

# HOUSTON PARKS & RECREATION DEPARTMENT

VOL. 7 - ISSUE 1 April 1, 2012 - August 1, 2012



REGISTER FOR A LEARN TO SWIM CLASS TODAY!

## SUMMER ACTIVITIES GUIDE & CLASS CATALOG

### SUMMER FOOD SERVICE PROGRAM

Youth, ages 1 to 18, get a FREE lunch - June 4 to Aug 17!  
No Registration Required!  
Over 400 sites across Houston!



Marian Park - Summer Enrichment Carnival

REGISTER FOR HPAR'S  
SUMMER ENRICHMENT PROGRAM!  
ENJOY SPORTS, CRAFTS, FIELD TRIPS  
& MUCH MORE!  
PAGE 3

# Summer Food Program

## Programa de Alimentos

### Durante el Verano

*Friends, Fun  
and Free Food*

*Amigos, diversión  
y comida gratis*



**Hey, Parents  
and Guardians!**

**FREE** summer meals  
are available for  
youths ages 1-18.  
No registration is  
required. Just show up  
at a site near you!

**¡Hola padres y  
tutores!**

Comidas **GRATIS** durante  
el verano para niños y  
adolescentes de 1 a 18  
años de edad. No tienen  
que inscribirse, ¡solo  
presentarse en el  
sitio más cercano!

**Information / Información**  
**(713) 676-6832 or 2-1-1**



USDA is an equal opportunity provider.



# LAKE HOUSTON WILDERNESS PARK

GATEWAY TO NATURE



**New Lakeside Cabins Available For Rental Mid-April**  
**Reservations, Prices & Information: (281) 354-6881**  
**[www.houstonparks.org](http://www.houstonparks.org)**



**houston  
PARKS**  
& recreation  
department  
A CAPRA Accredited Agency



**S**ummer is the best time for everyone in the family to get outdoors & make the most of life! Here in Houston, we have a wealth of outdoor opportunities in our parks for all ages & abilities. The Houston Parks & Recreation Department offers something a variety of classes, sports leagues, & recreation suggestions to meet everybody's tastes!

Our municipal golf courses, pools, & community centers offer a variety of opportunities for everyone to stay active during the long summer days. Registration for adult sports leagues is available on line at [www.houstonparks.org](http://www.houstonparks.org) so be sure to get your team together & sign up for a summer league. If swimming a few laps or just floating in cool water appeal to you, try one of the city's 38 swimming pools. Skateboard enthusiasts can choose between five above ground skateparks or the Lee & Joe Jamail Skatepark, a world-class in-ground park on Sabine Street, near downtown. Houston offers over 100 miles of trails in parks & along area bayou banks. Parks & bayous offer a great way to get your walking, jogging or biking in the middle of great scenery. We haven't forgotten our four-legged friends, either; fenced off-leash dog parks are available in six HPARD parks.

Lake Houston Wilderness Park is a great experience for outdoor enthusiasts & is the ONLY park in our system that offers overnight camping. We've added new amenities to the park including a new entrance, new Lake Front Cabins, new Screened Platform Covered Shelters & roads & trails to make getting close to nature much easier. We expect to be taking reservations in mid to late April for these new amenities!

Registration for HPARD's Summer Enrichment Program is available at HPARD community centers across the city. Spaces fill up rapidly for this day camp style program so be sure to visit your neighborhood community center & register soon. When school ends HPARD's FREE Summer Food Service Program for youth ages 1 – 18 opens to fill the lunch void left by the end of the school year. No registration is required. To find a site near you dial 2-1-1 & give the operator your zip code.

There's a whole world of adventure waiting for you within the bounds of your own hometown - just turn the pages & see what's waiting for you!

Joe Turner, Director  
Houston Parks & Recreation Department



## MISSION STATEMENT

"To enhance the quality of urban life by providing safe, well maintained parks & offering affordable programs for the community."



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### PARK RULES & REGULATIONS

- Park hours of operation for all city parks are 6:00 am to 11:00 pm unless otherwise posted.
- Glass bottles & glass containers are prohibited.
- Camping in City parks is prohibited except at Lake Houston Wilderness Park where fee based camping is permitted by reservation only. Walk-ins are welcome pending site availability.
- No motorized vehicles may be driven on turf areas.
- Riding or driving animals over or through the park, except along designated bridle paths is prohibited.
- Molesting, injuring, etc., animals, fowl or fish is prohibited.
- Erecting structures, bill posting, etc. is prohibited.
- Walking, sitting or standing on any border or flower bed is prohibited.
- No hunting or use of firearms is permitted in city parks.
- Fishing is not permitted. Exceptions are children 12 & under & senior citizens 65 & older & at Lake Houston Wilderness Park with appropriate Texas State Fishing License.
- Alcoholic beverages are prohibited in City parks with posted signage.
- All animals must be on a leash & under the direct control of its owner.
- Owners must pick up after their dogs. City of Houston Code of Ordinances Sec 6-24.
- Picnic areas are on a first come, first serve basis unless the area has been permitted. It is recommended that park patrons obtain permits to secure a picnic area for a special activity.
- The selling of food, drink or any other commodity on park property is prohibited.
- Littering is prohibited. Please take care to dispose of your litter. Keep our greenspaces clean.
- For a complete list of Park Rules & Regulations, please visit the City of Houston Code of Ordinances, Chapter 32.

### ACTIVITIES IN THE PARK PROGRAM GUIDE & CLASS CATALOG

The Houston Parks & Recreation Department provides programs & recreational opportunities for people of all ages & abilities on a year round basis.

HPARD's Activities in the Park Program Guide & Catalog is printed three times a year. Printed copies are available at your local HPARD Community Centers & online at [www.houstonparks.org](http://www.houstonparks.org).

- **2012 Fall Activities in the Park - August 1, 2012**
- **2012 Winter/Spring Activities in the Park - December 1, 2012**
- **2013 Summer Activities in the Park - April 1, 2013**

### HOUSTON PARKS & RECREATION DEPARTMENT

2999 South Wayside  
Houston, TX 77009  
(832) 395-7000  
[askparks@houstontx.gov](mailto:askparks@houstontx.gov)

[www.houstonparks.org](http://www.houstonparks.org)

# YOUTH *programs*



**houston  
PARKS  
& recreation  
department**  
www.houstonparks.org

A CAPRA Accredited Agency

## Summer Enrichment Program

The Summer Enrichment Program is a day-camp style program for youth, 6 - 13 filled with fun activities. Registration is required for this 10 week program.

Available at 47 HPARD community centers program activities include crafts, nutrition, fun fitness, track & field, swimming, soccer, junior golf, nature exploration, include computer literacy programs, recycling awareness, kayaking, bird watching, fishing & hiking excursions & youth entrepreneur experiences.

Parents are required to attend a program orientation at their registered community center. Transportation to & from community center is the responsibility of the parent. Student to staff ratio is 1 to 35 with qualified professional recreation staff.

**The cost is \$30.00 per child per week. Payment at Community Centers must be in the form of a cashiers check or money order only. No personal checks are accepted.**

**Cash or credit card payments can be made at HPARD Permits Office 1002 Washington, Houston, TX 77002.**

Fee exemptions are available to parents or guardians who qualify. Appropriate documentation is required. Ask for more information regarding qualification criteria.

HPARD's Summer Enrichment Program operates under "Texas Standards of Care" as defined by the Texas Department of Protective & Regulatory Services.

**(NOTE: Any scheduled field trip costs are not a part of the registration fee).**

**Ages:** 6-13  
**Registration:** April 18  
 Until Commyty Center Capacity Reached  
**Fees:** \$30 per child per week  
 (No Personal Checks)  
**Dates:** June 4 - August 10  
**Times:** 8:00 am – 6:00 pm  
**Location:** 47 HPARD Commyty Ctrs  
 (832) 395-7270  
 (832) 395-7294  
 (832) 395-7296  
 www.houstonparks.org



## Summer Food Service Program

HPARD's Summer Food Program provides **youth ages 1-18 with a FREE lunch & snack** at over 400 sites in Houston & Harris Co. No registration is required.

Sites include HPARD Commyty Ctrs, churches, apartment complexes, learning centers, YMCA, youth organizations, schools & many other nonprofit agencies.

**To find a site near you call 2-1-1 or (713) 676-6832 & give the operator your zip code.**

Sponsored by the Houston Parks & Recreation Department since 1980. It is administered by the Texas Department of Agriculture Food & Nutrition Division.

**Ages:** 1 - 18  
**Registration:** Not Required  
**Fees:** FREE  
**Program Dates:** June 4 - Aug 17  
**Times:** 11:00 am – 1:00 pm (lunch)  
 3:00 pm – 4:00 pm (snack)  
**Location:** Call 2-1-1 for location  
**Information:** (713) 676-6832



**Hershey's Track & Field**

If you like to RUN, JUMP or THROW, register for the **FREE** Hershey's Track & Field Program. Youth, ages 6 – 14, will learn basic track & field events & have the opportunity to advance to state finals. This program is sponsored in part by The Jacob & Terese Hershey Foundation.

Hershey's Track & Field Program is open to all track & field clubs & school team members & individuals. No experience is necessary. Events include: 50 & 100 meter dash, 200, 400, 800 & 1600 meter run, 4x100 meter relay, standing broad jump & softball throw. Register at a community center near you. **SPIKES ARE NOT ALLOWED.**

**Ages:** 6 - 14 \*  
**Registration:** May 3 - July 6  
 Until Capacity Reached  
**Fees:** **FREE**  
**Hershey Qualifier:** June 12, T  
**Recreational Championships:** July 10, T  
**Time:** 9:00 am – 2:00 pm  
**Location:** Barnett Sports Complex  
 6800 Fairway Dr, 77087  
**Information:** (832) 395-7294

\* As of December 31, 2011

**Opening Doors Teen Mentor Workshop**

Opening Doors gives teens an opportunity to provide community service in their community during the summer.

The program is designed to develop teens character & self-worth, while preparing them for future job interviews. A mock interview & suggestions on resume preparation are part of the program.

Teens also participate in hands-on service learning projects, field trips, educational workshops, & a team building camping experience at Lake Houston Wildemess Park. The 8-week summer workshop program meets at Judson Robinson, Jr. Comty Ctr.

**Ages:** 14 - 18  
**Registration:** April 18  
**Fees:** \$30 per week  
 No personal checks accepted  
**Program Times:** 8:00 am - 6:00 pm, M - Th  
**Location:** Judson Robinson, Jr  
 2020 Hermann Drive, 77004  
**Information:** (713) 284-1997



**Houston Teens Outside With Nature**

This year round program for tweens & teens, ages 14-18, offers participants opportunities to build confidence & self-esteem through mentoring & program support with HPARD programs & special events.

HTOWN will promote activities & events including community & volunteer projects, teen forums & educational workshops, field trips & tours, hands-on outdoor activities, monthly awareness events, sports & special events.

**Ages:** 14 - 18  
 (Boys & Girls)  
**Registration:** Ongoing  
**Program Dates:** Year round  
**Fee:** **FREE**  
**Information:** (832) 395-7131  
 (832) 395-7135  
 (832) 395-7270

**Teen Adventure Caravan**

This program offers a variety of fun programs, mentoring opportunities, & peer group special events for teens, 14 - 18, at community centers during the summer.

Year round programs are coordinated through the Teen Program Section. Activities include motivational speakers, essay competitions, talent exhibitions, teen camp experiences, nature activities, cultural programs, special events & college tours.

**Ages:** 14 - 18  
**Registration:** Ongoing  
**Fees:** **FREE**  
**Program Dates:** June 11 - Aug 3  
**Times:** 8:00 am – 6:00 pm  
**Location:** Select Community Centers  
**Information:** (832) 395-7131  
 (832) 395-7135  
 (832) 395-7270

**D-Tag Tattoo Removal**

A **FREE** tattoo removal program for youth & young adults, ages 10 - 24 years old & younger who live in the greater Houston metropolitan area.

All youth under 17 must complete a parent/guardian permission form to participate.

