

HOUSTON PARKS AND RECREATION DEPARTMENT

VOL. 6 - ISSUE 3 Dec 1, 2011- March 30, 2012



WINTER/SPRING ACTIVITIES GUIDE AND CLASS CATALOG

REGISTER ONLINE FOR ADULT SPORTS LEAGUES!



3RD ANNUAL METAL & MUSCLE EXPO

SATURDAY - MARCH 12, 2012
GEORGE R. BROWN CONV CTR



Lake Houston Wilderness Park

REGISTER FOR HPARD'S
AFTER SCHOOL ENRICHMENT PROGRAM!
ENJOY SPORTS, CRAFTS, FIELD TRIPS
AND MUCH MORE!
PAGE 3

Summer Food Program

Programa de Alimentos Durante el Verano

June 4 - August 17, 2012
4 de Junio - 17 de Agosto del 2012

Hey, Parents and Guardians!

FREE summer meals
are available for
youths ages 1-18.
No registration is
required. Just show up
at a site near you!



¡Hola padres y tutores!

Comidas **GRATIS** durante
el verano para niños y
adolescentes de 1 a 18
años de edad. No tienen
que inscribirse, solo
presentarse en el
sitio más cercano!

Information / Información
(713) 676-6832 or 2-1-1



**National Recreation
and Park Association**



**houston
PARKS
& recreation
department**
www.houstonparks.org

A CAPRA Accredited Agency

Sponsored by Houston Parks and Recreation Department since 1984. This program is administered by the Texas Department of Agriculture Food and Nutrition Division. In accordance with federal law and USDA policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. *Patrocinado por el Departamento de Parques y Recreación de Houston desde 1984. El programa es administrado por el Departamento de Agricultura de Texas División de Alimentos y Nutrición. De acuerdo con la Ley Federal y los reglamentos del Departamento de Agricultura de E. U., no se permite la discriminación basada en la raza, el sexo, la edad o la discapacidad.*

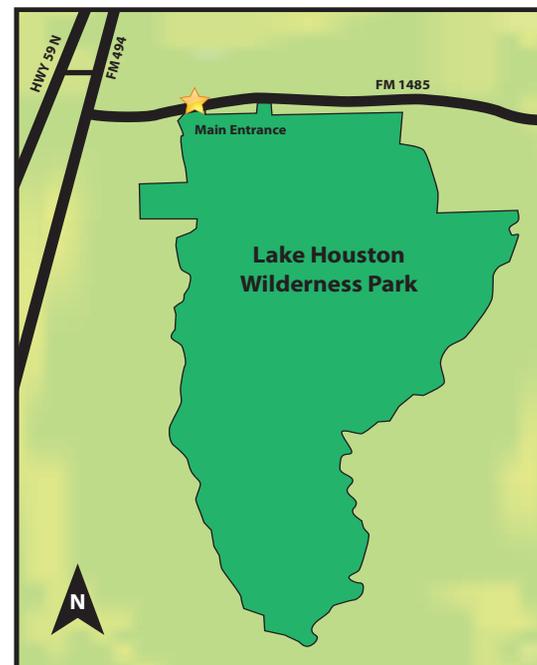
Save the Date

Lake Houston Wilderness Park
March 23, 2012

Celebrate the New FM 1485 Gateway Entrance, Cabins and Trails!

10:00 a.m. - 2:00 p.m. Tours & Events

10:30 a.m. Opening Ceremony



LAKE HOUSTON



WILDERNESS PARK



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department
www.houstonparks.org

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Winter on the Gulf Coast is one of the ways Nature repays us for the hot days of summer we know are on the way, and spring is an absolute delight for those of us who love the outdoors! At this time of year in Houston, we can leave the house and get our exercise in the sunshine without having to brave the snow and ice many of our Northern neighbors have to deal with daily. And, some days, we might not even break a sweat!

The Houston Parks and Recreation Department offers many opportunities for recreation and leisure activities at sites across the city. Our 59 community centers are the scene of many events during the winter and spring, including everything from the After School Enrichment Program for school age youth to crafts and exercise groups for seniors.

Active adults will find information in this publication about sports leagues they can take part in year-round, golf and tennis and our five fitness centers. Interested in bicycling? Houston parks and bayou banks have miles of trails for walking, running, and cycling. Want to learn to skateboard? The Lee and Joe Jamail Skatepark is one of the finest in-ground skate facilities in the country, and there are five above-ground skateparks, also. Disc golf? No problem! There are six disc golf courses available for your use in our parks as well.

Whether you are interested in team sports or individual pursuits, the Houston Parks and Recreation Department has something for you! Remember, the heat of summer is a few months away, so make the most of the best our climate has to offer this winter-spring, and stay active in the great outdoors!

Joe Turner, Director
Houston Parks and Recreation Department

MISSION STATEMENT

“ To enhance the quality of urban life by providing safe, well maintained parks and offering affordable programs for the community. ”



TABLE OF CONTENTS

Director's Message	1
HPARD Mission Statement	2
HPARD Park Rules and Regulations	2
Youth Programs	3
Junior Golf / First Tee	7
Youth Tennis	9
Skateparks / Disc Golf	11
Adult Sports Leagues	13
Senior Adult Sports Leagues	16
Adult Fitness Programs	17
Fitness Centers	19
Community Center Weight Rooms & Gyms	21
Fitness Classes	23
Adult Basketball Freeplay	25
Walking Clubs / Park Trails	27
Senior Programs	30
Adaptive Sports & Recreation	33
Water Spraygrounds	37
Lake Houston Wilderness Park	39
Tennis Centers	43
Tennis Neighborhood Courts	44
Golf Courses	45
Permits & Reservations / Gardens	50
Park Volunteers	51
Partnership Opportunities	53
Park / Greenspace Adoption Programs	55
Summer Food Service Program Information	56
Community Center Listing	57
Phone Numbers	58

PARK RULES AND REGULATIONS

- Park hours of operation for all city parks are 6:00 am to 11:00 pm unless otherwise posted.
- Glass bottles and glass containers are prohibited.
- Camping in City parks is prohibited except at Lake Houston Wilderness Park where fee based camping is permitted by reservation only. Walk-ins are welcome pending site availability.
- No motorized vehicles may be driven on turf areas.
- Riding or driving animals over or through the park, except along designated bridle paths is prohibited.
- Molesting, injuring, etc., animals, fowl or fish is prohibited.
- Erecting structures, bill posting, etc. is prohibited.
- Walking, sitting or standing on any border or flower bed is prohibited.
- No hunting or use of firearms is permitted in city parks.
- Fishing is not permitted. Exceptions are children 12 and under and senior citizens 65 and older and at Lake Houston Wilderness Park with appropriate Texas State Fishing License.
- Alcoholic beverages are prohibited in City parks with posted signage.
- All animals must be on a leash and under the direct control of its owner.
- Owners must pick up after their dogs. City of Houston Code of Ordinances Sec 6-24.
- Picnic areas are on a first come, first serve basis unless the area has been permitted. It is recommended that park patrons obtain permits to secure a picnic area for a special activity.
- The selling of food, drink or any other commodity on park property is prohibited.
- Littering is prohibited. Please take care to dispose of your litter. Keep our greenspaces clean.
- For a complete list of Park Rules and Regulations, please visit the City of Houston Code of Ordinances, Chapter 32.

ACTIVITIES IN THE PARK PROGRAM GUIDE AND CATALOG

The Houston Parks and Recreation Department provides programs and recreational opportunities for people of all ages and abilities on a year round basis.

HPARD's Activities in the Park Program Guide and Catalog is printed three times a year. Printed copies are available at your local HPARD Community Centers and online at www.houstonparks.org.

- **2012 Summer Activities in the Park - April 1, 2012**
- **2012 Fall Activities in the Park - August 1, 2012**
- **2012 Winter/Spring Activities in the Park - December 1, 2012**

HOUSTON PARKS AND RECREATION DEPARTMENT

2999 South Wayside
Houston, TX 77009
(832) 395-7000
askparks@houstontx.gov

YOUTH programs

After School Enrichment Program

Enjoy arts and crafts, games, entertainment, special events, sports, field trips, nature explorations and a variety of **FREE** activities at community centers throughout Houston.

This program is open to youth ages 6-13. Register at a community center near you.

Ages:	6 - 13
Registration:	Ongoing During Community Center hours
Fee:	FREE
Program Dates:	Jan 3 - May 11, 2012
Times:	3:00 pm – 6:00 pm
Locations:	All community centers
Information:	(832) 395-7296 (832) 395-7292 (832) 395-7294 (832) 395-7270

Tiny Tots Program

Parents are invited to participate in this parent/child program. Activities include fitness, arts and crafts and social games.

Parents and/or guardian must accompany child at all times.

Ages:	6 months - 4 years
Registration:	Ongoing During Community Center hours
Fee:	FREE
Program Dates:	Jan 3 - May 11, 2012
Information:	Contact Community Center see page 58 for listings

Candlelight (KM 452E)	M, W, F	10:00 am - 12:00 pm
Cherryhurst (KM 492R)	M	9:00 am - 12:00 pm
Cherryhurst (KM 492R)	W	10:00 am - 12:00 pm
Milroy (KM 452Z)	M, W, F	10:00 am - 1:00 pm
Proctor Plaza (KM 453X)	M, W, F	10:00 am - 1:00 pm



HTown - Houston Teens Outside With Nature

is a year round program for tweens and teens, ages 14-18. Participants will be provided opportunities to build confidence and self-esteem through mentoring and program support with HPARD programs and special events.

HTOWN will promote activities and events including community and volunteer projects, teen forums and educational workshops, field trips and tours, hands-on outdoor activities, monthly awareness events, sports and special events.

Ages:	14 - 18 (Boys & Girls)
Registration:	Ongoing
Program Dates:	Year round
Fee:	FREE
Information:	(832) 395-7131 (832) 395-7135 (832) 395-7270

Instructional Sports Play

As part of HPARD's After School Enrichment Program (AEP), youth ages 6-13, will learn the fundamental skills of a variety of sports through Instructional Sports Play. This is **FREE** to youth enrolled in HPARD's After School Enrichment Program.

Sports programming includes instruction and scrimmage play in a variety of sports including: Basketball, Soccer, Volleyball, and Flag Football Equipment will be provided. Contact your After School Enrichment Program site for the Instructional Sports Play schedule this fall.

Ages:	6 - 13
Registration:	Ongoing
Program Dates:	Jan 4 - May 4, 2012
Fee:	FREE
Information:	(832) 395-7261

Healthy Kids Houston

Attention Parents: Help us prove that after school programs benefit children.

The Healthy Kids-Houston program meets twice a week at select parks during after school hours. Participants take part in measurements such as height, weight, flexibility, and agility and will respond to questions on nutrition and self-esteem.

Children are also asked to wear an activity monitor which tracks physical activity levels for 7 days.

The program runs for 18-weeks and children take part in our traditional After School Enrichment Program and receive a Science is Fun lesson.

Children must enroll at the start of the program and receive incentives for participation, field trips, and 6-week graduation parties.

Program collaborators include:

- Baylor College of Medicine
- The Texas Children's Hospital including Texas Children's Pediatric Associates
- The Children's Nutrition Research Center
- The Houston Metropolitan Transit Authority

Funding is provided by a grant from the U.S.

Department of Agriculture through the Cooperative State Research, Education and Extension Service.

Ages:	9 - 12
Registration:	Dec 2011 - Jan 2012
Fee:	FREE
Program Dates:	Jan 16 - June 1, 2012
Times:	3:00 pm – 6:00 pm
Information:	(832) 395-7293 (713) 798-7007 (en espanol)

Locations:	
Meadowcreek (KM 536S)	5333 Berry Creek, 77017
Beverly Hills (KM576S)	10201 Kingspoint, 77075



a.s.a.p. Through ASAP, the City of Houston funds local area schools and non-profit agencies to provide Fun-Affordable-Quality after-school program opportunities for elementary and middle school age youth. Applicants must fill out a Competitive Request for Proposal (RFP) which are released annually (January/February). In addition, applicants must attend mandatory application workshop for additional information. Please note limited funds are available.

Programs are offered during the school year, September to June, at more than 20 funded sites across the Houston area. Each site sets their own curriculum, incorporating activities from ASAP's four component areas which include Academic Enhancement, Skill Development, Enrichment, and Community Involvement. Enrollment in each campus is determined on a first-come, first served basis.

A.S.A.P. Provider Registration :

Funding Cycle: September to June
How to Apply: Complete a Competitive RFP (Request for Proposal)
 Attend mandatory application workshop for more information
Information: (832) 395-7259

A.S.A.P. Participant Enrollment Information :

Ages: Elementary through Middle School Youth
Registration: Ongoing
Fees: FREE
Program Dates: September to June
Time: 3:00 pm - 6:00 pm
Location: Call for nearest locations
Information: (832) 395-7259



A.S.K. - Athletes Seeking Knowledge is a program that provides scholarships and resources to assist young people in their pursuit of higher education or to help improve their current academic standing. Hundreds of teens participate in the A.S.K. Program every year.

Since 2000, over \$100,000 has been awarded to Houston area youth and teens in the form of scholarships, tutoring programs, college and career fairs, SAT and ACT practice exams, academic bowls, and college campus tours.

A variety of A.S.K. activities are planned and held throughout the year. These activities are open to all HPARD youth and teen recreation program registrants and volunteers.

Contact your nearest community center for upcoming ASK program activities.

Ages: 13 - 18
Registration: Ongoing
Program Dates: Year round
Fee: FREE
Locations: All community centers
Information: (832) 395-7293

D-Tag Program

D-Tag is a **FREE** tattoo removal program for youth and young adults, ages 10 to 24 years old, who reside in the greater Houston metropolitan area. D-Tag was designed to help individuals re-enter mainstream society by removing tattoos which could identify them as participating in or supporting anti-social behavior. This specialty service is a scheduled process.

The D-Tag program is **FREE**; however, participants must complete six hours of community service before the procedure is performed. All youth under the age of 17 must complete a Parent or Guardian Permission Form to participate.

Registration is required. This program is co-sponsored by the Houston Police Department.

Ages: 10 - 24
Registration: Required
Fee: FREE
 With completion of 6 Hours of Community Service prior to procedure
Program Dates: Scheduled Quarterly on the 2nd Saturday of the Month
Locations: Judson Robinson, Jr. 2020 Hermann Dr, 77004
Information: (832) 395-7297 (832) 395-7270

YOUTH BASEBALL



ENJOY
**Minute
Maid.**

The Houston Astros and makers of Minute Maid sponsor this FREE program for youth, ages 4 to 18, as part of their Grand Slam for Youth Baseball Initiative. The program provides young people the opportunity to participate in T-ball, baseball and slow pitch softball at various skill levels. T-shirts and equipment are provided to registered teams for recreation league play.

Recreational league play will be determined based on individual registration. Advanced league play will be determined based on team registration. Instructional play opportunities and all girls leagues are available.

No experience is necessary. Parent orientation and player development clinics will be offered. Volunteer coaches are needed! Contact your nearest participating community center.



Ages: 4 – 18
Registration: Jan 3 - Feb 17, 2012
Fee: FREE
Program Dates: March 19, - May 18, 2012
Times: 6:00 pm - 9:00 pm
 Weekday evenings
Locations: See locations list
Information: (832) 395-7292
 (832) 395-7294



NORTHEAST

Clark (KM 453B)	9718 Clark, 77076	(713) 742-1497
Finnigan (KM 494H)	4900 Providence, 77020	(713) 678-7385
Judson Robinson Sr. (KM495L)	1422 Ledwick, 77029	(713) 674-2401
Melrose Park (KM 413T)	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	3725 Fulton, 77009	(713) 692-6925
Shady Lane (KM 414W)	10220 Shady Lane, 77093	(713) 742-1503
Tidwell (KM 454Y)	9720 Spaulding, 77016	(713) 636-8221
Tuffly (KM 454X)	3200 Russell, 77026	(713) 674-2355

NORTHWEST

Ind. Heights (KM 453N)	603 E. 35th, 77022	(713) 867-0373
Lincoln City (KM 412Q)	979 Grenshaw, 77088	(281) 445-1617
Montie Beach (KM 453X)	915 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	803 W. Temple, 77009	(713) 862-6907

SOUTHEAST

Edgewood (KM 534X)	5803 Bellfort, 77033	(713) 734-8434
Garden Villas (KM 535W)	6720 S. Haywood, 77061	(713) 847-5168
Hartman (KM 535C)	9311 E. Ave. P, 77012	(713) 928-4803
Mason (KM 535A)	541 South 75th, 77023	(713) 928-7055
Meadowcreek (KM 536S)	5333 Berry Creek, 77017	(713) 946-9020
Settegast (KM 494N)	3000 Garrow, 77003	(713) 238-2200

SOUTHWEST

Emancipation (KM 493Y)*	3018 Dowling, 77004	(713) 284-1302
Marian (KM 530X)	11101 S. Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	3502 Bellfort, 77051	(713) 734-5061
Windsor Village (KM 571P)	14441 Croquet, 77085	(713) 726-7113

*Games will be played at Sylvester Turner Park (KM 411Z) 2800 West Little York, 77091

JUNIOR *golf*

The First Tee of Houston at FM Law Park's, an affiliate of the national First Tee Program, mission is to positively impact the lives of young people in the Greater Houston area by "promoting character development and life-enhancing values through the game of golf." The curriculum is delivered by trained First Tee coaches .

PLAYer 6 Core Fun	7 - 8	In this level, the main focus will be on the participants understanding of the core values present in this level. They will also be taught golf swing fundamentals.
PLAYer 6 Golf Skills	7 - 8	In this level, the participants' understanding of the core values will be strengthened, but the main focus will be on improving their putting, chipping, and driving golf skills. A basic understanding of the parts of the golf course, and the clubs which are used on those parts must be shown through certification in order to move on to the PLAYer 6 League.
PLAYer 6 League	8 - 9	In this level, the participants' core value understanding will be tested, while they learn to play the game on the golf course. The participants must be able to play 6 holes in a safe and courteous manner, through certification, in order to move on to the PLAYer 9 Core Values level.
PLAYer 9 Core Fun	9 - 10	In this level, the main focus will be on the participants' understanding of the core values present in this level. They will also be taught golf swing fundamentals.
PLAYer 9 Golf Skills	9 - 10	In this level, the participants' core value understanding will be strengthened, but the main focus will be on improving their putting, chipping, and driving golf skills. A basic understanding of the parts of the golf course, and the clubs which are used on those parts must be shown through certification in order to move on the PLAYer 9 League.
PLAYer 9 League	10 - 11	In this level, the participants' core value understanding will be tested, while they learn to play the game on the golf course. The participants must be able to play 9 holes in a safe and courteous manner, through certification, in order to move on to the PAR Life Skills level.
PAR Life Skills	11 - 12	The main focus will be on the participants' understanding of the Life Skills present in this level. Their understanding of the game will also be increased
PAR Golf Skills	11 - 12	In this level, the participants' Life Skills understanding will be strengthened, but the main focus will be on the improvement of their putting, chipping, and driving golf skills. A thorough understanding of the PAR skills and completion of their PAR golf skills must be shown through certification in order to move on to the PAR league.
PAR League	12 - 13	In this level, the participants' Life skills understanding will be tested, while continue to learn to play the game on the golf course. The participants must be able to play 9 holes in a safe and courteous manner, through certification, in order to move on to the BIRDIE Life Skills level.
BIRDIE Life Skills	13 - 14	In this level, the participants will help to deliver PLAYer 6 level classes. Their understanding of the core values will once again be tested in this level. They must show a thorough understanding of the core values, and conduct a certification for a PLAYer 6 or 9 hole participant to be able to move on to the BIRDIE PAR level.
BIRDIE Player	13 - 14	In this level, the participants will help to deliver PLAYer 6 level classes. Their understanding of the core values will once again be tested in this level. They must show a thorough understanding of the core values, and conduct a certification for a PLAYer 6 or 9 hole participant to be able to move on to the BIRDIE PAR level.
BIRDIE Par	13 - 14	In this level, the participants will help to deliver PAR level classes. Their understanding of the core values will once again be tested in this level. They must show a thorough understanding of the PAR Life Skills, and conduct a certification for a PAR level participant to be able to move on to the BIRDIE Golf Skills Level.
BIRDIE Golf Skills	14 - 15	In this level, the participants' life skills will be strengthened, but the main focus will be on the participant's improvement of their golf game. A thorough understanding of the Life Skills, and a completion of their BIRDIE golf skills must be shown through certification in order to move on to the BIRDIE League.
BIRDIE League	14 - 15	In this level, the understanding of their Life skills will be tested on the golf course. The birdie league will play various golf courses in this level. The participants must be able to play 9 holes in a safe and courteous manner, through certification, in order to move on to the EAGLE Life Skills level.
EAGLE Life Skills	16 +	In this level, the main focus will be on the participants' understanding of the Life Skills present in this level. Their swing fundamentals will also be a primary focus. A basic understanding of the Life Skills must be shown through certification in order to move on to the EAGLE Player level.
EAGLE Player	16 +	Participants will help to deliver PLAYer 6 level classes. Their understanding of the core values will once again be tested in this level. They must show a thorough understanding of the core values and conduct a certification for a PLAYer 6 or 9 hole participant to be able to move on to the EAGLE PAR level.
EAGLE Par	16 +	In this level, the participants will help to deliver PAR level classes. Their understanding of the core values will once again be tested in this level. They must show a thorough understanding of the PAR Life Skills, and conduct a certification for a PAR level participant to be able to move on to the EAGLE Golf Skills Level.
EAGLE Golf Skills	16 +	In this level, the participants' life skills will be strengthened, but the main focus will be on the participant's improvement of their golf game. A thorough understanding of the Life Skills, and a completion of their BIRDIE golf skills must be shown through certification in order to move on to the EAGLE League.
EAGLE League	16 +	In this level, the understanding of their Life skills will be tested on the golf course. The birdie league will play various golf courses in this level. The participants must be able to play 9 holes in a safe and courteous manner, through certification, in order to move on to the ACE Life Skills level.



Ages: 7 – 18
Registration: July 25
 (Classes limited to first 40 registrants)
Fee: FREE
Parent Orientation: Aug 13
 (For Parents of New Participants Only) 10:00 a.m. or 1:00 p.m.
Session IV: Aug 23 – Oct 1
Session V: Oct 11 – Nov 19
Location: F.M. Law Park (KM 530K)
 8400 Mykawa Road
 (713) 264-2100
Information: thefirsttee@houston.tx.gov

All new participants are required to take our **PLAYEr** class regardless of golf skill level.

