 Rd.  
Suite 210  
Magnolia, Texas 77354  
(281) 789-7065

### **Oaks Urgent Care PA**

25410 Interstate 45  
Suite 100  
Spring Texas 77386  
(281) 367-1414

### **Texas Children's Urgent Care**

4775 W. Panther Creek Dr.  
Suite c300  
Spring, Texas 77381  
(281) 471-0870

### **Urgent Care for Kids**

1640 Lake Woodlands Dr.  
Suite E  
The Woodlands, Texas 77380  
(281) 367-0010

## 2 Kingwood/Humble

### **DJ Quality Care**

11515 E. FM 1960 Rd.  
Suite C  
Huffman, Texas 77336  
281-324-1550

### **Khan and Mujeeb**

**Urgent Care Group**  
17903 W. Lake Houston Pkwy  
Suite 101  
Humble, Texas 77346  
281-570-6856

### **Kingwood Urgent Care**

2601 W. Lake Houston Pkwy.  
Kingwood, Texas 77339  
(281) 360-7502

### **Medspring**

1450 Kingwood Dr.  
Kingwood, Texas 77339  
(832) 548-4420

### **Nightlight Pediatrics**

20440 Hwy. 59 N.  
Suite 500  
Humble, Texas 77338  
(832) 602-4040

### **West Fork Management LLC**

20185 US Hwy. 59  
Suite 78B  
New Caney, Texas 77357  
(281) 319-4910

## 3 Pasadena/Baytown

### **Baytown Urgent Care**

2800 Garth Rd.  
Baytown, Texas 77521  
(281) 425-3835

### **Concentra Urgent Care**

125 East 8th St.  
Deer Park, Texas 77523  
(281) 930-8555

### **Concentra Urgent Care**

8505 Gulf Frwy.  
Suite F  
Houston, Texas 77017  
(713) 944-4442

### **AFC Urgent Care**

8831 North Highway 146  
Baytown, Texas 77523  
281-573-4100

### **Immediate Medical Care**

6825 Spencer Hwy.  
Pasadena, Texas 77505  
(281) 741-0070

### **Nag Clinics**

3332 Plainview St.  
Pasadena, Texas 77504  
(832) 649-2073

### **Urgent Care MDS**

1658 W. Baker Road  
Baytown, Texas 77521  
(281) 428-0000

## 4 Katy/Richmond

### Cinco Ranch Clinic

6111 N. Fry Rd.  
Katy, Texas 77449  
(832) 427-6015

### Family Care Plus Clinic

3919 N. Fry Rd.  
Katy, Texas 77449  
281-646-2273

### Katy Urgent Care Center

21700 Kingsland Blvd.  
Suite 104  
Katy, Texas 77450  
(281) 829-6570

### MedSpring

6501 S. Fry Rd  
Katy, Texas 77494  
832-600-0670

### Memorial Urgent Care and Med Spa

14629 Memorial Dr.  
Houston, Texas 77079  
(281) 724-7588

### Next Level Urgent Care

7101 W. Grand Pkwy. S.  
Suite 180  
Richmond, Texas 77407  
(832) 304-2309

### Next Level Urgent Care Cinco Ranch

10705 Spring Green Blvd.  
Suite 600  
Katy, Texas 77494  
(281) 907-9646

### Preferred Urgent Care PA

1450 W. Grand Pkwy. S.  
Suite M  
Katy, Texas 77494  
(281) 916-1444

### Texas Children's Urgent Care

9727 Spring Green Blvd.  
Suite 900  
Katy, Texas 77494  
(281) 789-6300

### Urgent Care for Kids

23730 Westheimer Pkwy.  
Suite N  
Katy, Texas 77494  
(281) 392-3033

### West Oaks Urgent Care

2150 Highway 6  
Suite 100  
Houston, Texas 77077  
(281) 496-4948

## 5 Bay Area

### Affinity Immediate Care

2808 61st St.  
Suite 200  
Galveston, Texas 77551  
(409) 497-2808

### Nightlight Pediatrics

19325 Gulf Frwy.  
Suite 170  
Webster, Texas 77598  
(832) 992-5050

### St. Elizabeth's Urgent Care

676 FM 517 Rd. West  
Dickinson, Texas 77539  
(713) 482-4535

### Urgent Clinics Medical Care Creekside

4420 W. Main St.  
Suite A  
League City, Texas 77573  
(832) 632-1015

### Urgent Care Medical Clinics

2660 Marina Bay Dr.  
League City, Texas 77573  
(281) 549-6920

### West Isle Urgent Care

2027 61st St.  
Galveston, Texas 77551  
(409) 744-9800

## 6 Pearland/Friendswood/Alvin

### Angleton Urgent Care

2315 E. Mulberry St.  
Angleton, Texas 77515  
(979) 849-1747

### Options Urgent Care & Wellness Center

208 Oak Dr. S.  
Suite 502  
Lake Jackson, Texas 77566  
(979) 285-2273

### Prime Urgent Care

2510 Smith Ranch Rd.  
Suite 102  
Pearland, Texas 77584  
(713) 340-3111

### Urgent Clinics Medical Care-Pearland

8498 S. Sam Houston Pkwy. E.  
Suite 100  
Houston, Texas 77075  
(832) 831-3974

### Texas Children's Urgent Care

2701 Pearland Pkwy.  
Suite 190  
Pearland, Texas 77581  
(281) 485-6400

### Friendswood Urgent Care

1305 W. Parkwood Ave.  
Friendswood, Texas 77546  
(281) 648-4800

### Nightlight Pediatric Urgent Care

2803 Business Center Dr.  
Suite 118  
Pearland, Texas 77584  
(281) 990-3030

### Twin Oaks Urgent Care

1111 S. Friendswood Dr.  
Suite 105  
Friendswood, Texas 77546  
(832) 569-4390

The information contained in this Urgent Care directory is not all inclusive and is subject to change at any time. To obtain a complete listing of Urgent Care facilities, please visit [www.mycigna.com](http://www.mycigna.com) or download the Cigna Mobile App. (iOS – Apple Store/Android Google Play). Please check with the Urgent Care facility before receiving services to confirm it participates with your Cigna plan.

