Houston Parks And Recreation Department

FALL ACTIVITIES GUIDE AND CLASS CATALOG

VOL. 5 - ISSUE 2 AUG 1 - NOV 30, 2010

REGISTER FOR FALL ADULT SPORTS LEAGUES

VOLUNTEER FOR
LADY BIRD JOHNSON WILDFLOWER TRIBUTE PLANTING PROJECT

Saturday - Sept 18, 2010

AFTER SCHOOL ENRICHMENT PROGRAM!
REGISTER FOR HPARD'S ENJOY SPORTS, CRAFTS, FIELD TRIPS AND MUCH MORE ALL FALL LONG!

PAGE 3

Save The Date

BROCK PARK GOLF COURSE
1952
HOUSTON

First Annual Brock Park Charity Golf Tournament Benefiting Houston's Hidden Treasure

Hosted by Council Member Jarvis Johnson

Friday, October 22, 2010

Stay tuned for tournament updates at www.houstonparks.org.

Houston PARKS Board

Support Brock Park Golf Course!

8201 John Ralston Road, Houston, TX 77044

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Lake Houston Wilderness Park

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Your First S'more,

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Or Your First Campfire

Make A Memory

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Lake Houston Wilderness Park
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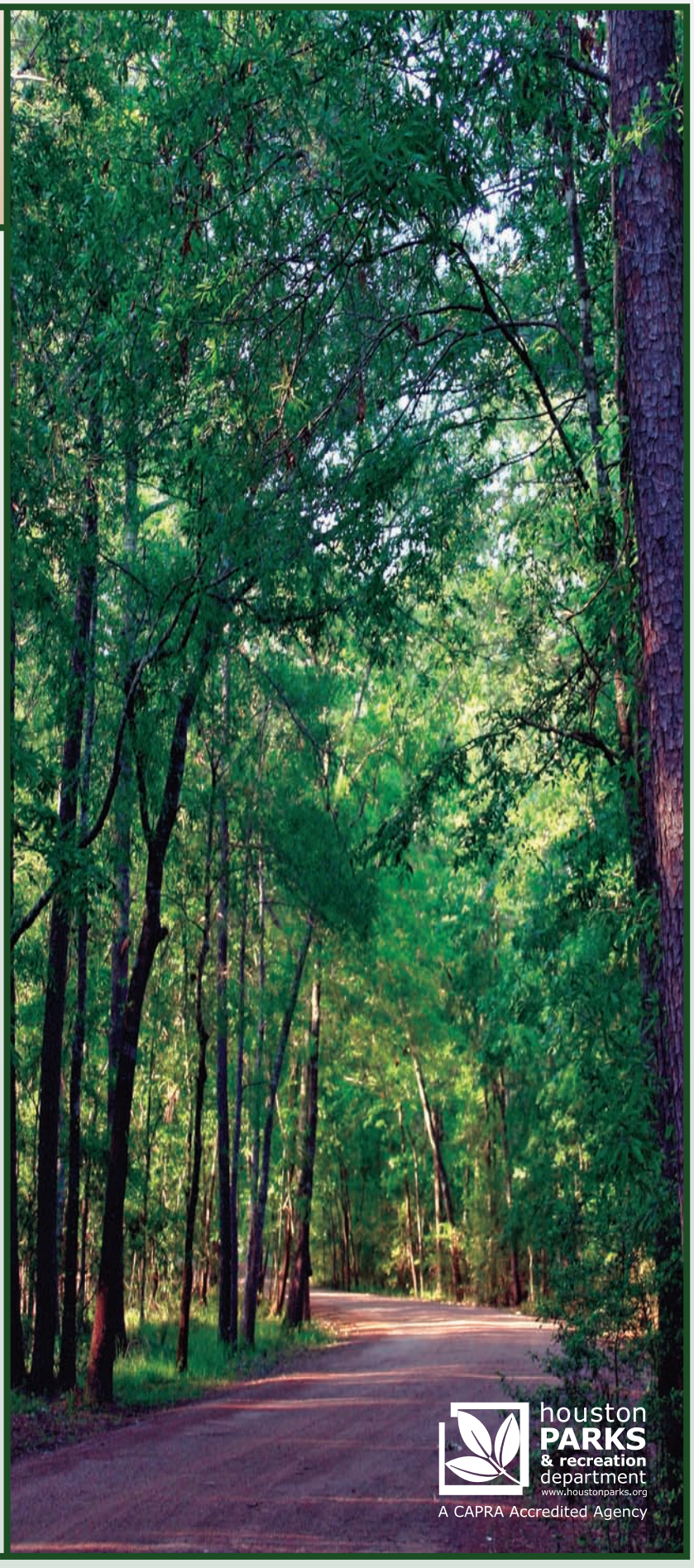
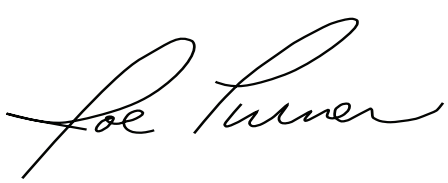


Fall is one of the best times of year in the Houston area. The searing days of summer slide toward a more livable temperature, and Nature invites us to leave behind the air conditioning and go outside and give those muscles a real workout. The Houston Parks and Recreation Department offers many fine facilities and organized sports and recreation programs that help us make the most of the outdoors!

Adult sports leagues and the City's new employee sports league are underway, with the result that many active Houstonians are doing their best to stay fit while having fun. Programs for children, seniors, and active adults offered through the city's 58 community centers remain among the best values in town, and the pages of this guide hold the key to finding activities that will suit your tastes.

We are indebted to the many fine service and volunteer organizations that have helped maintain and improve Houston's city parks. Some fine young folks from the Americorps National Civilian Community Corps spent part of their summer building new woodland trails at Lake Houston Wilderness Park, the 5,000-acre forested wonderland a half-hour north of downtown. The Bayou Preservation Association, a longtime partner with HPARD, organized a mid-summer volunteer project cleaning, clearing, and smoothing out hiking trails in Cullinan/Oyster Creek Park. And our friends at the Buffalo Bayou Partnership should be commended for the work they have done to get Buffalo Bayou named a National Heritage Area. Some of Houston's most iconic park properties are along that stretch of water, and the hikers, bikers, dog walkers, and lovers of the outdoors that live in our city will benefit for many years from the work of these fine volunteer organizations, and more. The best way we can show our appreciation for the efforts of these volunteers is to get out and use these facilities.

The outdoors await you, so put on your sports shoes, open the door, and make the most your world! Houston has some of the best parks in the country, and the staff and management of the Houston Parks and Recreation Department do their best every day to have them ready for you to enjoy!



Joe Turner, Director
Houston Parks and Recreation Department

DEPARTMENT'S MISSION STATEMENT

"To enhance the quality of urban life by providing safe, well maintained parks and offering affordable programs for the community."

PARK RULES AND REGULATIONS

- Park hours of operation for all city parks are 6:00 a.m. to 11:00 pm unless otherwise posted.
- Glass bottles and glass containers are prohibited.
- Camping in City parks is prohibited except at Lake Houston Wilderness Park where fee based camping is permitted by reservation only. Walk ins are welcome pending site availability.
- No motorized vehicles may be driven on turf areas.
- Riding or driving animals over or through the park, except along designated bridle paths is prohibited.
- Molesting, injuring, etc., animals, fowl or fish is prohibited.
- Erecting structures, bill posting, etc. is prohibited.
- Walking, sitting or standing on any border or flower bed is prohibited.
- No hunting or use of firearms is permitted in city parks.
- Fishing is not permitted. Exceptions are children 12 and under and senior citizens 65 and older and at Lake Houston Wilderness Park with appropriate Texas State Fishing License.
- Alcoholic beverages are prohibited in City parks with posted signage.
- All animals must be on a leash and under the direct control of its owner.
- Owners must pick up after their dogs. City of Houston Code of Ordinances Sec 6-24.
- Picnic areas are on a first come, first serve basis unless the area has been permitted. It is recommended that park patrons obtain permits to secure a picnic area for a special activity.
- The selling of food, drink or any other commodity on park property is prohibited.
- Littering is prohibited. Please take care to dispose of your litter. Keep our green spaces clean.
- For a complete list of Park Rules and Regulations, please visit the City of Houston Code of Ordinances, Chapter 32.

ACTIVITIES IN THE PARK PROGRAM GUIDE AND CATALOG

The Houston Parks and Recreation Department provides programs and recreational opportunities for people of all ages and abilities on a year round basis.

H.P.A.R.D.'s Activities in the Park Program Guide and Catalog is printed three times a year to provide you with a guide to the department's programs and activities. Printed copies are available at your local H.P.A.R.D. Community Centers and online at www.houstonparks.org.

- **2010 Summer Activities in the Park - April 1, 2010**
- **2010 Fall Activities in the Park - August 1, 2010**
- **2010 Winter/Spring Activities in the Park - December 1, 2010**

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Commission for Accreditation of Park and Recreation Agencies — CAPRA ACCREDITED

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YOUTH *programs*

After School Enrichment Program

Enjoy arts and crafts, games, entertainment, special events, sports, field trips, nature explorations and a variety of **FREE** activities at community centers throughout Houston.

This program is open to youth ages 6-13. Register at a community center near you.

Ages:	1 - 13
Registration:	August 1 – Ongoing During Community Center hours
Fee:	**FREE**
Program Dates:	Sept 7 - Dec 10
Times:	3:00 pm – 6:00 pm
Locations:	All community centers
Information:	(832) 395-7292 (832) 395-7294 (832) 395-7270

Tiny Tots Program

Parents are invited to participate in this parent/child program. Activities include fitness, arts and crafts and social games.

Parents and/or guardian must accompany child at all times.

Candlelight	M,W, F	10:00 am - 12:00 pm
Milroy	M,W, F	10:00 am - 1:00 pm
Proctor Plaza	M,W	10:00 am - 1:00 pm

A.S.K. Athletes Seeking Knowledge

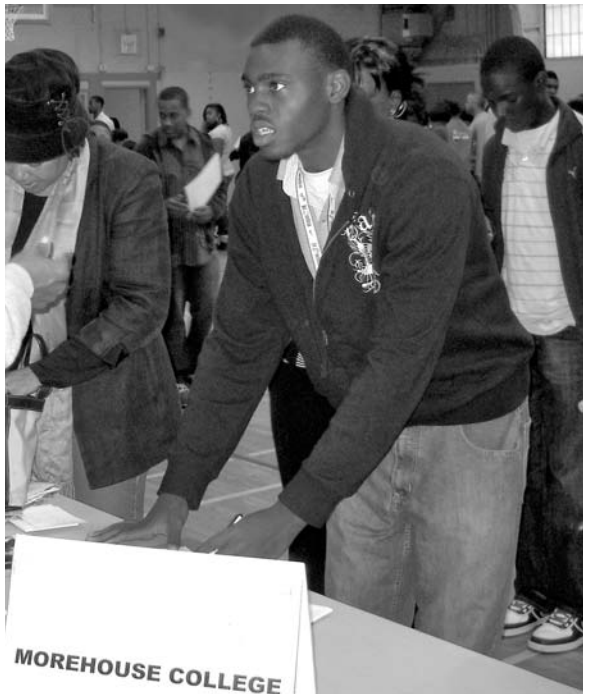
ATHLETES SEEKING KNOWLEDGE

HPARD's Athletes Seeking Knowledge (A.S.K.) Program provides scholarships and resources to assist young people in the pursuit of a higher education or to help improve their current academic standing. Hundreds of teens participate in the A.S.K. Program every year.

Since 2000, over $95,000.00 has been awarded to Houston area youth and teens in scholarships, tutoring programs, college and career fairs, SAT and ACT practice exams, academic bowls, and college campus tours.

A variety of A.S.K. activities are planned throughout the year and are open to all HPARD youth and teen recreation program registrants and volunteers. To enroll in an HPARD program, contact your nearest community center.

Ages:	13 - 18
Registration:	Ongoing
Fee:	**FREE**
Locations:	All community centers
Information:	(832) 395-7293



D-Tag Program

D -Tag is a **FREE** tattoo removal program for youth and young adults, ages 10 to 24 years old, who reside in the greater Houston metropolitan area. D-Tag was designed to help individuals re-enter mainstream society by removing tattoos which could identify them as participating in or supporting anti-social behavior. This specialty service is a scheduled process.

The D-Tag program is **FREE**; however, participants must complete six hours of community service before the procedure is performed. All youth under the age of 17 must complete a Parent or Guardian Permission Form to participate.

Registration is required. This program is co-sponsored by the Houston Police Department.

Ages:	10 - 24
Registration:	Required
Fee:	**FREE** With completion of 6 Hours of Community Service prior to procedure
Program Dates:	Scheduled Quarterly on the 2nd Saturday of the Month
Locations:	Judson Robinson, Jr. 2020 Hermann Dr, 77004
Information:	(832) 395-7297 (832) 395-7270

Healthy Kids Houston

"Be a part of the movement!"

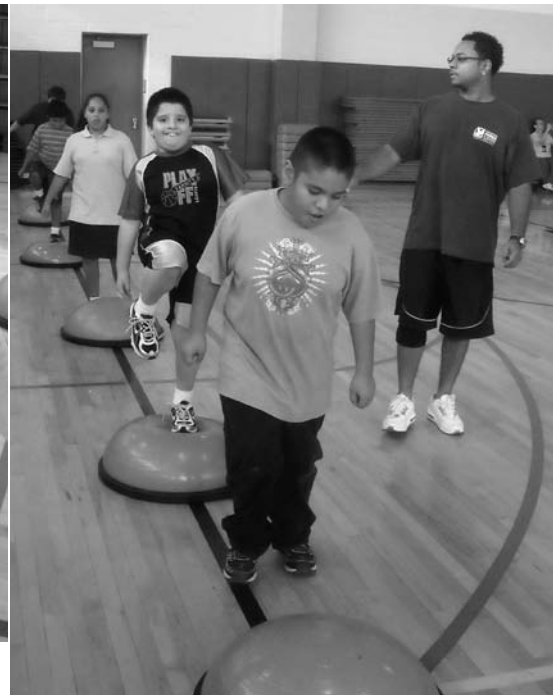
Parents, do you have a healthy kid? HPARD is helping kids lead a more active lifestyle through a "have fun and be fit" movement called Healthy Kids - Houston. This program is fun, free, and will help your child learn important lessons about health and nutrition while improving their physical activity levels. Three 6-week program sessions are offered beginning this Fall 2010, Winter 2011, and Spring 2011. Program participants are required to take part in all three sessions. Target sites are listed below. Actual sites determined by a required minimum enrollment of 40.

Program collaborators include Baylor College of Medicine, Texas Children's Hospital including Texas Children's Pediatric Associates, the Children's Nutrition Research Center and the Houston Metropolitan Transit Authority. Funding is provided by a grant from the U.S. Department of Agriculture through the Cooperative State Research, Education, and Extension Service.

Ages:	9 - 12, (Boys & Girls)
Registration:	July 2 – Sept 17
Program Dates:	Sept 20 – Nov 5, Fall Session
Parent Orientation:	Check below for target sites
Fee:	**FREE**
Information:	(832) 395-7293

Target Sites

Denver Harbor	6402 Market, 77020	(713) 675-2151
DeZavala	907 76th Street, 77012	(713) 923-5163
Garden Villas	6720 S. Haywood, 77061	(713) 847-5168
Judson Robinson, Jr.	2020 Hermann Dr., 77004	(713) 284-1997
Lansdale	8201 Roos, 77036	(713) 272-3668
Love	1000 West 12th	(713) 867-0497
Mason	541 South 75th, 77023	(713) 928-7055
Sunnyside	3502 Bellfort, 77051	(713) 734-5061
Townwood	3403 Simsbrook, 77051	(713) 434-3508



Houston Teens Outside With Nature (HTOWN)

Houston Teens Outside With Nature (HTOWN), a year round program for tweens and teens, ages 14 - 18. Participants will be provided with opportunities to build confidence and self-esteem through mentoring and program support with Houston Parks and Recreation Department's programs and special events.

HTOWN will promote activities and events including community and volunteer projects, teen forums and educational workshops, field trips and tours, hands-on outdoor activities, monthly awareness events, sports and special events.

Ages:	14 - 18, (Boys & Girls)
Registration:	Ongoing
Program Dates:	Year round
Fee:	**FREE**
Information:	(832) 395-7131
	(832) 395-7135
	(832) 395-7270

Youth Badminton

Speed, agility, stamina and lightning fast reflexes are essentials to this game! If you are looking for a great way to keep fit, then sign up to play this fast-paced sport.

Fonde (KM 493K)	S	9:00 am – 10:30 am	110 Sabine, 77002	(713) 226-4466

Youth Flag Football League

Catch the action! Play flag football in a fun and structured environment and improve your skills at the same time. If you are new to the game; no problem, no experience is necessary. This **FREE** league is open to youth ages 6 to 18*.

Registration begins one month prior to the start of the season at select park sites. Team shirts and equipment are provided. Volunteer coaches are needed. Let's score a touchdown by playing some flag football!

Ages:	6 – 18*
Registration:	Aug 2 - Sept 10
Fee:	**FREE**
Program Dates:	Oct 2 – Dec 4
Times:	Vary by site
Locations:	See locations list
Information:	(832) 395-7292
	(832) 395-7294

* As of Sept 1, 2010

NORTHEAST		
Clark (KM 453B)	9718 Clark, 77076	(713) 742-1497
Clinton (KM 495U)	200 Mississippi, 77029	(713) 673-0955
Denver Harbor (KM 494H)	6402 Market, 77020	(713) 675-2151
Finnigan (KM 494M)	4900 Providence,77076	(713) 678-8385
J. Robinson, Sr. (KM 495L)	1422 Ledwicke, 77029	(713) 674-2401
Shady Lane (KM 414W)	10220 Shady Lane, 77093	(713) 742-1503
Tuffly (KM 454X)	8200 Russell, 77026	(713) 674-2355
NORTHWEST		
Independence Hts. (KM 453N)	603 E. 35th, 77022	(713) 867-0373
Lincoln City (KM 412Q)	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	1000 W. 12th , 77008	(713) 867- 0497
Stude (KM 493E)	1031 Stude, 77007	(713) 867-0496
Woodland (KM 493C)	212 Parkview, 77009	(713) 867-0373
SOUTHEAST		
Edgewood (KM 534X)	5803 Bellfort, 77033	(713) 734-8434
Garden Villas (KM 535W)	6720 S. Haywood, 77061	(713) 847-5168
Mason (KM 535A)	541 South 75th, 77023	(713) 928-7055
Meadowcreek (KM 535A)	5333 Berry Creek, 77017	(713) 946-9020
SOUTHWEST		
Emancipation (KM 493Y)	3018 Dowling, 77004	(713) 284-1911
Marian (KM 530X)	11101 S. Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	3502 Bellfort, 77051	(713) 734-5061
Townwood (KM 572P)	3403 Simsbrook, 77045	(713) 434-3508

Youth Soccer League

This fun, recreational year-round soccer program is designed to encourage youth ages 4 - 18* to develop both physically and socially through the sport of soccer. Players will sharpen their skills while learning the importance of sportsmanship and fair play. League play runs for eight weeks. Proof of birth date and photo ID are required at time of registration. Program participants receive a t-shirt and shin guards courtesy of Fiesta Mart Inc. Volunteers are needed. Please contact your nearest community center for more information.

Returning teams may qualify for affiliation with the South Texas Youth Soccer Association (STYSA) as part of HPARD's advanced soccer league.Coaches are required to become certified through STYSA in order to affiliate their team. Coach certification, player's proof of birth date, a photo ID, and completed registration forms for all players are required by the September 10 deadline. We are unable to process late or incomplete registration after the deadline. Affiliated teams receive full uniforms, player insurance, and STYSA player cards upon activated affiliation.

Ages:	4 – 6)*
Registration:	Aug 2 - Sept 10
Fee:	**FREE**
Program Dates:	Oct 2 - Dec 4
Times:	6:00 pm - 9:00 pm, M - F 9:00 am - 5:00 pm, Sat
Information:	(832) 395-7261 (832) 395-7294

* As of Sept 1, 2010

NORTHEAST		
Clark (KM 453B)	9718 Clark, 77076	(713) 742-1497
Melrose (KM 413T)	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	3725 Fulton, 77009	(713) 692-6925
Shady Lane (KM 414W)	10220 Shady Lane, 77093	(713) 742-1503
NORTHWEST		
Montie Beach (KM 453X)	915 Northwood, 77009	(713) 864-6820
SOUTHEAST		
Ingrando (KM 535F)	7302 Keller, 77012	(713) 643-4764
Mason (KM 535A)	541 South 75th, 77023	(713) 928-7055
Milby (KM 535G)	2001 Central, 77017	(713) 645-8433

Youth Soccer Clinics

Hone your soccer skills in the youth 6 vs. 6 or 4 vs. 4 soccer clinics. **FREE** instructional clinics are offered to youth ages 4 to 18 after school and on Saturdays at various locations.

Ages:	4 - 18
Registration:	Aug 2 - Sept 10
Fee:	**FREE**
Program Dates:	Sept 3 - Oct 2
Locations:	See location list
Time:	Varies by Site
Information:	(832) 395-7292 (832) 395-7294

NORTHEAST		
Shady Lane (KM414W)	10220 Shady Lane, 77093	(713) 742-1503
Tidwell (KM454D)	9720 Spaulding, 77016	(713) 636-8221
NORTHWEST		
Montie Beach (KM 453X)	915 Northwood, 77009	(713) 864-6820
SOUTHWEST		
Burnett Bayland (KM 531B)	6200 Chimney Rock, 77081	(713) 668-4516
Marian (KM 530X)	11101 S. Gessner, 77071	(713) 773-7015
SOUTHEAST		
De Zavala (KM 495S)	907 76th Street, 77012	(713) 923-5163
Eastwood (KM 494T)	5020 Harrisburg, 77011	(713) 928-4801
Settegast (KM 494N)	3000 Garrow, 77003	(713) 238-2200

Houston Small-Sided Soccer Program

Register for theHPARD's Youth 6 vs. 6 Soccer League. Experience a faster-paced game while improving your soccer skills. T-shirts and shin guards will be provided for players. Registration will be held at league sites one month prior to the start of the program.

Ages:	4 -18 *
Registration:	Aug 2 - Sept 10
Fee:	**FREE**
Program Dates:	Oct 2 - Dec 4
Times:	6:00 pm - 9:00 pm, M - F
	9:00 am - 2:00 pm, S
Locations:	See locations list
	(832) 395-7261
	(832) 395-7294

* As of Sept 1, 2010

NORTHEAST		
Tidwell (KM 454D)	9720 Spaulding, 77016	(713) 636-8221
NORTHWEST		
Judson Robinson, Jr. (KM 533B)	2020 Hermann Dr., 77004	(713) 284-1997
Proctor Plaza (KM 453X)	803 W. Temple, 77009	(713) 862-6907
Woodland (KM 493C)	212 Parkview, 77009	(713) 867-0401
SOUTHEAST		
De Zavala (KM 495S)	907 76th Street, 44012	(713) 923-5163
Garden Villas (KM 535W)	6720 Haywood, 77061	(713) 847-5168
Settegast (KM 494N)	3000 Garrow. 77003	(713) 238-2200
SOUTHWEST		
Alief (KM 529E)	11903 Bellaire, 77072	(281) 564-8130
Burnett Bayland (KM 531B)	6200 Chimney Rock, 77081	(713) 668-4516
Marian (KM 530X)	11101 S. Gessner, 77071	(713) 773-7015

Girls Soccer League & Clinics

Calling all girls! Come on out and play the world's most popular game - soccer. This **FREE** program will give girls an opportunity to play organized soccer in a fun and controlled environment. League play runs for eight weeks. Teams will be provided t-shirts and shin guards, courtesy of Fiesta Mart.