D-Tag was designed to help individuals re-enter the mainstream of society by removing tattoos that would identify them as participating in or supporting anti-social behavior.

The D-Tag Tattoo Removal Program is co-sponsored with the Harris County Medical Society.

**Ages:** 24 years or younger  
**Registration:** Required  
**Fees:** **FREE**  
**Completion of 6 hrs of community service in advance of procedure required**  
**Program Dates:** **Once A Quarter**  
 On 2nd Sat of Scheduled Month  
**Times:** 9:00 am – 3:00 pm  
**Location:** Judson Robinson, Jr.  
 2020 Hermann Dr, 77004  
**Information:** (832) 395-7297  
 (832) 395-7270

**Athletes Seeking Knowledge**

Athletes Seeking Knowledge (A.S.K.) provides **FREE** educational support, resources & tools to middle school & high school students to help them excel academically. It is open to Houston area students registered in HPARD's Summer Enrichment Program or other HPARD recreational sports programs.

The A.S.K. Education Fund provides scholarships & resources to assist youth in the pursuit of a college education, trade school program, or to help improve their current academic standing. ASK provides tutoring, academic preparation programs, scholarship assistance & more.

Since 2000, over \$150,000 in ASK scholarships & education incentives have been awarded to Houston area students.

For information on how to apply or contribute to the A.S.K scholarship program applications or how to contribute contact your local community center.

**Ages:** 13 - 18  
**Fees:** **FREE**  
**Location:** All Community Centers  
**Information:** (832) 395-7293



# JUNIOR *golf*



The First Tee of Houston at FM Law Park's mission is to positively impact the lives of young people in the Greater Houston area by "promoting character development & life-enhancing values through the game of golf." The curriculum is delivered by trained First Tee coaches. The First Tee of Houston at FM Law Park is an affiliate of the national First Tee Program.

PLAYer 6 Core Fun	7 - 8	In this level, the main focus will be on the participants understanding of the core values present in this level. They will also be taught golf swing fundamentals.
PLAYer 6 Golf Skills	7 - 8	In this level, the participants' understanding of the core values will be strengthened, but the main focus will be on improving their putting, chipping, & driving golf skills. A basic understanding of the parts of the golf course, & the clubs which are used on those parts must be shown through certification in order to move on to the PLAYER 6 League.
PLAYer 6 League	8 - 9	In this level, the participants' core value understanding will be tested, while they learn to play the game on the golf course. The participants must be able to play 6 holes in a safe & courteous manner, through certification, in order to move on to the PLAYER 9 Core Values level.
PLAYer 9 Core Fun	9 - 10	In this level, the main focus will be on the participants' understanding of the core values present in this level. They will also be taught golf swing fundamentals.
PLAYer 9 Golf Skills	9 - 10	In this level, the participants' core value understanding will be strengthened, but the main focus will be on improving their putting, chipping, & driving golf skills. A basic understanding of the parts of the golf course, & the clubs which are used on those parts must be shown through certification in order to move on the PLAYER 9 League.
PLAYer 9 League	10 - 11	In this level, the participants' core value understanding will be tested, while they learn to play the game on the golf course. The participants must be able to play 9 holes in a safe & courteous manner, through certification, in order to move on to the PAR Life Skills level.
PAR Life Skills	11 - 12	The main focus will be on the participants' understanding of the Life Skills present in this level. Their understanding of the game will also be increased
PAR Golf Skills	11 - 12	In this level, the participants' Life Skills understanding will be strengthened, but the main focus will be on the improvement of their putting, chipping, & driving golf skills. A thorough understanding of the PAR skills & completion of their PAR golf skills must be shown through certification in order to move on to the PAR league.
PAR League	12 - 13	In this level, the participants' Life skills understanding will be tested, while continue to learn to play the game on the golf course. The participants must be able to play 9 holes in a safe & courteous manner, through certification, in order to move on to the BIRDIE Life Skills level.
BIRDIE Life Skills	13 - 14	In this level, the participants will help to deliver PLAYER 6 level classes. Their understanding of the core values will once again be tested in this level. They must show a thorough understanding of the core values, & conduct a certification for a PLAYER 6 or 9 hole participant to be able to move on to the BIRDIE PAR level.
BIRDIE Player	13 - 14	In this level, the participants will help to deliver PLAYER 6 level classes. Their understanding of the core values will once again be tested in this level. They must show a thorough understanding of the core values, & conduct a certification for a PLAYER 6 or 9 hole participant to be able to move on to the BIRDIE PAR level.
BIRDIE Par	13 - 14	In this level, the participants will help to deliver PAR level classes. Their understanding of the core values will once again be tested in this level. They must show a thorough understanding of the PAR Life Skills, & conduct a certification for a PAR level participant to be able to move on to the BIRDIE Golf Skills Level.
BIRDIE Golf Skills	14 - 15	In this level, the participants' life skills will be strengthened, but the main focus will be on the participant's improvement of their golf game. A thorough understanding of the Life Skills, & a completion of their BIRDIE golf skills must be shown through certification in order to move on to the BIRDIE League.
BIRDIE League	14 - 15	In this level, the understanding of their Life skills will be tested on the golf course. The birdie league will play various golf courses in this level. The participants must be able to play 9 holes in a safe & courteous manner, through certification, in order to move on to the EAGLE Life Skills level.
EAGLE Life Skills	16 +	In this level, the main focus will be on the participants' understanding of the Life Skills present in this level. Their swing fundamentals will also be a primary focus. A basic understanding of the Life Skills must be shown through certification in order to move on to the EAGLE Player level.
EAGLE Player	16 +	Participants will help to deliver PLAYER 6 level classes. Their understanding of the core values will once again be tested in this level. They must show a thorough understanding of the core values & conduct a certification for a PLAYER 6 or 9 hole participant to be able to move on to the EAGLE PAR level.
EAGLE Par	16 +	In this level, the participants will help to deliver PAR level classes. Their understanding of the core values will once again be tested in this level. They must show a thorough understanding of the PAR Life Skills, & conduct a certification for a PAR level participant to be able to move on to the EAGLE Golf Skills Level.
EAGLE Golf Skills	16 +	In this level, the participants' life skills will be strengthened, but the main focus will be on the participant's improvement of their golf game. A thorough understanding of the Life Skills, & a completion of their BIRDIE golf skills must be shown through certification in order to move on to the EAGLE League.
EAGLE League	16 +	In this level, the understanding of their Life skills will be tested on the golf course. The birdie league will play various golf courses in this level. The participants must be able to play 9 holes in a safe & courteous manner, through certification, in order to move on to the ACE Life Skills level.

The First Tee of Houston at FM Law Park

**Ages:** 7 – 18  
**Registration:** Varies  
 (Classes limited to first 40 registrants)  
**Fee:** FREE  
**Session III:** April 24 – June 2  
**Session IV:** June 12 – July 19  
**Location:** FM Law Park (KM 530K)  
 8400 Mykawa Road  
 (713) 264-2100  
**Information:** thefirsttee@houstontx.gov



**All new participants are required to take our PLAYer class regardless of golf skill level. Orientation for new participant parents will be held at the beginning of each class during each Session.**

\* **Birdie PLAYer is the second level of Birdie. Birdie participants will help deliver PLAYer classes.**

\*\* **League PLAY will be conducted on the course & will vary from week to week. Classes should not last more than 2 hours.**

**Session III**

Tuesday	April 24 - May 29	PLAYer Core Fun	6:00 pm - 1 to 1 1/2 Hour Class	FM Law Park Golf Course
Tuesday	April 24 - May 29	Advanced PLAYer Core Fun	6:00 pm - 1 to 1 1/2 Hour Class	FM Law Park Golf Course
Wednesday	April 25 - May 30	PLAYer Golf Skills	6:00 pm - 1 to 1 1/2 Hour Class	FM Law Park Golf Course
Wednesday	April 25 - May 30	Advanced PLAYer Golf Skills	6:00 pm - 1 to 1 1/2 Hour Class	FM Law Park Golf Course
Thursday	April 26 - May 31	Par Life Skills	6:00 pm - 1 to 1 1/2 Hour Class	FM Law Park Golf Course
Thursday	April 26 - May 31	Par Golf Skills	6:00 pm - 1 to 1 1/2 Hour Class	FM Law Park Golf Course
Saturday	April 28 - June 2	PLAYer Core Fun	9:00 am - 10:00 am	FM Law Park Golf Course
Saturday	April 28 - June 2	PLAYer Golf Skills	9:00 am - 10:00 am	FM Law Park Golf Course
Saturday	April 28 - June 2	Advanced PLAYer Core Fun	10:30 am - 12:00 pm	FM Law Park Golf Course
Saturday	April 28 - June 2	Advanced PLAYer Golf Skills	10:30 am - 12:00 pm	FM Law Park Golf Course
Saturday	April 28 - June 2	Par Life Skills	12:30 pm - 2:00 pm	FM Law Park Golf Course
Saturday	April 28 - June 2	Par Golf Skills	12:30 pm - 2:00 pm	FM Law Park Golf Course
Saturday	April 28 - June 2	Birdie Life Skills	10:30 am - 12:00 pm	FM Law Park Golf Course
Saturday	April 28 - June 2	Birdie PLAYer	10:30 am - 12:00 pm	FM Law Park Golf Course
Saturday	April 28 - June 2	Eagle Life Skills	10:30 am - 12:00 pm	FM Law Park Golf Course
Saturday	April 28 - June 2	Eagle PLAYer	10:30 am - 12:00 pm	FM Law Park Golf Course
Saturday	April 28 - June 2	League PLAY	1:00 pm - No end time	FM Law Park Golf Course

**Session IV**

Tuesday	June 12 - July 17	PLAYer Core Fun	6:00 pm - 1 to 1 1/2 Hour Class	FM Law Park Golf Course
Tuesday	June 12 - July 17	Advanced PLAYer Core Fun	6:00 pm - 1 to 1 1/2 Hour Class	FM Law Park Golf Course
Wednesday	June 13 - July 18	PLAYer Golf Skills	6:00 pm - 1 to 1 1/2 Hour Class	FM Law Park Golf Course
Wednesday	June 13 - July 18	Advanced PLAYer Golf Skills	6:00 pm - 1 to 1 1/2 Hour Class	FM Law Park Golf Course
Thursday	June 14 - July 19	Par Life Skills	6:00 pm - 1 to 1 1/2 Hour Class	FM Law Park Golf Course
Thursday	June 14 - July 19	Par Golf Skills	6:00 pm - 1 to 1 1/2 Hour Class	FM Law Park Golf Course
Saturday	June 16 - July 19	PLAYer Core Fun	9:00 am - 10:00 am	FM Law Park Golf Course
Saturday	June 16 - July 19	PLAYer Golf Skills	9:00 am - 10:00 am	FM Law Park Golf Course
Saturday	June 16 - July 19	Advanced PLAYer Core Fun	10:30 am - 12:00 pm	FM Law Park Golf Course
Saturday	June 16 - July 19	Advanced PLAYer Golf Skills	10:30 am - 12:00 pm	FM Law Park Golf Course
Saturday	June 16 - July 19	Par Life Skills	12:30 pm - 2:00 pm	FM Law Park Golf Course
Saturday	June 16 - July 19	Par Golf Skills	12:30 pm - 2:00 pm	FM Law Park Golf Course
Saturday	June 16 - July 19	Birdie Life Skills	10:30 am - 12:00 pm	FM Law Park Golf Course
Saturday	June 16 - July 19	Birdie PLAYer	10:30 am - 12:00 pm	FM Law Park Golf Course
Saturday	June 16 - July 19	Birdie PAR	10:30 am - 12:00 pm	FM Law Park Golf Course
Saturday	June 16 - July 19	Eagle Life Skills	10:30 am - 12:00 pm	FM Law Park Golf Course
Saturday	June 16 - July 19	Eagle PLAYer	10:30 am - 12:00 pm	FM Law Park Golf Course
Saturday	June 16 - July 19	Eagle PAR	10:30 am - 12:00 pm	FM Law Park Golf Course
Saturday	June 16 - July 19	League Play	10:30 am - 12:00 pm	FM Law Park Golf Course

# YOUTH TENNIS



## Summer Youth Tennis

The Youth Tennis Program is a **FREE** program offered at a variety of public parks throughout the year by the Houston Parks & Recreation Department (HPARD) in partnership with the Houston Tennis Association, Inc. - NJTL. The program is designed to provide children with the fundamentals of the game of tennis & educational components that develop life skills. Equipment is available for use during class.