- * **Birdie PLAYer is the second level of Birdie. Birdie participants will help deliver PLAYer classes.**
- ** **League PLAY [PLAYer League, Par League, Birdie League] will be conducted on the course and will vary from week to week. Classes should not last more than 2 hours.**

Session I

Tuesday	Jan 3	-	Feb 7	PLAYer Core Fun	6:00 pm	1 to 1 1/2 Hour Class	FM Law Park Golf Course
Tuesday	Jan 3	-	Feb 7	Advanced PLAYer Core Fun	6:00 pm	1 to 1 1/2 Hour Class	FM Law Park Golf Course
Wednesday	Jan 4	-	Feb 8	PLAYer Golf Skills	6:00 pm	1 to 1 1/2 Hour Class	FM Law Park Golf Course
Wednesday	Jan 4	-	Feb 8	Advanced PLAYer Golf Skills	6:00 pm	1 to 1 1/2 Hour Class	FM Law Park Golf Course
Thursday	Jan 5	-	Feb 9	Par Life Skills	6:00 pm	1 to 1 1/2 Hour Class	FM Law Park Golf Course
Thursday	Jan 5	-	Feb 9	Par Golf Skills	6:00 pm	1 to 1 1/2 Hour Class	FM Law Park Golf Course
Saturday	Jan 7	-	Feb 11	PLAYer Core Fun	9:00 am - 10:00 am		FM Law Park Golf Course
Saturday	Jan 7	-	Feb 11	PLAYer Golf Skills	9:00 am - 10:00 am		FM Law Park Golf Course
Saturday	Jan 7	-	Feb 11	Advanced PLAYer Core Fun	10:30 am - 12:00 pm		FM Law Park Golf Course
Saturday	Jan 7	-	Feb 11	Advanced PLAYer Golf Skills	12:30 pm - 12:00 pm		FM Law Park Golf Course
Saturday	Jan 7	-	Feb 11	Par Life Skills	12:30 pm - 2:00 pm		FM Law Park Golf Course
Saturday	Jan 7	-	Feb 11	Par Golf Skills	12:30 am - 2:00 pm		FM Law Park Golf Course
Saturday	Jan 7	-	Feb 11	League PLAY **	1:00 pm		FM Law Park Golf Course

Session II

Tuesday	Feb 21	-	April 3	PLAYer Core Fun	6:00 pm -	1 to 1 1/2 Hour Class	FM Law Park Golf Course
Tuesday	Feb 21	-	April 3	Advanced PLAYer Core Fun	6:00 pm -	1 to 1 1/2 Hour Class	FM Law Park Golf Course
Wednesday	Feb 22	-	April 5	PLAYer Golf Skills	6:00 pm -	1 to 1 1/2 Hour Class	FM Law Park Golf Course
Wednesday	Feb 22	-	April 5	Advanced PLAYer Golf Skills	6:00 pm -	1 to 1 1/2 Hour Class	FM Law Park Golf Course
Thursday	Feb 23	-	April 7	Par Life Skills	6:00 pm -	1 to 1 1/2 Hour Class	FM Law Park Golf Course
Thursday	Feb 23	-	April 7	Par Golf Skills	6:00 pm -	1 to 1 1/2 Hour Class	FM Law Park Golf Course
Saturday	Feb 25	-	April 7	PLAYer Core Fun	9:00 am - 10:00 am		FM Law Park Golf Course
Saturday	Feb 25	-	April 7	PLAYer Golf Skills	9:00 am - 10:00 am		FM Law Park Golf Course
Saturday	Feb 25	-	April 7	Advanced PLAYer Core Fun	10:30 am - 12:00 pm		FM Law Park Golf Course
Saturday	Feb 25	-	April 7	Advanced PLAYer Golf Skills	10:30 pm - 12:00 pm		FM Law Park Golf Course
Saturday	Feb 25	-	April 7	Par Life Skills	12:30 pm - 2:00 pm		FM Law Park Golf Course
Saturday	Feb 25	-	April 7	Par Golf Skills	12:30 am - 2:00 pm		FM Law Park Golf Course
Saturday	Feb 25	-	April 7	Birdie Player	12:30 pm - 2:00 pm		FM Law Park Golf Course
Saturday	Feb 25	-	April 7	League PLAY **	1:00 pm		FM Law Park Golf Course

YOUTH TENNIS



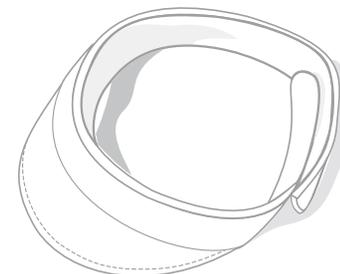
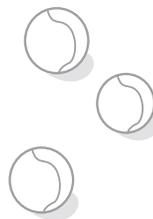
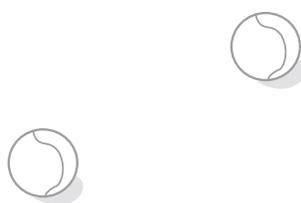
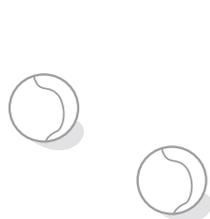
Winter / Spring Youth Tennis

The Youth Tennis Program is a **FREE** program offered at a variety of public parks throughout the year by the Houston Parks and Recreation Department (HPARD) in partnership with the Houston Tennis Association, Inc.- NJTL. The program is designed to provide children with the fundamentals of the game of tennis and educational components that develop life skills. Equipment is available for use during class. Classes meet two times per week for eight weeks. Online registration is available at www.houstonparks.org.

Ages: 6 - 18
Registration: Online or On Site First Day of Class
Fees: **FREE**
Program Dates: Jan 17 - March 8, 2012
 March 19 - May 10, 2012
Information: (713) 803-1112

Age	Class	Description	Time
6 - 10	Beginners	Emphasis on fun	4:15 pm - 5:15 pm
8 - 18	Beginners/Advanced Beginners	Emphasis on learning	5:15 pm - 6:15 pm
8 - 18	Intermediates *	Skill development/match play (must pass skills test)	6:15 pm - 7:15 pm

* Offered At Sites Marked With Asterisks



Memorial Park - HPARD Youth Tennis



Memorial Park - HPARD Youth Tennis

Winter - January 17 - March 8, 2012

Central

Cherryhurst (KM 492V)	T & Th	1700 Missouri, 77006	(713) 284-1992
Moody (KM 453Y)	M & W	3725 Fulton, 77009	(713) 692-6925

East

Finnigan (KM 494G)	M & W	4900 Providence, 77021	(713) 678-7385
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West

Bendwood (KM 489H)	M & W	12700 Kimberley, 77024	(713) 803-1112
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North

Melrose (KM 413T)	T & Th	1001 Canino, 77076	(281) 447-0514
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Northwest

R.L. & Cora Johnson (KM 450A) *	M & W	9920 Porto Rico, 77041	(713) 895-6141
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South

Sunnyside (KM 533X)	T & Th	3502 Bellfort, 77051	(713) 734-5061
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Southeast

Homer Ford (KM 534E) *	T & Th	5225 Calhoun, 77021	(713) 803-1112
Sagemont (KM 576Y) *	M & W	11507 Hughes, 77089	(713) 803-1112

Southwest

Alief (KM 529E) *	T & Th	11903 Bellaire, 77072	(281) 564-8130
Linkwood (KM 532P)	M & W	3699 Norris, 77025	(713) 314-3107

Spring - March 19 - May 10, 2012

Central

Cherryhurst (KM 492V)	T & Th	1700 Missouri, 77006	(713) 284-1992
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East

Finnigan (KM 494G)	M & W	4900 Providence, 77021	(713) 678-7385
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West

Nottingham (KM 489E)	M & W	14205 Kimberley, 77079	(713) 803-1112
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North

Melrose (KM 413T)	T & Th	1001 Canino, 77076	(281) 447-0514
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Northwest

R.L. & Cora Johnson (KM 450A) *	M & W	9920 Porto Rico, 77041	(713) 895-6141
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South

Sunnyside (KM 533X)	T & Th	3502 Bellfort, 77051	(713) 734-5061
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Southeast

Homer Ford (KM 534E) *	T & Th	5225 Calhoun, 77021	(713) 803-1112
Sagemont (KM 576Y) *	M & W	11507 Hughes, 77089	(713) 803-1112

Southwest

Alief (KM 529E) *	T & Th	11903 Bellaire, 77072	(281) 564-8130
Linkwood (KM 532P)	M & W	3699 Norris, 77025	(713) 314-3107
Meyerland (KM 531Q) *	T & Th	5151 Jason, 77096	(713) 803-1112

SKATEPARKS

Lee & Joe Jamail Skatepark
103 Sabine (KM 493K)

The Lee & Joe Jamail Skatepark is the first world-class in-ground skatepark that put Houston on the map as one of the nations best venues for this fast growing, dynamic sport. The Lee & Joe Jamail skatepark is a great place for skaters to work on their kick flip, Ollie, fakie big spin.... or to learn how to stay balanced!

Ages: 6 -17
Registration: See Schedule
Fees: FREE
Program Dates: 9:00 am - 10:00 pm , M - Sun
Location: 103 Sabine Street, 77007
Information: (713) 222-5500



Lee & Joe Jamail Skatepark

Clinton Skatepark
200 Mississippi (KM 495U)

This 12,070 square foot facility measures 142' X 85'. Components include half pipes, roll-in, bank ramp, quarter pipes, half pipe, street spine, jump box, grind rail 14', grind ledge 14', pyramid 6', grind rail square 12', grind rail round 12', and a grindbox (kinked).

Dylan Duncan Skatepark
3950 Rustic Woods (KM 297X)

This 5402 square foot facility measures 73' X 74'. Components include: a mini half pipe with 90' hip, skate benches, a kinked round grind rail, a kicker ramp, skate tables, a bank to stair with rail, shade structures with benches, drinking fountain and a bike rack in the shape of a skateboarder.

Eastwood Skatepark
5020 Harrisburg (KM 494T)

Eastwood skatepark is a 4,928 square foot facility measuring 88' X 56'. Components include: a concrete curb, a grind box, a grindrail, a concrete bench, a curved bench, a mini ramp with start wedge, a pyramid with planter and a wedge with box, grind rail (kinked round 20') and a sub box, bank ramp with kicker.

Joe and Theresa Padilla Skatepark
6200 Lyons (KM 494H)

The Joe and Theresa Padilla Skatepark is designed to give the skater a world-class workout on an exciting series of challenging features such as quarter pipes, bank ramps, grind boxes, and stairs and rails.

Watonga Skatepark
4100 Watonga Blvd (KM 451H)

The Watonga Skatepark is a 12,070 square foot facility measuring 142' X 85'. Components include half pipes, roll-in, bank ramp, quarter pipes, half pipe, street spine, jump box, grind rail 14', grind ledge 14', pyramid 6', grind rail square 12', grind rail round 12', grindbox (kinked), grind rail (kinked round 20'), sub box and a bank ramp with kicker.



Watonga Park Skatepark



Eastwood Park Skatepark

DISCgolf

Disc golf is an activity the entire family can enjoy. It is inexpensive, healthful and a great way to enjoy the outdoors. The Houston Parks and Recreation Department has five disc golf courses ranging from 9 to 18 holes in parks throughout the city. Disc golf courses are open to the public during normal park hours of operation.

To reserve a disc golf course for a special event, contact HPARD's Ball fields and Reservation Office at (832) 395-7010 and (832) 395-7011, Monday through Friday from 8 am to 5 pm.



Buffalo Bayou Park

Agnes Moffitt Park
10845 Hammerly (KM 449R)

Holes:	18
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Disc Catcher

Buffalo Bayou/Tinsley Park
103 Sabine

Holes:	18
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Disc Catcher

T.C. Jester Park
4201 T.C. Jester West (KM 451M)

Holes:	21
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Stroke Saver

Mason Park
541 South 75th St.(KM 535A)

Holes:	18
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Disc Catcher

MacGregor Park
525 Calhoun (KM 489E)

Holes:	18
Warm-up Basket:	Yes
Tee Type:	Asphalt
Basket Type:	Stroke Saver



Buffalo Bayou Park



ADULT *sports leagues*

Houston Parks and Recreation Department - Preserving Parks For Today - Building Parks For The Future



Get off of that couch and join an adult sports league! Flag Football, softball, volleyball, kickball and basketball leagues are offered at various parks throughout Houston. League play is open to adults ages 18 and over. Adult sports leagues require fees per team. Check www.houstonparks.org for more adult sports opportunities.

Adult Softball Spring I

Slow pitch softball leagues are offered year-round in select park sites throughout the city.

Divisions include Men's B/C/D, Co-ed C/D and Senior (50+). Games are played Monday - Friday, for a 5-week doubleheader season.

Ages: 18 - Older
Divisions: Men's B/C/D, Co-ed C/D and Seniors
Registration Dates: Jan 31 – Feb 18, 2011
Fee: \$250 - \$300 Per Team
ASA Fee: \$20.00 Per Calendar Year
League Dates: Feb 28 – April 15, 2011
League Format: 5-Week Doubleheader (10 games total)
Days: M - F
Time: 6:30 pm - 10:30 pm
Information: (832) 395-7130

Adult Softball Spring II

Slow pitch softball leagues are offered year-round in select park sites throughout the city.

Divisions include Men's B/C/D, Co-ed C/D and Senior (50+). Games are played Monday - Friday, for a 5-week doubleheader season.

Ages: 18 - Older
Divisions: Men's B/C/D, Co-ed C/D and Seniors
Registration Dates: Oct 3 - Oct 21
Fee: \$250 - \$300 Per Team
ASA Fee: \$20.00 Per Calendar Year
League Dates: Nov 1 - Dec 17
League Format: 5-Week Doubleheader (10 games total)
Days: Monday - Friday
Time: 6:30 pm - 10:30 pm
Information: (832) 395-7130

Locations:

Memorial Park (KM 492K)	6501 Memorial Drive, 77007
Cullen Park (KM 447S)	19008 Saums Road, 77084
Herman Brown Park (KM 496A)	300 Oates Road, 77013
T.C. Jester Park (KM 451M)	4201 West T.C. Jester, 77018
Cleveland Park/ Tim Hearn Field(KM 492M)	200 Jackson Hill, 77007



Adult Fall Flag Football League

Adult flag football leagues are offered during the fall and winter seasons.

Divisions include Men's C, Co-ed Open and Women's Open. Games are played on Tuesday, Wednesday and Thursday evenings for a 5-week doubleheader season.

Ages:	18 - Older
Divisions:	Men's A/B/C, Co-ed Open and Women's Open
Registration Dates:	Jan 31– Feb 18, 2011
Fee:	\$330 Per Team
League Dates:	Feb 28 - April 15, 2011
League Format:	5-Wk Doubleheader (10 games total)
Days:	W & Th
Time:	7:00 pm - 11:00 pm
Information:	(832) 395-7130

Locations:

Agnes Moffitt (KM 449R)	10645 Hammerly, 77043
T.C. Jester (KM 451M)	4201 West TC Jester, 77018





Adult Kickball Spring I

Come and enjoy the game you once played as a kid. Kickball is one of the fastest growing adult sports in the country.

Co-ed kickball leagues are offered year-round at sites throughout the city. Games are played Monday-Friday for a 5-week doubleheader season.

Ages: 18 - Older
Divisions: Co-ed D
Registration Dates: Jan 31 – Feb 18, 2011
Fee: \$180 Per Team
League Dates: Feb 28 – April 15, 2011
League Format: 5-Wk Doubleheader (10 games total)
Days: M, W, Th
Time: 6:30 pm - 9:30 pm
Information: (832) 395-7130

Adult Kickball Spring II

Come and enjoy the game you once played as a kid. Kickball is one of the fastest growing adult sports in the country.

Co-ed kickball leagues are offered year-round at sites throughout the city. Games are played Monday-Friday for a 5-week doubleheader season.

Ages: 18 - Older
Divisions: Co-ed D
Registration Dates: Oct 3 - Oct 21
Fee: \$180 Per Team
League Dates: Oct 31 - Dec 16
League Format: 5-Wk Doubleheader Season (10 games total)
Days: Monday and Wednesday
Time: 6:30 pm – 10:30 pm
Information: (832) 395-7130

Adult Basketball Spring I

Hoop it up this Fall by signing up for HPARD's Fall Adult Basketball League! This Men's Division League runs for 10 weeks (single elimination). Games are played at Judson Robinson Jr. Community Center, Moody Park Community Center, or at Townwood Park Community Center.

A team fee is required.

Ages: 18 - Older
Divisions: Men's
Registration Dates: Jan 31 – Feb18, 2011
Fee: \$320 Per Team
League Dates: Feb 28 – May 21, 2011
League Format: 10 - Week Single
Days: T or Th
Time: 6:30 pm - 10:30 pm
Information: (832) 395-7130

Locations:

J. Robinson, Jr. (KM 533B) 2020 Hermann, 77004
 Townwood (KM 572P) 3403 Simsbrook, 77051

Locations:

Memorial Park (KM492K) 6501 Memorial Drive, 77007 Fall and Winter

ADULT SENIOR sports leagues

The Adult Sports Section offers a variety of low-impact recreational sports programs for individuals 55 years and older. Programs such as pickle ball and table tennis are designed to provide opportunities for active living, improve health and fitness levels and enhance socialization with friends.

Senior Fall Pickle Ball

Pickle Ball is a game that is a mix between Table Tennis and Badminton played on a court smaller than a tennis court with wooden paddles.

This program is **FREE**.

Ages: 55 - Older
Divisions: Coed Recreational
Registration Dates: Aug 8 - Aug 26
Fee: **FREE**
League Dates: Sept 6 - Oct 21
Days: Tuesday
Time: 10:00 am - 11:30 am
Information: (832) 395-7273
Location: Tidwell Community Center
 9720 Spaulding, 77016

Senior Winter Pickle Ball

Pickle Ball is a game that is a mix between Table Tennis and Badminton played on a court smaller than a tennis court with wooden paddles.

This program is **FREE**.

Ages: 55 - Older
Divisions: Coed Recreational
Registration Dates: Oct 3 - Oct 21
Fee: **FREE**
League Dates: Nov 1 - Dec 13
Days: Tuesday
Time: 10:00 am - 11:30 am
Information: (832) 395-7273
Location: Tidwell Community Center
 9720 Spaulding, 77016

Senior Fall Table Tennis

Table Tennis is a game resembling lawn tennis and is played on a tabletop with wooden paddles and a small hollow plastic ball.

This program is **FREE**.

Ages: 55 - Older
Divisions: Coed Recreational
Registration Dates: Aug 8 - Aug 26
Fee: **FREE**
League Dates: Sept 6 - Oct 22
Days: Tuesday & Wednesday
Time: 10:00 am - 11:30 am
Information: (832) 395-7273

Senior Winter Table Tennis

Table Tennis is a game resembling lawn tennis and is played on a tabletop with wooden paddles and a small hollow plastic ball.

This program is **FREE**.

Ages: 55 - Older
Divisions: Coed Recreational
Registration Dates: Oct 3 - Oct 21
Fee: **FREE**
League Dates: Nov 1 - Dec 14
Days: Tuesday & Wednesday
Time: 10:00 am - 11:30 am
Information: (832) 395-7273

Locations:

Tidwell Park Community Center (KM 454D) 9720 Spaulding, 77016
 Hobart Taylor Park Community Center (KM 455Q) 8100 Kenton, 77028



Fonde Rec Center

ADULT FITNESS

The Houston Parks and Recreation Department offers a variety of fitness opportunities to help keep Houstonians fit. We offer more than 100 miles of walking/jogging trails in and around our parks. In addition, there are exercise workstations located along some of our trails as well as indoor and outdoor basketball courts, outdoor tennis court and swimming pools, disc golf and golf courses and community center fitness programs designed to meet the needs of all Houstonians. So if you're looking for a fun way to get fit check out HPARD's many offerings and workout at a park near you!

Adult Step Aerobics

Burn off those unwanted pounds in step aerobics classes for adults. Step classes are available for all levels. Classes range from medium intensity cardio workouts focusing on simple step routines to highly choreographed step routines for the advanced stepper, frequent exerciser, or experienced dancer. Check with the individual community center for more information. All classes are **FREE** unless otherwise noted.

Ages: 18 - Older
Registration: Ongoing
Program Dates: Year round
Times: Varies by Community Center
Information: Contact Community Center

NORTHEAST

Clark (KM 453B)	M - F	9:00 am - 11:00 am	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	M - Th	6:00 pm - 7:00 pm	9718 Clark, 77076	(713) 742-1497
Denver Harbor (KM 494H)	M - Th	6:00 pm - 7:00 pm	6402 Market, 77020	(713) 675-2151
Finnigan (KM 494H)	T, W, & Th	6:00 pm - 7:00 pm	4900 Providence, 77020	(713) 678-7385
Melrose (KM 413T)	M, W & F	9:00 am - 10:00 am	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	M & W	7:00 pm - 8:00 pm	3725 Fulton, 77009	(713) 692-6925
Shady Lane (KM 414W)	T & W	9:00 am - 10:30 am	10220 Shady Lane, 77093	(713) 742-1503
Tuffly (KM 454X)	M - W	6:15 pm - 7:15 pm	3200 Russell Street, 7702	(713) 674-2355

NORTHWEST

Freed (KM 451Y)	M - Th	5:30 pm - 6:30 pm	6818 Shady Villa, 77055	(713) 682-4467
Lincoln (KM 412Q)	T & Th	6:00 pm - 7:00 pm	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	T & Th	1:00 pm - 2:00 pm	1000 W 12th, 77008	(713) 867-0497

SOUTHEAST

Edgewood (KM 534X)	M - Th	6:30 pm - 7:30 pm	5803 Bellfort, 77033	(713) 734-8434
Hartman (KM 535C)	M - Th	6:30 pm - 7:30 pm	9311 E Ave P, 77012	(713) 928-4803

SOUTHWEST

Sunnyside (KM 533X)	M, T, Th & F	5:30 pm - 6:30 pm	3502 Bellfort, 77051	(713) 734-5061
Townwood (KM 572P)	T & Th	6:30 pm - 8:00 pm	3403 Simsbrook, 77045	(713) 434-3508
Windsor Village (KM 571P)	M - Th	6:00 pm - 7:00 pm	14441 Croquet, 77085	(713) 726-7113

* Concessionaire Class - Call Community Center For Cost Information.



Adult Aerobics

Grapevine-step your way into a great cardio workout with adult aerobic classes. Classes are offered during the week at lunchtime and in the evenings. Call the community center nearest you for more information. All classes are **FREE** unless otherwise noted.