Ages:	4 -18 *
Registration:	Aug 2 - Sept 10
Fee:	**FREE**
Program Dates:	Oct 2 - Dec 4
Information:	Contact site

* As of Sept 1, 2010

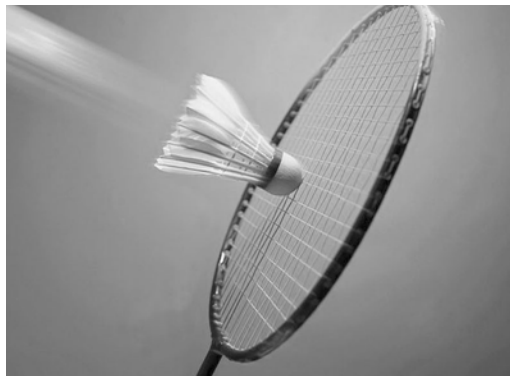
Locations:		
Ingrando (KM 535F)	7302 Keller, 77012	(713) 643-4764
Judson Robinson, Jr. (KM 533B)	2020 Hermann Dr., 77004	(713) 284-1997
Mason (KM 535A)	541 S. 75th St, 77023	(713) 928-7055
Melrose (KM 413T)	1001 Canino, 77076	(281) 447-0514
Milby (KM 535G)	2001 Central, 77017	(713) 645-8433
Shady Lane (KM414W)	10220 Shady Lane, 77093	(713) 742-1503

Youth Volleyball League

Serve, set and spike your way into a fun-filled season playing volleyball in HPARD's Youth Volleyball League. This program is designed to provide girls and boys ages 6 -18 with the basic skills and elements of the game of volleyball. This **FREE** program will give participants an opportunity to play organized volleyball in a fun and controlled environment. T-shirts will be provided. League-play runs for eight weeks at various sites according to program registration.

Ages:	Coed 6 - 12 * Girls only 13 - 18 *
Registration:	Aug 2 - Sept 10
Fee:	**FREE**
Program Dates:	Oct 2 – Dec 4
Times:	Vary by site
Locations:	See locations list
Information:	(832) 395-7274 (832) 395-7294

* As of September 1, 2010



NORTHEAST		
Denver Harbor (KM 494H)	6402 Market, 77020	(713) 675-2151
Melrose Park (KM 413T)	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	3725 Fulton, 77009	(713) 892-6925
Tidwell (KM 454Y)	979 Grenshaw, 77088	(281) 445-1617
NORTHWEST		
Candlelight (KM 452E)	1520 Candlelight, 77018	(713) 682- 3587
Freed (KM 451Y)	6818 Shady Villa, 77055	(713) 682- 4467
Judson Robinson, Jr. (KM 533B)	2020 Hermann, 77004	(713) 284-1997
Woodland (KM 493C)	212 Parkview, 77009	(713) 867-0401
SOUTHEAST		
Edgewood (KM 434X)	5803 Bellfort, 77033	(713) 734-8434
Hartman (KM 535C)	9311 E. Ave. P, 77012	(713) 928-4803
Mason (KM 535A)	541 S. 75th, 77023	(713) 928-7055
SOUTHWEST		
Alief (KM 529E)	11903 Bellaire, 77072	(281) 564-8130
Emancipation (KM 493Y)	3018 Dowling, 77004	(713) 284-1301
Marian (KM 530X)	11101 S. Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	3502 Bellfort, 77051	(713) 734-5061
Townwood (KM 572P)	3403 Simsbrook, 77051	(713) 434-3508

Girls Volleyball Clinics

The girls volleyball clinics are designed to provide players with skill development, fair play and fun all while learning the elements of volleyball. Volunteer coaches are needed! Contact the nearest community center for more information.

Ages:	6 - 18
Registration:	Aug 2 - Sept 10
Fee:	**FREE**
Program Dates:	Sept 13 - Sept 27
Information:	Contact the site

Denver Harbor (KM 494H)	6402 Market, 77020	(713) 675-2151
Hartman (KM 535C)	9311 E. Ave. P, 77012	(713) 928-4803
Marian (KM 530X)	11101 S. Gessner, 77071	(713) 773-7015
Woodland (KM 493C)	212 Parkview, 77009	(713) 867-0401

Youth Winter Basketball League

HPARD is gearing up to offer two, 8 - week seasons of fast breaks, three - pointers and skillful ball-handling for boys and girls ages 6 - 18 who want to hoop it up in the Youth Basketball League. Registration will be held one month prior to the start of the season. The winter league kicks off in January 2011.

The Houston Youth Basketball League is a **FREE**, citywide recreational program in which participants practice and compete in games weekly. In addition, the program offers t-shirts, expert coaching, special events including 3-on-3 tournaments and skills clinics.

Ages:	7 – 18 *
Registration:	Oct 11 - Nov 19, 2010
Fee:	**FREE**
Program Dates:	Jan 3 - Feb 26, 2011
Times:	M - F, Evenings
	Sat, Morning and Afternoon
Locations:	See locations list
Information:	(832) 395-7277
	(832) 395-7294

* As of September 1, 2010

NORTHEAST		
Denver Harbor (KM 494H)	6402 Market, 77020	(713) 675-2151
Finnigan (KM 494H)	4900 Providence, 77020	(713) 678-7385
Melrose (KM 413T)	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	3725 Fulton, 77009	(713) 692-6925
Tidwell (KM 454D)	9720 Spaulding, 77016	(713) 636-8221
NORTHWEST		
Fonde (KM 493 K)	110 Sabine, 77002	(713) 226-4466
Judson Robinson, Jr. (KM 533B)	2020 Hermann Dr., 77004	(713) 284-1997
Lincoln City (KM 412Q)	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	1000 West 12th, 77008	(713) 867-0497
Stude (KM 493E)	1031 Stude, 77007	(713) 867-0496
Woodland (KM 493C)	212 Parkview, 77009	(713) 867-0401
SOUTHEAST		
Edgewood (KM 534X)	5803 Bellfort, 77033	(713) 734-8434
Hartman (KM 535C)	9311 E. Ave. P, 77012	(713) 928-4803
Mason (KM 535A)	541 South 75th, 77023	(713) 928-7055
SOUTHWEST		
Alief (KM 529E)	11903 Bellaire, 77072	(281) 564-8130
Burnett Bayland (KM 531B)	6200 Chimney Rock, 77081	(713) 668-4516
Emancipation (KM 493Y)	3018 Dowling, 77004	(713) 284-1911
Marian (KM 530X)	11101 S. Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	3502 Bellfort, 77051	(713) 734-5061
Townwood (KM 572P)	3403 Simsbrook, 77045	(713) 434-3508

Biddy Ball Basketball League

The class focuses basketball fundamentals with a focus on fun for youth ages 4 to 6 who want to hoop it up in the Biddy Ball Basketball League. Registration will be held one month prior to the start of the season. The Biddy Ball Basketball League winter league kicks off in January 2010 and is a **FREE**, citywide recreational program. All participants will receive **FREE** t-shirts, expert coaching, special events and skills clinics.

Ages:	4 - 6*
Registration:	Oct 11 - Nov 19
Fee:	**FREE**
Program Dates:	Jan 3 - Feb 26, 2011
Times:	M - F, Evenings
	Sat, Morning and Afternoon
Locations:	See locations list
Information:	(832) 395-7292
	(832) 395-7294
	(832) 395-7277

* As of Sept 1, 2010

NORTHWEST		
Candlelight (KM 452E)	1520 Candlelight, 77018	(713) 682-3587
Fonde (KM 493 K)	110 Sabine, 77002	(713) 226-4466
Judson Robinson, Jr. (KM 533B)	2020 Hermann Dr., 77004	(713) 284-1997
Lincoln City (KM 412Q)	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	1000 West 12th, 77008	(713) 867-0497
Stude (KM 493E)	1031 Stude, 77007	(713) 867-0496
Woodland (KM 493C)	212 Parkview, 77009	(713) 867-0401
SOUTHWEST		
Alief (KM 529E)	11903 Bellaire, 77072	(281) 564-8130
Townwood (KM 572P)	3403 Simsbrook, 77051	(713) 434-3508

houston PARKS & recreation department
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JUNIOR *golf*

The First Tee of Houston at FM Law Park

The First Tee® Houston/F.M. Law Park

Junior Golfers come and play one of America's favorite sports at HPARD'S First Tee of Houston at FM Law Park. Our mission is to positively impact the lives of young people in the greater Houston area by "promoting character development and life-enhancing values through the game of golf." The First Tee of Houston at FM Law Park strives to instill it's nine core values (Confidence, Courtesy, Honesty, Integrity, Judgment, Perseverance, Respect, and Sportsmanship) into all participants.

Through the Life Skills Experience, young people discover how skills essential to success on a golf course can help them flourish in life. These skills include self-management, interpersonal communication, goal setting, mentoring, and effective conflict resolution. The curriculum was developed by experts and is delivered by trained First Tee coaches. The First Tee of Houston at F.M. Law Park is closed on Holidays, Sundays, and Mondays.

Player Level

Player is a level; The Player level is inserted after Target and before the Par level. It is the new entry level of certification for the Life Skills Experience and builds on the fact youth have many opportunities to play a variety of sports. The Player level introduces how to play the game of golf with special emphasis on learning golf and life skills, appreciating the rules and etiquette of the game, and developing your game in golf and life. Player is who plays the game of golf; this means that young people enter The First Tee as Players, and as they progress through the Life Skills Experience, they learn golf and life skills which enable them to become Par level Players, Birdie level Players, Eagle level Players, Ace level Players, and, ultimately, Players for life.

Target Level

Target is an exciting new addition to The First Tee Life Skills Experience. It was developed to ensure that all participants are introduced to golf in an enjoyable manner, while seamlessly emphasizing essential links between golf and life skills. Target is intended for more limited introductions to the game of golf through The First Tee outreach efforts, clinics and drop-in sessions. It provides opportunities for participants to learn basic golf concepts and life skills before committing the time required to succeed in more advanced The First Tee development programs. Although Target is not a comprehensive, long-term coaching strategy, it can serve as an introduction to golf and life skills prior to more advanced certification levels of The First Tee Life Skills Experience. Target promotes curiosity about the game through a safe and fun environment. Positive, early learning experiences will help young people develop interest in the game and receive specific guidance about engaging in the Life Skills Experience at The First Tee.

Par Level

Participants will focus on interpersonal communication and self-management skills. Participants will learn how to introduce themselves, respect others, keep a positive attitude, and control their emotions. Once participants complete the 6-week session,they must become Par Level Certified. This is achieved by successfully completing a written life skills and golf knowledge test covering information taught in the Par class and a series of skills administered by an instructor. This ensures that the child thoroughly understands and can apply the life skills for the Par level. Participants remain in Par level until their 10th birthday and in order to move on to the Birdie level they must satisfy all Par level requirements.

Birdie Level

Of all the life skills addressed, goal-setting is one of the most important and will be focused on throughout the 4-week Birdie class. Young people with the ability to set and pursue their own goals have a greater sense of purpose, direction and motivation in their lives. Participants must be at least 10 years old to register for the Birdie class and have demonstrated the ability to apply the life skills introduced in the Par level. In order to progress to the Eagle level participants must be able to pass the knowledge and skills test, interview with an instructor over the components introduced in Par and Birdie level and be 13 years old.

Eagle Level

While the emphasis in the Par and Birdie levels is on the individual, the Eagle level focuses more on group and community interaction. The lessons provide advanced instruction and practice in mastering Par and Birdie level skills, as well as additional topics such as conflict resolution, mentoring and career planning. Participants learn to deal more effectively with others so they can become good citizens and exert positive influence both at The First Tee and in their communities. Participants must be at least 13 years old, and Birdie certified to register for the Eagle level. We encourage all participants to volunteer once they've become Eagle level certified either at The First Tee or another service organization of their choice. Volunteering has made the difference in determining whether or not a student is accepted into various universities as well as receiving scholarships.

Ages:	7 – 18
Pre-registration:	July 21
	(Classes limited to first 40 registrants)
Fee:	**FREE**
Summer II:	Aug 10 - Aug 20
Fall I:	Sept 1 – Oct 10
Fall II:	Oct 20 – Nov 10
Times:	10:30 am - 12:00 pm
	5:30 pm - 7:00 pm
Location:	F.M. Law Park (KM 530K)
	8400 Mykawa Road
Information:	(713) 264-2100

Summer II Session

F.M. Law Park will feature its first Junior Golf Camp! Scheduled to take place from Aug 10 - Aug 20. Campers will focus on the game of golf and spend the majority of there time on the golf course, driving range and putting greens. We will focus on the fundamentals of the game and provide hands on instruction.

Classes are limited to the first 40 participants that sign up. Snacks and beverages will be provided. For more information, contact a F.M. Law Park Staff Member.

Tuesday - Friday	Aug 10 - Aug 13	Golf Camp	9:00 am	-	2:00 pm	FM Law Park Golf Course
Tuesday - Friday	Aug 17 - Aug 20	Golf Camp	9:00 am	-	2:00 pm	FM Law Park Golf Course

Fall I & II Sessions

The Fall I and Fall II Sessions begin registration on Aug 1. Sessions begin in Sept 7, 2010.

Fall I

Tuesday	Sept 7 - Oct 12	PLAYer6	5:30 pm	-	7:00 pm	FM Law Park Golf Course
Wednesday	Sept 8 - Nov 2	PLAYer9	5:30 pm	-	7:00 pm	FM Law Park Golf Course
Thursday	Sept 9 - Oct 14	Par and Par Plus!	5:30 pm	-	7:00 pm	FM Law Park Golf Course
Saturday	Sept 11 - Oct 16	PLAYer6	9:00 am	-	10:30 am	FM Law Park Golf Course
Saturday	Sept 11 - Oct 16	PLAYer9	11:00 am	-	12:30 pm	FM Law Park Golf Course
Saturday	Sept 11 - Oct 16	Par and Par Plus!	1:30 pm	-	3:00 pm	FM Law Park Golf Course
Saturday	Sept 11 - Oct 16	Birdie	3:30 pm	-	5:00 pm	FM Law Park Golf Course

Fall II

Tuesday	Oct 2 - Nov 17	Target	6:00 pm	-	7:00 pm	FM Law Park Golf Course
Wednesday	Oct 21 - Nov 18	Target	6:00 pm	-	7:00 pm	FM Law Park Golf Course
Thursday	Oct 22 - Nov 19	Player	6:00 pm	-	7:30 pm	FM Law Park Golf Course
Friday	Oct 23 - Nov 20	Player	6:00 pm	-	7:30 pm	FM Law Park Golf Course
Saturday	Oct 24 - Nov 21	Par	10:00 am	-	11:30 am	FM Law Park Golf Course
Saturday	Oct 24 - Nov 21	Par	1:00 pm	-	2:30 pm	FM Law Park Golf Course

Additional Activities

In addition to our regularly scheduled sessions, the First Tee of Houston at FM Law Park will sponsor some fun filled days where participants can simply enjoy the game of golf. See our schedule below for more information.

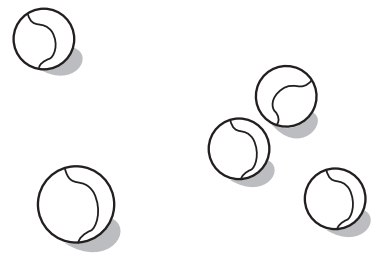
Saturday	Aug 7	Fun Day	1:00 pm	-	4:00 pm	FM Law Park Golf Course
Saturday	Aug 28	Parents vs. Participants Tournament	1:00 pm	-	4:30 pm	FM Law Park Golf Course
Saturday	Sept 4	Fun Day	1:00 pm	-	4:00 pm	FM Law Park Golf Course
Saturday	Sept 18	Rules Clinic	3:00 pm	-	5:00 pm	FM Law Park Golf Course
Saturday	Oct 30	Fun Day Glow Golf	5:30 pm	-	8:00 pm	FM Law Park Golf Course
Saturday	Nov 13	Fun Day	1:00 pm	-	4:00 pm	FM Law Park Golf Course
Thursday	Nov 25	Thanksgiving	Closed			Closed
Saturday	Dec 4	Fun Day	1:00 pm	-	4:00 pm	FM Law Park Golf Course

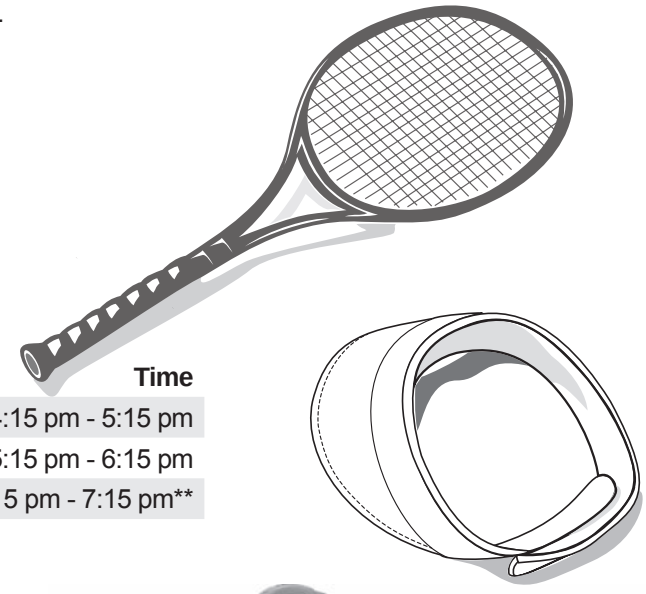
YOUTH

Fall Youth Tennis

The Youth Tennis Program is a **FREE** program offered at a variety of public parks throughout the year by the Houston Parks and Recreation Department (HPARD) in partnership with the Houston Tennis Association, Inc.- NJTL. The program is designed to provide children, with the fundamentals of the game of tennis and educational components that develop life skills. Equipment is available for use during class and no pre-registration is necessary.

Ages:	6 - 18
Registration:	On site – First day of class
Fee:	**FREE**
Fall I Dates:	August 30 - October 7, 2010
Fall II Dates:	October 11 - November 18, 2010
Information:	(713) 803-1112





Age	Class	Description	Time
6 - 10	Beginners	Emphasis on fun	4:15 pm - 5:15 pm
8 - 18	Beginners/Advanced Beginners	Emphasis on learning	5:15 pm - 6:15 pm
8 - 18	Intermediates	Skill development/match play (must pass skills test)	6:15 pm - 7:15 pm**

** Offered at sites marked with asterisks

Academy SPORTS+OUTDOORS

Fall I - August 30 - October 7, 2010

Central			
Cherryhurst (KM 492V)	M & W	1700 Missouri, 77006	(713) 284-1992
East			
Finnigan (KM 494G)	T & Th	4900 Providence, 77021	(713) 678-7385
West			
Bendwood (KM 489H)	M & Th	12700 Kimberley, 77024	(713) 803-1112
North			
Melrose (KM 413T)	T & Th	1001 Canino, 77076	(281) 447-0514
Northwest			
R.L. & Cora Johnson (KM 450A)**	M & W	9920 Porto Rico, 77041	(713) 895-6141
South			
Sunnyside (KM 533X)	T & Th	3502 Bellfort, 77051	(713) 734-5061
Southeast			
Sagemont (KM 576Y)**	T & Th	11507 Hughes, 77089	(281) 922-2343
Southwest			
Alief (KM 529E)**	T & Th	11903 Bellaire, 77072	(281) 564-8130
Linkwood (KM 532P)	M & W	3699 Norris, 77025	(713) 314-3107
Meyerland (KM 531Q)	T & Th	5151 Jason, 77096	(713) 803-1112

Fall II - October 11 - November 18, 2010

Central			
Cherryhurst (KM 492V)	M & W	1700 Missouri, 77006	(713) 284-1992
Proctor Plaza (KM 453X)	T & Th	803 W. Temple, 77009	(713) 862-6907
East			
Finnigan (KM 494G)	T & Th	4900 Providence, 77021	(713) 678-7385
West			
Nottingham (KM 489E)	M & Th	14205 Kimberley, 77079	(713) 803-1112
North			
Melrose (KM 413T)	T & Th	1001 Canino, 77076	(281) 447-0514
Northwest			
R.L. & Cora Johnson (KM 450A)**	M & W	9920 Porto Rico, 77041	(713) 895-6141
South			
Sunnyside (KM 533X)	T & Th	3502 Bellfort, 77051	(713) 734-5061
Southeast			
Sagemont (KM 76Y)**	T & Th	11507 Hughes, 77089	(281) 922-2343
Southwest			
Alief (KM 529E)**	T & Th	11903 Bellaire, 77072	(281) 564-8130
Linkwood (KM 532P)	M & W	3699 Norris, 77025	(713) 314-3107

SKATEPARKS

Interested in skate boarding, blading or roller skating but have no place to go? Check out one of HPARD's skateparks.

Currently the department operates 5 above ground skateparks and 1 in ground skatepark - The Lee & Joe Jamail Skatepark, the first world-class, in-ground skatepark in our region.

Clinton Skatepark
200 Mississippi (KM 495U)
This 12,070 square foot facility measures 142' X 85'. Components include half pipes, roll-in, bank ramp, quarter pipes, half pipe, street spine, jump box, grind rail 14', grind ledge 14', pyramid 6', grind rail square 12', grind rail round 12', and a grindbox (kinked).

Dylan Duncan Skatepark
3950 Rustic Woods (KM 297X)
This 5402 square foot facility measures 73' X 74'. Components include: a mini half pipe with 90' hip, skate benches, a kinked round grind rail, a kicker ramp, skate tables, a bank to stair with rail, shade structures with benches, drinking fountain and a bike rack in the shape of a skateboarder.

Eastwood Skatepark
5020 Harrisburg (KM 494T)
Eastwood skatepark is a 4,928 square foot facility measuring 88' X 56'. Components include: a concrete curb, a grind box, a grindrail, a concrete bench, a curved bench, a mini ramp with start wedge, a pyramid with planter and a wedge with box, grind rail (kinked round 20') and a sub box, bank ramp with kicker.

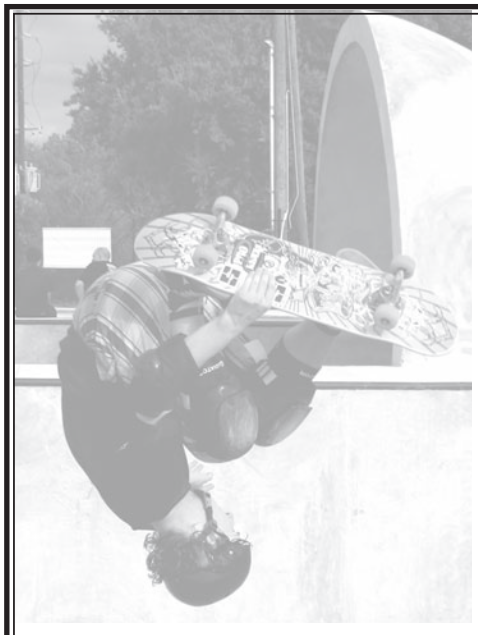
Joe and Theresa Padilla Skatepark
6200 Lyons (KM 494H)
The Joe and Theresa Padilla Skatepark is designed to give the skater a world-class workout on an exciting series of challenging features such as quarter pipes, bank ramps, grind boxes, and stairs and rails.