No pre-registration is necessary; however, you may register online at [www.houstonparks.org](http://www.houstonparks.org). No new registrants are accepted after first 2 weeks of a session & class size may be limited.



**Ages:**

4 - 18

**Registration:**

Online or On Site First Day of Class

**Fees:**

**FREE**

**Session I:**

June 4 - June 28, M - Th

**Session II:**

July 2 - July 26, M - Th

**Information:**

(713) 803-1112



Memorial Park - HPARD Youth Tennis



Memorial Park - HPARD Youth Tennis

## MORNING YOUTH TENNIS CLASSES



Ages	Times
4 - 6	8:15 am - 9:00 am
7 - 10	9:00 am - 10:00 am
11 - 18	10:00 am - 11:15 am

### CENTRAL

Memorial (KM 492F)	1500 Memorial Loop Dr, 77007	(713) 803-1112
River Oaks (KM 492S)	3600 Locke Lane, 77027	(713) 622-5998

### EAST

Finnigan (KM 494G)	4900 Providence, 77020	(713) 678-7385
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### WEST

Nottingham (KM 489E)	14205 Kimberley, 77079	(713) 803-1112
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### NORTH

Melrose (KM 413T)	1001 Canino, 77076	(281) 447-0514
Montie Beach (KM 453X)	415 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	803 W Temple, 77009	(713) 862-6907

### NORTHEAST

Tidwell (KM 454T)	9720 Spaulding, 77016	(713) 636-8221
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### NORTHWEST

Graham (KM 452R)	540 W 34th Street, 77018	(713) 803-1112
Highland (KM 451D)	3316 DeSoto, 77091	(713) 956-9137
Jaycee (KM 452W)	1300 Seamist, 77008	(713) 803-1112
R L & Cora Johnson (KM 450A)	9920 Porto Rico, 77041	(713) 895-6141

### SOUTH

Sunnyside (KM 533X)	3502 Belfort, 77051	(713) 734-5061
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### SOUTHEAST

Beverly Hills (KM 576S)	10201 Kingspoint, 77075	(713) 948-9065
Charlton (KM 535P)	8200 Park Place, 77017	(713) 645-3589
Homer Ford/MacGregor (KM 534E)	5225 Calhoun, 77021	(713) 803-1112
Wilson Memorial (KM 578G)	8100 Gilpin, 77034	(713) 803-1112

### SOUTHWEST

Alief (KM 529E)	11903 Bellaire, 77072	(281) 564-8130
Briarmeadow (KM 490Z)	7703 Richmond, 77083	(713) 803-1112
Linkwood (KM 532P)	3699 Norris, 77025	(713) 314-3107
Platou (KM 571B)	11655 Chimney Rock, 77035	(713) 726-7107



## AFTERNOON YOUTH TENNIS CLASSES



Ages	Times
4 - 6	4:15 pm - 5:00 pm
7 - 10	5:00 pm - 6:00 pm
11 - 18	6:00 pm - 7:15 pm

### CENTRAL

Cherryhurst (KM 492V)	1700 Missouri, 77006	(713) 284-1992
Moody (KM 453Y)	3725 Fulton, 77009	(713) 692-6925

### EAST

Clinton (KM 495U)	4900 Providence, 77029	(713) 673-0955
Settegast (KM 494N)	3000 Garrow, 77003	(713) 236-2200

### WEST

Bendwood (KM 469H)	12700 Kimberley, 77024	(713) 803-1112
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### NORTHEAST

Hutcheson (KM 454U)	5400 Lockwood, 77026	(713) 803-1112
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### NORTHWEST

Oak Forest (KM 452N)	2100 Judiway, 77018	(713) 803-1112
Schwartz (KM 451N)	6203 Vogue, 77055	(713) 803-1112

### SOUTH

Bessie Swindle (KM 573L)	11800 Scott, 77047	(713) 733-4581
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### SOUTHEAST

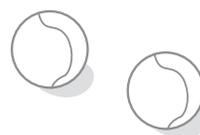
Meadowcreek (KM 526S)	5333 Berry Creek, 77017	(713) 946-9020
Sagemont (KM 576Y)	11507 Hughes, 77089	(713) 803-1112

### SOUTHWEST

Haviland (KM 570H)	11600 Haviland, 77035	(713) 803-1112
Meyerland (KM 531Q)	5151 Jason, 77096	(713) 803-1112
Sharpstown (KM 530F)	6600 Harbor Town, 77036	(713) 988-5328
Windsor Village (KM471P)	14441 Croquet, 77085	(713) 726-7113

### ADAPTIVE CLASS \*

Metropolitan Multi-Service Ctr (KM492R)	1475 West Gray, 77019	(713) 733-4581
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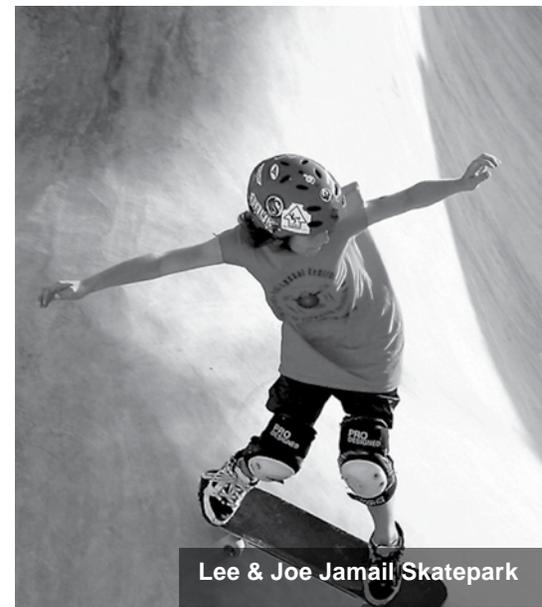
\* Designed for people with disabilities of ALL AGES who have independent functioning skills. Please call for class days & times.

# SKATEPARKS

Lee & Joe Jamail Skatepark  
103 Sabine (KM 493K)

The Lee & Joe Jamail Skatepark is the first world-class in-ground skatepark that put Houston on the map as one of the nations best venues for this fast growing, dynamic sport. The Lee & Joe Jamail skatepark is a great place for skaters to work on their kick flip, Ollie, fakie big spin or to learn how to stay balanced!

<b>Ages:</b>	6 -17
<b>Registration:</b>	See Schedule
<b>Fees:</b>	<b>FREE</b>
<b>Program Dates:</b>	9:00 am - 10:00 pm , M - Sun
<b>Location:</b>	103 Sabine Street, 77007
<b>Information:</b>	(713) 222-5500



Lee & Joe Jamail Skatepark

Clinton Skatepark  
200 Mississippi (KM 495U)

This 12,070 square foot facility measures 142' X 85'. Components include half pipes, roll-in, bank ramp, quarter pipes, half pipe, street spine, jump box, grind rail 14', grind ledge 14', pyramid 6', grind rail square 12', grind rail round 12', & a grindbox (kinked).

Joe & Theresa Padilla Skatepark  
6200 Lyons (KM 494H)

The Joe & Theresa Padilla Skatepark is designed to give the skater a world-class workout on an exciting series of challenging features such as quarter pipes, bank ramps, grind boxes, & stairs & rails.

Dylan Duncan Skatepark  
3950 Rustic Woods (KM 297X)

This 5402 square foot facility measures 73' X 74'. Components include: a mini half pipe with 90' hip, skate benches, a kinked round grind rail, a kicker ramp, skate tables, a bank to stair with rail, shade structures with benches, drinking fountain & a bike rack in the shape of a skateboarder.

Watonga Skatepark  
4100 Watonga Blvd (KM 451H)

The Watonga Skatepark is a 12,070 square foot facility measuring 142' X 85'. Components include half pipes, roll-in, bank ramp, quarter pipes, half pipe, street spine, jump box, grind rail 14', grind ledge 14', pyramid 6', grind rail square 12', grind rail round 12', grindbox (kinked), grind rail (kinked round 20'), sub box & a bank ramp with kicker.

Eastwood Skatepark  
5020 Harrisburg (KM 494T)

Eastwood skatepark is a 4,928 square foot facility measuring 88' X 56'. Components include: a concrete curb, a grind box, a grindrail, a concrete bench, a curved bench, a mini ramp with start wedge, a pyramid with planter & a wedge with box, grind rail (kinked round 20') & a sub box, bank ramp with kicker.



Eastwood Park Skatepark

# DISC *golf*

Disc golf is an activity the entire family can enjoy. It is inexpensive, healthful & a great way to enjoy the outdoors. The Houston Parks & Recreation Department has five disc golf courses ranging from 9 to 18 holes in parks throughout the city. Disc golf courses are open to the public during normal park hours of operation.

To reserve a disc golf course for a special event, contact HPARD's Ball fields & Reservation Office at (832) 394-9406 & (832) 394-8407, Monday through Friday from 8:00 am to 5:00 pm.



Buffalo Bayou Park

## Agnes Moffitt Park

10845 Hammerly (KM 449R)

<b>Holes:</b>	18
<b>Warm-up Basket:</b>	Yes
<b>Tee Type:</b>	Grass/Dirt
<b>Basket Type:</b>	Disc Catcher

Buffalo Bayou/Tinsley Park  
103 Sabine

<b>Holes:</b>	18
<b>Warm-up Basket:</b>	Yes
<b>Tee Type:</b>	Grass/Dirt
<b>Basket Type:</b>	Disc Catcher

T.C. Jester Park  
4201 T.C. Jester West (KM 451M)

<b>Holes:</b>	21
<b>Warm-up Basket:</b>	Yes
<b>Tee Type:</b>	Grass/Dirt
<b>Basket Type:</b>	Stroke Saver

Mason Park  
541 South 75th St.(KM 535A)

<b>Holes:</b>	18
<b>Warm-up Basket:</b>	Yes
<b>Tee Type:</b>	Grass/Dirt
<b>Basket Type:</b>	Disc Catcher

MacGregor Park  
525 Calhoun (KM 489E)

<b>Holes:</b>	18
<b>Warm-up Basket:</b>	Yes
<b>Tee Type:</b>	Asphalt
<b>Basket Type:</b>	Stroke Saver



Buffalo Bayou Park



Buffalo Bayou Park

# ADULT SPORTS *leagues*



Get off of that couch & join an adult sports league! Flag Football, softball, volleyball, kickball & basketball leagues are offered at various parks throughout Houston. League play is open to adults ages 18 & over. Adult sports leagues require fees per team. Check [www.houstonparks.org](http://www.houstonparks.org) for more adult sports opportunities.

## Summer Adult Softball League

Slow pitch softball leagues are offered year-round in select park sites throughout of the city.

Register online during specified registration periods at [www.houstonparks.org](http://www.houstonparks.org). A fee is required.

<b>Ages:</b>	18 - older
<b>Registration Dates:</b>	June 4 – June 22
<b>League Dates:</b>	July 9 – Aug 24
<b>League Format:</b>	5-Week Doubleheader (10 games total)
<b>Divisions:</b>	Men's C/D & Coed
<b>Days:</b>	Monday - Friday
<b>Time:</b>	6:30 pm– 10:30 pm
<b>Fee:</b>	\$250 - \$300 per team
<b>ASA Fee:</b>	\$20.00 per calendar year
<b>Information:</b>	(832) 395-7130 <a href="http://www.houstonparks.org">www.houstonparks.org</a>

## Fall Adult Softball League

Slow pitch & fast pitch softball leagues are offered year-round in select park sites throughout of the city.

Register online during specified registration periods at [www.houstonparks.org](http://www.houstonparks.org). A fee is required.