NORTHEAST

Denver Harbor (KM 494H)	M - Th	6:00 pm - 7:00 pm	6402 Market, 77020	(713) 675-2151
Melrose (KM 413T)	M - F	6:00 pm - 7:00 pm	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	M - Th	8:30 am - 9:30 am	3725 Fulton, 77009	(713) 692-6925
Moody (KM 453Y)	M - F	6:00 pm - 7:00 pm	3725 Fulton, 77009	(713) 692-6925
Moody (KM 453Y)	M - Th	8:30 am - 9:30 am	3725 Fulton, 77009	(713) 692-6925

NORTHWEST

Fonde (KM 493K)	T - Th	12:15 pm - 12:45 pm	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	M - Th	5:30 pm - 6:30 pm	6818 Shady Villa, 77055	(713) 682-4467
J. Robinson, Jr. (KM 533B)*	M, T, & W	6:00 pm - 7:00 pm	2020 Hermann Dr., 77004	(713) 284-1997
Highland (KM 451D)	T & Th	6:30 pm - 7:30 pm	3316 DeSoto, 77091	(713) 956-9137
Lincoln (KM 412Q)	T & Th	6:00 pm - 7:00 pm	979 Greshaw, 77088	(281) 445-1617
Montie Beach (KM 453X)	M, T & Th	9:00 am - 10:00 am	915 Northwood, 77009	(713) 864-6820

SOUTHEAST

Beverly Hills (KM 576S)	W - Th	6:00 pm - 7:00 pm	10201 Kingspoint, 77075	(713) 948-9065
Eastwood (KM 494T)	M - Th	6:00 pm - 7:00 pm	5020 Harrisburg, 77011	(713) 928-4801
Edgewood (KM 531X)	M, W & Th	6:30 pm - 7:30 pm	5803 Bellfort, 77021	(713) 734-8434
Garden Villas (KM 535W)	M, T, & Th	6:00 pm - 7:00 pm	6720 S. Haywood, 77061	(713) 847-5168
Hartman (KM 535C)	T, W, & Th	6:30 pm - 7:30 pm	9311 E. Ave. P., 77012	(713) 928-4803
Mason (KM 635A)	M - Th	6:00 am - 7:00 am	541 S. 75th, 77023	(713) 928-7055
Mason (KM 635A)	M - Th	8:30 am - 9:30 am	541 S. 75th, 77023	(713) 928-7055
Settegast (KM 494N)	M - Th	9:30 am - 10:30 am	3000 Garrow, 77003	(713) 238-2200

SOUTHWEST

Marian (KM 530X)	M - Th	6:00 pm - 7:00 pm	11101 South Gessner, 77071	(713) 773-7015
Platou (KM 571B)	T & Th	6:00 pm - 7:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Sunnyside (KM 533X)	M - F	5:30 pm - 6:30 pm	3502 Bellfort, 77051	(713) 734-0757
Townwood (KM 572P)	M, T & Th	7:00 pm - 8:00 pm	3403 Simsbrook, 77045	(713) 434-3508
Windsor Village (KM 571 P)	M & W	6:00 pm - 7:00 pm	14441 Croquet, 77085	(713) 726-7112

* **Concessionaire Class - Call Community Center For Cost Information.**

Adult Aerobics Muscle Toning

This class focuses on increasing strength and improving muscle tone, which will help you burn calories even while you're not working out! The class uses weights, bands, bars and the step. Check with individual community center for more information. All classes are **FREE** unless otherwise noted.

Ages:	18 - Older
Registration:	Ongoing
Program Dates:	Year round
Times:	Varies by Community Center
Days:	Tuesday
Information:	Contact Community Center

NORTHEAST

Clark (KM 453B)	M - F	10:00 am - 11:00 am	9718 Clark, 77076	(713) 742 -1497
Clark (KM 453B)	M - Th	7:00 pm - 7:30 pm	9718 Clark, 77076	(713) 742 -1497
Moody (KM 453Y)	W	6:00 pm - 7:00 pm	3725 Fulton, 77009	(713) 692-6925

SOUTHWEST

Hackberry (KM 528M)	M, W & F	10:00 am - 11:30 am	7777 S. Dairy Ashford, 77072	(281) 776 - 9908
Hackberry (KM 528M)	T & Th	5:30 pm - 6:00 pm	7777 S. Dairy Ashford, 77072	(281) 776 - 9908

FITNESS CENTERS

Fitness Centers

HPARD's five Fitness Centers are equipped with state of the art fitness equipment and are open year round. Workout times and fees vary by community center. All centers are close in and are reasonably priced. Contact individual fitness centers for more detailed information.

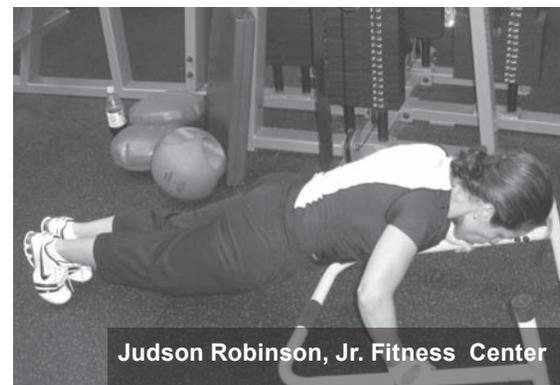
Memorial Park Fitness Center

Work out and get fit right in the middle of Memorial Park! The Memorial Park Fitness Center is equipped with weights and cardiovascular equipment. An Olympic size outdoor swimming pool (open during the summer and into the fall for lap swimming based on temperature), showers and lockers.

Ages: 18 - Older
Program Dates: Year Round
Hours: 6:00 am – 8:00 pm, M - F
 8:00 am – 4:00 pm, Sat
 8:00 am – 12:00 pm, Sun
Location: Memorial Park (KM 492K)
 6402 Arnot, 77007
Information: (713) 802-1662

Fee Schedule

Monthly membership	\$20.00
Daily membership	\$ 1.75
Shower rental	\$.75
Towel rental	\$.50
Lap Pool Swimming	\$ 1.00
	(when open)



Judson Robinson, Jr. Fitness Center

Judson Robinson, Jr. Fitness Center

The Judson Robinson, Jr. Fitness Center is located inside of Hermann Park. The center is equipped with weights and cardiovascular equipment for your fitness needs. The center is open year round.

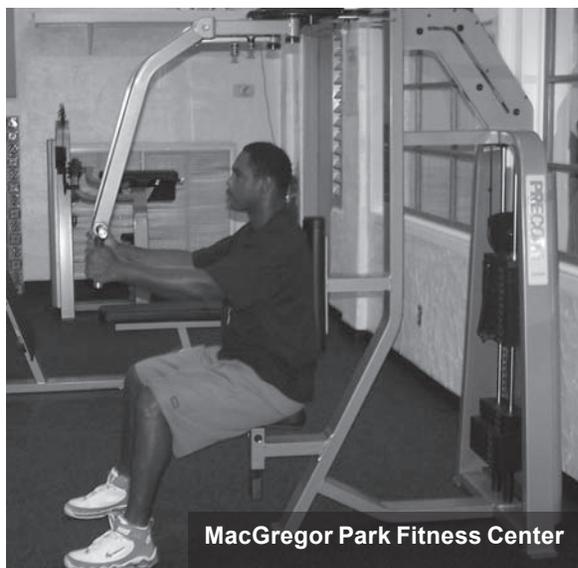
In addition to the Fitness Center, J Robinson, Jr offers basketball, racquetball and a number of other fitness activities. Contact J Robinson Jr Community Center for more information.

Note: The weight room is closed Mon - Thurs from 3:00 pm - 3:30 pm for cleaning.

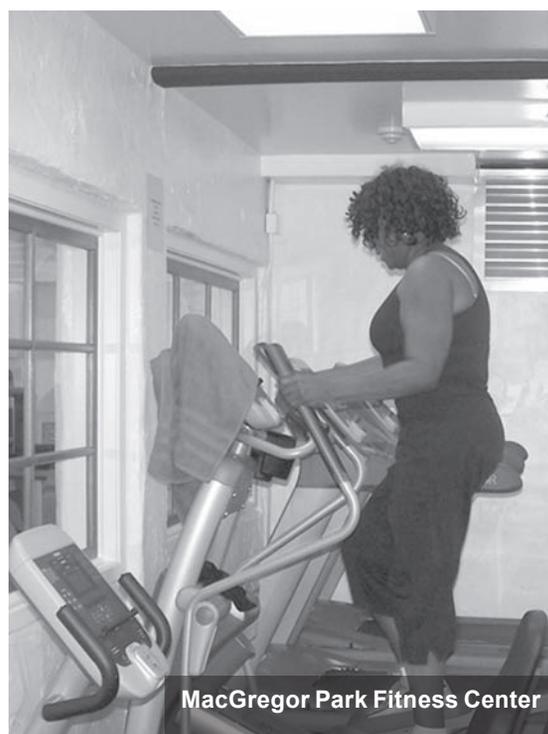
Ages: 18 - Older
Program Dates: Year Round
Early Morning Workout: 6:00 am - 9:00 am, M - F
Fitness Center Hours: 10:00 am - 8:00 pm, M - Th
 10:00 am - 2:00 pm, Sat
 10:00 am - 4:00 pm, F
Ladies Night Hours: 6:00 pm - 8:00 pm, Th
Racquetball Court Hours: 9:00 am - 8:00 pm, M - F
 10:00 am - 2:00 pm, Sat
Location: J Robinson, Jr., (KM 533B)
 2020 Hermann Dr, 77004
Information: (713) 284-1997

Fee Schedule

Early Morning Workout:	\$20.00 / month
Racquetball	\$1.50 / half hour
Court Rental Fees:	\$3.00 / hour



MacGregor Park Fitness Center



MacGregor Park Fitness Center



Fonde Fitness Center



Memorial Park Fitness Center

Fonde Fitness Center

The Fonde Recreation Center, home to some of basketball's greatest players, is also a great place to get fit!

Conveniently located near downtown off of Memorial Drive and Sabine Street, Fonde offers lunch-time fitness opportunities.

Fonde features a state-of-the-art weight room, showers and lockers as well as a full-court gym and aerobics room all **FREE** to help you meet your fitness goals.

Ages: 18 - Older
Program Dates: Year Round
Hours: 9:00 am - 7:00 pm, M-F
 1:00 pm - 7:00 pm, Sat
Location: Fonde (KM 493K)
 110 Sabine, 77002
Information: (713) 226-4466

MacGregor Fitness Center

The MacGregor Fitness Center is located in MacGregor Park. The facility is features full-service weight room equipment.

Showers and lockers are available next door at the Homer Ford Tennis Center for a \$.75 fee each.

A covered, full-court basketball pavilion and a 1.25 mile jogging trail are conveniently located near the center.

Ages: 18 - Older
Fee: No membership fees
Program Dates: Year Round
Hours: 7:00 am - 7:00 pm, M - F
Location: MacGregor (KM 534K)
 5225 Calhoun, 77021
Information: (713) 747-8650

Hackberry Fitness Center

The Hackberry Fitness Center is the newest HPARD fitness center. It is equipped with weights and cardiovascular equipment for your fitness needs.

The center is open year round. Contact the Hackberry Park Community Center for more information.

Ages: 18 - Older
Fee: No membership fees
Program Dates: Year Round
Hours: 10:00 am - 8:00 pm,
 M - F
 10:00 am - 2:00 pm, Sat
Location: Hackberry (KM 528M)
 7777 S Dairy Ashford,
 77072
Information: (281) 776-9908

Community Center Weight Rooms

In addition to HPARD's Fitness Centers, many community centers offer weight-training facilities and many feature indoor gyms. Hours of operation vary by location and season, so call the community center nearest you for information. Please note: Showers and lockers **ARE NOT AVAILABLE** at these centers.



NORTHEAST

Finnigan (KM 494H)	M - F	8:00 pm - 7:00 pm	4900 Providence, 77020	(713) 678-7385
Moody (KM 453Y)	M, W & F	7:00 pm - 8:00 pm	3725 Fulton, 77009	(713) 692-6925
Moody (KM 453Y)	S	10:00 am - 1:30 pm	3725 Fulton, 77009	(713) 692-6925
Shady Lane (KM 414W)	M - Th	4:00 pm - 8:00 pm	10220 Shady Lane, 77093	(713) 742-1503
Shady Lane (KM414W)	F	4:00 pm - 6:00 pm	10220 Shady Lane, 77093	(713) 742-1503

NORTHWEST

Highland (KM 451D)	M - F	12:00 pm - 2:00 pm	3316 DeSoto, 77091	(713) 956-9137
J Robinson, Jr (KM 533B) *	M - F	6:00 am - 9:00 am	2020 Hermann, 77004	(713) 284-1997
Lincoln (KM 412Q)	M - Th	8:00 am - 8:00 pm	979 Greshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	F	8:00 am - 6:00 pm	979 Greshaw, 77088	(281) 445-1617
Love (KM 452Z)	M - Th	1:00 pm - 8:00 pm	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	F	1:00 pm - 7:00 pm	1000 West 12th, 77008	(713) 867-0497
Woodland (KM 493C)	M - F	1:00 pm - 7:00 pm	212 Parkview, 77009	(713) 867-0401

SOUTHEAST

Hartman (KM 535C)	M - F	6:00 pm - 9:00 pm	9311 E. Ave. P, 77012	(713) 928-4803
Mason (KM 535A)	M - F	11:00 am - 2:30 pm	541 South 75th, 77023	(713) 928-7055
Mason (KM 535A)	M - F	5:30 pm - 8:00 pm	541 South 75th, 77023	(713) 928-7055

SOUTHWEST

Alief (KM 529E)	M - Th	1:00 pm - 3:00 pm	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	M - F	6:00 pm - 9:00 pm	11903 Bellaire, 77072	(281) 564-8130
Emancipation (KM 493Y)	M - F	1:00 pm - 3:00 pm	3018 Dowling, 77004	(713) 284-1301
Emancipation (KM 493Y)	M - F	6:00 pm - 9:00 pm	3018 Dowling, 77004	(713) 284-1301
Hackberry (KM 528M)	M - F	1:00 pm - 8:00 pm	7777 S. Dairy Ashford, 77072	(281) 776-9908
Marian (KM 530X)	M - Th	1:00 pm - 3:00 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	M - Th	5:00 pm - 8:00 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	F	1:00 pm - 3:00 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	F	5:30 pm - 7:30 pm	11101 South Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	M - Th	6:00 pm - 8:00 pm	3502 Bellfort, 77051	(713) 734-5061
Sunnyside (KM 533X)	M - W	1:00 pm - 3:00 pm	3502 Bellfort, 77051	(713) 734-5061
Sunnyside (KM 533X)	S	10:00 am - 2:00 pm	3502 Bellfort, 77051	(713) 734-5061

Houston Parks and Recreation Department - (832) 395-7000

Adult Weight Training

If you've hesitated to start a strength training program, it may motivate you to know that lifting weights will raise your metabolism, since muscle burns more calories than fat. It will strengthen your bones, an important issue for everyone, particularly women. It will increase your muscular endurance, coordination, and sense of balance, which will help you avoid injuries. All sessions listed below are FREE unless otherwise noted. Check with individual community centers for more information.

Ages:	18 - Older
Registration:	Ongoing
Program Dates:	Year round
Times:	Varies by Community Center
Information:	Contact Community Center

NORTHEAST

Finnigan (KM 495H)	M	11:00 am - 12:00 pm	4900 Providence, 77020	(713) 678-7385
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NORTHWEST

Fonde (KM 493K)	M - F	9:00 am - 7:00 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	S	1:00 pm - 7:00 pm	110 Sabine, 77002	(713) 226-4466
Highland (KM 451D)	M - F	12:00 pm - 2:00 pm	3316 DeSoto, 77091	(713) 956-9137
J. Robinson, Jr. (KM 533B) *	M - F	6:00 am - 9:00 am	2020 Hermann, 77004	(713) 284-1997
J. Robinson, Jr. (KM 533B) *	M - Th	9:00 am - 3:30 pm	2020 Hermann, 77004	(713) 284-1997
J. Robinson, Jr. (KM 533B) *	M - Th	4:00 pm - 8:00 pm	2020 Hermann, 77004	(713) 284-1997
J. Robinson, Jr. (KM 533B) *	F	9:00 am - 4:00 pm	2020 Hermann, 77004	(713) 284-1997
J. Robinson, Jr. (KM 533B) *	S	10:00 am - 2:00 pm	2020 Hermann, 77004	(713) 284-1997
Love (KM 452Z)	M - F	1:00 pm - 8:00 pm	1000 West 12th, 77008	(713) 867-0497
Woodland (KM 493C) *	M - Th	1:00 p.m - 3:00 pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C) *	M - Th	6:00 pm - 8:00 pm	212 Parkview, 77009	(713) 867-0401

SOUTHWEST

Sunnyside (KM 533X)	M - W	5:30 pm - 7:00 pm	3502 Belfort, 77051	(713) 734-5061
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* **Concessionaire Class - Call Community Center For Cost Information.**

Gyms

Enjoy open basketball, volleyball or badminton at HPARD gyms. Call your local community center for their sports offerings.

Alief (KM 529E)	11903 Bellaire, 77072	(281) 564-8130
Burnett Bayland (KM 531B)	6200 Chimney Rock, 77081	(713) 668-4516
Candlelight (KM 452E)	1520 Candlelight, 77018	(713) 682-3587
Denver Harbor (KM 494H)	6402 Market, 77020	(713) 675-2151
Emancipation (KM 493Y)	3018 Dowling, 77004	(713) 284-1302
Finnigan (KM 494H)	4900 Providence, 77020	(713) 678-7385
Fonde (KM 493K)	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	6818 Shady Villa, 77055	(713) 682-4467
Hartman (KM 535C)	9311 E. Ave. P, 77012	(713) 928-4803
Judson Robinson, Jr. (KM 533B)	2020 Hermann Drive, 77004	(713) 284-1997
Kendall (KM 488C)	609 N. Eldridge Parkway, 77079	(832) 393-1898
Lincoln (KM 412Q)	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	1000 West 12th, 77008	(713) 867-0497
Marian (KM 530X)	11101 South Gessner, 77071	(713) 773-7015
Mason (KM 535A)	541 S. 75th, 77023	(713) 928-7055
Melrose (KM 413T)	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	3725 Fulton, 77009	(713) 692-6925
Stude (KM 493E)	1031 Stude, 77007	(713) 867-0496
Sunnyside (KM 533X)	3502 Belfort, 77051	(713) 734-5061
Tidwell (KM 454D)	9720 Spaulding, 77016	(713) 636-8221
Townwood (KM 572P)	3403 Simsbrook, 77045	(713) 434-3508
Woodland (KM 493C)	212 Parkview, 77009	(713) 867-0401

Houston Parks and Recreation Department - (832) 395-7000

Fitness Classes

Houston let's get moving! Join a fitness class at your local community center. Activities include weight training, aerobics and circuit training. Call the nearest community center.

Ages: 18 - Older
Registration: Aug 7 - Ongoing
Program Dates: Sept 7- Dec 18, 2010
Times: Varies by Community Center
Information: Contact Community Center



NORTHEAST

Denver Harbor (KM 494H)	Line Dance	T	6:00 pm	7:00 pm	6402 Market, 77020	(713) 675-2151
Finnigan (KM 494H)	Zumba	M	6:00 pm	7:00 pm	1520 Candlelight, 77018	(713) 682-3587
Finnigan (KM 494H)	Yoga	M & Th	10:00 am	11:00 am	1520 Candlelight, 77018	(713) 682-3587
Hobart Taylor (455Q)	Line Dance	M	10:00 am	12:00 pm	8100 Kenton, 77028	713) 674-3959
Shady Lane (KM 414W)	Zumba	M & F	9:00 am	10:30 am	10220 Shady Lane, 77093	(713) 742-1503
Shady Lane (KM 414W)	Zumba	T	10:30 am	12:00 pm	10220 Shady Lane, 77093	(713) 742-1503
Tidwell (KM 454D)	Zumba	T, Th	6:30 pm	7:30 pm	9720 Spaulding, 77016	(713) 636-8221

NORTHWEST

Candlelight (KM 452E)	Line Dance	M	6:00 pm	8:00 pm	1520 Candlelight, 77018	(713) 682-3587
Fonde (KM 493K)	Kickboxing	T & Th	12:15 pm	12:45 pm	110 Sabine, 77002	(713) 226-4466
J Robinson, Jr (KM 533B)	Line Dance	W	10:00 am	11:00 pm	2020 Hermann Dr, 77004	(713) 284-1997
J Robinson, Jr (KM 533B) *	Line Dance	M	7:00 pm	8:30 pm	2020 Hermann Dr, 77004	(713) 284-1997
Kendall (KM 488C)	Tai Chi	M, W & F	9:00 am	10:00 am	609 N Eldridge	(832) 393-1897
Kendall (KM 488C)	Tai Chi	M, W & F	6:30 pm	8:30 pm	609 N Eldridge	(832) 393-1897
Kendall (KM 488C)	Yoga	M	10:30 am	11:30 am	609 N Eldridge	(832) 393-1897
Kendall (KM 488C)	GRIP (martial arts)	T & Th	9:00 am	10:00 am	609 N Eldridge	(832) 393-1897
Kendall (KM 488C)	GRIP (martial arts)	S	1:00 pm	2:00 pm	609 N Eldridge	(832) 393-1897
Kendall (KM 488C)	Badminton	T & Th	6:00 pm	7:00 pm	609 N Eldridge	(832) 393-1897
Kendall (KM 488C) *	Pilates	T & Th	7:30 pm	8:30 pm	609 N Eldridge	(832) 393-1897
Lincoln (KM 412Q)	Yoga	W & Th	9:30 am	10:30 am	979 Greshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Line Dance	M	9:30 am	12:30 pm	979 Greshaw, 77088	(281) 445-1617
Love (KM 452Z)	Zumba	M & F	6:30 pm	8:30 pm	1000 W 12th Street, 77008	(713) 867-0497
Love (KM 452Z)	Tai Chi	M & W	10:00 am	11:00 am	1000 W 12th Street, 77008	(713) 867-0497
Love (KM 452Z)	Line Dance	T	6:00 pm	8:00 pm	1000 W 12th Street, 77008	(713) 867-0497
Montie Beach (KM 453X) *	Zumba	W & F	9:00 am	10:00 am	915 Northwood, 77009	(713) 864-6820
Montie Beach (KM 453X)	Tai Chi	M & W	11:00 am	12:00 pm	915 Northwood, 77009	(713) 864-6820
Montie Beach (KM 453X) *	Zumba	T & Th	6:00 pm	7:00 pm	915 Northwood, 77009	(713) 864-6820
Montie Beach (KM 453X)	P90X	M	6:00 pm	7:00 pm	915 Northwood, 77009	(713) 864-6820
Montie Beach (KM 453X)	P90X	W	6:30 pm	7:30 pm	915 Northwood, 77009	(713) 864-6820
Montie Beach (KM 453X) *	Zumba	M, T & Th	7:00 pm	8:00 pm	915 Northwood, 77009	(713) 864-6820
Stude (KM 493E)	Zumba	T - Th	7:00 pm	8:00 pm	1031 Stude, 77007	(713) 867-0496
Woodland (KM 493C)	Fitness	M - Th	6:00 pm	8:00 pm	212 Parkview, 77009	(713) 734-5061

* Concessionaire Class - Call Community Center For Cost Information.



