

HOUSTON PARKS AND RECREATION DEPARTMENT

WINTER SPRING ACTIVITIES GUIDE AND CLASS CATALOG



Charlton Park

REGISTER FOR WINTER SPRING ADULT SPORTS LEAGUES



NEW PARALYMPIC SWIM TEAM!
METROPOLITAN MULTI-SERVICE CTR.!



REGISTER FOR HPARD'S AFTER SCHOOL ENRICHMENT PROGRAM AND MUCH MORE ALL WINTER AND SPRING LONG!

25th Annual Arbor Day Celebration



**Volunteer
Today!**

Wallisville Road from 610 to Hwy 90 & the 610/I-10 Interchange

January 22, 2011 8 a.m. to noon

For more information, contact Oneika McCarthy at oneika.mccarthy@houstontx.gov or (832) 395-7030



Always There.®



A CAPRA Accredited Agency

Lake Houston Wilderness Park

Making Family Memories One Camping Trip At A Time

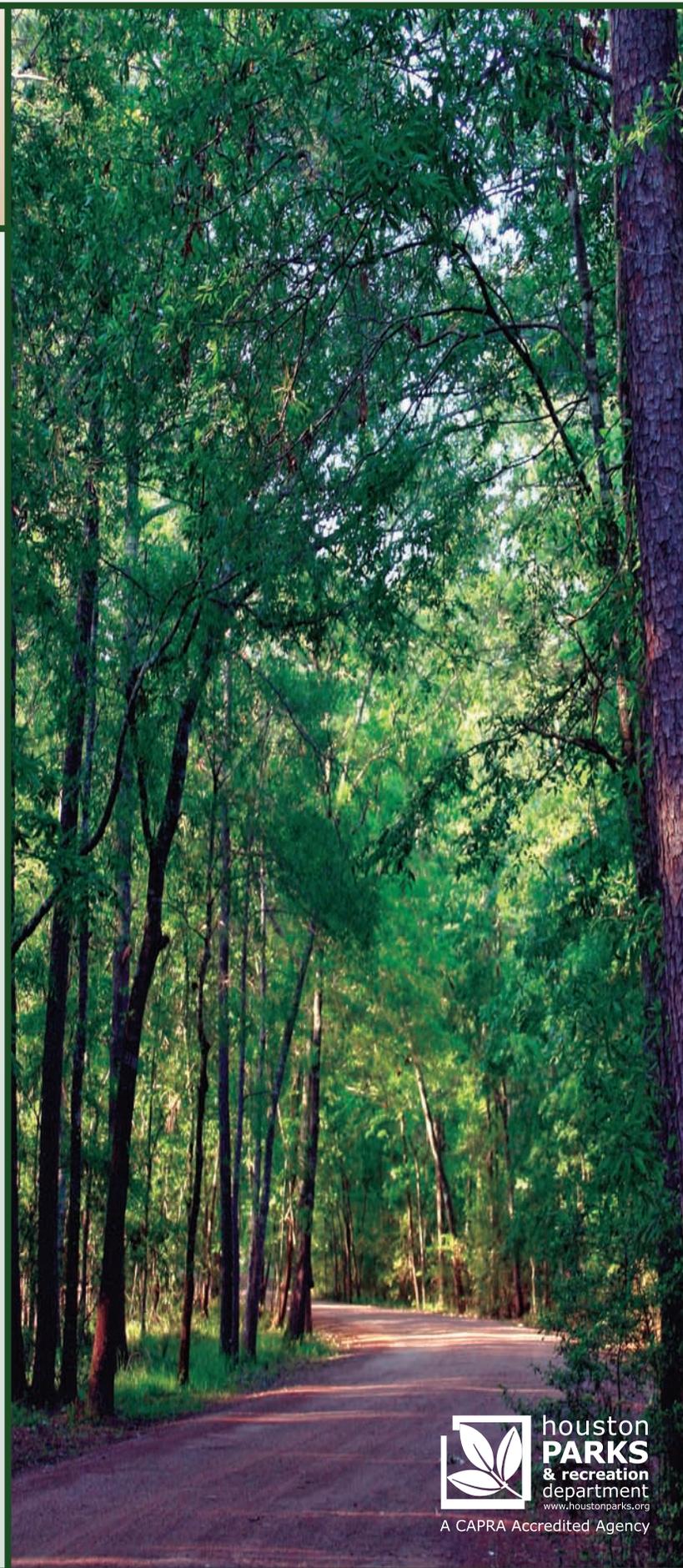
You'll
Never Forget
Your First S'more,
Your First Fishing Trip,
Or Your First Campfire

MAKE A MEMORY
That Will Last A Lifetime

Visit
LAKE HOUSTON
WILDERNESS PARK

Book Your Family Memory Today
Call (281) 354-6881

Lake Houston Wilderness Park
22031 Baptist Encampment Road
New Caney, Texas 77357
www.houstonparks.org



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www.houstonparks.org

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A MESSAGE FROM THE DIRECTOR



Winter blues? Not in Houston! Our relatively warm days and nights combined with over 350 parks give Houstonians lots of outdoor options to keep active and fit or in touch with nature.

As the fall weather moves in it's the perfect time to go bird watching and get in touch with nature. You might want to take a trip to Lake Houston Wilderness Park and take a stroll down a woodland trails or waterway to watch the fall migration. If you've been watching fall football and want to get in on the action check out the adult sports leagues we have to offer. You and your friends can indulge your inner athlete in a variety of adult sports leagues including basketball, flag football, softball, and volleyball. And don't forget kickball, which is booming in popularity right now.

Golf and tennis remain some of the most popular American sporting choices, and the Houston Parks and Recreation Department operates some of the best facilities for these sports in the country.

The 58 HPARD community centers offer educational and recreational activities for all ages. Whether you are looking for homework assistance or crafts classes or you want to find workout equipment to keep those muscles in shape, a community center near you will have what you need. The Metropolitan Multi-Service Center offers a variety of activities for people with disabilities of all ages and their families.

So, whether you are out for a grueling exercise regimen, or want to spend a relaxing day surrounded by nature, HPARD parks have what you need. Winter blues? Not a chance!

Joe Turner, Director
Houston Parks and Recreation Department

DEPARTMENT'S MISSION STATEMENT

"To enhance the quality of urban life by providing safe, well maintained parks and offering affordable programs for the community."

PARK RULES AND REGULATIONS

- Park hours of operation for all city parks are 6:00 a.m. to 11:00 pm unless otherwise posted.
- Glass bottles and glass containers are prohibited.
- Camping in City parks is prohibited except at Lake Houston Wilderness Park where fee based camping is permitted by reservation only. Walk ins are welcome pending site availability.
- No motorized vehicles may be driven on turf areas.
- Riding or driving animals over or through the park, except along designated bridle paths is prohibited.
- Molesting, injuring, etc., animals, fowl or fish is prohibited.
- Erecting structures, bill posting, etc. is prohibited.
- Walking, sitting or standing on any border or flower bed is prohibited.
- No hunting or use of firearms is permitted in city parks.
- Fishing is not permitted. Exceptions are children 12 and under and senior citizens 65 and older and at Lake Houston Wilderness Park with appropriate Texas State Fishing License.
- Alcoholic beverages are prohibited in City parks with posted signage.
- All animals must be on a leash and under the direct control of its owner.
- Owners must pick up after their dogs. City of Houston Code of Ordinances Sec 6-24.
- Picnic areas are on a first come, first serve basis unless the area has been permitted. It is recommended that park patrons obtain permits to secure a picnic area for a special activity.
- The selling of food, drink or any other commodity on park property is prohibited.
- Littering is prohibited. Please take care to dispose of your litter. Keep our green spaces clean.
- For a complete list of Park Rules and Regulations, please visit the City of Houston Code of Ordinances, Chapter 32.

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ACTIVITIES IN THE PARK PROGRAM GUIDE AND CATALOG

The Houston Parks and Recreation Department provides programs and recreational opportunities for people of all ages and abilities on a year round basis.

H.P.A.R.D.'s Activities in the Park Program Guide and Catalog is printed three times a year to provide you with a guide to the department's programs and activities. Printed copies are available at your local H.P.A.R.D. Community Centers and online at www.houstonparks.org.

- **2011 Summer Activities in the Park - April 1, 2011**
- **2011 Fall Activities in the Park - August 1, 2011**
- **2011 Winter/Spring Activities in the Park - December 1, 2011**



**houston
PARKS
& recreation
department**
www.houstonparks.org

A CAPRA Accredited Agency

YOUTH *programs*



After School Enrichment Program

Enjoy arts and crafts, games, entertainment, special events, sports, field trips, nature explorations and a variety of **FREE** activities at community centers throughout Houston.

This program is open to youth ages 6-13. Register at a community center near you.

Ages: 6 - 13
Registration: Ongoing
 During Community Center hours
Fee: **FREE**
Program Dates: Jan 4 - May 6, 2011
Times: 3:00 pm – 6:00 pm
Locations: All community centers
Information: (832) 395-7270
 (832) 395-7292
 (832) 395-7294
 (832) 395-7296



Athletes
 Seeking
 Knowledge

HPARD's Athletes Seeking Knowledge (A.S.K.) Program provides educational activities, scholarships and resources to assist young people in the pursuit of a higher education or to help improve their current academic standing. Hundreds of teens participate in an A.S.K. annually.

Since 2000, more than \$100,000 has been provided to Houston area youth and teens for scholarships, tutoring programs, college and career fairs, SAT and ACT practice exams, academic bowls, and college campus tours.

A variety of A.S.K. activities are planned throughout the year and are open to all HPARD youth and teen recreation program registrants and volunteers. To enroll in an HPARD program, please contact your nearest community center.

Ages: 13 - 18
Registration: Ongoing
Locations: All Community Centers
Information: (832) 395-7293



Tiny Tots at Play

Looking for something to do during the morning hours with your tiny tots? We offer a variety of activities that include, sports, crafts, nature exploration and fun games. Parents and or guardian accompany their child or children at all times.

Ages: 6 months - 4 years
Registration: Ongoing
 During Community Center hours
Fee: **FREE**
Program Dates: Jan 3 - May 28, 2011
Information: Contact Community Center
 see page 58 for listings

Candlelight (KM 452E)	M,W, F	10:00 am - 12:00 pm
Cherryhurst (KM 492R)	M	9:00 am - 12:00 pm
Cherryhurst (KM 492R)	W	10:00 am - 12:00 pm
Milroy (KM 452Z)	M,W, F	10:00 am - 1:00 pm
Proctor Plaza (KM 453X)	M,W, F	10:00 am - 1:00 pm

D-Tag Program

D-Tag is a **FREE** tattoo removal program for youth and young adults, ages 10 - 24 years old, who reside in the greater Houston metropolitan area. This specialty service is a scheduled process for removing personal tattoos from youth in this age group. D-Tag was designed to help individuals re-enter mainstream society by removing tattoos which could identify them as participating in or supporting anti-social behavior.

The program is co-sponsored by the Houston Police Department. The program is **FREE**; however, participants must complete 6 hours of community service in advance of the procedure.

All youth under the age of 17 must complete a parent/guardian permission form to participate. Registration is required.

Ages: 10 - 24
Registration: Required
Fee: **FREE**
 With completion of 6 Hours of
 Community Service prior
 to procedure
Program Dates: Scheduled Quarterly on the
 2nd Saturday of the Month
Locations: Judson Robinson, Jr.
 2020 Hermann Dr, 77004
Information: (832) 395-7270
 (832) 395-7297



Healthy Kids Houston Be part of the MOVEMENT!

The Houston Parks and Recreation Department is helping kids lead a more active lifestyle through a “have fun and be fit” movement called Healthy Kids- Houston. This program is open to boys and girls ages 9 to 12. This program is fun, incentive-based, and will help us to determine if the enrichment/activity programs routinely offered by the Parks Department lead to improvement in health and physical activity levels. Furthermore, your child’s participation will help us determine if additional fun and age-appropriate nutrition, behavior, and physical activity lessons in selected parks

provide additional health benefits. Three 6-week program sessions are offered after school in the fall, winter and spring. Program participants are required to take part in all three sessions, 2-days a week.

Program collaborators include Baylor College of Medicine, Texas Children’s Hospital including Texas Children’s Pediatric Associates, the Children’s Nutrition Research Center and the Houston Metropolitan Transit Authority. Funding is provided by a grant from the U.S. Department of Agriculture through the Cooperative State Research, Education, and Extension Service.

Ages: 9 - 12
Registration: April 15, 2011
Fees: FREE
Program Dates: Sept 2010 - June 2012
Locations: TBA
Information: (832) 395-7293



Houston Teens Outside With Nature (HTOWN), a year round program for tweens and teens, ages 14 - 18 provides participants with opportunities to build self-esteem through mentoring positive program activities and special events.

HTOWN promotes activities including community and volunteer projects, teen forums, field trips, educational workshops, college tours, outdoor recreation, monthly awareness events, nature, sports and special events.

Ages: 14 - 18
Registration: Ongoing
Program Dates: Year round
Fee: FREE
Information: (832) 395-7131
 (832) 395-7135
 (832) 395-7270



a.s.a.p. Through ASAP, the City of Houston funds local after-school achievement program area schools and non-profit agencies to provide Fun-Affordable-Quality after-school program opportunities for elementary and middle school age youth. Applicants must fill out a Competitive Request for Proposal (RFP) which are released annually (January/February). In addition, applicants must attend mandatory application workshop for additional information. Please note limited funds are available.

Programs are offered during the school year, September to June, at more than 40 funded sites across the Houston area. Each site sets their own curriculum, incorporating activities from ASAP's four component areas which include Academic Enhancement, Skill Development, Enrichment, and Community Involvement. Enrollment in each campus is determined on a first-come, first served basis.

A.S.A.P. Provider Registration Information

Funding Cycle: September to June
How to Apply: Complete a Competitive Request for Proposal (RFP)
 Attend mandatory application workshop for additional information

Information: (832) 395-7259

A.S.A.P. Participant Enrollment Information

Ages: Elementary through Middle School Youth
Registration: Ongoing
Fees: FREE
Program Dates: September to June
Time: 3:00 pm - 6:00 pm
Location: Call for nearest locations
Information: (832) 395-7244

Nature Programs

Looking for fun nature programs as part of grant partnership programs? Come explore nature programs through fishing, hiking, archery, community projects, outdoor cooking and recreational games, day and overnight excursions as part of Recreation Programs' year round and spring break activities.

Engage in nature experiences and learn nature etiquette that will last for a lifetime!

Ages: 6 - 18
Registration: Required
Fees: FREE
Program Dates: Varies
Program Times: Varies
Location: Select Community Centers
Information: (832) 395-7132
 (832) 395-7136
 (832) 395-7270



Teen Program

A few community centers offer services exclusively for teens, including monthly awareness events, mentoring, fitness, dance and computer classes, life skills and special events. Registration is required.

Ages: 13 - 18
Registration: Forms at Community Center
Fees: FREE
Program Dates: Ongoing
Time: 3:30 pm - 6:00 pm
Location: TBD
Information: (832) 395-7131
 (832) 395-7135
 (832) 395-7270



Lake Houston Wilderness Park



Keith Weiss Park



Keith Weiss Park



Youth Baseball League

The Houston Astros and makers of Minute Maid sponsor this **FREE** program for youth, ages 4 to 18, as part of their Grand Slam for Youth Baseball Initiative. The program provides young people the opportunity to participate in T-ball, baseball and slow pitch softball at various skill levels. T-shirts and equipment are provided to registered teams for recreation league play.

Recreational league play will be determined based on individual registration. Advanced league play will be determined based on team registration. Instructional play opportunities and all girls leagues are available.

No experience is necessary. Parent orientation and player development clinics will be offered. Volunteer coaches are needed! Contact your nearest participating community center.

Ages:	4 – 18
Registration:	Jan 3, 2011 - Feb 18, 2011
Fee:	FREE
Program Dates:	Mar 28, - May 28, 2011
Times:	6:00 pm - 9:00 pm Weekday evenings
Locations:	See locations list
Information:	(832) 395-7292 (832) 395-7294

ENJOY
**Minute
Maid®**

**NORTHEAST**

Clark (KM 453B)	9718 Clark, 77076	(713) 742-1497
Finnigan (KM 494H)	4900 Providence, 77020	(713) 678-7385
Judson Robinson Sr. (KM495L)	1422 Ledwick, 77029	(713) 674-2401
Melrose Park (KM 413T)	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	3725 Fulton, 77009	(713) 692-6925
Shady Lane (KM 414W)	10220 Shady Lane, 77093	(713) 742-1503
Tidwell (KM 454Y)	9720 Spaulding, 77016	(713) 636-8221
Tuffly (KM 454X)	3200 Russell, 77026	(713) 674-2355

NORTHWEST

Ind. Heights (KM 453N)	603 E. 35th, 77022	(713) 867-0373
Lincoln City (KM 412Q)	979 Grenshaw, 77088	(281) 445-1617
Montie Beach (KM 453X)	915 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	803 W. Temple, 77009	(713) 862-6907

SOUTHEAST

Edgewood (KM 534X)	5803 Bellfort, 77033	(713) 734-8434
Garden Villas (KM 535W)	6720 S. Haywood, 77061	(713) 847-5168
Hartman (KM 535C)	9311 E. Ave. P, 77012	(713) 928-4803
Mason (KM 535A)	541 South 75th, 77023	(713) 928-7055
Meadowcreek (KM 536S)	5333 Berry Creek, 77017	(713) 946-9020
Settegast (KM 494N)	3000 Garrow, 77003	(713) 238-2200

SOUTHWEST

Emancipation (KM 493Y)*	3018 Dowling, 77004	(713) 284-1302
Marian (KM 530X)	11101 S. Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	3502 Bellfort, 77051	(713) 734-5061
Windsor Village (KM 571P)	14441 Croquet, 77085	(713) 726-7113

*Games will be played at Sylvester Turner Park (KM 411Z) 2800 West Little York, 77091

Houston Parks and Recreation Department - (832) 395-7000

Youth Spring Basketball League

The Houston Parks and Recreation Department is gearing up to offer two, 8 - week seasons of fast breaks, three-pointers and skillful ball-handling to boys and girls ages 4 to 18 who want to hoop it up in the Youth Basketball League.

Registration will be held one month prior to the start of the season. The winter league kicks off in January 2011. The Houston Youth Basketball League is a **FREE**, citywide recreational program in which participants practice and compete in games weekly. In addition, the program offers t-shirts, expert coaching, special events including 3-on-3 tournaments and skills clinics.

Ages: 4 - 18*
Registration: Jan 3 - Feb 18, 2011
Program Dates: Mar 28 - May 28, 2011
Fees: **FREE**
Time: Weekday evenings
 Saturday evenings
Locations: See listing below
 (832) 395-7294
 (832) 395-7292

*As of September 1, 2010

NORTHWEST

Candlelight (KM 452E)	1520 Candlelight, 77018	(713) 682-3587
Fonde (KM 493K)	110 Sabine, 77002	(713) 226-4466
Judson Robinson, Jr. (KM 533B)	2020 Hermann Drive, 77004	(713) 284-1997
Kendall (KM 488C)	609 N. Eldridge, 77079	(832) 393-1897
Love (KM 452Z)	1000 W. 12th, 77008	(713) 867-0497
Stude (KM 493E)	1031 Stude, 77007	(713) 867-0496
Woodland (KM 493C)	212 Parkview, 77009	(713) 867-0401

SOUTHWEST

Alief (KM 529E)	11903 Bellaire, 77072	(281) 564-8130
Burnett Bayland (KM 531B)	6200 Chimney Rock, 77081	(713) 668-4516
Emancipation (KM 493Y)*	3018 Dowling, 77004	(713) 284-1302
Marian (KM 530X)	11101 S. Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	3502 Bellfort, 77051	(713) 734-5061
Townwood (KM 572P)	3403 Simsbrook, 77045	(713) 434-3508

Biddy Ball Spring Basketball League

The class teaches basketball fundamentals with a focus on fun for youth ages 4 to 6. Registration will be held one month prior to the start of the season. The winter league kicks off in January 2011 and is a **FREE**, citywide recreational program. All participants will receive **FREE** t-shirts, expert coaching and skills clinics.

Ages: 4 - 6
Registration: Jan 3 - Feb 18, 2011
Program Dates: March 28 - May 28, 2011
Fees: **FREE**
Locations: See listing below
Information: (832) 395-7294
 (832) 395-7277

NORTHWEST

Judson Robinson, Jr. (KM 533B)	2020 Hermann Dr., 77004
Lincoln City (KM 412Q)	979 Greshaw, 77088

SOUTHWEST

Alief (KM 529E)	11903 Bellaire, 77072
Townwood (KM 572P)	3403 Simsbrook, 77045

All Girls Basketball League

Are there any young ladies who are interested in being part of a team; having fun and playing hard? No experience necessary.

Ages: 4 - 18
Registration: Jan 3 - Feb 18, 2011
Program Dates: March 28 - May 28, 2011
Fees: **FREE**
Information: (832) 395-7277
 (832) 395-7294

NORTHEAST

Denver Harbor (KM 494H)	6402 Market, 77020	(713) 675-2151
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SOUTHEAST

Mason (KM 535A)	541 South 75th, 77023	(713) 928-7055
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NORTHWEST

Love (KM 452Z)	1000 W. 12th, 77008	(713) 867-0497
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SOUTHWEST

Emancipation (KM 493Y)	3018 Dowling, 77004	(713) 284-1302
Marian (KM 530X)	11101 S. Gessner, 77071	(713) 773-7015
Townwood (KM 572P)	3403 Simsbrook, 77045	(713) 434-3508

Saturday Open Gymnasium

Enjoy open basketball, volleyball or badminton at all HPARD gymnasiums. All ages.