<b>Ages:</b>	18 - older
<b>Divisions:</b>	Men's B/C/D & Co-ed
<b>Registration Dates:</b>	Aug 6 – Aug 24
<b>League Dates:</b>	Sept 10 – Oct 26
<b>Fee:</b>	\$250 - \$300.00 per team
<b>ASA Fee:</b>	\$20.00 per calendar year
<b>League Format:</b>	5 - Week Doubleheader (10 games total)
<b>Days:</b>	Monday - Friday
<b>Time:</b>	6:30 pm – 10:30 pm
<b>Information:</b>	(832) 395-7130 <a href="http://www.houstonparks.org">www.houstonparks.org</a>

## Fall Adult Flag Football League

Adult flag football leagues are offered during the fall & winter seasons.

Register online during specified registration periods at [www.houstonparks.org](http://www.houstonparks.org). A fee is required.

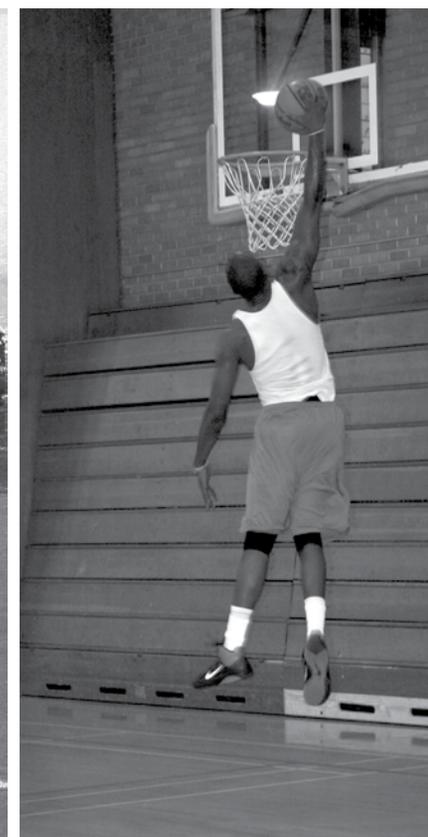
<b>Ages:</b>	18 - older
<b>Divisions:</b>	Men's C, Co-ed
<b>Registration Dates:</b>	Aug 6 – Aug 24
<b>Fee:</b>	\$300.00 per team
<b>League Dates:</b>	Sept 10 – Oct 26
<b>League Format:</b>	5 - Week Doubleheader (10 games total)
<b>Days:</b>	Wednesday or Thursday
<b>Time:</b>	7:00 pm – 11:00 pm
<b>Information:</b>	(832) 395-7130 <a href="http://www.houstonparks.org">www.houstonparks.org</a>

### Adult Softball League Locations:

Memorial Park (KM 492K)	6501 Memorial Drive, 77007	M - F	Summer & Fall Softball Leagues
Cullen Park (KM 447S)	19008 Saums Road, 77084	M - F	Summer & Fall Softball Leagues
Herman Brown Park (KM 496A)	300 Oates Road, 77013	M - F	Summer & Fall Softball Leagues
T.C. Jester Park (KM 451M)	4201 W. T.C. Jester, 77018	M - F	Summer & Fall Softball Leagues
Cleveland Park-Tim Hearn Field (KM 492M)	200 Jackson Hill, 77007	M - F	Summer & Fall Softball Leagues

### Adult Flag Football League Locations:

Memorial Park (KM 492K)	6501 Memorial Drive, 77007	W or Th	Fall Flag Football League
T.C. Jester Park (KM 451M)	4201 W. T.C. Jester, 77018	W or Th	Fall Flag Football League



Summer  
Adult Kickball League

Kickball, it's not just for kids, sign up today & play one of the fastest growing Adult Sports in the U.S. Come join the league & have fun playing the sport you once played as a kid! Open to adults 18 & older.

Register online during specified registration periods at [www.houstonparks.org](http://www.houstonparks.org). A fee is required.

**Ages:** 18 - older  
**Divisions:** Co-ed D  
**Registration Dates:** June 4 – June 23  
**League Dates:** July 9 – Aug 24  
**Fee:** \$180.00  
**League Format:** 5 – Week Doubleheader (10 games total)  
**Days:** Monday or Wednesday  
**Time:** 6:30 pm – 10:30 pm  
**Information:** (832) 395-7130  
[www.houstonparks.org](http://www.houstonparks.org)

Fall  
Adult Kickball League

Kickball, it's not just for kids, sign up today & play one of the fastest growing Adult Sports in the U.S. Come join the league & have fun playing the sport you once played as a kid! Open to adults 18 & older.

Register online during specified registration periods at [www.houstonparks.org](http://www.houstonparks.org). A fee is required.

**Ages:** 18 - older  
**Divisions:** Co-ed D  
**Registration Dates:** Aug 6 - Aug 24  
**League Dates:** Sept 18 - Oct 26  
**Fee:** \$180.00 per team  
**League Format:** 5 – Week Doubleheader (10 games total)  
**Days:** Monday or Wednesday  
**Time:** 6:30 pm – 10:30 pm  
**Information:** (832) 395-7130  
[www.houstonparks.org](http://www.houstonparks.org)

Fall  
Adult Basketball

Hoop it up this Fall by signing up for HPARD's Adult Basketball League!

Register online during specified registration periods at [www.houstonparks.org](http://www.houstonparks.org). A fee is required.

**Ages:** 18 - older  
**Divisions:** Men's  
**Registration Dates:** Aug 6 - Aug 24  
**League Dates:** Sept 10 - Oct 26  
**Fee:** \$320.00 per team  
**League Format:** 10 - Week Single  
**Days:** Tuesday or Thursday  
**Time:** 6:30 pm – 9:30 pm  
**Information:** (832) 395-7130  
[www.houstonparks.org](http://www.houstonparks.org)

**Adult Kickball League Locations:**

Memorial Park (KM 492K)

6501 Memorial Drive, 77007

M or W

Summer & Fall Kickball



**Summer  
Adult Sand Volleyball**

Playing volleyball is a great way to get fit while having fun! Sign up today & get ready to serve, set & spike your way to a healthier you.

Register online during specified registration periods at [www.houstonparks.org](http://www.houstonparks.org). A fee is required.

**Ages:** 18 - older  
**Divisions:** Men's D & Co-ed Open  
**Registration Dates:** June 4 – June 23  
**League Dates:** July 9 – Aug 24  
**Fee:** \$180.00 per team  
**League Format:** 5 - Week Doubleheader (10 games total)  
**Days:** Tuesday  
**Time:** 6:30 pm – 8:30 pm  
**Information:** (832) 395-7130  
[www.houstonparks.org](http://www.houstonparks.org)

**Fall  
Adult Volleyball**

Playing volleyball is a great way to get fit while having fun! Sign up today & get ready to serve, set & spike your way to a healthier you.

Register online during specified registration periods at [www.houstonparks.org](http://www.houstonparks.org). A fee is required.

**Ages:** 18 - older  
**Divisions:** Men's D & Co-ed Open  
**Registration Dates:** Aug 6 – Aug 24  
**League Dates:** Sept 10 – Oct 26  
**Fee:** \$180.00 per team  
**League Format:** 5 - Week Doubleheader (10 games total)  
**Days:** Tuesday  
**Time:** 6:30 pm – 9:30 pm  
**Information:** (832) 395-7130  
[www.houstonparks.org](http://www.houstonparks.org)



**Adult Volleyball Leagues Locations:**

Memorial Park (KM 492K)

6501 Memorial Drive, 77007

Summer & Fall Volleyball Leagues

# ADULT SENIOR *sports leagues*

The Adult Sports Section offers a variety of low-impact recreational sports programs for individuals 55 years & older. Programs such as pickle ball & table tennis are designed to provide opportunities for active living, improve health & fitness levels & enhance socialization with friends.

## Senior Fall Pickle Ball

Pickle Ball is a game that is a mix between Table Tennis & Badminton played on a court smaller than a tennis court with wooden paddles.

This program is **FREE**.

**Ages:** 55 - Older  
**Divisions:** Coed Recreational  
**Registration Dates:** Aug 8 - Aug 26  
**Fee:** **FREE**  
**League Dates:** Sept 6 - Oct 21  
**Days:** Tuesday  
**Time:** 10:00 am - 11:30 am  
**Information:** (832) 395-7273

### Locations:

Tidwell Park Community Center (KM 454D)

## Senior Winter Pickle Ball

Pickle Ball is a game that is a mix between Table Tennis & Badminton played on a court smaller than a tennis court with wooden paddles.

This program is **FREE**.

**Ages:** 55 - Older  
**Divisions:** Coed Recreational  
**Registration Dates:** Oct 3 - Oct 21  
**Fee:** **FREE**  
**League Dates:** Nov 1 - Dec 13  
**Days:** Tuesday  
**Time:** 10:00 am - 11:30 am  
**Information:** (832) 395-7273

9720 Spaulding, 77016

## Senior Fall Table Tennis

Table Tennis is a game resembling lawn tennis & is played on a tabletop with wooden paddles & a small hollow plastic ball.

This program is **FREE**.

**Ages:** 55 - Older  
**Divisions:** Coed Recreational  
**Registration Dates:** Aug 8 - Aug 26  
**Fee:** **FREE**  
**League Dates:** Sept 6 - Oct 22  
**Days:** Tuesday & Wednesday  
**Time:** 10:00 am - 11:30 am  
**Information:** (832) 395-7273

### Locations:

Tidwell Park Community Center (KM 454D)

Hobart Taylor Park Community Center (KM 455Q)

## Senior Winter Table Tennis

Table Tennis is a game resembling lawn tennis & is played on a tabletop with wooden paddles & a small hollow plastic ball.

This program is **FREE**.

**Ages:** 55 - Older  
**Divisions:** Coed Recreational  
**Registration Dates:** Oct 3 - Oct 21  
**Fee:** **FREE**  
**League Dates:** Nov 1 - Dec 14  
**Days:** Tuesday & Wednesday  
**Time:** 10:00 am - 11:30 am  
**Information:** (832) 395-7273

9720 Spaulding, 77016

8100 Kenton, 77028



Fonde Rec Center

# ADULT FITNESS

The Houston Parks & Recreation Department offers a variety of fitness opportunities to help keep Houstonians fit. We offer more than 100 miles of walking/jogging trails in & around our parks. In addition, there are exercise workstations located along some of our trails as well as indoor & outdoor basketball courts, outdoor tennis court & swimming pools, disc golf & golf courses & community center fitness programs designed to meet the needs of all Houstonians. So if you're looking for a fun way to get fit check out HPARD's many offerings & workout at a park near you!

## Adult Step Aerobics

Burn off those unwanted pounds in step aerobics classes for adults. Step classes are available for all levels. Classes range from medium intensity cardio workouts focusing on simple step routines to highly choreographed step routines for the advanced stepper, frequent exerciser, or experienced dancer. Check with the individual community center for more information. All classes are **FREE** unless otherwise noted.

<b>Ages:</b>	18 - Older
<b>Registration:</b>	Ongoing
<b>Program Dates:</b>	Year round
<b>Times:</b>	Varies by Community Center
<b>Information:</b>	Contact Community Center



### NORTHEAST

Clark (KM 453B)	M - F	10:00 am - 11:00 am	9718 Clark, 77076	(713) 742-1497
Melrose (KM 413T)	M, W & F	9:00 am - 10:00 am	1001 Canino, 77076	(281) 447-0514

### NORTHWEST

J. Robinson, Jr. (KM 533B)* (Senior Program)	T, W & Th	9:00 am - 10:00 am	2020 Hermann Dr., 77004	(713) 284-1997
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### SOUTHEAST

Edgewood (KM 534X)	M - Th	6:30 pm - 7:30 pm	5803 Belfort, 77033	(713) 734-8434
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### SOUTHWEST

Lansdale (KM 330K)	M & W	6:30 pm - 7:30 pm	8201 Roos, 77036	(713) 272-3668
Sunnyside (KM 533X)	T & Th	5:30 pm - 6:30 pm	3502 Belfort, 77051	(713) 734-5061
Townwood (KM 572P)	T & Th	6:30 pm - 8:00 pm	3403 Simsbrook, 77045	(713) 434-3508
Windsor Village (KM 571P)	M - Th	6:00 pm - 7:00 pm	14441 Croquet, 77085	(713) 726-7113

\* Concessionaire Class - Call Community Center For Cost Information.

