

DENTAL PLANS

New Provider

Cigna

800-997-1406

mycigna.com

Cigna® is your new dental carrier. You have the option to choose between the Cigna Dental Care® (DHMO) plan and Total Cigna DPPO plan.

Cigna Dental Care® (DHMO) Plan Facts

- No dollar maximums
- No deductibles
- Benefits start right away with no waiting periods
- No claim forms to file when using network dentists
- You will select a Cigna Dental Care network general dentist to manage all of your dental health care needs who will refer you to any network specialists. (Referrals are not required for pediatric dentists for children under age 7 and orthodontists.)

Total Cigna DPPO Plan Facts

- Freedom to visit any licensed dentist or specialist
- No specialty referrals required
- The plan will cover eligible dental expenses after you satisfy any applicable waiting periods and meet any deductibles
- The plan is based on coinsurance levels that determine the percentage of costs covered by the plan for different types of services

For more information or to enroll, visit cityofhoustonbenefits.org.

Biweekly Dental Rates

Tier	Cigna Dental Care® (DHMO)	Total Cigna DPPO
Employee only	\$4.45	\$16.87
Employee + one	\$10.79	\$38.56
Employee + two or more	\$14.78	\$52.80

Plan Features

Plan Year	May 1 - April 30	May 1 - April 30
Service area	Throughout the United States except for 13 states*	Throughout the United States
Annual maximum benefit	No annual maximum benefit	\$2,000 for Class I, II, & III Expenses
Annual deductible	No annual deductible	\$50 per individual / \$150 per family
Primary dentist referrals for specialty care	Yes	No
Claim forms	No	In-Network: No / Out-of-Network: Yes
Preventive services: Cleaning and oral examinations, bitewing X-rays	Preventive services - \$0	Class I Expenses: Plan pays 100% No deductible
Basic services**: Extractions, root canals, oral surgery, restorative services (excluding gold fillings) and periodontal scaling	Extraction, Coronal remnants: \$9 Periodontal scaling: \$14-\$24 Root canal therapy, molar: Premolar – \$300 / Anterior - \$200	Class III Expenses: Plan pays 80% after the deductible is met
Major services**: Initial fixed bridgework, crowns and dentures, replacement of bridgework	Crown, titanium : \$210 - \$300 Complete denture, maxillary: \$260 upper and lower each	Class III Expenses: Plan pays 50% after the deductible is met
Orthodontic services**: Covered services up to two years	\$40.00 - \$1,080.00 Coverage provided for twenty-four (24) months of active treatment.	Class IV Expenses: Plan pays 50% No Ortho Deductible Lifetime Maximum: \$1,000 Children & Adults

*DHMO NOT available in Alaska, Hawaii, Idaho, Maine, Montana, New Hampshire, New Mexico, North Dakota, Rhode Island, South Dakota, Vermont, West Virginia and Wyoming.

** Refer to Cigna Dental Care Access DHMO Charge Summary and the Total Cigna DPPO Summary for more detailed information. You can find them online at cityofhoustonbenefits.org.

How to find out if your current dentist participates in a Cigna Dental Plan

1. Go to www.cigna.com
2. Select “Find a Doctor” tab
3. Under “How are you Covered?” select “Employer or School”
4. Select “Doctor by Type”
5. Enter address, city, or zip
6. Select “General Dentist” from drop down
7. Under “Please Select a Plan” enter address, city or zip after “I Live In” and choose continue.
8. Select either Cigna Dental Care Access or Total Cigna DPPO depending upon which type plan you are interested in.
9. Review list of dentists in the city you typed in.

For more information

For detailed information, visit cityofhoustonbenefits.org to download PDFs:

- DPPO and DHMO FAQs
- Transition of Care FAQs
- Provider directories
- DPPO Orthodontics in Progress FAQs
- DHMO Orthodontics in Progress FAQs

Need help?

If you need help choosing a dental plan, contact the pre-enrollment help line at 800-401-4041.

Your dentist not in the Cigna network?

To nominate a Dental Provider you can submit a Dental Provider Nomination Form for contracting outreach. Forms are available at cityofhoustonbenefits.org or you can request one from the Cigna Pre-Enrollment Line at 800-401-4041.

Dental Insurance Cards

A new insurance card will be issued to employees enrolled in a dental plan.

Please note, the Dental Office/Dental Provider name is printed on the ID card Carrier and not on the actual ID card itself.

If you enroll in the DHMO, you are required to select a Primary Care Dentist (PCD). If your current dentist is not in the Cigna Dental Care Access (DHMO) network, you will be auto-assigned to a dentist near your zip code. After May 1, 2021, you may call Cigna at 800-977-1406 to select a different PCD from the Cigna network. PCD changes are effective the first of the following month.