Ages: All Ages
Registration: Not Required
Fees: FREE
Program Dates: Year round every Saturday
Times: 10:00 am - 2:00 pm
Locations: See listing below
Information: Call Community Center

NORTHEAST

Denver Harbor (KM 494H)	6402 Market, 77020	(713) 675-2151
Melrose (KM 413T)	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	3725 Fulton, 77009	(713) 692-6925
Tidwell (KM 454D)	9720 Spaulding, 77016	(713) 636-8221

NORTHWEST

Candlelight (KM 450A)	1520 Candlelight, 77018	(713) 682-3587
Fonde (KM 493K) *	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	6818 Shady Villa, 77055	(713) 682-4467
Judson Robinson Jr. (KM 533B)	2020 Hermann Dr., 77004	(713) 284-1997
Kendall (KM 488C)	609 N. Eldridge, 77079	(832) 393-1897
Love (KM 452Z)	1000 West 12th, 77008	(713) 867-0497
Stude (KM 493E)	1031 Stude, 77007	(713) 867-0496
Woodland (KM 493C)	212 Parkview, 77009	(713) 867-0401

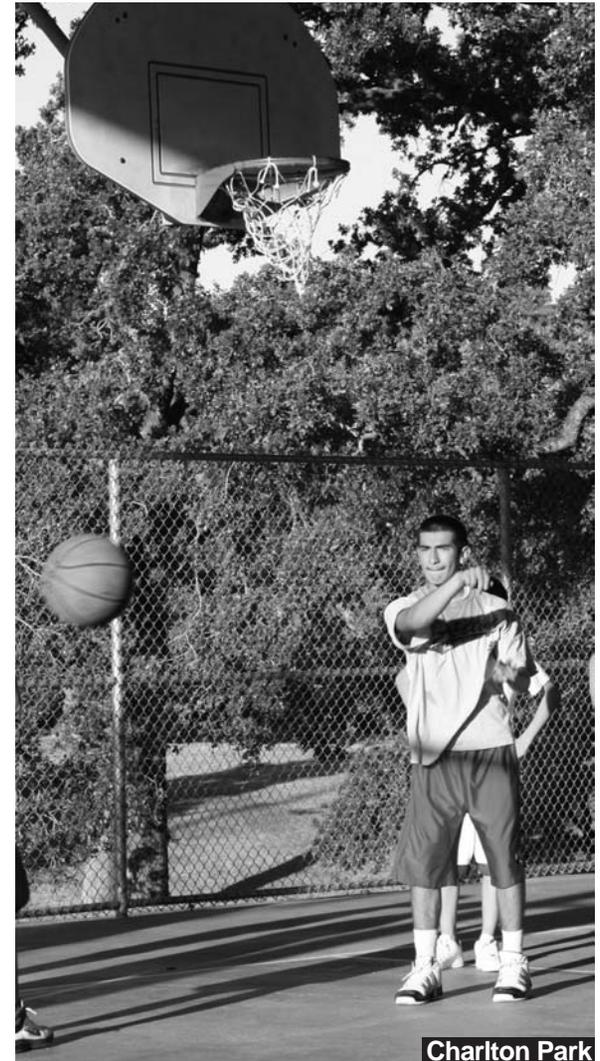
SOUTHEAST

Edgewood (KM 534X)	5803 Bellfort, 77033	(713) 734-8434
Hartman (KM 535C)	9311 E. Ave. P, 77012	(713) 928-4803
Mason (KM 535A)	541 S. 75th, 77023	(713) 928-7055

SOUTHWEST

Alief (KM 529E)	11903 Bellaire, 77072	(281) 564-8130
Burnett Bayland (KM 531B)	6200 Chimney Rock, 77081	(713) 668-4516
Emancipation (KM 493Y)	3018 Dowling, 77004	(713) 284-1302
Marian (KM 530X)	11101 S. Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	3502 Bellfort, 77051	(713) 734-5061
Townwood (KM 572P)	3403 Simsbrook, 77045	(713) 434-3508

* Fonde Community Center Gym open Saturday year-round 1:00 pm - 7:00 pm



Charlton Park



Charlton Park



Fonde



Fonde



Youth Spring Soccer League

This fun recreational soccer program is designed to encourage youth to develop both physically and socially through the sport of soccer. Players will sharpen their skills while learning the importance of sportsmanship and fair play.

This program is offered year round. Recreational league play will be determined based on individual registration. Advanced league play will be determined based on team registration. Additional instructional play opportunities are also available.

No experience is necessary. All leagues are required to submit requested registration and supporting documentation by February 18, 2011. Leagues run 8 weeks.

FREE Houston Youth Soccer league t-shirts and a pair of shin guards will be provided for new teams thanks to Fiesta Mart, Inc., our program sponsor. Volunteer coaches are needed.

STYSA affiliation is available for advanced leagues at select sites. Coaches are required to become certified through STYSA. Affiliated leagues receive insurance and STYSA player cards. Proof of birth date, a photo ID and completed registration forms are required for players annually.

Ages:	4 - 18*
Registration:	Jan 3 - Feb 18, 2011
Fees:	FREE
Program Dates:	March 28 - May 28, 2011
Times:	6:00 pm - 9:00 pm M - F 6:00 pm - 9:00 pm M - F
Information:	(832) 395-7294 (832) 395-7261

* as of September 1, 2010

**NORTHEAST**

Clark (KM 453B)	9718 Clark, 77076	(713) 742-1497
Melrose (KM 413T)	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	3725 Fulton, 77009	(713) 692-6925
Northline (KM 413W)	6911 Nordling, 77076	(713) 742-1503
Shady Lane (KM 414W)	10220 Shady Lane, 77093	(713) 742-1503

NORTHWEST

Love (KM 452Z)	1000 W. 12th, 77008	(713) 867-0497
Montie Beach (KM 453X)	915 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	803 W. Temple, 77009	(713) 862-6907

SOUTHEAST

Garden Villas (KM 535W)	6720 S. Haywood, 77061	(713) 847-5168
Ingrando (KM 535F)	7302 Keller, 77012	(713) 643-4764
Mason (KM 535A)	541 South 75th, 77023	(713) 928-7055
Milby (KM 535G)	2001 Central St., 77017	(713) 645-8433

SOUTHWEST

Alief (KM 529E)	11903 Bellaire, 77072	(281) 564-8130
Sunnyside (KM 533X)	6200 Chimney Rock, 77081	(713) 668-4516
Marian (KM 530X)	11101 S. Gessner, 77071	(713) 773-7015

All Girls Soccer League

We are recruiting all young ladies who are interested in being a part of a team, having fun, and playing hard. Sign up today at community centers listed below. No experience is necessary.

Ages: 4 - 18*
Registration: Jan 3, 2011 – Feb 18, 2011
Fees: **FREE**
Program Dates: March 28, 2011 - May 28, 2011
Location: **See List Below**
Information: (832) 395-7261

*as of September 1, 2010

SOUTHEAST

Milby (KM 535B) 2001 Central St., 77017 (713) 645-8433

NORTHEAST

Melrose (KM 413T) 1001 Canino, 77076 (281) 447-0514



Memorial Park

Indoor Soccer League

This fun recreational soccer program is designed to encourage youth to develop both physically and socially through the sport of soccer. Players will sharpen their skills while learning the importance of sportsmanship and fair play. No experience is necessary.

Ages: 4 - 18*
Registration: Jan 3, 2011 – Feb 18, 2011
Fees: **FREE**
Program Dates: March 28, 2011 - May 28, 2011
Times: 6:00 pm - 9:00 pm M - F
 9:00 am - 5:00 pm S
Information: (832) 395-7294

*as of September 1, 2010

SOUTHWEST

Burnett Bayland (KM 531B) 6200 Chimney Rock, 77081 (713) 668-4516

**Houston Spring Small-Sided Soccer League**

Register for Youth 6 vs. 6 Small-Sided Soccer and experience a faster paced game while improving your soccer skills! No experience is necessary. Teams and community based league play will be determined based on individual registration. Registration for all youth sports leagues will be held at select league locations one month before start date. Pre-registration is required. **FREE** Houston Youth Soccer league t-shirts and a pair of shin guards will be provided for participants. Volunteer coaches are needed.

Ages: 4 - 18*
Registration: Jan 3, 2011 – Feb 18, 2011
Fees: **FREE**
Program Dates: March 28, 2011 - May 28, 2011
Times: 6:00 pm - 9:00 pm M - F
 9:00 am - 5:00 pm S
Information: (832) 395-7294
 (832) 395-7261

*as of September 1, 2010

SOUTHEAST

DeZavala (KM 495S) 907 76th Street, 77012 (713) 923-5163

Settegast (KM 494N) 3000 Garrow, 77003 (713) 238-2200

Garden Villas (KM535W) 6720 S. Haywood, 77061 (713) 847-5168

SOUTHWEST

Burnett Bayland (KM 531B) 6200 Chimney Rock, 77081 (713) 668-4516

NORTHWEST

Proctor Plaza (KM 453X) 803 W. Temple, 77009 (713) 862-6907



JUNIOR *golf*

The First Tee of Houston at FM Law Park



Junior Golfers come and play one of America's favorite sports at HPARD'S First Tee of Houston at FM Law Park. Our mission is to positively impact the lives of young people in the greater Houston area by "promoting character development and life-enhancing values through the game of golf." The First Tee of Houston at FM Law Park strives to instill its nine core values (Confidence, Courtesy, Honesty, Integrity, Judgment, Perseverance, Respect, and Sportsmanship) into all participants.

Through the Life Skills Experience, young people discover how skills essential to success on a golf course can help them flourish in life. These skills include self-management, interpersonal communication, goal setting, mentoring, and effective conflict resolution. The curriculum was developed by experts and is delivered by trained First Tee coaches. The First Tee of Houston at F.M. Law Park is closed on Holidays, Sundays, and Mondays.

Player Level

Player is a level; The Player level is inserted after Target and before the Par level. It is the new entry level of certification for the Life Skills Experience and builds on the fact youth have many opportunities to play a variety of sports. The Player level introduces how to play the game of golf with special emphasis on learning golf and life skills, appreciating the rules and etiquette of the game, and developing your game in golf and life. Player is who plays the game of golf; this means that young people enter The First Tee as Players, and as they progress through the Life Skills Experience, they learn golf and life skills which enable them to become Par level Players, Birdie level Players, Eagle level Players, Ace level Players, and, ultimately, Players for life.

Target Level

Target is an exciting new addition to The First Tee Life Skills Experience. It was developed to ensure that all participants are introduced to golf in an enjoyable manner, while seamlessly emphasizing essential links between golf and life skills. Target is intended for more limited introductions to the game of golf through The First Tee outreach efforts, clinics and drop-in sessions. It provides opportunities for participants to learn basic golf concepts and life skills before committing the time required to succeed in more advanced The First Tee development programs. Although Target is not a comprehensive, long-term coaching strategy, it can serve as an introduction to golf and life skills prior to more advanced certification levels of The First Tee Life Skills Experience. Target promotes curiosity about the game through a safe and fun environment. Positive, early learning experiences will help young people develop interest in the game and receive specific guidance about engaging in the Life Skills Experience at The First Tee.

Par Level

Participants will focus on interpersonal communication and self-management skills. Participants will learn how to introduce themselves, respect others, keep a positive attitude, and control their emotions. Once participants complete the 6-week session, they must become Par Level Certified. This is achieved by successfully completing a written life skills and golf knowledge test covering information taught in the Par class and a series of skills administered by an instructor. This ensures that the child thoroughly understands and can apply the life skills for the Par level. Participants remain in Par level until their 10th birthday and in order to move on to the Birdie level they must satisfy all Par level requirements.

Birdie Level

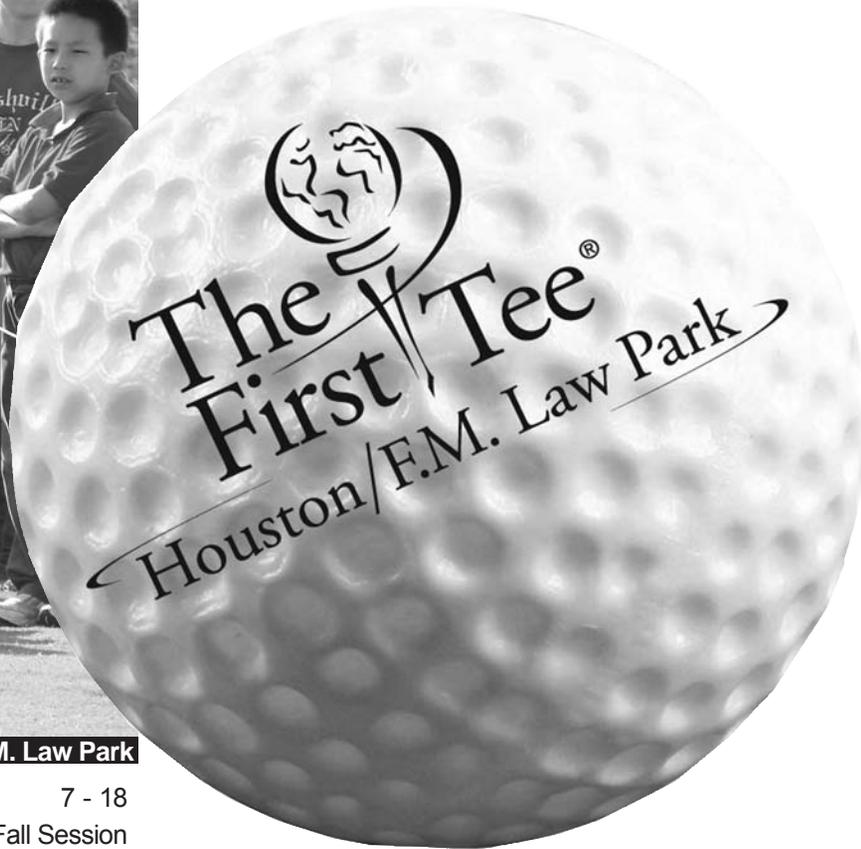
Of all the life skills addressed, goal-setting is one of the most important and will be focused on throughout the 4-week Birdie class. Young people with the ability to set and pursue their own goals have a greater sense of purpose, direction and motivation in their lives. Participants must be at least 10 years old to register for the Birdie class and have demonstrated the ability to apply the life skills introduced in the Par level. In order to progress to the Eagle level participants must be able to pass the knowledge and skills test, interview with an instructor over the components introduced in Par and Birdie level and be 13 years old.

Eagle Level

While the emphasis in the Par and Birdie levels is on the individual, the Eagle level focuses more on group and community interaction. The lessons provide advanced instruction and practice in mastering Par and Birdie level skills, as well as additional topics such as conflict resolution, mentoring and career planning. Participants learn to deal more effectively with others so they can become good citizens and exert positive influence both at The First Tee and in their communities. Participants must be at least 13 years old, and Birdie certified to register for the Eagle level. We encourage all participants to volunteer once they've become Eagle level certified either at The First Tee or another service organization of their choice. Volunteering has made the difference in determining whether or not a student is accepted into various universities as well as receiving scholarships.



F. M. Law Park



Ages: 7 - 18
Registration: December 12, 2009 for the Fall Session
Fee: FREE
Session I Begins: January 5, 2010
Session II Begins: March 4, 2010
Location: The First Tee of Houston/F.M. Law Park (KM 530K)
 8400 Mykawa Road
 (713) 264-2100

Session I

Tuesday	Jan 4, 2011	6:00 pm - 7:00 pm	6 weeks	PLAYer 6
Wednesday	Jan 5, 2011	5:30 pm - 7:00 pm	9 weeks	PLAYer 9
Thursday	Jan 6, 2011	5:30 pm - 7:00 pm	6 weeks	Par Level
Saturday	Jan 8, 2011	9:00 am - 10:30 am	6 weeks	Par Level
Saturday	Jan 8, 2011	9:00 am - 10:30 am	6 weeks	Par Plus!
Saturday	Jan 8, 2011	11:30 am - 1:00 pm	6 weeks	Birdie Level
Saturday	Jan 22, 2011	5:00 pm - 8:00 pm	3 hours	Fun Day
Saturday	February 12, 2011	6:00 pm - 8:00 pm	2 hours	Fun Day

Session II

Saturday	Mar 12, 2011	5:00 pm - 8:00 pm	3 hours	Fun Day
M - F	Mar 14 - 22, 2011	9:00 pm - 1:00 pm	1 week	Golf Clinic
T - F	Mar 22 - 25, 2011	3:00 pm - 7:00 pm	1 week	Open Range
Tuesday	April 5, 2011	6:00 pm - 7:00 pm	6 weeks	PLAYer 6
Wednesday	April 6, 2011	5:30 pm - 7:00 pm	9 weeks	PLAYer 9
Thursday	April 7, 2011	5:30 pm - 7:00 pm	6 weeks	Par Level
Saturday	April 9, 2011	9:00 pm - 10:30 pm	6 weeks	Par Level
Saturday	April 9, 2011	9:00 pm - 10:30 pm	6 weeks	Par Plus!
Saturday	April 9, 2011	11:30 pm - 1:00 pm	6 weeks	Birdie Level
Saturday	April 9, 2011	2:30 pm - 4:00 pm	6 weeks	Eagle Level
Saturday	April 23, 2011	3:00 pm - 5:00 pm	2 hours	Easter Egg Hunt Fun Day

YOUTH *tennis*



Winter & Spring Youth Tennis

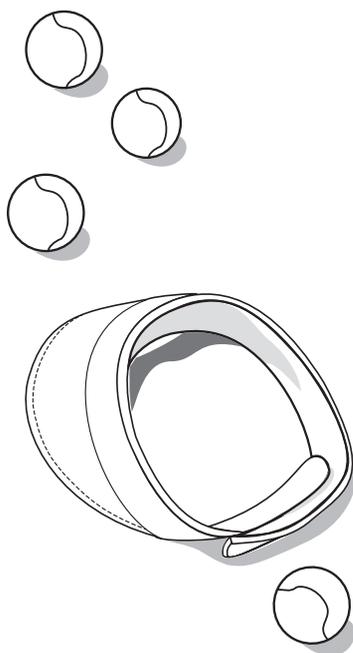
The Youth Tennis Program is **FREE** and offered year-round at a variety of public parks throughout the year by the Houston Parks and Recreation Department, in partnership with the Houston Tennis Association, Inc.-NJTL. The program is designed to provide children ages 6 to 18, with the fundamentals of the game of tennis and educational components that develop life skills. Classes are offered at 12 parks throughout the Houston area and will meet 2 times per week after school for 8 weeks. Two sessions are offered. Equipment is available for use during class and no pre-registration is necessary.

Ages: 6 - 18
Registration: On site – First day of class
Winter Dates: Jan 18, 2011 - March 10, 2011
Spring Dates: March 21, 2011 - May 12, 2011
Information: (713) 803-1112



Age	Class	Description	Time
6 - 10	Beginners	Emphasis on fun	4:15 pm - 5:15 pm
8 - 18	Beginners/Advanced Beginners	Emphasis on learning	5:15 pm - 6:15 pm
8 - 18	Intermediates**	Skill development/match play (must pass skills test)	6:15 pm - 7:15 pm**

** Offered at sites marked with asterisks



Winter Sites - January 18 - March 10

Central

Cherryhurst (KM 492V)	M & W	1700 Missouri, 77006	(713) 284-1992
Moody (KM 453Y)	M & W	3725 Fulton, 77009	(713) 692-6925

East

Finnigan (KM 494G)	T & Th	4900 Providence, 77021	(713) 678-7385
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West

Bendwood (KM 489H)	M & Th	12700 Kimberley, 77024	(713) 803-1112
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North

Melrose (KM 413T)	T & Th	1001 Canino, 77076	(281) 447-0514
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Northwest

R.L. & Cora Johnson (KM 450A)	M & W	9920 Porto Rico, 77041	(713) 895-6141
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South

Sunnyside (KM 533X)	T & Th	3502 Bellfort, 77051	(713) 734-5061
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Southeast

Meadowcreek (KM 536S)	T & Th	5333 Berry Creek, 77017	(713) 946-9020
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Southwest

Alief (KM 529E)**	T & Th	11903 Bellaire, 77072	(281) 564-8130
Linkwood (KM 532P)	M & W	3699 Norris, 77025	(713) 314-3107

Spring Sites - March 21 - May 12

Central

Cherryhurst (KM 492V)	M & W	1700 Missouri, 77006	(713) 284-1992
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East

Finnigan (KM 494G)	T & Th	4900 Providence, 77021	(713) 678-7385
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West

Nottingham (KM 489E)	M & Th	14205 Kimberley, 77079	(713) 803-1112
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North

Melrose (KM 413T)	T & Th	1001 Canino, 77076	(281) 447-0514
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Northwest

R.L. & Cora Johnson (KM 450A)**	M & W	9920 Porto Rico, 77041	(713) 895-6141
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South

Sunnyside (KM 533X)	T & Th	3502 Bellfort, 77051	(713) 734-5061
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Southeast

Meadowcreek (KM 536S)	T & Th	5333 Berry Creek, 77017	(713) 946-9020
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Southwest

Alief (KM 529E)**	T & Th	11903 Bellaire, 77072	(281) 564-8130
Linkwood (KM 532P)	M & W	3699 Norris, 77025	(713) 314-3107
Meyerland (KM 531Q)	T & Th	5151 Jason, 77096	(713) 803-1112

SKATEPARKS

Houston Parks and Recreation Department - Preserving Parks For Today - Building For The Future

Lee & Joe Jamail Skatepark 103 Sabine (KM 493K)

This facility is the first world-class in-ground skatepark that put Houston on the map as one of the nations best venues for this fast-growing, dynamic sport. The Lee & Joe Jamail skatepark is a great place for skaters to work on their kick flip, Ollie, fakie big spin.... or to learn how to stay balanced!

Joe and Theresa Padilla Skatepark 6200 Lyons (KM 494H)

The Joe and Theresa Padilla Skatepark is designed to give the skater a world-class workout on an exciting series of challenging features such as quarter pipes, bank ramps, grind boxes, and stairs and rails.

Dylan Duncan Skatepark 3950 Rustic Woods (KM 297X)

This 5402 square foot facility measures 73' X 74'. Components include: a mini half pipe with 90' hip, skate benches, a kinked round grind rail, a kicker ramp, skate tables, a bank to stair with rail, shade structures with benches, drinking fountain and a bike rack in the shape of a skateboarder.

Eastwood Skatepark 5020 Harrisburg (KM 494T)

Eastwood skatepark is a 4,928 square foot facility measuring 88' X 56'. Components include: a concrete curb, a grind box, a grindrail, a concrete bench, a curved bench, a mini ramp with start wedge, a pyramid with planter and a wedge with box, grind rail (kinked round 20') and a sub box, bank ramp with kicker.

Watonga Skatepark 4100 Watonga Blvd (KM 451H)

The Watonga Skatepark is a 12,070 square foot facility measuring 142' X 85'. Components include half pipes, roll-in, bank ramp, quarter pipes, half pipe, street spine, jump box, grind rail 14', grind ledge 14', pyramid 6', grind rail square 12', grind rail round 12', grindbox (kinked), grind rail (kinked round 20'), sub box and a bank ramp with kicker.

Clinton Skatepark 200 Mississippi (KM 495U)

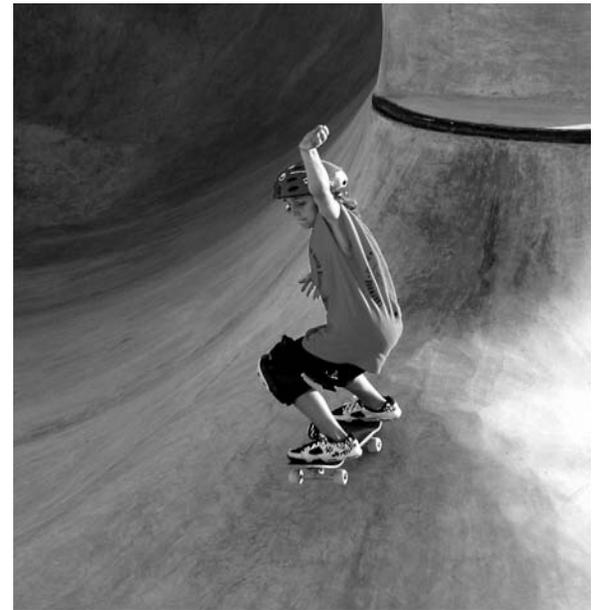
This 12,070 square foot facility measures 142' X 85'. Components include half pipes, roll-in, bank ramp, quarter pipes, half pipe, street spine, jump box, grind rail 14', grind ledge 14', pyramid 6', grind rail square 12', grind rail round 12', and a grindbox (kinked).



the Lee & Joe Jamail SKATEPARK

The Lee and Joe Jamail Skatepark, designed by the premiere skatepark firm Grindline, is the first world-class, in-ground skatepark in our region.

