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## Press Release

**FOR IMMEDIATE RELEASE**  
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### **Let's Play! Carnival Set For Marian Park**

The Houston Parks and Recreation Department is hosting a fun-filled day of sports and exercise at the Let's Play Health, Fitness, and Fun Youth Carnival. The event will take place at Marian Community Center, 11101 S. Gessner, Friday, July 21, 2006, from 10:00 a.m. to 1:00 p.m.

Summer Enrichment Program registered youth will take part in sports clinics ranging from flag football and rock climbing to golf, tennis, and soccer. Members of the Houston Comets will be on hand to share some smooth moves for the court, and their talented sports dancers will perform for the delight of the crowd.

HPARD's Kid Fit, a youth fitness program dedicated to teaching kids how to stay healthy, fit, and happy, will be on hand with fun ways to exercise and maintain the bodies they need for a long, active life. Kids will learn the importance of the various systems in their bodies and how to keep them functioning well.

Participants can get up close and personal with a state of the art fire truck, an evacuation boat, and an ambulance, provided by the fine folks at the Houston Fire Department. They can also get a close look at a presidential limousine.

"We hope everyone will come out for this day of fun and exercise in the park," said Joe Turner, Director, Houston Parks and Recreation Department. "The chance to play and learn from the best sports pros around is an opportunity no one should miss!"

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Snow cones and cold drinks will be served as cool treats for all participating youth. Vitamin Water, HPD, HFD, Blue Cross and Blue Shield of Texas, and the Girl Scouts will sponsor booths, and Allied Waste will supply waste containers. Harris County Precinct 7 will distribute gift bags and provide speakers who will motivate the kids to avoid getting caught up in gang life.

Besides the sports clinics, the kids will take part in a talent show, and programs from various community centers in the city will be highlighted. There will be a karate demonstration from the Denver Harbor Community Center, a Tai-chi demonstration from Sharpstown Community Center, and a youth drum line performance from Marian Community Center, which will host the event. Let's Play!

For more information on the Let's Play Health, Fitness, and Fun Youth Carnival or the Houston Parks and Recreation Department, contact Estella Espinosa at 713-845-1135 or e-mail [www.houstonparks.org](http://www.houstonparks.org).