Watonga Skatepark
4100 Watonga Blvd (KM 451H)
The Watonga Skatepark is a 12,070 square foot facility measuring 142' X 85'. Components include half pipes, roll-in, bank ramp,quarter pipes, half pipe, street spine, jump box, grind rail 14', grind ledge 14', pyramid 6', grind rail square 12', grind rail round 12', grindbox (kinked), grind rail (kinked round 20'), sub box and a bank ramp with kicker.

the Lee & Joe Jamail SKATEPARK

The Lee and Joe Jamail Skatepark, designed by the premiere skatepark firm Grindline, is the first world-class, in-ground skatepark in our region.

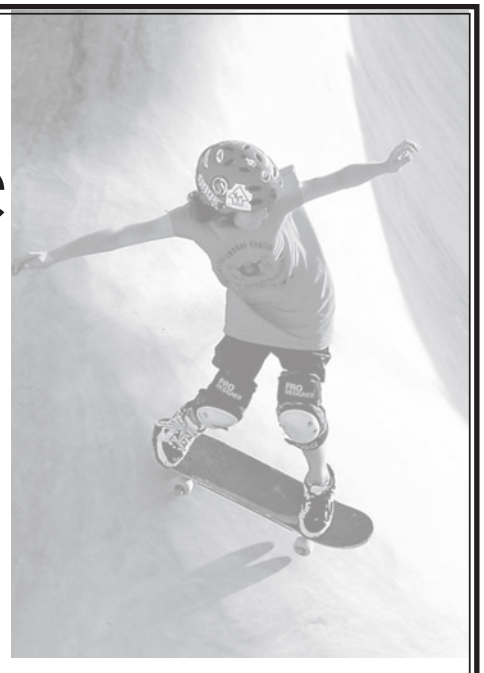
This state-of-the-art, public 30,000 square-foot in-ground facility opened in June of 2008 vaulting Houston into the forefront of American venues for this fast-growing, dynamic sport. The park has areas for skaters of all levels, from the seasoned pro to the beginner. Skaters can work on their kick flip, ollie, fakie big spin...or simply learn to stay balanced!



Third Annual
Rock the Cradle
for Johnny Kicks Cancer
2010 World Cup Contest

Saturday, October 23, 2010
Lee & Joe Jamail Skatepark
103 Sabine Street
Houston, TX 77007

This is the Final Stop in World Cup Skateboarding for 2010!
More information www.pushhouston.com



Houston PARKS Board

houston PARKS & recreation department
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ADULT *sports leagues*

Get off of that couch and join an adult sports league! Flag Football, softball, volleyball, kickball and basketball leagues are offered at various parks throughout Houston. League play is open to adults ages 18 and over. Adult sports leagues require fees per team. Check www.houstonparks.org for more adult sports opportunities.

Adult Fall Softball

Slow pitch and fast pitch softball leagues are offered year-round in select park sites throughout the city.

Divisions include Men's B/C/D, Co-ed C/D and Senior (50+). Games are played Monday - Friday, for a 5 - week doubleheader season.

Ages:	18 - Older
Divisions:	Men's B/C/D, Co-ed C/D and Seniors
Registration Dates:	Aug 9 - Aug 27
Fee:	$250 - $300 Per Team
ASA Fee:	$20.00 Per Calendar Year
League Dates:	Sept 7 - Oct 22
League Format:	5 - Week Doubleheader (10 games total)
Days:	Monday - Friday
Time:	6:30 pm - 10:30 pm
Information:	(832) 395-7130

Adult Winter Softball

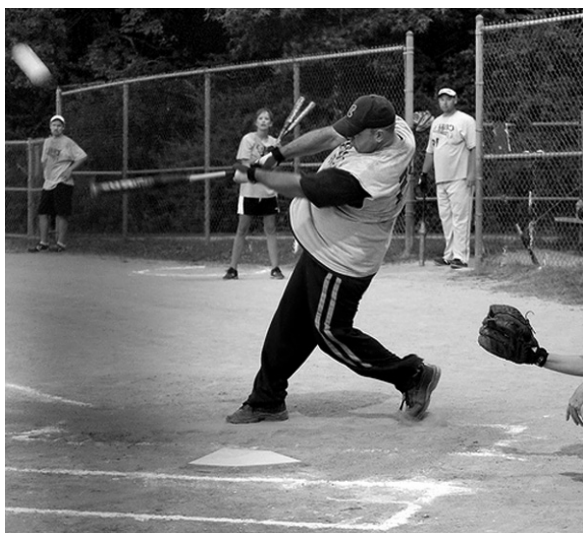
Slow pitch and fast pitch softball leagues are offered year-round in select park sites throughout the city.

Divisions include Men's B/C/D, Co-ed C/D and Senior (50+). Games are played Monday - Friday, for a 5 - week doubleheader season.

Ages:	18 - Older
Divisions:	Men's B/C/D, Co-ed C/D and Seniors
Registration Dates:	Oct 4 - Oct 22
Fee:	$250 - $300 Per Team
ASA Fee:	$20.00 Per Calendar Year
League Dates:	Nov 1 - Dec 17
League Format:	5 - Week Doubleheader (10 games total)
Days:	Monday - Friday
Time:	6:30 pm - 10:30 pm
Information:	(832) 395-7130

Locations:

Agnes Moffitt Park (KM 449R)	10645 Hammerly, 77043
Memorial Park (KM 492K)	6501 Memorial Drive, 77007
Cullen Park (KM 447S)	19008 Saums Road, 77084
Herman Brown Park (KM 496A)	300 Oates Road, 77013
T.C. Jester Park (KM 451M)	4201 West T.C. Jester, 77018
Cleveland Park/ Tim Hearn Field(KM 492M)	200 Jackson Hill, 77007



Adult Fall Flag Football League

Adult flag football leagues are offered during the fall and winter seasons.

Divisions include Men's A/B/C, Co-ed Open and Women's Open. Games are played on Tuesday, Wednesday and Thursday evenings for a 5-week doubleheader season.

Ages:	18 - Older
Divisions:	Men's A/B/C, Co-ed Open and Women's Open
Registration Dates:	Aug 9 - Aug 27
Fee:	$330 Per Team
League Dates:	Sept 7 – Oct 22
League Format:	5-Wk Doubleheader Season (10 games total)
Days:	Tuesday, Wednesday and Thursday
Time:	7:00 pm - 11:00 pm
Information:	(832) 395-7130

Adult Winter Flag Football League

Adult flag football leagues are offered during the fall and winter seasons.

Divisions include Men's A/B/C, Co-ed Open and Women's Open. Games are played on Tuesday, Wednesday and Thursday evenings for a 5-week doubleheader season.

Ages:	18 - Older
Divisions:	Men's A/B/C, Co-ed Open and Women's Open
Registration Dates:	Oct 4 - Oct 22
Fee:	$330 Per Team
League Dates:	Nov 1 - Dec 17
League Format:	5-Wk Doubleheader Season (10 games total)
Days:	Tuesday Wednesday and Thursday
Time:	7:00 pm - 11:00 pm
Information:	(713) 670-5500

Locations:

Agnes Moffitt Park (KM 449R)	10645 Hammerly, 77043	Fall and Winter
Memorial Park (KM492K)	6501 Memorial Drive, 77007	Fall
T.C. Jester Park (KM 451M)	4201 T.C. Jester, West, 77018	Fall

Adult Fall Kickball League

Come and enjoy the game you once played as a kid. Kickball is one of the fastest growing adult sports in the country.

Co-ed kickball leagues are offered year-round at sites throughout the city. Games are played Monday-Friday for a 5-week doubleheader season.

Ages:	18 - Older
Divisions:	Co-ed D
Registration Dates:	Aug 9 - Aug 27
Fee:	$180 Per Team
League Dates:	Sept 7 - Oct 22
League Format:	5-Wk Doubleheader Season (10 games total)
Days:	Tuesday and Thursday
Time:	6:30 pm - 9:30 pm
Information:	(832) 395-7130

Adult Winter Kickball League

Come and enjoy the game you once played as a kid. Kickball is one of the fastest growing adult sports in the country.

Co-ed kickball leagues are offered year-round at sites throughout the city. Games are played Monday-Friday for a 5-week doubleheader season.

Ages:	18 - Older
Divisions:	Co-ed D
Registration Dates:	Oct 4 - Oct 22
Fee:	$180 Per Team
League Dates:	Nov 1 - Dec 17
League Format:	5-Wk Doubleheader Season (10 games total)
Days:	Tuesday and Thursday
Time:	6:30 pm – 10:30 pm
Information:	(832) 395-7130

Locations:

Memorial Park (KM492K)	6501 Memorial Drive, 77007	Fall and Winter

Adult Fall Volleyball

Playing volleyball is a great way to get fit while having fun! Games are played Tuesday - Thursday for a 5-week doubleheader season.

Sign up today and get ready to serve, set and spike your way to a healthier you!

Ages:	18 - Older
Divisions:	Men's A/B/C, Co-ed Open and Women's Open
Registration Dates:	Aug 9 - Aug 27, 2010
Fee:	$180 per team
League Dates:	Sept 7 - Oct 22, 2010
League Format:	5 - Week Doubleheader (10 games total)
Days:	Tuesday
Time:	6:30 p.m. - 9:30 p.m.

Adult Winter Volleyball

Playing volleyball is a great way to get fit while having fun! Games are played Tuesday - Thursday for a 5-week doubleheader season.

Sign up today and get ready to serve, set and spike your way to a healthier you!

Ages:	18 - Older
Divisions:	Men's A/B/C, Co-ed Open and Women's Open
Registration Dates:	Aug 9 - Aug 27, 2010
Fee:	$180 per team
League Dates:	Sept 7 - Oct 22, 2010
League Format:	5 - Week Doubleheader (10 games total)
Days:	Tuesday
Time:	7:00 pm - 9:30 pm

Locations:

Selena Quintanilla P. / Denver Harbor (KM494H)	T	6501 Memorial Drive, 77007	Fall and Winter

Futsal (indoor soccer)

Sign up today for Futsal! Men's and Coed leagues are available. This is a 5 week double header league. A team fee is required.

Ages:	18 - Older
Divisions:	Men's & Coed
Registration Dates:	Aug 9 - Aug 27
Fee:	$330 per team
League Dates:	Sept 7 – Oct 22, 2010
League Format:	5 – Week Doubleheader Season (10 games total)
Days:	TBA
Time:	6:30 pm - 9:30 pm
Locations:	TBA
Information:	(832) 395-7130

Adult Fall Basketball

Hoop it up this Fall by signing up for HPARD's Fall Adult Basketball League! This Men's Division League runs for 10 weeks (single elimination). Games are played at Judson Robinson Jr. Community Center, Moody Park Community Center, or at Townwood Park Community Center.

A team fee is required.

Ages:	18 - Older
Divisions:	Men's
Registration Dates:	Aug 9 - Aug 27, 2010
Fee:	$320 Per Team
League Dates:	Sept 1 - Nov 3, 2010
League Format:	10 - Week Single
Days:	Tuesday and Thursday
Time:	6:30 pm - 10:30 pm

Adult Winter Basketball

Hoop it up this Fall by signing up for HPARD's Fall Adult Basketball League! This Men's Division League runs for 10 weeks (single elimination). Games are played at Judson Robinson Jr. Community Center, Moody Park Community Center, or at Townwood Park Community Center.

A team fee is required.

Ages:	18 - Older
Divisions:	Men's A/B/C, Co-ed Open and Women's Open
Registration Dates:	Nov 9 – Nov 25, 2010
Fee:	$180 Per Team
League Dates:	Dec 10, 2010 – Feb 1, 2011
League Format:	5 - Week Doubleheader (10 games total)
Days:	Tuesday and Thursday
Time:	6:30 pm - 9:30 pm

Locations:

J. Robinson, Jr. (KM 533B)	T	2020 Hermann, 77004	Fall and Winter
Moody (KM 453Y)	Th	3725 Fulton, 77009	Fall and Winter
Townwood (KM 572P)	T	3403 Simsbrook, 77051	Fall and Winter

DISC*golf*

Disc golf is an activity the entire family can enjoy. It is inexpensive, healthful and a great way to enjoy the outdoors. The Houston Parks and Recreation Department has nine disc golf courses ranging from 9 to 18 holes in parks throughout the city. Disc golf courses are open to the public during normal park hours of operation.

To reserve a disc golf course for a special event, contact HPARD's Ball fields and Reservation Office at (832) 395-7010 and (832) 395-7011, Monday through Friday from 8 am to 5 pm.

Agnes Moffitt Park
10845 Hammerly (KM 449R)

Holes:	18
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Disc Catcher

Buffalo Bayou/Tinsley Park
103 Sabine

Holes:	18
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Disc Catcher

T.C. Jester Park
4201 T.C. Jester West (KM 451M)

Holes:	9
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Stroke Saver

Mason Park
541 South 75th St.(KM 535A)

Holes:	18
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Disc Catcher

MacGregor Park
525 Calhoun (KM 489E)

Holes:	18
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Stroke Saver

ADULT FITNESS

The Houston Parks and Recreation Department offers a variety of fitness opportunities to help keep Houstonians fit. We offer more than 100 miles of walking/jogging trails in and around our parks. In addition, there are exercise workstations located along some of our trails as well as indoor and outdoor basketball courts, outdoor tennis court and swimming pools, disc golf and golf courses and community center fitness programs designed to meet the needs of all Houstonians. So if you're looking for a fun way to get fit check out HPARD's many offerings and workout at a park near you!

Adult Step Aerobics

Burn off those unwanted pounds in step aerobics classes for adults. Step classes are available for all levels. Classes range from medium intensity cardio workouts focusing on simple step routines to highly choreographed step routines for the advanced stepper, frequent exerciser, or experienced dancer. Check with the individual community center for more information. All classes are **FREE** unless otherwise noted.

Ages:	18 - Older
Registration:	Ongoing
Program Dates:	Year round
Times:	Varies by Community Center
Information:	Contact Community Center

NORTHEAST						
Clark (KM 453B)	M - F	9:00 am	-	10:00 am	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	M - Th	6:00 pm	-	7:00 pm	9718 Clark, 77076	(713) 675-2151
Denver Harbor (KM 494H)	M, W & Th	6:00 pm	-	7:00 pm	6402 Market, 77020	(713) 742-1497
Melrose (KM 413T)	M, W & F	9:00 am	-	10:00 am	1001 Canino, 77076	(713) 895-6141
Melrose (KM 413T)	M - F	6:00 pm	-	7:00 pm	1001 Canino, 77076	(713) 895-6141
Moody (KM 453Y)	M, W & F	7:00 pm	-	8:00 pm	3725 Fulton, 77009	(713) 692-6925
NORTHWEST						
Freed (KM 451Y)	M – Th	5:30 pm	-	6:30 pm	6818 Shady Villa, 77055	(713) 682-4334
J. Robinson, Jr. (KM 533B)*	T, W & Th	9:00 am	-	10:00 am	2020 Hermann Dr., 77004	(713) 284-1997
SOUTHEAST						
Edgewood (KM 534X)	M – Th	6:30 pm	-	7:30 pm	5803 Bellfort, 77033	(713) 734-8434
SOUTHWEST						
Lansdale (KM 330K)	M & W	6:30 pm	-	7:30 pm	8201 Roos, 77036	(713) 272-3668
Sunnyside (KM 533X)	T & Th	5:30 pm	-	6:30 pm	3502 Bellfort	(713) 734-5061
Townwood (KM 572P)	T & Th	6:30 pm	-	8:00 pm	3403 Simsbrook, 77051	(713) 434-3508
Windsor Village (KM 571P)	M – Th	6:00 pm	-	7:00 pm	14441 Croquet, 77085	(713) 726-7113

* Concessionaire Call Site For Cost

Adult Aerobics

Grapevine-step your way into a great cardio workout with adult aerobic classes. Classes are offered during the week at lunchtime and in the evenings. Call the community center nearest you for more information. All classes are **FREE** unless otherwise noted.

NORTHEAST					
Denver Harbor (KM 494H)	M - Th	6:00 pm	7:00 pm	6402 Market, 77020	(713) 675-2151
Melrose (KM 413T)	M - F	6:00 pm	7:00 pm	1001 Canino, 77076	(713) 895-6141
Melrose (KM 413T)	M, W & F	9:00 am	10:00 am	1001 Canino, 77076	(713) 895-6141
Moody (KM 453Y	M, W & F	7:00 pm	8:00 pm	3725 Fulton, 77009	(713) 692-6925
NORTHWEST					
Fonde (KM 493K)	T – Th	12:15 pm	12:45 pm	110 Sabine, 77002	(713) 226-4466
J. Robinson, Jr. (KM 533B)*	M, T, & W	6:00 pm	7:00 pm	2020 Hermann Dr., 77004	(713) 284-1997
Highland (KM 451D)	T & Th	6:30 pm	7:30 pm	3316 DeSoto, 77091	(713) 956-9137
Lincoln City (KM 412Q)	T & Th	6:00 pm	7:00 pm	979 Grenshaw, 77088	(281) 445-1617
Love (KM 552Z)	Th	6:00 pm	7:00 pm	1000 W. 12th, 77008	(713) 867-0497
Montie Beach (KM 453X)	M – Th	6:00 pm	7:00 pm	915 Northwood, 77009	(713) 864-6820
Montie Beach (KM 453X)	M – F	9:00 am	10:00 am	915 Northwood, 77009	(713) 864-6820
SOUTHEAST					
Eastwood (KM 494T)	M – Th	6:00 pm	7:00 pm	5020 Harrisburg, 77011	(713) 928-4801
Garden Villas (KM 535W)	M, T, & Th	6:00 pm	7:00 pm	6720 S. Haywood, 77061	(713) 847-5168
Hartman (KM 535C)	T, W, & Th	6:30 pm	7:30 pm	9311 E. Ave. P., 77012	(713) 928-4803
Ingrando (KM 535F)	M – F	8:30 am	9:30 pm	7302 Keller, 77012	(713) 643-4764
Mason (KM 635A)	T – F	8:30 am	9:30 pm	541 S. 75th, 77023	(713) 928-7055
SOUTHWEST					
Burnett Bayland (KM 531B)	M & W	6:00 pm	7:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Hackberry (KM 528M)	T & Th	6:00 pm	7:00 pm	7777 S. Dairy Ashford, 77072	(281) 776-9908
Lansdale (KM 530K)	T & Th	6:30 pm	7:30 pm	8201 Roos, 77036	(713) 272-3668
Marian (KM 530X)	M – Th	6:00 pm	7:00 pm	11101 South Gessner, 77071	(713) 773-7015
Platou (KM 571B)	T & Th	6:00 pm	7:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Sunnyside (KM 533X)	M – Th	5:30 pm	6:30 pm	3502 Bellfort, 77051	(713) 734-0757
Windsor Village (KM 571 P)	M – Th	6:00 pm	7:00 pm	14441 Croquet, 77085	(713) 726-7112

* Concessionaire Call Site For Cost

Adult Aerobics Muscle Toning

This class focuses on increasing strength and improving muscle tone, which will help you burn calories even while you're not working out! The class uses weights, bands, bars and the step. Check with individual community center for more information. All classes are **FREE** unless otherwise noted.

Ages: 18 - Older
Registration: Ongoing
Program Dates: Year round
Times: Varies by Community Center
Days: Tuesday
Information: Contact Community Center

NORTHEAST					
Clark (KM 453B)	M - Th	9:00 am	10:00 am	9718 Clark, 77076	(713) 742 -1497
Clark (KM 453B)	M - Th	6:00 pm	7:00 pm	9718 Clark, 77076	(713) 742 -1497
Moody (KM 453Y)	M, W & F	8:00 pm	8:30 pm	3725 Fulton, 77009	(713) 692 - 6925
Denver Harbor (KM 494H)	W	6:00 pm	7:00 pm	6402 Market, 77020	(713) 675 - 2151
SOUTHWEST					
Hackberry (KM 528M)	M, W & F	10:00 am	11:30 am	7777 S. Dairy Ashford, 77072	(281) 776 - 9908
Sunnyside (KM 533X)	Th	6:45 am	7:45 am	3502 Bellfort, 77051	(713) 734 - 5061

Adult Basketball Freeplay

Sign up today to play oneof the most popular and widely viewed sports in the world Basketball! There are a variety of basketball courts and games available for you to choose fro. Check with individual community centersfor more information.