This state-of-the-art, public 30,000 square-foot in-ground facility opened in June of 2008 vaulting Houston into the forefront of American venues for this fast-growing, dynamic sport. The park has areas for skaters of all levels, from the seasoned pro to the beginner. Skaters can work on their kick flip, ollie, fakie big spin...or simply learn to stay balanced!



Spring Youth Beginning Skateboarding Class

An introductory class designed to teach participants on the proper technique of skateboarding and to enhance their overall experience at the skatepark. Learning objectives include balance, pushing, rolling in, dropping in, park etiquette, safety, how to fall and flexibility. 4 week class.

Ages: 6 - 17
Registration: March 14 - 18, 2011
 9:00 am - 10:00 pm
Fees: FREE
Program Dates: March 22 - April 14, 2011
Days: Tues & Thurs
Time: 4:00 pm - 5:00 pm
Information:

Spring Youth Intermediate/Advanced Skateboarding Class

A class designed for experienced skateboarders to elevate their skateboarding skills and learn new tricks. Learning objectives include "rock to fakie," "rock and roll," "50/50 Grind," "Axle Stall," "Feebies," "Ollie," and "Power Slide." Prerequisite: Completion of Beginning Skateboarding Class or Skateboarding instructor approval. 4 week class.

Ages: 6 - 17
Registration: March 14 - 18, 2011
 9:00 am - 10:00 pm
Fees: FREE
Program Dates: March 22 - April 14, 2011
Days: Tues & Thurs
Time: 4:00 pm - 5:00 pm
Information:

Adult Skateboarding Class

A class for adults to teach the fundamental skills of skateboarding and to help keep them active and fit through alternative exercise. 4 week class.

Ages: 18 - older
Registration: March 14 - 18, 2011
 9:00 a.m. - 10:00 p.m.
Fees: FREE
Program Dates: March 27 - April 17, 2011
 Sunday
Time: 10:00 am - 11:00 am

ADULT *sports leagues*

Get off of that couch and join an adult sports league! Flag Football, softball, volleyball, kickball and basketball leagues are offered at various parks throughout Houston. League play is open to adults ages 18 and over. Adult sports leagues require fees per team. Check www.houstonparks.org for more adult sports opportunities.



Adult Softball - Spring I

Slow pitch softball leagues are offered year-round in select park sites throughout of the city. Divisions include Men's B/C/D, Co-ed C/D and Senior (50+). Games are played Monday - Friday, for a 5-week doubleheader season.

Ages: 18 - Older
Divisions: Men's B/C/D, Co-ed C/D and Seniors
Registration Dates: Jan 31 – Feb 18, 2011
Fee: \$250 - \$300 Per Team
ASA Fee: \$20.00 Per Calendar Year
League Dates: Feb 28 – April 15, 2011
 M - F

League Format: 5 - Week Doubleheader (10 games total)
Time: 6:30 pm - 10:30 pm
Information: (832) 395-7130

Locations:

Memorial Park (KM 492K)
 Cullen Park (KM 447S)
 Herman Brown Park (KM 496A)
 T.C. Jester Park (KM 451M)
 Cleveland Park/ Tim Hearn Field(KM 492M)

Adult Softball - Spring II

Slow pitch softball leagues are offered year-round in select park sites throughout of the city. Divisions include Men's B/C/D, Co-ed C/D and Senior (50+). Games are played Monday - Friday, for a 5-week doubleheader season.

Ages: 18 - Older
Divisions: Men's B/C/D, Co-ed C/D and Seniors
Registration Dates: Mar 28 – April 15, 2011
Fee: \$250 - \$300 Per Team
ASA Fee: \$20.00 Per Calendar Year
League Dates: May 3 - June 18, 2011
 M - F

League Format: 5 - Week Doubleheader (10 games total)
Time: 6:30 pm - 10:30 pm
Information: (832) 395-7130

6501 Memorial Drive, 77007
 19008 Saums Road, 77084
 300 Oates Road, 77013
 4201 West T.C. Jester, 77018
 200 Jackson Hill, 77007



Adult Basketball - Spring I

Hoop it up this Fall by signing up for HPARD's Fall Adult Basketball League! This Men's Division League runs for 10 weeks (single). Games are played at Judson Robinson Jr. Community Center or at Townwood Park Community Center. A team fee is required.

Ages: 18 - Older
Divisions: Mens
Registration Dates: Jan 31 – Feb18, 2011
Fee: \$320 Per Team
League Dates: Feb 28 – May 21, 2011
 T or Th
League Format: 10 - Week Single
Time: 6:30 pm - 9:30 pm
Information: (832) 395-7130

Locations:

J. Robinson, Jr. (KM 533B) T 2020 Hermann, 77004
 Townwood (KM 572P) T 3403 Simsbrook, 77051

Adult Flag Football League - Spring I

Adult flag football leagues are offered during the fall and winter seasons. Divisions include Men's A/B/C, Co-ed Open and Women's Open. Games are played on Tuesday, Wednesday and Thursday evenings for a 5-week doubleheader season.

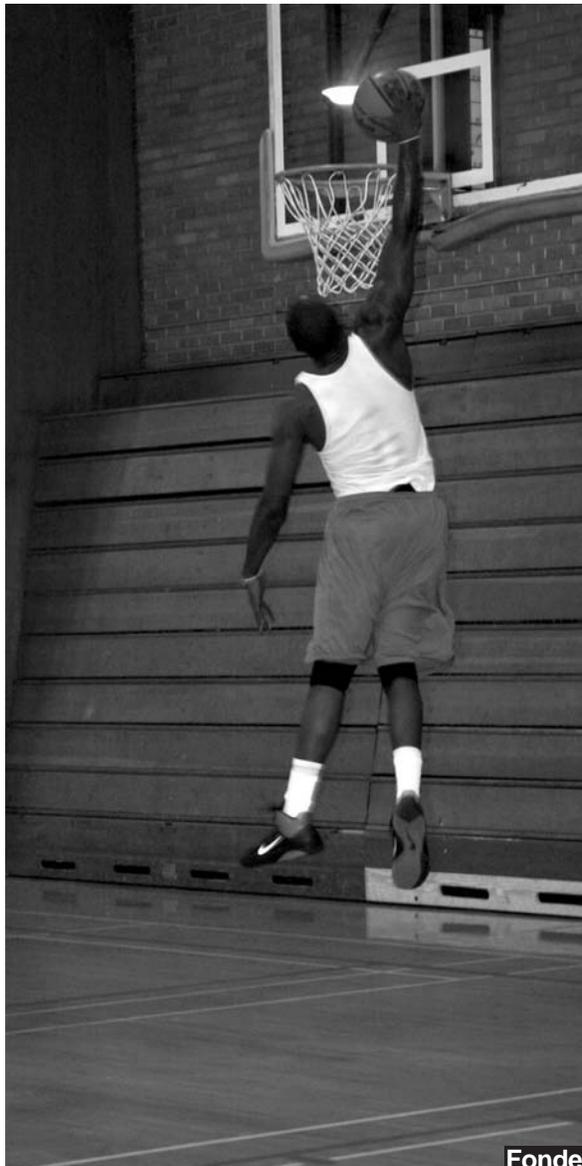
Ages: 18 - Older
Divisions: Men's A/B/C, Co-ed Open and Women's Open
Registration Dates: Jan 31– Feb 18, 2011
Fee: \$330 per team
League Dates: Feb 28 - April 15, 2011
 W & Th
League Format: 5 – Week Doubleheader Season (10 games total)
Time: 7:00 pm - 11:00 pm
Information: (832) 395-7130

Locations:

T.C. Jester (KM 451M) 4201 T.C. Jester, W. 77018
 Agnes Moffitt (KM 449R) 10645 Hammerly, 77043



Adult Programs



Fonde



Adult Kickball League - Spring I

Come and enjoy the game you once played as a kid. Kickball is one of the fastest growing adult sports in the country. Co-ed kickball leagues are offered year-round at sites throughout the city. Games are played Monday - Friday for a 5-week doubleheader season.

Ages: 18 - Older
Divisions: Co-ed D
Registration Dates: Jan 31 – Feb 18, 2011
Fee: \$180 Per Team
League Dates: Feb 28 – April 15, 2011
 M, W, Th
League Format: 5-Wk Doubleheader Season
 (10 games total)
Time: 6:30 pm - 10:30 pm
Information: (832) 395-7130

Locations:

Memorial Park (KM 492K)
 T.C. Jester Park (KM 451M)

Adult Kickball League - Spring II

Come and enjoy the game you once played as a kid. Kickball is one of the fastest growing adult sports in the country. Co-ed kickball leagues are offered year-round at sites throughout the city. Games are played Monday - Friday for a 5-week doubleheader season.

6501 Memorial Drive, 77007
 4201 W.T.C. Jester, 77018



Disc golf courses are open to the public during normal park hours of operation.

To reserve a disc golf course for a special event, contact the Houston Parks and Recreation Department's Ballfields and Reservation Office at 832-395-7010 and 832-395-7011, Monday through Friday from 8 a.m. to 5 p.m.



DISC*golf*

Disc golf is an activity the entire family can enjoy. It is inexpensive, healthful and a great way to enjoy the outdoors. The Houston Parks and Recreation Department has nine disc golf courses ranging from 9 to 18 holes in parks throughout the city. Disc golf courses are open to the public during normal park hours of operation.

To reserve a disc golf course for a special event, contact HPARD's Ball fields and Reservation Office at (832) 395-7010 and (832) 395-7011, Monday through Friday from 8 am to 5 pm.



Agnes Moffitt Park

10845 Hammerly (KM 449R)

Holes:	18
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Disc Catcher

Buffalo Bayou/Tinsley Park

103 Sabine (KM 493R)

Holes:	9
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Disc Catcher

T.C. Jester Park

4201 T.C. Jester West (KM 451M)

Holes:	9
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Stroke Saver

Mason Park

541 South 75th St.(KM 535A)

Holes:	9
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Disc Catcher

MacGregor Park

525 Calhoun (KM 489E)

Holes:	21
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Stroke Saver

ADULT FITNESS

The Houston Parks and Recreation Department offers a variety of fitness opportunities to help keep Houstonians fit. We offer more than 100 miles of walking/jogging trails in and around our parks. In addition, there are exercise workstations located along some of our trails as well as indoor and outdoor basketball courts, outdoor tennis court and swimming pools, disc golf and golf courses and community center fitness programs designed to meet the needs of all Houstonians. So if you're looking for a fun way to get fit check out HPARD's many offerings and workout at a park near you!

Adult Step Aerobics

Burn off those unwanted pounds in step aerobics classes for adults. Step classes are available for all levels. Classes range from medium intensity cardio workouts focusing on simple step routines to highly choreographed step routines for the advanced stepper, frequent exerciser, or experienced dancer. Check with the individual community center for more information. All classes are **FREE** unless otherwise noted.

Ages:	18 - Older
Registration:	Ongoing
Program Dates:	Year round
Times:	Varies by Community Center
Information:	Contact Community Center

NORTHEAST

Clark (KM 453B)	M - F	9:00 am - 10:00 am	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	M - Th	6:00 pm - 7:00 pm	9718 Clark, 77076	(713) 742-1497
Denver Harbor (KM 494H)	M - Th	6:00 pm - 7:00 pm	6402 Market, 77020	(713) 675-2151
Melrose (KM 413T)	M - F	6:00 pm - 7:00 pm	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	M & W	7:00 pm - 8:00 pm	3725 Fulton, 77009	(713) 692-6925

NORTHWEST

Freed (KM 451Y)	M - Th	5:30 pm - 6:30 pm	6818 Shady Villa, 77055	(713) 682-4467
Love (KM 452Z)	T & Th	1:00 pm - 2:00 pm	1000 W. 12th, 77008	(713) 867-0497

SOUTHEAST

Edgewood (KM 534X)	M - Th	6:30 pm - 7:30 pm	5803 Bellfort, 77033	(713) 734-8434
Hartman (KM 535C)	M - Th	6:30 pm - 7:30 pm	9311 E. Ave. P., 77012	(713) 928-4803

SOUTHWEST

Lansdale (KM 330K)	M - W	6:30 pm - 7:00 pm	8201 Roos, 77036	(713) 272-3668
Sunnyside (KM 533X)	T - Th	5:30 pm - 6:30 pm	3502 Bellfort, 77051	(713) 734-5061
Townwood (KM 572P)	T - Th	6:00 pm - 7:00 pm	3403 Simsbrook, 77045	(713) 434-3508
Windsor Village (KM 571P)	M - Th	6:00 pm - 7:00 pm	14441 Croquet, 77085	(713) 726-7113



Adult Aerobics

Grapevine Aerobics is a great way to keep fit and stay in shape or to burn off some unwanted pounds. All classes are **FREE** unless otherwise noted.

Ages: 18 - Older
Registration: Ongoing
Program Dates: Year round
Times: Varies by Community Center
Information: Contact Community Center

NORTHWEST

Fonde (KM 493K)	T, W & Th	12:15 pm – 12:45 pm	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	M – Th	5:30 pm – 6:30 pm	6818 Shady Villa, 77055	(713) 682-4467
Highland (KM 453X)	T & Th	6:30 pm – 7:30 pm	3316 DeSoto, 77091	(713) 956-9137
Judson Robinson, Jr. (KM 533B)*	M, T, & W	6:00 pm – 7:00 pm	2020 Hermann Dr., 77004	(713) 284-1997
Lincoln City (KM 412Q)	T & Th	6:00 pm – 7:00 pm	979 Greshaw, 77088	(281) 445-1617
Montie Beach (KM 453X)	M – F	9:00 am – 10:00 am	915 Northwood, 77009	(713) 864-6820
Montie Beach (KM 453X)	M - Th	6:00 pm – 7:00 pm	915 Northwood, 77009	(713) 864-6820
Freed (KM 451Y)	M – Th	5:30 pm – 6:30 pm	6818 Shady Villa, 77055	(713) 682-4467

SOUTHEAST

Beverly Hills (KM 576S)	W - Th	6:00 pm – 7:00 pm	10201 Kingspoint, 77075	(713) 948-9065
Bessie Swindle (KM 573L)	M - W	9:00 am – 11:30 am	11800 Scott, 77047	(713) 773-4581
Eastwood (KM 494T)	M - Th	6:00 pm – 7:00 pm	5000 Harrisburg, 77011	(713) 923-4801
Edgewood (KM 534X)	M, W, & Th	6:30 pm – 7:30 pm	5803 Bellfort, 77021	(713) 734-8434
Garden Villas (KM 535W)	M, T & Th	6:00 pm – 7:00 pm	6720 S. Haywood, 77061	(713) 847-5168
Hartman (KM 535C)	M - Th	6:30 pm – 7:30 pm	9311 E. Ave. P., 77012	(713) 928-4803
Mason (KM 535A)	M - Th	8:30 am – 9:30 am	541 S. 75th, 77023	(713) 928-7055
Mason (KM635A)	M - Th	6:00 am – 7:00 am	541 S. 75th, 77023	(713) 928-7055
Settegast (KM 494N)	M - Th	9:30 am – 10:30 am	3000 Garrow, 77003	(713) 238-2200

SOUTHWEST

Alief (KM 529E)	T & Th	6:30 pm – 7:30 pm	11903 Bellaire, 77072	(281) 564-8130
Burnett Bayland (KM 531B)	M, W, & F	6:00 pm – 7:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Cherryhurst (KM 492V)	M, W, & F	6:00 pm – 7:00 pm	1700 Missouri, 77006	(713) 284-1992
Lansdale (KM 530K)	M & W	6:30 pm – 7:30 pm	8201 Roos, 77036	(713) 272-3668
Marian (KM 530X)	M, W & Th	6:00 pm – 7:00 pm	11101 South Gessner, 77071	(713) 773-7015
Platou (KM 571B)	T & Th	6:00 pm – 7:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Sunnyside (KM 533X)	M - W	5:30 pm – 7:00 pm	3502 Bellfort, 77051	(713) 734-5061
Townwood (KM 572P)	M, T & Th	7:00 pm – 8:00 pm	3403 Simsbrook, 77045	(713) 434-3508
Windsor Village (KM 571 P)	M & W	6:00 pm – 8:00 pm	14441 Croquet, 77085	(713) 726-7113

*Indicates Concessionaire - contact concessionaire for fee information

Adult Aerobics Muscle Toning

This class focuses on increasing strength and improving muscle tone, which will help you burn calories even while you're not working out! The class uses weights, bands, bars and the step. Check with individual community center for more information. All classes are **FREE** unless otherwise noted.

Ages: 18 - Older
Registration: Ongoing
Program Dates: Year round
Times: Varies by Community Center
Information: Contact Community Center

NORTHEAST

Clark (KM 453B)	M – F	10:00 am - 11:00 am	9718 Clark, 77076	(713) 742 - 1497
Clark (KM 453B)	M – Th	7:00 pm - 7:30 pm	9718 Clark, 77076	(713) 742 - 1497

SOUTHWEST

Hackberry (KM 528M)	M, W & F	10:00 am - 11:30 am	7777 S. Dairy Ashford, 77072	(281) 776 - 9908
Hackberry (KM 528M)	T, Th	5:30 pm - 6:30 pm	7777 S. Dairy Ashford, 77072	(281) 776 - 9908

Adult Basketball Freeplay

Sign up today to play one of the most popular and widely viewed sports in the world Basketball! There are a variety of basketball courts and games available for you to choose from. Check with individual community centers for more information.

NORTHEAST

Denver Harbor (KM 494H)	Freeplay B.B.	M - F	1:00 pm - 3:00 pm	6402 Market , 77020	(713) 675-2151
Denver Harbor (KM 494H)	Freeplay B.B.	M - Th	6:00 pm - 9:00 pm	6402 Market , 77020	(281) 564-8130
Denver Harbor (KM 494H)	Freeplay B.B.	F	6:00 pm - 8:00 pm	6402 Market , 77020	(713) 668-4516
Melrose (KM 413T)	Freeplay B.B.	M - F	1:00 pm - 3:00 pm	1001 Canino, 77076	(281) 447-0514
Melrose (KM 413T)	Freeplay B.B.	M - Th	6:00 pm - 9:00 pm	1001 Canino, 77076	(281) 447-0514
Melrose (KM 413T)	Freeplay B.B.	F	6:00 pm - 8:00 pm	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	Freeplay B.B.	M - F	1:00 pm - 3:00 pm	3725 Fulton, 77009	(713) 692-6925
Moody (KM 453Y)	Freeplay B.B.	T & Th	6:00 pm - 9:00 pm	3725 Fulton, 77009	(713) 692-6925
Tidwell (KM 454D)	Freeplay B.B.	M - F	6:30 pm - 8:00 pm	9720 Spaulding, 77016	(713) 636-8221

NORTHWEST

Candlelight (KM 452E)	Freeplay B.B.	F	6:00 pm - 7:00 pm	1520 Candlelight, 77018	(713) 682-3587
Candlelight (KM 452E)	Freeplay B.B.	M - F	1:00 pm - 3:00 pm	1520 Candlelight, 77018	(713) 682-3587
Candlelight (KM 452E)	Freeplay B.B.	M - Th	6:00 pm - 8:30 pm	1520 Candlelight, 77018	(713) 682-3587
Fonde (KM 493K)	Full Court B.B.	M - F	9:00 am - 12:30 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Full Court B.B.	S	1:00 pm - 4:00 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Ladies Night B.B.	Th	6:30 pm - 9:00 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	3 on 3 B.B.	M, W & F	12:30 pm - 9:00 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	3 on 3 B.B.	T	12:30 pm - 6:00 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	3 on 3 B.B.	S	4:00 pm - 7:00 pm	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	Freeplay B.B.	F	6:00 pm - 8:00 pm	6818 Shady Villa, 77055	(713) 682-4467
Freed (KM 451Y)	Freeplay B.B.	T	6:30 pm - 9:00 pm	6818 Shady Villa, 77055	(713) 682-4467
J. Robinson, Jr. (KM 533B)	Freeplay B.B.	M - F	10:00 a.m. - 2:00 pm	2020 Hermann Dr., 77004	(713) 284-1997
J. Robinson, Jr. (KM 533B)	Freeplay B.B.	T	6:00 pm - 9:00 pm	2020 Hermann Dr., 77004	(713) 284-1997
Kendall (KM 488C)	Freeplay B.B.	M - Th	6:00 pm - 9:00 pm	609 N. Eldridge, 77879	(832) 393-1897
Kendall (KM 488C)	Freeplay B.B.	F	6:00 pm - 8:00 pm	609 N. Eldridge, 77879	(832) 393-1897
Lincoln City (KM 412Q)	Freeplay B.B.	T, Th & F	5:00 pm - 6:00 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Freeplay B.B.	M & W	6:00 pm - 8:00 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Freeplay B.B.	T & Th	7:00 pm - 8:00 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Freeplay B.B.	M, W & F	12:00 pm - 3:00 pm	979 Grenshaw, 77088	(281) 445-1617



Love (KM 452Z)	Freeplay B.B.	F	6:00 pm - 8:00 pm	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	Freeplay B.B.	M - Th	6:00 pm - 9:00 pm	1000 West 12th, 77008	(713) 867-0497
Stude (KM 493E)	Freeplay B.B.	F	5:30 pm - 7:00 pm	1031 Stude, 77007	(713) 867-0496
Stude (KM 493E)	Freeplay B.B.	M & W	6:00 pm - 8:30 pm	1031 Stude, 77007	(713) 867-0496
Stude (KM 493E)	Freeplay B.B.	T & Th	7:00 pm - 8:30 pm	1031 Stude, 77007	(713) 867-0496
Woodland (KM 493C)	Freeplay B.B.	M - Th	6:00 pm - 9:00 pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Freeplay B.B.	F	6:00 pm - 8:00 pm	212 Parkview, 77009	(713) 867-0401

SOUTHEAST

Edgewood (KM 534X)	Freeplay B.B.	M - F	1:00 pm - 3:00 pm	5803 Belfort, 77033	(713) 734-8434
Edgewood (KM 534X)	Freeplay B.B.	M - F	6:00 pm - 9:00 pm	5803 Belfort, 77033	(713) 734-8434
Edgewood (KM 534X)	Freeplay B.B.	S	10:00 am - 2:00 pm	5803 Belfort, 77033	(713) 734-8434
Hartman (KM 535C)	Freeplay B.B.	M - Th	1:00 pm - 3:00 pm	9311 Ave. P., 77012	(713) 928-4803
Mason (KM 535A)	Freeplay B.B.	M, W, F	12:30 pm - 2:30 pm	541 South 75th St., 77023	(713) 928-7055
Mason (KM 535A)	Freeplay B.B.	F	6:00 pm - 8:00 pm	541 South 75th St., 77023	(713) 928-7055

SOUTHWEST

Alief (KM 529E)	Freeplay B.B.	M - F	1:00 pm - 3:00 pm	11903 Bellaire , 77072	(281) 564-8130
Alief (KM 529E)	Freeplay B.B.	M - F	6:00 pm - 8:45 pm	11903 Bellaire , 77072	(281) 564-8130
Bayland (KM 531B)	Freeplay B.B.	M - F	1:00 pm - 4:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Emancipation (KM 493Y)	Freeplay B.B.	M - F	1:00 pm - 9:00 pm	3018 Dowling, 77004	(713) 284-1302
Marian (KM 530X)	Freeplay B.B.	M - F	1:00 pm - 9:00 pm	11101 South Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	Freeplay B.B.	M - F	6:45 pm - 9:00 pm	3502 Belfort, 77051	(713) 734-5061
Townwood (KM 572P)	Freeplay B.B.	M - F	1:00 pm - 3:00 pm	3403 Simsbrook, 77045	(713) 434-3508
Townwood (KM 572P)	Freeplay B.B.	M - F	6:00 pm - 9:00 pm	3403 Simsbrook, 77045	(713) 434-3508
Townwood (KM 572P)	Freeplay B.B.	S	12:00 pm - 2:00 pm	3403 Simsbrook, 77045	(713) 434-3508



FITNESS CENTERS

Fitness Centers

The Houston Parks and Recreation Department offers a variety of fitness opportunities to help keep Houstonians fit. We offer more than 100 miles of walking/jogging trails in and around our parks. In addition, there are exercise workstations located along some of our trails as well as indoor and outdoor basketball courts, outdoor tennis court and swimming pools, disc golf and golf courses and community center fitness programs designed to meet the needs of all Houstonians.

