



# Building Dementia Capable Communities



Robert Carter: Cracked Hat Illustration



“Those with dementia are still people; they still have stories, they still have character, they are all individuals, and they are all unique. They just need to be interacted with on a human level.”

*-Carey Mulligan*



Neighbor

SHELTERING ARMS AND CENTER  
Barbara L.

Early diagnosis and quality care; patient and caregiver support

Specialized memory loss supports and services

Dementia-aware and responsive client services

Welcoming and supportive spiritual environments

Dementia-friendly businesses; customer and employee support

Accessible, user-friendly transportation and environments

Emergency preparedness and response

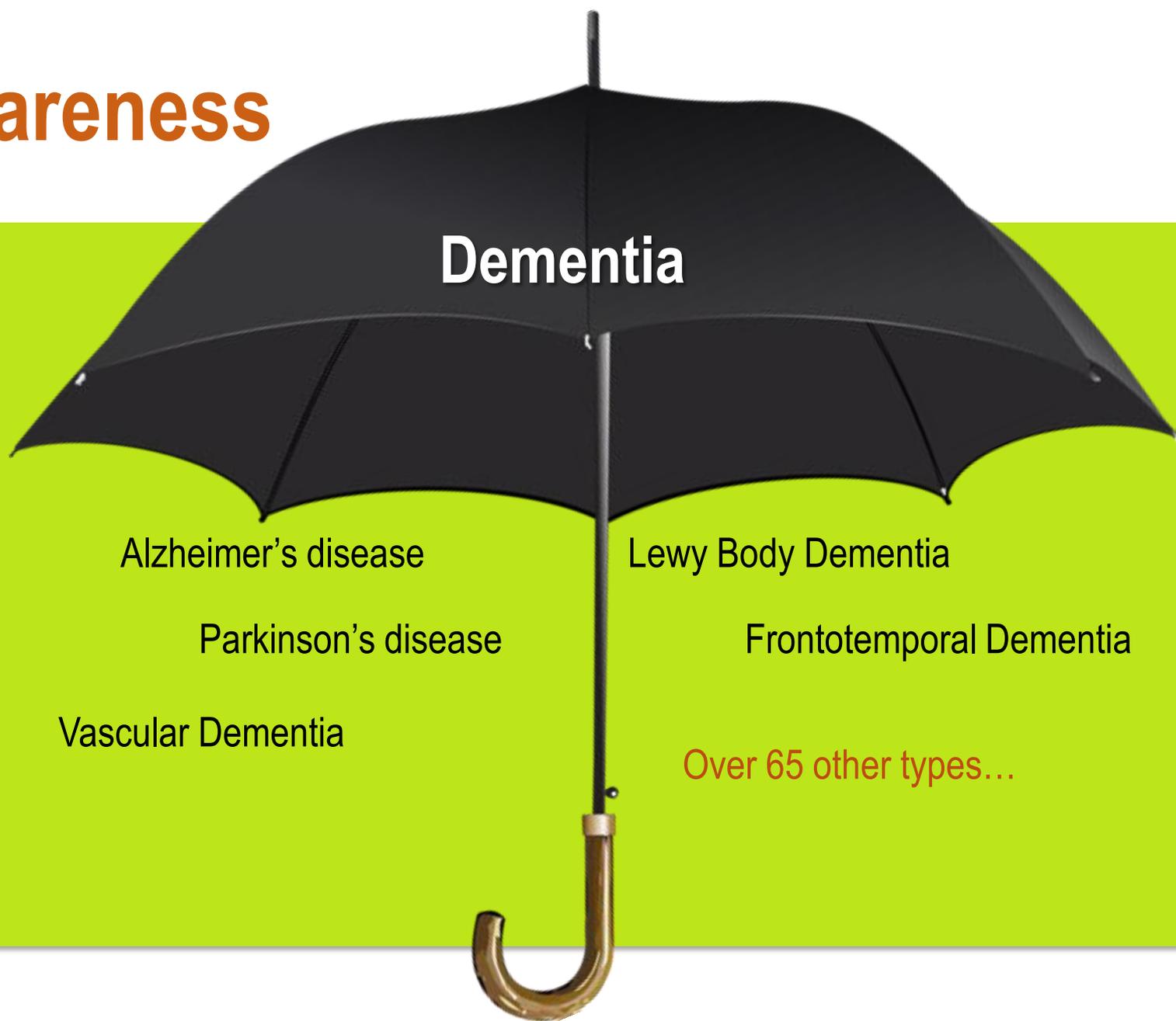
Independent living and meaningful engagement





The Foundation

# Awareness



Dementia

Alzheimer's disease

Lewy Body Dementia

Parkinson's disease

Frontotemporal Dementia

Vascular Dementia

Over 65 other types...



# Detection



## Signs of Dementia

Poor judgment

Budget mismanagement

Losing track of the season

Difficulty with conversation

Misplacing things all the time

## Typical Changes

A couple bad decisions

Missing a monthly payment

Forgetting what day it is

Sometimes forgetting words

Losing things from time to time

# The Right Care



# Specialized Services and Supports



## Community-based

(Adult Day Care, Volunteer Respite, Memory Programs)

## In-home

(Home Care, Home Health, Companion Services)



## Facility

(Assisted Living, Nursing Homes, CCRCs, Memory Care Units)

## Caregiver Identification

- What is a Caregiver?
- National Institute on Aging

## Caregiver Awareness

- AARP Caregiver Assistance Toolkit
- National Alliance for Caregiving

## Caregiver Support

- Alzheimer's Association Caregiver Center
- Family Caregiver Alliance
- Local respite providers
- Local support systems



UNISEX  
RESTROOM



# Engagement Programs in Houston

The Together Series

Learning Together

Looking Together

Wild Together

Memory Cafés

Discovering Connections

Sheltering Arms Day  
Center Gives Back



# Where do we begin?

# Practice into Action

Convene

Community service agencies

Assess

Current practices

Analyze

Identify gaps

Act

Houston Alliance to Address Dementia

*People Transforming Communities.*

**FOR GOOD.**