## Adult Aerobics

Grapevine-step your way into a great cardio workout with adult aerobic classes. Classes are offered during the week at lunchtime & in the evenings. Call the community center nearest you for more information. All classes are **FREE** unless otherwise noted.

**NORTHEAST**

Denver Harbor (KM 494H)	M - Th	6:00 pm - 7:00 pm	6402 Market, 77020	(713) 675-2151
Melrose (KM 413T)	M - F	6:00 pm - 7:00 pm	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	M - Th	8:30 am - 9:30 am	3725 Fulton, 77009	(713) 692-6925
Moody (KM 453Y)	M - F	6:00 pm - 7:00 pm	3725 Fulton, 77009	(713) 692-6925
Moody (KM 453Y)	M - Th	8:30 am - 9:30 am	3725 Fulton, 77009	(713) 692-6925

**NORTHWEST**

Fonde (KM 493K)	T - Th	12:15 pm - 12:45 pm	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	M - Th	5:30 pm - 6:30 pm	6818 Shady Villa, 77055	(713) 682-4467
J. Robinson, Jr. (KM 533B) *	M, T, & W	6:00 pm - 7:00 pm	2020 Hermann Dr., 77004	(713) 284-1997
Lincoln City (KM 412Q)	T & Th	6:00 pm - 7:00 pm	979 Greshaw, 77088	(281) 445-1617
Montie Beach (KM 453X)	M, T & Th	9:00 am - 10:00 am	915 Northwood, 77009	(713) 864-6820

**SOUTHEAST**

Eastwood (KM 494T)	M - Th	6:00 pm - 7:00 pm	5020 Harrisburg, 77011	(713) 928-4801
Garden Villas (KM 535W)	M, T, & Th	6:00 pm - 7:00 pm	6720 S. Haywood, 77061	(713) 847-5168
Hartman (KM 535C)	T, W, & Th	6:30 pm - 7:30 pm	9311 E. Ave. P., 77012	(713) 928-4803

**SOUTHWEST**

Burnett Bayland (KM 531B)	M & W	6:00 pm - 7:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Hackberry (KM 528M)	T & Th	6:00 pm - 7:00 pm	7777 S. Dairy Ashford, 77072	(281) 776-9908
Marian (KM 530X)	M - Th	6:00 pm - 7:00 pm	11101 South Gessner, 77071	(713) 773-7015
Platou (KM 571B)	T & Th	6:00 pm - 7:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Sunnyside (KM 533X)	M - Th	5:30 pm - 6:30 pm	3502 Bellfort, 77051	(713) 734-0757
Windsor Village (KM 571 P)	M - Th	6:00 pm - 7:00 pm	14441 Croquet, 77085	(713) 726-7112

\* **Concessionaire Class - Call Community Center For Cost Information.**

## Adult Aerobics Muscle Toning

This class focuses on increasing strength & improving muscle tone, which will help you burn calories even while you're not working out! The class uses weights, bands, bars & the step. Check with individual community center for more information. All classes are **FREE** unless otherwise noted.

<b>Ages:</b>	18 - Older
<b>Registration:</b>	Ongoing
<b>Program Dates:</b>	Year round
<b>Times:</b>	Varies by Community Center
<b>Days:</b>	Tuesday
<b>Information:</b>	Contact Community Center

**NORTHEAST**

Clark (KM 453B)	M - F	10:00 am - 11:00 am	9718 Clark, 77076	(713) 742 -1497
Clark (KM 453B)	M - Th	7:00 pm - 7:30 pm	9718 Clark, 77076	(713) 742 -1497
Denver Harbor (KM 494H)	W	6:00 pm - 7:00 pm	6402 Market, 77020	(713) 675 - 2151

**SOUTHWEST**

Hackberry (KM 528M)	M, W & F	10:00 am - 11:30 am	7777 S. Dairy Ashford, 77072	(281) 776 - 9908
Sunnyside (KM 533X)	F	5:30 pm - 6:00 pm	3502 Bellfort, 77051	(713) 734 - 5061

# FITNESS CENTERS

## Fitness Centers

HPARD's five Fitness Centers are equipped with state of the art fitness equipment & are open year round. Workout times & fees vary by community center. All centers are close in & are reasonably priced. Contact individual fitness centers for more detailed information.

### Memorial Park Fitness Center

Work out & get fit right in the middle of Memorial Park! The Memorial Park Fitness Center is equipped with weights & cardiovascular equipment. An Olympic size outdoor swimming pool (open during the summer & into the fall for lap swimming based on temperature), showers & lockers.

**Ages:** 18 - Older  
**Program Dates:** Year Round  
**Hours:** 6:00 am – 8:00 pm, M - F  
 8:00 am – 4:00 pm, Sat  
 8:00 am – 12:00 pm, Sun  
**Location:** Memorial Park (KM 492K)  
 6402 Arnot, 77007  
**Information:** (713) 802-1662

#### Fee Schedule

<b>Monthly membership</b>	\$20.64
<b>Daily membership</b>	\$ 1.80
<b>Shower rental</b>	\$ .77
<b>Towel rental</b>	\$ .51
<b>Lap Pool Swimming</b>	\$ 1.00 (when open)



Judson Robinson, Jr. Fitness Center

### Judson Robinson, Jr. Fitness Center

The Judson Robinson, Jr. Fitness Center is located inside of Hermann Park. The center is equipped with weights & cardiovascular equipment for your fitness needs. The center is open year round.

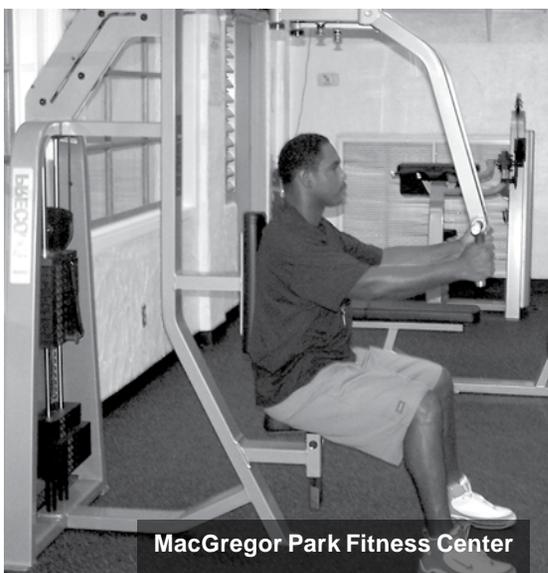
In addition to the Fitness Center, J Robinson, Jr offers basketball, racquetball & a number of other fitness activities. Contact J Robinson Jr Community Center for more information.

**Note: The weight room is closed Mon - Thurs from 3:00 pm - 3:30 pm for cleaning.**

**Ages:** 18 - Older  
**Program Dates:** Year Round  
**Early Morning Workout:** 6:00 am - 9:00 am, M - F  
**Fitness Center Hours:** 10:00 am - 8:00 pm, M - Th  
**Ladies Night Hours:** 10:00 am - 2:00 pm, Sat  
 10:00 am - 4:00 pm, F  
**Raquetball Court Hours:** 9:00 am - 7:30 pm, M - F  
 10:00 am - 1:30 pm, Sat  
**Location:** J Robinson, Jr., (KM 533B)  
 2020 Hermann Dr, 77004  
**Information:** (713) 284-1997

#### Fee Schedule

<b>Early Morning Workout:</b>	\$20.64 / month
<b>Raquetball</b>	\$1.59 / half hour
<b>Court Rental Fees:</b>	\$3.19 / hour



MacGregor Park Fitness Center



MacGregor Park Fitness Center



**Fonde Fitness Center**

The Fonde Recreation Center, home to some of basketball's greatest players, is also a great place to get fit!

Conveniently located near downtown off of Memorial Drive & Sabine Street, Fonde offers lunch-time fitness opportunities.

Fonde features a state-of-the-art weight room, showers & lockers as well as a full-court gym & aerobics room all **FREE** to help you meet your fitness goals.

**Ages:** 18 - Older  
**Program Dates:** Year Round  
**Hours:** 9:00 am - 7:00 pm, M- F  
 1:00 pm - 7:00 pm, Sat  
**Location:** Fonde (KM 493K)  
 110 Sabine, 77002  
**Information:** (713) 226-4466

**MacGregor Fitness Center**

Park. The facility is features full-service weight room equipment.

Showers & lockers are available next door at the Homer Ford Tennis Center for a \$ .75 fee each.

A covered, full-court basketball pavilion & a 1.25 mile jogging trail are conveniently located near the center.

**Ages:** 18 - Older  
**Fee:** No membership fees  
**Program Dates:** Year Round  
**Hours:** 7:00 am - 7:00 pm, M - F  
**Location:** MacGregor (KM 534K)  
 5225 Calhoun, 77021  
**Information:** (713) 747-8650

**Hackberry Fitness Center**

The Hackberry Fitness Center is the newest HPARD fitness center. It is equipped with weights & cardiovascular equipment for your fitness needs.

The center is open year round. Contact the Hackberry Park Community Center for more information.

**Ages:** 18 - Older  
**Fee:** No membership fees  
**Program Dates:** Year Round  
**Hours:** 10:00 am - 8:00 pm, M - F  
 10:00 am - 2:00 pm, Sat  
**Location:** Hackberry (KM 528M)  
 7777 S Dairy Ashford,  
 77072  
**Information:** (281) 776-9908

## Community Center Weight Rooms

In addition to HPARD's Fitness Centers, many community centers offer weight-training facilities & many feature indoor gyms. Hours of operation vary by location & season, so call the community center nearest you for information.

**Please note: Showers & lockers ARE NOT AVAILABLE at these centers.**

### NORTHEAST

Moody (KM 453Y)	M, W, & F	7:00 pm - 8:00 pm	3725 Fulton, 77009	(713) 692-6925
Moody (KM 453Y)	S	10:00 am - 1:30 pm	3725 Fulton, 77009	(713) 692-6925
Shady Lane (KM 414W)	M - Th	4:00 pm - 8:00 pm	10220 Shady Lane, 77093	(713) 742-1503
Shady Lane (KM414W)	F	4:00 pm - 6:00 pm	10220 Shady Lane, 77093	(713) 742-1503

### NORTHWEST

Highland (KM 451D)	M - Th	12:00 pm - 8:00 pm	3316 DeSoto, 77091	(713) 956-9137
Highland (KM 451D)	F	12:00 pm - 6:00 pm	3316 DeSoto, 77091	(713) 956-9137
Lincoln (KM 412Q)	M - Th	8:00 am - 8:00 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	F	8:00 am - 6:00 pm	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	M - F	1:00 pm - 8:00 pm	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	S	10:00 am - 2:00 pm	1000 West 12th, 77008	(713) 867-0497
Woodland (KM 493C)	M - F	1:00 pm - 7:30 pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	S	10:00 am - 2:00 pm	212 Parkview, 77009	(713) 867-0401

### SOUTHEAST

Crestmont (KM 572J)	M - F	10:00 am - 1:00 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 572J)	M - Th	3:30 pm - 6:30 pm	5200 Selinsky, 77048	(713) 733-2236
Hartman (KM 535C)	M - Th	2:00 pm - 8:00 pm	9311 E. Ave. P, 77012	(713) 928-4803
Hartman (KM 535C)	F	1:00 pm - 6:00 pm	9311 E. Ave. P, 77012	(713) 928-4803
Mason (KM 535A)	M - F	11:00 am - 2:30 pm	541 South 75th, 77023	(713) 928-7055
Mason (KM 535A)	M - F	5:00 pm - 8:00 pm	541 South 75th, 77023	(713) 928-7055

### SOUTHWEST

Alief (KM 529E)	M - Th	1:00 pm - 9:00 pm	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	F	1:00 pm - 8:00 pm	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	S	10:00 am - 2:00 pm	11903 Bellaire, 77072	(281) 564-8130
Emancipation (KM 493Y)	M - F	1:00 pm - 3:00 pm	3018 Dowling, 77004	(713) 284-1301
Emancipation (KM 493Y)	M - F	6:00 pm - 9:00 pm	3018 Dowling, 77004	(713) 284-1301
Emancipation (KM 493Y)	S	10:00 am - 2:00 pm	3018 Dowling, 77004	(713) 284-1301
Hackberry (KM 528M)	M - F	10:00 am - 8:00 pm	7777 S. Dairy Ashford, 77072	(281) 776-9908
Hackberry (KM 528M)	S	10:00 am - 2:00 pm	7777 S. Dairy Ashford, 77072	(281) 776-9908
Marian (KM 530X)	M - Th	1:00 pm - 8:30 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	F	1:00 pm - 7:30 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	S	10:00 am - 1:30 pm	11101 South Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	M - W	5:30 pm - 6:30 pm	3502 Belfort, 77051	(713) 734-5061
Sunnyside (KM 533X)	M - W	1:00 pm - 3:00 pm	3502 Belfort, 77051	(713) 734-5061
Sunnyside (KM 533X)	S	10:00 am - 2:00 pm	3502 Belfort, 77051	(713) 734-5061

## Gyms

Enjoy open basketball, volleyball or badminton at HPARD gyms. Call your local community center for their sports offerings.