Memorial Park Fitness Center

Work out and get fit right in the middle of Memorial Park! The Memorial Park Fitness Center is equipped with weights and cardiovascular equipment. An Olympic size outdoor swimming pool (open during the summer and into the fall for lap swimming based on temperature), showers and lockers.

Ages: 18 - Older
Program Dates: Year round
Hours: 6:00 am – 8:00 pm, M-F
 8:00 am – 4:00 pm, Sat
 8:00 am – 12:00 pm, Sun
Location: Memorial Park (KM 492K)
 6402 Amot, 77007
Information: (713) 802-1662

Fee Schedule

Monthly membership	\$20.00
Daily membership	\$ 1.75
Shower rental	\$.75
Towel rental	\$.50
Lap Pool Swimming	\$ 1.00
	(when open)



Judson Robinson, Jr. Fitness Center

The Judson Robinson, Jr. Fitness Center is located inside of Hermann Park. The center is equipped with weights and cardiovascular equipment for your fitness needs. The center is open year round.

In addition to the Fitness Center, Judson Robinson, Jr. offers basketball, racquetball and a number of other fitness activities. Contact Judson Robinson, Jr. Community Center for more information.

Note: The weight room is closed Mon - Thurs from 3:00 p.m. - 3:30 p.m. for cleaning.

Ages: 18 - Older
Program Dates: Year round
Early Morning Workout: 6:00 am - 9:00 am, M - F
Fitness Center Hours: 10:00 am - 8:00 pm, M - Th
 10:00 am - 4:00 pm, F
 10:00 am - 2:00 pm, Sat

Racquetball Court Hours: 9:00 am - 8:00 pm, M - F
 10:00 am - 2:00 pm, Sat

Location: J Robinson, Jr., (KM 533B)
 2020 Hermann Dr, 77004

Information: (713) 284-1997

Fee Schedule

Early Morning Workout:	\$20.00 / month
Racquetball Court Rental Fees:	\$1.50 / half hour \$3.00 / hour



Fonde Fitness Center

The Fonde Recreation Center, home to some of basketball's greatest players, is also a great place to get fit!

Conveniently located near downtown off of Memorial Drive and Sabine Street, Fonde offers lunch-time fitness opportunities.

Fonde features a state-of-the-art weight room, showers and lockers as well as a full-court gym and aerobics room all **FREE** to help you meet your fitness goals.

*Closed for cleaning 8:30 am - 9:00 am M-F.

Ages: 18 - Older
Program Dates: Year round
Hours: 9:00 am - 7:00 pm, M-F
 1:00 pm - 7:00 pm, Sat
Location: Fonde (KM 493K)
 110 Sabine, 77002
Information: (713) 226-4466



MacGregor Fitness Center

MacGregor Fitness Center is located in MacGregor Park and is the newest Houston Parks and Recreation Department facility to open with full-service weight room equipment. Showers and lockers are available next door at the Homer Ford Tennis Center for a \$.75 fee each. A covered, full-court basketball pavilion and a 1.25 mile jogging trail are conveniently located near the center.

*Closed for cleaning 1:30 pm - 2:30 pm M-F.

Ages: 18 - Older
Fee: No membership fees
Program Dates: Year round
Hours: 7:00 am - 7:00 pm, M-F
Location: MacGregor (KM 534K)
 5225 Calhoun, 77021
Information: (713) 747-8650



Hackberry Fitness Center

The Hackberry Fitness Center is the newest HPARD fitness center. It is equipped with weights and cardiovascular equipment for your fitness needs.

The center is open year round. Contact the Hackberry Park Community Center for more information.

Ages: 18 - Older
Fee: No membership fees
Program Dates: Year round
Hours: 10:00 am - 8:00 pm, M-F
 10:00 am - 2:00 pm, Sat
Location: Hackberry (KM 528M)
 7777 S Dairy Ashford, 77072
Information: (281) 776-9908



Community Center Weight Rooms and Gyms

In addition to the five Fitness centers, 14 other HPARD community centers offer weight-training facilities and many feature indoor gyms. Hours of operation vary by location and season, so call the community center nearest you for information. Please note: Showers and lockers **ARE NOT AVAILABLE** at these centers.

Weight Rooms

NORTHEAST

Moody (KM 453Y)	M - Th	1:00 pm - 8:30 pm	3725 Fulton, 77009	(713) 692-6925
Moody (KM 453Y)	F	1:00 pm - 7:30 pm	3725 Fulton, 77009	(713) 692-6925
Moody (KM 453Y)	S	10:00 am - 2:00 pm	3725 Fulton, 77009	(713) 692-6925
Shady Lane (KM 414W)	M - Th	2:00 pm - 8:00 pm	10220 Shady Lane, 77093	(713) 742-1503
Shady Lane (KM414W)	F	2:00 pm - 6:00 pm	10220 Shady Lane, 77093	(713) 742-1503

NORTHWEST

Highland (KM 451D)	M - F	12:00 pm - 2:00 pm	3316 DeSoto, 77091	(713) 956-9137
J. Robinson, Jr. (KM 533B)*	M - F	6:00 am - 9:00 am	2020 Hermann, 77004	(713) 284-1997
Lincoln (KM 412Q)	M - Th	8:00 am - 8:00 pm	979 Greshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	F	8:00 am - 6:00 pm	979 Greshaw, 77088	(281) 445-1617
Love (KM 452Z)	M - F	1:00 pm - 3:00 pm	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	M - F	6:00 pm - 8:00 pm	1000 West 12th, 77008	(713) 867-0497
Woodland (KM 493C)	M - F	1:00 pm - 8:00 pm	212 Parkview, 77009	(713) 867-0401

SOUTHEAST

Hartman (KM 535C)	M - F	6:00 pm - 9:00 pm	9311 E. Ave. P, 77012	(713) 928-4803
Mason (KM 535A)	M - F	11:00 am - 2:30 pm	541 South 75th, 77023	(713) 928-7055
Mason (KM 535A)	M - F	5:30 pm - 8:00 pm	541 South 75th, 77023	(713) 928-7055

SOUTHWEST

Alief (KM 529E)	M - Th	1:00 pm - 3:00 pm	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	M - F	6:00 pm - 9:00 pm	11903 Bellaire, 77072	(281) 564-8130
Emancipation (KM 493Y)	M - F	1:00 pm - 3:00 pm	3018 Dowling, 77004	(713) 284-1302
Emancipation (KM 493Y)	M - F	6:00 pm - 9:00 pm	3018 Dowling, 77004	(713) 284-1302
Hackberry (KM 528M)	M - F	1:00 pm - 8:00 pm	7777 S. Dairy Ashford, 77072	(281) 776-9908
Marian (KM 530X)	M - F	1:00 pm - 3:00 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	F	1:00 pm - 7:30 pm	11101 South Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	M - W	5:30 pm - 6:30 pm	3502 Bellfort, 77051	(713) 734-5061

*Early morning work out \$20.00 per month.



Adult Weight Training

If you want to lose fat and improve your body composition, one of the most important things to do is lift weights. Diet and cardio exercise are important, but when it comes to changing how your body looks, weight training wins hands down. If you've hesitated to start a strength training program, it may motivate you to know that lifting weights will raise your metabolism, since muscle burns more calories than fat. It will strengthen your bones, an important issue for everyone, particularly women. It will increase your muscular endurance, coordination, and sense of balance, which will help you avoid injuries. All sessions listed below are FREE unless otherwise noted. Check with individual community centers for more information.

Ages: 18 - Older
Registration: Ongoing
Program Dates: Year round
Times: Varies by Community Center
Information: Contact Community Center

NORTHWEST

Fonde (KM 493K)	M - F	9:00 am - 7:00 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	S	1:00 pm - 7:00 pm	110 Sabine, 77002	(713) 226-4466
Highland (KM 451D)	M - F	12:00 pm - 2:00 pm	3316 DeSoto, 77091	(713) 956-9137
J. Robinson, Jr. (KM 533B)*	M - F	6:00 am - 9:00 am	2020 Hermann, 77004	(713) 284-1997
J. Robinson, Jr. (KM 533B)*	M - Th	9:00 am - 3:30 pm	2020 Hermann, 77004	(713) 284-1997
J. Robinson, Jr. (KM 533B)*	M - Th	4:00 pm - 8:00 pm	2020 Hermann, 77004	(713) 284-1997
J. Robinson, Jr. (KM 533B)*	F	9:00 am - 4:00 pm	2020 Hermann, 77004	(713) 284-1997
J. Robinson, Jr. (KM 533B)*	S	10:00 am - 2:00 pm	2020 Hermann, 77004	(713) 284-1997
Love (KM 452Z)	M - F	1:00 pm - 3:00 pm	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	M - F	6:00 pm - 8:00 pm	1000 West 12th, 77008	(713) 867-0497
Woodland (KM 493C) ²	M - Th	3:00 p.m - 6:00 pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C) ³	M - Th	6:00 pm - 8:00 pm	212 Parkview, 77009	(713) 867-0401

SOUTHWEST

Sunnyside (KM 533X)	M - W	5:30 pm - 7:00 pm	3502 Bellfort, 77051	(713) 734-5061
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Fitness Centers & Gyms

* Concessionaire \$20.00 per month, registered guest only

² Teens must be accompanied by an adult

³ Adults only



Gyms

Enjoy open basketball, volleyball or badminton at HPARD gyms. Call your local community center for their sports offerings.

Alief (KM 529E)	11903 Bellaire, 77072	(281) 564-8130
Burnett Bayland (KM 531B)	6200 Chimney Rock, 77081	(713) 668-4516
Candlelight (KM 452E)	1520 Candlelight, 77018	(713) 682-3587
Denver Harbor (KM 494H)	6402 Market, 77020	(713) 675-2151
Edgewood (KM 534X)	5803 Bellfort, 77033	(713) 734-8434
Emancipation (KM 493Y)	3018 Dowling, 77004	(713) 284-1302
Fonde (KM 493K)	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	6818 Shady Villa, 77055	(713) 682-4467
Hartman (KM 535C)	9311 E. Ave. P, 77012	(713) 928-4803
Judson Robinson, Jr. (KM 533B)	2020 Hermann Drive, 77004	(713) 284-1997
Kendall (KM 488C)	609 N. Eldridge Parkway, 77079	(832) 393-1897
Lincoln (KM 412Q)	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	1000 West 12th, 77008	(713) 867-0497
Marian (KM 530X)	11101 South Gessner, 77071	(713) 773-7015
Mason (KM 535A)	541 S. 75th, 77023	(713) 928-7055
Melrose (KM 413T)	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	3725 Fulton, 77009	(713) 692-6925
Stude (KM 493E)	1031 Stude, 77007	(713) 867-0496
Sunnyside (KM 533X)	3502 Bellfort, 77051	(713) 734-5061
Tidwell (KM 454D)	9720 Spaulding, 77016	(713) 636-8221
Townwood (KM 572P)	3403 Simsbrook, 77045	(713) 434-3508
Woodland (KM 493C)	212 Parkview, 77009	(713) 867-0401



Adult Fitness Classes

Houston let's get moving! Join a fitness class at your local community center. Activities include weight training, aerobics and circuit training. Call the nearest community center.

Ages:	18 - Older
Registration:	Ongoing
Program Dates:	Year round
Times:	Varies by Community Center
Information:	Contact Community Center

NORTHWEST

Fonde (KM 493K)*	Bootcamp	M, W, & Th	5:50 pm - 6:50 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Kickboxing	T & Th	12:15 pm - 12:45 pm	110 Sabine, 77002	(713) 226-4466
Kendall (KM 488C)	Tai Chi	M, W, & F	9:00 am - 10:00 am	609 N. Eldridge, 77079	(832) 393-1897
Kendall (KM 488C)	Tai Chi	M, W, & F	6:30 pm - 8:30 pm	609 N. Eldridge, 77079	(832) 393-1897
Kendall (KM 488C)	Yoga	M	10:30 am - 11:30 am	609 N. Eldridge, 77079	(832) 393-1897
Kendall (KM 488C)	GRIP (martial arts)	T & Th	9:00 am - 10:00 am	609 N. Eldridge, 77079	(832) 393-1897
Kendall (KM 488C)	GRIP (martial arts)	S	1:00 pm - 2:00 pm	609 N. Eldridge, 77079	(832) 393-1897
Kendall (KM 488C)	Badminton	T & Th	6:00 pm - 7:00 pm	609 N. Eldridge, 77079	(832) 393-1897
Kendall (KM 488C)**	Pilates	T & Th	7:30 pm - 8:30 pm	609 N. Eldridge, 77079	(832) 393-1897
Lincoln (KM 412Q)	Yoga	W & Th	9:30 am - 10:30 am	979 Greshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Tai Chi	Every other Friday	9:30 am - 10:30 am	979 Greshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Line Dance	M	9:30 am - 12:30 pm	979 Greshaw, 77088	(281) 445-1617
J. Robinson, Jr. (KM 533B)	Line Dance	W	10:00 am - 11:00 pm	2020 Hermann Dr., 77004	(713) 284-1997
J. Robinson, Jr. (KM 533B)***	Line Dance	M	7:00 pm - 8:30 pm	2020 Hermann Dr., 77004	(713) 284-1997
Stude (KM 493E)	Zumba	T - Th	7:00 pm - 8:00 pm	1031 Stude, 77007	(713) 867-0496
Woodland (KM 493C)	Fitness	M - Th	6:00 pm - 8:00 pm	212 Parkview, 77009	(713) 867-0401

SOUTHWEST

Cherryhurst (KM 492R)	Karate	M & W	7:00 pm - 8:00 pm	1700 Missouri, 77006	(713) 284-1992
Hackberry (KM 528M)	Core Training	T & Th	10:00 am - 4:30 pm	7777 S. Dairy Ashford, 77072	(281) 776-9908
Sunnyside (KM 533X)	Line Dance	M	9:00 am - 10:00 am	3502 Belfort, 77051	(713) 734-5061

* \$125.00 per month Concessionaire

** \$48.00 per month Concessionaire

*** \$5.00 per class Concessionaire



PARKtrails

Aron Ledet Park	6323 Antoine	Concrete	0.38
Agnes Moffit Park	10645 Hammerly	Concrete	N/A
Alief Community Park	11903 Bellaire Blvd	Concrete	N/A
Baldwin Park	1701 Elgin	Granite	0.32
Bell Park	4800 Montrose	Granite	0.17
Bendwood Park	12700 Kimberly	Concrete	0.49
Beverly Hills Park	10201 Kingspoint	Asphalt	0.53
Blueridge Park	5600 Court Road	Asphalt	0.62
Boone Road Park	7700 Boone Road	Asphalt	1.06
Boyce-Dorian Park	2000 Erastus	Asphalt	0.40
Braeburn Glen Park	9510 Gessner	Asphalt	0.25
Brays Bayou	Gessner to M.L.K. Blvd.	Asphalt	12.50
Brays Bayou	Lawndale to Forest Hill	Asphalt	0.75
Brays Bayou	75th to Evergreen	Asphalt	0.50
Brentwood Park	13220 Landmark	Asphalt	0.77
Briar bend Park	7926 Woodway	Granite	0.20
Briar meadow Park	7703 Richmond	Granite	0.28
Brock Park	8201 John Ralston	Concrete	0.17
Buffalo Bayou Park	Bagby to Shepherd	Asphalt	4.50
Burnett-Bayland Park	6300 Chimney Rock	Asphalt	0.96
Cambridge Village Park	13000 Nitida	Asphalt	0.50
Candlelight Park	1520 Candlelight	Asphalt	0.45
Canterbury Park	12822 Northumb	Asphalt	0.33
Catherine Delce Park	5700 Collingsworth	Asphalt	0.21
Clark Park	9718 Clark	Asphalt	0.36
Clear Lake Trail	Space Ctr. to Bay Area Blvd.	Asphalt	1.04
Cleveland Park	200 Jackson Hill	Granite-Concrete	0.35
Clinton Park	200 Mississippi	Asphalt	0.42
Cloverland Park	3801 Hickok Lane	Asphalt	0.25
Cole Creek Park	7200 Drowsy Pine	Concrete	0.35
Columbia Tap	Union Station to Macgregor	Concrete	4.16
Crain Park	9051 Triola	Asphalt	0.50
Cravens Parkway	5901 Main	Granite	0.50
Crestmont Park	5100 Selinsky	Asphalt	0.25
Cullen Park	19008 Saums	Asphalt	7.38
Cullinan Park (L.D.) Park	6700 Long Drive	Asphalt	1.06
Denver Harbor Park	6402 Market	Asphalt	0.87
Dodson Lake Park	9010 Dodson	Asphalt-Concrete	0.50
Dow Park	7942 Rockhill	Asphalt	0.58
Eastwood Park	5220 Harrisburg	Asphalt-Concrete	0.20
Edgewood Park	5803 Bellfort	Asphalt-Concrete	0.50
E.P. Hill Park	4800 Gloryland	Asphalt	0.39
Ervan Chew Park*	4502 Dunlavy	Concrete	N/A
Fonde Park	5500 Carrolton	Asphalt	0.32
Forest West Park	5915 Golden Forest Dr.	Asphalt	0.30
Forum Park	9900 Sugar Branch	Asphalt	0.49
Franklow Park	1300 Seagler Road	Asphalt	0.50
Freed Park	7020 Shadyvilla	Asphalt	0.35
Freeway Manor Park	2241 Bronson	Asphalt-Concrete	0.47
Freshmeadow Park	4500 Campbell	Concrete	0.38
Gail Reeves Park	8800 Mullins	Concrete	0.35
Garden Villas Park	6720 S. Haywood	Asphalt	0.49
Glenbrook Park	8201 N. Bayou Drive	Asphalt	0.51
Glenshire Park	12100 Riceville (SR)	Asphalt	0.41
Godwin Park	5101 Rutherglen	Concrete	0.42
Grady Park	1700 Yorktown	Granite	0.20
Gulf Palms Park	11901 Palm Springs	Asphalt	0.41
Hackberry Park	7777 S. Dairy Ashford	Concrete	0.61
Haden Park	1404 Witte Road	Asphalt	0.32
Hager Park	12100 Landsdowne	Asphalt	0.51
Halls Bayou	Little York to Mierianne	Asphalt	2.86
Harrisburg - Sunset	Drennan to Marsden - Ave. R to Ave. H	Asphalt	2.00
Hartman Park	9311 Avenue P	Asphalt	0.62
Harwin Park	11305 Harwin	Asphalt	0.70
Haviland Park	11600 Haviland	Asphalt	0.28
Heights Blvd.	400-1800 Blk.	Granite	2.00
Hermann Park	6001 Fannin	Granite-Concrete	2.85
Herman Brown Park	400 Mercury Drive	Asphalt-Red Dog	2.81
Herman Brown Park	400 Mercury Drive	N/A	1.6m
Hobart Taylor Park	8100 Kenton	Asphalt	0.49
Houston Gardens Park	6901 Apache	Concrete	0.39
Hunting Bayou	Loop 610 to Lockwood	Asphalt	0.50
Hunting Bayou	US 59 to Cavalcade	Asphalt	0.50
Hutcheson Park	5400 Lockwood	Asphalt	1.00
Ingrando Park	7302 Keller	Asphalt-Concrete	0.59
J Robinson, Sr.	1422 Ledwicke	Concrete	0.10
Karl Young Park	7800 Stella Link	Granite	0.20
Keith-Wiess Park	12300 Aldine-Westfield	Concrete	2.12

Lake Forest Park	9200 Mesa	Concrete	0.43
Lakewood Park	8811 Feland	Asphalt	0.14
Langwood Park	3975 Bolin	Asphalt	0.44
Lansdale Park	8201 Roos	Granite	0.33
Law Park	6100 Vassar Road	Asphalt	0.41
Lee Park	9025 Pitner	Asphalt	0.26
Levy Park	3801 Levy Park	Concrete- Granite	0.24
Lincoln Park	979 Grenshaw	Asphalt	0.25
Linkwood Park	3699 Norris	Concrete	0.12
Love Park	1000 W.12th Street	Asphalt	0.20
MacGregor Park	5225 Calhoun	Asphalt	1.25
Mangum Manor Park	5235 Saxon	Asphalt	0.29
Marian Park	11100 S. Gessner	Granite	0.25
Mason Park	541 75th Street	Asphalt-Concrete	1.40
Memorial Park (Timing Track)	6501 Memorial Dr.	Asphalt	0.25
Memorial Park	6501 Memorial Dr.	Granite	2.90
Metropolitan Multi-Service Center*	1475 West Gray	N/Ae	N/A
Montie Beach Park	915 Northwood	Asphalt	0.84
MKT Trail		Concrete	4.70
Moody Park	3725 Fulton	Asphalt-Concrete	0.94
Nob Hill Park	10300 Timber Oak	Asphalt	0.28
Northline Park	6902 Nordling	Asphalt	0.42
Oak Meadow Park	500 Ahrens	Asphalt	0.25
Old Katy Hike & Bike Trail	236 North Dairy Ashford	Concrete	2.35
Park at Palm Center	5400 Griggs	Granite	0.22
Pleasantville Area	Within Subdivision	Asphalt	1.50
R.L. & Cora Johnson	9801 Tanner	Asphalt	0.25
Reveille Park	7700 Oak Vista Loop	Asphalt	0.32
River Oaks Park	3600 Locke Lane	Granite	0.25
Riverside Park	2600 S. Calument-N. Calument		0.42 42
Rosewood Park	8200 Darien	Concrete	0.36
S. Main Estates Park	12256 Zavalla	Asphalt	0.32
Sagemont Park*	11507 Hughes	Concrete	
San Felipe Park*	1717 Allen Parkway	Concrete	
Scenic Woods Park	7449 Lakewood	Asphalt	0.34
Schnur Park	12227 Cullen Boulevard	Asphalt	0.50
Schwartz Park	8203 Vogue	Asphalt	0.48
Scottcrest Park	10700 Rosehaven	Concrete-Asphalt	0.51
Selena Q. Perez/Denver Harbor Park	6402 Market	Asphalt	0.87
Shady Lane Park	10100 Shady Lane	Asphalt	0.50
Shepherd Park	4725 Brinkman	Granite	0.25
Sims Bayou	MLK Blvd. to Scott	Asphalt	2.50
Sims Bayou	Townwood Park	Asphalt	0.75
Sims Bayou	S. Post Oak to Croquet	Asphalt	0.50
Song Wood Park	548 Westshire	Asphalt	0.33
Southcrest Park	5842 Southmund	Concrete	0.29
Spotts Park	401 S.Heights Blvd	Concrete	0.35
St. Lo Park	7335 St. Lo Rd.	Concrete	0.18
Stewart Park	6700 Reed Road	Concrete	0.30
Stoneybrook Esplanade	3000-3600 Stoneybrook	Asphalt	0.55
Stuebner Airline Park*	9201 Veterans Blvd	Concrete	N/A
Sunnyside Park	3502 Bellfort	Asphalt	0.48
Turner, Sylvester Park	2800 West Little York	Asphalt-Concrete	1.02
Swiney Park	2812 Cline	Concrete	0.15
Rodriguez, Sylvan Park	1201 Clear Lake Blvd.	Concrete	0.37
T. C. Jester Parkway	4200 Blk.	Granite	1.00
Tanglewood Park	5801 Woodway	Concrete	0.20
Timber Grove Manor Park	1500 West TC Jester	Asphalt	0.88
Timber Grove Trail	1500 T.C. Jester	Asphalt	0.80
Tony Marron Park	808 York	Concrete-Asphalt	0.46
Townwood Park	3403 Simsbrook	Asphalt	0.39
Tuffly Park	3200 Russell	Asphalt	0.33
Verde Forest Park	8800 Brock Park Blvd.	Asphalt	0.20
Veterans Memorial Park	1800 Tidwell	Asphalt	0.36
Waldemar Park	11700 Waldemar	Asphalt	0.19
Westside Trail	Westpark to Eldridge	Asphalt	1.90
Westwood Park	4045 Lemac	Asphalt-Concrete	0.38
White Oak Bayou	Houston Ave. to Studemont	Asphalt	2.25
White Oak Bayou	W.11th to Pinemont	Asphalt-Concrete	4.80
White Oak Bayou (Segment III)	Garapan to Winding Way	N/A	0.37
White Oak Bayou (Segments I, II, & IV)	Watonga to Garapan, Winding Way to Antoine	N/A	2.26
Willow Park	10400 Cliffwood	Granite	0.25
Willow Water Hole Park	5300 Gasmer	Granite-Concrete	1.17
Wilson Memorial Park	100 Gilpin	Asphalt-Concrete	0.28
Windsor Village Park	14441 Croquet	N/A	0.31
Woodland Park	212 Parkview	Asphalt	0.32
Yellowstone Park	3820 Yellowstone	Asphalt	0.17
Zollie Scales Park	3501 Corder	Asphalt	0.23
Houston Heritage East, Segment I*	San Jacinto & Allen St. to McKee	N/A	0.38m
Houston Heritage West*	White Oak Bayou from Studewood to Main & Girard	N/A	2.6m

* Scheduled for construction

Houston Parks and Recreation Department - (832) 395-7000

Adult Walking Clubs

Get fit while enjoying the sights of your neighborhood by joining a walking club at one of our community centers. No fee is required.

