

2010

— **HOUSTON** —
Schoolyard Games

Moving Kids to Better Health!

Presented by



November 6, 2010

**Memorial Park
Houston, Texas**



Get in the game.

On Saturday, November 6, 2010, the Houston Parks and Recreation Department will host the Houston Schoolyard Games presented by Aetna. The Games will be a fun-filled day of kid-friendly activities at Memorial Park. All students grades 1st to 8th, can participate and earn points for their team, regardless of fitness level. The goals of the Games are...

- ☑ Fight childhood obesity by encouraging kids to get moving
- ☑ Provide a friendly, inter-scholastic competition for students of all fitness levels
- ☑ To raise money to improve educational opportunities for deserving middle school and high school youth
- ☑ TO HAVE FUN!

Make a difference.

- Proceeds from the Houston Schoolyard Games presented by Aetna will benefit the Houston Parks and Recreation Department's Athletes Seeking Knowledge (ASK) Program.
- ASK Program Education Fund provides scholarships and resources to assist young people in the pursuit of a higher education or to help improve their current academic standing.
- Since 2000, more than \$100,000 has been provided to youth ages 13 to 18 for scholarships, tutoring, college and career fairs, SAT and ACT practice exams, academic bowls, and college campus tours.
- The Houston Parks and Recreation Department offers the ASK program free of charge as a component of the Department's recreational programs for youth.
- ASK supports participants in their desire and commitment to achieve academic success, be a responsible citizen, and live a healthy, active lifestyle.

The Games

- 50-Yard Dash – Timed sprint
- Basketball Hot Shot – Shoot from multiple marks at various distances on the court in 60 seconds. Points for each mark depend on level of difficulty.
- Soccer Dribble / Shoot – Dribble a soccer ball through a maze of cones, then shoot on goal. Timed event.
- Softball Throw – Three throws; only the longest one will be counted
- Shuttle Run – Timed run, back and forth to 10, 20, 30, and 40 yard markers.
- Golf Chipping – Targets for points.
- Obstacle Course – Be ready to run, jump, crawl, and hurdle your way to the finish line. Timed event.
- Sack Race – Jump in burlap sack and hop on an out-and-back course. Timed event.
- Bean Bag Toss – Toss bean bags in hula hoop targets at various distances.
- Egg on Spoon Sprint – Timed run (or walk) to the cone and back, but be careful not to drop your egg!

Schedule – Saturday, Nov. 6, 2010

8:30 a.m.	Team Captain Check-in Opens
9:30 a.m.	Opening Ceremony
10:00 a.m.	The Games Begin
12:30 p.m.	Lunch
1:00 p.m.	The Games Resume
3:30 p.m.	Entertainment
4:15 p.m.	Awards Ceremony

Teams

Teams will consist of six boys or six girls or any combination. All players on the team must be from the same school or youth serving organization and in the same division:

- Division A: 1st and 2nd Graders
- Division B: 3rd and 4th Graders
- Division C: 5th and 6th Graders
- Division D: 7th and 8th Graders

Schools and youth organizations may enter as many teams in any division as desired.

Each participant must have a parent-signed Waiver Form.

Teams must send a representative to the Captain's meeting on October 25th.

Each team must have at least one adult chaperone with the participants at all times.

Cost per team is \$50. Fee includes all events, facilities, equipment, lunch, hydration, and awards.

Point System

Points will be awarded to the top ten finishers (boys and girls) in each event as follows. Individual points will be added together for the team score.

1 st Place	100
2 nd	90
3 rd	80
4 th	70
5 th	60
6 th	50
7 th	40
8 th	30
9 th	20
10 th	10

Ribbons will be awarded to the top three finishers (boys and girls) in each event.

Trophies will be awarded to the First Place team in each division.

Team Registration Form

Join the Fun, Celebrate Fitness, and Show Your School Spirit!

School:	
District:	
Mailing Address:	
City:	ZIP:
Leader:	
Phone:	E-Mail:

Division (Check one):

_____ A (Grades 1 & 2)

_____ B (Grades 3 & 4)

_____ C (Grades 5 & 6)

_____ D (Grades 7 & 8)

Team Roster

	Name	Boy or Girl	Grade
1.			
2.			
3.			
4.			
5.			
6.			

Mail Team Registration Form, \$50 check **payable to Houston Parks Board**, and team roster to:

HPARD Schoolyard Games
Recreation and Wellness Division
2999 S. Wayside Drive
Houston, Texas 77023

Entry Deadline: October 25, 2010

Sponsorship

Title sponsorship of one (1) individual event (e.g. XYZ Company Basketball Hot Shot)

Cost: \$1,000

Benefits:

- Logo volunteer shirts.
- Logo on HPARD web site.
- Opportunity to display a banner at the sponsored event, and at opening/awards venue.
- Opportunity to set up a tent/display booth.
- Verbal recognition at opening ceremony and awards presentation.

Contacts

For more information about the games and to register a team, please contact

- Kenneth Allen (832) 395-7268 kenneth.allen@houstontx.gov
- Doug Earle (832) 395-7290 doug.earle@houstontx.gov

For sponsorship opportunities, please contact

- Luci Correa (832) 395-7057 luci.correa@houstontx.gov