NORTHEAST

Denver Harbor (KM 494H)	Freeplay B.B.	M - Th	1:00 pm	13:00 pm	6402 Market, 77020	(713) 675-2151
Denver Harbor (KM 494H)	Freeplay B.B.	M - Th	6:00 pm	9:00 pm	6402 Market, 77020	(713) 675-2151
Denver Harbor (KM 494H)	Freeplay B.B.	F	1:00 pm	3:00 pm	6402 Market, 77020	(713) 675-2151
Denver Harbor (KM 494H)	Freeplay B.B.	F	6:00 pm	8:00 pm	6402 Market, 77020	(713) 675-2151
Denver Harbor (KM 494H)	Freeplay B.B.	S	10:00 am	2:00 pm	6402 Market, 77020	(713) 675-2151
Melrose (KM 413T)	Freeplay B.B.	M - Th	6:00 pm	9:00 pm	1001 Canino, 77076	(281) 447-0514
Melrose (KM 413T)	Freeplay B.B.	F	6:00 pm	8:00 pm	1001 Canino, 77076	(281) 447-0514
Melrose (KM 413T)	Freeplay B.B.	S	10:00 am	2:00 pm	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	Freeplay B.B.	M - F	1:00 pm	3:00 pm	3725 Fulton, 77009	(713) 692-6925
Moody (KM 453Y)	Freeplay B.B.	T & Th	6:00 pm	9:00 pm	3725 Fulton, 77009	(713) 692-6925
Moody (KM 453Y)	Freeplay B.B.	S	10:00 am	2:00 pm	3725 Fulton, 77009	(713) 692-6925

NORTHWEST

Candlelight (KM 452E)	Freeplay B.B.	M - F	1:00 pm	3:00 pm	1520 Candlelight, 77018	(713) 682-3587
Candlelight (KM 452E)	Freeplay B.B.	M - F	6:00 pm	9:00 pm	1520 Candlelight, 77018	(713) 682-3587
Fonde (KM 493K)	Full Court B.B.	M - F	9:00 am	12:30 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Full Court B.B.	S	1:00 pm	4:00 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Ladies Night B.B.	Th	6:30 pm	9:00 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	3 on 3 B.B.	M, W & F	12:30 pm	9:00 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	3 on 3 B.B.	T	12:30 pm	6:00 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	3 on 3 B.B.	F	12:30 pm	5:45 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	3 on 3 B.B.	S	1:00 pm	7:00 pm	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	Freeplay B.B.	T	6:00 pm	9:00 pm	6818 Shady Villa, 77055	(713) 682-4467
Freed (KM 451Y)	Freeplay B.B.	S	10:00 am	2:00 pm	6818 Shady Villa, 77055	(713) 682-4467
Freed (KM 451Y)	3 on 3 B.B.	T	5:00 pm	7:00 pm	6818 Shady Villa, 77055	(713) 682-4467
Freed (KM 451Y)	Leisure B.B.	M - F	6:00 pm	8:00 pm	6818 Shady Villa, 77055	(713) 682-4467
J. Robinson, Jr. (KM 533B)	Freeplay B.B.	M - F	10:00 am	2:00 pm	2020 Hermann Dr., 77004	(713) 284-1997
Lincoln City (KM 412Q)	Freeplay B.B.	M - F	5:00 pm	6:00 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Freeplay B.B.	M & W	6:00 pm	8:00 pm	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	Freeplay B.B.	T, Th & F	10:00 a.m.	2:00 pm	1000 West 12th, 77008	(713) 867-0490
Love (KM 452Z)	Freeplay B.B.	Th	6:00 pm	9:00 pm	1000 West 12th, 77008	(713) 867-0490
Woodland (KM 493C)	Freeplay B.B.	S	6:00 pm	9:00 pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Freeplay B.B.	M - F	1:00 pm	3:00 pm	212 Parkview, 77009	(713) 867-0401

SOUTHEAST

Edgewood (KM 534X)	Freeplay B.B.	M - F	1:00 pm	-	3:00 pm	5803 Bellfort, 77033	(713) 734-8434
Edgewood (KM 534X)	Freeplay B.B.	M - F	6:00 pm	-	9:00 pm	5803 Bellfort, 77033	(713) 734-8434
Edgewood (KM 534X)	Freeplay B.B.	S	10:00 am	-	2:00 pm	5803 Bellfort, 77033	(713) 734-8434
Hartman (KM 535C)	Freeplay B.B.	M - TH	12:00 pm	-	3:00 pm	9311 Ave. P., 77012	(713) 928-4803
Hartman (KM 535C)	Freeplay B.B.	F	1:00 pm	-	3:00 pm	9311 Ave. P., 77012	(713) 928-4803
Mason (KM 535A)	Freeplay B.B.	M, W, F	12:30 pm	-	2:30 pm	541 South 75th St, 77023	(713) 928-7055
Mason (KM 535A)	Freeplay B.B.	F	6:00 pm	-	8:00 pm	541 South 75th St, 77023	(713) 928-7055

SOUTHWEST

Alief (KM 529E)	Freeplay B.B.	M, W & F	6:00 pm	-	8:45 pm	11903 Bellaire , 77072	(281) 564-8130
Bayland (KM 531B)	Freeplay B.B.	M - F	1:00 pm	-	3:00 pm	6200 Chimney Rock,77081	(713) 668-4516
Emancipation (KM 493Y)	Freeplay B.B.	M - F	1:00 pm	-	9:00 pm	3018 Dowling, 77004	(713) 284-1301
Marian (KM 530X)	Freeplay B.B.	M - F	1:00 pm	-	3:00 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Freeplay B.B.	T & Th	6:00 pm	-	8:30 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Freeplay B.B.	S	10:00 am	-	2:00 pm	11101 South Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	Freeplay B.B.	M - F	1:00 pm	-	9:00 pm	3502 Bellfort, 77051	(713) 734-5061
Sunnyside (KM 533X)	Freeplay B.B.	S	10:00 am	-	2:00 pm	3502 Bellfort, 77051	(713) 734-5061
Townwood (KM 572P)	Freeplay B.B.	M - F	1:00 pm	-	9:00 pm	3403 Simsbrook,77051	(713) 434-3508

FITNESS CENTERS

Fitness Centers

HPARD's five Fitness Centers are equipped with state of the art fitness equipment and are open year round. Workout times and fees vary by community center. All centers are close in and are reasonably priced. Contact individual fitness centers for more detailed information.

Memorial Park Fitness Center

Work out and get fit right in the middle of Memorial Park! The Memorial Park Fitness Center is equipped with weights and cardiovascular equipment. An Olympic size outdoor swimming pool (open duringthe summer and into the fall for lap swimming based on temperature), showers and lockers.

Ages:	18 - Older
Program Dates:	Year Round
Hours:	6:00 am – 8:00 pm, M - F 8:00 am – 4:00 pm, Sat 8:00 am – 12:00 pm, Sun
Location:	Memorial Park (KM 492K) 6402 Arnot, 77007
Information:	(713) 802-1662

Fee Schedule

Monthly membership	$20.00
Daily membership	$ 1.75
Shower rental	$ .75
Towel rental	$ .50
Lap Pool Swimming	$ 1.00 (when open)

Judson Robinson, Jr. Fitness Center

The Judson Robinson, Jr. Fitness Center is located inside of Hermann Park. The center is equipped with weights and cardiovascular equipment for your fitness needs. The center is open year round.

In addition to the Fitness Center, J Robinson, Jr offers basketball, racquetball and a number of other fitness activities. Contact J Robinson Jr Community Center for more information.

Note: The weight room is closed Mon - Thurs from 3:00 pm - 3:30 pm for cleaning.

Ages:	18 - Older
Program Dates:	Year Round
Early Morning Workout:	6:00 am - 9:00 am, M - F
Fitness Center Hours:	10:00 am - 8:00 pm, M - Th 10:00 am - 4:00 pm, F 10:00 am - 2:00 pm, Sat
Raquetball Court Hours:	9:00 am - 8:00 pm, M - F 10:00 am - 2:00 pm, Sat
Location:	J Robinson, Jr., (KM 533B) 2020 Hermann Dr, 77004
Information:	(713) 284-1997

Fee Schedule

Early Morning Workout:	$20.00 / month
Raquetball Court Rental Fees:	$1.50 / half hour $3.00 / hour

Fonde Fitness Center

The Fonde Recreation Center, home to some of basketball's greatest players, is also a great place to get fit!

Conveniently located near downtown off of Memorial Drive and Sabine Street, Fonde offers lunch-time fitness opportunities.

Fonde features a state-of-the-art weight room, showers and lockers as well as a full-court gym and aerobics room all **FREE** to help you meet your fitness goals.

Ages:	18 - Older
Program Dates:	Year Round
Hours:	9:00 am - 7:00 pm, M– F
	1:00 pm – 7:00 pm, Sat
Location:	Fonde (KM 493K)
	110 Sabine, 77002
Information:	(713) 226-4466

MacGregor Fitness Center

MacGregor Fitness Center is located in MacGregor Park. The facility is features full-service weight room equipment.

Showers and lockers are available next door at the Homer Ford Tennis Center for a $ .75 fee each.

A covered, full-court basketball pavilion and a 1.25 mile jogging trail are conveniently located near the center.

Ages:	18 - Older
Fee:	No membership fees
Program Dates:	Year Round
Hours:	1:00 pm - 7:00 pm, Sat
Location:	MacGregor (KM 534K)
	5225 Calhoun, 77021
Information:	(713) 747-8650

Hackberry Fitness Center

The Hackberry Fitness Center is the newest HPARD fitness center. It is equipped with weights and cardiovascular equipment for your fitness needs.

The center is open year round. Contact the Hackberry Park Community Center for more information.

Ages:	18 - Older
Fee:	No membership fees
Program Dates:	Year Round
Hours:	10:00 am - 8:00 pm, M - F
	10:00 am -2:00 pm, Sat
Location:	Hackberry (KM 528M)
	7777 S Dairy Ashford, 77072
Information:	(281) 776-9908

Community Center Weight Rooms and Gyms

In addition to HPARD's 5 Fitness centers, many community centers offer weight-training facilities and many feature indoor gyms. Hours of operation vary by location and season, so call the community center nearest you for information. Please note: Showers and lockers **ARE NOT AVAILABLE** at these centers.

Weight Rooms

NORTHEAST						
Moody (KM 453Y)	M - Th	6:00 pm	-	8:30 pm	3725 Fulton, 77009	(713) 692-6925
Moody (KM 453Y)	F	6:00 pm	-	7:30 pm	3725 Fulton, 77009	(713) 692-6925
Moody (KM 453Y)	S	10:00 am	-	1:30 pm	3725 Fulton, 77009	(713) 692-6925
Shady Lane (KM 414W)	M - Th	4:00 pm	-	8:00 pm	10220 Shady Lane, 77093	(713) 742-1503
Shady Lane (KM414W)	F	4:00 pm	-	6:00 pm	10220 Shady Lane, 77093	(713) 742-1503
NORTHWEST						
Highland (KM 451D)	M - Th	12:00 pm	-	8:00 pm	3316 DeSoto, 77091	(713) 956-9137
Highland (KM 451D)	F	12:00 pm	-	6:00 pm	3316 DeSoto, 77091	(713) 956-9137
Lincoln (KM 412Q)	M - Th	8:00 am	-	8:00 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	F	8:00 am	-	6:00 pm	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	M - F	1:00 pm	-	3:00 pm	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	M - F	6:00 pm	-	8:00 pm	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	S	10:00 am	-	2:00 pm	1000 West 12th, 77008	(713) 867-0497
Woodland (KM 493C)	M - F	1:00 pm	-	7:30 pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	S	10:00 am	-	2:00 pm	212 Parkview, 77009	(713) 867-0401
SOUTHEAST						
Crestmont (KM 572J)	M - F	9:00 am	-	1:00 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 572J)	M - Th	4:00 pm	-	7:00 pm	5200 Selinsky, 77048	(713) 733-2236
Hartman (KM 535C)	F	1:00 pm	-	6:00 pm	9311 E. Ave. P, 77012	(713) 928-4803
Hartman (KM 535C	M - F	6:00 pm	-	9:00 pm	9311 E. Ave. P, 77012	(713) 928-4803
Mason (KM 535A)	M - F	11:00 am	-	2:30 pm	541 South 75th, 77023	(713) 928-7055
Mason (KM 535A)	M - F	5:30 pm	-	8:00 pm	541 South 75th, 77023	(713) 928-7055
SOUTHWEST						
Alief (KM 529E)	M - Th	1:00 pm	-	9:00 pm	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	F	1:00 pm	-	8:00 pm	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	S	10:00 am	-	2:00 pm	11903 Bellaire, 77072	(281) 564-8130
Emancipation (KM 493Y)	M - F	1:00 pm	-	3:00 pm	3018 Dowling, 77004	(713) 284-1301
Emancipation (KM 493Y)	M - F	6:00 pm	-	9:00 pm	3018 Dowling, 77004	(713) 284-1301
Emancipation (KM 493Y	S	10:00 am	-	2:00 pm	3018 Dowling, 77004	(713) 284-1301
Hackberry (KM 528M)	M - F	1:00 pm	-	8:00 pm	7777 S. Dairy Ashford, 77072	(281) 776-9908
Hackberry (KM 528M)	S	10:00 am	-	2:00 pm	7777 S. Dairy Ashford, 77072	(281) 776-9908
Marian (KM 530X)	M - Th	1:00 pm	-	8:30 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	F	1:00 pm	-	7:30 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	S	10:00 am	-	1:30 pm	11101 South Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	M - W	5:30 pm	-	6:30 pm	3502 Bellfort, 77051	(713) 734-5061
Sunnyside (KM 533X)	M - W	1:00 pm	-	3:00 pm	3502 Bellfort, 77051	(713) 734-5061
Sunnyside (KM 533X)	S	10:00 am	-	2:00 pm	3502 Bellfort, 77051	(713) 734-5061

Gyms

Enjoy open basketball, volleyball or badminton at HPARD gyms. Call your local community center for their sports offerings.

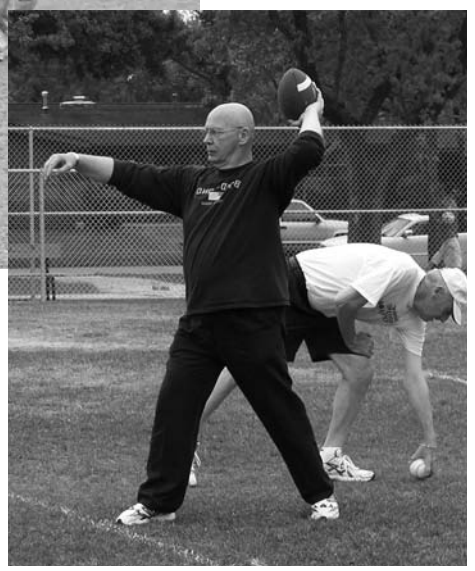
Alief (KM 529E)	11903 Bellaire, 77072	(281) 564-8130
Burnett Bayland (KM 531B)	6200 Chimney Rock, 77081	(713) 668-4516
Candlelight (KM 452E)	1520 Candlelight, 77018	(713) 682-3587
Denver Harbor (KM 494H)	979 Grenshaw, 77088	(713) 675-2151
Edgewood (KM 534X)	1000 West 12th, 77008	(713) 734-8434
Emancipation (KM 493Y)	3018 Dowling, 77004	(713) 284-1911
Finnigan (KM 494H)	4900 Providence, 77020	(713) 678-7385
Fonde (KM 493K)	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	6818 Shady Villa, 77055	(713) 682-4467
Hartman (KM 535C)	9311 E. Ave. P, 77012	(713) 928-4803
Judson Robinson, Jr. (KM 533B)	2020 Hermann Drive, 77004	(713) 284-1997
Kendall (KM 488C)	609 N. Eldridge Parkway, 77079	(832) 393-1898
Lincoln (KM 412Q)	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	1000 West 12th, 77008	(713) 867-0497
Marian (KM 530X)	11101 South Gessner, 77071	(713) 773-7015
Mason (KM 535A)	541 S. 75th, 77023	(713) 928-7055
Melrose (KM 413T)	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	3725 Fulton, 77009	(713) 692-6925
Stude (KM 493E)	1031 Stude, 77007	(713) 867-0496
Sunnyside (KM 533X)	3502 Bellfort, 77051	(713) 734-5061
Tidwell (KM 454D)	9720 Spaulding, 77016	(713) 636-8221
Townwood (KM 572P)	3403 Simsbrook, 77051	(713) 434-3508
Woodland (KM 493C)	212 Parkview, 77009	(713 867-0401

Fitness Classes

Houston let's get moving! Join a fitness class at your local community center. Activities include weight training, aerobics and circuit training. Call the nearest community center.

Ages: 18 - Older
Registration: Aug 7 - Ongoing
Program Dates: Sept 7- Dec 18, 2010
Times: Varies by Community Center
Information: Contact Community Center

NORTHEAST							
Denver Harbor (KM 494H)	Line Dance	T	6:00 pm	-	7:00 pm	6402 Market, 77020	(713) 675-2151
NORTHWEST							
Candlelight (KM 452E)	Karate	T & Th	6:00 pm	-	9:00 pm	1520 Candlelight, 77018	(713) 682-3587
Fonde (KM 493K)	Kickboxing	T - Th	12:15 pm	-	12:45 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K) *	Line Dance	T	6:00 pm	-	8:00 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K) *	Swing Out & 2 Step	M	7:00 pm	-	8:00 pm	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y) *	Karate	W	6:30 pm	-	9:00 pm	6818 Shady Villa, 77055	(713) 682-4467
Lincoln City (KM 412Q)	Yoga	W & Th	9:30 am	-	10:30 am	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Line Dance	M	9:30 am	-	10:30 am	979 Grenshaw, 77088	(281) 445-1617
J. Robinson, Jr. (KM 533B)	Line Dance	M	7:00 pm	-	8:30 pm	2020 Hermann Dr., 77004	(713) 284-1997
J. Robinson, Jr. (KM 533B)	Line Dance	W	10:00 am	-	11:30 am	2020 Hermann Dr., 77004	(713) 284-1997
J. Robinson, Jr. (KM 533B) *	Ballroom Dance	Th	6:30 pm	-	7:30 pm	2020 Hermann Dr., 77004	(713) 284-1997
J. Robinson, Jr. (KM 533B) *	Beginners BOP	Th	6:30 pm	-	7:30 pm	2020 Hermann Dr., 77004	(713) 284-1997
J. Robinson, Jr. (KM 533B)	Computer Class	Th	2:30 pm	-	3:30 pm	2020 Hermann Dr., 77004	(713) 284-1997
Kendall (KM 488C)	Yoga	M & W	10:00 am	-	11:00 am	609 N. Eldridge, 77079	(832) 393-1898
Kendall (KM 488C)	Pilates	T & Th	7:30 pm	-	8:30 pm	609 N. Eldridge, 77079	(832) 393-1898
Kendall (KM 488C)	Tai Chi	M,W,F	9:00 am	-	0:00 am	609 N. Eldridge, 77079	(832) 393-1898
Proctor Plaza (KM 453X) *	Karate	W	6:30 pm	-	9:00 pm	6818 Shady Villa, 77055	(713) 862-6907
Proctor Plaza (KM 453X)	Cheerleading	M	5:30 pm	-	8:00 pm	6818 Shady Villa, 77055	(713) 862-6907
Proctor Plaza (KM 453X)	Dance	Th	4:00 pm	-	5:00 pm	6818 Shady Villa, 77055	(713) 862-6907
SOUTHEAST							
Bessie Swindle (KM 573L)	Senior Aerobics	M & W	10:00 am	-	11:30 am	11800 Scott, 77047	(713) 773-4581
Beverly Hills (KM 576S)	Senior Aerobics	M & W	10:00 am	-	11:30 am	10201 Kingspoint, 77075	(713) 948-9065
Garden Villas (KM 535W)	Fitness	M, T, Th	6:00 pm	-	7:00 pm	6720 S. Haywood, 77061	(713) 948-9065
Ingrando (KM 535F)	Fitness	T - Th	6:30 pm	-	7:30 pm	7302 Keller, 77012	(713) 643-4764
Meadowcreek (KM 536S)	Line Dance	T	9:00 am	-	1:00 pm	5333 Berry Creek, 77017	(713) 946-9020
SOUTHWEST							
Alief (KM 529E)	Senior Aerobics	M, W, F	10:00 am	-	11:00 am	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	Swing Out Class	M	7:00 pm	-	8:30 pm	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	Cheerleading	T	6:30 pm	-	7:30 pm	11903 Bellaire, 77072	(281) 564-8130
Cherryhurst (KM 492V)	Karate	M & W	6:00 pm	-	8:00 pm	1700 Missouri, 77006	(713) 284-1992
Cherryhurst (KM 492V)	Dance	T	6:00 pm	-	8:00 pm	1700 Missouri, 77006	(713) 284-1992
Hackberry (KM 528M)	Line Dance	M	7:00 pm	-	8:30 pm	7777 S. Dairy Ashford, 77072	(281) 776-9908
Hackberry (KM 528M)	Mix Martial	T & Th	6:30 pm	-	7:30 pm	7777 S. Dairy Ashford, 77072	(281) 776-9908
Platou (KM 571B)	Ball Room Dancing	M & W	7:00 pm	-	8:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Windsor Village (KM 571P)	Fitness	T & Th	6:00 pm	-	7:00 pm	14441 Croquet, 77075	(713) 726-7113



PARK trails

Aron LeEdet	6300 Antoine	Concrete	0.38
Agnes Moffit	10645 Hammerly	Concrete	N/A
Alief	11903 Bellaire Blvd	Concrete	N/A
Baldwin	1701 Elgin	Granite	0.32
Bell	4800 Montrose	Granite	0.17
Bendwood	12700 Kimberly	Concrete	0.49
Beverly Hills	10201 Kingspoint	Asphalt	0.53
Blueridge	5600 Court Road	Asphalt	0.62
Boone Road	7700 Boone Road	Asphalt	1.06
Boyce-Dorian	2000 Erastus	Asphalt	0.40
Braeburn Glen	9510 Gessner	Asphalt	0.25
Brays Bayou	Gessner to M.L.K. Blvd.	Asphalt	12.50
Brays Bayou	Lawndale to Forest Hill	Asphalt	0.75
Brays Bayou	75th to Evergreen	Asphalt	0.50
Brentwood	13220 Landmark	Asphalt	0.77
Briarbend	7926 Woodway	Granite	0.20
Briarmeadow	7703 Richmond	Granite	0.28
Brock	8201 John Ralston	Concrete	0.17
Buffalo Bayou	Bagby to Shepher	Asphalt	4.50
Burnett-Bayland	6300 Chimney Rock	Asphalt	0.96
Cambridge Village	13000 Nitida	Asphalt	0.50
Candlelight	1520 Candlelight	Asphalt	0.45
Canterbury	12822 Northumb	Asphalt	0.33
Catherine Delce	5700 Collingsworth	Asphalt	0.21
Clark	9718 Clark	Asphalt	0.36
Clear Lake Trail	Space Ctr. to Bay Area Blvd.	Asphalt	1.04
Cleveland	200 Jackson Hill	Granite-Concrete	0.35
Clinton	200 Mississippi	Asphalt	0.42
Cloverland	3801 Hickok Lane	Asphalt	0.25
Cole Creek	7200 Drowsy Pine	Concrete	0.35
Columbia Tap - N.		Concrete	1.07
Columbia Tap - S.	Dowling to S. MacGregor	Concrete	3.09
Crain	9051 Triola	Asphalt	0.50
Cravens Parkway	5901 Main	Granite	0.50
Crestmont	5100 Selinsky	Asphalt	0.25
Cullen	19008 Saums	Asphalt	7.38
Cullinan	6700 Long Drive	Asphalt	1.06
Dodson Lake	9010 Dodson	Asphalt-Concrete	0.50
Dow	7942 Rockhill	Asphalt	0.58
Eastwood	5000 Harrisburg	Asphalt-Concrete	0.20
Edgewood	5803 Bellfort	Asphalt-Concrete	0.50
E.P. Hill	4800 Gloryland	Asphalt	0.39
Ervan Chew	4502 Dunlavy	Concrete	N/A
Fonde	5500 Carrolton	Asphalt	0.32
Forest West	5915 Golden Forest Dr.	Asphalt	0.30
Forum	9900 Sugar Branch	Asphalt	0.49
Franklow	1300 Seagler Road	Asphalt	0.50
Freed	7020 Shadyvilla	Asphalt	0.35
Freeway Manor	2241 Bronson	Asphalt-Concrete	0.47
Freshmeadow	4500 Campbell	Concrete	0.38
Gail Reeves	8800 Mullins	Concrete	0.35
Garden Villas	6720 S. Haywood	Asphalt	0.49
Glenbrook	8201 N. Bayou Drive	Asphalt	0.51
Glenshire	12100 Riceville (SR)	Asphalt	0.41
Godwin	5101 Rutherglen	Concrete	0.42
Grady	1700 Yorktown	Granite	0.20
Gulf Palms	11901 Palm Springs	Asphalt	0.41
Hackberry	7300 Dairy Ashford	Concrete	0.61
Haden	1404 Witte Road	Asphalt	0.32
Hager	12100 Landsdowne	Asphalt	0.51
Halls Bayou	Little York to Mierianne	Asphalt	1.50
Harrisburg - Sunset	Drennan to Marsden - Ave. R to Ave I	Asphalt	2.00
Hartman	9311 Avenue P	Asphalt	0.62
Harwin	11305 Harwin	Asphalt	0.70
Haviland	11600 Haviland	Asphalt	0.28
Heights Blvd.	I-10 to 20th Street	Granite	2.00
Herman Brown	400 Mercury Drive	Asphalt-Red Dog	2.81
Hermann	6001 Fannin	Granite-Concrete	2.85
Hobart Taylor	8100 Kenton	Asphalt	0.49
Houston Garden	6901 Apache	Concrete	0.39
Hunting Bayou	Loop 610 to Lockwood	Asphalt	0.50
Hunting Bayou	US 59 to Cavalcade	Asphalt	0.50
Hutcheson	5400 Lockwood	Asphalt	1.00
Ingrando	7302 Keller	Asphalt-Concrete	0.59
J. Robinson, Sr.	1422 Ledwicke	Concrete	0.10
Karl Young	7800 Stella Link	Granite	0.20
Keith-Wiess	12300 Aldine-Westfield	Concrete	2.12
Lake Forest	9200 Mesa	Concrete	0.43
Lakewood	8811 Feland	Asphalt	0.14
Langwood	3975 Bolin	Asphalt	0.44
Lansdale	8201 Roos	Granite	0.33
Law	6100 Vassar Road	Asphalt	0.41
Lee	9025 Pitner	Asphalt	0.26
Levy	3801 Levy Park	Concrete- Granite	0.24
Lincoln	979 Grenshaw	Asphalt	0.25
Linkwood	3699 Norris	Concrete	0.12
Love	000 W.12th Street	Asphalt	0.20
MacGregor	5225 Calhoun	Asphalt	1.25
Mangum Manor	5235 Saxon	Asphalt	0.29
Marian	11100 S. Gessner	Granite	0.25
Marron Tony	808 York	Concrete-Asphalt	0.46
Mason	541 75th Street	Asphalt-Concrete	1.40
Memorial (Timing Track)	6501 Memorial Dr.	Asphalt	0.25
Memorial	6501 Memorial Dr.	Granite	2.90
Metropolitan Multi-Service Ctr	1475 West Gray	Concrete	
Montie Beach	915 Northwood	Asphalt	0.84
MKT Trail		Concrete	4.70
Moody	3725 Fulton	Asphalt-Concrete	0.94
Nob Hill	10300 Timber Oak	Asphalt	0.28
Northline	6902 Nordling	Asphalt	0.42
Oak Meadow	500 Ahrens	Asphalt	0.25
Old Katy Hike & Bike Trail	236 North Dairy Ashford	Concrete	2.35
Palm Center	5400 Griggs	Granite	0.22
Pleasantville Subdivision	Within Subdivision	Asphalt	1.50
Reveille	7700 Oak Vista Loop	Asphalt	.0.32
River Oaks	3600 Locke Lane	Granite	0.25
Riverside	2600 S. Calument-N. Calument	0.42	.42
R.L. & Cora Johnson	9801 Tanner	Asphalt	0.25
Rosewood	8200 Darien	Concrete	0.36
S. Main Estates	12256 Zavalla	Asphalt	0.32
Sagemont	11507 Hughs	Concrete	
San Felipe	1717 Allen Parkway	Concrete	
Scenic Woods	7449 Lakewood	Asphalt	0.34
Schnur	12227 Cullen Boulevard	Asphalt	0.50
Schwartz	8203 Vogue	Asphalt	0.48
Scottcrest	10700 Rosehaven	Concrete-Asphalt	0.51
Selena Q. Perez	6402 Market	Asphalt	0.87
Shady Lane	10100 Shady Lane	Asphalt	0.50
Shepherd	4725 Brinkman	Granite	0.25
Sims Bayou	MLK Blvd. to Scott	Asphalt	2.50
Sims Bayou	White Heather to Townwood	Asphalt	0.75
Sims Bayou	S. Post Oak to Croquet	Asphalt	0.50
Song Wood	548 Westshire	Asphalt	0.33
Southcrest	5842 Southmund	Concrete	0.29
Spotts	401 Heights Blvd	Concrete	0.35
St. Lo	7335 St. Lo Rd.	Concrete	0.18
Stewart	6700 Reed Road	Concrete	0.30
Stoneybrook Esplanade	3000-3600 Stoneybrook	Asphalt	0.55
Stuebner Airline	9201 Veterans Blvd	Concrete	N/A
Sunnyside	3502 Bellfort	Asphalt	0.48
Swiney	2812 Cline	Concrete	0.15
Sylvan Rodriquez	1201 Clear Lake Blvd.	Concrete	0.37
Sylvester Turner	2800 West Little York	Asphalt-Concrete	1.02
T. C. Jester Parkway	N of 34th to 43rd Street	Granite	1.00
Tanglewood	5801 Woodway	Concrete	0.20
Timber Grove Manor	1500 West TC Jester	Asphalt	0.88
Timber Grove Trail	1500 T.C. Jester	Asphalt	0.80
Townwood	3403 Sims brook	Asphalt	0.39
Tuffly	3200 Russell	Asphalt	0.33
Verde Forest	8800 Brock Park Blvd.	Asphalt	0.20
Veterans Memorial	1800 Tidwell	Asphalt	0.36
Waldemar	11700 Waldemar	Asphalt	0.19
Westside Trail	Westpark to Eldridge	Asphalt	1.90
Westwood	4045 Lemac	Asphalt-Concrete	0.38
White Oak Bayou	Houston Ave. to Studemont	Asphalt	2.25
White Oak Bayou	11th to Pinemont	Asphalt-Concrete	4.80
Willow	10400 Cliffwood	Granite	0.25
Willow Water Hole	5300 Gasmer	Granite-Concrete	1.17
Wilson Memorial	100 Gilpin	Asphalt-Concrete	0.28
Yellowstone	3820 Yellowstone	Asphalt	0.17
Zollie Scales	3501 Corder	Asphalt	0.23