Ages:	All ages
Registration:	Ongoing
Program Dates:	Year round
Information:	Contact Community Center

NORTHEAST

Clark (KM 453B)	M - F	6:00 pm - 8:00 pm	9718 Clark, 77076	(713) 742-1497
Clinton (KM 495U)	T & Th	9:00 am - 10:00 am	200 Mississippi, 77029	(713) 673-0955
Finnigan (KM 494H)	M - W	9:00 am - 10:00 am	4900 Providence, 77020	(713) 678-7385
Lakewood (KM 455G)	T - Th	4:30 pm - 6:00 pm	8811 Feland, 77028	(713) 636-8217
Moody (KM 453Y)	M - Th	4:00 pm - 7:00 pm	3725 Fulton, 77009	(713) 692-6925
Shady Lane (KM 414W)	M - F	10:00 am - 11:00 pm	10220 Shady Lane, 77093	(713) 742-1503
Swiney (KM 494J)	M, W & F	6:30 am - 10:00 am	2812 Cline, 77020	(713) 238-2197
Tidwell (KM 454D)	M, W & F	9:00 am - 10:00 am	9720 Spaulding, 77016	(713) 636-8221
Tuffly (KM 454X)	M, W	10:00 am - 11:00 am	3200 Russell, 77026	(713) 674-2355

NORTHWEST

Candlelight (KM 452E)	M - F	6:00 pm - 8:00 pm	1520 Candlelight, 77018	(713) 682-3587
Carverdale (KM 450A)	T & Th	5:45 pm - 6:30 pm	9920 Porto Rico, 77041	(713) 895-6141
Carverdale (KM 450A)	M, W & F	9:00 am - 9:30 am	9920 Porto Rico, 77041	(713) 895-6141
Fonde (KM 493K)	T & Th	4:30 pm - 5:30 pm	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	M - F	9:00 am - 12:00 pm	6818 Shady Villa, 77005	(713) 682-4467
Freed (KM 451Y)	M - F	5:00 pm - 7:30 pm	6818 Shady Villa, 77005	(713) 682-4467
Highland (KM 451D)	M - Th	8:30 am - 9:30 am	3316 DeSoto, 77091	(713) 956-9137
Independence Heights (KM 453N)	M & W	6:00 pm - 7:00 pm	603 East 35th, 77002	(713) 867-0373
Judson Robinson, Jr. (KM 533B)	M - F	6:00 am - 9:00 am	2020 Hermann Dr., 77004	(713) 284-1997
Lincoln City (KM 412Q)	M - F	7:00 am - 8:00 am	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	M - Th	6:30 pm - 8:30 pm	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	M - F	1:00 pm - 2:00 pm	1000 West 12th, 77008	(713) 867-0497
Montie Beach (KM 453X)	M - F	8:00 am - 9:00 am	915 Northwood, 77009	(713) 864-6820
Montie Beach (KM 453X)	M - Th	7:00 pm - 8:00 pm	915 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	M & W	10:00 am - 11:00 am	803 West Temple, 77009	(713) 862-6907
Stude (KM 493B)	T & F	8:00 am - 9:00 am	1031 Stude, 77007	(713) 867-5762
Woodland (KM 493C)	M - F	1:00 pm - 3:00 pm	212 Parkview, 77009	(713) 867-0401

SOUTHWEST

Alief (KM 529E)*	M & W	9:00 am - 10:00 am	11903 Bellaire, 77072	(281) 564-8130
Almeda (KM 572Y)	M & W	5:30 pm - 6:00 pm	14201 Almeda Sch. Rd., 77047	(713) 434-1909
Burnett Bayland (KM 531B)	M & W	5:30 pm - 6:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Cherryhurst (KM 492V)	M, W & F	6:00 pm - 7:00 pm	1700 Missouri, 77006	(713) 284-1992
Emancipation (KM 493U)	M & T	6:30 pm - 7:30 pm	3018 Dowling, 77004	(713) 284-1302
Godwin (KM 531U)*	M - Th	5:30 pm - 6:30 pm	5101 Rutherglen, 77096	(713) 726-7114
Hackberry (KM 528M)	M, W & F	6:00 pm - 7:00 pm	7777 S. Dairy Ashford, 77072	(281) 776-9908
Lansdale (KM 530K)	M - W	6:00 pm - 7:00 pm	8201 Roos, 77036	(713) 272-3668
Linkwood (KM 532P)	M & W	6:00 pm - 7:00 pm	3699 Norris, 77025	(713) 314-3107
Marian (KM 530X)*	M & F	11:45 am - 12:45 pm	11101 South Gessner, 77071	(713) 773-7015
Platou (KM 571B)	T & Th	6:00 pm - 7:00 pm	11655 Chimney Rock, 770531	(713) 726-7107
River Oaks (KM 492T)	T - Th	5:30 pm - 6:00 pm	3600 Locke Lane, 77027	(713) 622-5998
River Oaks (KM 492T)**	M - F	5:00 pm - 6:00 pm	3600 Locke Lane, 77027	(713) 622-5998
Sharpstown (KM 530F)	M, W & F	9:00 am - 10:00 am	6600 Harbor Town, 77036	(713) 988-5328
Sunnyside (KM 533X)	M - W	5:30 pm - 6:30 pm	3502 Bellfort, 77051	(713) 734-5061
Sunnyside (KM 533X)*	M - Th	9:30 am - 10:00 am	3502 Bellfort, 77051	(713) 734-5061
Sunnyside (KM 533X)**	Th	6:45 am - 7:30 pm	3502 Bellfort, 77051	(713) 734-5061
Windsor Village (KM 571P)	T - Th	9:00 am - 10:00 am	14441 Croquet, 77085	(713) 726-7112

SOUTHEAST

Bessie Swindle (KM 573L)	M - F	10:30 a.m. - 11:30 am	11800 Scott, 77047	(713) 733-4581
Beverly Hills (KM 576S)	M & W	6:00 pm - 7:00 pm	10201 Kingspoint, 77075	(713) 948-9065
Charlton (KM 535P)	M & W	6:00 pm - 7:00 pm	8200 Park Place Blvd., 77076	(713) 645-3581
Crestmont (KM 574J)	M & W	9:00 am - 10:00 am	5200 Selinski, 77048	(713) 733-2236
DeZavala (KM 495S)	M & W	6:00 pm - 7:00 pm	907 76th St., 77012	(713) 923-5163
Eastwood (KM 494T)	M - F	8:30 am - 9:30 am	5020 Harrisburg, 77011	(713) 928-4801
Edgewood (KM 534X)	M & T	6:30 pm - 7:00 pm	5803 Bellfort, 77033	(713) 734-8434
Garden Villas (KM 535W)	M - Th	8:30 am - 9:30 am	6720 S. Haywood, 77061	(713) 847-5168
Hartman (KM 535C)	T, W & Th	5:00 pm - 6:00 pm	9311 E. Ave. P., 77012	(713) 928-4803
Ingrando (KM 535F)	M - F	8:00 am - 10:00 am	7302 Keller, 77020	(713) 238-2197
MacGregor (KM 534E)	T & Th	9:00 am - 10:00 am	5225 Calhoun, 77021	(713) 747-8650
Mason (KM 535A)	M - Th	7:00 am - 8:30 am	541 South 75th, 77023	(713) 926-7055
Meadwocreek (KM 536S)	M, W & F	6:00 pm - 7:00 pm	5333 Berry Creek, 77017	(713) 946-9020
Settegast (KM 494N)	M - Th	8:30 am - 9:30 am	3000 Garrow, 77003	(713) 238-2200

LAKE HOUSTON WILDERNESS *park*

Lake Houston Wilderness Park (LHWP) is a beautiful, lushly forested expanse of nearly 5,000 acres located 4 miles east of New Caney, which is approximately 30 miles north of Houston. Lake Houston Wilderness Park is the only park in the department's inventory that allows overnight camping. It offers a variety of outdoor learning experiences for people of all ages including: camping, hiking, trail running, mountain biking, canoeing, kayaking and horseback riding (must bring own bikes, watercraft and horses). Most of the park is heavily forested with beautiful trails which provide a perfect setting for photography, nature study, bird watching and relaxing.

The Lake Houston Wilderness Park Nature Center is an incredible place to visit and learn about some of the woodland creatures that call LHWP home. Tour the Ecosystem Displays which include: the Wetlands Ecosystem Room featuring live turtles and amphibians; the Invertebrate Room featuring mounted insects of all types including moths, butterflies, spiders and beetles; Don't forget the Reptile Room which contains live specimens of both venomous and non-venomous snakes as well as several lizards. The LHWP Nature Center offers classes and programs for all ages; please see below for a listing. You can also contact the Park Headquarters for more information.

New at Lake Houston Wilderness Park! The AMERI-TRAIL! This trail was completed in June of this year and is ready for you to explore. The building of Ameri-Trail was a combined effort of AmeriCorps personnel and Lake Houston Wilderness Park staff over the course of a year. This beautiful 4.5 mile trail will take you through our Mixed-Pine Hardwood Forest along Caney Creek from the Peach Creek Loop trail and will finish off at one of the hidden gems of LHWP - Lake Isabel.

Program Dates: Year round
Location: 22031 Baptist Encampment Road
 New Caney, Texas 77357
Gates Open/Office Hours: 8:00 am – 6:00 pm, Sunday - Thursday
 8:00 am – 10:00 pm, Friday & Saturday year round
Information/Reservations: (281) 354-6881
www.houstonparks.org

Fees

Park Entry Fee:	\$3.00	Per Person, Ages 13-64
Individual Tent Campsites:	\$7.00	Per Day Plus Entry Fee(s)
Back Country Camping:	\$7.00	Per Day Plus Entry Fee(s)
Peach Creek Group Campsite:	\$40.00	Per Day Plus Entry Fee(s)
Chinquapin Group Campsite:	\$40.00	Per Day Plus Entry Fee(s)
Forest Cottage:	\$132.50	Plus a refundable \$75 Cleaning Deposit Per night Plus entry fee(s)
Lazy Creek Cottage:	\$169.60	Plus a refundable \$75 Cleaning Deposit Per Day Plus Entry Fee(s)
Pine Grove Dining Hall:	\$100.00	Plus a refundable \$75 Cleaning Deposit
Screened Shelters:	\$26.50	Per Day Plus Entry Fee(s)



Lake Houston Wilderness Park Nature Center

Hours of Operation:

9:00 am – 4:00 pm, Monday - Friday (except Wednesday)

8:30 am – 4:30 pm, Saturday & Sunday

Nature Center is CLOSED on Wednesdays - unless you have scheduled an appointment with our Naturalist.

Program Reservations, Field Trips & Presentations: (281) 354-0173

All programs require a reservation unless noted, please contact the Nature Center to make your reservations!

Saturday, Dec. 4th – 8:30 am to 9:30 am

Bird Walk – Ages 14 Plus

Bring your binoculars, if you have some, and join us on a trek through the Park looking for our resident and migratory birds.

Saturday, Dec. 4th – 2 pm to 4 pm

Pine Cone Feeders – Ages 4 to 13

Come make your own Pine Cone Feeder which you can take home for the birds in your backyard!! Reservation not required.

Saturday, Dec. 11th –

10 am to 11 am & 2 pm to 3 pm

Snake Presentation! – All Ages

Join us as we learn all about snakes! Learn the facts vs. myths and about the different species in Texas and how to identify them. Find out why snakes are important to the ecosystem and why a good snake ISN'T always a dead snake! Reservation not required.

Saturday, Dec. 18th – 2 pm to 3 pm

Ready for Winter! – Ages 10 to 14

Want to know how animals get ready for the winter? Come to the Nature Center to find out! We will talk about all the different things animals do to get ready for cold weather!!

Saturday, Jan. 1st – 8:30 am to 9:30 am

Bird Walk – All Ages

Happy New Year! Did you make a New Year's resolution to get outside more? Well start your New Year off with a morning hike through Lake Houston Wilderness Park as we search for our resident and migratory birds! Please bring your binoculars and cameras if you have them!

Saturday, Jan. 8th – 2 pm to 3 pm

Animal Evidence – Ages 5 to 7

What was that? Did you see it? Learn how to track animals by finding animal prints, discovering burrows and identifying scat.

Saturday, Jan. 15th – 2 pm to 3 pm

Biomes of the World – Ages 10 to 14

What is a Biome? Come to the Nature Center to find out! We will discuss the different biomes of the world, what makes them different and what special adaptations are required for the plants and animals in them. We will tie it all together with a fun activity!

Saturday, Jan. 22nd – 2 pm to 3 pm

Amazing Adaptations – Ages 7 to 13

Learn how animals adapt to where they live and what they eat. We will use our imaginations to create our own animals with their special adaptations with a craft activity!

Saturday, Jan 29th – 2 pm to 3 pm

Owl Pellets – All Ages

Do you know what an owl pellet is? Well this is the day for you to find out! We will dissect real owl pellets to discover the remaining bones inside and identify what they ate!

Saturday, Feb. 5th – 2 pm to 3 pm

Owls – All Ages

Owls are amazing creatures! Learn why that statement is true as we discuss how they live and hunt. Find out what species of owls we have in the park and how to identify them – by sight AND sound!

Saturday, Feb. 12th – 2 pm to 3 pm

Invasive Species – All Ages

What does it mean to be an invasive species? Does that only apply to plants? Are invasive only non-native to Texas? What damage do they really cause? Come find out the answers to these and other questions as we discuss the effects of invasive species to our ecosystem. Learn the types we have on the park and take an invasive species scavenger hunt!

Saturday, Feb. 19th –

10 am to 11 am & 2 pm to 3 pm

Snake Presentation – All Ages

Join us as we learn all about snakes! Learn the facts vs. myths and about the different species in Texas and how to identify them. Find out why snakes are important to the ecosystem and why a good snake ISN'T always a dead snake! Reservations not required.

Saturday, Feb. 26th – Guest Speaker

Time, Topic & Speaker – To Be Announced

Please contact our Nature Center or Headquarters or visit our website for updated information.

Saturday, Mar. 5th – 2 pm to 3 pm

Nature Hike – Ages 9 Plus

Take a hike! Put on some good walking shoes (closed toed) and let us guide you on one of our beautiful trails! Learn some cool facts on the hike and let's discover the interesting things nature has to offer! If you have cameras and/or binoculars please be sure to bring them along!

Saturday, Mar. 12th – 6 pm to 7:30 pm

Park after Dark! – All Ages

Do you want to get a close up look at the nocturnal creatures that call the park home? Then the Park after Dark tour is for you!! We will take you to less visited locations of the park so you can try and get a glimpse of our night time friends! Get your cameras ready!!

Saturday, Mar. 26th – 2 pm to 3 pm

Stream Ecology – All Ages

Come with us to Peach Creek as we learn about the ecology of fresh water streams. We will learn the types of streams and their formations and the food chains within the stream. We will take dip nets with us to bring real specimens back with us to the Nature Center to observe and identify.



TENNIS

HPARD operates three centers each complete with a pro shop as well as locker and shower facilities which are available for a nominal fee. Lessons can be scheduled with center staff. Tournaments, leagues, corporate outings services and other events can be scheduled by calling any of the centers. For general tennis information as well as information on youth tennis programs, call (713) 803-1112.

Memorial Park Tennis Center

The Memorial Park Tennis Center is located in Memorial Park. It provides 18 courts plus a practice wall. Fees listed are per court for 1½ hours of use. A Smoothie King concession is located inside the pro shop.

Program Dates: Year round
Time: 6:00 am - 9:00 pm, M - F
 7:00 am - 6:00 pm, Sat - Sun
Location: Memorial Park (KM492F)
 1500 Memorial Loop, 77007
Information: (713) 867-0440

Fees

Juniors: \$ 2.00, M - F
 Before 6:00 pm

Weekday Walk-on: \$ 3.50, M - F
 Before 6:00 pm

Weekday Reserved: \$ 4.00, M - F
 Before 6:00 pm

Evening & Weekend Walk-on: \$ 5.50

Evening & Weekend Reserved: \$ 6.00

Tournaments & Leagues: Contact Center

Lee LeClear Tennis Center

The Lee LeClear Tennis Center is located in southwest Houston. It provides 26 courts plus 2 practice walls. Fees listed are per court for 1½ hours of use.

Program Dates: Year round
Time: 7:30 am - 9:00 pm, M - F
 7:30 am - 6:00 pm, Sat - Sun
Location: Lee LeClear (KM 530T)
 9506 S. Gessner, 77074
Information: (713) 272-3697

Fees

Juniors: \$ 2.00, M - F
 Before 6:00 pm

Weekday Walk-on: \$ 3.50, M - F
 Before 6:00 pm

Weekday Reserved: \$ 4.00, M - F
 Before 6:00 pm

Evening & Weekend Walk-on: \$ 5.50

Evening & Weekend Reserved: \$ 6.00

Tournaments & Leagues: Contact Center

Homer Ford Tennis Center

The Homer Ford Tennis Center is located in MacGregor Park. It provides 16 courts plus a practice wall. Fees listed are per court for 1½ hours of use.

