

Dancing Against Diabetes

To Encourage Diabetes Awareness



November 19, 2013

10 A.M.

Clark Park

9718 Clark Rd. 77076



As a part of the District H *Healthy Living Initiative* we would like to invite all *Senior Citizens* to join Council Member Ed Gonzalez of District H in a collaborative health initiative to increase Diabetes awareness, fitness and nutrition. The program will include various health and fitness activities including: a diabetes presentation and risk assessment, ZUMBA, line dancing and food demonstration. Please come out and join us as we Dance against Diabetes!

Sponsored By:

Houston Parks and Recreation Department

City of Houston Health Department D.A.W.N.

Mayor Pro-Tem Ed Gonzalez Council Member District H