Alief (KM 529E)	11903 Bellaire, 77072	(281) 564-8130
Burnett Bayland (KM 531B)	6200 Chimney Rock, 77081	(713) 668-4516
Candlelight (KM 452E)	1520 Candlelight, 77018	(713) 682-3587
Denver Harbor (KM 494H)	6402 Market, 77020	(713) 675-2151
Emancipation (KM 493Y)	3018 Dowling, 77004	(713) 284-1302
Finnigan (KM 494H)	4900 Providence, 77020	(713) 678-7385
Fonde (KM 493K)	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	6818 Shady Villa, 77055	(713) 682-4467
Hartman (KM 535C)	9311 E. Ave. P, 77012	(713) 928-4803
Judson Robinson, Jr. (KM 533B)	2020 Hermann Drive, 77004	(713) 284-1997
Kendall (KM 488C)	609 N. Eldridge Parkway, 77079	(832) 393-1898
Lincoln (KM 412Q)	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	1000 West 12th, 77008	(713) 867-0497
Marian (KM 530X)	11101 South Gessner, 77071	(713) 773-7015
Mason (KM 535A)	541 S. 75th, 77023	(713) 928-7055
Melrose (KM 413T)	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	3725 Fulton, 77009	(713) 692-6925
Sagemont (KM 576Y)	11507 Hughes, 77089	(281) 922-2343
Stude (KM 493E)	1031 Stude, 77007	(713) 867-0496
Sunnyside (KM 533X)	3502 Belfort, 77051	(713) 734-5061
Tidwell (KM 454D)	9720 Spaulding, 77016	(713) 636-8221
Townwood (KM 572P)	3403 Simsbrook, 77045	(713) 434-3508
Woodland (KM 493C)	212 Parkview, 77009	(713) 867-0401



## Fitness Classes

Houston let's get moving! Join a fitness class at your local community center. Activities include weight training, aerobics & circuit training.

Call your nearest community center for more information!

**Ages:** 18 - Older  
**Registration:** Ongoing  
**Program Dates:** Ongoing  
**Times:** Varies by Community Center  
**Information:** Contact Community Center



Judson Robinson, Jr Community Center

**NORTHEAST**

Denver Harbor (KM 494H)	Line Dance	T	6:00 pm - 7:00 pm	6402 Market, 77020	(713) 675-2151
Tidwell (KM 454D)	Line Dance	Th	10:00 am - 11:30 am	9710 Spaulding, 77016	(713) 636-8221

**NORTHWEST**

Candlelight (KM 452E) *	Karate	T & Th	6:00 pm - 9:00 pm	1520 Candlelight, 77018	(713) 682-3587
Candlelight (KM 452E) *	Youth Dance	W	6:00 pm - 9:00 pm	1520 Candlelight, 77018	(713) 682-3587
Fonde (KM 493K) *	Swing Out & 2 Step	M	7:00 pm - 8:00 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Karate	M, W & Th	6:00 pm - 8:00 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K) *	Line Dancing	T	7:30 pm - 8:30 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Aerobics/Kickboxing	T - Th	12:15 pm - 12:45 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Senior Pickleball	W (seasonal)	9:00 am - 11:00 am	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Senior Pickleball	S	10:30 am - 12:30 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Adult Badminton	F	5:45 pm - 8:45 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Youth Badminton	S	8:30 am - 10:30 am	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y) *	Karate	W	6:30 pm - 9:00 pm	6818 Shady Villa, 77055	(713) 682-4467
Freed (KM 451Y)	Senior Fitness	M - W	10:00 am - 11:00 am	6818 Shady Villa, 77055	(713) 682-4467
Lincoln (KM 412Q)	Yoga	W & F	9:30 am - 10:30 am	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Line Dance	M	10:00 am - 12:00 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Senior Fitness	T	9:30 am - 10:30 am	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Adult Fitness	T & Th	6:00 pm - 7:00 pm	979 Grenshaw, 77088	(281) 445-1617
Montie Beach (KM 453X)	P90X	M & W	7:00 pm - 8:00 pm	915 Northwood, 77009	(713) 864-6820
Montie Beach (KM 453X) *	Zumba	T & Th	6:00 pm - 7:00 pm	915 Northwood, 77009	(713) 864-6820
Montie Beach (KM 453X) *	Zumba	W & F	9:00 am - 10:00 am	915 Northwood, 77009	(713) 864-6820
J. Robinson, Jr. (KM 533B) *	Line Dance	M	7:00 pm - 8:30 pm	2020 Hermann Dr., 77004	(713) 284-1997
J. Robinson, Jr. (KM 533B) *	Line Dance	W	10:00 am - 11:30 am	2020 Hermann Dr., 77004	(713) 284-1997
J. Robinson, Jr. (KM 533B) *	Ballroom Dance	Th	6:00 pm - 7:00 pm	2020 Hermann Dr., 77004	(713) 284-1997
J. Robinson, Jr. (KM 533B) *	Intermediate Ballroom	Th	7:00 pm - 8:00 pm	2020 Hermann Dr., 77004	(713) 284-1997
J. Robinson, Jr. (KM 533B) *	Advanced Ballroom/BOP	Th	8:00 pm - 8:30 pm	2020 Hermann Dr., 77004	(713) 284-1997
Kendall (KM 488C)	Tai Chi	M, W	6:00 pm - 8:00 pm	609 N. Eldridge, 77079	(832) 393-1898
Kendall (KM 488C)	Badminton	T & Th	6:00 pm - 7:00 pm	609 N. Eldridge, 77079	(832) 393-1898
Kendall (KM 488C) *	Pilates	T & Th	7:30 pm - 7:30 pm	609 N. Eldridge, 77079	(832) 393-1898
Proctor Plaza (KM 453X) *	Cheerleading	M	5:30 pm - 8:00 pm	803 W Temple, 77009	(713) 862-6907
Proctor Plaza (KM 453X) *	Dance	W	5:30 pm - 7:00 pm	803 W Temple, 77009	(713) 862-6907

\* Concessionaire Class - Call Community Center For Cost Information.



Fonde Rec Center

**SOUTHEAST**

Bessie Swindle (KM 573L)	Senior Aerobics	M & W	10:00 am - 11:30 am	11800 Scott, 77047	(713) 773-4581
Beverly Hills (KM 576S)	Senior Aerobics	M & W	10:00 am - 11:30 am	10201 Kingspoint, 77075	(713) 948-9065
Crestmont (KM 574J)	Line Dance	T	9:00 am - 1:00 pm	5200 Selinsky, 77048	(713) 733-2236
Garden Villas (KM 535W)	Fitness	M, T, Th	6:00 pm - 7:00 pm	6720 S. Haywood, 77061	(713) 948-9065
Ingrando (KM 535F)	Fitness	T - Th	6:30 pm - 7:30 pm	7302 Keller, 77012	(713) 643-4764
Meadowcreek (KM 536S)	Line Dance	T	9:00 am - 1:00 pm	5333 Berry Creek, 77017	(713) 946-9020

**SOUTHWEST**

Alief (KM 529E)	Senior Aerobics	M, W, F	10:00 am - 11:00 am	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	Swing Out Class	M	7:00 pm - 8:30 pm	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	Cheerleading	T	6:30 pm - 7:30 pm	11903 Bellaire, 77072	(281) 564-8130
Cherryhurst (KM 492V)	Karate	M & W	6:00 pm - 8:00 pm	1700 Missouri, 77006	(713) 284-1992
Cherryhurst (KM 492V)	Dance	T	6:00 pm - 8:00 pm	1700 Missouri, 77006	(713) 284-1992
Platou (KM 571B)	Ball Room Dancing	M & W	7:00 pm - 8:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Sharpstown (KM 530F)	Tai Chi	M	5:00 pm - 8:00 pm	6600 Harbor Town, 77036	(713) 988-5328
Sharpstown (KM 530F)	Tai Chi	T	2:00 pm - 5:00 pm	6600 Harbor Town, 77036	(713) 988-5328
Sharpstown (KM 530F)	Tai Chi	T	5:30 pm - 8:00 pm	6600 Harbor Town, 77036	(713) 988-5328
Sharpstown (KM 530F)	Asian Health Dance	W	3:00 pm - 5:00 pm	6600 Harbor Town, 77036	(713) 988-5328
Windsor Village (KM 571P)	Fitness	T & Th	6:00 pm - 7:00 pm	14441 Croquet, 77075	(713) 726-7113

\* Concessionaire Class - Call Community Center For Cost Information.

## Fitness Classes

Take part in fitness classes at your local community center. Activities include kickboxing, line dancing & karate training. To get the details of available fitness services & programs, call one of the following community centers.

All classes are **FREE** unless otherwise noted.

**Ages:** 18 - Older  
**Registration:** Ongoing  
**Program Dates:** Year-round  
**Information:** Contact Community Center

**NORTHEAST**

Finnigan (KM 494H)	Zumba	M	6:00 pm - 7:00 pm	4900 Providence, 77020	(713) 678-7385
Finnigan (KM 494H)	Yoga	M & Th	10:00 am - 11:00 am	4900 Providence, 77020	(713) 678-7385
Hobart Taylor (KM 452E)	Line Dance	M	10:00 am - 12:00 am	8100 Kenton, 77028	(713) 674-3959
Moody (KM 453Y)	Zumba/Aerobics	M & W	7:00 pm - 8:00 pm	3725 Fulton, 77009	(713) 692-6925
Moody (KM 453Y)	Zumba/Aerobics	S	10:00 am - 11:00 am	3725 Fulton, 77009	(713) 692-6925
Shady Lane (KM 414W)	Zumba	M & F	9:00 am - 10:30 am	10220 Shady Lane, 77093	(713) 742-1503
Shady Lane (KM 414W)	Zumba	T	10:30 am - 12:00 pm	10220 Shady Lane, 77093	(713) 742-1503
Swiney (KM 494J)	Line Dance	Th	6:00 pm - 7:00 pm	2812 Cline, 77020	(713) 238-2197
Tidwell (KM 455Q)	Zumba	T & Th	6:30 pm - 7:30 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 455Q)	Line Dance	Th	10:00 am - 11:30 am	9720 Spaulding, 77016	(713) 636-8221