## 7 Bellaire/West U/River Oaks/Meyerland

### **AFC Urgent Care**

5568 Wesleyan St.  
Houston, Texas 77005  
713-666-7050

### **Concentra Urgent Care**

6545 Southwest Frwy.  
Houston, Texas 77074  
713-995-6998

### **Medspring**

3899 Southwest Frwy.  
Houston, Texas 77027  
(346) 800-1153

### **Readycare Centers**

3743 Westheimer Rd.  
Houston, Texas 77027  
(713) 840-9113

### **Concentra Urgent Care**

9321 Kirby Dr.  
Houston, Texas 77054  
(713) 797-0991

### **Doctors Express**

5568 Wesleyan St.  
Houston, Texas 77005  
(713) 666-7050

### **Next Level Urgent Care Meyerland**

4936 Beechnut St.  
Houston, Texas 77096  
(713) 893-1223

## 8 Heights/Neartown/Medical Center/Downtown

### **Concentra Urgent Care**

2004 Leeland  
Houston, Texas 77003  
(713) 223-0838

### **Medspring**

102 W. 11th St.  
Houston, Texas 77008  
832-539-4707

### **Medspring**

1917 W. Gray St.  
Houston, Texas 77019  
(832) 260-0650

### **Next Level Urgent Care**

5535 Memorial Dr. #3  
Houston, Texas 77007  
(713) 391-8533

### **Doctors Express**

107 Yale St.  
Suite 200  
Houston, Texas 77007  
(713) 861-6060

### **Medspring**

2707 Milam St.  
Houston, Texas 77006  
832-632-7135

### **Memorial Hermann Urgent Care**

4500 Washington Ave.  
Suite 300  
Houston, Texas 77007  
(713) 861-6490

### **Texas Children's Urgent Care**

6621 Fannin St.  
Suite 2240  
Houston, Texas 77030  
(832) 824-2000

## 9 Aldine/North Houston

### **Concentra Urgent Care**

10909 East Frwy.  
Houston, Texas 77029  
713-675-4777

### **Concentra Urgent Care**

8799 E. Loop Frwy. N.  
Suite 110  
Houston, Texas 77029  
(713) 674-1114

### **Convenient Urgent Care LLC**

411 W. Parker Rd.  
Houston, Texas 77091  
(713) 691-3300

### **Readycare Centers**

3743 Westheimer Rd.  
Houston, Texas 77027  
(713) 840-9113

### **Concentra Urgent Care**

401 Greens Rd.  
Houston, Texas 77060  
(281) 873-0111

## 10 Memorial/Spring Branch

### **Concentra Urgent Care**

1000 N. Post Oak Bldg. G  
Suite 100  
Houston, Texas 77055  
(713) 686-4868

### **Entrust Immediate Care**

9778 Katy Frwy.  
Suite 100  
Houston, Texas 77055  
(713) 468-7845

### **Options Urgent Care & Wellness Center**

5910 Fairdale Ln.  
Houston, Texas 77057  
(713) 781-1905

### **Texas Children's Urgent Care**

12850 Memorial Dr.  
Suite 210  
Houston, Texas 77024  
(832) 827-4000

### **Concentra Urgent Care**

12345 Katy Frwy.  
Houston, Texas 77079  
(281) 679-5600

### **Medspring**

14045 Memorial Dr.  