Program Dates: Year round
Time: 7:30 am - 9:00 pm, M - F
 7:30 am - 6:00 pm, Sat - Sun
Location: MacGregor Park (KM534E)
 5225 Calhoun, 77021
Information: (713) 842-3460

Fees

Juniors: \$ 1.00, M - F
 Before 6:00 pm

Weekday Walk-on: \$ 2.50, M - F
 Before 6:00 pm

Weekday Reserved: \$ 3.00, M - F
 Before 6:00 pm

Evening & Weekend Walk-on: \$ 4.50

Evening & Weekend Reserved: \$ 5.00

Tournaments & Leagues: Contact Center



Neighborhood Municipal Tennis Courts - Tennis Office (713) 803 - 1112

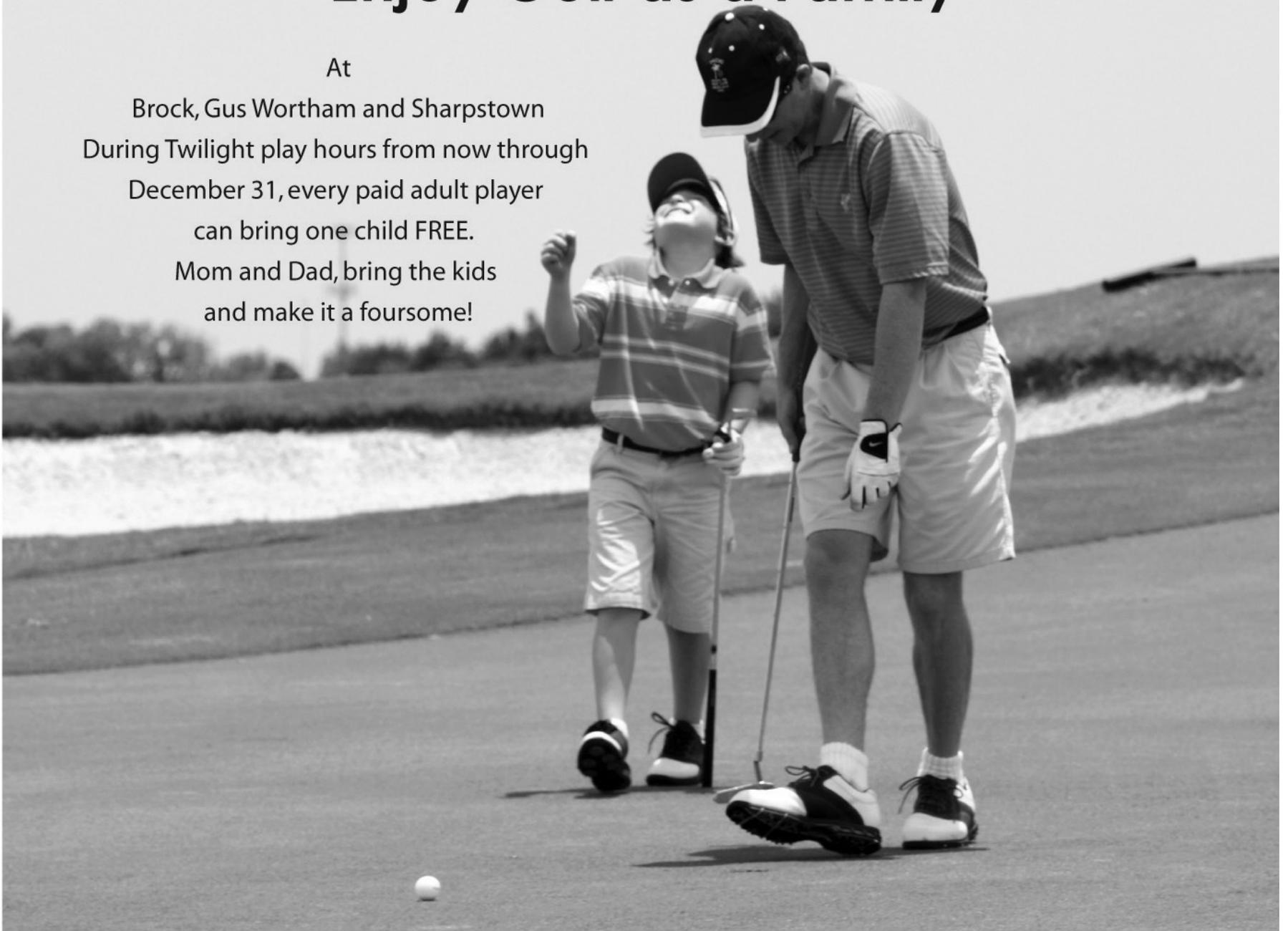
PARK	LOCATION	COURTS	LIGHTS	PRACTICE WALL	PARK	LOCATION	COURTS	LIGHTS	PRACTICE WALL
Alief (KM 529E)	11903 Bellaire Blvd, 77072	4	Yes	1	Linkwood (KM 532P)	3699 Norris, 77025	2	Yes	1
Anderson (KM 491X)	5701 Beverlyhill, 77057	2	Yes		Mangum Manor (KM 451L)	5235 Saxon, 7792	1	Yes	1
Bendwood (KM 489D)	12700 Kimberley, 77024	2	Yes	1	Mason (KM 535A)	541 South 75th St./Tipps, 77023	2	Yes	
Beverly Hills (KM 576S)	10201 Kingspoint, 77075	1	No		Meadowcreek Village (KM536S)	5333 Berry Creek, 77017	2	Yes	
Bonham (KM 530Q)	8401 Braes Acres, 77074	2	Yes		Melrose (KM 413T)	12200 Melrose Park Rd., 77076	4	Yes	
Briar Meadow (KM 490Z)	7703 Richmond, 77063	2	Yes		Meyerland (KM 531Q)	5151 Jason, 77096	2	Yes	
R.L. & Cora Johnson (KM 450A)	9920 Porto Rico, 77041	2	Yes		Milby (KM 535G)	2001 Central, 77017	2	Yes	
Charlton (KM 535P)	8200 Park Place, 77017	2	Yes		Milroy (KM 452Z)	1205 Yale, 77008	1	Yes	
Herman Brown (KM ???)	400 Mercury Drive, 77013	4	Yes		Montie Beach (KM 453X)	915 Northwood, 77009	2	Yes	
Cherryhurst (KM 492V)	1700 Missouri, 77006	1	Yes	1	Moody (KM 453Y)	3725 Fulton, 77009	2	Yes	
Chimney Rock (KM 571B)	11655 Chimney Rock, 77035	2	Yes		Nieto (KM 495A)	500 Port, 77020	1	Yes	
Cleveland (KM 492M)	200 Jackson Hill, 77007	2	No		Northline (KM 413W)	6902 Nordling, 77076	2	Yes	
Clinton (KM 495U)	200 Mississippi, 77029	2	Yes		Nottingham (KM 489E)	14205 Kimberley, 77079	2	Yes	1
Cloverland (KM 573L)	3801 Hickok, 77047	2	Yes		Oak Forest (KM 452N)	2100 Judiway, 77018	2	Yes	
Cole Creek (KM 411W)	7200 Drowsy Pine, 77092	2	No		Proctor Plaza (KM 453X)	803 W. Temple, 77009	1	Yes	
Crestmont (KM 574J)	5100 Selinsky Rd, 77048	2	Yes	1	Gail Reeves (KM 531N)	8800 Mullins, 77096	2	Yes	1
Dodson Lake (KM 454F)	9010 Dodson, 77093	2	Yes	1	River Oaks (KM 492S)	3600 Locke Lane, 77027	4	No	
Dow (KM 535X)	7942 Rockhill, 77061	3	Yes	1	JRobinson, Sr. (KM 495L)	1422 Ledwicke, 77029	1	Yes	
Eastwood (KM 494T)	5000 Harrisburg, 77011	2	Yes		Sagemont (KM 576Y)	1507 Hughes, 77089	2	Yes	
Emancipation (KM 493U)	3018 Dowling, 77004	2	Yes	1	Scenic Woods (KM 415W)	449 Lakewood, 77017	2	Yes	
Finnigan (KM 494G)	4900 Providence, 77020	2	Yes		Schwartz (KM 451N)	8203 Vogue, 77055	2	Yes	
Fleming (KM 532D)	1901 Sunset Blvd, 77005	2	Yes		Settegast (KM 494N)	3001 Garrow, 77003	1	Yes	
Freeway Manor (KM 576F)	2241 Bronson/2300 Theta, 77034	1	Yes		Sharpstown (KM 530F)	8200 Bellaire Blvd, 77036	2	Yes	
Grady (KM 491Q)	1700 Yorktown, 77056	1	Yes		Smokey Jasper (KM 415A)	13400 River Trail Rd, 77050	2	Yes	
Graham (KM 452R)	540 West 34th St, 77018	1	Yes		Spotts (KM 493J)	401 S. Heights Blvd, 77007	2	Yes	
Greenwood (KM 497A)	602 Beresford, 77015	2	Yes		Sunnyside (KM 533X)	3502 Belfort, 77051	2	Yes	
Grimes (KM 573D)	5150 Reed Rd, 77033	2	Yes		Tanglewood (KM 491K)	5801 Woodway, 77057	2	Yes	
Hager (Lee) (KM 571A)	12100 Landsdowne, 77035	1	Yes	1	Tidwell (KM 454D)	9720 Spaulding, 77016	2	Yes	
Halbert (KM 453S)	200 East 23rd St, 77008	1	Yes		Townwood (KM 572P)	3403 Simsbrook, 77045	1	Yes	
Hartman (KM 535C)	9311 Avenue P, 77012	2	Yes		Walter Jones (KM 575T)	8000 Coastway Lane, 77075	2	Yes	
Haviland (KM 570H)	11600 Haviland, 77035	2	Yes		Westbury (KM 531W)	5635 Willowbend, 77096	2	Yes	
Highland (KM 451D)	3316 DeSoto, 77091	2	Yes	1	Westwood (KM 532S)	4045 Lemac, 77025	2	Yes	
Hutcheson (KM 454U)	5400 Lockwood, 77026	1	Yes		Willow (KM 531Z)	10400 Cliffwood, 77035	2	Yes	1
Independence Heights (KM453N)	601 East 35th St., 77022	1	Yes		Wilson Memorial (KM 576G)	100 Gilpin, 77034	2	Yes	
Ingrando (KM 535E)	7302 Keller, 77012	2	Yes		Windsor Village (KM 571P)	14441 Croquet, 77085	2	Yes	
Jaycee (KM 452W)	1300 Seamist, 77008	2	Yes	1	Winzer (KM 412S)	7300 Carver / Dolly Wright, 77088	2	Yes	
Karl Young (KM 532J)	7800 Stella Link, 77025	1	Yes		Woodland (KM 493C)	212 Parkview, 77009	1	Yes	
Keith-Wiess (KM 413M)	12300 Aldine-Westfield, 77093	2	Yes		Zollie Scales (KM 533P)	501 Corder, 77021	1	Yes	
Law (KM 534Y)	6200 Scarlet / 6100 Vassar, 77033	2	Yes	1					
Lincoln (KM 412Q)	979 Grenshaw, 77088	1	Yes						





Enjoy Golf as a Family

At
Brock, Gus Wortham and Sharpstown
During Twilight play hours from now through
December 31, every paid adult player
can bring one child FREE.
Mom and Dad, bring the kids
and make it a foursome!



This offer is valid weekdays and weekends, excluding November 26, December 26, and December 31.
Free green fee applies for children under the age of 18 only. Not valid with any other offers or discounts.



Sharpstown Park Golf Course
6600 Harbor Town
(713) 988-2099



Brock Park Golf Course
8201 John Ralston Road
(281) 458-1350



Gus Wortham Park Golf Course
7000 Capitol
(713) 928-4260



Memorial Park Golf Course
1001 East Memorial Loop Drive
(713) 862-4033

GOLF *courses*

The Houston Parks and Recreation Department provides 7 challenging golf courses for citizens' enjoyment. From the highly acclaimed Memorial Park (the #1 municipal course in the state!), to the well maintained and lower priced Brock Park and Gus Wortham Park courses, there is something for every golfer. Memorial, Hermann and Gus Wortham are all located inside the loop. Sharpstown, one of Houston's most popular and most walkable courses, is close in on the Southwest side. Brock offers opportunities to Northeast golfers, while Glenbrook provides a venue in the Southeast area of the City. Melrose, in the North Central part of the city, offers a chance to practice short-game skills with its 18 par -3 holes. All courses except Glenbrook have driving ranges, and all have practice putting and chipping greens. Pro shops are available at all courses. Dining facilities are available at all courses except Melrose.

All courses are non-metal spike facilities. Weekday fees apply Monday through Thursday. Weekend fees apply Friday through Sunday, and all city holidays. Junior (under 18) and Senior (65 – older) rates are offered on weekdays only. Twilight start times vary by season. Please call the course.

For tee time reservations, log on to www.houstonparks.org and access the tee time reservation system. This innovative tee time system includes Memorial, Sharpstown, Brock and Gus Wortham. For tee times at other courses call the pro shop. For information on all the courses, visit www.houstonparks.org. Lessons from qualified instructors are available at all courses. Tournament and corporate outings may be scheduled by calling any of the courses.

(Note: Prices subject to change without notice. Extra fee applies for use of electric golf car.)



Memorial Park Golf Course

Memorial Park Golf Course began in 1923 as a 9-hole sand green course built near the hospital at Camp Logan. In 1935, in an ambitious effort to enhance parks across the city, the Houston Parks and Recreation Department began constructing an illustrious 18-hole golf course. In July of 1936, the first ball was teed off on what architect John Bredemus called his "greatest golf course ever."

Through the years, Memorial Park Golf Course hosted many famous golfers such as Arnold Palmer, Babe Didrikson and Charlie Sifford. It also hosted the Houston Open PGA Tour event from 1951 to 1963. In 1995, a newly renovated 260-acre course opened with a lighted driving range, putting and chipping greens and a beautiful new clubhouse facility featuring an expanded pro shop and a Beck's Prime Restaurant.

Today, Memorial Park Golf Course is known as one of the best municipal courses in the nation and is visited by more than 60,000 patrons each year. Houston is proud to call Memorial Park Golf Course the crown jewel of Memorial Park. Memorial Park Golf Course is closed on Tuesdays. Tee times are available online at www.houstonparks.org. Click on the golf link and choose Memorial Park Golf Course to access the online tee time reservation system.

Location: Memorial Park (KM 492F)
1001 Memorial Loop, 77007

Information: (713) 862-4033

Yardage / Par: 7309 / 72

Hours: Dawn - 10:00 pm

Fees

Junior (Mon - Thur Only):	\$10.00
Senior/Disabled (Mon - Thur):	\$15.00
Mon - Thur:	\$30.00
Fri - Sat & Holidays:	\$38.00
Mon - Thur Twilight:	\$21.00
Fri - Sun Holiday Twilight:	\$28.00





Hermann Park Golf Course
Hermann Park Golf Course is a jewel nestled in the center of the Bayou City. Since 1922, this lush parkland course has been at the center of a rich tradition of golfing excellence. The course was fully renovated in 1998. The new clubhouse is located at the corner of Almeda and North MacGregor, and from there you set out on this short, but challenging and enjoyable course. Water toughens the course, coming into play on half the holes. You'll find

no more enjoyable way to experience George Hermann's legacy than playing this 18-hole oasis in the very heart of Houston.

Hermann has a driving range, practice putting green, pro shop and complete snack bar.

The Hermann Park Golf Course is managed for HPARD by BSL Golf Corp. Sales tax is additional on all fees. Carts required weekend mornings.

Location:	Hermann Park (KM 533A) 2155 N. MacGregor, 77030
Information:	(713) 526-0077
Yardage / Par:	6014 / 70
Hours:	7:00 am - 9:00 pm

Fees

Junior (Mon - Thur Only):	\$ 8.00
Senior/Disabled (Mon - Thur):	\$12.00
Mon - Thur:	\$21.50
Fri - Sun & Holidays:	\$30.64
Mon - Thur Twilight:	\$14.34
Mon - Thur Twilight 2:	\$11.00
Fri - Sun Holiday Twilight:	\$18.78



Gus Wortham Park Golf Course
Come play on living history. Gus Wortham opened in 1908 as the original Houston Country Club. Today, Wortham is the oldest continually operating 18 hole course in the state. Gus Wortham provides challenges not regularly found in Houston. Elevated tees and uphill carries to greens make you use all your clubs. The course is relatively wide open, making it attractive for all levels of golfers. The front 9 features 3 consecutive par 5 holes, 2 of which

you may want to go for in 2. Your shot-making skills will be tested on several of the "short but challenging" par 4 holes. Playing to more than 6,400 yards, Gus Wortham is a fun course, located only minutes from downtown and inside the loop.

A full driving range is available for practice or warming up. Additional practice areas include a putting green, chipping green and practice bunker. The pro shop staff is available for lessons. Gus Wortham has a fully stocked pro shop and full snack bar.

Tee times are available online at www.houstonparks.org. Click on the golf link and choose Gus Wortham Park Golf Course to access the online tee time reservation system.

Location:	Gus Wortham Park (KM 494Z) 7000 Capital, 77023
Information:	(713) 928-4261
Yardage / Par:	6447 / 72
Hours:	Dawn - Dusk

Fees

Junior (Mon - Thur Only):	\$ 7.00
Senior/Disabled (Mon - Thur):	\$10.00
Mon - Thur:	\$16.00
Fri - Sun & Holidays:	\$23.00
Mon - Thur Twilight:	\$13.00
Fri - Sun Holiday Twilight:	\$17.00



Sharpstown Park Golf Course
 Welcome to Houston's "Best Golfing Value." Sharpstown Golf Course has earned this reputation by providing outstanding customer service and excellent facility conditions, while offering some of the lowest fees in the gulf coast area. Sharpstown Golf Course is located in the heart of southwest Houston, one mile west of Hwy 59 and just 1 block north of Bellaire Blvd. on Harbor Town Drive. Sharpstown's convenient location allows for quick access

from anywhere in the greater Houston area. Recent improvements at Sharpstown include new cart paths, improved drainage, reconstructed bunkers, tees and lakes. The 18 hole, par 70 course has 4 sets of tees, allowing moderate degrees of difficulty for the novice and beginner, yet enough length (6,660 from the back tees) to test the avid and skilled player.

Sharpstown's amenities include a driving cage for practice or warming up, 2 putting greens, a chipping green, full service pro shop, café and beverage cart and golf professionals who are available for lessons.

Tee times are available online at www.houstonparks.org. Click on the golf link and choose Sharpstown Park Golf Course to access the online tee time reservation system.

Location: Sharpstown Park (KM 530F)
 6660 Harbor Town, 77036
Information: (713) 988-2099
Yardage / Par: 6600 / 70
Hours: Dawn - Dusk

Fees

Junior (Mon - Thur Only):	\$ 8.00
Senior/Disabled (Mon - Thur):	\$13.00
Mon - Thur:	\$18.00
Fri - Sun & Holidays:	\$26.00
Mon - Thur Twilight:	\$15.00
Fri - Sun Holiday Twilight:	\$20.00



Brock Park Golf Course
 Welcome to Houston's "Best Kept Secret," Brock Park Golf Course, quietly tucked in northeast Houston, far from the noise, but less than 20minutes from downtown. Brock Park is managed and maintained by the Houston Parks and Recreation Department's golf operations division staff. This tree-lined course has been one of the City's fine municipal courses since 1972. Brock plays to 6,427 yards with elevation changes unlike most courses in the area. It

combines risk and reward on many holes, and requires good shot selection and execution on others. Greens Bayou comes into play on 4 holes, and creeks cross 4 others. Good scores can be found at Brock, provided you stay out of the trees!

A driving range is available for practice or for warming up. Additional practice areas include a putting green, chipping green and practice bunker. The pro shop staff is available for lessons. Brock Park is a non-metal spike facility with a fully stocked pro shop and snack bar.

Tee times are available online at www.houstonparks.org. Click on the golf link and choose Brock Park Golf Course to access the online tee time reservation system.

Location: Brock Park (KM 456E)
 8201 John Ralston Road
Information: (281) 458-1350
Yardage / Par: 6427 / 72
Hours: Dawn - Dusk

Fees

Junior (Mon - Thur Only):	\$ 7.00
Senior/Disabled (Mon - Thur):	\$10.00
Mon - Thur:	\$16.00
Fri - Sun & Holidays:	\$23.00
Mon - Thur Twilight:	\$13.00
Fri - Sun Holiday Twilight:	\$17.00



Melrose Park Golf Course
Melrose Park Golf Course is one of the few 18 hole par-3 golf courses in the state and it is lighted for night play! Located on Canino Road, between Airline Drive and the Hardy Toll Road, Melrose also offers a lighted driving range with a grass hitting area, chipping green, practice bunker and practice putting green. With holes ranging in length from 70 yards to 145 yards, you will get the opportunity to

work on all aspects of your short iron game. Imagine being able to play 18 holes in less than 2 hours and have a chance for a hole-in-one on every hole! Melrose is a great family course and a great way to introduce new players to the game in a low pressure atmosphere.

Melrose is managed for HPARD by Walton Golf Enterprises. Individual lessons and group clinics are available. Fall hours are from 8:00 am to 9:00 pm. Contact the course for further information.

Location: Melrose Park (KM 413T)
401 Canino, 77076
Information: (281) 931-4666
Yardage / Par: 2250 / 54
Hours: Dawn - Dusk

Fees

Junior (Weekday Only):	\$ 6.50
Senior/Disabled (Weekday Only):	\$ 6.50
Weekday (Mon - Thur):	\$10.00
Weekday Night:	\$11.00
Weekday/Holiday (Fri - Sat):	\$12.00
Weekday/Holiday Night:	\$14.00



Glenbrook Park Golf Course
Glenbrook Park Golf Course is located south/southeast of downtown Houston in the Hobby Airport area.

Glenbrook is one of the original courses built in Houston. It was acquired by the City in the 1960's. With the pending widening of Sims Bayou, the city undertook a full renovation and realignment beginning in 1989. The result is a course that plays longer and tougher, crossing the new Sims channel six times, and the old channel two more times. Don't worry, most carries over the water are not as long as they look. Recent improvements to the course include additional tee boxes and improved cart paths. The course now plays to over 6,500 yards.

Glenbrook is managed for HPARD by the Lopez Management Group. Tee times are available on Thursday morning at 7:00 a.m. for Friday, Saturday and Sunday starting times. Sales tax on all fees is additional.

Location: Glenbrook Park (KM 535Q)
8205 Bayou Drive, 77017
Information: (713) 649-8089
Yardage / Par: 6520 / 71
Hours: Dawn - Dusk

Fees

Junior (Mon - Thur Only):	\$ 7.00
Senior/Disabled (Mon - Thur):	\$10.00
Mon - Thur:	\$16.00
Fri - Sun & Holidays:	\$23.00
Mon - Thur Twilight:	\$13.00
Fri - Sun & Holiday Twilight:	\$17.00

PERMITS & RESERVATIONS

Permits and Reservations

HPARD has many different venues available for rental. Whether you are planning a wedding, a family or a neighborhood event, a company picnic or a sports tournament we have a site for you!

An area within a park may be reserved for personal use or private events by obtaining a permit through HPARD's Permits Section for a fee and refundable deposit. This permit ensures the exclusive use of the specific space for a designated time frame.

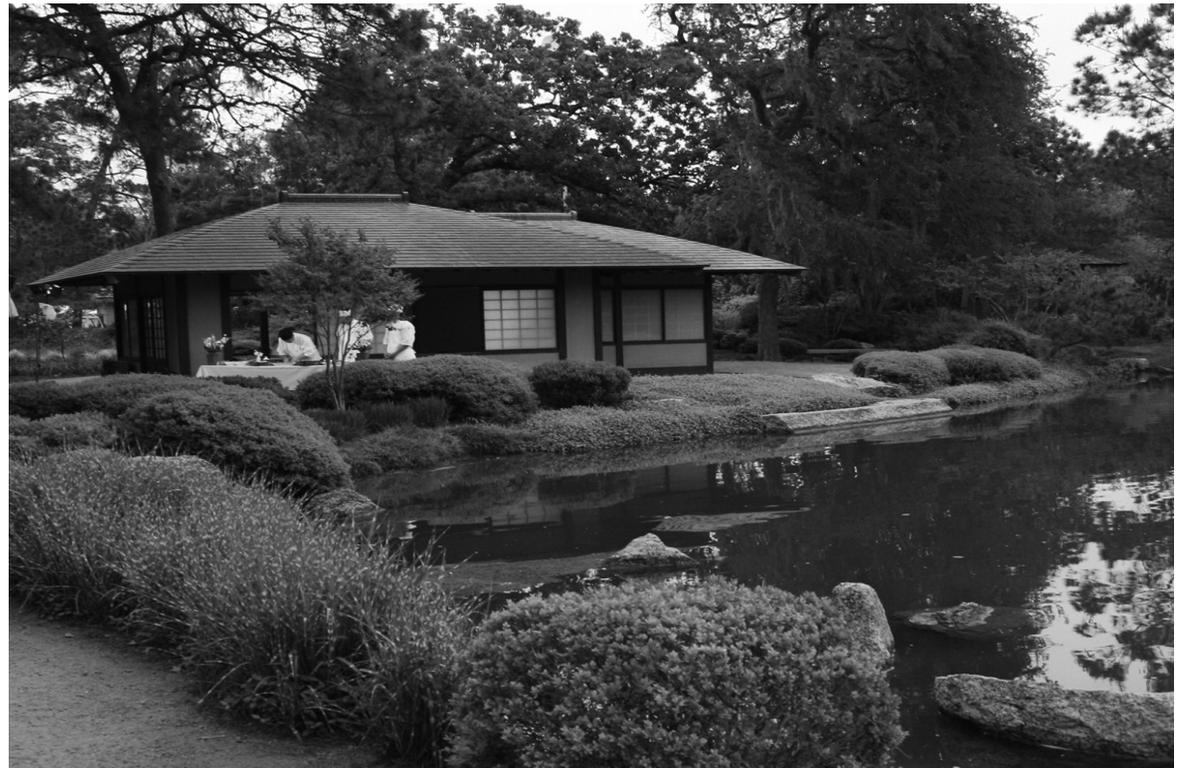
Park space, including pavilions, picnic table clusters and open space may be reserved for picnics, birthday parties, family or religious gatherings, weddings and more. Sports field rentals and reservations, with all the amenities, are also available year round at nominal fees for weekdays and weekends. When planning your event it is very important to contact HPARD's Permits Office as early as possible to receive the most current information on the park or facility of your choice.

For information regarding permits for large public events, call the Mayor's Office of Special Events at (832) 393-0868.