SOUTHEAST

Bessie Swindle (KM 573L)	Senior Aerobics	M & W	10:00 am - 11:30 am	11800 Scott, 77047	(713) 773-4581
Beverly Hills (KM 576S)	Senior Aerobics	M & W	10:00 am - 11:30 am	10201 Kingspoint, 77075	(713) 948-9065
Crestmont (KM 574J)	Line Dance	T	9:00 am - 1:00 pm	5200 Selinsky, 77048	(713) 733-2236
Garden Villas (KM 535W)	Fitness	M, T, Th	6:00 pm - 7:00 pm	6720 S. Haywood, 77061	(713) 948-9065
Ingrando (KM 535F)	Fitness	T - Th	6:30 pm - 7:30 pm	7302 Keller, 77012	(713) 643-4764
Meadowcreek (KM 536S)	Line Dance	T	9:00 am - 1:00 pm	5333 Berry Creek, 77017	(713) 946-9020

SOUTHWEST

Hackberry (KM 528M)	Core Training	T & Th	10:00 am - 4:30 pm	7777 S. Dairy Ashford, 77072	(281) 776-9908
Sunnyside (KM 533X)	Line Dance	M	9:00 am - 10:30 am	3502 Bellfort, 77051	(713) 734-5061
Sunnyside (KM 533X)	Senior Pickleball	M	10:30 am - 11:30 am	3502 Bellfort, 77051	(713) 734-5061
Sunnyside (KM 533X)	Adult Aerobic	M - Th	5:30 pm - 6:30 pm	3502 Bellfort, 77051	(713) 734-5061
Sunnyside (KM 533X)	Boot Camp	F	5:30 pm - 6:30 pm	3502 Bellfort, 77051	(713) 734-5061

* Concessionaire Class - Call Community Center For Cost Information.

Houston Parks and Recreation Department - (832) 395-7000

Adult Basketball Freeplay

Sign up today to play one of the most popular and widely viewed sports in the world Basketball! There are a variety of basketball courts and games available for you to choose from. Check with individual community centers for more information.



Denver Harbor Community Center

NORTHEAST

Denver Harbor (KM 494H)	Freeplay BB	M - F	1:00 pm - 3:00 pm	6402 Market, 77020	(713) 675-2151
Denver Harbor (KM 494H)	Freeplay BB	M - Th	6:00 pm - 9:00 pm	6402 Market, 77020	(713) 675-2151
Denver Harbor (KM 494H)	Freeplay BB	F	6:00 pm - 8:00 pm	6402 Market, 77020	(713) 675-2151
Melrose (KM 413T)	Freeplay BB	M - F	1:00 pm - 3:00 pm	1001 Canino, 77076	(281) 447-0514
Melrose (KM 413T)	Freeplay BB	M - Th	6:00 pm - 9:00 pm	1001 Canino, 77076	(281) 447-0514
Melrose (KM 413T)	Freeplay BB	F	6:00 am - 8:00 pm	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	Freeplay BB	M - F	1:00 pm - 3:00 pm	3725 Fulton, 77009	(713) 692-6925
Moody (KM 453Y)	Freeplay BB	T	6:00 pm - 9:00 pm	3725 Fulton, 77009	(713) 692-6925
Tidwell (KM 454D)	Freeplay BB	M & W	6:30 pm - 8:00 pm	9720 Spaulding, 77016	(713) 636-8221

NORTHWEST

Candlelight (KM 452E)	Freeplay BB	M - F	1:00 pm - 3:00 pm	1520 Candlelight, 77018	(713) 682-3587
Candlelight (KM 452E)	Freeplay BB	T - Th	6:00 pm - 8:30 pm	1520 Candlelight, 77018	(713) 682-3587
Candlelight (KM 452E)	Freeplay BB	F	6:00 pm - 7:00 pm	1520 Candlelight, 77018	(713) 682-3587
Fonde (KM 493K)	Full Court BB	M - F	9:00 am - 12:30 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Full Court BB	S	1:00 pm - 4:00 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Ladies Night BB	Th	6:30 pm - 9:00 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	3 on 3 BB	M, W & Th	12:30 pm - 9:00 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	3 on 3 BB	T & F	12:30 pm - 6:00 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	3 on 3 BB	S	4:00 pm - 7:00 pm	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	Freeplay BB	F	6:30 pm - 9:00 pm	6818 Shady Villa, 77055	(713) 682-4467
Freed (KM 451Y)	3 on 3 BB	Th	5:00 pm - 7:00 pm	6818 Shady Villa, 77055	(713) 682-4467
J. Robinson, Jr. (KM 533B)	Freeplay BB	M - F	10:00 am - 2:00 pm	2020 Hermann Dr., 77004	(713) 284-1997
J. Robinson, Jr. (KM 533B)	Freeplay BB	T	6:00 pm - 9:00 pm	2020 Hermann Dr., 77004	(713) 284-1997
Kendall (KM 488C)	Freeplay BB	M - Th	6:00 pm - 9:00 pm	609 N. Eldridge, 77079	(832) 393-1897
Kendall (KM 488C)	Freeplay BB	F	6:00 pm - 8:00 pm	609 N. Eldridge, 77079	(832) 393-1897
Lincoln (KM 412Q)	Freeplay BB	M & W	6:00 pm - 8:00 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Freeplay BB	T & Th	7:00 pm - 8:00 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Freeplay BB	M, W & F	12:00 pm - 3:00 pm	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	Freeplay BB	S	10:00 am - 2:00 pm	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	Freeplay BB	Th	6:00 pm - 9:00 pm	1000 West 12th, 77008	(713) 867-0497
Woodland (KM 493C)	Freeplay BB	M - F	1:00 pm - 3:00 pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Freeplay BB	M - Th	6:00 pm - 9:00 pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Freeplay BB	F	6:00 pm - 8:00 pm	212 Parkview, 77009	(713) 867-0401
25 Woodland (KM 493C)	Freeplay BB	S	10:00 am - 2:00 pm	212 Parkview, 77009	(713) 867-0401



SOUTHEAST

Edgewood (KM 534X)	GYM Closed for Repairs		5803 Bellfort, 77033	(713) 734-8434
Hartman (KM 535C)	Freeplay BB	M - TH 12:00 pm - 3:00 pm	9311 Ave. P., 77012	(713) 928-4803
Hartman (KM 535C)	Freeplay BB	F 1:00 pm - 3:00 pm	9311 Ave. P., 77012	(713) 928-4803
Mason (KM 535A)	Freeplay BB	M, W, F 12:30 pm - 2:30 pm	541 South 75th St, 77023	(713) 928-7055
Mason (KM 535A)	Freeplay BB	F 6:00 pm - 8:00 pm	541 South 75th St, 77023	(713) 928-7055

SOUTHWEST

Alief (KM 529E)	Freeplay BB	M - F 1:00 pm - 3:00 pm	11903 Bellaire , 77072	(281) 564-8130
Alief (KM 529E)	Freeplay BB	S 10:00 am - 2:00 pm	11903 Bellaire , 77072	(281) 564-8130
Bayland (KM 531B)	Freeplay BB	M - F 1:00 pm - 6:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Bayland (KM 531B)	Freeplay BB	S 10:00 am - 2:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Emancipation (KM 493Y)	Freeplay BB	M - F 1:00 pm - 9:00 pm	3018 Dowling, 77004	(713) 284-1301
Marian (KM 530X)	Freeplay BB	M - F 1:00 pm - 3:00 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Freeplay BB	T & Th 6:00 pm - 8:30 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Freeplay BB	S 10:00 am - 2:00 pm	11101 South Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	Freeplay BB	M - F 1:00 pm - 9:00 pm	3502 Bellfort, 77051	(713) 734-5061
Sunnyside (KM 533X)	Freeplay BB	S 10:00 am - 2:00 pm	3502 Bellfort, 77051	(713) 734-5061
Townwood (KM 572P)	Freeplay BB	M - F 1:00 pm - 9:00 pm	3403 Simsbrook, 77051	(713) 434-3508
Townwood (KM 572P)	Freeplay BB	S 10:00 am - 2:00 pm	3403 Simsbrook, 77051	(713) 434-3508

ADULT WALKING CLUBS

Get fit while enjoying the sights of your neighborhood by joining a walking club at one of our community centers. No fee is required.

Ages: All ages
Registration: Ongoing
Program Dates: Year-round
Information: Contact Community Center

NORTHEAST

Clark (KM 453B)	M - F	6:00 am - 8:00 pm	9718 Clark, 77076	(713) 742-1497
Clinton (KM 495U)	T - Th	10:00 am - 11:00 am	203 Mississippi, 77029	(713) 673-0955
Finnigan (KM 494H)	M - W	9:00 am - 10:00 am	4900 Providence, 77020	(713) 678-7385
Hobart Taylor (KM 455Q)	M, W & F	9:00 am - 11:00 am	8100 Kenton, 77028	(713) 674-3959
Lakewood (KM 455G)	T - Th	4:30 pm - 6:00 pm	3725 Fulton, 77028	(713) 636-8217
Moody (KM 453Y)	M - Th	4:00 pm - 7:00 pm	2812 Cline, 77009	(713) 692-6925
Shady Lane (KM 414W)	M - F	8:00 am - 11:00 am	10220 Shady Lane, 77093	(713) 742-1503
Shady Lane (KM 414W)	M - F	4:00 pm - 8:00 pm	10220 Shady Lane, 77093	(713) 742-1503
Swiney (KM 494J)	M, W & F	6:30 am - 10:00 am	2812 Cline, 77020	(713) 238-2197
Tidwell (KM 454D)	M, W & F	10:00 am - 11:00 am	9720 Spaulding, 77016	(713) 636-8221

NORTHWEST

Candlelight (KM 452E)	M - F	6:00 pm - 8:00 pm	1520 Candlelight, 77018	(713) 682-3587
Carverdale (KM 450A)	T & Th	5:30 pm - 6:00 pm	9920 Porto Rico, 77041	(713) 895-6141
Carverdale (KM 450A)	M, W & F	9:00 am - 9:30 am	9920 Porto Rico, 77041	(713) 895-6141
Fonde (KM 493K)	T & Th	4:30 pm - 5:30 pm	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	M - F	5:00 pm - 7:00 pm	6818 Shady Villa, 77055	(713) 682-4467
Highland (KM 451D)	M - Th	8:30 am - 9:30 am	3316 DeSoto, 77091	(713) 956-9137
Independence Heights (KM 453N)	M & W	6:00 pm - 7:00 pm	603 East 35th, 77002	(713) 867-0373
Lincoln City (KM 412Q)	M - F	8:30 am - 11:30 am	979 Greshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	M - Th	6:30 pm - 8:30 pm	979 Greshaw, 77088	(281) 445-1617
Love (KM 452Z)	M - F	1:00 pm - 2:00 pm	1000 West 12th, 77008	(713) 867-0497
Montie Beach (KM 453X)	M - F	8:00 am - 9:00 am	915 Northwood, 77009	(713) 864-6820
Montie Beach (KM 453X)	M - Th	7:00 pm - 8:00 pm	915 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	M, T & Th	5:00 pm - 6:00 pm	803 West Temple, 77009	(713) 862-6907
Judson Robinson, Jr. (KM 533B)	M - F	9:00 am - 1:00 pm	2020 Hermann Dr., 77004	(713) 284-1997
Stude (KM 493B)	T & F	8:00 am - 9:00 am	1301 Stude, 77007	(713) 867-0497
Woodland (KM 493C)	M - F	1:00 pm - 3:00 pm	212 Parkview, 77009	(713) 867-0401





Memorial Park - Seymour Lieberman Trail

SOUTHEAST

Bessie Swindle (KM 573L)	M - F	10:00 am - 11:30 am	11800 Scott, 77047	(713) 733-4581
Beverly Hills (KM 576S)	M & W	5:00 pm - 6:00 pm	10201 Kingspoint, 77075	(713) 948-9065
Charlton (KM 535P)	M & W	12:30 pm - 1:30 pm	8200 Park Place Blvd, 77017	(713) 645-3589
Crestmont (KM 455G)	M, W & F	6:00 pm - 7:00 pm	5200 Selinsky, 77048	(713) 733-2236
DeZavala (KM 495S)	W	6:00 pm - 7:00 pm	7521 Ave, H, 77012	(713) 923-5163
Eastwood (KM 494T)	F	8:30 am - 9:30 am	5020 Harrisburg, 77011	(713) 928-4801
Edgewood (KM 534X)	W & F	6:30 pm - 7:00 pm	5803 Belfort, 77033	(713) 734-8434
Garden Villas (KM 535W)	M - F	6:00 pm - 8:00 pm	6720 S Haywood, 77061	(713) 847-5168
Hartman (KM 535C)	T, W & Th	5:00 pm - 6:00 pm	9311 E Ave P, 77012	(713) 928-4803
Ingrando (KM 535F)	M - F	8:00 am - 11:00 am	7302 Keller, 77012	(713) 643-4764
MacGregor (KM 534E)	T & Th	9:00 am - 10:00 am	5225 Calhoun, 77021	(713) 747-8650
Mason (KM 535A)	M - TH	7:00 am - 8:30 am	541 South 75th, 77023	(713) 928-7055
Meadowcreek (KM 536S)	M, W & F	6:00 pm - 7:00 pm	5333 Berry Creek, 77017	(713) 946-9020
Settegast (KM 494N)	M - TH	8:30 am - 9:30 am	3000 Garrow, 77003	(713) 238-2200

SOUTHWEST

Almeda (KM 572Y)	M - F	5:30 pm - 6:00 pm	14201 Almeda School Road, 77047	(713) 434-1909
Burnett Bayland (KM 531B)	M, W & F	5:30 pm - 6:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Cherryhurst (KM 492V)	M, W & F	6:00 pm - 7:00 pm	1700 Missouri, 77006	(713) 284-1992
Emancipation (KM 493U)	M & T	6:30 pm - 7:30 pm	3018 Dowling, 77004	(713) 284-1302
Godwin (KM 531U) ¹	M - Th	5:30 pm - 6:30 pm	5101 Rutherglen, 77096	(713) 726-7114
Lansdale (KM 530K)	M - W	6:00 pm - 7:00 pm	8201 Roos, 77036	(713) 272-3668
Lansdale (KM 530K) ¹	M & W	9:00 am - 10:00 am	8201 Roos, 77036	(713) 272-3668
Linkwood (KM 532P)	W	6:00 pm - 7:00 pm	979 Grenshaw, 77088	(281) 445-1617
Marian (KM 530X) ¹	M - F	6:00 pm - 7:30 pm	11101 South Gessner, 77071	(713) 773-7015
River Oaks (KM 492T)	Th	5:00 pm - 6:00 pm	3600 Locke Lane, 77027	(713) 622-5998
River Oaks (KM 492T) ²	M - F	5:00 pm - 6:00 pm	3600 Locke Lane, 77027	(713) 622-5998
Sharpstown (KM 530F)	M, W & F	9:00 am - 10:00 am	6600 Harbor Town, 77036	(713) 988-5328
Sunnyside (KM 533X) ¹	M - Th	9:30 am - 10:00 am	3502 Belfort, 77051	(713) 734-5061
Townwood (KM 572P)	M & W	6:30 pm - 7:30 pm	3403 Simsbrook, 77045	(713) 434-3508
Windsor Village (KM 571P)	M - W	1:00 pm - 2:00 pm	14441 Croquet, 77085	(713) 726-7112

¹ Senior Walking Club

² Dog Walking Club

PARKtrails

Houston Parks and Recreation Department - Preserving Parks For Today - Building Parks For The Future

TRAIL	LOCATION	TYPE	MILES
Aron Ledet	6300 Antoine	Concrete	0.38
Alief	11903 Bellaire Blvd	Concrete	N/A
Baldwin	1701 Elgin	Granite	0.32
Bell	4800 Montrose	Granite	0.17
Bendwood	12700 Kimberly	Concrete	0.49
Beverly Hills	10201 Kingspoint	Asphalt	0.53
Boone Road	7700 Boone Road	Asphalt	1.06
Boyce-Dorian	2000 Erastus	Asphalt	0.40
Braeburn Glen	9510 Gessner	Asphalt	0.25
Brays Bayou	Gessner to M.L.K. Blvd.	Asphalt	12.50
Brays Bayou	Lawndale to Forest Hill	Asphalt	0.75
Brays Bayou	75th to Evergreen	Asphalt	0.50
Brentwood	13220 Landmark	Asphalt	0.77
Briarbend	7926 Woodway	Granite	0.20
Briarmeadow	7703 Richmond	Granite	0.28
Brook	8201 John Ralston	Concrete	0.17
Buffalo Bayou	Bagby to Shepherd	Asphalt	4.50
Burnett-Bayland	6300 Chimney Rock	Asphalt	0.96
Cambridge Village	13000 Nitida	Asphalt	0.50
Candlelight	1520 Candlelight	Asphalt	0.45
Canterbury	12822 Northumb	Asphalt	0.33
Catherine Delce	5700 Collingsworth	Asphalt	0.21
Clark	9718 Clark	Asphalt	0.36
Cleveland	200 Jackson Hill	Granite-Concrete	0.35
Clinton	200 Mississippi	Asphalt	0.42
Cloverland	3801 Hickok Lane	Asphalt	0.25
Cole Creek	7200 Drowsy Pine	Concrete	0.35
Columbia Tap - N.	Union Station to S. MacGregor	Concrete	1.07
Columbia Tap - S.	Dowling to S. MacGregor	Concrete	3.09
Crain	9051 Triola	Asphalt	0.50
Cravens Parkway	5901 Main	Granite	0.50
Crestmont	5100 Selinsky	Asphalt	0.25
Cullen	19008 Saums	Asphalt	7.38
Cullinan	6700 Long Drive	Asphalt	1.06
Dodson Lake	9010 Dodson	Asphalt-Concrete	0.50
Dow	7942 Rockhill	Asphalt	0.58
Eastwood	5000 Harrisburg	Asphalt-Concrete	0.20
Edgewood	5803 Bellfort	Asphalt-Concrete	0.50
E.P. Hill	4800 Gloryland	Asphalt	0.39
Ervan Chew	4502 Dunlavy	Concrete	0.21
Fonde	5500 Carrollton	Asphalt	0.32
Forest West	5915 Golden Forest Dr.	Asphalt	0.30
Forum	9900 Sugar Branch	Asphalt	0.49
Franklow	1300 Seagler Road	Asphalt	0.50
Freed	7020 Shadyvilla	Asphalt	0.35
Freeway Manor	2241 Bronson	Asphalt-Concrete	0.47
Freshmeadow	4500 Campbell	Concrete	0.38
Gail Reeves	8800 Mullins	Concrete	0.35
Garden Villas	6720 S. Haywood	Asphalt	0.49
George T. Nelson	3820 Yellowstone	Asphalt	0.17
Glenbrook	8201 N. Bayou Drive	Asphalt	0.51
Glenshire	12100 Riceville (SR)	Asphalt	0.41
Godwin	5101 Rutherglen	Concrete	0.42
Grady	1700 Yorktown	Granite	0.20
Gulf Palms	11901 Palm Springs	Asphalt	0.41
Hackberry	7300 Dairy Ashford	Concrete	0.61
Haden	1404 Witte Road	Asphalt	0.32
Hager	12100 Landsdowne	Asphalt	0.51
Halls Bayou	Hirsch Road to Bretshire & Rebel	Concrete	2.86
Halls Bayou	Little York to Mierianne	Asphalt	1.50
Harrisburg - Sunset	Drennan to Marsden - Ave. R to Ave. H	Asphalt	2.00
Hartman	9311 Avenue P	Asphalt	0.62
Harwin	11305 Harwin	Asphalt	0.70
Haviland	11600 Haviland	Asphalt	0.28
Heights Blvd.	I-10 to 20th Street	Granite	2.00
Herman Brown	400 Mercury Drive	Asphalt-Red Dog	2.81
Hermann	6001 Fannin	Granite-Concrete	2.85
Hobart Taylor	8100 Kenton	Asphalt	0.49
Houston Garden	6901 Apache	Concrete	0.39
Hunting Bayou	Loop 610 to Lockwood	Asphalt	0.50
Hunting Bayou	US 59 to Cavalcade	Asphalt	0.50
Independence Heights	601 E. 35 Street	Concrete	0.31
Ingrando	7302 Keller	Asphalt-Concrete	0.59
J. Robinson, Sr.	1422 Ledwicke	Concrete	0.10
Karl Young	7800 Stella Link	Granite	0.20
Keith-Wiess	12300 Aldine-Westfield	Concrete	2.12