Adult Walking Clubs

Get fit while enjoying the sights of your neighborhood by joining a walking club at one of our community centers. No fee is required.

Ages: All ages
Registration: Ongoing
Program Dates: Year-round
Information: Contact Community Center

NORTHEAST						
Clark (KM 453B)	M - F	7:30 am	-	6:00 pm	9718 Clark, 77076	(713) 742-1497
Clinton (KM 495U)	T - Th	10:00 am	-	11:00 am	203 Mississippi, 77029	(713) 673-0955
Finnigan (KM 494H)	M - W	9:00 am	-	10:00 am	4900 Providence, 77020	(713) 678-7385
Lakewood (KM 455G)	T - Th	7:00 am	-	9:00 am	3725 Fulton, 77028	(713) 636-8217
Moody (KM 453Y)	M -F	7:00 am	-	8:00 am	2812 Cline, 77009	(713) 692-6925
Moody (KM 453Y)	M -F	6:00 am	-	8:00 am	2812 Cline, 77009	(713) 692-6925
Moody (KM 453Y)	M - F	5:30 pm	-	6:30 pm	2812 Cline, 77009	(713) 692-6925
Swiney (KM 494J)	M -Th	6:30 pm	-	7:30 pm	8100 Kenton, 77020	(713) 238-2197
Tidwell (KM 454D)	W	9:00 am	-	10:00 am	9720 Spaulding, 77016	(713) 636-8221
Tuffly (KM 454X)	M, W & F	7:00 am		11:00 am	3200 Russell, 77026	(713) 674-2355
NORTHWEST						
Candlelight (KM 452E)	M - F	6:00 pm	-	8:00 pm	1520 Candlelight,77018	(713) 682-3587
Carverdale (KM 450A)	T & Th	5:30 pm	-	6:00 pm	9920 Porto Rico, 77041	(713) 895-6141
Carverdale (KM 450A)	M, W & F	9:00 am	-	9:30 am	9920 Porto Rico, 77041	(713) 895-6141
Fonde (KM 493K)	T & Th	4:30 pm	-	5:30 pm	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	M - F	5:00 pm	-	7:00 pm	6818 Shady Villa, 77005	(713) 682-4467
Highland (KM 451D)	M - Th	8:30 am	-	9:30 am	3316 DeSoto, 77091	(713) 956-9137
Independence Heights (KM 453N)	M & W	6:00 pm	-	7:00 pm	603 East 35th, 77002	(713) 867-0373
Lincoln City (KM 412Q)	M - F	8:30 am	-	11:30 am	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	M - Th	6:30 pm	-	8:30 pm	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	M - F	1:00 pm	-	2:00 pm	1000 West 12th, 77008	(713) 867-0497
Montie Beach (KM 453X)	M - F	8:00 am	-	9:00 am	915 Northwood, 77009	(713) 864-6820
Montie Beach (KM 453X)	M - Th	7:00 pm	-	8:00 pm	915 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	M, T & Th	6:00 pm	-	6:30 pm	803 West Temple, 77009	(713) 862-6907
Judson Robinson, Jr. (KM 533B)	M - F	9:00 am	-	1:00 pm	2020 Hermann Dr., 77004	(713) 284-1997
Stude (KM 493B)	T & F	8:00 am	-	9:00 am	1031 Stude, 77007	(713) 867-0496
Woodland (KM 493C)	M - F	1:00 pm	-	3:00 pm	212 Parkview, 77009	(713) 867-0401

LAKE HOUSTON WILDERNESS park

Lake Houston Wilderness Park (LHWP) is a beautiful, lushly forested expanse of nearly 5,000 acres 30 miles north of Houston located 4 miles east of New Caney. It is the only park in the department's inventory that allows overnight camping. It offers a variety of outdoor learning experiences for people of all ages including: camping, hiking, biking, mountain biking, canoeing, kayaking and horseback riding (must bring own bikes, watercraft and horses). Most of the park is heavily forested with beautiful trails. It is a perfect spot for photography, nature study and bird watching.

The Lake Houston Wilderness Park Nature Center is a great place to visit and learn about some of the woodland creatures that call LHWP home.Tour the Ecosystem Displays including the Wetlands Ecosystem Room featuring live turtles, amphibians, the Invertebrate Room featuring mounted insects of all types including moths, butterflies, spiders, beetles and more and the Reptile Room which contains live specimens of both venomous and non-venomous snakes as well as several lizards.

New at Lake Houston Wilderness Park! Screened Shelters (accommodate up to 6 campers) are a great way to go camping while having some shelter from the elements. LHWP offers 5 screened shelters complete with electricity, interior and exterior lighting, water, deck, in ground fire ring with grill, pavilion, and water table. These shelters are reasonably priced at $26.50 per site/night (taxes included) + day fee(s). They are a great way to experience the outdoors while having access to some creature comforts!

LHWP is located approximately 30 miles north of Houston off of Hwy. 59 near New Caney. The Lake Houston Wilderness Park Headquarters is open any time the gate is open.

Program Dates: Year Round
Location: 22031 Baptist Encampment Road
New Caney, Texas 77357
Gates Open/Office Hours: 8:00 am – 8:00 pm, Sun - Th
8:00 am – 10:00 pm, F & Sat year round
Information/Reservations: (281) 354-6881
www.houstonparks.org

Fees		
Park Entry Fee:	$3.00	Per Person, Ages 13-64
Individual Tent Campsites:	$7.00	Day Plus Entry Fee(s)
Back Country Camping:	$7.00	Day Plus Entry Fee(s)
Peach Creek Group Campsite:	$40.00	Per Day Plus Entry Fee(s)
Chinquapin Group Campsite:	$40.00	Per Day Plus Entry Fee(s)
Forest Cottage:	$132.50	Plus a refundable $75 Cleaning Deposit Per night Plus entry fee(s)
Lazy Creek Cottage:	$169.60	Plus a refundable $75 Cleaning Deposit Per Day Plus Entry Fee(s)
Pine Grove Dining Hall:	$100.00	Plus a refundable $75 Cleaning Deposit Per Site/Night (Taxes Included)
Screened Shelters:	$26.50	Plus Entry Fee(s)

Lake Houston Wilderness Park Nature Center

Weekend Hours of Operation: 8:30 am – 4:30 pm, Saturday
8:30 am – 4:30 pm, Sunday

Program Reservations, Field Trips & Presentations: (281) 354-0173

All programs require a reservation unless noted, please contact the Nature Center to make your reservations.

Saturday, Aug 7th - All Day
Scavenger Hunt - All Ages
Calling all troops!! We're on the hunt! Young nature lovers are invited to venture out on the trails of Lake Houston Wilderness Park for a day of nature discovery! Reservation not required.

Saturday, Aug 14th - 2:00 pm - 3:00 pm
Plaster Casting - Ages 7 - 14
Join us for a trip for a trip to the creek in search of animal tracks. Kids will use plaster to make a mold which they can take home!

Saturday, Aug 21st - 8:00 pm - 9:00 pm
Night Hike - All Ages
Do you want to get a close up look at the nocturnal creatures that inhabit the park? Join us on the night hike! We will take a hike through some of our trails in search of raccoons, opossums, snakes, owls, etc. Get your cameras ready!

Saturday, Aug 28th - 2:00 pm - 3:00 pm
Recycling Made Simple - Ages 7+
Have you ever asked, "Can this be recycled?" Well we can help out! Come learn about what is recyclable and why it is important!

Saturday, Sept 4th - 8:30 am - 10:00 am
Bird Walk - Ages 14+
Bring your binoculars, if you have some, and join us on a trek through the Park looking for our resident birds.

Monday, Labor Day, Sept 6th - All Day
Crafts, Crafts, Crafts - All Ages
Get creative! Join us at the Nature Center while we make crafts that you can take home! Reservations are not required.

Saturday, Sept 11th - 2:00 pm to 3:00 pm
Swamp Tromp - Ages 7 - 14
Join other nature lovers in a journey to remote sections of the park while checking out wildlife in its natural setting. Guests will be taken in vehicles, and given hands on adventure into the wild! So grab your rubber boots and bug spray!

Saturday, Sept 18th - 8:00 pm - 9:30 pm
Park after Dark - All Ages
Do you want to get a close up look at the nocturnal creatures that inhabit the park? Join us on the night hike! We will take a hike through some of our trails in search of raccoons, opossums, snakes, owls, etc. Get your cameras ready!

Saturday, Sept 25th - All Day
Make Your Own Pencil Holder - All Ages
We will use recyclable materials to create a personalized pencil holder for you to take home! Reservation are not required.

Saturday, Oct 2nd - 8:30 am to 9:30 am
Bird Walk - Ages 14+
Bring your binoculars, if you have some, and join us on a trek through the Park looking for our resident birds.

Saturday, Oct 2nd - 2:00 pm - 3:00 pm
Birding 101 for Kids - Ages 7 - 14
This is Birding 101 just for the kiddos! This is a great opportunity for Scouts to earn pins, belt loops or badges in birding!

Saturday, Oct. 9th - 2:00 pm to 3:00 pm
Learn to Compost - Ages 14+
Composting is good for your yard and your garden! It's easy to do and inexpensive! Join us for a demonstration on composting and you too can be a Backyard Composter!

Saturday, Oct. 16th - 10 am to 11:30 am
Photos and Paint - Ages 55+
Calling all Artists and Photographers! We are taking a golf cart ride down to our beautiful cypress tree lined lake where you can take breath taking photos or sit and sketch the wonders of Lake Isabel!

Saturday, Oct. 23rd - 8:00 pm - 9:00 pm
Night Hike - All Ages
Do you want to get a close up look at the nocturnal creatures that inhabit the park? Join us on the night hike! We will take a hike through some of our trails in search of raccoons, opossums, snakes, owls, etc. Get your cameras ready!

Saturday, Oct. 30th - All Day
Halloween Masks - Ages 14 and Younger
Trick or Treat!! Come to the Nature Center and make your own Halloween Mask! Reservation not required.

TENNIS

HPARD operates three centers each complete with a pro shop as well as locker and shower facilities which are available for a nominal fee. Lessons can be scheduled with center staff. Tournaments, leagues, corporate outings services and other events can be scheduled by calling any of the centers. For general tennis information as well as information on youth tennis programs, call (713) 803-1112.

Memorial Park Tennis Center

The Memorial Park Tennis Center is located in Memorial Park. It provides 18 courts plus a practice wall. Fees listed are per court for 1½ hours of use. A Smoothie King concession is located inside the pro shop.

Program Dates:	Year-round
Time:	6:00 am - 9:00 pm, M - F 7:00 am - 6:00 pm, Sat - Sun
Location:	Memorial Park (KM492F) 1500 Memorial Loop , 77007
Information:	(713) 867-0440

Fees

Juniors:	$ 2.00, M - F Before 6:00 pm
Weekday Walk-on:	$ 3.50, M - F Before 6:00 pm
Weekday Reserved:	$ 4.00, M - F Before 6:00 pm
Evening & Weekend Walk-on:	$ 5.50
Evening & Weekend Reserved:	$ 6.00
Tournaments & Leagues:	Contact Center

Lee LeClear Tennis Center

The Lee LeClear Tennis Center is located in southwest Houston. It provides 26 courts plus 2 practice walls. Fees listed are per court for 1½ hours of use.

Program Dates:	Year-round
Time:	7:30 am - 9:00 pm, M - F 7:30 am - 6:00 pm, Sat - Sun
Location:	Lee LeClear (KM 530T) 9506 S. Gessner, 77074
Information:	(713) 272-3697

Fees

Juniors:	$ 2.00, M - F Before 6:00 pm
Weekday Walk-on:	$ 3.50, M - F Before 6:00 pm
Weekday Reserved:	$ 4.00, M - F Before 6:00 pm
Evening & Weekend Walk-on:	$ 5.50
Evening & Weekend Reserved:	$ 6.00
Tournaments & Leagues:	Contact Center

Homer Ford Tennis Center

The Homer Ford Tennis Center is located in MacGregor Park. It provides 16 courts plus a practice wall. Fees listed are per court for 1½ hours of use.

Program Dates:	Year-round
Time:	7:30 am - 9:00 pm, M - F 7:30 am - 6:00 pm, Sat - Sun
Location:	MacGregor Park (KM 534E) 5225 Calhoun, 77021
Information:	(713) 842-3460

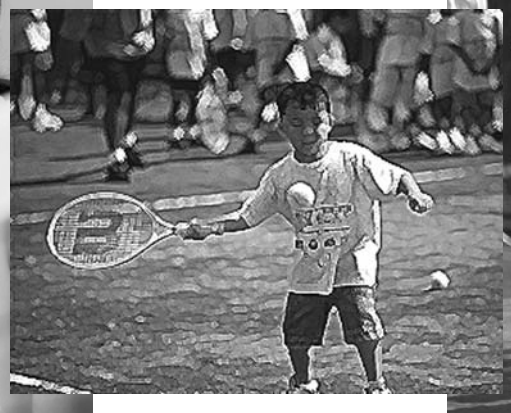
Fees

Juniors:	$ 1.00 , M - F Before 6:00 pm
Weekday Walk-on:	$ 2.50, M - F Before 6:00 pm
Weekday Reserved:	$ 3.00, M - F Before 6:00 pm
Evening & Weekend Walk-on:	$ 4.50
Evening & Weekend Reserved:	$ 5.00
Tournaments & Leagues:	Contact Center

Neighborhood Municipal Tennis Courts - Tennis Office (713) 803 - 1112

PARK	LOCATION	COURTS	LIGHTS	PRACTICE WALL
Alief (KM 529E)	11903 Bellaire Blvd, 77072	4	Yes	1
Anderson (KM 491X)	5701 Beverlyhill, 77057	2	Yes	
Bendwood (KM 489D)	12700 Kimberley, 77024	2	Yes	1
Beverly Hills (KM 576S)	10201 Kingspoint, 77075	1	No	
Bonham (KM 530Q)	8401 Braes Acres, 77074	2	Yes	
Briarmeadow (KM 490Z)	7703 Richmond, 77063	2	Yes	
R.L. & Cora Johnson (KM 450A)	9920 Porto Rico, 77041	2	Yes	
Charlton (KM 535P)	8200 Park Place, 77017	2	Yes	
Herman Brown (KM ???)	400 Mercury Drive, 77013	4	Yes	
Cherryhurst (KM 492V)	1700 Missouri, 77006	1	Yes	1
Chimney Rock (KM 571B)	11655 Chimney Rock, 77035	2	Yes	
Cleveland (KM 492M)	200 Jackson Hill, 77007	2	No	
Clinton (KM 495U)	200 Mississippi, 77029	2	Yes	
Cloverland (KM 573L)	3801 Hickok, 77047	2	Yes	
Cole Creek (KM 411W)	7200 Drowsy Pine, 77092	2	No	
Crestmont (KM 574J)	5100 Selinsky Rd, 77048	2	Yes	1
Dodson Lake (KM 454F)	9010 Dodson, 77093	2	Yes	1
Dow (KM 535X)	7942 Rockhill, 77061	3	Yes	1
Eastwood (KM 494T)	5000 Harrisburg, 77011	2	Yes	
Emancipation (KM 493U)	3018 Dowling, 77004	2	Yes	1
Finnigan (KM 494G)	4900 Providence, 77020	2	Yes	
Fleming (KM 532D)	1901 Sunset Blvd, 77005	2	Yes	
Freeway Manor (KM 576F)	2241 Bronson/2300 Theta, 77034	1	Yes	
Grady (KM 491Q)	1700 Yorktown, 77056	1	Yes	
Graham (KM 452R)	540 West 34th St, 77018	1	Yes	
Greenwood (KM 497A)	602 Beresford, 77015	2	Yes	
Grimes (KM 573D)	5150 Reed Rd, 77033	2	Yes	
Hager (Lee) (KM 571A)	12100 Landsdowne, 77035	1	Yes	1
Halbert (KM 453S)	200 East 23rd St, 77008	1	Yes	
Hartman (KM 535C)	9311 Avenue P, 77012	2	Yes	
Haviland (KM 570H)	11600 Haviland, 77035	2	Yes	
Highland (KM 451D)	3316 DeSoto, 77091	2	Yes	1
Hutcheson (KM 454U)	5400 Lockwood, 77026	1	Yes	
Independence Heights (KM 453N)	601 East 35th St., 77022	1	Yes	
Ingrando (KM 535E)	7302 Keller, 77012	2	Yes	
Jaycee (KM 452W)	1300 Seamist, 77008	2	Yes	1
Karl Young (KM 532J)	7800 Stella Link, 77025	1	Yes	
Keith-Wiess (KM 413M)	12300 Aldine-Westfield, 77093	2	Yes	
Law (KM 534Y)	6200 Scarlet / 6100 Vassar, 77033	2	Yes	1
Lincoln (KM 412Q)	979 Grenshaw, 77088	1	Yes	
Linkwood (KM 532P)	3699 Norris, 77025	2	Yes	1

PARK	LOCATION	COURTS	LIGHTS	PRACTICE WALL
Mangum Manor (KM 451L)	5235 Saxon, 7792	1	Yes	1
Mason (KM 535A)	541 South 75th St./Tipps, 77023	2	Yes	
Meadowcreek Village (KM 536S)	5333 Berry Creek, 77017	2	Yes	
Melrose (KM 413T)	12200 Melrose Park Rd., 77076	4	Yes	
Meyerland (KM 531Q)	5151 Jason, 77096	2	Yes	
Milby (KM 535G)	2001 Central, 77017	2	Yes	
Milroy (KM 452Z)	1205 Yale, 77008	1	Yes	
Montie Beach (KM 453X)	915 Northwood, 77009	2	Yes	
Moody (KM 453Y)	3725 Fulton, 77009	2	Yes	
Nieto (KM 495A)	500 Port, 77020	1	Yes	
Northline (KM 413W)	6902 Nordling, 77076	2	Yes	
Nottingham (KM 489E)	14205 Kimberley, 77079	2	Yes	1
Oak Forest (KM 452N)	2100 Judiway, 77018	2	Yes	
Proctor Plaza (KM 453X)	803 W. Temple, 77009	1	Yes	
Gail Reeves (KM 531N)	8800 Mullins, 77096	2	Yes	1
River Oaks (KM 492S)	3600 Locke Lane, 77027	4	No	
JRobinson, Sr. (KM 495L)	1422 Ledwicke, 77029	1	Yes	
Sagemont (KM 576Y)	1507 Hughes, 77089	2	Yes	
Scenic Woods (KM 415W)	449 Lakewood, 77017	2	Yes	
Schwartz (KM 451N)	8203 Vogue, 77055	2	Yes	
Settegast (KM 494N)	3001 Garrow, 77003	1	Yes	
Sharpstown (KM 530F)	8200 Bellaire Blvd, 77036	2	Yes	
Smokey Jasper (KM 415A)	13400 River Trail Rd, 77050	2	Yes	
Spotts (KM 493J)	401 S. Heights Blvd, 77007	2	Yes	
Sunnyside (KM 533X)	3502 Bellfort, 77051	2	Yes	
Tanglewood (KM 491K)	5801 Woodway, 77057	2	Yes	
Tidwell (KM 454D)	9720 Spaulding, 77016	2	Yes	
Townwood (KM 572P)	3403 Simsbrook, 77045	1	Yes	
Walter Jones (KM 575T)	8000 Coastway Lane, 77075	2	Yes	
Westbury (KM 531W)	5635 Willowbend, 77096	2	Yes	
Westwood (KM 532S)	4045 Lemac, 77025	2	Yes	
Willow (KM 531Z)	10400 Cliffwood, 77035	2	Yes	1
Wilson Memorial (KM 576G)	100 Gilpin, 77034	2	Yes	
Windsor Village (KM 571P)	14441 Croquet, 77085	2	Yes	
Winzer (KM 412S)	7300 Carver / Dolly Wright, 77088	2	Yes	
Woodland (KM 493C)	212 Parkview, 77009	1	Yes	
Zollie Scales (KM 533P)	501 Corder, 77021	1	Yes	