**NORTHWEST**

Candlelight (KM 452E) *	Karate	T & Th	6:00 pm - 9:00 pm	1520 Candlelight, 77018	(713) 682-3587
Fonde (KM 493K)	Kickboxing	T & W	12:15 pm - 12:45 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K) *	Line Dance	T	7:30 pm - 8:30 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K) *	Swing Out & 2 Step	M	7:00 pm - 8:00 pm	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	Boot Camp	M, W, & F	1:30 pm - 2:30 pm	6818 Shady Villa, 77055	(713) 682-4467
Highland (KM 451D)	Sr. Fitness	M,W, & F	9:00 am - 10:30 am	3316 DeSoto, 77091	(713) 956-9137
J. Robinson, Jr. (KM 533B)	Beginning Line Dance	M	6:00 pm - 7:00 pm	2020 Hermann Dr., 77004	(713) 284-1997
J. Robinson, Jr. (KM 533B)	Line Dance	W	10:00 am - 11:00 am	2020 Hermann Dr., 77004	(713) 284-1997
J. Robinson, Jr. (KM 533B) *	Beginning Ballroom Dance	Th	6:30 pm - 7:30 pm	2020 Hermann Dr., 77004	(713) 284-1997
J. Robinson, Jr. (KM 533B) *	Advanced Ballroom Dance	Th	7:30 pm - 8:30 pm	2020 Hermann Dr., 77004	(713) 284-1997
J. Robinson, Jr. (KM 533B) *	Beginners BOP	Th	7:30 pm - 8:30 pm	2020 Hermann Dr., 77004	(713) 284-1997
Kendall (KM 488C)	Senior Tai Chi	M, W, & F	2:00 pm - 3:00 pm	609 North Eldridge, 77079	(713) 393-1897
Kendall (KM 488C)	Adult Tai Chi	M & W	6:00 pm - 8:00 pm	609 North Eldridge, 77079	(713) 393-1897
Kendall (KM 488C)	Badminton	T & Th	6:00 pm - 8:00 pm	609 North Eldridge, 77079	(713) 393-1897
Lincoln City (KM 412Q)	Yoga	W & F	9:30 am - 10:30 am	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Line Dance	M	9:30 am - 10:30 am	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Sr. Exercise	Th	9:30 am - 10:30 am	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	Zumba	M	7:00 pm - 8:00 pm	1000 W 12th Street, 77008	(713) 867-0497
Love (KM 452Z)	Line Dance	T	6:30 pm - 8:00 pm	1000 W 12th Street, 77008	(713) 867-0497
Love (KM 452Z)	Volleyball	W	6:30 am - 8:30 am	1000 W 12th Street, 77008	(713) 867-0497

\* Concessionaire - Contact concessionaire for information on fees

**NORTHWEST (continued)**

Montie Beach (KM 453X)	Self Defense	M & W	4:00 pm - 6:00 pm	915 Northwood, 77009	(713) 864-6820
Montie Beach (KM 453X)	Self Defense	M & W	6:00 pm - 8:00 pm	915 Northwood, 77009	(713) 864-6820
Montie Beach (KM 453X) *	Tai Chi	M & W	11:00 am - 12:00 pm	915 Northwood, 77009	(713) 864-6820
Montie Beach (KM 453X) *	Zumba	M, T, & Th	6:00 pm - 7:00 pm	915 Northwood, 77009	(713) 864-6820
Montie Beach (KM 453X) *	Zumba	M, T, & Th	7:00 pm - 8:00 pm	915 Northwood, 77009	(713) 864-6820
Montie Beach (KM 453X) *	Zumba	F	9:00 am - 10:00 am	915 Northwood, 77009	(713) 864-6820
Woodland (KM 493C)	Jazzercise	M, W, & F	9:00 am - 10:00 am	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Jazzercise	T & Th	8:00 am - 9:00 am	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Jazzercise	S	9:00 am - 10:00 am	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Zumba	M & W		212 Parkview, 77009	(713) 867-0401

**SOUTHEAST**

Beverly Hills (KM 576S)	Fitness	M & W	6:30 pm - 7:30 pm	10201 Kingspoint, 77075	(713) 948-9065
Charlton (KM 535P)	Zumba	M & W	6:30 pm - 7:30 pm	8200 Park Place, 77017	(713) 645-3589
Garden Villas (KM 535W) *	Karate	M & Th	7:00 pm - 8:00 pm	6720 S. Haywood, 77061	(713) 847-5168
Ingrando (KM 535F)	Zumba	T & Th	10:00 am - 11:00am	7302 Keller, 77012	(713) 643-4764
Meadowcreek (KM 536S)	Zumba	T & Th	6:30 pm - 7:30 pm	5333 Berrycreek, 77017	(713) 946-9020

**SOUTHWEST**

Hackberry (KM 528M)	Kickboxing	M - Th	10:30 am - 11:30 am	7777 S. Dairy Ashford, 77072	(281) 776-9908
Hackberry (KM 528M)	Boot Camp	T - Th	10:00 am - 11:00 am	7777 S. Dairy Ashford, 77072	(281) 776-9908
Hackberry (KM 528M)	Tai Chi (Adult/Senior)	T - Th	10:00 am - 11:00 am	7777 S. Dairy Ashford, 77072	(281) 776-9908
Hackberry (KM 528M)	Zumba	M - Th	6:00 pm - 7:00 pm	7777 S. Dairy Ashford, 77072	(281) 776-9908
Hackberry (KM 528M)	Zumba	S	10:30 am - 11:30 am	7777 S. Dairy Ashford, 77072	(281) 776-9908
Hackberry (KM 528M)	Fitness Club	S	12:00 pm - 1:00 pm	7777 S. Dairy Ashford, 77072	(281) 776-9908
Platou (KM 571B)	Ball Room Dancing	M & W	7:00 pm - 8:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Sharpstown (KM 529E)	Tai Chi	M	5:00 pm - 8:00 pm	6600 Harbor Town, 77036	(713) 988-5328
Sharpstown (KM 529E)	Tai Chi	T	2:00 pm - 5:00 pm	6600 Harbor Town, 77036	(713) 988-5328
Sharpstown (KM 529E)	Adult & Sr. Zen Tai Chi	T	6:00 pm - 8:00 pm	6600 Harbor Town, 77036	(713) 988-5328
Sunnyside (KM 533X)	Silver Sneakers	T & Th	10:00 am - 11:00 am	3502 Bellfort, 77051	(713) 734-5061
Sunnyside (KM 533X)	Silver Fitness	W	10:00 am - 11:00 am	3502 Bellfort, 77051	(713) 734-5061
Windsor Village (KM 571P)	Fitness	T & Th	6:00 pm - 7:00 pm	14441 Croquet, 77075	(713) 726-7113

\* Concessionaire - Contact concessionaire for information on fees

## Saturday Open Gym

Enjoy open basketball, volleyball or badminton at HPARD gymnasiums. Call Community Center for information.

<b>Ages:</b>	All ages
<b>Registration:</b>	Not Required
<b>Fees:</b>	<b>FREE</b>
<b>Program Dates:</b>	Year-round every Saturday
<b>Times:</b>	10:00 am - 2:00 pm
<b>Location:</b>	See List Below
<b>Information:</b>	Contact Community Center

**NORTHEAST**

Denver Harbor (KM 494H)	S	6402 Market, 77020	(713) 675-2151
Melrose (KM 413T)	S	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	S	3725 Fulton, 77009	(713) 692-6925
Tidwell (KM 454D)	S	9720 Spaulding, 77016	(713) 636-8221

**NORTHWEST**

Candlelight (KM 450A)	S	1520 Candlelight, 77018	(713) 682-3587
Fonde (KM 493K) *	S	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	S	6818 Shady Villa, 77055	(713) 682-4467
Love (KM 452Z)	S	1000 West 12th, 77008	(713) 867-0497
Judson Robinson Jr. (KM 533B)	S	2020 Hermann Dr., 77004	(713) 284-1997
Kendall (KM 488C)	S	609 N. Eldridge Parkway, 77079	(832) 393-1898
Stude (KM 493E)	S	1031 Stude, 77007	(713) 867-0496
Woodland (KM 493C)	S	212 Parkview, 77009	(713) 867-0401

**SOUTHEAST**

Hartman (KM 535C)	S	9311E. Ave. P, 77012	(713) 928-4803
Mason (KM 535A)	S	541 S. 75th, 77023	(713) 928-7055

**SOUTHWEST**

Alief (KM 529E)	S	11903 Bellaire, 77072	(281) 564-8130
Burnett Bayland (KM 531B)	S	6200 Chimney Rock, 77081	(713) 668-4516
Emancipation (KM 493Y)	S	3018 Dowling, 77004	(713) 284-1911
Marian (KM 530X)	S	11101 S. Gessner, 77071	(713) 773-7015
Sagemont (KM 576Y)	S	11507 Hughes, 77089	(281) 922-2343
Sunnyside (KM 533X)	S	3502 Bellfort, 77051	(713) 734-5061
Townwood (KM 572P)	S	3403 Simsbrook, 77045	(713) 434-3508

\* Saturdays - year round 1:00 pm - 7:00 pm

## Adult Basketball

Candlelight (KM 452E)	Freeplay Basketball	M - Th	6:00 pm - 9:00 pm	1520 Candlelight, 77018	(713) 682-3587
Candlelight (KM 452E)	Freeplay Basketball	F	6:00 pm - 8:00 pm	1520 Candlelight, 77018	(713) 682-3587
Fonde (KM 493K)	Ladies Night Basketball	Th	6:30 pm - 9:00 pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Freeplay Basketball	M & W	6:00 pm - 9:00 pm	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	Freeplay Basketball	M - Th	6:00 pm - 9:00 pm	6818 Shady Villa, 77055	(713) 226-4466
Freed (KM 451Y)	Freeplay Basketball	F	6:00 am - 8:00 pm	6818 Shady Villa, 77055	(713) 226-4466
J. Robinson, Jr. (KM 533B)	Freeplay Basketball	T	6:00 am - 9:00 pm	2020 Hermann Dr., 77004	(713) 284-1997
J. Robinson, Jr. (KM 533B)	Ladies Night Basketball	W	6:00 pm - 9:00 pm	2020 Hermann Dr., 77004	(713) 284-1997
J. Robinson, Jr. (KM 533B)	Teen Basketball	F	6:00 pm - 8:00 pm	2020 Hermann Dr., 77004	(713) 284-1997
Lincoln City (KM 412Q)	Freeplay Basketball	M, W, & F	12:00 pm - 3:00 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Freeplay Basketball	M & W	6:00 pm - 8:00 pm	979 Grenshaw, 77088	(281) 445-1617
Woodland (KM 493C)	Freeplay Basketball	M - Th	6:00 pm - 9:00 pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Freeplay Basketball	F	6:00 pm - 8:00 pm	212 Parkview, 77009	(713) 867-0401

# ADULT WALKING CLUBS

Get fit while enjoying the sights of your neighborhood by joining a walking club at one of our community centers. No fee is required.