TRAIL	LOCATION	TYPE	MILES
Lake Forest	9200 Mesa	Concrete	0.43
Lakewood	8811 Feland	Asphalt	0.14
Langwood	3975 Bolin	Asphalt	0.44
Law	6100 Vassar Road	Asphalt	0.41
Lee	9025 Pitner	Asphalt	0.26
Levy	3801 Levy Park	Concrete-Granite	0.24
Linkwood	3699 Norris	Concrete	0.12
Love	000 W.12th Street	Asphalt	0.20
MacGregor	5225 Calhoun	Asphalt	1.25
Mangum Manor	5235 Saxon	Asphalt	0.29
Marian	11100 S. Gessner	Granite	0.25
Mason	541 75th Street	Asphalt-Concrete	1.40
Memorial	6501 Memorial Dr	Granite	2.90
Memorial (Outer Loop)	6501 Memorial Dr	Granite	1.50
Memorial (Timing Track)	6501 Memorial Dr	Asphalt	0.25
Metropolitan Multi-Service Ctr	1475 West Gray	Concrete	
Montie Beach	915 Northwood	Asphalt	0.84
MKT Trail	26th & Nicholosen to 7th to Spring Street & White Oak Bayou	Concrete	4.70
Moody	3725 Fulton	Asphalt-Concrete	0.94
Northline	6902 Nordling	Asphalt	0.42
Oak Meadow	500 Ahrens	Asphalt	0.25
Old Katy Hike & Bike Trail	236 North Dairy Ashford	Concrete	2.35
Park at Palm Center	5400 Griggs	Granite	0.22
Pleasantville Subdivision	Within Subdivision	Asphalt	1.50
Reveille	7700 Oak Vista Loop	Asphalt	.032
River Oaks	3600 Locke Lane	Granite	0.25
Riverside	2600 S. Calument-N. Calument		0.42 .42
R.L. & Cora Johnson	9801 Tanner	Asphalt	0.25
Robert C. Stuart	7250 Bellfort	Gravel	0.75
Rosewood	8200 Darien	Concrete	0.36
S. Main Estates	12256 Zavalla	Asphalt	0.32
Scenic Woods	7449 Lakewood	Asphalt	0.34
Schnur	12227 Cullen Boulevard	Asphalt	0.50
Schwartz	8203 Vogue	Asphalt	0.48
Scottcrest	10700 Rosehaven	Concrete-Asphalt	0.51
Selena Q. Perez	6402 Market	Asphalt	0.87
Shady Lane	10100 Shady Lane	Asphalt	0.50
Shepherd	4725 Brinkman	Granite	0.25
Sims Bayou	MLK Blvd. to Scott	Asphalt	2.50
Sims Bayou	White Heather to Townwood	Asphalt	0.75
Sims Bayou	S. Post Oak to Croquet	Asphalt	0.50
Song Wood	548 Westshire	Asphalt	0.33
Southcrest	5842 Southmund	Concrete	0.29
Spotts	401 Heights Blvd	Concrete	0.35
St. Lo	7335 St. Lo Rd.	Concrete	0.18
Stewart	6700 Reed Road	Concrete	0.30
Stoneybrook Esplanade	3000-3600 Stoneybrook	Asphalt	0.55
Stuebner Airline	9201 Veterans Blvd	Concrete	0.50
Sunnyside	3502 Bellfort	Asphalt	0.48
Swiney	2812 Cline	Concrete	0.15
Sylvan Rodriguez	1201 Clear Lake Blvd.	Concrete	0.37
Sylvester Turner	2800 West Little York	Asphalt-Concrete	1.02
T. C. Jester Parkway	N of 34th to 43rd Street	Granite	1.00
Tanglewood	5801 Woodway	Concrete	0.20
Timber Grove Manor	1500 West TC Jester	Asphalt	0.88
Timber Grove Trail	1500 T.C. Jester	Asphalt	0.80
Tony Marron	808 York	Concrete-Asphalt	0.46
Townwood	3403 Sims brook	Asphalt	0.39
Tuffly	3200 Russell	Asphalt	0.33
Verde Forest	8800 Brock Park Blvd.	Asphalt	0.20
Veterans Memorial	1800 Tidwell	Asphalt	0.36
Waldemar	11700 Waldemar	Asphalt	0.19
Weiss	100 North Post Oak Lane	Granite	0.70
Westside Trail	Westpark to Eldridge	Asphalt	1.90
Westwood	4045 Lemac	Asphalt-Concrete	0.38
White Oak Bayou	Houston Ave. to Studemont	Asphalt	2.25
White Oak Bayou	11th to Pinemont	Asphalt-Concrete	4.80
Windsor Village	1441 Croquet	Concrete	0.31
Willow	10400 Cliffwood	Granite	0.25
Willow Water Hole	5300 Gasmer	Granite-Concrete	1.17
Wilson Memorial	100 Gilpin	Asphalt-Concrete	0.28
Woodland Park	3501 Corder	Asphalt-Concrete	0.32
Zollie Scales	3501 Corder	Asphalt	0.23

SENIOR *programs*

HPARD Senior Programs provides a wide variety of recreation and leisure activities for seniors, ages 55 years and older, at various community centers across the Houston area. Activities include specialty and creative crafts, fitness, walking clubs, cultural events, senior forums, field trips and special events. Other program components include craft exhibitions, computer classes at local libraries, fashion shows, special holiday events, Sr. Olympics competition and sports programs. Most programming is **FREE** unless otherwise indicated. Field trips and certain programs may require a minimum fee or request that participant provide their own materials.

Ages: 55 and older
Registration: Ongoing
Program Dates: Ongoing
Fees: **FREE**
 (Except for Field Trips or Special Programs)
Times: Varies by Community Center
Information: (832) 395-7133
 (832) 395-7270



MONDAY

Clark (KM 455Q)	9718 Clark, 77076	(713) 742-1497
Hobart Taylor (KM 455Q)	8100 Kenton, 77028	(713) 674-3959
Ingrando (KM 535F)	7302 Keller, 77012	(713) 643-4764
Judson Robinson, Sr. (KM 455Q)	1422 Ledwicke, 77029	(713) 674-2401

TUESDAY

Clark (KM 453B)	9718 Clark, 77076	(713) 742-1497
Edgewood (KM 534X)	(832) 395-7270	(713) 734-8434
Selena Quintanilla Perez/ Denver Harbor (KM 494H)	6402 Market, 77020	(713) 675-2151

WEDNESDAY

DeZavala (KM 495S)	7521 Avenue H., 77012	(713) 923-5163
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THURSDAY

Eastwood (KM 494T)	5020 Harrisburg, 77011	(713) 928-4801
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FRIDAY

Edgewood (KM 534X)	5803 Bellfort, 77033	(713) 7343-8434
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Houston Parks and Recreation Department - (832) 395-7000

Senior Specialty Crafts/Activities

Learn and enjoy a variety of leisure type activities including flower arranging, ceramics, quilting, painting and much more at some of your local community centers.

Ages: 18 and older
Registration: Aug 7 - Ongoing
Fees: FREE
Program Dates: Sept 7 - Dec 18
Times: Various by Community Center
Information: (832) 395-4512
 (832) 395-4517

NORTHEAST

Clark (KM 453B)	Arts & Crafts	T	12:00 pm - 2:00 pm	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	Ceramics	W & F	12:00 pm - 2:30 pm	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	Hat Making	M	10:00 am - 1:00 pm	9718 Clark, 77076	(713) 742-1497
Clinton (KM 495V)	Crafts	M & W	10:00 am - 3:00 pm	203 Mississippi, 77029	(713) 673-0955
Clinton (KM 495V)	Walking Club	W & F	8:00 am - 9:00 am	203 Mississippi, 77029	(713) 673-0955
DenverHarbor (KM494H)	Sr Artist Crafts	T	10:00 am - 1:00 pm	6402 Market, 77020	(713) 675-2151
Finnigan (KM 495H)	Crafts	M	9:00 am - 12:00 pm	4900 Providence, 77020	(713) 678-7385
J Robinson, Sr (KM 495L)	Quilting	F	11:00 am - 1:00 pm	1422 Ledwicke, 77029	(713) 674-2401
Hobart Taylor (KM 455Q)	Line Dancing	M	10:00 am - 11:00 am	8100 Kenton, 77028	(713) 674-3959
Hobart Taylor (KM 455Q)	Crochet	M	12:00 pm - 2:00 pm	8100 Kenton, 77028	(713) 674-3959
Hobart Taylor (KM 455Q)	Arts & Crafts	M	12:00 pm - 3:00 pm	8100 Kenton, 77028	(713) 674-3959
Hobart Taylor (KM 455Q)	Jewelry Making	T	12:00 pm - 2:00 pm	8100 Kenton, 77028	(713) 674-3959
Hobart Taylor (KM 455Q)	Ceramics	W	11:00 am - 1:30 pm	8100 Kenton, 77028	(713) 674-3959
Hobart Taylor (KM 455Q)	Flower Arranging	M	12:00 pm - 2:00 pm	8100 Kenton, 77028	(713) 674-3959
Hobart Taylor (KM 455Q)	Quilting	Th	3:00 pm - 5:00 pm	8100 Kenton, 77028	(713) 674-3959
Judson Robinson, Sr.	Crafts	F	11:00 am - 1:00 pm	1422 Ledwicke, 77029	(713) 674-2401
Moody (KM 453Y)	Crafts	T	10:00 am - 12:00 pm	3725 Fulton, 77009	(713) 692-6925
Shady Lane (KM 414W)	Arts & Crafts	M & W	10:30 am - 12:00 pm	10220 Shady Lane, 77096	(713) 742-1503
Tidwell (KM 454D)	Memory Makers	M & W	12:30 pm - 2:30 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Line Dance	Th	10:00 am - 11:30 am	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Pickleball	T	10:00 am - 11:30 am	9720 Spaulding, 77016	(713) 636-8221
Tuffly (KM 454X)	Line Dance	Th	6:00 pm - 7:30 pm	3200 Russell, 77026	(713) 674-2355
Tuffly (KM 454X)	Ceramics	F	10:00 am - 1:00pm	3200 Russell, 77026	(713) 674-2355

NORTHWEST

Carverdale (KM 450A)	Quilting	M	10:00 am - 12:00 pm	9920 Porto Rico, 77041	(713) 895-6141
Fonde (KM 493K)	Basketball	T	4:00 pm - 6:00 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Basketball	S	10:30 am - 12:30 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Pickleball	W	9:00 am - 11:00 am	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Pickleball	S	10:30 am - 12:30 pm	110 Sabine, 77002	(713) 226-4466
Lincoln (KM 412Q)	Quilting	M	9:00 am - 1:00 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Computer Class	T	10:30 am - 12:30 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Gardening	2nd & 4th W	10:00 am - 11:00 am	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Sr Game Day	W	10:00 am - 12:00 pm	979 Grenshaw, 77088	(281) 445-1617
Milroy (KM 452Z)	Ceramics	T	12:00 pm - 2:00 pm	1205 Yale, 77008	(713) 867-0397
Milroy (KM 452Z)	Jewelry Making	T	10:00 pm - 12:00 pm	1205 Yale, 77008	(713) 867-0397
Milroy (KM 452Z)	Quilting	M & T	10:30 am - 12:30 pm	1205 Yale, 77008	(713) 867-0397
Montie Beach (KM 453X)	Crafts	M - F	10:00 am - 11:30 am	915 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	Scrapbooking	M	10:00 am - 12:00 pm	803 West Temple, 77009	(713) 862-6907
Woodland (KM 493C)	Quilting	F	5:00 pm - 6:00 pm	212 Parkview, 77009	(713) 867-0401



Houston Parks and Recreation Department - (832) 395-7000

SOUTHEAST

Beverly Hills (KM 576S)	Ceramics	M & W	10:00 am - 2:00 pm	10201 Kingspoint, 77075	(713) 948-9065
Bessie Swindle (KM 573L)	Bridge	T & W	10:00 am - 4:00 pm	11800 Scott, 77047	(713) 733-4581
Bessie Swindle (KM 573L)	Scrapbooking	M & F	10:00 am - 3:00 pm	11800 Scott, 77047	(713) 733-4581
Crestmont (KM 574J)	Flower Arranging	T & Th	9:00 am - 1:00 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	Crafts	W & Th	11:00 am - 2:00 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	Quilting	M	11:00 am - 3:00 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	Line Dancing	T	9:00 am - 12:00 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	Social Club	T - Th	12:00 pm - 4:00pm	5200 Selinsky, 77048	(713) 733-2236
Eastwood (KM 494T)	Flower Arranging	W & F	10:00 am - 12:00 pm	5020 Harrisburg, 77011	(713) 928-4801
Eastwood (KM 494T)	Ceramics	M, T & F	10:00 am - 2:00 pm	5020 Harrisburg, 77011	(713) 928-4801
Edgewood (KM 534X)	Hat Making	Th	10:00 am - 2:00 pm	5803 Bellfort, 77033	(713) 734-8434
Edgewood (KM 534X)	Jewelry Making	F	9:00 am - 2:00 pm	5803 Bellfort, 77033	(713) 734-8434
Hartman (KM 535C)	Ceramics	W	10:00 am - 12:00 pm	9311 E Ave P, 77012	
Ingrando (KM 535F)	Ceramics	W	9:00 am - 12:00 pm	7302 Keller, 77012	(713) 643-4764
Mason (KM 535A)	Ceramics	T	10:00 am - 12:00 pm	541 South 75th, 77023	(713) 928-7055
Meadowcreek (KM 535A)	Sr Aerobics	M, T & W	10:00 am - 11:00 am	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 535A)	Line Dance	F	10:00 am - 12:00 pm	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 535A)	Board Games	F	10:00 am - 12:00 pm	5333 Berry Creek, 77017	(713) 946-9020
Settegast (KM 494N)	Ceramics	T	9:00 am - 11:00 am	3000 Garrow, 77003	(713) 238-2200
Settegast (KM 494N)	Scrapbooking	Th	9:00 am - 11:00 am	3000 Garrow, 77003	(713) 238-2200

SOUTHWEST

Emancipation (KM 493Y)	Sewing	T	8:00 am - 12:00 pm	3018 Dowling, 77004	(713) 284-1302
Emancipation (KM 493Y)	Sewing	T	1:00 pm - 5:00 pm	3018 Dowling, 77004	(713) 284-1302
Godwin (KM 531U)	Ceramics	T & Th	10:00 am - 1:00 pm	5101 Rutherglen, 77096	(713) 726-7114
Lansdale (KM 530K)	Ceramics	W	11:00 am - 1:00pm	8201 Roos, 77036	(713) 272-3668
Linkwood (KM 532P)	Quilting	T - Th	11:00 am - 1:00 pm	3699 Norris, 77025	(713) 314-3107
Marian (KM 530X)	Sr Games	Th	12:30 pm - 5:00 pm	11101 S Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Sr Fitness	T - Th	10:30 am - 12:30 pm	11101 S Gessner, 77071	(713) 773-7015
Platou (KM 571B)	Sr Games	Th	12:30 pm - 2:30 pm	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Quilting	M & T	10:00 am - 12:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Sharpstown (KM 530F)	Knitting / Crochet	T	11:30 am - 1:30 pm	6600 Harbor Town, 77036	(713) 988-5328
Sharpstown (KM 530F)	Quilting	W	12:30 pm - 3:30 pm	6600 Harbor Town, 77036	(713) 988-5328
Sharpstown (KM 530F)	Chess Club	T	5:30 pm - 7:30 pm	6600 Harbor Town, 77036	(713) 988-5328
Sunnyside (KM 533X)	Quilting	M	11:00 am - 2:00 pm	3502 Bellfort, 77051	(713) 734-5061
Sunnyside (KM 533X)	Sr Fitness/Silver Sneakers	T, W & Th	10:00 am - 11:00 am	3502 Bellfort, 77051	(713) 734-5061
Sunnyside (KM 533X)	Sr Games	F	11:00 am - 1:00 pm	3502 Bellfort, 77051	(713) 734-5061
Sunnyside (KM 533X)	Sr Circuit Training	W	11:00 am - 12:00 pm	3502 Bellfort, 77051	(713) 734-5061
Townwood (KM 572P)	Sewing	T	10:00 am - 2:00 pm	3403 Simsbrook, 77045	(713) 434-3508
Windsor Village (KM 530K)	Ceramics	T & Th	9:30 m - 12:00 pm	14441 Croquet, 77085	(713) 726-7113



HOUSTON PARKS AND RECREATION DEPARTMENT & U.S. PARALYMPIC MILITARY SPORTS PROGRAM
PRESENT

THE 3RD ANNUAL METAL & MUSCLE EXPO



MARCH 3, 2012

9:00 A.M. - 5:00 P.M.

GEORGE R. BROWN CONVENTION CENTER | 1001 AVENIDA DE LAS AMERICAS, 77010

The **METAL & MUSCLE EXPO** is FREE and open to all and will feature a paralympic sports clinic, competitive team activities and exhibitors who provide services for people with physical disabilities. Service men and women returning from Iraq & Afghanistan with permanent physical disabilities, including blind and visually impaired as well as all veterans with a physical disability, are encouraged to attend.

Demonstrations and activities will include:

Sitting Volleyball • Power Soccer • Challenge Slalom • Wheelchair Ruby • Judo for the Blind
Air Gun Competition • Wheelchair Basketball • Wheelchair Racing • Amputee Walking/Running Clinic



Events are offered for participation by both able-bodied and persons with disabilities. Team and individual prizes are awarded to top **METAL & MUSCLE EXPO** finishers.

For more information contact Chuck French, (713) 562-4089 or charles.french@houstontx.gov

ADAPTIVE SPORTS *and* RECREATION

HPARD provides access to year round activities for children and adults with disabilities through the Adaptive Recreation Division located at the Metropolitan Multi-Service Center, 1475 West Gray. In addition to providing activities, the Metropolitan Multi-Service Center partners with organizations that serve children and adults with disabilities. The goal is to provide access, experiences and opportunities to learn new skills and redefine abilities while participating in recreational activities.

Friends of the MMSC

The Friends of the MMSC serves to support the staff and programs of HPARD's Adaptive Recreation section. They also help communicate the vision, goals and services of the program to constituent communities and provide a forum for program ideas and services.

The Friends of the MMSC meets every two months on the second Tuesday of the month.

Date: Every month
2nd Tuesday of the month

Time: 4:30 pm - 6:00 pm

Location: Metropolitan Multi-Service Ctr
1475 West Gray

Information: (713) 284-1973
charles.french@houstontx.gov



Adult Recreation Fitness Center

The Metropolitan Multi-Service Fitness Center is specifically designed to be used by adults with a physical disability including visually impaired and blind who are able to function independently. The facility is equipped with wheelchair accessible upper body weight equipment along with cardio machines to get your heart pumping. Pre-registration and a safety briefing are required before using this facility.

Ages: 16 - older

Registration: Required

Program Dates: 8:00 am - 8:00 pm, M - Th
8:00 am - 4:00 p.m., F

Fee: FREE

Location: Metropolitan Multi-Service Ctr
1475 West Gray

Information: (713) 284-1973

Art Class

In partnership with the Houston Civic Arts Association, HPARD's Adaptive Recreation Section will host an art class with professional instruction in watercolor and acrylic based paints for people with disabilities.

Ages: All Ages

Registration: Required

Program Dates: Jan 18 - April 25, 2012

Time: 1:00 pm - 3:00 pm, Wed

Fee: FREE

Location: Metropolitan Multi-Service Ctr
1475 West Gray

Information: (713) 284-1973

Adaptive Yoga

This Adaptive Yoga class modifies traditional Kundalini Yoga for persons with physical disabilities based on students abilities. This 60 minute class led by a certified Kundalini Yoga instructor combines seated, standing and floor postures and incorporates guided meditation and creative visualization.

Ages: Youth and Adult

Registration: Required

Program Dates: Ongoing
1st - 3 Fridays
Of Each Month

Fee: FREE

Location: Metropolitan Multi-Service Ctr
1475 West Gray

Information: (713) 284-1973

Houston Parks and Recreation Department - (832) 395-7000

Adult Wheelchair Rugby

Get ready for fast, full-court action when adults clash metal to metal in this fast paced wheelchair sport. Rugby is for quadriplegics who have independent, upper body function. Participants must have independent functioning skill to participate. Motorized chairs not permitted in this game.

Ages: 12 - Older
Registration: Required
Fee: FREE
Program Dates: Sept 1 - April 26, 2012
Times: 6:00 pm - 9:00 pm, Th
Location: Metropolitan Multi-Service Ctr
 1475 West Gray
Information: (713) 284-1973

Sitting Volleyball

This Sitting Volleyball program is integrated for amputees and anyone else including, able-bodied volleyball enthusiasts who want to play. Weekly practice and games held for adults who function independently.

Ages: All Ages
Registration: Required
Fee: FREE
Program Dates: March 6 - May 29, 2012
Times: 6:00 pm - 8:30 pm, Tues
Location: Metropolitan Multi-Service Ctr
 1475 West Gray
Information: (713) 284-1973

Adult Wheelchair Basketball

Weekly practice and play is scheduled throughout the year for adults age 16 and up. Participants must have independent functioning skills. No motorized chairs allowed in this game.

Ages: 16 - Older
Registration: Required
Fee: FREE
Wheelchair BB: Mon & Wed
Location: Metropolitan Multi-Service Ctr
 1475 West Gray
Information: (713) 284-1973



Power Soccer

Power Soccer is the fastest growing sport for wheelchair users. Power Soccer is the first team sport designed specifically for power wheelchair users. It combines the skill of the wheelchair user with the speed and power of the chair itself, to participate in an extremely challenging game similar to soccer.

All ages and abilities welcome!

Ages: All Ages
Registration: Required
Fee: FREE
Program Dates: Jan 14 - March 3
Times: 9:00 am - 12:00 pm,
 Saturdays
Location: Metropolitan Multi-Service Ctr
 1475 West Gray
Information: (713) 284-1973

Adaptive Aquatics Program

Adaptive Aquatics - Initial in water orientation and then exercise, lap swim or water walk in the heated, indoor-natatorium. The pool provides a great environment for people with disabilities to exercise.

Participants are required to have independent functioning mobility skills or bring an adult attendant to assist them. Pre-registration is required and must be completed prior to participant getting in the pool. HPARD staff will conduct initial safety screening in the water.

Ages: Youth and Adult
Registration: Required
Program Dates: Year round
Time: Vary, call for schedule
Fee: FREE
Location: Metropolitan Multi-Service Ctr
 1475 West Gray
Information: (713) 284-1983

Greater Houston Athletic Association for Physically Disabled

The mission of the Greater Houston Athletic Assoc. for Physically Disabled is to assist a person with a physical disability with either the rehabilitation or habilitation process by fostering a more healthy self-esteem through successful participation in physical activity enhancing the chances of an independent lifestyle.

Objectives include providing competitive and recreational opportunities, supporting the development of community based after-school sports and recreation programs for school age youth, supporting community based groups to form new or additional sports programs, conducting local and national competitive events and conducting and supporting educational programs including clinics to instruct and inform the community on the various sports and recreational opportunities.

Activity: Indoor Wheelchair Soccer
Information: (713) 521-3737
www.ghaapd.org

The River Performing & Visual Arts Center

The River is a non-profit 501(c)(3) organization whose mission is to provide an accessible, affordable, fine arts education for special children, ages 2-19, who have disabilities, chronic illnesses, or are economically disadvantaged. Siblings are welcome.

The River offers year round, barrier free, classes in music, art, drama and dance. Scholarships are available. For more information contact The River Performing and Visual Arts Center.