Houston, Texas 77079  
832-548-4410

## 11 Spring/Klein/Tomball

### **Champions Urgent Care**

4950 FM 1960 Rd. W.  
Suite A6  
Houston, Texas 77069  
(281) 444-1711

### **Houston Northwest Urgent Care**

2540 FM 2920 Rd.  
Spring, Texas 77388  
(281) 907-0905

### **Next Level Urgent Care**

15882 Champion Forest Dr.  
Spring, Texas 77379  
(281) 809-6615

### **Westfield Urgent Care PA**

2010 FM 1960 Rd. E.  
Houston, Texas 77073  
(281) 821-8200

### **Fastmed Urgent Care**

14080 FM 2920 Rd.  
Suite A  
Tomball, Texas 77377  
(832) 843-7135

### **Houston Northwest Urgent Care**

7306 Louetta Rd., Suite A106  
Spring, Texas 77379  
(281) 587-3400

### **Urgent Care for Kids**

24320 Kuykendahl Rd.  
Suite 210  
Spring, Texas 77388  
(281) 357-0825

## 12 Fort Bend

### **Excel Urgent Care**

6840 Highway 6  
Missouri City, Texas 77459  
(281) 403-3660

### **Memorial Hermann Urgent Care**

1227 Museum Square Dr.  
Suite A  
Sugar Land, Texas 77479  
(281) 265-8125

### **Next Level Urgent Care Sugar Land**

16902 Southwest Frwy.  
Suite 108  
Sugar Land, Texas 77479  
(832) 342-9205

### **Southwest Urgent Care**

19875 Southwest Frwy.  
Suite 100  
Sugar Land, Texas 77479  
(281) 545-2323

### **Medspring**

1403 Texas 6  
Sugar Land, Texas 77478  
(832) 260-0640

### **Next Level Urgent Care Sienna Plantation**

8720 Highway 6, Suite 400  
Missouri City, Texas 77459  
(832) 342-9204

### **Royal Urgent Care**

24601 Southwest Frwy.  
Suite 100  
Rosenberg, Texas 77471  
(281) 239-8434

## 13 Cypress/Cy-Fair/Jersey Village

### **Concentra Urgent Care**

6360 N. Sam Houston Pkwy. W.  
Suite 200  
Houston, Texas 77041  
(713) 280-0400

### **Cypress Fairbanks Urgent Care Center**

14044 Spring Cypress Rd.  
Cypress, Texas 77429  
(281) 949-3703

### **Excel Urgent Care**

25801 US Hwy. 290  
Cypress, Texas 77429  
(281) 304-1100

### **Nightlight Pediatrics**

19708 NW Frwy.  
Suite 500  
Houston, Texas 77065  
(713) 957-2020

### **Cypress Fairbanks Urgent Care Center**

9110 Barker Cypress Rd.  
Cypress, Texas 77433  
(281) 517-9900

### **Doctors Express**

10850 Louetta Rd.  
Suite 1500  
Houston, Texas 77070  
(281) 320-2338

### **NextCare Urgent Care**

10906 FM 1960  
Houston, Texas 77070  
(281) 477-7490

### **Wells Walk-In Urgent Care**

10311 N. Eldridge Pkwy.  
Suite B5  
Houston, Texas 77065  
(281) 890-3822

### **Next Level Urgent Care**

8100 Highway 6 North #E  
Houston, Texas 77095  
(832) 342-9204