

2010

# Houston Corporate Games

Presented by



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April 30 & May 1, 2010 - Memorial Park

Get in the game. Make a difference.



# Get in the game.

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On Friday, April 30 and Saturday, May 1, 2010, the Houston Parks and Recreation Department will host the Houston Corporate Games presented by Aetna. All events are designed so any employee, regardless of skill level, can participate and earn points for the team. The goals of the Games are...

- ☑ Encourage employee wellness and an active lifestyle.
- ☑ Raise money to improve educational opportunities for deserving middle school and high school youth.
- ☑ Provide a friendly, inter-company competition for employees of all fitness levels.
- ☑ Build company spirit, camaraderie, and teamwork.
- ☑ HAVE FUN!

The Houston Corporate Games presented by Aetna is provided by the Houston Parks and Recreation Department (HPARD), with support from the Mayor's Wellness Council and the Houston Wellness Association.

# Make a difference.

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- Proceeds from the Houston Corporate Games presented by Aetna will benefit the Houston Parks and Recreation Department's ASK Program.
- ASK Program Education Fund provides scholarships and resources to assist young people in the pursuit of a higher education or to help improve their current academic standing.
- Since 2000, more than \$85,000 has been given to youth ages 13 to 18 for scholarships, tutoring, college and career fairs, SAT and ACT practice exams, academic bowls, and college campus tours.
- The Houston Parks and Recreation Department offers the ASK program free of charge as a component of the Department's recreational programs for youth.
- ASK supports participants in their desire and commitment to achieve academic success, be a responsible citizen, and live a healthy, active lifestyle.

# The Games

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All events are designed so any employee, regardless of skill or fitness level, can participate and earn points for their team. HPARD will supply equipment for all the games. Team members can choose to participate in some or all of the following games on one or both days:

- Aetna Walk / Run (3 mile loop)
- Fugro Basketball Hot Shot
- Soccer Dribble / Shoot
- Softball Pitch
- Softball Slam
- Shuttle Run
- Becks Prime Golf Putting Contest
- Access Sciences Obstacle Course
- Tennis Rally
- Cycling
- Line Dancing
- Tai Chi
- Tug of War

## Schedule of Events

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### Friday, April 30, 2010

- 12:00 p.m. Check-in (Memorial Park Jim McConn Ballfield)
- 12:45 p.m. Opening Ceremony
- 1:00 – 5:00 p.m. The Games
- 1:00 – 1:30 p.m. Tai Chi
- 4:30 – 5:00 p.m. Line Dancing
- 5:00 – 7:00 p.m. Happy Hour Social Sponsored by Becks Prime

### Saturday, May 1, 2010

- 8:30 – 9:00 a.m. Check-in (Memorial Park Jim McConn Ballfield)
- 9:00 a.m. – 12:00 p.m. The Games
- 9:00 – 9:30 a.m. Tai Chi
- 12:00 – 12:30 p.m. Line Dancing
- 12:30 p.m. Lunch sponsored by My Fit Foods
- 12:30 – 1:00 p.m. Tug-of-War
- 1:15 p.m. Award Ceremony

# Teams

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Teams will consist of up to twenty (20) people. Employees, their spouses (or significant others), and retirees are eligible to participate. Companies can register as many teams as their company size (based on employees) will allow. Team participants must:

- Be at least 18 years old and not attending high school
- Work / live in the greater Houston area
- Compete on no more than one team

Each participant must sign a Waiver Form. Teams that use ineligible players will be disqualified and banned from future Houston Corporate Games.

The **cost to participate is \$250** per team, due with the Team Registration Form. No registration will be accepted without payment. Proceeds benefit HPARD's ASK Program.

Register online at: [www.houstonparksboard.org](http://www.houstonparksboard.org)

Final Rosters are due on Thursday, April 22, 2010 by email to:  
[Robert.mims@cityofhouston.net](mailto:Robert.mims@cityofhouston.net)

# Point System

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Team members may participate in any or all events. Companies will add the scores for all their teams to determine the company total. Points will be awarded to the teams as follows:

<b>For each team member participating in Walk/Run, Cycling, Tai Chi, and Line Dancing</b>	<b>50 (one day) 100 (two days)</b>
<b>For each team member participating in all other events</b>	<b>50</b>
Bonus points for top ten finish per event (male & female):	
1 <sup>st</sup>	100
2 <sup>nd</sup>	90
3 <sup>rd</sup>	80
4 <sup>th</sup>	70
5 <sup>th</sup>	60
6 <sup>th</sup>	50
7 <sup>th</sup>	40
8 <sup>th</sup>	30
9 <sup>th</sup>	20
10 <sup>th</sup>	10
Participation in Tug-of-War (team)	500
Most creative "uniform" (team)	100
Volunteer at Houston Corporate Games (minimum 4 hours completed in 1 day)	100
Attendance at Team Captain's Meeting April 22, 2010 (per participant, max 2)	50

# Awards

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- ☑ The top three (3) teams overall, regardless of Division, receive trophies.
- ☑ Each member of the top three teams receives a prize.
- ☑ The top three (3) male and female winners in each event receive prizes.
- ☑ Companies will be grouped in six divisions based on number of employees in the company. All points earned by teams from the same company will be totaled for the combined company points. The company with the most points in each of the six Divisions wins a Houston Corporate Games trophy. The more teams a company registers to play, the more total points it will accumulate.

	<b>Number of Employees</b>
Division I	1 – 50
Division II	51 – 150
Division III	151 – 500
Division IV	501 – 1,000
Division V	1,001 – 5,000
Division VI	5,001+

# Special Awards

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- ☑ *Spirit Award* will be given to the company that displays the most enthusiasm and highest energy in terms of team spirit.
- ☑ *Sportsmanship Award* will be given to the company that makes the most profound display of sportsman-like attitude and behavior.

# Team Registration Form

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The **cost to participate is \$250.00** per team, due with the Team Registration Form.

Company:		# of Company Employees in Houston:
Team Name:		
Mailing Address:		
City:		ZIP:
Team Captain:		
Phone:	E-Mail:	
Assistant Captain:		
Phone:	E-Mail:	

## Register Online and pay by Credit Card at:

[http://houstonparksboard.org/get\\_involved/events.php](http://houstonparksboard.org/get_involved/events.php)

OR, Mail Team Registration Form, \$250 check payable to Houston Parks Board, and Team Roster to:

Houston Parks and Recreation Department  
Attn: Houston Corporate Games  
2999 S. Wayside Drive  
Houston, Texas 77023

**Entry and Roster Deadline: April 22, 2010**

Office Use Only		
Amount Paid: \$_____	Date Received:_____	
Check # _____	Credit Card # _____	Exp. Date _____

# Team Roster

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Company:		
Team Captain Name:		
Team Name:		
Name	Gender	E-mail address
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## **VOLUNTEERS**

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2.		
3.		
4.		

# Contacts

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*For more information about the games and to register a team, please contact*

Kenneth Allen    832-395-7268    [kenneth.allen@cityofhouston.net](mailto:kenneth.allen@cityofhouston.net)

Doug Earle    832-395-7290    [doug.earle@cityofhouston.net](mailto:doug.earle@cityofhouston.net)

*For sponsorship opportunities, please contact*

Luci Correa    832-395-7057    [luci.correa@cityofhouston.net](mailto:luci.correa@cityofhouston.net)