Ages: 2 - 19
Information: (713) 520-1220



Houston Deaf Seniors of Texas

This lively group of adults, meet for coffee, socializing, games and informative presentations about services available for Houston area people who are deaf or hard of hearing. The group meets twice a month, usually the 2nd and 4th Wednesday of the month at the Metropolitan Multi-Service Center.

Ages: 55 - up
Date: 2nd & 4th Wednesday Of Every Month May - Aug
Time: 9:00 am - 12:00 pm
Location: Metropolitan Multi-Service Ctr
 1475 West Gray
 (281) 656-2576
 Nancy Morris
Information:



The Arc of Greater Houston

The Arc of Greater Houston is a non-profit organization formed nationally in 1950 to advocate for the inclusion of people with mental retardation and other developmental disabilities in all aspects of society and is established at the national, state, and local levels. The Arc of Greater Houston works in collaboration with other agencies and organizations to facilitate the development of a wide array of options available to individuals and their families in the community.

For more information contact the Arc of Greater Houston at (713) 957-1600.

Activity: Monthly Dance/Social For Adults With Intellectual & Developmental Disabilities
Information: (713) 957-1600
www.thearcofgreaterhouston.com



Adolescent Bariatric Surgery Program Support Group

The support group is hosted monthly for adolescents and their family by Texas Children's Hospital Staff in partnership, with HPARD's Adaptive Recreation Staff. Meetings are held at the Metropolitan Multi-Service Center.

This is a specialized program designed to enhance the overall fitness level and functional capacity of each bariatric patient. Focus will be on lifetime fitness activities and exercise.

Date: 2nd Tuesday Of Every Month
Time: 5:00 pm - 7:00 pm
Fee: FREE
Location: Metropolitan Multi-Service Ctr
 1475 West Gray
Information: (832) 822-4868
 Trish Walters-Salas, BSN, RN,
 CCM Case Manager
 Bariatric Surgery Program
 Texas Children's Hospital

Youth Social and Play Group

Ray of Light youth group-education, socialization, play and networking for youth with multiple disabilities and their families. This parent and volunteer driven group comes together to share resources, learn from each other and engage in adaptive play activities with their kids.

Parents are required to participate in activities with their child. The group meets the 2nd Saturday of each month at the Metropolitan Multi-Service Center.

Ages: 2 -19
Date: 2nd Saturday Of Every Month
Time: 10:00 am - 2:00 pm
Fee: FREE
Location: Metropolitan Multi-Service Ctr
 1475 West Gray
Information: (281) 870-0093
 Rosario Vasquez

Houston Area Parkinson Society

The Houston Area Parkinson Society's mission is to improve the quality of life for those affected by Parkinson's disease through services, education and advocacy. The Houston Area Parkinson Society provides numerous programs and services for the Parkinson's community. Each week HAPS provides 34 free physical, occupational, speech, water, Tai Chi, and other therapy groups. **Free** support groups are available for individuals with Parkinson's and caregivers to share their experiences in a warm, friendly environment. In addition, HAPS offers free transportation services to and from HAPS therapy sites and physician visits. Respite, social services and educational programs are also available.

For more information contact the Houston Area Parkinson Society (713) 313-1652.

Activity: Tai Chi and Exercise for Adults with Parkinson
Information: (713) 313-1652
www.hapsonline.org

WATER SPRAYGROUNDS

Water Playgrounds

The Houston Parks and Recreation Department's water playgrounds provide an engaging and interactive fun activity year-round for children, especially during the hot summer months. Water playgrounds have distinct advantages over swimming pools in that they are cost effective, low maintenance, and water-play activities extend well beyond normal pool season. Water playgrounds are controlled using a timer and touch-sensor. The timer is set for 12 hours of water activation, and the touch-sensor turns on the water for a two to three minute cycle.

H-E-B Grocery Company has generously donated more than \$1.1 million to the Houston Parks and Recreation Department through the Houston Parks Board Ind., to create and build an additional water playgrounds in Houston city parks. These are brightly colored facilities featuring equipment that squirts, sprays, mists and shoots water. Children will be able to enjoy everything from oversized flowers, that mist to a whale that spouts and squirts water and in-ground elements that resemble geysers.



Aron Ledet Park (H.E.B.)

6500 Antoine

The Aron Ledet Park water sprayground opened in June 2005. The design of the play area appeals to park visitors with its brightly colored play surface and the inventive design of its spray fixtures.

Blueridge Park (H.E.B.)

7000 Avenue Q

The Blueridge Park water sprayground opened to park visitors in July 2003. Its design incorporates a colorful play surface, a curved seating wall, and water fixtures designed to appeal to a child's sense of fun and whimsy.

Burnett Bayland Park

6200 Chimney Rock

The water playground at Burnett Bayland Park has a multi-colored rubber surface, and spray and ground features that include three colorful arches, a flower, cactus, a spiral spray and two water cannons.

Cullen Park (H.E.B.)

19008 Saums Road

The Cullen Park sprayground opened in August 2003, thanks to H-E-B. It features a colorful play surface and multiple geyser and spray fixtures, and is located within easy viewing of the picnic pavilion and the pecan grove picnic area.

Dodson Lake Park (H.E.B.)

9010 Dodson

The H-E-B Water Playground at Dodson Lake Park was the seventh addition to the company's Water Playground legacy. Its design includes a unique concentric circle splash pad that creates the illusion of ripples with geysers, pop-up sprays, Tulip sprays and a Fan Jet spray.

Edgewood Park (H.E.B.)

5803 Bellfort

The Edgewood Park sprayground was built as part of the H-E-B Water Playground legacy and has brought a splash of fun to southeast Houston since June of 2003. Its design includes a brightly-colored concrete play area, geysers and spray elements, and a curving seat wall.

Gutierrez Park (H.E.B.)

7900 Flaxman

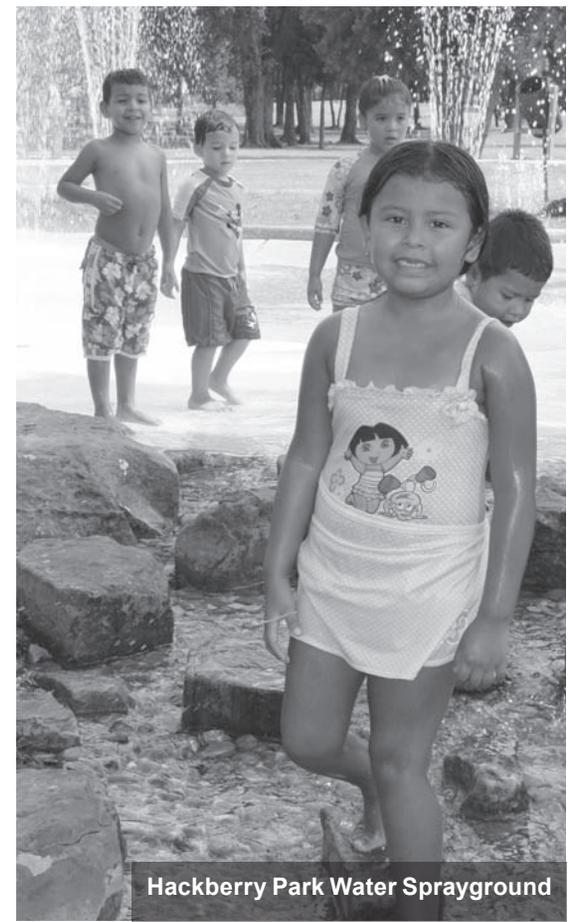
Located at the entrance to Gutierrez Park, the water playground features a large plaza with multiple ground sprays. The plaza is surfaced with colored concrete and features a seat wall along one edge.



Settegast Park Water Sprayground



Burnett Bayland Park Water Sprayground



Hackberry Park Water Sprayground

Hermann Park

6100 Fannin

The water playground at Hermann Park features two large palm trees and a spiral provide a variety of water effects for all children to run through. Two large beaches create a sand play zone adjacent to the water play area.

Hidalgo Park (H.E.B.)

(Hidalgo Park opened June 21, 2003).

7000 Avenue Q

The 1,200-square foot sprayground features brightly-colored recreational areas equipped with turtles and lily pads that squirt and spray water and mist, as well as in-ground geysers.

Marian Park

11000 S. Gessner

The Marian Park sprayground is a welcome addition to this important and much-used community center. It includes three different areas of play, with individually operated spray features. An adjacent shade structure with seating makes it easy to supervise everyone playing in the water jets.

Melrose Park

12200 Melrose Park Road

The water playground at Melrose Park features a multi-colored rubber surface and spray and ground features such as a flower, cactus and an arch

Montie Beach Park (H.E.B.)

915 Northwood

Appropriately for the name of the park, the design for the Montie Beach water sprayground includes a beach theme, including a palm island, a whale design in its colorful play surface sporting a spout spray at its hump, and multiple wave sprays that create a rolling "wave" effect. It opened in 2006

Nieto Park

500 Port

Nieto Park Water Playground was conceptually designed to look like a beach, with a wave of stairs, a surfboard, real palm trees and plastic palm trees that spray water. It has a rubber surface with play items that also spray water.

Settegast Park

3000 Garrow

Settegast Park Water Playground includes a multi-colored rubber surface and spray ground features including a ground geyser, a bell-spray column, a misty arch, a magic touch bollard, a water trio, a donut and a flower.

Tony Marron Park (H.E.B.)

808 N. York

The water play area at Tony Marron Park is located at the pavilion plaza and features a variety of ground sprays. A seat wall curves around the area, offering great views of the park and downtown, as well as access to the cooling water. The project was funded through the Park People.

Wiley Park

1414 Gillette

James Wiley Park Water Playground includes a multi-colored rubber surface and spray ground features such as a flower, rainbow, fire hydrant activator, raining buckets and an in-ground spray fountain. The water playground project was developed at a cost of \$243,000. Other park improvements include benches, landscaping, drinking fountains, electrical work and black vinyl coated chain link fence.



Celebrate the New FM 1485 Gateway Entrance, Cabins and Trails!

10:00 a.m. - 2:00 p.m. Tours & Events

10:30 a.m. Opening Ceremony



LAKE HOUSTON WILDERNESS *park*

Lake Houston Wilderness Park (LHWP) is a beautiful, lushly forested expanse of nearly 5,000 acres located 4 miles east of New Caney (approximately 30 miles north of Houston off of I-59). Lake Houston Wilderness Park is the only park in the department's inventory that allows overnight camping. It offers a variety of outdoor learning experiences for people of all ages including: camping, hiking, trail running, mountain biking, canoeing, kayaking and horseback riding (visitors must bring own bikes, watercraft and horses). Most of the park is heavily forested with beautiful trails which provide a perfect setting for photography, nature study, bird watching and relaxing.

The Lake Houston Wilderness Park Nature Center is an incredible place to visit and learn about some of the woodland creatures that call LHWP home. Tour the Ecosystem Displays which include the Wetlands Ecosystem Room featuring live turtles and amphibians, the Invertebrate Room featuring mounted insects of all types including moths, butterflies, spiders, beetles and more. The Reptile Room contains live specimens of both venomous and non-venomous snakes as well as several lizards. The LHWP Nature Center offers classes and programs for all ages; please see below for a listing. You can also contact the LHWP Park Headquarters for more information.

Program Dates:

Year Round

Location:

22031 Baptist Encampment Road
New Caney, Texas 77357

Gates Open/Office Hours:

9:00 am – 6:00 pm, Sun - Th
Closed On Tuesdays
9:00 am – 9:00 pm, Fri & Sat year round
(281) 354-6881
www.houstonparks.org

Information/Reservations:

Fees		
Park Entry Fee:	\$3.00	Per Person, Ages 13-64
Individual Tent Campsites:	\$7.00	Day Plus Entry Fee(s)
Back Country Camping:	\$7.00	Day Plus Entry Fee(s)
Peach Creek Group Campsite:	\$40.00	Per Day Plus Entry Fee(s)
Chinquapin Group Campsite:	\$40.00	Per Day Plus Entry Fee(s)
Forest Cottage:	\$132.50	Plus a refundable \$75 Cleaning Deposit Per night Plus entry fee(s)
Lazy Creek Cottage:	\$169.60	Plus a refundable \$75 Cleaning Deposit Per Day Plus Entry Fee(s)
Pine Grove Dining Hall:	\$100.00	Plus a refundable \$75 Cleaning Deposit Per Site/Night (Taxes Included)
Screened Shelters:	\$26.50	Plus Entry Fee(s)



Lake Houston Wilderness Park Nature Center

Hours:

9:00 am – 5:00 pm, Thur - Sun
Closed Monday and Tuesday
(281) 354-0173

Program & Day Camp Information/Reservations, Field Trips & Presentations:

All programs require a reservation unless noted. Please contact the LHWP Nature Center to make your reservation!



Sat, Jan 7 - 9:30 am - 10:30 am

Bird Walk – Ages 14 & Older *

Bring your binoculars, if you have some, and join our Park Naturalist on a trek through the Park looking for our resident birds.

Sat, Jan 7 - 2:00 pm - 3:00 pm

Birding 101 For Kids – Ages 7 to 14

This is Birding 101 just for the kiddos! This is a great opportunity for Scouts to earn pins, belt loops or badges in birding!

Sat, Jan 14 - 10:00 am - 11:00 am

Turtle Program – All Ages

No Reservation Required

There are more to turtles than you think! Come get a close up look while you learn about these fascinating creatures.

Sat, Jan 14 - 2:00 pm - 3:00 pm

Snake Presentation – All Ages

No Reservation Required

Come find out why snakes are important to the ecosystem and why a good snake ISN'T always a dead snake!

Sat, Jan 21 - 2:00 pm - 3:00 pm

Owl Pellets – All Ages

Do you know what an owl pellet is? Well this is the day for you to find out! We will dissect real owl pellets to discover the remaining bones inside and identify what they ate!

Sat, Jan 28 - 2:00 pm - 3:00 pm

Forest Trail & Peach Creek Loop

Guided Hike - All Ages *

Meet our Park Naturalist at the LHWP Nature Center where you will start on your guided hike along the Forest Trail & Peach Creek Loop Trail.

Sat, Feb 4 - 2:00 pm - 3:00 pm

Plants and Their Uses – All Ages

Have you ever wondered what early cultures used the plants we have today for? Join us on a hike to discover what our ancestors knew about nature.

Sat, Feb 11 - 1:00 pm - 3:00 pm

Plantable Flower Seed Paper – All Ages

No Reservation Required

Come to the LHWP Nature Center and learn how to make your own plantable flower seed paper to take home.

Sun, Feb 18 - 2:00 pm - 3:00 pm

Orienteering for Beginners – All Ages *

Have you ever used a map and compass to find locations and plot an adventure? This program will teach the basics of just how to do that.

Sat, Feb 25 - 10:00 am - 11:00 am

Turtle Program – All Ages

No Reservation Required

There are more to turtles than you think! Come get a close up look while you learn about these fascinating creatures.

Sat, Feb 25 - 2:00 pm - 3:00 pm

Snake Presentation – All Ages

No Reservation Required

Come find out why snakes are important to the ecosystem and why a good snake ISN'T always a dead snake!

Sat, March 3 - 9:30 am - 10:30 am

Bird Walk – Ages 14 & Older *

This is Birding 101 just for the kiddos! This is a great opportunity for Scouts to earn pins, belt loops or badges in birding!

Sat, March 3 - 2:00 pm - 3:00 pm

Birding 101 For Kids – All Ages *

This is Birding 101 just for the kiddos! This is a great opportunity for Scouts to earn pins, belt loops or badges in birding!

Sun, March 4 - 2:00 pm - 3:00 pm

Geology Rocks ! - All Ages

Is it a rock? Is it a mineral? Or are they the same thing? We will use a hands-on experiment to help us answer those very questions!

Sat, March 10 - 2:00 pm - 3:30 pm

Archery 101 - Ages 7 and Older *

Learn the basics of archery! We will discuss the equipment, appropriate use, and correct form. See how an outdoor range is set up and become successful at shooting a target!

* An Adult Is Required To Attend This Program With Youth Ages 17 And Younger.

Sun, March 11 - 2:00 pm - 3:00 pm

Recycling 101 - All Ages

Want to start recycling, but don't know where to start? Come to the Nature Center and learn the importance and basics of recycling.

Sat, March 17 - 2:00 pm - 3:00 pm

Insect Exploration - All Ages *

Learn what adaptations insects have to help them survive and their importance in the environment! Then we are collecting insects to bring back to the Nature Center for everyone to see and discuss!

Sun, March 18 - 2:00 pm - 3:00 pm

Butterfly Garden - All Ages

Learn how to make your own Butterfly Garden that will be sure to attract a variety of butterflies, caterpillars and even hummingbirds!

Sat, March 25 - 2:00 pm - 3:00 pm

Outdoor Enthusiast Hike – All Ages *

Join us on a hike and learn about various plants and trees and venomous snake and poison ivy identification..

Sat, March 31 - 7:30 pm - 8:45 pm

Owl Prowl– All Ages *

Who? Who? Who wants to go on a night hike in search of owls? We are taking Magnolia Trail and using owl calls to see if our resident owls to talk back.

Sun, April 1 - 2:00 pm - 3:00 pm

Snake Presentation – All Ages

No Reservation Required

Come find out why snakes are important to the ecosystem and why a good snake ISN'T always a dead snake!

Sat, April 7 - 9:00 am - 4:00 pm

Scavenger Hunt – All Ages *

Follow the clues place around the park and see if you can find the end!

Sun, April 8 - 1:00 pm - 3:00 pm

Nature Center Craft - All Ages

Join us at the LHWP Nature Center for a fun nature related craft to take home!

Sat, April 14 to April 15

“Get Outdoors” Family Wilderness Adventure Registration Begins Feb 24 - \$60 per family

We're kicking off our “Family Wilderness Adventure” Series with a “Get Outdoors” program. Come spend the night at the park and learn all about camping and being outdoors! We will help your family learn the basics of camping...setting up a tent, building a fire, even cooking! We will have other outdoor recreation activities to inspire your family to get outdoors! No experience required! For more details contact the LHWP Nature Center.

Sat, April 21 - 2:00 pm - 3:30 pm

Intermeidate Archery – Ages 7 & Older *

Already taken Archery 101 and ready to take your skill to the next level? This program will help you work on form and accuracy.

Sun April 22 - 2:00 pm - 3:00 pm

Magnolia Trail Guided Hike – All Ages *

Meet our Naturalist at the Nature Center where you will start on your guided hike along the Magnolia Trail.

Sat, April 28 - 7:30 pm - 9:00 pm

Park After Dark – All Ages *

Do you want to get a close up look at the nocturnal creatures that inhabit the park?? Join us as we take golf carts down our back trails in search of our nocturnal residents. Get your cameras ready! Please bring a spot light or flash light if you have one.

Sun, April 29 - 2:00 pm - 3:00 pm

Owl Pellets – All Ages

Do you know what an owl pellet is? Well this is the day for you to find out! We will dissect real owl pellets to discover the remaining bones inside and identify what they ate!

Sat, May 5 - 9:30 am - 10:30 am

Birding 101 For Kids – All Ages *

This is Birding 101 just for the kiddos! This is a great opportunity for Scouts to earn pins, belt loops or badges in birding!.

Sat, May 6 - 1:00 pm - 3:00 pm

Jr Angler Education - All Ages *

Join us and become a certified Texas Parks and Wildlife Jr. Angler. We will learn about tackle, tying knots, casting, bait, fishing regulations and fishing safety and then we will go fishing. If you do not have fishing equipment of your own don't worry you can use ours.

Sat, May 12 to May 13

“Get Outdoors” Family Wilderness Adventure Registration Begins Feb 24 - \$60 per family

We're kicking off our “Family Wilderness Adventure” Series with a “Get Outdoors” program. Come spend the night at the park and learn all about camping and being outdoors! We will help your family learn the basics of camping...setting up a tent, building a fire, even cooking! We will have other outdoor recreation activities to inspire your family to get outdoors! No experience required! For more details contact the LHWP Nature Center.

Sat May 19 - 10:00 am - 11:00 am

Turtle Program – All Ages

No Reservation Required

There are more turtles than you think! Come get a close up look while you learn about these fascinating creatures.

Sat, May 19 - 2:00 pm - 3:00 pm

Snake Presentation – All Ages

No Reservation Required

Come find out why snakes are important to the ecosystem and why a good snake ISN'T always a dead snake!

Sun, May 20 - 1:00 pm - 3:00 pm

Master Angler – All Ages *

Are you a certified Jr. Angler? Then join us and become a certified Texas Parks and Wildlife Master Angler. We will learn how to tie additional knots, fishing regulations and fishing safety, aquatic habits, and then we will go fishing. If you don't have fishing equipment of your own, you can use ours.

Sat, May 26 - 7:30 pm - 8:45 pm

Owl Prowl– All Ages *

Who? Who? Who wants to go on a night hike in search of owls? We are taking Magnolia Trail and using owl calls to see if our resident owls to talk back.

Sun, May 27 - 2:00 pm - 3:00 pm

Forest Trail & Peach Creek Loop

Guided Hike - All Ages *

Meet our Park Naturalist at the LHWP Nature Center where you will start on your guided hike along the Forest Trail & Peach Creek Loop Trail.



TENNIS

HPARD operates three centers each complete with a pro shop as well as locker and shower facilities which are available for a nominal fee. Lessons can be scheduled with center staff. Tournaments, leagues, corporate outings and other events can be scheduled by calling any of the centers. For general tennis information as well as information on youth tennis programs, call (713) 803-1112.

PLEASE NOTE: Prices are subject to change without notice. Hours are as indicated unless otherwise posted.

Memorial Park Tennis Center

The Memorial Park Tennis Center is located in Memorial Park. It provides 18 courts plus a practice wall. Fees listed are per court for 1½ hours of use.

A Smoothie King concession is located inside the pro shop.

Program Dates: Year-round
Time: 6:00 am - 9:00 pm, M-F
 7:00 am - 6:00 pm, Sat - Sun
Location: Memorial Park (KM492F)
 1500 Memorial Loop, 77007
Information: (713) 867-0440

Fees

Weekday Reserved (M-F) : Before 6:00 pm	\$ 4.00
Evening & Weekend Reserved :	\$ 6.00
Tournaments & Leagues :	\$ 7.00

Lee LeClear Tennis Center

The Lee LeClear Tennis Center is located in southwest Houston. It provides 26 courts plus 2 practice walls. Fees listed are per court for 1½ hours of use.