Office Hours:	8:30 am - 4:45 pm, M-F
Sportsfield Permits:	(832) 395-7010 (832) 395-7011
Outdoor Permits:	(832) 395-7012 (832) 395-7013



Memorial Park



GARDENS

Houston Garden Center

Wander the pathways of The Houston Garden Center and enjoy the sights and smells of over 2,500 roses. Identify your favorite rose, tree or flower on a casual stroll or plan your next event with the center as its backdrop. The gardens cover 15 acres of land and include the All-American Rose Selection Test Garden, the Bulb Garden, the Fragrant Garden, the Perennial Garden, the Camellia Garden, the Friendship Pavilion and the early stages of the International Garden.

Every year, the Garden Center serves as a backdrop for weddings, private functions, plant shows and various garden club meetings.

The center is located across from the Miller Outdoor Theatre and just east of the Houston Museum of Natural Science.

Visit www.houstonparks.org for a listing of horticultural groups that meet at the Houston Garden Center throughout the year. For rental information, contact the Houston Garden Center Office during normal business hours.

Office Hours:	8:00 am – 5:00 pm, M-F
Information:	(713) 284-1989

Japanese Garden at Hermann Park

Nestled in a pine grove near the Sam Houston Monument in Hermann Park you'll find an island of serenity known as the Japanese Garden. Designed by world-renowned Japanese landscape architect Ken Nakajima, the garden was built to symbolize the friendship between Japan and the US, and to recognize Houston's thriving Japanese community.

The Japanese Garden in Hermann Park is built in the Daimyo Style, a traditional design that dates back to the 17th, 18th, and 19th century stroll gardens. Like most stroll gardens, this 5 acre oasis is designed around a sequence of landscape elements, which combine together to create a work of living art.

THE JAPANESE GARDEN IS NOT AVAILABLE FOR RENTALS.

Spring/Summer Hours:	10:00 am - 6:00 pm
Fall/Winter Hours:	10:00 am - 5:00 pm
Location:	6001 Fannin
Information:	(713) 284-1989

PICNIC spots

Houston Parks and Recreation Department - Preserving Parks For Today - Building For The Future

Hidalgo Park - 7000 Avenue Q

A lovely gazebo and attractive grounds make it an enjoyable spot on the city's east side. A youth sports field and playground keep the neighborhood kids coming back for more.

Jaycee Park - 1300 Seamist

This lovely park in Northwest Houston is a favorite for area families. Its shady trees and neighborhood atmosphere make it an ideal place for a picnic and the accompanying open space begs for any type of ball game.

Memorial Park - 6501 Memorial Drive

One of the city's most popular parks, Memorial Park offers picnic areas that are gloriously shaded, and there are plenty of activities for the sports enthusiast, including jogging, golf, tennis, softball, biking, rollerblading and swimming.

Milby Park - 2001 Central

Showcases sprawling grounds, towering trees and a spacious picnic pavilion right along the bayou for a fun family gathering or quiet lunch al fresco. Experience this gem at Old Galveston Road and Highway 225.

Moody Park - 3725 Fulton

The quintessential park for an old-fashioned Sunday stroll. Enjoy winding walkways lined with traditional park benches, shaded picnic areas and a beautifully refurbished gazebo.

River Oaks - 3600 Locke Lane

There's so much shade at this park, you might miss it for the trees. The playgrounds are ideal for young children, while the picnic areas offer a perfect spot for a busy day.

Tanglewood Park - 5801 Woodway

Nestled in the Galleria area on Woodway, this quiet little spot is a great place to take a break from shopping. Stop for a rest at the gazebo or play a game of tennis on one of two lighted courts.



Memorial Park



Memorial Park



Memorial Park

SENIOR *programs*

HPARD Senior Programs provides a wide variety of recreation and leisure activities for seniors, ages 55 years and older, at various community centers across the Houston area. Activities include specialty and creative crafts, fitness, walking clubs, cultural events, senior forums, field trips and special events. Other program components include craft exhibitions, computer classes at local libraries, fashion shows, special holiday events, Sr Olympics competition and sports programs. Most programming is **FREE** unless otherwise indicated. Field trips and certain programs may require a minimum fee or request that participant provide their own materials.

Ages: 55 and older
Registration: Ongoing
Program Dates: Ongoing
Fees: **FREE**
 (Except for Field Trips or Special Programs)
Times: Varies by Community Center
Information: (832) 395-7133
 (832) 395-7270

MONDAY

Clark (KM 535F)	9718 Clark, 77076	(713) 742-1492
Ingrando (KM 535F)	7302 Keller, 77012	(713) 643-4764
Judson Robinson, Sr. (KM 495L)	1422 Ledwicke, 77029	(713) 674-2401

TUESDAY

Clark (KM 453B)	9718 Clark, 77076	(713) 742-1497
Edgewood (KM 534X)	5803 Bellfort, 77033	(713) 734-8434
Selena Quintanilla Perez/ Denver Harbor (KM 494H)	6402 Market, 77020	(713) 675-2151

WEDNESDAY

DeZavala (KM 495S)	7521 Avenue H., 77012	(713) 923-5163
Crestmont (KM 574J)	6200 Selinsky, 77048	(713) 733-2236

THURSDAY

Crestmont (KM 574J)	6200 Selinsky, 77048	(713) 733-2236
Eastwood (KM 494T)	5020 Harrisburg, 77011	(713) 928-4801

FRIDAY

Edgewood (KM 534X)	5803 Bellfort, 77033	(713) 7343-8434
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Senior Programs

Senior Specialty Crafts & Leisure

Learn and enjoy a variety of leisure type activities including flower arranging, ceramics, quilting, painting and much more at some of your local community centers.

Ages: 55 - up
Registration: Ongoing
Fees: FREE
Program Dates: Year round
Times: Various by Community Center
Information: (832) 395-7274

NORTHEAST

Clark (KM 453B)	Arts & Crafts	T	12:00 pm - 2:00 pm	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	Ceramics	W & F	12:00 pm - 2:30 pm	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	Hat Making	M	9:00 am - 2:00 pm	9718 Clark, 77076	(713) 742-1497
Clinton (KM 495V)	Crafts	W	8:00 am - 3:00 pm	200 Mississippi, 77029	(713) 673-0955
Clinton (KM 495V)	Walking Club	W & F	8:00 am - 9:00 am	200 Mississippi, 77029	(713) 673-0955
Finnigan (KM 495H)	Crafts	M - F	9:00 am - 12:00 pm	4900 Providence, 77020	(713) 678-7385
Hobart Taylor (KM 455Q)	Line Dancing	M	10:00 am - 11:00 am	8100 Kenton, 77028	(713) 674-3959
Hobart Taylor (KM 455Q)	Crochet	M	12:00 pm - 2:00 pm	8100 Kenton, 77028	(713) 674-3959
Hobart Taylor (KM 455Q)	Arts & Crafts	M	12:00 pm - 3:00 pm	8100 Kenton, 77028	(713) 674-3959
Hobart Taylor (KM 455Q)	Nutrition	T	10:00 am - 11:30 am	8100 Kenton, 77028	(713) 674-3959
Hobart Taylor (KM 455Q)	Jewelry Making	T	12:00 pm - 2:00 pm	8100 Kenton, 77028	(713) 674-3959
Hobart Taylor (KM 455Q)	Ceramics	W	11:00 am - 1:30 pm	8100 Kenton, 77028	(713) 674-3959
Hobart Taylor (KM 455Q)	Flower Arranging	M	12:00 pm - 2:00 pm	8100 Kenton, 77028	(713) 674-3959
Hobart Taylor (KM 455Q)	Quilting	Th	3:00 pm - 5:00 pm	8100 Kenton, 77028	(713) 674-3959
Judson Robinson, Sr.	Crafts	F	11:00 am - 1:00 pm	1422 Ledwicke, 77029	(713) 674-2401
Moody (KM 453Y)	Crafts	T	10:00 am - 12:00 pm	3725 Fulton, 77009	(713) 692-6925
Tidwell (KM 454D)	Crafts	T	10:00 am - 11:45 pm	9720 Spaulding, 77016	(713) 636-8221
Tuffly (KM 454X)	Line Dance	Th	6:00 pm - 7:30 pm	3200 Russell, 77026	(713) 674-2355
Tuffly (KM 454X)	Ceramics	T	10:00 am - 1:00 pm	3200 Russell, 77026	(713) 674-2355

NORTHWEST

Carverdale (KM 450A)	Quilting	M & W	10:00 am - 12:00 pm	9920 Porto Rico, 77041	(713) 895-6141
Fonde (KM 493K)	Basketball	T	4:00 pm - 6:00 pm	110 Sabine St., 77002	(713) 226-4466
Fonde (KM 493K)	Basketball	S	10:30 am - 12:30 pm	110 Sabine St., 77002	(713) 226-4466
Fonde (KM 493K)	Pickleball	W	9:00 am - 11:00 am	110 Sabine St., 77002	(713) 226-4466
Fonde (KM 493K)	Pickleball	S	10:30 am - 12:30 pm	110 Sabine St., 77002	(713) 226-4466
Lincoln City (KM 412Q)	Quilting	M	9:00 am - 1:00 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Writing	M	11:30 am - 12:30 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Computer Class	T	10:30 am - 12:30 am	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Gardening	2nd & 4th W	10:00 am - 11:00 am	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Sr's Game Day	W	10:00 am - 12:00 pm	979 Grenshaw, 77088	(281) 445-1617
Milroy (KM 452Z)	Ceramics	T	12:00 pm - 2:00 pm	1205 Yale, 77008	(713) 867-0397
Milroy (KM 452Z)	Jewelry Making	T	10:00 am - 12:00 pm	1205 Yale, 77008	(713) 867-0397
Milroy (KM 452Z)	Quilting	M & T	10:30 am - 12:30 pm	1205 Yale, 77008	(713) 867-0397
Montie Beach (KM 453X)	Ceramics	W & Th	10:30 am - 12:30 pm	915 Northwood, 77009	(713) 864-6820
Montie Beach (KM 453X)	Quilting	M & T	10:30 am - 12:30 pm	915 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	Scrapbooking	M	10:00 am - 12:00 pm	803 West Temple, 77009	(713) 862-6907
Woodland (KM 493C)	Quilting	F	6:00 pm - 5:00 pm	212 Parkview, 77009	(713) 867-0401



SOUTHEAST

Bessie Swindle (KM 576S)	Bridge	T & W	10:00 am - 4:00 pm	11800 Scott, 77047	(713) 733-4581
Bessie Swindle (KM 576S)	Scrapbooking	M & F	10:00 am - 3:00 pm	11800 Scott, 77047	(713) 733-4581
Beverly Hills (KM 576S)	Ceramics	M & W	10:00 am - 2:00 pm	10201 Kingspoint, 77075	(713) 948-9065
Crestmont (KM 574J)	Flower Arranging	T & Th	10:00 am - 11:00 am	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	Crafts	W & Th	9:00 am - 1:00 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	Quilting	M	11:00 am - 2:00 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	Line Dance	T	9:00 am - 12:00 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	Social Club	T - Th	12:00 pm - 4:00 pm	5200 Selinsky, 77048	(713) 733-2236
Eastwood (KM 494T)	Flower Arranging	W & F	10:00 am - 12:00 pm	5020 Harrisburg, 77011	(713) 928-4801
Eastwood (KM 494T)	Ceramics	M,T & F	10:00 am - 2:00 pm	5020 Harrisburg, 77011	(713) 928-4801
Edgewood (KM 534X)	Hat Making	Th	10:00 am - 2:00 pm	5803 Bellfort, 77033	(713) 734-8434
Edgewood (KM 534X)	Jewelry Making	F	9:00 am - 2:00 pm	5803 Bellfort, 77033	(713) 734-8434
Hartman (KM 535C)	Ceramics	W	10:00 am - 12:00 pm	9311 E. Ave. P., 77012	(713) 928-4803
Ingrando (KM 535F)	Ceramics	W	9:00 am - 12:00 pm	7302 Keller, 77012	(713) 643-4764
Mason (KM 535A)	Ceramics	T	10:00 am - 12:00 pm	541 South 75th, 77023	(713) 928-7055
Meadowcreek (KM 536S)	Sr. Aerobics	M, T, W	10:00 am - 11:00 am	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 536S)	Line Dance	F	10:00 am - 12:00 pm	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 536S)	Board Games	F	10:00 am - 12:00 pm	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 536S)	Walking	M - F	9:00 am - 10:00 am	5333 Berry Creek, 77017	(713) 946-9020
Settegast (KM 494N)	Ceramics	T	9:00 am - 11:00 am	3000 Garrow, 77003	(713) 238-2200
Settegast (KM 494N)	Scrapbooking	Th	9:00 am - 11:00 am	3000 Garrow, 77003	(713) 238-2200

SOUTHWEST

Burnett Bayland (KM 531B)	Dominos	T & Th	1:00 pm - 3:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Burnett Bayland (KM 531B)	Table Tennis	M, W & F	1:00 pm - 3:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Emancipation (KM 493Y)	Sewing	T	8:00 am - 12:00 pm	3018 Dowling, 77004	(713) 284-1302
Emancipation (KM 493Y)	Sewing	T	1:00 pm - 5:00 pm	3018 Dowling, 77004	(713) 284-1302
Godwin (KM 531U)	Ceramics	T & Th	10:00 am - 1:00 pm	5101 Rutherglen, 77096	(713) 726-7114
Hackberry (KM 530K)	Sr. Scrapbook	W	12:00 pm - 2:00 pm	7777 S. Dairy Ashford, 77072	(713) 776-9908
Hackberry (KM 530K)	Dominos	T & Th	12:30 pm - 2:00 pm	7777 S. Dairy Ashford, 77072	(713) 776-9908
Lansdale (KM 530K)	Ceramics	W	11:00 am - 1:00 pm	8201 Roos, 77036	(713) 272-3668
Lansdale (KM 530K)	Social Quilting	T	10:00 am - 12:00 pm	8201 Roos, 77036	(713) 272-3668
Linkwood (KM 532P)	Quilting	T - Th	11:00 am - 1:00 pm	3699 Norris, 77025	(713) 314-3107
Linkwood (KM 532P)	Scrabble Club	T	12:00 pm - 2:00 pm	3699 Norris, 77025	(713) 314-3107
Marian (KM 530X)	Sr. Games	Th	12:00 pm - 2:30 pm	11101 S. Gessner, 77071	(713) 773-7015
Platou (KM 571B)	Sr. Games	Th	12:30 pm - 2:30 pm	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Quilting	M & T	10:00 am - 12:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Sharpstown (KM 530F)	Knitting/Crochet	T	11:30 am - 1:30 pm	6600 Harbor Town, 77036	(713) 988-5328
Sharpstown (KM 530F)	Quilting	W	12:30 pm - 3:30 pm	6600 Harbor Town, 77036	(713) 988-5328
Sharpstown (KM 530F)	Chess Club	T	5:30 pm - 7:30 pm	6600 Harbor Town, 77036	(713) 988-5328
Sunnyside (KM 533X)	Quilting	M	11:00 am - 2:00 pm	3502 Bellfort, 77051	(713) 734-5061
Townwood (KM 572P)	Sewing	T	10:00 am - 2:00 pm	3403 Simsbrook, 77045	(713) 434-3508
Windsor Village (KM 530K)	Ceramics	T & Th	9:30 am - 12:00 pm	14441 Croquet, 77085	(713) 726-7113

Senior Programs



*Houston Parks and Recreation Department
U.S. Paralympic Military Sports Program*

METAL & MUSCLE EXPO

May 13 - 14, 2011

9:00 a.m. - 5:00 p.m.

George R. Brown Convention Center
1001 Avenida de Las Americas, 77010



The Metal & Muscle EXPO is FREE and open to all and will feature paralympic sports clinic, competitive team activities and exhibitors who provide services for people with physical disabilities.

Demonstrations and activities will include:

*Sitting Volleyball • Power Soccer • Challenge Slalom • Wheelchair Rugby • Judo for the Blind
Air Gun Competition • Wheelchair Basketball • Wheelchair Racing • Amputee Walking/Running Clinic*

Service men and women returning from Iraq & Afghanistan with permanent physical disabilities (including blind and visually impaired as well as all veterans with a physical disability) are encouraged to attend.

Able-bodied and participants and spectators welcome. Integrated events offered for participation by both able-bodied and persons with disabilities. Team and individual prizes awarded to top Metal & Muscle Finishers.

Check www.houstonparks.org for more information to come!

**US PARALYMPIC
MILITARY
PROGRAM**

 **HOUSTON
PARKS
& RECREATION
DEPARTMENT**
www.houstonparks.org
A CAPRA Accredited Agency

ADAPTIVE SPORTS *and* RECREATION

The Houston Parks and Recreation Department provides access to year round activities for children and adults with disabilities through the Adaptive Recreation Division located at the Metropolitan Multi-Service Center, 1475 West Gray. In addition to providing activities, the Metropolitan Multi-Service Center partners with organizations that serve children and adults with disabilities. The goal is to provide access, experiences and opportunities to learn new skills and redefine abilities while participating in recreational activities.

Greater Houston Athletic Association for Physically Disabled

Activity: Wheelchair Soccer & Bocce
Information: (713) 521-3737
www.ghaapd.org

The Arc of Greater Houston

Activity: Monthly Dance/Social For
Adults With Intellectual &
Developmental Disabilities
Information: (713) 957-1600
www.thearcofgreaterhouston.com

Houston Area Parkinson Society

Activity: Tai Chi and Exercise for Adults
with Parkinson
Information: (713) 313-1652
www.hapsonline.org



The River Performing and Visual Arts Center

Information: (713) 520-1220
www.theriver.org

Adolescent Bariatric Surgery Program Support Group

Date: 2nd & 4th Tuesday
Of Every Month
Time: 5:00 pm - 7:00 pm
Fee: FREE
Location: Metropolitan Multi-Service Center
1475 West Gray
Information: (832) 822-4868
Trish Walters-Salas, BSN, RN,
CCM Case Manager
Bariatric Surgery Program
Texas Children's Hospital

Youth Social and Play Group

Ages: 2-19
**Program
Dates:** 2nd Saturday of each month/
yearly
Time: 10:00 am - 2:00 pm
Fee: FREE
Location: Metropolitan Multi-Service Center
1475 West Gray
Information: (281) 870-0093
Rosario Vasquez

Houston Deaf Seniors of Texas

Ages: 55 - up
Dates: 2nd & 4th Wednesday
Of Every Month May - Aug
Location: Metropolitan Multi-Service Center
1475 West Gray
Information: (281) 656-2576
Nancy Morris





Friends of the Park Council at MMSC

The Friends of the Park Council at MMSC serves to support the staff and programs of HPARD's Adaptive Recreation section. They also help communicate the vision, goals and services of the program to constituent communities and provide a forum for program ideas and services.

The Friends of the Park Council at MMSC meets every two months on the second Tuesday of the month.

Date: 2nd Tuesday of the month
Time: 3:30 pm - 5:00 pm
Location: Metropolitan Multi-Service Center
 1475 West Gray
Information: (713) 284-1973
 charles.french@houstontx.gov

Paralympic Military Program

The US Paralympic Military Program is for Military men and women who have returned from Iraq and Afghanistan with a permanent physical disability, including the blind and visually impaired. All veterans with a physical disability and other local people with a physical disability are invited to participate. Paralympic sports include sitting volleyball, power soccer, judo, goal ball, air guns, and rugby. If you are a veteran or know someone who might be interested in participating please contact us.

Registration: Required
Fee: FREE
Program Dates: Year Round
Times: vary
Location: Metropolitan Multi-Service Center
 1475 West Gray
Information: (713) 284-1973
 charles.french@houstontx.gov



Art Class

In partnership with the Houston Civic Arts Association, HPARD's Adaptive Recreation Section will host an art class with professional instruction in water color and acrylic based paints for people with disabilities.

Ages: All Ages
Registration: Required
Program Dates: Sept 1 - Oct 20
Time: 1:00 pm - 3:00 pm, Wed
Fee: FREE
Location: Metropolitan Multi-Service Center
 1475 West Gray
Information: (713) 284-1973

Paralympic Sports Day

This one day clinic will introduce various Paralympic Sports to people with physical disabilities. The clinic is open to people of all ages with physical disabilities including spinal cord injuries, amputees, and blind and visually impaired participants.

Ages: Youth and Adult
Registration: Required
Program Dates: Oct 10
Time: 9:00 pm - 3:00 pm
Fee: FREE
Location: Metropolitan Multi-Service Center
 1475 West Gray
Information: (713) 284-1973

Adaptive Aquatics Program

Adaptive Aquatics - Initial in water orientation and then exercise, lap swim or water walk in the heated, indoor-natatorium. The pool provides a great environment for people with disabilities to exercise.

Participants are required to have independent functioning mobility skills or bring an adult attendant to assist them. Pre-registration is required and must be completed prior to participant getting in the pool. HPARD staff will conduct initial safety screening in the water.

Physical therapy or other private practice businesses are not permitted to operate in this pool.

Ages: Youth and Adult
Registration: Required
Program Dates: Year round
Time: 9:00 am - 7:00 pm (M-Th)
 9:00 am - 3:00 pm (F)
Fee: FREE
Location: Metropolitan Multi-Service Center
 1475 West Gray
Information: (713) 284-1983

Youth and Adult Swim Team

In partnership with Memorial Hermann TIRR we are beginning a new Paralympic swim team which will practice on Wednesday nights from 7:00 p.m. to 8:30 p.m. Paralympic swimming is open to male and females with physical disabilities including dwarfism, spinal cord injury, amputations, cerebral palsy, brain injury, stroke and other physical disabilities. A certified coach and lifeguard will be on hand at all times. Stroke technique, coaching and lessons will be provided.

Program Dates: Wednesdays; September 15, 2010 - summer 2011
Time: 7:00 pm - 8:30 pm
Fee: FREE
Location: Metropolitan Multi-Service Center
 1475 West Gray
Information: (713) 284-1973
 Genny Gomez - genny.gomez@memorialhermann.org
 Chuck French - charles.french@houston.tx.gov



Adult Wheelchair Basketball

Weekly practice and play throughout the summer is scheduled for adults age 16 and up. No motorized chairs allowed in this game. Mondays and Wednesdays are open gym for wheelchair basketball. Sports chairs are available to check out. Registration is required.

Ages: 16 - Older
Registration: Required
Fee: FREE
Program Dates: Mon & Wed - Open gym for wheelchair basketball
Times: 6:00 pm - 9:00 p.m.
Location: Metropolitan Multi-Service Center
 1475 West Gray
Information: (713) 284-1973



Adult Wheelchair Rugby

Get ready for fast, full-court action when adults clash metal to metal in this fast paced wheelchair sport. Rugby is for quadriplegics who have independent, upper body function. Participants must have independent functioning skill to participate. Motorized chairs not permitted in this game.

Ages: 12 - Older
Registration: Required
Fee: FREE
Program Dates: Thursdays; November 18, 2010 - April 28, 2011
Times: 6:00 pm - 9:00 pm
Location: Metropolitan Multi-Service Center
 1475 West Gray
Information: (713) 284-1973



Adult Wheelchair Soccer National Tournament

Get ready for fast, full-court action when adults clash metal to metal in this fast paced wheelchair sport. This game is for participants who have independent, upper body function. Motorized chairs **ARE PERMITTED** in this game.