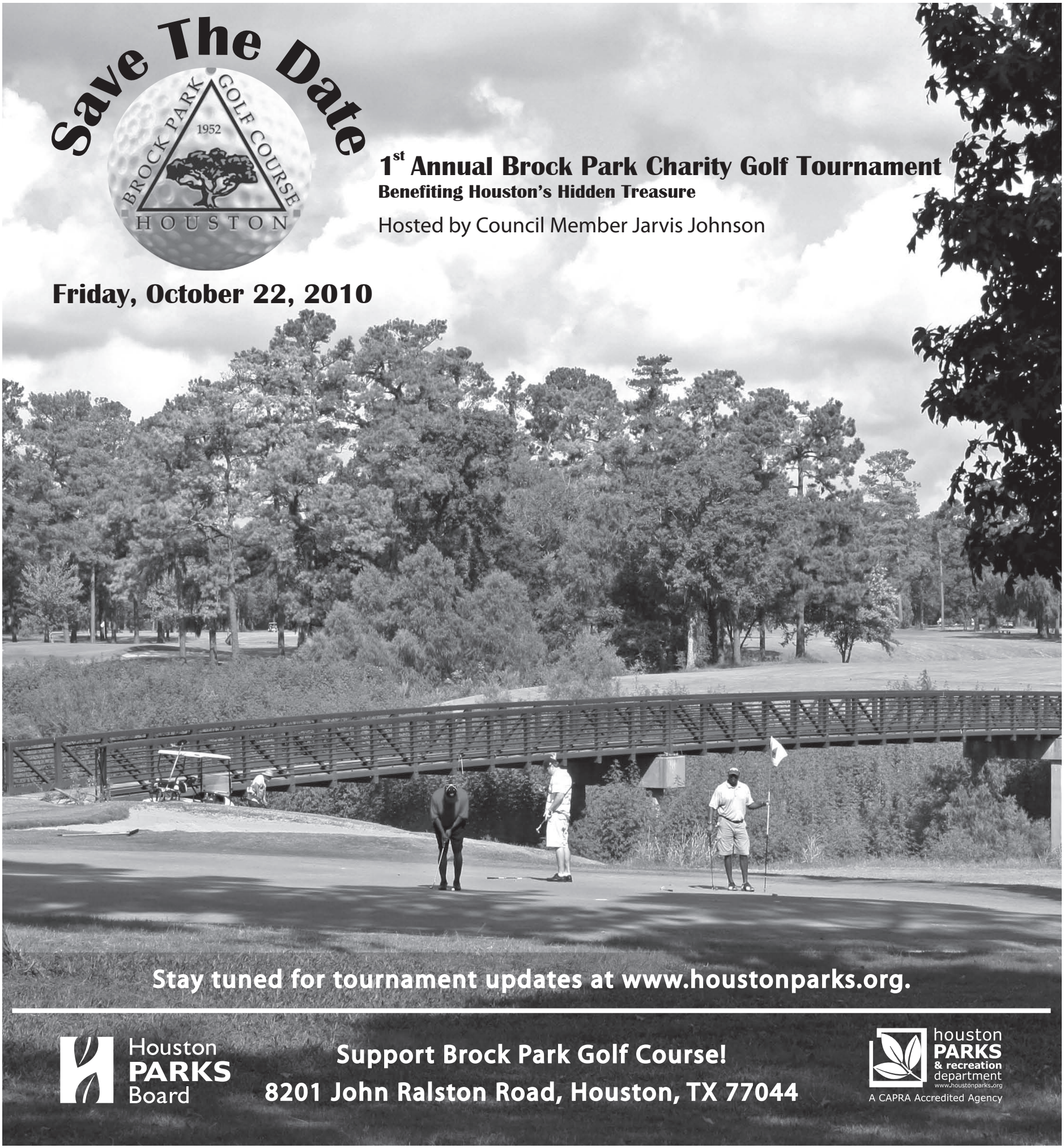
Save The Date

1st Annual Brock Park Charity Golf Tournament

Benefiting Houston's Hidden Treasure

Hosted by Council Member Jarvis Johnson

Friday, October 22, 2010



Stay tuned for tournament updates at www.houstonparks.org.

Houston PARKS Board

Support Brock Park Golf Course!

8201 John Ralston Road, Houston, TX 77044

houston PARKS & recreation department
www.houstonparks.org
A CAPRA Accredited Agency

GOLF *courses*

The Houston Parks and Recreation Department provides 7 challenging golf courses for citizens' enjoyment. From the highly acclaimed Memorial Park (the #1 municipal course in the state!), to the well maintained and lower priced Brock Park and Gus Wortham Park courses, there is something for every golfer. Memorial, Hermann and Gus Wortham are all located inside the loop. Sharpstown, one of Houston's most popular and most walkable courses, is close in on the Southwest side. Brock offers opportunities to Northeast golfers, while Glenbrook provides a venue in the Southeast area of the City. Melrose, in the North Central part of the city, offers a chance to practice short-game skills with its 18 par -3 holes. All courses except Glenbrook have driving ranges, and all have practice putting and chipping greens. Pro shops are available at all courses. Dining facilities are available at all courses except Melrose.

All courses are non-metal spike facilities. Weekday fees apply Monday through Thursday. Weekend fees apply Friday through Sunday, and all city holidays. Junior (under 18) and Senior (65 – older) rates are offered on weekdays only. Twilight start times vary by season. Please call the course.

For tee time reservations, log on to www.houstonparks.org and access the tee time reservation system. This innovative tee time system includes Memorial, Sharpstown, Gus Wortham and Brock. For tee times at other courses call the pro shop. For information on all the courses, visit www.houstonparks.org. Lessons from qualified instructors are available at all courses. Tournament and corporate outings may be scheduled by calling any of the courses.

(Note: Prices subject to change without notice. Extra fee applies for use of electric golf car.)

Memorial Park Golf Course

Memorial Park Golf Course began in 1923 as a 9-hole sand green course built near the hospital at Camp Logan. In 1935, in an ambitious effort to enhance parks across the city, the Houston Parks and Recreation Department began constructing an illustrious 18-hole golf course. In July of 1936, the first ball was teed off on what architect John Bredemus called his "greatest golf course ever."

Through the years, Memorial Park Golf Course hosted many famous golfers such as Arnold Palmer, Babe Didrikson and Charlie Sifford. It also hosted the Houston Open PGA Tour event from 1951 to 1963. In 1995, a newly renovated 260-acre course opened with a lighted driving range, putting and chipping greens and a beautiful new clubhouse facility featuring an expanded pro shop and a Beck's Prime Restaurant.

Today, Memorial Park Golf Course is known as one of the best municipal courses in the nation and is visited by more than 60,000 patrons each year. Houston is proud to call Memorial Park Golf Course the crown jewel of Memorial Park. Memorial Park Golf Course is closed on Tuesdays. Tee times are available online at www.houstonparks.org. Click on the golf link and choose Memorial Park Golf Course to access the online tee time reservation system.

Location:	Memorial Park (KM 492F) 1001 Memorial Loop, 77007
Information:	(713) 862-4033
Yardage / Par:	7309 / 72
Hours:	Dawn - 10:00 pm

Fees

Junior (Mon - Thur Only):	$10.00
Senior/Disabled (Mon - Thur):	$15.00
Mon - Thur:	$30.00
Fri - Sun & Holidays:	$38.00
Mon - Thur Twilight:	$21.00
Fri - Sun Holiday Twilight:	$28.00

Hermann Park Golf Course

Hermann Park Golf Course is a jewel nestled in the center of the Bayou City. Since 1922, this lush parkland course has been at the center of a rich tradition of golfing excellence. The course was fully renovated in 1998. The new clubhouse is located at the corner of Almeda and North MacGregor, and from there you set out on this short, but challenging and enjoyable course. Water toughens the course, coming into play on half the holes. You'll find no more enjoyable way to experience George Hermann's legacy than playing this 18-hole oasis in the very heart of Houston.

Hermann has a driving range, practice putting green, pro shop and complete snack bar.

The Hermann Park Golf Course is managed for HPARD by BSL Golf Corp. Sales tax is additional on all fees. Carts required weekend mornings.

	Hermann Park (KM 533A)
Location:	2155 N. MacGregor, 77030
Information:	(713) 526-0077
Yardage / Par:	6014 / 70
Hours:	7:00 am - 9:00 pm

Fees

Junior (Mon - Thur Only):	$ 8.00
Senior/Disabled (Mon - Thur):	$12.00
Mon - Thur:	$21.50
Fri - Sun & Holidays:	$30.64
Mon - Thur Twilight:	$14.34
Mon - Thur Twilight 2:	$11.00
Fri - Sun Holiday Twilight:	$18.78
Fri - Sun Holiday Twilight 2:	$14.00

Gus Wortham Park Golf Course

Come play on living history. Gus Wortham opened in 1908 as the originalHouston Country Club. Today, Wortham is the oldest continually operating 18 hole course in the state. Gus Wortham provides challenges not regularly found in Houston. Elevated tees and uphill carries to greens make you use all your clubs. The course is relatively wide open, making it attractive for all levels of golfers.The front 9 features 3 consecutive par 5 holes, 2 of which you may want to go for in 2. Your shot-making skills will be tested on several of the "short but challenging" par 4 holes. Playing to more than 6,400 yards, Gus Wortham is a fun course, located only minutes from downtown and inside the loop.

A full driving range is available for practice or warming up. Additional practice areas include a putting green, chipping green and practice bunker. The pro shop staff is available for lessons. Gus Wortham has a fully stocked pro shop and full snack bar.

Tee times are available online at www.houstonparks.org. Click on the golf link and choose Gus Wortham Park Golf Course to access the online tee time reservation system.

	Gus Wortham Park (KM 494Z)
Location:	7000 Capital, 77023
Information:	(713) 928-4261
Yardage / Par:	6447 / 72
Hours:	Dawn - Dusk

Fees

Junior (Mon - Thur Only):	$ 7.00
Senior/Disabled (Mon - Thur):	$10.00
Mon - Thur:	$16.00
Fri - Sun & Holidays:	$23.00
Mon - Thur Twilight:	$13.00
Mon - Thur Twilight 2:	$10.00
Fri - Sun Holiday Twilight:	$17.00
Fri - Sun Holiday Twilight 2:	$13.00

Sharpstown Park Golf Course

Welcome to Houston's "Best Golfing Value." Sharpstown Golf Course has earned this reputation by providing outstanding customer service and excellent facility conditions, while offering some of the lowest fees in the gulf coast area. Sharpstown Golf Course is located in the heart of southwest Houston, one mile west of Hwy 59 and just 1 block north of Bellaire Blvd. on Harbor Town Drive. Sharpstown's convenient location allows for quick access from anywhere in the greater Houston area. Recent improvements at Sharpstown include new cart paths, improved drainage, reconstructed bunkers, tees and lakes. The 18 hole, par 70 course has 4 sets of tees, allowing moderate degrees of difficulty for the novice and beginner, yet enough length (6,660 from the back tees) to test the avid and skilled player.

Sharpstown's amenities include a driving cage for practice or warming up, 2 putting greens, a chipping green, full service pro shop, café and beverage cart and golf professionals who are available for lessons.

Tee times are available online at www.houstonparks.org. Click on the golf link and choose Sharpstown Park Golf Course to access the online tee time reservation system.

	Sharpstown Park (KM 530F)
Location:	6660 Harbor Town, 77036
Information:	(713) 988-2099
Yardage / Par:	6600 / 70
Hours:	Dawn - Dusk

Fees

Junior (Mon - Thur Only):	$ 8.00
Senior/Disabled (Mon - Thur):	$13.00
Mon - Thur:	$18.00
Fri - Sun & Holidays:	$26.00
Mon - Thur Twilight:	$15.00
Mon - Thur Twilight 2:	$13.00
Fri - Sun Holiday Twilight:	$20.00
Fri - Sun Holiday Twilight 2:	$16.00

Brock Park Golf Course

Welcome to Houston's "Best Kept Secret," Brock Park Golf Course, quietly tucked in northeast Houston, far from the noise, but less than 20minutes from downtown. Brock Park is managed and maintained by the Houston Parks and Recreation Department's golf operations division staff. This tree-lined course has been one of the City's fine municipal courses since 1972. Brock plays to 6,427 yards with elevation changes unlike most courses in the area. It combines risk and reward on many holes, and requires good shot selection and execution on others. Greens Bayou comes into play on 4 holes, and creeks cross 4 others. Good scores can be found at Brock, provided you stay out of the trees!

A driving range is available for practice or for warming up. Additional practice areas include a putting green, chipping green and practice bunker. The pro shop staff is available for lessons. Brock Park is a non-metal spike facility with a fully stocked pro shop and snack bar.

Tee times are available online at www.houstonparks.org. Click on the golf link and choose Brock Park Golf Course to access the online tee time reservation system.

	Brock Park (KM 456E)
Location:	8201 John Ralston Road
Information:	(281) 458-1350
Yardage / Par:	6427 / 72
Hours:	Dawn - Dusk

Fees

Junior (Mon - Thur Only):	$ 7.00
Senior/Disabled (Mon - Thur):	$10.00
Mon - Thur:	$16.00
Fri - Sun & Holidays:	$23.00
Mon - Thur Twilight:	$13.00
Mon - Thur Twilight 2:	$10.00
Fri - Sun Holiday Twilight:	$17.00
Fri - Sun Holiday Twilight 2:	$13.00

Melrose Park Golf Course

Melrose Park Golf Course is one of the few 18 hole par-3 golf courses in the state and it is lighted for night play! Located on Canino Road, between Airline Drive and the Hardy Toll Road, Melrose also offers a lighted driving range with a grass hitting area, chipping green, practice bunker and practice putting green. With holes ranging in length from 70 yards to 145 yards, you will get the opportunity to work on all aspects of your short iron game. Imagine being able to play 18 holes in less than 2 hours and have a chance for a hole-in-one on every hole!

Melrose is managed for HPARD by Walton Golf Enterprises. Individual lessons and group clinics are available. Fall hours are from 8:00 am to 9:00 pm. Contact the course for further information.

	Melrose Park (KM 413T)
Location:	401 Canino, 77076
Information:	(281) 931-4666
Yardage / Par:	2250 / 54
Hours:	Dawn - Dusk

Fees

Junior (Weekday Only):	$ 6.00
Senior/Disabled (Weekday Only):	$ 6.00
Weekday (Mon - Thur):	$10.00
Weekday Night:	$11.00
Weekday/Holiday (Fri - Sat):	$12.00
Weekday/Holiday Night:	$13.00

Glenbrook Park Golf Course

Glenbrook Park Golf Course is located south/ southeast of downtown Houston in the Hobby Airport area.

Located along Sims Bayou, Glenbrook has 7 holes that cross the waterway. Recent improvements at Glenbrook include new tees on many holes, expanding the distance from the rear tees.

Glenbrook is managed for HPARD by the Lopez Management Group. Tee times are available on Thursday morning at 7:00 a.m. for Friday, Saturday and Sunday starting times. Sales tax on all fees is additional.

	Glenbrook Park (KM 535Q)
Location:	8205 Bayou Drive, 77017
Information:	(713) 649-8089
Yardage / Par:	6520 / 71
Hours:	Dawn - Dusk

Fees

Junior (Mon - Thur Only):	$ 7.00
Senior/Disabled (Mon - Thur):	$10.00
Mon - Thur:	$16.00
Fri - Sun & Holidays:	$23.00
Mon - Thur Twilight:	$13.00
Fri - Sun & Holiday Twilight:	$17.00

PERMITS & RESERVATIONS

Permits and Reservations

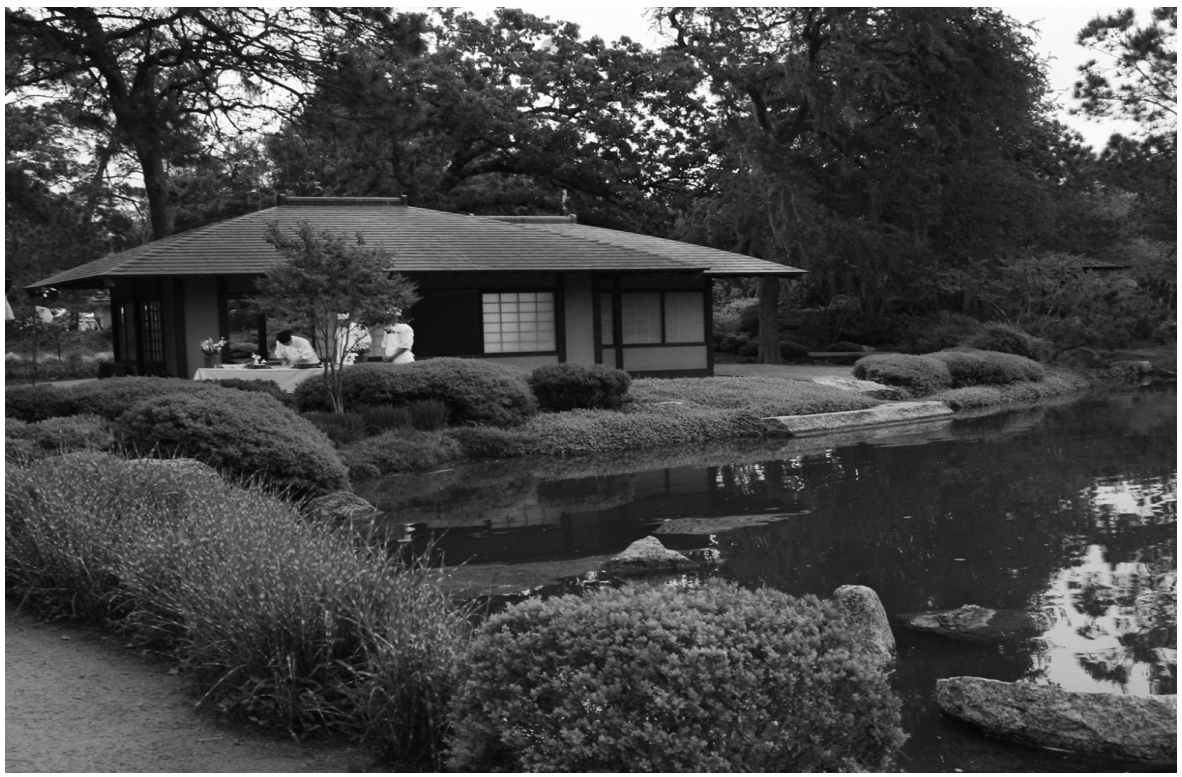
HPARD has many different venues available for rental. Whether you are planning a wedding, a family or a neighborhood event, a company picnic or a sports tournament we have a site for you!

An area within a park may be reserved for personal use or private events by obtaining a permit through HPARD's Permits Section for a fee and refundable deposit. This permit ensures the exclusive use of the specific space for a designated time frame.

Park space, including pavilions, picnic table clusters and open space may be reserved for picnics, birthday parties, family or religious gatherings, weddings and more. Sports field rentals and reservations, with all the amenities, are also available year round at nominal fees for weekdays and weekends. When planning your event it is very important to contact HPARD's Permits Office as early as possible to receive the most current information on the park or facility of your choice.

For information regarding permits for large public events, call the Mayor's Office of Special Events at (832) 393-0868.

Office Hours:	8:30 am - 4:45 pm, M-F
Sportsfield Permits:	(832) 395-7010
	(832) 395-7011
Outdoor Permits:	(832) 395-7012
	(832) 395-7013



GARDENS

Houston Garden Center

Wander the pathways of The Houston Garden Center and enjoy the sights and smells of over 2,500 roses. Identify your favorite rose, tree or flower on a casual stroll or plan your next event with the center as its backdrop. The gardens cover 6 acres of land and include the All-American Rose Selection Test Garden, the Bulb Garden, the Fragrant Garden, the Perennial Garden, the Camellia Garden, the Friendship Pavilion and the early stages of the International Garden.

Every year, the Garden Center serves as a backdrop for weddings, private functions, plant shows and various garden club meetings.

The center is located across from the Miller Outdoor Theatre and just east of the Houston Museum of Natural Science.

Visit www.houstonparks.org for a listing of horticultural groups that meet at the Houston Garden Center throughout the year. For rental information, contact the Houston Garden Center Office during normal business hours.

Office Hours:	8:00 am – 5:00 pm, M-F
Information:	(713) 284-1989

Japanese Garden at Hermann Park

Nestled in a pine grove near the Sam Houston Monument in Hermann Park you'll find an island of serenity known as the Japanese Garden. Designed by world-renowned Japanese landscape architect Ken Nakajima, the garden was built to symbolize the friendship between Japan and the US, and to recognize Houston's thriving Japanese community.

The Japanese Garden in Hermann Park is built in the Daimyo Style, a traditional design that dates back to the 17th, 18th, and 19th century stroll gardens. Like most stroll gardens, this 5 acre oasis is designed around a sequence of landscape elements, which combine together to create a work of living art.

THE JAPANESE GARDEN IS NOT AVAILABLE FOR RENTALS.

Spring/Summer Hours:	10:00 am - 6:00 pm
Fall/Winter Hours:	10:00 am - 5:00 pm
Location:	6001 Fannin
Information:	(713) 284-1989

PICNIC *spots*

PICNIC SPOTS

Hidalgo Park - 7000 Avenue Q
A lovely gazebo and attractive grounds make it anenjoyable spot on the city's east side. A youth sports field and playground keep the neighborhood kids coming back for more.

Jaycee Park - 1300 Seamist
The unique pavilion here makes this park afavorite for family and company picnics. The accompanying open space begs for a ball game of any sort.

Memorial Park - 6501 Memorial Drive
One of the city's most popular parks, Memorial Park offers picnic areas that are gloriouslyshaded, and there are plenty of activities for thesports enthusiast, including jogging, golf, tennis,softball, biking, rollerblading and swimming.

Milby Park - 2001 Central
Showcases sprawling grounds, towering treesand a spacious picnic pavilion right along the bayou for a fun family gathering or quiet lunch al fresco. Experience this gem at Old Galveston Road and Highway 225.

Moody Park - 3725 Fulton
The quintessential park for an old-fashioned Sunday stroll. Enjoy winding walkways lined with traditional park benches, shaded picnic areas and a beautifully refurbished gazebo.

