



PRESS RELEASE

FOR IMMEDIATE RELEASE

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CONTACT: Estella Espinosa

Work: (713) 865-4537

Cell: (832) 465-4782

Outdoor Adventures & Nature Thrills At Lake Houston Park This May

The Houston Parks and Recreation Department invites everyone interested in the world of nature to visit Lake Houston Park in May for an ongoing series of fun and educational events in the great outdoors! All programs at the Nature Center are FREE with a \$3 park entry fee, unless otherwise noted. Throughout the month, Park Naturalist Jerry Walls will lead guests on a variety of learning adventures in the wilderness of Lake Houston Park, including:

Saturday, May 3 – 10:00 a.m.

“Butterfly Bonanza”

Join us for a fun and educational walk in search of nature’s flying beauties, the butterflies. An added bonus will be beautiful wildflowers along the way. Call (281) 354-0173 for **required reservations**.

Saturday, May 10 - 9:00 a.m.

“Wildflower Walk”

Join us as we search for dozens of species of wildflowers in this wilderness park! Learn what medicinal & nutritional properties these plants may have and how they were used by Native Americans and early settlers. Call (281) 354-0173 for **required reservations**.

Saturday, May 17 - 8:30 a.m.

“Bird Blitz Guided Bird Walk”

Join fellow birding enthusiasts on this fun and educational walk in search of the many beautiful avians that call Lake Houston Park home! For ages 13 and up. Space is limited, so make your **reservation** by calling (281) 354-0173.

Saturday, May 31 – 7:00 p.m.

“Park After Dark”

This exciting adventure will lead participants on a guided tour of the wildlife and scenery of Lake Houston Park after dark. See what nocturnal creatures become active after the sun goes down! For ages 13 and up. Call (281) 354-0173 for **required reservations**.

Lake Houston Park is located 30 minutes north of downtown Houston off Highway 59 and FM 1485 at 22031 Baptist Encampment Road. It has approximately 5,000 acres of forest, with 12 miles of hike and bike trails, 8 miles of equestrian trails, cabins, and camping facilities. The park offers a variety of activities for visitors to experience. Call (281) 354-6881 for camping reservations.

For additional information on recreational and educational opportunities at Lake Houston Park or the Houston Parks and Recreation Department, call (713) 865-4537, or visit www.houstonparks.org.