AUGUST 2019
Calendar of Events

“Dealing with Difficult Personalities”
*Tuesday, August 13, 2019 | 9am-10am | register on TMS
HPW, 5900 Teague, Conference Room 101
This training will provide education on how to recognize and develop strategies for coping with common difficult behaviors, and methods for resolving conflict.

“Preventing Workplace Violence” (closed training*)
*Wednesday, August 14, 2019 | 7:30am-9:30am | register on TMS
HPW, 2200 Patterson, Conference Room 116
This training will provide education on how to recognize and prevent workplace violence. Participants will be trained on the guidelines of the Administrative Procedure 3-21 Violence in the Workplace.

“EAP Essentials”
*Wednesday, August 14, 2019 | 2pm-3pm | register on TMS
HAS, George Bush Intercontinental Airport, 2800 N Terminal Rd, Terminal A, Ticket Level Conference Room
The Employee Assistance Program (EAP) is a benefit provided by the City to employees and their family members. This training will provide an overview of the internal/external EAP services offered by the City.

“No Such Thing as a Perfect Parent” (Webinar)
*Wednesday August 28, 2019 | 10am-11am | register at
https://attendee.gotowebinar.com/register/5768169242041126402
This training will help participants identify factors that affect their parenting style, the relationship between their own childhood experiences and their present parenting style, and positive communication skills associated with effective parenting.

“Mental Health: Mind and Body”
Guest Speaker: Catherine Ruscitti, PsyD from the Eating Recovery Center
*Wednesday August 28, 2019 | 11am-12pm | register on TMS
HPW, 1002 Washington, Training Room B2
This training will describe the connection between mental and physical health and explore interventions to promote mental health.

*Per departmental request, this training is closed to other departments due to capacity limitations.

Employee Assistance Program
611 Walker St, Garden Level
Houston, TX 77002
Contact Us:
Internal EAP
Phone: 832.393.6510
Website:
http://www.houstontx.gov/hr/eap.html
External EAP
Phone: 855.378.7485
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www.guidanceresources.com
Web ID: HOUSTONEAP