River Oaks - 3600 Locke Lane
There's so much shade at this park, you might miss it for the trees. The playgrounds are ideal for young children, while the picnic areas offer a perfect spot for a busy day.

Tanglewood Park - 5801 Woodway
Nestled in the Galleria area on Woodway, thisquiet little spot is a great place to take a break from shopping. Stop for a rest at the gazebo or play a game of tennis on one of two lighted courts.

SENIOR *programs*

HPARD Senior Programs provides a wide variety of recreation and leisure activities for seniors, ages 55 years and older, at various community centers across the Houston area. Activities include specialty and creative crafts, fitness, walking clubs, cultural events, senior forums, field trips and special events. Other program components include craft exhibitions, computer classes at local libraries, fashion shows, special holiday events, Sr Olympics competition and sports programs. Most programming is **FREE** unless otherwise indicated. Field trips and certain programs may require a minimum fee or request that participant provide their own materials.

Ages:	55 and older
Registration:	Ongoing
Program Dates:	Ongoing
Fees:	**FREE** (Except for Field Trips or Special Programs)
Times:	Varies by Community Center
Information:	(832) 395-7133 (832) 395-7270

MONDAY

Clark (KM 455Q)	9718 Clark, 77076	(713) 742-1497
Hobart Taylor (KM 455Q)	8100 Kenton, 77028	(713) 674-3959
Ingrando (KM 535F)	7302 Keller, 77012	(713) 643-4764
Judson Robinson, Sr. (KM 455Q)	1422 Ledwicke, 77029	(713) 674-2401

TUESDAY

Clark (KM 453B)	9718 Clark, 77076	(713) 742-1497
Edgewood (KM 534X)	(832) 395-7270	(713) 734-8434
Selena Quintanilla Perez/ Denver Harbor (KM 494H)	6402 Market, 77020	(713) 675-2151

WEDNESDAY

DeZavala (KM 495S)	7521 Avenue H., 77012	(713) 923-5163
Sunnyside (KM 533X)	3502 Bellfort, 77051	(713) 734-5061

THURSDAY

Eastwood (KM 494T)	5020 Harrisburg, 77011	(713) 928-4801

FRIDAY

Edgewood (KM 534X)	5803 Bellfort, 77033	(713) 7343-8434

Senior Specialty Crafts/Activities

Learn and enjoy a variety of leisure type activities including flower arranging, ceramics,quilting, painting and much more at some of your local community centers.

Ages: 18 and older
Registration: Aug7 - Ongoing
Fees: **FREE**
Program Dates: Sept 7 - Dec 18
Times: Various by Community Center
Information: (832) 395-4512
(832) 395-4517

NORTHEAST

Clark (KM 453B)	Arts & Crafts	T	12:00 pm	-	2:00 pm	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	Ceramics	W & F	12:00 pm	-	2:30 pm	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	Hat Making	M	9:00 am	-	2:00 pm	9718 Clark, 77076	(713) 742-1497
Clinton (KM 495V)	Crafts	W	8:00 am	-	3:00 pm	203 Mississippi, 77029	(713) 673-0955
Finnigan (KM 495H)	Crafts	M - F	9:00 am	-	12:00 pm	4900 Providence, 77020	(713) 678-7385
Judson Robinson, Sr.	Quilting	F	11:00 am	-	1:00 pm	1422 Ledwicke, 77029	(713) 674-2401
Judson Robinson, Sr.	Bingo	3rd T	1:00 pm	-	2:00 pm	1422 Ledwicke, 77029	(713) 674-2401
Moody (KM 453Y)	Crafts	M	10:00 am	-	12:00 pm	3725 Fulton, 77009	(713) 692-6925
Tidwell (KM 454D)	Quilting	W	12:00 pm	-	2:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Floral Arranging	T	12:00 pm	-	2:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Jewelry Making	Th	3:00 pm	-	5:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Scrapbooking	T	2:00 pm	-	3:30 pm	9720 Spaulding, 77016	(713) 636-8221
Tuffly (KM 454X)	Ceramics	T	10:00 am	-	1:00 p.m	3200 Russell, 77026	(713) 674-2355

NORTHWEST

Candlelight (KM 452E)	Minor Games	W	9:00 am	-	1:00 pm	1520 Candlelight,77018	(713) 682-3587
Carverdale (KM 450A)	Quilting	M	10:00 am	-	12:00 pm	9920 Porto Rico, 77041	(713) 895-6141
Lincoln City (KM 412Q)	Writing	M	11:30 am	-	12:30 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Computer Class	T	10:30 am	-	12:30 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Gardening	2nd & 4th W	10:00 am	-	11:00 am	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Sr's Game Day	W	10:00 am	-	12:00 pm	979 Grenshaw, 77088	(281) 445-1617
Milroy (KM 452Z)	Ceramics	T	10:00 am	-	12:00 pm	1205 Yale, 77008	(713) 867-0397
Milroy (KM 452Z)	Jewelry Making	T	12:00 pm	-	2:00 pm	1205 Yale, 77008	(713) 867-0397
Milroy (KM 452Z)	Quilting	Th	11:00 am	-	1:00 pm	1205 Yale, 77008	(713) 867-0397
Montie Beach (KM 453X)	Ceramics	T & Th	10:30 am	-	12:30 pm	915 Northwood, 77009	(713) 864-6820
Montie Beach (KM 453X)	Quilting	M & W	10:30 am	-	12:30 pm	915 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	Scrapbooking	T & Th	10:00 am	-	11:00 am	803 West Temple, 77009	(713) 862-6907

SOUTHEAST							
Beverly Hills (KM 576S)	Ceramics	M & W	10:00 am	-	2:00 pm	10201 Kingspoint, 77075	(713) 948-9065
Cloverland (KM 573L)	Bridge	W	1:00 pm	-	5:00 pm	11800 Scott, 77047	(713) 733-4581
Cloverland (KM 573L)	Ceramics	M & F	10:00 am	-	12:00 pm	11800 Scott, 77047	(713) 733-4581
Cloverland (KM 573L)	Jewelry Making	F	10:00 am	-	12:00 pm	11800 Scott, 77047	(713) 733-4581
Crestmont (KM 574J)	Social Club	M, W & F	1:00 pm	-	5:00 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	Social Club	T & Th	11:00 am	-	1:00 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	Bridge	T	11:00 am	-	3:00 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	Senior Crafts	W & Th	9:00 am	-	1:00 pm	5200 Selinsky, 77048	(713) 733-2236
Eastwood (KM 494T)	Ceramics	M,W & F	10:00 am	-	12:00 pm	5020 Harrisburg, 77011	(713) 928-4801
Eastwood (KM 494T)	Table Arranging	W & F	10:00 am	-	12:00 pm	5020 Harrisburg, 77011	(713) 928-4801
Edgewood (KM 534X)	Hat Making	T	10:00 am	-	2:00 pm	5803 Bellfort, 77033	(713) 734-8434
Edgewood (KM 534X)	Jewelry Making	F	9:00 am	-	2:00 pm	5803 Bellfort, 77033	(713) 734-8434
Ingrando (KM 535F)	Ceramics	M & W	10:00 am	-	12:00 pm	7302 Keller, 77012	(713) 643-4764
Ingrando (KM 535F)	Quilting	W	9:00 am	-	1:00 pm	7302 Keller, 77012	(713) 643-4764
Mason (KM 535A)	Ceramics	T	10:00 am	-	12:00 pm	541 South 75th, 77023	(713) 928-7055
Meadowcreek (KM 535A)	Aerobics	M - W	10:00 am	-	11:00 am	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 535A)	Line Dance	F	10:00 am	-	12:00 pm	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 535A)	Board Games	F	10:00 am	-	12:00 pm	5333 Berry Creek, 77017	(713) 946-9020
Settegast (KM 494N)	Ceramics	T	9:00 am	-	11:00 am	3000 Garrow. 77003	(713) 238-2200
Settegast (KM 494N)	Scrapbooking	Th	9:00 am	-	11:00 am	3000 Garrow. 77003	(713) 238-2200
SOUTHWEST							
Burnett Bayland (KM 531B)	Dominos	T & Th	1:00 pm	-	3:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Burnett Bayland (KM 531B)	Table Tennis	M, W & F	1:00 pm	-	3:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Emancipation (KM 493Y)	Arts & Crafts	T	8:00 am	-	12:00 pm	3018 Dowling, 77004	(713) 284-1302
Godwin (KM 531U)	Ceramics	T & Th	10:00 am	-	1:00 pm	5101 Rutherglen, 77096	(713) 726-7114
Hackberry (KM 530K)	Sr. Scrapbook	W	12:00 pm	-	2:00 pm	7777 S. Dairy Ashford, 77072	(713) 776-9908
Hackberry (KM 530K)	Quilting	T & Th	6:00 pm	-	7:00 pm	7777 S. Dairy Ashford, 77072	(713) 776-9908
Lansdale (KM 530K)	Creative Crafts	Th	10:00 am	-	11:00 am	8201 Roos, 77036	(713) 272-3668
Lansdale (KM 530K)	Social Quilting	T	10:00 am	-	12:00 pm	8201 Roos, 77036	(713) 272-3668
Linkwood (KM 532P)	Quilting	M – Th	6:00 pm	-	7:00 pm	3699 Norris, 77025	(713) 314-3107
Linkwood (KM 532P)	Hat Making	M – Th	6:00 pm	-	7:00 pm	3699 Norris, 77025	(713) 314-3107
Linkwood (KM 532P)	Scrabble	T	12:00 pm	-	2:00 pm	3699 Norris, 77025	(713) 314-3107
Platou (KM 571B)	Sr Games	Th	12:30 pm	-	2:30 pm	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Quilting	M & T	10:00 am	-	12:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Sharpstown (KM 530F)	Chess Club	T	5:00 pm	-	7:30 pm	6600 Harbor Town, 77036	(713) 988-5328
Sharpstown (KM 530F)	Quilting	W	12:30 pm	-	3:30 pm	6600 Harbor Town, 77036	(713) 988-5328
Sunnyside (KM 533X)	Quilting	M	11:00 am	-	2:00 pm	3502 Bellfort, 77051	(713) 734-5061
Windsor Village (KM 530K)	Ceramics	T & Th	9:30 am	-	12:00 pm	14441 Croquet, 77085	(713) 726-7113

Houston Parks and Recreation Department

U.S. Paralympic Military Sports Program

METAL & MUSCLE EXPO

Detailed information will be available
Spring 2010

George R. Brown Convention Center
1001 Avenida de Las Americas, 77010

The Metal & Muscle EXPO is **FREE** and open to all and will feature paralympic sports clinic, competitive team activities and exhibitors who provide services for people with physical disabilities. Demonstrations and activities will include:

Sitting Volleyball • Power Soccer • Challenge Slalom • Wheelchair Rugby • Judo for the Blind
Air Gun Competition • Wheelchair Basketball • Wheelchair Racing • Amputee Walking/Running Clinic

Service men and women returning from Iraq & Afghanistan with permanent physical disabilities (including blind and visually impaired as well as all veterans with a physical disability) are encouraged to attend.

Able-bodied and participants and spectators welcome. Integrated events offered for participation by both able-bodied and persons with disabilities. Team and individual prizes awarded to top Metal & Muscle Finishers.

For more information contact Chuck French, 713-562-4089 or charles.french@cityofhouston.net

US PARALYMPIC MILITARY PROGRAM

Convention & Entertainment Facilities Department

houston PARKS & recreation department
www.houstonparks.org
A CAPRA Accredited Agency

This U.S. Paralympics Military Sports Program is sponsored by the Office of the Secretary of Defense, Director Office of Administration and Management. The content of this promotional material does not necessarily reflect the position or policy of the Government, and no official endorsement should be inferred.

ADAPTIVE SPORTS *and* RECREATION

HPARD provides access to year round activities for children and adults with disabilities through the Adaptive Recreation Division located at the Metropolitan Multi-Service Center, 1475 West Gray. In addition to providing activities, the Metropolitan Multi-Service Center partners with organizations that serve children and adults with disabilities. The goal is to provide access, experiences and opportunities to learn new skills and redefine abilities while participating in recreational activities.

Greater Houston Athletic Association for Physically Disabled

The mission of the Greater Houston Athletic Assoc. for Physically Disabled is to assist a person with a physical disability with either the rehabilitation or habilitation process by fostering a more healthy self esteem through successful participation in physical activity enhancing the chances of an independent lifestyle.

Objectives include providing competitive and recreational opportunities, supporting the development of community based after-school sports and recreation programs for school age youth, supporting community-based groups to form new or additional sports programs, conducting local and national competitive events and conducting and supporting educational programs including clinics to instruct and inform the community on the various sports and recreational opportunities.

Activity: Wheelchair Soccer & Bocce

Information: (713) 521-3737
www.ghaapd.org

The Arc of Greater Houston

The Arc of Greater Houston is a non-profit organization formed nationally in 1950 to advocate for the inclusion of people with mental retardation and other developmental disabilities in all aspects of society and is established at the national, state, and local levels. The Arc of Greater Houston works in collaboration with other agencies and organizations to facilitate the development of a wide array of options available to individuals and their families in the community.

For more information contact the Arc of Greater Houston at (713) 957-1600.

Activity: Monthly Dance/Social For Adults With Intellectual & Developmental Disabilities

Information: (713) 957-1600
www.thearcofgreaterhouston.com

Houston Area Parkinson Society

The Houston Area Parkinson Society's mission is to improve the quality of life for those affected by Parkinson's disease through services, education and advocacy. The Houston Area Parkinson Society provides numerous programs and services for the Parkinson's community. Each week HAPS provides 34 free physical, occupational, speech, water, Tai Chi, and other therapy groups. **Free** support groups are available for individuals with Parkinson's and caregivers to share their experiences in a warm, friendly environment. In addition, HAPS offers free transportation services to and from HAPS therapy sites and physician visits. Respite, social services and educational programs are also available.

For more information contact the Houston Area Parkinson Society (713) 313-1652.

Activity: Tai Chi and Exercise for Adults with Parkinson

Information: (713) 313-1652
www.hapsonline.org

Friends of the Park Council at MMSC

The Friends of the Park Council at MMSC serves to support the staff and programs of HPARD's Adaptive Recreation section. They also help communicate the vision, goals and services of the program to constituent communities and provide a forum for program ideas and services.

The Friends of the Park Council at MMSC meets every two months on the second Tuesday of the month.

Date:	Every 2 months on the 2nd Tuesday of the month
Time:	3:30 pm - 5:00 pm
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(713) 284-1973 charles.french@houstontx.gov

Youth Social and Play Group

Ray of Light youth group-education,socialization, play and networking for youth with multiple disabilities and their families. This parentand volunteer driven group comes together toshare resources, learn from each other and engage in adaptive play activities with their kids.

Parents are required to participate in activities with their child.

The group meets the 2nd Saturday of each month at the Metropolitan Multi-Service Center.

Ages:	2 -19
Program Dates:	2nd Saturday Of Every Month
Time:	10:00 am - 2:00 pm
Fee:	**FREE**
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(281) 870-0093 Rosario Vasquez

The River Performing and Visual Arts Center

The River is a non-profit 501(c)(3) organization whose mission is to provide an accessible, affordable, fine arts education for special children, ages 2-19, who have disabilities, chronic illnesses, or are economically disadvantaged. Siblings are welcome.

The River offers year round, barrier free, classes in music, art, drama and dance. Scholarships are available.

For more information contact The River Performing and Visual Arts Center at (713) 520-1220.

Information:	(713) 520-1220 www.theriver.org

Adolescent Bariatric Surgery Program Support Group

The support group is hosted monthly for adolescents and their family by Texas Children's Hospital Staff in partnership, with HPARD's Adaptive Recreation Staff. Meetings are held at the Metropolitan Multi Service Center.

This is a specialized program designed to enhance the overall fitness level and functional capacity of each bariatric patient. Focus will be on lifetime fitness activities and exercise.

Date:	2nd & 4th Tuesday Of Every Month
Time:	5:00 pm - 7:00 pm
Fee:	FREE
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(832) 822-4868 Trish Walters-Salas, BSN, RN, CCM Case Manager Bariatric Surgery Program Texas Children's Hospital

Houston Deaf Seniors of Texas

This lively group of adults, meet for coffee, socializing,games and informative presentations about services available for Houston area people who are deaf or hard of hearing. The group meets twice a month, usually the 2nd and 4th Wednesday of the month at the Metropolitan Multi-Service Center.

Ages:	55 - up
Dates:	2nd & 4th Wednesday Of Every Month May - Aug
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(281) 656-2576 Nancy Morris

Art Class

In partnership with the Houston Civic Arts Association, HPARD's Adaptive Recreation Section will host an art class with professional instruction in water color and acrylic based paints for people with disabilities.

Ages:	All Ages
Registration:	Required
Program Dates:	Sept 1 - Oct 20
Time:	1:00 pm - 3:00 pm, Wed
Fee:	**FREE**
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(713) 284-1973

Paralympic Sports Day

This one day clinic will introduce various Paralympic Sports to people with physical disabilities. The clinic is open to people of all ages with physical disabilities including spinal cord injuries, amputees, and blind and visually impaired participants.

Ages:	Youth and Adult
Registration:	Required
Program Dates:	Oct 10 (Sat)
Time:	9:00 pm - 3:00 pm
Fee:	**FREE**
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(713) 284-1973

Adult Recreation Fitness Center

The Metropolitan Multi-Service Fitness Center is specifically designed to be used by adults with a physically disability including visually impaired and blind who are able to function independently. The facility is equipped with wheelchair accessible upper body weight equipment along with cardio machines to get your heart pumping. Pre-registration and a safety briefing are required before using this facility.

Ages:	16 - older
Registration:	Required
Program Dates:	8:00 am - 8:00 pm, M - Th 8:00 am - 4:00 p.m., F
Fee:	**FREE**
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(713) 284-1973

Adaptive Yoga

This Adaptive Yoga class modifies traditional Kundalini Yoga for persons with physical disabilities based on students abilities. This 60 min. class led by a certified Kundalini Yoga instructor combines seated, standing and floor postures and incorporates guided meditation and creative visualization.

Ages:	Youth and Adult
Registration:	Required
Program Dates:	10:00 am - 11:00 am, Fri Aug 14 - Dec 11
Fee:	**FREE**
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(713) 284-1973

Adaptive Aquatics Program

Adaptive Aquatics - Initial in water orientation and then exercise, lap swim or water walk in the heated, indoor-natatorium. The pool provides a great environment for people with disabilities to exercise.

Participants are required to have independent functioning mobility skills or bring an adult attendant to assist them. Pre-registration is required and must be completed prior to participant getting in the pool. HPARD staff will conduct initial safety screening in the water.

Physical therapy or other private practice businesses are not permitted to operate in this pool.

Ages:	Youth and Adult
Registration:	Required
Program Dates:	Year round
Time:	Vary, call for schedule
Fee:	**FREE**
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(713) 284-1983

Adult Wheelchair Basketball

Weekly practice and play throughout the summer is scheduled for adults age 16 and up. This is a 5 on 5 recreational wheelchair basketball league for adults with independent functioning skills. No motorized chairs allowed in this game.

League night is Mondays while practice/open wheelchair basketball is Wednesdays. Monday night league play begins on Sept 6, 2010. Wednesday open gym is ongoing. Registration is required.

Ages:	16 - Older
Registration:	Required
Fee:	**FREE**
5 on 5 League Play:	Mon
Wheelchair B.B./ Open Gym:	Wednesday
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(713) 284-1973

Adult Wheelchair Rugby

Get ready for fast, full-court action when adults clash metal to metal in this fast paced wheelchair sport. Rugby is for quadriplegics who have independent, upper body function. Participants must have independent functioning skill to participate. Motorized chairs not permitted in this game.

Ages:	12 - Older
Registration:	Required
Fee:	**FREE**
Program Dates:	Sept 2 - Nov 18, 2010
Times:	6:00 pm - 9:00 pm, Th
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(713) 284-1973

Adult Wheelchair Soccer National Tournament

Get ready for fast, full-court action when adults clash metal to metal in this fast paced wheelchair sport. This game is for participants who have independent, upper body function. Motorized chairs **ARE PERMITTED** in this game.

Hosted by the Greater Houston Athletic Association for the Disabled (GHAAPD), the University of Houston DART Center, and the Houston Parks & Recreation Department.

The National Indoor Wheelchair Soccer Tournament will be held the weekend of Nov 6 & 7, 2010.

Ages:	12 - Older
Registration:	Required
Fee:	**FREE**
Program Dates:	Nov 6 - Nov 7, 2010
Times:	8:00 am - 4:00 pm
Location:	U of H Campus Rec Bldg Ctr 4500 University Dr, 77204
Information:	(713) 284-1973

Youth and Adult GoalBall

Goalball is a team sport designed for blind athletes. Participants compete in teams of three and try to throw a ball that has bells in it into the opponents' goal. Participants must use the sound of the bell to judge the position and movement of the ball. Blindfolds are worn to allow partially sighted players to compete on an equal level with blind players.

Date:	Sept 11 - Oct 22, 2010
Time:	1:00 pm - 3:00 pm, Sat
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(713) 284-1973 charles.french@houstontx.gov

Sitting Volleyball

This Sitting Volleyball program is integrated for amputees and anyone else including, able-bodied volleyball enthusiasts who want to play. Weekly practice and games held for adults who function independently.

Ages:	All Ages
Registration:	Required
Fee:	**FREE**
Program Dates:	Oct 12 - Dec 7, 2010
Times:	6:00 pm - 8:30 pm, Tues
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(713) 284-1973

Power Soccer

Power Soccer is the fastest growing sport for wheelchair users. Power Soccer is the first team sport designed specifically for power wheelchair users. It combines the skill of the wheelchair user with the speed and power of the chair itself, to participate in an extremely challenging game similar to soccer.

All ages and abilities welcome!

Ages:	All Ages
Registration:	Required
Fee:	**FREE**
Program Dates:	Aug 31 - Oct 5, Tues
Times:	6:00 pm - 8:30 pm
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(713) 284-1973

PARK VOLUNTEER programs

Every year HPARD depends on hundreds of volunteers of all ages to assist in a variety of programs and activities from coaching youth sports teams to cleanup projects in neighborhood parks. We encourage individuals, businesses, youth and adult organizations and corporate sponsors to learn more about all the volunteer opportunities available with the department. Make a difference in your community, in the lives of children and in our park programs. Get involved and volunteer today!

HPARD Recreation and Wellness Division Volunteer Programs

Teen Volunteer Program

Volunteer at your area community center and gainvaluable experience in the recreational field, explore a potential career option and develop your personal and professional skills while giving back to your community.

Volunteer opportunities include:
After School Enrichment Program Assistance, Office Assistant, Receptionist.

No experience is necessary. The completion of a Teen Volunteer Application Form is required.

Ages:	14 - 17
Registration:	Ongoing During Community Ctr Hours
Program Dates:	Sept 7 - Dec 18, 2010
Times:	6:00 pm - 8:30 pm, Tues
Location:	All HPARD Community Ctrs
Information:	(832) 395-7295

Athletic Team Volunteer

Team volunteers serve as coaches, assistant coaches or provide support to youth participating in baseball, basketball, flag football, golf, soccer, track and field and volleyball.

Volunteers must complete an application and successfully pass a background check to participate.

Ages:	18 - older
Information:	(832) 395-7264

Adult Volunteer Program

Volunteer at your area community center and gain valuable experience in the recreational field, explore a potential career option and develop your personal and professional skills while giving back to your community.