Hosted by the Greater Houston Athletic Association for the Disabled (GHAAPD), the University of Houston DART Center, and the Houston Parks & Recreation Department.

The National Indoor Wheelchair Soccer Tournament will be held the weekend of Nov 6 & 7, 2010.

Ages: 12 - Older
Registration: Required
Fee: FREE
Program Dates: Nov 6 - Nov 7, 2010
Times: 8:00 am - 4:00 pm
Location: U of H Campus Rec Bldg Ctr
 4500 University Dr, 77204
Information: (713) 284-1973



Adult Recreation Fitness Center

The Metropolitan Multi-Service Fitness Center is specifically designed to be used by adults with a physical disability including visually impaired and blind who are able to function independently. The facility is equipped with wheelchair accessible upper body weight equipment along with cardio machines to get your heart pumping. Pre-registration and a safety briefing are required before using this facility.

Ages: 16 - older
Registration: Required
Program Dates: 8:00 am - 8:00 pm, M - Th
 8:00 am - 4:00 pm, F
Fee: FREE
Location: Metropolitan Multi-Service Center
 1475 West Gray
Information: (713) 284-1973



Power Soccer

Power Soccer is the fastest growing sport for wheelchair users. Power Soccer is the first team sport designed specifically for power wheelchair users. It combines the skill of the wheelchair user with the speed and power of the chair itself, to participate in an extremely challenging game similar to soccer.

All ages and abilities welcome!

Ages: All Ages
Registration: Required
Fee: FREE
Program Dates: Nov 10, 2010 - April 2011
 Tues
Times: 6:00 pm - 8:00 pm
Location: Metropolitan Multi-Service Center
 1475 West Gray
Information: (713) 284-1973



Wheelchair Tennis

Wheelchair tennis is one of the fastest growing sports in the United States for children and adults with physical disabilities. Not only does it offer a great workout, it can be a life-long family activity. And it is fun! With a few minor adjustments, tennis can be enjoyed by everyone.

Ages: All Ages
Registration: Required
Fee: FREE
Program Dates: Tuesday evenings
Times: 7:00 pm - 8:30 pm
Location: Metropolitan Multi-Service Center
 1475 West Gray
Information: (713) 284-1973



PARK VOLUNTEER programs

Every year HPARD depends on hundreds of volunteers of all ages to assist in a variety of programs and activities from coaching youth sports teams to cleanup projects in neighborhood parks. We encourage individuals, businesses, youth and adult organizations and corporate sponsors to learn more about all the volunteer opportunities available with the department. Make a difference in your community, in the lives of children and in our park programs. Get involved and volunteer today!

Recreation and Wellness Volunteer Programs

Teen Volunteer Program

Volunteer at your area community center and gain valuable experience in the recreational field, explore a potential career option and develop your personal and professional skills while giving back to your community.

Volunteer opportunities include: After School Enrichment Program Assistance, Office Assistant and acting as a Receptionist.

No experience is necessary. Teen Volunteers are required to complete a Teen Volunteer Application Form.

Ages: 14 - 17
Registration: Ongoing
 During Community Ctr Hours
Program Dates: Jan 3 – May 28, 2011
Times: 3:00 pm - 8:00 pm
Location: All HPARD Community Ctrs
Information: (832) 395-7295

Athletic Team Volunteer

Team volunteers serve as coaches, assistant coaches or provide support to youth participating in baseball, basketball, flag football, golf, soccer, track and field and volleyball.

Volunteers must complete an application and successfully pass a background check before being accepted as a volunteer.

Ages: 18 - older
Information: (832) 395-7277

Adult Volunteer Program

Volunteer at your area community center and gain valuable experience in the recreational field, explore a potential career option and develop your personal and professional skills while giving back to your community.

Volunteer opportunities include: Assisting with After School Enrichment Program, Office Assistant, Chaperone on youth field trips and Receptionist duties.

No experience is necessary. An Adult Volunteer Application Form must be completed.

All applicants must pass a Background Check before being accepted as a volunteer.

Ages: 18 - older
Registration: Ongoing
 During Community Ctr Hours
Program Dates: Jan 4 – May 15, 2011
Times: 12:00 pm - 8:00 pm
Location: All HPARD Community Ctrs
Information: (832) 395-7264
 (832) 395-7295

Friends of the Park

Make a difference in your community by joining your neighborhood Friends of the Park Council. Your assistance is needed with volunteer opportunities, planning and assisting with special events and providing input regarding the community's programming needs.

Ages: 18 - older
Location: All HPARD Community Ctrs
Information: (832) 395- 7264
 (832) 395- 7294

Greenspace Volunteer Programs

Green Team Volunteer Program

Green Team Volunteers provide landscaping maintenance and improvements, tree planting, park and/or bayou de-littering and help with beautification projects. Individuals, businesses, youth and adult organizations and corporate sponsors are all encouraged to participate in this program.

All volunteers must complete a volunteer waiver form for each event.

Ages: Youth - Adult
 Varies With Project
Registration: (832) 395-7030

Eagle Scout Projects

HPARD welcomes project submission from Eagle Scout candidates for projects that benefit park green spaces, youth sports programs and our community centers.

Ages: 18 - older
Registration: (832) 395-7030

Internship Program

HPARD provides a professional environment in which undergraduate, graduate and post-graduate students may acquire experience, which relates to their academic course of study. The internship program is open to all students from an accredited college or university who are seeking and actively pursuing a career in the fields of recreation, park management or other related professions.

Ages: 18 - older
Registration: (832) 395-7112

PARK & *adoption* GREENSPACE

Park Adoption Programs

HPARD's Adoption programs are a great way to show your pride and commitment to Houston's parks and green spaces. Whether you're with a group or business interested in active community involvement we have a program that will fit your desire to improve the quality of our park system and public land.

There are 5 different Adoption Programs for you to choose from, Adopt-A-Park, Adopt-An-Esplanade, Adopt-A-Sports Field, Adopt-A-Trail and Adopt-A-Library Greenspace. Regardless of the program you choose your involvement helps us maintain green spaces that we're all proud of!

Contact: Marilu De La Fuente
Information: (832) 395-7029
marilu.delafuente@houston.tx.gov

Adopt-A-PARK

This adoption program welcomes homeowners associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of a park.

Term of agreement is 2- 3 years.



Lake Houston Wilderness Park

Adopt-A-SPORTS FIELD

This adoption program welcomes organizations or individuals who wish to adopt a sports field in lieu of paying permitting fees associated with the use of ball fields. This adoption is available for youth leagues only.

The term is for 6 months (Jan-June) and (July-Dec). The adoptee is responsible for all maintenance related to the sports field for the entire 6 month period.



Adopt-An-ESPLANADE

This adoption program welcomes homeowners associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of esplanades/medians.

Term is perpetual provided adoptee maintains esplanades/medians free of trash, mowed and edged.

Adopt-A-LIBRARY GREEN SPACE

This adoption program welcomes homeowners associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of library grounds. Term is a 2 year minimum.

Adopt-A-TRAIL

This adoption program welcomes civic groups interested in providing long-term support for the maintenance and aesthetic quality of a portion of a trail. Term is a 2 year minimum.



Lake Houston Wilderness Park

PARTNERING *with parks*

The Houston Parks and Recreation Department (HPARD) oversees 369 developed parks and more than 200 green spaces totaling over 38,959.42 acres of land. We are committed to providing the public with educational and recreational programming; with responsible stewardship of Houston's parkland, greenspaces and urban forest; and with volunteering and partnership opportunities, for individuals and businesses that support the City's parks.

Partnering with Parks can help your group meet organization's goals while improving the city's quality of life and providing one of the most visible and public ways to demonstrate your dedication and commitment to the environment and to the community. Public-private partnerships benefit all of us all. Won't you join us today to create something wonderful for all Houstonians!

Contact: Karen Cullar
Information: (832) 395-7056
karen.cullar@houstontx.gov

Lake Houston Wilderness Park
Lake Houston Wilderness Park (LHWP) is a 4,800-acre "natural" park northeast of Houston acquired by the City from TPWD in 2006. It is managed for the City by the Houston Parks and Recreation Department. The park is on the central flyway for migratory birds of the U.S. and is recognized on the Great Texas Coastal Birding Trail (Upper).

LHWP provides camping facilities; hiking, biking and equestrian trails; water activities for kayaks and canoes; and natural areas for nature lovers and birders alike.

Partnership and funding opportunities exist in many areas including the creation of a vehicle bridge, the development of a park headquarters and pavilion, the development of canoe and kayak facilities and the building of cabins and stables.

AmeriCorps
AmeriCorps NCCC team members have been working hard to build a new 4.5 - mile trail for Lake Houston Wilderness Park.

This summer a third team of AmeriCorps members (13 total) cleared trees and dense understory vegetation for a new trail to connect scenic spots of LHWP (including a great view of white sand beaches and bottomland habitat). The new trail is open. This grant trades the team's sweat equity for in-kind housing within a competitive grant process for projects. They live and work at the park completing daily tasks such as: landscape, erosion prevention, repair and installation of amenities, maintenance and assisting with the natures center coordinating activities for children and youth.

AmeriCorps NCCC (National Civilian Community Corps) is a full-time national service program. For 10 months, members serve on teams to meet urgent community needs receiving room and board, a modest living stipend, travel expenses, health benefits, training, and a \$5,350 education award.

If you would like more information, please visit their website at: www.americorps.gov/nccc

Soccer Fields
The phenomenal growth of soccer in the last 2 decades has resulted in a nation-wide shortage of fields. The sport is expected to grow in popularity, leading even more youth and adult amateur teams and leagues to vie for space everyday of the week, especially inside Beltway 8. HPARD's goal is to build at least 12 soccer complexes. The 12 sites were selected for their demographics and ability to support 4 or more full-sized soccer fields. There is also a program to renovate existing fields.

Playgrounds without Limits
Playgrounds without Limits is a campaign to build inclusive playgrounds (1 in each geographic quadrant of the city) by the year 2010. These playgrounds surpass ADA accessibility guidelines and provide a variety of play elements and activities for children of all abilities. Ramps and transfer systems address mobility issues, elements like elevated sand boxes provide children with sight impairment sensory-rich activities to enjoy and porch-swing gliders give children with wheelchairs the opportunity to enjoy a swing. Each Playground without Limits has an approximate cost of \$500,000. We have this Playground featured at Alief, Memorial, and Tidwell Parks.



Lake Houston Wilderness Park



Memorial Park

SUMMER FOOD SERVICE *program*

Summer Food Service Program

Register today to become a Summer Food Service Site and help provide **FREE** lunches and snacks to area youth, ages 1-18, this summer! The Summer Food Service Program (SFSP) works to fill the meal gap that area youth experience when school cafeterias are closed for the summer.

The program is a federally funded and administered by the Texas Department of Agriculture. The Houston Parks and Recreation Department has sponsored and coordinated the program since 1984. Various organizations and groups can apply to become a Summer Food Program site and participate in the program at no cost to themselves. Participating sites have included HPARD Community Centers, churches, apartment complexes, learning centers, YMCAs and many other non-profit organizations. Organizations must apply and qualify to become a Summer Food Service Site.

The program operates on a weekday basis. Meals are prepared and delivered daily to participating sites. The meals consist of a sandwich, a fruit, juice and milk. Each year over 1.3 million meals are distributed at more than 400 participating sites throughout Houston and Harris County. The need for more sites is great and we encourage interested groups and organizations to consider becoming a Summer Food Service Site and help us feed area youth throughout the summer. This year's Summer Food Service Program will run from June 6, 2011 through August 19, 2011.

Applications must be received by April 15, 2011. Apply today to become a Summer Food Service Site and help us provide nutritious meals this summer to Houston's young people.

Note: Application Forms are available for download at www.houstonparks.org

SFSP Site Registration Deadline:

April 15, 2011

Fees:

FREE
(no billing or food
preparation involved)

Information: (713) 676-6832
sheila.pous@houstontx.gov

Summer Food Program

Programa de Alimentos Durante el Verano

Friends,
Fun and Food

Amigos, diversión
y comida gratis

Hey, help us
spread the word!

FREE summer meals are available at more than 400 sites for youths ages 1-18. No registration is required. Just show up at a site near you! Summer food sites include churches, apartment complexes, youth learning centers, Houston Parks Community Centers, summer schools, and non-profit organizations.



Information/Información
(713) 676-6832 or 2-1-1

¡Hola! ayúdenos a diseminar esta información
Comidas **GRATIS** durante el verano en más de 400 sitios para niños y adolescentes de 1 a 18 años de edad. No tienen que inscribirse, sólo presentarse en el sitio más cercano! Los sitios pueden ser iglesias, complejos de apartamentos, Centros Comunitarios de los Parques de Houston, escuelas durante el verano y organizaciones sin fines de lucro.



A CAPRA Accredited Agency

Important HPARD Phone Numbers

Houston Parks and Recreation Department Main Phone No.	2999 S. Wayside Dr.	(832) 395-7000
HPARD Urban Park Rangers Dispatch	2999 S. Wayside Dr.	(832) 395-7100
HPARD Park Maintenance Problems		3-1-1
Mayor's Office of Special Events (Special Events Permits)		(832) 393-0868
Mayor's Office of Special Events (Parade & Street Function Permits)		(832) 393-0868
Adoption Programs	2999 S. Wayside Dr.	(832) 395-7029
Adult Sports	6200 Wheeler	(832) 395-7130
Adult Sports Bulletin Board	(Phone Message Only)	(713) 865-4105
After School Enrichment Program West	6200 Wheeler	(832) 395-7294
After School Enrichment Program East	6200 Wheeler	(832) 395-7292
After School Enrichment Program Administration	6200 Wheeler	(832) 395-7270
Athletes Seeking Knowledge Program	6200 Wheeler	(832) 395-7293
Aquatics	6200 Wheeler	(832) 395-7129
D-Tag (Information only)	6200 Wheeler	(832) 395-7297
D-Tag (Administration)	6200 Wheeler	(832) 395-7270
First Tee of Houston at FM Law Park	8400 Mykawa Road	(713) 264-2100
Golf – Brock Park Golf Course	8201 John Ralston Road	(281) 458-1350
Golf – Glenbrook Park Golf Course	8205 Bayou Drive	(713) 649-8089
Golf – Gus Wortham Park Golf Course	7000 Capitol	(713) 928-4260
Golf – Hermann Park Golf Course Managed by BSL Golf Corp.	2155 North MacGregor	(713) 526-0777
Golf – Melrose Park Golf Course Managed by Walton Golf Enterprises	401 Canino	(281) 931-4666
Golf – Memorial Park Golf Course	1001 East Memorial Loop Drive	(713) 862-4033
Golf – Sharpstown Park Golf Course	6600 Harbor Town	(713) 988-2099
Houston Garden Center	1500 Hermann Circle Drive	(713) 284-1989
Lake Houston Wilderness Park Reservations	22031 Baptist Encampment Rd. New Caney, Texas 77357	(281) 354-6881
Lee & Joe Jamail Skatepark	103 Sabine Street	(713) 222-5500
Memorial Park Bike Trail Message Line	(Phone Message Only)	(713) 437-6588
Metropolitan Multi-Service Center	1475 West Gray	(713) 284-1973
Partnership Programs	2999 S. Wayside Dr.	(832) 395-7056
Permits & Rentals (Outdoors)	2999 S. Wayside Dr.	(832) 395-7012
Permits & Rentals (Outdoors)	2999 S. Wayside Dr.	(832) 395-7013
Permits & Rentals (Sportsfields)	2999 S. Wayside Dr.	(832) 395-7010
Permits & Rentals (Sportsfields)	2999 S. Wayside Dr.	(832) 395-7011
Summer Enrichment West	6200 Wheeler	(832) 395-7294
Summer Enrichment East	6200 Wheeler	(832) 395-7292
Summer Enrichment Program Administration	6200 Wheeler	(832) 395-7270
Summer Food Service Program	6402 Market Street	(713) 676-6832
Tennis - Homer Ford Tennis Center	5225 Calhoun	(713) 842-3460
Tennis - Lee LeClear Tennis Center	9506 S. Gessner	(713) 272-3697
Tennis - Memorial Park Tennis Center	1500 Memorial Loop Dr.	(713) 867-0440
Tennis - Youth Tennis Office	1500 Memorial Loop Dr.	(713) 803-1112
The Houston Garden Center at Hermann Park Reservations	Hermann Circle Drive	(713) 284-1989
Volunteer Programs East	2999 S. Wayside Dr.	(832) 395-7030
Volunteer Programs West	2999 S. Wayside Dr.	(832) 395-7295
Youth Sports West	6200 Wheeler	(832) 395-7294
Youth Sports East	6200 Wheeler	(832) 395-7277

HPARD Community Centers

NORTHEAST

Clark (KM 453B)

9718 Clark, 77076
(713) 742-1497

Clinton (KM 495U)

200 Mississippi, 77029
(713) 673-0955

Finnigan (KM 494H)

4900 Providence, 77020
(713) 678-7385

Hobart Taylor (KM 455Q)

8100 Kenton, 77028
(713) 674-3959

J Robinson, Sr (KM 495L)

1422 Ledwicke, 77029
(713) 674-2401

Lakewood (KM 455G)

8811 Feland, 77028
(713) 636-8217

Melrose (KM 413T)

1001 Canino, 77076
(281) 447-0514

Moody (KM 453Y)

3725 Fulton, 77009
(713) 692-6925

**Selena Quintanilla Perez (KM494H)
(DenverHarbor)**

6402 Market, 77020
(713) 675-2151

Shady Lane (KM 414W)

10220 Shady Lane, 77093
(713) 742-1503

Swiney (KM 494J)

2812 Cline, 77020
(713) 238-2197

Tidwell (KM 454D)

9720 Spaulding, 77016
(713) 636-8221

Tuffly (KM 454X)

3200 Russell, 77026
(713) 674-2355

NORTHWEST

Candlelight (KM 452E)

1520 Candlelight, 77018
(713) 682-3587

Fonde (KM 493K)

110 Sabine, 77002
(713) 226-4466

Freed (KM 451Y)

6818 Shady Villa, 77055
(713) 682-4467

Highland (KM 451D)

3316 DeSoto, 77091
(713) 956-9137

Independence Heights (KM 453N)

603 East 35th, 77022
(713) 867-0373

Judson Robinson, Jr. (KM 533B)

2020 Hermann Drive, 77004
(713) 284-1997

Kendall (KM 488C)

609 North Eldridge, 77079
(832) 393-1897

Lincoln (KM 412Q)

979 Grenshaw, 77088
(281) 445-1617

Love (KM 452Z)

1000 West 12th, 77008
(713) 867-0497

Milroy (KM 452Z)

1205 Yale, 77008
(713) 867-0397

Montie Beach (KM 453X)

915 Northwood, 77009
(713) 864-6820

Proctor Plaza (KM 453X)

803 West Temple, 77009
(713) 862-6907

R.L. & Cora Johnson (KM 450A)

9920 Porto Rico, 77041
(713) 895-6141

Stude (KM 493E)

1031 Stude, 77007
(713) 867-0496

Woodland (KM 493C)

212 Parkview, 77009
(713) 867-0401

SOUTHEAST

Bessie Swindle (KM 573L)

11800 Scott, 77047
(713) 733-4581

Beverly Hills (KM 576S)

10201 Kingspoint, 77075
(713) 948-9065

Charlton (KM 535P)

8200 Park Place, 77017
(713) 645-3589

Crestmont (KM 574J)

5200 Selinsky, 77048
(713) 733-2236

DeZavala (KM 495S)

907 76th St., 77012
(713) 923-5163

Eastwood (KM 494T)

5020 Harrisburg, 77011
(713) 928-4801

Edgewood (KM 534X)

5803 Bellfort, 77033
(713) 734-8434

Garden Villas (KM 535W)

6720 S. Haywood, 77061
(713) 847-5168

Hartman (KM 535C)

9311 E. Ave. P., 77012
(713) 928-4803

Ingrando (KM 535F)

7302 Keller, 77012
(713) 643-4764

Mason (KM 535A)

541 South 75th., 77023
(713) 928-7055

Meadowcreek (KM 536S)

5333 Berry Creek, 77017
(713) 946-9020

Sagemont (KM 576Y)*

11507 Hughes, 77089
(281) 922-2343 CLOSED

Settegast (KM 494N)

3000 Garrow, 77003
(713) 238-2200

SOUTHWEST

Alief (KM 529E)

11903 Bellaire, 77072
(281) 564-8130

Almeda (KM 572Y)

14201 Almeda School Rd., 77047
(713) 434-1909

Burnett Bayland (KM 531B)

6200 Chimney Rock, 77081
(713) 668-4516

Cherryhurst (KM 492R)

1700 Missouri, 77006
(713) 284-1992

Emancipation (KM 493Y)

3018 Dowling, 77004
(713) 284-1302

Godwin (KM 531U)

5101 Rutherglen, 77096
(713) 726-7114

Hackberry (KM 528M)

7777 S. Dairy Ashford, 77072
(281) 776-9908

Lansdale (KM 530K)

8201 Roos, 77036
(713) 272-3668

Linkwood (KM 532P)

3699 Norris, 77025
(713) 314-3107

Marian (KM 530X)

11101 South Gessner, 77071
(713) 773-7015

Platou (KM 571B)

11655 Chimney Rock, 77053
(713) 726-7107

River Oaks (KM 492T)

3600 Locke Lane, 77027
(713) 622-5998

Sharpstown (KM 530F)

6600 Harbor Town, 77036
(713) 988-5328

Sunnyside (KM 533X)

3502 Bellfort, 77051
(713) 734-5061

Townwood (KM 572P)

3403 Simsbrook, 77045
(713) 434-3508

Windsor Village (KM 571P)

14441 Croquet, 77085
(713) 726-7113



2011 Houston Corporate Games



Presented by



May 6 & 7, 2011

Memorial Park

Entry Deadline: April 15, 2011
Team Registration: kenneth.allen@cityofhouston.net
Sponsor Information: luci.correa@cityofhouston.net

www.houstonparks.org

Get in the game. Make a difference.

Houston Parks and Recreation Department

Lifeguard Jobs

Pool Supervisors,
Head Lifeguards and Lifeguards



Pool Supervisors, Head Lifeguards and Lifeguards

Lifeguards working for the City of Houston HPARD are among the highest paid guards in the Greater Houston Area!

Requirements:

- Must be 16 years of age by May 31
- Must pass standard Lifeguard Swim Evaluation
- Must pass ARC Lifeguard Training course offered or approved by COH Aquatics Administration
- Must pass drug test and criminal history background check
- Must have reliable transportation

The following positions are available:

Lifeguard

Head Lifeguard

Supervisor

For more information call (832) 395-7129



A CAPRA Accredited Agency



Enjoy Golf as a Family

At
Brock, Gus Wortham and Sharpstown
During Twilight play hours from now through
December 31, every paid adult player
can bring one child FREE.
Mom and Dad, bring the kids
and make it a foursome!



This offer is valid weekdays and weekends, excluding November 26, December 26, and December 31.
Free green fee applies for children under the age of 18 only. Not valid with any other offers or discounts.



Sharpstown Park Golf Course
6600 Harbor Town
(713) 988-2099



Brock Park Golf Course
8201 John Ralston Road
(281) 458-1350



Gus Wortham Park Golf Course
7000 Capitol
(713) 928-4260



Memorial Park Golf Course
1001 East Memorial Loop Drive
(713) 862-4033