Program Dates: Year-round
Time: 7:30 am - 9:00 pm, M - F
 7:30 am - 6:00 pm, Sat - Sun
Location: Lee LeClear (KM 530T)
 9506 S. Gessner, 77074
Information: (713) 272-3697

Fees

Weekday Reserved (M-F) : Before 6:00 pm	\$ 4.00
Evening & Weekend Reserved:	\$ 6.00
Tournaments & Leagues:	\$ 7.00

Homer Ford Tennis Center

The Homer Ford Tennis Center is located in MacGregor Park. It provides 16 courts plus a practice wall. Fees listed are per court for 1½ hours of use.

Program Dates: Year-round
Time: 7:30 am - 9:00 pm, M - F
 7:30 am - 6:00 pm, Sat - Sun
Location: MacGregor Park (KM 534E)
 5225 Calhoun, 77021
Information: (713) 842-3460

Fees

Weekday Reserved (M-F) : Before 6:00 pm	\$ 3.00
Evening & Weekend Reserved:	\$ 5.00
Tournaments & Leagues:	\$ 6.00



HPARD Neighborhood Tennis Courts - Tennis Office (713) 803-1112.

HPARD's neighborhood tennis courts are open to the public on a first come, first served basis. Play is limited to one hour when others are waiting. There is no fee required to use neighborhood tennis courts unless a reservation is made requiring a permit.

No one is allowed to give tennis lessons or offer structured tennis activities without the written authorization of the Houston Parks and Recreation Department. Tennis courts are for tennis use only.

Park	Location	No.	Lights	Wall	Park	Location	No.	Lights	Wall
Alief (KM 529E)	11903 Bellaire Blvd, 77072	4	Yes	1	Oak Forest (KM 452N)	2100 Judiway, 77018	2	Yes	
Anderson (KM 491X)	5701 Beverlyhill, 77057	2	Yes		Proctor Plaza (KM 453X)	803 W. Temple, 77009	1	Yes	
Bendwood (KM 489D)	12700 Kimberley, 77024	2	Yes	1	River Oaks (KM 492S)	3600 Locke Lane, 77027	4	No	
Beverly Hills (KM 576S)	10201 Kingspoint, 77075	1	No		R.L. & Cora Johnson (KM 450A)	9920 Porto Rico, 77041	2	Yes	
Bonham (KM 530Q)	8401 Braes Acres, 77074	2	Yes		Sagemont (KM 576Y)	1507 Hughes, 77089	2	Yes	
Briar Meadow (KM 490Z)	7703 Richmond, 77063	2	Yes		Scenic Woods (KM 415W)	449 Lakewood, 77017	2	Yes	
Charton (KM 535P)	8200 Park Place, 77017	2	Yes		Schwartz (KM 451N)	8203 Vogue, 77055	2	Yes	
Cherryhurst (KM 492V)	1700 Missouri, 77006	1	Yes	1	Settegast (KM 494N)	3001 Garrow, 77003	1	Yes	
Chimney Rock (KM 571B)	11655 Chimney Rock, 77035	2	Yes		Sharpstown (KM 530F)	8200 Bellaire Blvd, 77036	2	Yes	
Cleveland (KM 492M)	200 Jackson Hill, 77007	2	No		Smokey Jasper (KM 415A)	13400 River Trail Rd, 77050	2	Yes	
Clinton (KM 495U)	200 Mississippi, 77029	2	Yes		Spotts (KM 493J)	401 S. Heights Blvd, 77007	2	Yes	
Cloverland (KM 573L)	3801 Hickok, 77047	2	Yes		Sunnyside (KM 533X)	3502 Bellfort, 77051	2	Yes	
Cole Creek (KM 411W)	7200 Drowsy Pine, 77092	2	No		Tanglewood (KM 491K)	5801 Woodway, 77057	2	Yes	
Crestmont (KM 574J)	5100 Selinsky Rd, 77048	2	Yes	1	Tidwell (KM 454D)	9720 Spaulding, 77016	2	Yes	
Dodson Lake (KM 454F)	9010 Dodson, 77093	2	Yes	1	Townwood (KM 572P)	3403 Simsbrook, 77045	1	Yes	
Dow (KM 535X)	7942 Rockhill, 77061	3	Yes	1	Walter Jones (KM 575T)	8000 Coastway Lane, 77075	2	Yes	
Eastwood (KM 494T)	5000 Harrisburg, 77011	2	Yes		Westbury (KM 531W)	5635 Willowbend, 77096	2	Yes	
Emancipation (KM 493U)	3018 Dowling, 77004	2	Yes	1	Westwood (KM 532S)	4045 Lemac, 77025	2	Yes	
Finnigan (KM 494G)	4900 Providence, 77020	2	Yes		Willow (KM 531Z)	10400 Cliffwood, 77035	2	Yes	1
Fleming (KM 532D)	1901 Sunset Blvd, 77005	2	Yes		Wilson Memorial (KM 576G)	100 Gilpin, 77034	2	Yes	
Freeway Manor (KM 576F)	2241 Bronson/2300 Theta, 77034	1	Yes		Windsor Village (KM 571P)	14441 Croquet, 77085	2	Yes	
Gail Reeves (KM 531N)	8800 Mullins, 77096	2	Yes	1	Winzer (KM 412S)	7300 Carver/Dolly Wright, 77088	2	Yes	
Grady (KM 491Q)	1700 Yorktown, 77056	1	Yes		Woodland (KM 493C)	212 Parkview, 77009	1	Yes	
Graham (KM 452R)	540 West 34th St, 77018	1	Yes		Zollie Scales (KM 533P)	501 Corder, 77021	1	Yes	
Greenwood (KM 497A)	602 Beresford, 77015	2	Yes						
Grimes (KM 573D)	5150 Reed Rd, 77033	2	Yes						
Hager (Lee) (KM 571A)	12100 Landsdowne, 77035	1	Yes	1					
Halbert (KM 453S)	200 East 23rd St, 77008	1	Yes						
Hartman (KM 535C)	9311 Avenue P, 77012	2	Yes						
Haviland (KM 570H)	11600 Haviland, 77035	2	Yes						
Herman Brown (KM 496A)	400 Mercury Drive, 77013	4	Yes						
Highland (KM 451D)	3316 DeSoto, 77091	2	Yes	1					
Hutcheson (KM 454U)	5400 Lockwood, 77026	1	Yes						
Independence Heights (KM 453N)	601 East 35th St., 77022	1	Yes						
Ingrando (KM 535E)	7302 Keller, 77012	2	Yes						
Jaycee (KM 452W)	1300 Seamist, 77008	2	Yes	1					
J Robinson, Sr. (KM 495L)	1422 Ledwicke, 77029	1	Yes						
Karl Young (KM 532J)	7800 Stella Link, 77025	1	Yes						
Keith-Wiess (KM 413M)	12300 Aldine-Westfield, 77093	2	Yes						
Law (KM 534Y)	6200 Scarlet / 6100 Vassar, 77033	2	Yes	1					
Lincoln (KM 412Q)	979 Grenshaw, 77088	1	Yes						
Linkwood (KM 532P)	3699 Norris, 77025	2	Yes	1					
Mangum Manor (KM 451L)	5235 Saxon, 7792	1	Yes	1					
Mason (KM 535A)	541 South 75th St./Tipps, 77023	2	Yes						
Meadowcreek Village (KM 536S)	5333 Berry Creek, 77017	2	Yes						
Melrose (KM 413T)	12200 Melrose Park Rd., 77076	4	Yes						
Meyerland (KM 531Q)	5151 Jason, 77096	2	Yes						
Milby (KM 535G)	2001 Central, 77017	2	Yes						
Milroy (KM 452Z)	1205 Yale, 77008	1	Yes						
Montie Beach (KM 453X)	915 Northwood, 77009	2	Yes	1					
Moody (KM 453Y)	3725 Fulton, 77009	2	Yes						
Nieto (KM 495A)	500 Port, 77020	1	Yes						
Northline (KM 413W)	6902 Nordling, 77076	2	Yes						
Nottingham (KM 489E)	14205 Kimberley, 77079	2	Yes	1					



Awesome Courses! Affordable Prices!



1001 Memorial Loop, 77007
(713) 862-4033



6660 Harbor Town, 77036
(713) 988-2099



7000 Capital, 77023
(713) 928-4261



8201 John Ralston Road
(281) 458-1350

www.houstonparks.org

GOLF *courses*

The Houston Parks and Recreation Department provides 7 challenging golf courses for citizens' enjoyment. From the highly acclaimed Memorial Park (the #1 municipal course in the state!), to the well maintained and lower priced Brock Park and Gus Wortham Park courses, there is something for every golfer. Memorial, Hermann and Gus Wortham are all located inside the loop. Sharpstown, one of Houston's most popular and most walkable courses, is close in on the Southwest side. Brock offers opportunities to Northeast golfers, while Glenbrook provides a venue in the Southeast area of the City. Melrose, in the North Central part of the city, offers a chance to practice short-game skills with its 18 par -3 holes. All courses except Glenbrook have driving ranges, and all have practice putting and chipping greens. Pro shops are available at all courses. Dining facilities are available at all courses except Melrose.

All courses are non-metal spike facilities. Weekday fees apply Monday through Thursday. Weekend fees apply Friday through Sunday, and all city holidays. Junior (under 18) and Senior (65 – older) rates are offered on weekdays only. Twilight start times vary by season. Please call the course.

For tee time reservations, log on to www.houstonparks.org and access the tee time reservation system. This innovative tee time system includes Memorial, Sharpstown, Brock and Gus Wortham. For tee times at other courses call the pro shop. For information on all the courses, visit www.houstonparks.org. Lessons from qualified instructors are available at all courses. Tournament and corporate outings may be scheduled by calling any of the courses.

(Note: Prices subject to change without notice. Extra fee applies for use of electric golf car.)



Memorial Park Golf Course

Memorial Park Golf Course began in 1923 as a 9-hole sand green course built near the hospital at Camp Logan. In 1935, in an ambitious effort to enhance parks across the city, the Houston Parks and Recreation Department began constructing an illustrious 18-hole golf course. In July of 1936, the first ball was teed off on what architect John Bredemus called his "greatest golf course ever."

Through the years, Memorial Park Golf Course hosted many famous golfers such as Arnold Palmer, Babe Didrikson and Charlie Sifford. It also hosted the Houston Open PGA Tour event from 1951 to 1963. In 1995, a newly renovated 260-acre course opened with a lighted driving range, putting and chipping greens and a beautiful new clubhouse facility featuring an expanded pro shop and a Beck's Prime Restaurant.

Today, Memorial Park Golf Course is known as one of the best municipal courses in the nation and is visited by more than 60,000 patrons each year. Houston is proud to call Memorial Park Golf Course the crown jewel of Memorial Park.

Memorial Park Golf Course is closed on Tuesdays. Tee times are available online at www.houstonparks.org. Click on the golf link and choose Memorial Park Golf Course To access the online tee time reservation system.

Location:	Memorial Park (KM 492F) 1001 Memorial Loop, 77007
Information:	(713) 862-4033
Yardage / Par:	7309 / 72
Hours:	Dawn - 10:00 pm

Fees

Junior (Mon - Thur Only):	\$10.00
Senior/Disabled (Mon - Thur):	\$15.00
Mon - Thur:	\$30.00
Fri - Sat & Holidays:	\$38.00
Mon - Thur Twilight:	\$21.00
Fri - Sun Holiday Twilight:	\$28.00





Hermann Park Golf Course

Hermann Park Golf Course is a jewel nestled in the center of the Bayou City. Since 1922, this lush parkland course has been at the center of a rich tradition of golfing excellence. The course was fully renovated in 1998. The new clubhouse is located at the corner of Almeda and North MacGregor, and from there you set out on this short, but challenging and enjoyable course. Water toughens the course, coming into play on half the holes. You'll find

no more enjoyable way to experience George Hermann's legacy than playing this 18-hole oasis in the very heart of Houston.

Hermann has a driving range, practice putting green, pro shop and complete snack bar.

The Hermann Park Golf Course is managed for HPARD by BSL Golf Corp. Sales tax is additional on all fees. Carts required weekend mornings.

Location:	Hermann Park (KM 533A) 2155 N. MacGregor, 77030
Information:	(713) 526-0077
Yardage / Par:	6014 / 70
Hours:	7:00 am - 9:00 pm

Fees

Junior (Mon - Thur Only):	\$ 8.00
Senior/Disabled (Mon - Thur):	\$12.00
Mon - Thur:	\$17.68
Fri - Sun & Holidays:	\$28.69
Mon - Thur Twilight:	\$14.07
Mon - Thur Twilight 2:	\$11.37
Fri - Sun Holiday Twilight:	\$22.73
Fri - Sun Holiday Twilight 2:	\$17.86



Gus Wortham Park Golf Course

Come play on living history. Gus Wortham opened in 1908 as the original Houston Country Club. Today, Wortham is the oldest continually operating 18 hole course in the state. Gus Wortham provides challenges not regularly found in Houston. Elevated tees and uphill carries to greens make you use all your clubs. The course is relatively wide open, making it attractive for all levels of golfers. The front 9 features 3 consecutive par 5 holes, 2 of which

you may want to go for in 2. Your shot-making skills will be tested on several of the "short but challenging" par 4 holes. Playing to more than 6,400 yards, Gus Wortham is a fun course, located only minutes from downtown and inside the loop.

A full driving range is available for practice or warming up. Additional practice areas include a putting green, chipping green and practice bunker. The pro shop staff is available for lessons. Gus Wortham has a fully stocked pro shop and full snack bar.

Tee times are available online at www.houstonparks.org. Click on the golf link and choose Gus Wortham Park Golf Course to access the online tee time reservation system.

Location:	Gus Wortham Park (KM 494Z) 7000 Capital, 77023
Information:	(713) 928-4261
Yardage / Par:	6447 / 72
Hours:	Dawn - Dusk

Fees

Junior (Mon - Thur Only):	\$ 7.00
Senior/Disabled (Mon - Thur):	\$10.00
Mon - Thur:	\$16.00
Fri - Sun & Holidays:	\$23.00
Mon - Thur Twilight:	\$13.00
Mon - Thur Twilight 2:	\$10.00
Fri - Sun Holiday Twilight:	\$17.00
Fri - Sun Holiday Twilight 2:	\$13.00



Sharpstown Park Golf Course

Welcome to Houston’s “Best Golfing Value.” Sharpstown Golf Course has earned this reputation by providing outstanding customer service and excellent facility conditions, while offering some of the lowest fees in the gulf coast area. Sharpstown Golf Course is located in the heart of southwest Houston, one mile west of Hwy 59 and just 1 block north of Bellaire Blvd. on Harbor Town Drive. Sharpstown’s convenient location allows for quick access

from anywhere in the greater Houston area. Recent improvements at Sharpstown include new cart paths, improved drainage, reconstructed bunkers, tees and lakes. The 18 hole, par 70 course has 4 sets of tees, allowing moderate degrees of difficulty for the novice and beginner, yet enough length (6,660 from the back tees) to test the avid and skilled player.

Sharpstown’s amenities include a driving cage for practice or warming up, 2 putting greens, a chipping green, full service pro shop, café and beverage cart and golf professionals who are available for lessons.

Tee times are available online at www.houstonparks.org. Click on the golf link and choose Sharpstown Park Golf Course to access the online tee time reservation system.

Location:	Sharpstown Park (KM 530F) 6660 Harbor Town, 77036
Information:	(713) 988-2099
Yardage / Par:	6600 / 70
Hours:	Dawn - Dusk

Fees

Junior (Mon - Thur Only):	\$ 8.00
Senior/Disabled (Mon - Thur):	\$13.00
Mon - Thur:	\$18.00
Fri - Sun & Holidays:	\$26.00
Mon - Thur Twilight:	\$15.00
Mon - Thur Twilight 2:	\$13.00
Fri - Sun Holiday Twilight:	\$20.00
Fri - Sun Holiday Twilight 2:	\$16.00



Brock Park Golf Course

Welcome to Houston’s “Best Kept Secret,” Brock Park Golf Course, quietly tucked in northeast Houston, far from the noise, but less than 20minutes from downtown. Brock Park is managed and maintained by the Houston Parks and Recreation Department’s golf operations division staff. This tree-lined course has been one of the City’s fine municipal courses since 1972. Brock plays to 6,427 yards with elevation changes unlike most courses in the area. It

combines risk and reward on many holes, and requires good shot selection and execution on others. Greens Bayou comes into play on 4 holes, and creeks cross 4 others. Good scores can be found at Brock, provided you stay out of the trees!

A driving range is available for practice or for warming up. Additional practice areas include a putting green, chipping green and practice bunker. The pro shop staff is available for lessons. Brock Park is a non-metal spike facility with a fully stocked pro shop and snack bar.

Tee times are available online at www.houstonparks.org. Click on the golf link and choose Brock Park Golf Course to access the online tee time reservation system.

Location:	Brock Park (KM 456E) 8201 John Ralston Road
Information:	(281) 458-1350
Yardage / Par:	6427 / 72
Hours:	Dawn - Dusk

Fees

Junior (Mon - Thur Only):	\$ 7.00
Senior/Disabled (Mon - Thur):	\$10.00
Mon - Thur:	\$16.00
Fri - Sun & Holidays:	\$23.00
Mon - Thur Twilight:	\$13.00
Mon - Thur Twilight 2:	\$10.00
Fri - Sun Holiday Twilight:	\$17.00
Fri - Sun Holiday Twilight 2:	\$13.00



Melrose Park Golf Course

Melrose Park Golf Course is one of the few 18 hole par-3 golf courses in the state and it is lighted for night play! Located on Canino Road, between Airline Drive and the Hardy Toll Road, Melrose also offers a lighted driving range with a grass hitting area, chipping green, practice bunker and practice putting green.

With holes ranging in length from 70 yards to 145 yards, you will get the opportunity to work on all aspects of your short iron game. Imagine being able to play 18 holes in less than 2 hours and have a chance for a hole-in-one on every hole!

Melrose is managed for HPARD by Walton Golf Enterprises. Individual lessons and group clinics are available. Fall hours are from 8:00 am to 9:00 pm. Contact the course for further information.

Location: Melrose Park (KM 413T)
401 Canino, 77076
Information: (281) 931-4666
Yardage / Par: 2250 / 54
Hours: Dawn - Dusk

Fees

Junior (Weekday Only):	\$ 6.00
Senior/Disabled (Weekday Only):	\$ 6.00
Weekday (Mon - Thur):	\$10.00
Weekday Night:	\$11.00
Weekday/Holiday (Fri - Sat):	\$12.00
Weekday/Holiday Night:	\$13.00



Glenbrook Park Golf Course

Glenbrook Park Golf Course is located south/southeast of downtown Houston in the Hobby Airport area.

Located along Sims Bayou, Glenbrook has 7 holes that cross the waterway. Recent improvements at Glenbrook include new tees on many holes, expanding the distance from the rear tees.

Glenbrook is managed for HPARD by Lopez Golf Management. Tee times are available on Thursday morning at 7:00 a.m. for Friday, Saturday and Sunday starting times. Sales tax on all fees is additional.

Location: Glenbrook Park (KM 535Q)
8205 Bayou Drive, 77017
Information: (713) 649-8089
Yardage / Par: 6520 / 71
Hours: Dawn - Dusk

Fees

Junior (Mon - Thur Only):	\$ 7.00
Senior/Disabled (Mon - Thur):	\$10.00
Mon - Thur:	\$16.00
Fri - Sun & Holidays:	\$23.00
Mon - Thur Twilight:	\$13.00
Fri - Sun & Holiday Twilight:	\$17.00

PERMITS & RESERVATIONS

Permits and Reservations

HPARD has many different venues available for rental. Whether you are planning a wedding, a family or a neighborhood event, a company picnic or a sports tournament we have a site for you!

An area within a park may be reserved for personal use or private events by obtaining a permit through HPARD's Permits Section for a fee and refundable deposit. This permit ensures the exclusive use of the specific space for a designated time frame.

Park space, including pavilions, picnic table clusters and open space may be reserved for picnics, birthday parties, family or religious gatherings, weddings and more. Sports field rentals and reservations, with all the amenities, are also available year round at nominal fees for weekdays and weekends. When planning your event it is very important to contact HPARD's Permits Office as early as possible to receive the most current information on the park or facility of your choice.

For information regarding permits for large public events, call the Mayor's Office of Special Events at (832) 393-0868.

- Office Hours:** 8:30 am - 4:45 pm, M-F
- Sportsfield Permits:** (832) 395-7010
(832) 395-7011
- Outdoor Permits:** (832) 395-7012
(832) 395-7013



GARDENS

Houston Garden Center

Wander the pathways of The Houston Garden Center and enjoy the sights and smells of over 2,500 roses. Identify your favorite rose, tree or flower on a casual stroll or plan your next event with the center as its backdrop. The gardens cover 6 acres of land and include the All-American Rose Selection Test Garden, the Bulb Garden, the Fragrant Garden, the Perennial Garden, the Camellia Garden, the Friendship Pavilion and the early stages of the International Garden.

Every year, the Garden Center serves as a backdrop for weddings, private functions, plant shows and various garden club meetings.

The center is located across from the Miller Outdoor Theatre and just east of the Houston Museum of Natural Science.

Visit www.houstonparks.org for a listing of horticultural groups that meet at the Houston Garden Center throughout the year. For rental information, contact the Houston Garden Center Office during normal business hours.

- Office Hours:** 8:00 am – 5:00 pm, M-F
- Information:** (713) 284-1989

Japanese Garden at Hermann Park

Nestled in a pine grove near the Sam Houston Monument in Hermann Park you'll find an island of serenity known as the Japanese Garden. Designed by world-renowned Japanese landscape architect Ken Nakajima, the garden was built to symbolize the friendship between Japan and the US, and to recognize Houston's thriving Japanese community.

The Japanese Garden in Hermann Park is built in the Daimyo Style, a traditional design that dates back to the 17th, 18th, and 19th century stroll gardens. Like most stroll gardens, this 5-acre oasis is designed around a sequence of landscape elements, which combine together to create a work of living art.

THE JAPANESE GARDEN IS NOT AVAILABLE FOR RENTALS.

- Spring/Summer Hours:** 10:00 am - 6:00 pm
- Fall/Winter Hours:** 10:00 am - 5:00 pm
- Location:** 6001 Fannin
- Information:** (713) 284-1989

PARK VOLUNTEER programs

Houston Parks and Recreation Department - Preserving Parks For Today - Building For The Future

Every year HPARD depends on hundreds of volunteers of all ages to assist in a variety of programs and activities from coaching youth sports teams to cleanup projects in neighborhood parks. We encourage individuals, businesses, youth and adult organizations and corporate sponsors to learn more about all the volunteer opportunities available with the department. Make a difference in your community, in the lives of children and in our park programs. Get involved and volunteer today!