Volunteer opportunities include: Assist with After School Enrichment Program, Office Assistant, Chaperone on youth field trips and Receptionist duties.

No experience is necessary. An Adult Volunteer Application From must be completed.

All applicants must pass a Background Check before being accepted as a volunteer.

Ages:	18 - older
Registration:	Ongoing During Community Ctr Hours
Program Dates:	Sept 7 - Dec 18, 2010
Times:	12:00 pm - 8:00 pm.
Location:	All HPARD Community Ctrs
Information:	(832) 395-7292 (832) 395-7294 (832) 395-7295

Friends of the Park

Make a difference in your community by joining your neighborhood Friends of the Park Council. Your assistance is needed with volunteer opportunities, planning and assisting with special events and providing input regarding the community's programming needs.

Ages:	18 - older
Location:	All HPARD Community Ctrs
Information:	Contact Community Center

HPARD Greenspace Division Volunteer Programs

Green Team Volunteer Program

Green Team Volunteers provide landscaping maintenance and improvements, tree planting, park and/or bayou de-littering and help with beautification projects. Individuals, businesses, youth and adult organizations and corporate sponsors are all encouraged to participate in this program.

All volunteers must complete a volunteer waiver form for each event.

Ages:	Youth - Adult Varies With Project
Registration:	(832) 395-7030

Eagle Scout Projects

HPARD welcomes project submission from Eagle Scout candidates for projects that benefit park green spaces, youth sports programs and our community centers.

Ages:	18 - older
Registration:	(832) 395-7030

Internship Program

HPARD provides a professional environment in which undergraduate, graduate and post-graduate students may acquire experience, which relates to their academic course of study. The internship program is open to all students from an accredited college or university who are seeking and actively pursuing a career in the fields of recreation, park management or other related professions.

Ages:	18 - older
Registration:	(832) 395-7112

PARK & GREENSPACE *adoption*

Park Adoption Programs

HPARD's Adoption programs are a great way to show your pride and commitment to Houston's parks and green spaces. Whether you're with a group or business interested in active community involvement we have a program that will fit your desire improve the quality of our park system and public land.

There are 4 different Adoption Programs for you to choose from, Adopt-A-Park, Adopt-An-Esplanade, Adopt-A-Sports Field and Adopt-A-Library Greenspace. Regardless of the program you choose your involvement helps us maintain green spaces that we're all proud of!

Contact: Marilu De La Fuente
Information: (832) 395-7029
marilu.delafuente@houstontx.gov

Adopt-A-PARK

This adoption program welcomes homeowners, associations and civic groups interested in providinglong-term support for the maintenance and aesthetic quality of a park.

Term of agreement is 2- 3 years.

Adopt-An-ESPLANADE

This adoption program welcomes homeowners, associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of esplanades/medians.

Term is perpetualprovided adoptee maintains esplanades/medians free of trash, mowed and edged.

Adopt-A-SPORTS FIELD

This adoption program welcomes organizations orindividuals who wish to adopt a sports field in lieu of paying permitting fees associated with the use of ball fields. This adoption is available for youth leagues only.

The term is for 6 months (Jan-June) and (July-Dec). The adoptee is responsible for all maintenance related to the sports field for the entire 6 month period.

Adopt-A-Library Green Space

This adoption program welcomes homeowners, associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of library grounds.

Term is a 1 year minimum.

PARTNERING *withparks*

The Houston Parks and Recreation Department (HPARD) oversees 369 developed parks and more than 200 green spaces totaling over 38,945.42 acres of land. We are committed to providing the citizens we serve with educational and recreational programming; with responsible stewardship of Houston's parkland, greenspaces and urban forest; and with volunteering and partnership opportunities, for individuals and businesses alike, that support Houston's parks. Partnering with Parks can help your group meet organization's goals while improve the city's quality of life and providing one of the most visible and public ways to demonstrate your dedication and commitment to the environment and to the community. Public-private partnerships benefit all of us all won't you join us today to create something wonderful for all Houstonians!

Contact: Karen Cullar
Information: (832) 395-7056
karen.cullar@houstontx.gov

Lake Houston Wilderness Park

Lake Houston Wilderness Park (LHWP) is a 4,800-acre "natural" park northeast of Houston acquired by the City from TPWD in 2006. It is managed for the City by the Houston Parks and Recreation Department. The park is on the central flyway for migratory birds of the U.S. and is recognized on the Great Texas Coastal Birding Trail (Upper).

LHWP provides camping facilities; hiking, biking and equestrian trails; water activities for kayaks and canoes; and natural areas for nature lovers and birders alike.

Partnership and funding opportunities exist in many areas including the creation of a vehicle bridge, the development of a park headquarters and pavilion, the development of canoe and kayak facilities and the building of cabins and stables.

Community Center Development

HPARD Community Centers serve as the center of the department's Recreation and Wellness programs. They provide a neighborhood gathering place and provide programming and recreational leisure activities for all ages. They foster healthy activities, volunteerism,unite families, build cultural tolerance and support seniors, youth and people with disabilities.

HPARD would like to build 10 more community centers to serve a greater number of Houston's citizens.

Park Playgrounds

Playgrounds provide kids with an opportunity for **FREE** unstructured play. For children play is an important factor in how they develop both socially and physically. It offers significant health benefits a is a crucial factor in the overall well being ofchildren. Kids who play build their confidence and learn the social skills that help them become happy,well-adjusted adults.

Approximately 200 new public park playgrounds are needed in Houston of varying size and components to match the needs of the park, neighborhood and age of the children playing on them.

Playgrounds without Limits

Playgrounds without Limits is a campaign to build inclusive playgrounds (1 in each geographic quadrant of the city) by the year 2010. These playgrounds surpass ADA accessibility guidelines and provide a variety of play elements and activities for children of all abilities. Ramps andtransfer systems address mobility issues, elements like elevated sand boxes provide children with sight impairment sensory-rich activities to enjoy and porch swing gliders give children with wheelchairs the opportunity to enjoy a swing.

Each Playground without Limits has an approximate cost of $500,000.

AmeriCorps

AmeriCorps NCCC team members have been working hard to build a new 4.5 - mile trail for Lake Houston Wilderness Park.

This summer a third team of AmeriCorps members (13 total) cleared trees and dense understory vegetation for a new trail to connect scenic spots of LHWP (including a great view of white sand beaches and bottomland habitat). The new trail is expected to be open by this fall. This grant trades the team's sweat equity for in kind housing within a competitive grant process for projects. They live and work at the park completing daily tasks such as: landscape, erosion prevention, repair and installation of amenities, maintenance and assisting with the natures center coordinating activities for children and youth.

AmeriCorps NCCC (National Civilian Community Corps) full-time national service program. For 10 months, members serve on teams to meet urgent community needs receiving room and board, a modest living stipend, travel expenses, health benefits, training, and a $5,350 education award.

If you would like more information, please visit their website at: www.americorps.gov/nccc

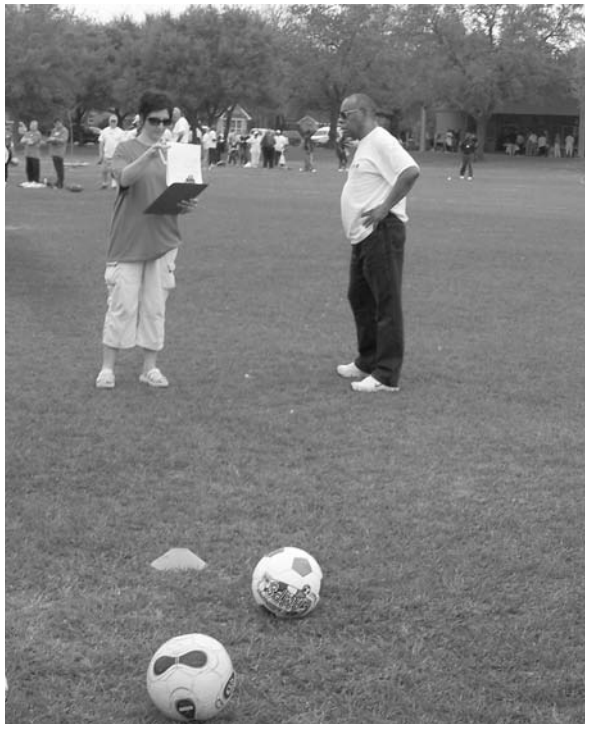
Bright Fields! Bright Futures!

Bright Fields! Bright Futures! is a city-wide capital campaign to meet Houston's largest recreational need: lighting existing sports fields.

By lighting existing fields we can extending the available use time of the field into the evening. This is a cost-effective alternative to acquiring, developing and maintaining new fields.

We are seeking public-private partnerships to provide funding to address this need.

Become a partner and help us produce positive results to impact the largest recreational need in Houston. Your partnership will help serve the needs of area youth enrolled in program like HPARD's Youth Soccer Program which serves more than 4,000 children annually.



BRIGHT FIELDS
BRIGHT FUTURES

“Bright Fields! Bright Futures!” is a city-wide capital campaign to meet Houston’s largest recreational need:
lighting existing sports fields.
As part of this capital campaign, H.P.A.R.D. in partnership with H.P.B., is enrolled in the
Pepsi Refresh’s National Refresh Everything Campaign.
Your daily vote at www.refresheverything.com will show your support for
Burnett Bayland Park and Houston Yuoth Soccer!

For more information visit www.houstonparks.org

houston PARKS & recreation department
www.houstonparks.org
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Important HPARD Phone Numbers

Houston Parks and Recreation Department Main Phone No.	2999 S. Wayside Dr.	(832) 395-7000
HPARD Urban Park Rangers Dispatch	2999 S. Wayside Dr.	(832) 395-7100
HPARD Park Maintenance Problems		3-1-1
Mayor's Office of Special Events (Special Events Permits)		(832) 393-0868
Mayor's Office of Special Events (Parade & Street Function Permits)		(832) 393-0868
Adoption Programs	2999 S. Wayside Dr.	(832) 395-7029
Adult Sports	6200 Wheeler	(832) 395-7130
Adult Sports Bulletin Board	(Phone Message Only)	(713) 865-4105
After School Enrichment Program West	6200 Wheeler	(832) 395-7294
After School Enrichment Program East	6200 Wheeler	(832) 395-7292
After School Enrichment Program Administration	6200 Wheeler	(832) 395-7270
Athletes Seeking Knowledge Program	6200 Wheeler	(832) 395-7293
Aquatics	6200 Wheeler	(832) 395-7129
D-Tag (Information only)	6200 Wheeler	(832) 395-7297
D-Tag (Administration)	6200 Wheeler	(832) 395-7270
First Tee of Houston at FM Law Park	8400 Mykawa Road	(713) 264-2100
Golf – Brock Park Golf Course	8201 John Ralston Road	(281) 458-1350
Golf – Glenbrook Park Golf Course	8205 Bayou Drive	(713) 649-8089
Golf – Gus Wortham Park Golf Course	7000 Capitol	(713) 928-4260
Golf – Hermann Park Golf Course Managed by BSL Golf Corp.	2155 North MacGregor	(713) 526-0777
Golf – Melrose Park Golf Course Managed by Walton Golf Enterprises	401 Canino	(281) 931-4666
Golf – Memorial Park Golf Course	1001 East Memorial Loop Drive	(713) 862-4033
Golf – Sharpstown Park Golf Course	6600 Harbor Town	(713) 988-2099
Houston Garden Center	1500 Hermann Circle Drive	(713) 284-1989
Lake Houston Wilderness Park Reservations	22031 Baptist Encampment Rd. New Caney, Texas 77357	(281) 354-6881
Lee & Joe Jamail Skatepark	103 Sabine Street	(713) 222-5500
Memorial Park Bike Trail Message Line	(Phone Message Only)	(713) 437-6588
Metropolitan Multi-Service Center	1475 West Gray	(713) 284-1973
Partnership Programs	2999 S. Wayside Dr.	(832) 395-7056
Permits & Rentals (Outdoors)	2999 S. Wayside Dr.	(832) 395-7012
Permits & Rentals (Outdoors)	2999 S. Wayside Dr.	(832) 395-7013
Permits & Rentals (Sportsfields)	2999 S. Wayside Dr.	(832) 395-7010
Permits & Rentals (Sportsfields)	2999 S. Wayside Dr.	(832) 395-7011
Summer Enrichment West	6200 Wheeler	(832) 395-7294
Summer Enrichment East	6200 Wheeler	(832) 395-7292
Summer Enrichment Program Administration	6200 Wheeler	(832) 395-7270
Summer Food Service Program	6402 Market Street	(713) 676-6832
Tennis - Homer Ford Tennis Center	5225 Calhoun	(713) 842-3460
Tennis - Lee LeClear Tennis Center	9506 S. Gessner	(713) 272-3697
Tennis - Memorial Park Tennis Center	1500 Memorial Loop Dr.	(713) 867-0440
Tennis - Youth Tennis Office	1500 Memorial Loop Dr.	(713) 803-1112
The Houston Garden Center at Hermann Park Reservations	Hermann Circle Drive	(713) 284-1989
Volunteer For Community Centers Programs	6200 Wheeler	(832) 395-7295
Volunteer Greenspace Projects	2999 S. Wayside Dr.	(832) 395-7030
Youth Sports West	6200 Wheeler	(832) 395-7294
Youth Sports East	6200 Wheeler	(832) 395-7277

HPARD Community Centers

NORTHEAST

Clark (KM 453B)
9718 Clark, 77076
(713) 742-1497

Clinton (KM 495U)
200 Mississippi, 77029
(713) 673-0955

Finnigan (KM 494H)
4900 Providence, 77020
(713) 678-7385

Hobart Taylor (KM 455Q)
8100 Kenton, 77028
(713) 674-3959

J Robinson, Sr (KM 495L)
1422 Ledwicke, 77029
(713) 674-2401

Lakewood (KM 455G)
8811 Feland, 77028
(713) 636-8217

Melrose (KM 413T)
1001 Canino, 77076
(281) 447-0514

Moody (KM453Y)
3725 Fulton, 77009
(713) 692-6925

Selena Quintanilla Perez (KM494H) (DenverHarbor)
6402 Market, 77020
(713) 675-2151

Shady Lane (KM 414W)
10220 Shady Lane,77093
(713) 742-1503

Swiney (KM 494J)
2812 Cline, 77020
(713) 238-2197

Tidwell (KM 454D)
9720 Spaulding, 77016
(713) 636-8221

Tuffly (KM 454X)
3200 Russell, 77026
(713) 674-2355

NORTHWEST

Candlelight (KM 452E)
1520 Candlelight, 77018
(713) 682-3587

Carverdale (KM 450A)
9920 Porto Rico, 77041
(713) 895-6141

Fonde (KM 493K)
110 Sabine, 77002
(713) 226-4466

Freed (KM 451Y)
6818 Shady Villa, 77055
(713) 682-4467

Highland (KM 451D)
3316 DeSoto, 77091
(713) 956-9137

Independence Heights (KM 453N)
603 East 35th, 77022
(713) 867-0373

Judson Robinson, Jr. (KM 533B)
2020 Hermann Drive, 77004
(713) 284-1997

Kendall (KM 488C)
609 North Eldridge, 77079
(832) 393-1898

Lincoln (KM 412Q)
979 Grenshaw, 77088
(281) 445-1617

Love (KM 452Z)
1000 West 12th, 77008
(713) 867-0497

Milroy (KM 452Z)
1205 Yale, 77008
(713) 867-0397

Montie Beach (KM 453X)
915 Northwood, 77009
(713) 864-6820

Proctor Plaza (KM 453X)
803 West Temple, 77009
(713) 862-6907

Stude (KM 493E)
1031 Stude, 77007
(713) 867-0496

Woodland (KM 493C)
212 Parkview, 77009
(713) 867-0401

SOUTHEAST

Bessie Swindle (KM 573L)
11800 Scott, 77047
(713) 733-4581

Beverly Hills (KM 576S)
10201 Kingspoint, 77075
(713) 948-9065

Charlton (KM 535P)
8200 Park Place, 77017
(713) 645-3589

Crestmont (KM 574J)
5200 Selinsky, 77048
(713) 733-2236

DeZavala (KM 495S)
907 76th St., 77012
(713) 923-5163

Eastwood (KM 494T)
5020 Harrisburg, 77011
(713) 928-4801

Edgewood (KM 534X)
5803 Bellfort, 77033
(713) 734-8434

Garden Villas (KM 535W)
6720 S. Haywood, 77061
(713) 847-5168

Hartman (KM 535C)
9311 E. Ave. P., 77012
(713) 928-4803

Ingrando (KM 535F)
7302 Keller, 77012
(713) 643-4764

Mason (KM 535A)
541 South 75th., 77023
(713) 928-7055

Meadowcreek (KM 535A)
5333 Berry Creek, 77017
(713) 946-9020

Sagemont (KM 576Y)
11507 Hughes, 77089
(281) 922-2343

Settegast (KM 494N)
3000 Garrow, 77003
(713) 238-2200

SOUTHWEST

Alief (KM 529E)
11903 Bellaire, 77072
(281) 564-8130

Almeda (KM 572Y)
14201 Almeda School Rd., 77047
(713) 434-1909

Burnett Bayland (KM 531B)
6200 Chimney Rock, 77081
(713) 668-4516

Cherryhurst (KM 492R)
1700 Missouri, 77006
(713) 284-1992

Emancipation (KM 493Y)
3018 Dowling, 77004
(713) 284-1302

Godwin (KM 531U) *
5101 Rutherglen, 77096
(713) 726-7114

Hackberry (KM 528M)
7777 S. Dairy Ashford, 77072
(281) 776-9908

Lansdale (KM 530K)
8201 Roos, 77036
(713) 272-3668

Linkwood (KM 532P)
3699 Norris, 77025
(713) 314-3107

Marian (KM 530X)
11101 South Gessner, 77071
(713) 773-7015

Platou (KM 571B)
11655 Chimney Rock, 77053
(713) 726-7107

River Oaks (KM 492T)
3600 Locke Lane, 77027
(713) 622-5998

Sharpstown (KM 530F)
6600 Harbor Town, 77036
(713) 988-5328

Sunnyside (KM 533X)
3502 Bellfort, 77051
(713) 734-5061

Townwood (KM 572P)
3403 Simsbrook, 77045
(713) 434-3508

Windsor Village (KM 571P) *
14441 Croquet, 77085
(713) 726-7113

* Closed For Renovation

Save the Date!

4th Annual
Lady Bird Johnson
Wildflower Planting

Saturday, September 18, 2010
8:30 a.m. - 10:30 a.m.

Circle September 18th on your calendar!
More details on planting sites and logistics to come!

For more information contact Oneika McCarthy at (832) 395-7030
or by email at Oneika.McCarthy@houstontx.gov

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Vote Daily For
Bright Fields! Bright Futures!
at: www.refresheverything.com

And help us bring lights toBurnett Bayland Park and support H.P.A.R.D. Youth Soccer !
Voting runs from Aug 1 - Aug 31.

"Bright Fields! Bright Futures!" is a city-wide capital campaign to meet Houston's largest recreational need: lighting existing sports fields.
As part of this capital campaign, H.P.A.R.D. in partnership with H.P.B., is enrolled in the Pepsi Refresh's National Refresh Everything Campaign.
Your daily vote at www.refresheverything.com will show your support for Burnett Bayland Park and Houston Youth Soccer!

SOCCER RULES

Houston PARKS Board

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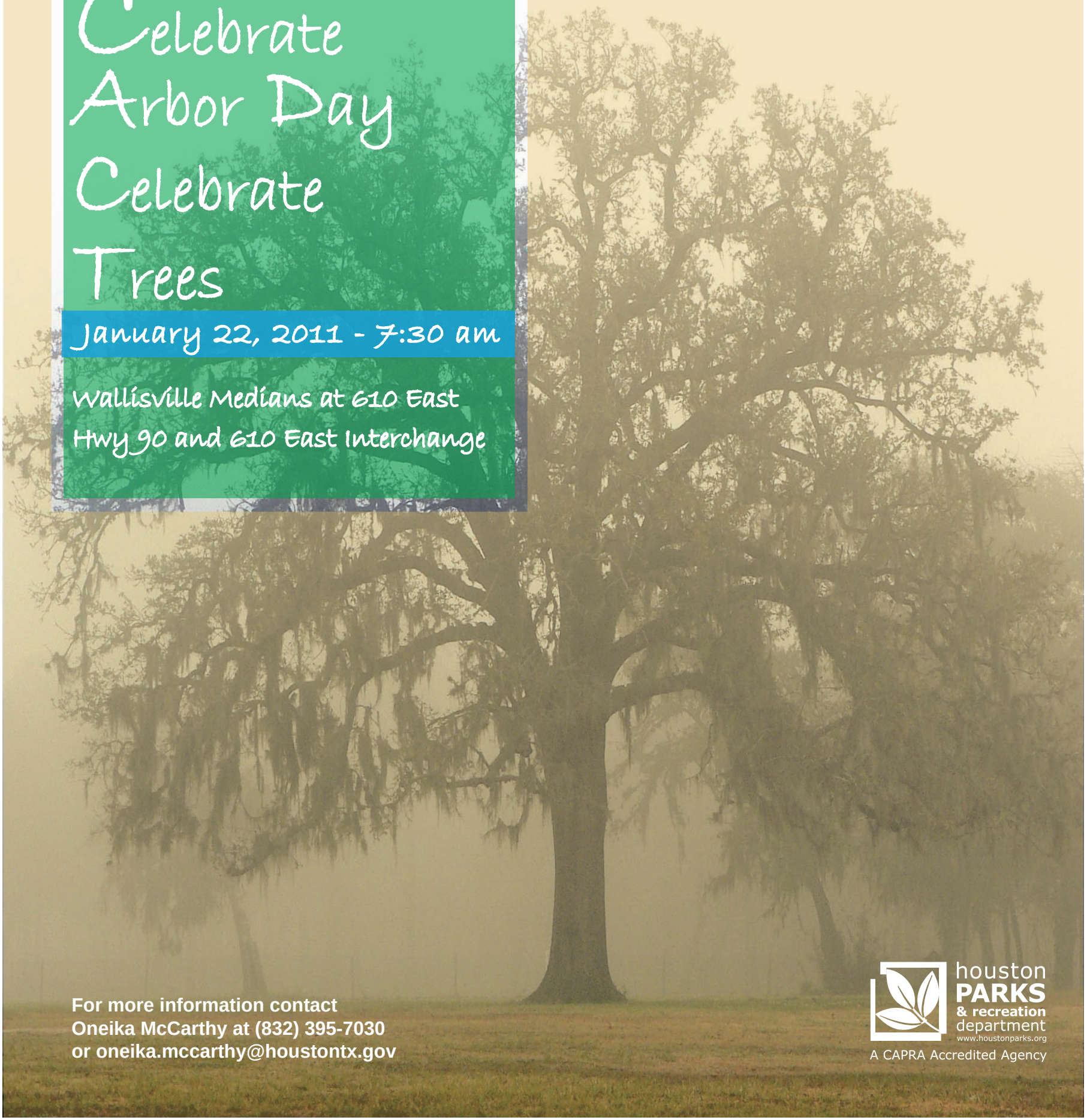
Celebrate Arbor Day Celebrate Trees

January 22, 2011 - 7:30 am

Wallisville Medians at 610 East
Hwy 90 and 610 East Interchange



For more information contact
Oneika McCarthy at (832) 395-7030
or oneika.mccarthy@houstontx.gov

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