Greenspace Volunteer Programs

Green Team Volunteer Program

Green Team Volunteers provide landscaping maintenance and improvements, tree planting, park and/or bayou de-littering and help with beautification projects. Individuals, businesses, youth and adult organizations and corporate sponsors are all encouraged to participate in this program.

All volunteers must complete a volunteer waiver form for each event.

Ages: Youth - Adult
Varies With Project

Registration: (832) 395-7030

Eagle Scout Projects

HPARD welcomes project submission from Eagle green spaces, youth sports programs and our community centers.

Ages: 18 - older
Registration: (832) 395-7030

Internship Program

HPARD provides a professional environment in which undergraduate, graduate and post-graduate students may acquire experience, which relates to their academic course of study. The internship program is open to all students from an accredited college or university who are seeking and actively pursuing a career in the fields of recreation, park management or other related professions.

Ages: 18 - older
Registration: (832) 395-7112



Facilities, Management & Development Internship Program

HPARD provides a professional environment in which graduate, undergraduate and post-graduate students may acquire experience, which relates to their academic course of study. The internship program is open to all students from an accredited college or university who are seeking a career in the fields of park management, landscape architecture, planning, GIS and other related fields.

Ages: 18 and older
Registration: (832) 395-7028





Recreation and Wellness Volunteer Programs

Teen Volunteer Program

Volunteer at your area community center and gain valuable experience in the recreational field, explore a potential career option and develop your personal and professional skills while giving back to your community.

Volunteer opportunities include: Summer Enrichment Program Assistance, Office Assistant and acting as a Receptionist.

No experience is necessary. Teen Volunteers are required to complete a Teen Volunteer Application Form.

Ages: 14 - 17
Registration: Ongoing
 During Community Ctr Hours
Program Dates: Jan 3 - May 25, 2012
Times: 3:00 pm - 8:00 pm
Location: All HPARD Community Ctrs
Information: (832) 395-7295

Adult Volunteer Program

Volunteer at your area community center and gain valuable experience in the recreational field, explore a potential career option and develop your personal and professional skills while giving back to your community.

Volunteer opportunities include: Assisting with Summer Enrichment Program, Office Assistant, Chaperone on youth field trips and Receptionist duties.

No experience is necessary. An Adult Volunteer Application Form must be completed.

All applicants must pass a Background Check before being accepted as a volunteer.

Ages: 18 - older
Registration: Ongoing
 During Community Ctr Hours
Program Dates: Jan 3 - May 25, 2012
Times: 12:00 pm - 8:00 pm
Location: All HPARD Community Ctrs
Information: (832) 395-7295

Athletic Team Volunteer

Team volunteers serve as coaches, assistant coaches or provide support to youth participating in baseball, basketball, flag football, golf, soccer, track and field and volleyball.

Volunteers must complete an application and successfully pass a background check before being accepted as a volunteer.

Ages: 18 - older
Information: (832) 395-7261

Friends of the Park

Make a difference in your community by joining your neighborhood Friends of the Park Council. Your assistance is needed with volunteer opportunities, planning and assisting with special events and providing input regarding the community's programming needs.

Ages: 18 - older
Location: All HPARD Community Ctrs
Information: (832) 395- 7264
 (832) 395- 7294

PARTNERING *with parks*

The Houston Parks and Recreation Department (HPARD) oversees 369 developed parks and more than 200 green spaces totaling over 38,959 acres of land. We are committed to providing the public with educational and recreational programming; with responsible stewardship of Houston's parkland, greenspaces and urban forest; and with volunteering and partnership opportunities, for individuals and businesses that support the City's parks.

Partnering with Parks can help your group meet organization's goals while improving the city's quality of life and providing one of the most visible and public ways to demonstrate your dedication and commitment to the environment and to the community. Public-private partnerships benefit all of us all. Won't you join us today to create something wonderful for all Houstonians!

Contact: Luci Correa
Information: (832) 395-7057

Lake Houston Wilderness Park

Lake Houston Wilderness Park (LHWP) is a 4,800-acre "natural" park northeast of Houston acquired by the City from TPWD in 2006. It is managed for the City by the Houston Parks and Recreation Department. The park is on the central flyway for migratory birds of the U.S. and is recognized on the Great Texas Coastal Birding Trail (Upper).

LHWP provides camping facilities; hiking, biking and equestrian trails; water activities for kayaks and canoes; and natural areas for nature lovers and birders alike.

Partnership and funding opportunities exist in many areas including the creation of a vehicle bridge, the development of a park headquarters and pavilion, the development of canoe and kayak facilities and the building of cabins and stables.

Playgrounds without Limits

Playgrounds Without Limits is a campaign to build inclusive playgrounds in HPARD parks. These playgrounds surpass ADA accessibility guidelines and provide a variety of play elements and activities for children of all abilities. Ramps and transfer systems address mobility issues, elements like elevated sand boxes provide children with sight impairment sensory-rich activities to enjoy and porch-swing gliders give children with wheelchairs the opportunity to enjoy a swing.

Each Playground without Limits has an approximate cost of \$500,000. We have this Playground featured at Alief Park, Eastwood Park, Memorial Park, the Metropolitan Multi-Service Center and Tidwell Parks.

Park Playgrounds

Playgrounds provide kids with an opportunity for free unstructured play. Play is an important factor in how they develop both socially and physically. Kids who play build their confidence and learn the social skills that help them become happy, well-adjusted adults. Approximately 200 new or replacement playgrounds are needed in Houston of varying size and components to match the needs of the park, neighborhood, and age of the children playing on them.



Lighted Sports Fields

The rapid growth of Houston soccer in recent years has created a citywide shortage of fields, leaving many teams and leagues to vie for play space every day. Lighting existing sports fields is a cost effective alternative to acquiring, developing, and maintaining new facilities because it extends hours of play, especially during the shortening days of the fall and winter seasons. In summertime, lighted fields provide an escape from the hot Texas sun, making games safer for players and more enjoyable for fans. Increased recreational opportunities have a direct impact on the success of our youth, and as a result, the future success of our entire community.

Funding will be used to purchase Musco Lighting's energy efficient Light-Structure Green™ lighting system. This state-of-the-art technology offers key benefits including:

- 50% savings in operating costs through reduced energy consumption and an automated control and monitoring system
- 50% less spill and glare, protecting the environment and keeping neighbors happy
- 100% of maintenance costs eliminated for 25 years, including lamp replacements, through a comprehensive warranty program
- Light levels guaranteed to remain constant for 25 years



Trails in Parks

A survey of Houstonians for the Houston Parks and Recreation Master Plan showed recreational walking is the number one fitness activity. Trails in parks provide a simple outlet for physical activity to improve fitness and mental health. Trails in parks also make our parks safer and reduce vandalism by increasing park use throughout the day.

Opportunities exist to develop loop trails within existing parks as well as dedicated trails along linear parks. To meet the recommended national standards, new trails totaling 428 miles are needed to serve the 2020 population.



PARK & GREENSPACE *adoption*

Park Adoption Programs

HPARD's Adoption programs are a great way to show your pride and commitment to Houston's parks and green spaces. Whether you're with a group or business interested in active community involvement we have a program that will fit your desire to improve the quality of our park system and public land. There are 5 different Adoption Programs for you to choose from, Adopt-A-Park, Adopt-An-Esplanade, Adopt-A-Sports Field, Adopt-A-Trail and Adopt-A-Library Greenspace. Regardless of the program you choose your involvement helps us maintain green spaces that we're all proud of!

Contact: Marilu De La Fuente
Information: (832) 395-7029
marilu.delafuente@houstontx.gov

Adopt-A-PARK

This adoption program welcomes homeowners associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of a park.

Term of agreement minimum of 2 years.

Adopt-A-SPORTS FIELD

This adoption program welcomes organizations or individuals who wish to adopt a sports field in lieu of paying permitting fees associated with the use of ball fields. This adoption is available for youth leagues only.

The term is for 6 months (Jan-June) and (July-Dec). The adoptee is responsible for all maintenance related to the sports field for the entire 6 month period.

Adopt-An-ESPLANADE

This adoption program welcomes homeowners associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of esplanades/medians.

Term is perpetual provided adoptee maintains esplanades/medians free of trash, mowed and edged.

Adopt-A-TRAIL

This adoption program welcomes civic groups interested in providing long-term support for the maintenance and aesthetic quality of a portion of a trail. Term is a 2 year minimum.

Adopt-A-LIBRARY GREEN SPACE

This adoption program welcomes homeowners associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of library grounds.

Term of agreement minimum of 2 years.



SUMMER food service program

Summer Food Service Program

Register today to become a Summer Food Service Site and help provide **FREE** lunches and snacks to area youth, ages 1-18, this summer! The Summer Food Service Program (SFSP) works to fill the meal gap that area youth experience when school cafeterias are closed for the summer.

The program is a federally funded and administered by the Texas Department of Agriculture. The Houston Parks and Recreation Department has sponsored and coordinated the program since 1984. Various organizations and groups can apply to become a Summer Food Program site and participate in the program at no cost to themselves. Participating sites have included HPARD Community Centers, churches, apartment complexes, learning centers, YMCAs and many other non-profit organizations. Organizations must apply and qualify to become a Summer Food Service Site.

The program operates on a weekday basis. Meals are prepared and delivered daily to participating sites. The meals consist of a sandwich, a fruit, juice and milk. Each year over 1.3 million meals are distributed at more than 400 participating sites throughout Houston and Harris County. The need for more sites is great and we encourage interested groups and organizations to consider becoming a Summer Food Service Site and help us feed area youth throughout the summer. This year's Summer Food Service Program will run from June 6, 2011 through August 19, 2011.

Applications must be received by April 15, 2011. Apply today to become a Summer Food Service Site and help us provide nutritious meals this summer to Houston's young people.

Note: Application Forms are available for download at www.houstonparks.org

**SFSP Site
Registration
Deadline:**

April 15, 2011

Fees:

FREE
(no billing or food
preparation involved)

Information:

(713) 676-6832
sheila.pous@houstontx.gov

Summer Food Program *Programa de Alimentos Durante el Verano*

June 4 - August 17, 2012
4 de Junio - 17 de Agosto del 2012

Hey, Parents and Guardians!

FREE summer meals
are available for
youths ages 1-18.
No registration is
required. Just show up
at a site near you!



¡Hola padres y tutores!

Comidas **GRATIS** durante
el verano para niños y
adolescentes de 1 a 18
años de edad. No tienen
que inscribirse, solo
presentarse en el
sitio más cercano!

Information / Información
(713) 676-6832 or 2-1-1



National Recreation
and Park Association



Sponsored by Houston Parks and Recreation Department since 1984. This program is administered by the Texas Department of Agriculture Food and Nutrition Division. In accordance with federal law and USDA policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. *Patrocinado por el Departamento de Parques y Recreación de Houston desde 1984. El programa es administrado por el Departamento de Agricultura de Texas División de Alimentos y Nutrición.*
De acuerdo con la Ley Federal y los reglamentos del Departamento de Agricultura de E. U., no se permite la discriminación basada en la raza, el sexo, la edad o la discapacidad.

HPARD Community Centers

NORTHEAST

Clark (KM 453B)
9718 Clark, 77076
(713) 742-1497

Clinton (KM 495U)
200 Mississippi, 77029
(713) 673-0955

Finnigan (KM 494H)
4900 Providence, 77020
(713) 678-7385

Hobart Taylor (KM 455Q)
8100 Kenton, 77028
(713) 674-3959

J Robinson, Sr (KM 495L)
1422 Ledwicke, 77029
(713) 674-2401

Lakewood (KM 455G)
8811 Feland, 77028
(713) 636-8217

Melrose (KM 413T)
1001 Canino, 77076
(281) 447-0514

Moody (KM453Y)
3725 Fulton, 77009
(713) 692-6925

Selena Quintanilla Perez (KM494H) (DenverHarbor)
6402 Market, 77020
(713) 675-2151

Shady Lane (KM 414W)
10220 Shady Lane, 77093
(713) 742-1503

Swiney (KM 494J)
2812 Cline, 77020
(713) 238-2197

Tidwell (KM 454D)
9720 Spaulding, 77016
(713) 636-8221

Tuffly (KM 454X)
3200 Russell, 77026
(713) 674-2355

NORTHWEST

Candlelight (KM 452E)
1520 Candlelight, 77018
(713) 682-3587

Fonde (KM 493K)
110 Sabine, 77002
(713) 226-4466

Freed (KM 451Y)
6818 Shady Villa, 77055
(713) 682-4467

Highland (KM 451D)
3316 DeSoto, 77091
(713) 956-9137

Independence Heights (KM 453N)
603 East 35th, 77022
(713) 867-0373

J Robinson, Jr. (KM 533B)
2020 Hermann Drive, 77004
(713) 284-1997

Kendall (KM 488C)
609 North Eldridge, 77079
(832) 393-1897

Lincoln (KM 412Q)
979 Grenshaw, 77088
(281) 445-1617

Love (KM 452Z)
1000 West 12th, 77008
(713) 867-0497

Milroy (KM 452Z)
1205 Yale, 77008
(713) 867-0397

Montie Beach (KM 453X)
915 Northwood, 77009
(713) 864-6820

Proctor Plaza (KM 453X)
803 West Temple, 77009
(713) 862-6907

R.L. & Cora Johnson (KM 450A)
9920 Porto Rico, 77041
(713) 895-6141

Stude (KM 493E)
1031 Stude, 77007
(713) 867-0496

Woodland (KM 493C)
212 Parkview, 77009
(713) 867-0401

SOUTHEAST

Bessie Swindle (KM 573L)
11800 Scott, 77047
(713) 733-4581

Beverly Hills (KM 576S)
10201 Kingspoint, 77075
(713) 948-9065

Charlton (KM 535P)
8200 Park Place, 77017
(713) 645-3589

Crestmont (KM 574J)
5200 Selinsky, 77048
(713) 733-2236

DeZavala (KM 495S)
907 76th St., 77012
(713) 923-5163

Eastwood (KM 494T)
5020 Harrisburg, 77011
(713) 928-4801

Edgewood (KM 534X)
5803 Bellfort, 77033
(713) 734-8434

Garden Villas (KM 535W)
6720 S. Haywood, 77061
(713) 847-5168

Hartman (KM 535C)
9311 E. Ave. P., 77012
(713) 928-4803

Ingrando (KM 535F)
7302 Keller, 77012
(713) 643-4764

Mason (KM 535A)
541 South 75th., 77023
(713) 928-7055

Meadowcreek (KM 536S)
5333 Berry Creek, 77017
(713) 946-9020

Sagemont (KM 576Y)
11507 Hughes, 77089
(281) 922-2343 **CLOSED**

Settegast (KM 494N)
3000 Garrow, 77003
(713) 238-2200

SOUTHWEST

Alief (KM 529E)
11903 Bellaire, 77072
(281) 564-8130

Almeda (KM 572Y)
14201 Almeda School Rd., 77047
(713) 434-1909

Burnett Bayland (KM 531B)
6200 Chimney Rock, 77081
(713) 668-4516

Cherryhurst (KM 492R)
1700 Missouri, 77006
(713) 284-1992

Emancipation (KM 493Y)
3018 Dowling, 77004
(713) 284-1302

Godwin (KM 531U)
5101 Rutherglen, 77096
(713) 726-7114

Hackberry (KM 528M)
7777 S. Dairy Ashford, 77072
(281) 776-9908

Lansdale (KM 530K)
8201 Roos, 77036
(713) 272-3668

Linkwood (KM 532P)
3699 Norris, 77025
(713) 314-3107

Marian (KM 530X)
11101 South Gessner, 77071
(713) 773-7015

Platou (KM 571B)
11655 Chimney Rock, 77053
(713) 726-7107

River Oaks (KM 492T)
3600 Locke Lane, 77027
(713) 622-5998

Sharpstown (KM 530F)
6600 Harbor Town, 77036
(713) 988-5328

Sunnyside (KM 533X)
3502 Bellfort, 77051
(713) 734-5061

Townwood (KM 572P)
3403 Simsbrook, 77045
(713) 434-3508

Windsor Village (KM 571P)
14441 Croquet, 77085
(713) 726-7113



Important HPARD Phone Numbers

Frequently Called Numbers

Houston Parks and Recreation Department Main Phone No.	2999 S. Wayside Dr.	(832) 395-7000
HPARD Urban Park Rangers Dispatch	2999 S. Wayside Dr.	(832) 395-7100
HPARD Park Maintenance Problems		3-1-1

HPARD Program / Administration Phone Numbers

Adoption Programs	2999 S. Wayside Dr.	(832) 395-7029
Adult Sports	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7130
Adult Sports Bulletin Board	(Phone Message Only)	(713) 865-4105
After School Enrichment Program	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7294
After School Enrichment Program Administration	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7270
Athletes Seeking Knowledge Program	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7293
Aquatics	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7129
Community Centers Information	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7294
D-Tag (Information only)	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7297
D-Tag (Administration)	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7270
First Tee of Houston at FM Law Park	8400 Mykawa Road	(713) 264-2100
Golf – Brock Park Golf Course	8201 John Ralston Road	(281) 458-1350
Golf – Glenbrook Park Golf Course	8205 Bayou Drive	(713) 649-8089
Golf – Gus Wortham Park Golf Course	7000 Capitol	(713) 928-4260
Golf – Hermann Park Golf Course Managed by BSL Golf Corp.	2155 North MacGregor	(713) 526-0777
Golf – Melrose Park Golf Course Managed by Walton Golf Enterprises	401 Canino	(281) 931-4666
Golf – Memorial Park Golf Course	1001 East Memorial Loop Drive	(713) 862-4033
Golf – Sharpstown Park Golf Course	6600 Harbor Town	(713) 988-2099
Houston Garden Center	1500 Hermann Circle Drive	(713) 284-1989
Lake Houston Wilderness Park Reservations	22031 Baptist Encampment Rd. New Caney, Texas 77357	(281) 354-6881
Lee & Joe Jamail Skatepark	103 Sabine Street	(713) 222-5500
Mayor’s Office of Special Events (Special Events Permits)		(832) 393-0868
Mayor’s Office of Special Events (Parade & Street Function Permits)		(832) 393-0868
Memorial Park Bike Trail Message Line	(Phone Message Only)	(713) 437-6588
Metropolitan Multi-Service Center	1475 West Gray	(713) 284-1973
Nature Programs (HPARD Venues)	6200 Wheeler, Bldg. 3	(832) 284-7132
Nature, Teen & Senior Programs Administration	6200 Wheeler, Bldg. 3	(832) 395-7270
Partnership Programs	2999 S. Wayside Dr.	(832) 395-7056
Permits & Rentals (Outdoors)	2999 S. Wayside Dr.	(832) 395-7012
Permits & Rentals (Outdoors)	2999 S. Wayside Dr.	(832) 395-7013
Permits & Rentals (Sports fields)	2999 S. Wayside Dr.	(832) 395-7010
Permits & Rentals (Sports fields)	2999 S. Wayside Dr.	(832) 395-7011
Senior Programs (Information)	6200 Wheeler, Bldg. 3	(832) 395-7133
Summer Enrichment Program	6200 Wheeler, Bldg. 3	(832) 395-7294
Senior Programs and Summer Enrichment Program Administration	6200 Wheeler, Bldg. 3	(832) 395-7270
Summer Food Service Program	6402 Market Street	(713) 676-6832
Teen Programs (Information)	6200 Wheeler, Bldg. 3	(832) 395-7131
Tennis - Homer Ford Tennis Center	5225 Calhoun	(713) 842-3460
Tennis - Lee LeClear Tennis Center	9506 S. Gessner	(713) 272-3697
Tennis - Memorial Park Tennis Center	1500 Memorial Loop Dr.	(713) 867-0440
Tennis - Youth Tennis Office	1500 Memorial Loop Dr.	(713) 803-1112
The Houston Garden Center at Hermann Park Reservations	Hermann Circle Drive	(713) 284-1989
Volunteer Programs Recreation and Wellness Division	6200 Wheeler, Bldg. 3	(832) 395-7295
Volunteer Programs HPARD	2999 S. Wayside Dr.	(832) 395-7030

Houston Parks and Recreation Department

Lifeguard Jobs

**Pool Supervisors,
Head Lifeguards and Lifeguards**



Pool Supervisors, Head Lifeguards and Lifeguards

Lifeguards working for the City of Houston HPARD are among the highest paid guards in the Greater Houston Area!

Requirements:

- Must be 16 years of age by May 31
- Must pass standard Lifeguard Swim Evaluation
- Must pass ARC Lifeguard Training course offered or approved by COH Aquatics Administration
- Must pass drug test and criminal history background check
- Must have reliable transportation

The following positions are available:

Lifeguard

Head Lifeguard

Supervisor

For more information call (832) 395-7129



**houston
PARKS
& recreation
department**
www.houstonparks.org

A CAPRA Accredited Agency

HOUSTON PARKS AND RECREATION DEPARTMENT & U.S. PARALYMPIC MILITARY SPORTS PROGRAM
PRESENT

THE 3RD ANNUAL METAL & MUSCLE EXPO



MARCH 3, 2012

9:00 A.M. - 5:00 P.M.

GEORGE R. BROWN CONVENTION CENTER | 1001 AVENIDA DE LAS AMERICAS, 77010

The **METAL & MUSCLE EXPO** is FREE and open to all and will feature a paralympic sports clinic, competitive team activities and exhibitors who provide services for people with physical disabilities.

Service men and women returning from Iraq & Afghanistan with permanent physical disabilities, including blind and visually impaired as well as all veterans with a physical disability, are encouraged to attend.

Demonstrations and activities will include:

Sitting Volleyball • Power Soccer • Challenge Slalom • Wheelchair Ruby • Judo for the Blind
Air Gun Competition • Wheelchair Basketball • Wheelchair Racing • Amputee Walking/Running Clinic



Events are offered for participation by both able-bodied and persons with disabilities. Team and individual prizes are awarded to top **METAL & MUSCLE EXPO** finishers.

For more information contact Chuck French, (713) 562-4089 or charles.french@houstontx.gov

Lake Houston Wilderness Park

Making Family Memories One Camping Trip At A Time

You'll
Never Forget
Your First S'more,
Your First Fishing Trip,
Or Your First Campfire

MAKE A MEMORY
That Will Last A Lifetime

Visit
LAKE HOUSTON
WILDERNESS PARK

Book Your Family Memory Today
Call (281) 354-6881

Lake Houston Wilderness Park
22031 Baptist Encampment Road
New Caney, Texas 77357
www.houstonparks.org