<b>Ages:</b>	All ages
<b>Registration:</b>	Ongoing
<b>Program Dates:</b>	Year-round
<b>Information:</b>	Contact Community Center

## NORTHEAST

Clark (KM 453B)	M - F	7:00 am - 12:00 pm	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	M - F	5:00 pm - 8:00 pm	9718 Clark, 77076	(713) 742-1497
Clinton (KM 495U)	M, W, & F	8:00 am - 12:00 pm	200 Mississippi, 77029	(713) 673-0955
Hobart Taylor (KM 455Q)	M, W & F	8:00 am - 10:00 am	8100 Kenton, 77028	(713) 674-3959
J. Robinson, Sr. (KM 495L)	M - Th	7:00 am - 5:00 pm	1422 Ledwicke, 77029	(713) 674-2401
Lakewood (KM 455G)	T - Th	7:00 am - 6:00 pm	8811 Feland, 77028	(713) 636-8217
Moody (KM 453Y)	M - F	7:00 am - 11:00 am	3725 Fulton, 77009	(713) 692-6925
Swiney (KM 494J)	M - Th	6:30 am - 10:00 am	2812 Cline, 77020	(713) 238-2197
Tidwell (KM 454D)	M, W & F	10:00 am - 10:30 am	9720 Spaulding, 77016	(713) 636-8221
Tuffly (KM 454X)	M, W	7:00 am - 11:00 am	3200 Russell, 77026	(713) 674-2355

## NORTHWEST

Candlelight (KM 452E)	M - F	6:00 pm - 8:00 pm	1520 Candlelight, 77018	(713) 682-3587
Carverdale (KM 450A)	M & W	5:00 pm - 6:00 pm	9920 Porto Rico, 77041	(713) 895-6141
Fonde (KM 493K)	T & Th	4:30 pm - 5:30 pm	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	M - F	5:00 pm - 7:00 pm	6818 Shady Villa, 77055	(713) 682-4467
Highland (KM 451D)	M, W & F	8:30 am - 9:30 am	3316 DeSoto, 77091	(713) 956-9137
Independence Heights (KM 453N)	M & W	6:00 pm - 7:00 pm	603 East 35th, 77022	(713) 867-0373
Judson Robinson, Jr. (KM533B)	M & F	7:00 am - 9:00 am	2020 Hermann Drive, 77004	(713) 284-1997
Kendall (KM 488C)	M, W, & F	1:00 pm - 2:00 pm	609 North Eldridge, 77079	(832) 393-1897
Lincoln City (KM 412Q)	M - F	6:30 pm - 8:30 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	M - Th	1:00 pm - 2:00 pm	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	M - F	1:00 pm - 2:00 pm	1000 West 12th, 77008	(713) 864-6820
Montie Beach (KM 453Y)	M - F	8:00 am - 9:00 am	915 Northwood, 77009	(713) 864-6820
Montie Beach (KM 453Y)	M - Th	7:00 pm - 8:00 pm	915 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	M & W	4:00 pm - 5:00 pm	803 West Temple, 77009	(713) 862-6907
Stude (KM 493B)	T & F	8:00 am - 9:00 am	1031 Stude, 77007	(713) 867-0496
Woodland (KM 493C)	M - F	1:00 pm - 3:00 pm	212 Parkview, 77009	(713) 867-0401

## SOUTHEAST

Bessie Swindle (KM 573L)	M - F	10:00 am - 11:30 am	11800 Scott, 77047	(713) 733-4581
Beverly Hills (KM 576S)	M & W	5:00 pm - 6:00 pm	10201 Kingspoint, 77075	(713) 948-9065
Charlton (KM 535P)	T & Th	8:00 am - 9:00 am	8200 Park Place Blvd., 77017	(713) 645-3589
Crestmont (KM 574J)	M, W & F	6:00 pm - 7:00 pm	5200 Selinsky, 77048	(713) 733-2236
DeZavala (KM 495S)	M - F	7:30 am - 8:30 am	7521 Ave. H., 77012	(713) 923-5163
DeZavala (KM 495S)	M - F	6:00 pm - 7:00 pm	7521 Ave. H., 77012	(713) 923-5163
Eastwood (KM 494T)	M, W, & F	7:30 am - 8:30 am	5020 Harrisburg, 77011	(713) 928-4801
Edgewood (KM 534X)	W & F	6:30 pm - 7:00 pm	5803 Belfort, 77033	(713) 734-8434
Garden Villas (KM 535W)	M - F	8:00 am - 10:00 am	6720 S. Haywood, 77061	(713) 847-5168
Hartman (KM 535C)	T, W & Th	5:00 pm - 6:00 pm	9311 E. Ave. P., 77012	(713) 928-4803
Ingrando (KM 535F)	M - F	8:00 am - 11:00 am	7302 Keller, 77012	(713) 643-4764
MacGregor (KM 534E)	T & Th	9:00 am - 10:00 am	5225 Calhoun, 77021	(713) 747-8650
Mason (KM 535A)	M - Th	7:00 am - 8:30 am	541 South 75th, 77023	(713) 928-7055
Meadowcreek (KM 536S)	M, W & F	6:00 pm - 7:00 pm	5333 Berry Creek, 77017	(713) 946-9020
Settegast (KM 494N)	M - Th	8:30 am - 9:30 pm	3000 Garrow, 77003	(713) 238-2200

## SOUTHWEST

Alief (KM 572Y)	M, W, & F	9:00 am - 10:00 am	11903 Bellaire, 77072	(281) 564-8130
Almeda (KM 572Y)	T & Th	6:00 pm - 6:30 pm	14201 Almeda School Rd., 77047	(713) 434-1909
Burnett Bayland (KM 531B)	M, W & F	5:30 pm - 6:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Cherryhurst (KM 492V)	M, W & F	6:00 pm - 7:00 pm	1700 Missouri, 77006	(713) 284-1992
Emancipation (KM 493U)	M & T	6:30 pm - 7:30 pm	3018 Dowling, 77004	(713) 284-1911
Hackberry (KM 528M)	M - F	5:00 pm - 7:00 pm	7777 S. Dairy Ashford, 77072	(281) 776-9908
Hackberry (KM 528M)	M - F	11:00 am - 1:00 pm	7777 S. Dairy Ashford, 77072	(281) 776-9908
Linkwood (KM 532P)	M & W	6:00 pm - 7:00 pm	3699 Norris, 77025	(713) 314-3107
Marian (KM 530X) <sup>1</sup>	M - F	6:00 pm - 7:30 pm	11101 South Gessner, 77071	(713) 773-7015
River Oaks (KM 492T) <sup>2</sup>	M - F	5:00 pm - 6:00 pm	3600 Locke Lane, 77027	(713) 622-5998
Sharpstown (KM 530F)	M, W & F	9:00 am - 10:00 am	6600 Harbor Town, 77036	(713) 988-5328
Sunnyside (KM 533X) <sup>1</sup>	M - Th	9:30 am - 10:00 am	3502 Belfort, 77051	(713) 734-5061
Townwood (KM 572P)	M & W	6:30 pm - 8:00 pm	3403 Simsbrook, 77045	(713) 434-3508
Windsor Village (KM 571 P)	W	10:30 am - 11:30 am	14441 Croquet, 77085	(713) 726-7113

# PARKtrails

TRAIL	LOCATION	TYPE	MILES
Aron Ledet	6300 Antoine	Concrete	0.38
Alief	11903 Bellaire Blvd	Concrete	0.53
Baldwin	1701 Elgin	Granite	0.32
Bell	4800 Montrose	Granite	0.17
Bendwood	12700 Kimberly	Concrete	0.49
Beverly Hills	10201 Kingspoint	Asphalt	0.53
Boone Road	7700 Boone Road	Asphalt	1.06
Boyce-Dorian	2000 Erastus	Asphalt	0.40
Braeburn Glen	9510 Gessner	Asphalt	0.25
Brays Bayou	Gessner to M.L.K. Blvd.	Asphalt	12.50
Brays Bayou	Lawndale to Forest Hill	Asphalt	0.75
Brays Bayou	75th to Evergreen	Asphalt	0.50
Brentwood	13220 Landmark	Asphalt	0.77
Briarbend	7926 Woodway	Granite	0.20
Briarmeadow	7703 Richmond	Granite	0.28
Brock	8201 John Ralston	Concrete	0.17
Buffalo Bayou	Bagby to Shepherd	Asphalt	4.50
Burnett-Bayland	6300 Chimney Rock	Asphalt	0.96
Cambridge Village	13000 Nitida	Asphalt	0.50
Candlelight	1520 Candlelight	Asphalt	0.45
Canterbury	12822 Northumb	Asphalt	0.33
Catherine Delce	5700 Collingsworth	Asphalt	0.21
Clark	9718 Clark	Asphalt	0.36
Cleveland	200 Jackson Hill	Granite-Concrete	0.35
Clinton	200 Mississippi	Asphalt	0.42
Cloverland	3801 Hickok Lane	Asphalt	0.25
Cole Creek	7200 Drowsy Pine	Concrete	0.35
Columbia Tap - N.	Union Station to S. MacGregor	Concrete	1.07
Columbia Tap - S.	Dowling to S. MacGregor	Concrete	3.09
Crain	9051 Triola	Asphalt	0.50
Cravens Parkway	5901 Main	Granite	0.50
Crestmont	5100 Selinsky	Asphalt	0.25
Cullen	19008 Saums	Asphalt	7.38
Cullinan	6700 Long Drive	Asphalt	1.06
Dodson Lake	9010 Dodson	Asphalt-Concrete	0.50
Dow	7942 Rockhill	Asphalt	0.58
Eastwood	5000 Harrisburg	Asphalt-Concrete	0.20
Edgewood	5803 Belfort	Asphalt-Concrete	0.50
E.P. Hill	4800 Gloryland	Asphalt	0.39
Ervan Chew	4502 Dunlavy	Concrete	0.21
Fonde	5500 Carrolton	Asphalt	0.32
Forest West	5915 Golden Forest Dr.	Asphalt	0.30
Forum	9900 Sugar Branch	Asphalt	0.49
Franklow	1300 Seagler Road	Asphalt	0.50
Freed	7020 Shadyvilla	Asphalt	0.35
Freeway Manor	2241 Bronson	Asphalt-Concrete	0.47
Freshmeadow	4500 Campbell	Concrete	0.38
Gail Reeves	8800 Mullins	Concrete	0.35
Garden Villas	6720 S. Haywood	Asphalt	0.49
George T. Nelson	3820 Yellowstone	Asphalt	0.17
Glenbrook	8201 N. Bayou Drive	Asphalt	0.51
Glenshire	12100 Riceville (SR)	Asphalt	0.41
Godwin	5101 Rutherglen	Concrete	0.42
Grady	1700 Yorktown	Granite	0.20
Gulf Palms	11901 Palm Springs	Asphalt	0.41
Hackberry	7300 Dairy Ashford	Concrete	0.61
Haden	1404 Witte Road	Asphalt	0.32
Hager	12100 Landsdowne	Asphalt	0.51
Halls Bayou	Hirsch Road to Bretshire & Rebel	Concrete	2.86
Halls Bayou	Little York to Mierianne	Asphalt	1.50
Harrisburg - Sunset	Drennan to Marsden - Ave. R to Ave. H	Asphalt	2.00
Hartman	9311 Avenue P	Asphalt	0.62
Harwin	11305 Harwin	Asphalt	0.70
Haviland	11600 Haviland	Asphalt	0.28
Heights Blvd.	I-10 to 20th Street	Granite	2.00
Herman Brown	400 Mercury Drive	Asphalt-Red Dog	2.81
Hermann	6001 Fannin	Granite-Concrete	2.85
Hobart Taylor	8100 Kenton	Asphalt	0.49
Houston Garden	6901 Apache	Concrete	0.39
Hunting Bayou	Loop 610 to Lockwood	Asphalt	0.50
Hunting Bayou	US 59 to Cavalcade	Asphalt	0.50
Independence Heights	601 E. 35 Street	Concrete	0.31
Ingrando	7302 Keller	Asphalt-Concrete	0.59
J. Robinson, Sr.	1422 Ledwicke	Concrete	0.10
Karl Young	7800 Stella Link	Granite	0.20
Keith-Wiess	12300 Aldine-Westfield	Concrete	2.12

TRAIL	LOCATION	TYPE	MILES
Lake Forest	9200 Mesa	Concrete	0.43
Lakewood	8811 Feland	Asphalt	0.14
Langwood	3975 Bolin	Asphalt	0.44
Law	6100 Vassar Road	Asphalt	0.41
Lee	9025 Pitner	Asphalt	0.26
Levy	3801 Levy Park	Concrete- Granite	0.24
Linkwood	3699 Norris	Concrete	0.12
Love	000 W.12th Street	Asphalt	0.20
MacGregor	5225 Calhoun	Asphalt	1.25
Mangum Manor	5235 Saxon	Asphalt	0.29
Marian	11100 S. Gessner	Granite	0.25
Mason	541 75th Street	Asphalt-Concrete	1.40
Memorial	6501 Memorial Dr	Granite	2.90
Memorial (Outer Loop)	6501 Memorial Dr	Granite	1.50
Memorial (Timing Track)	6501 Memorial Dr	Asphalt	0.25
Metropolitan Multi-Service Ctr	1475 West Gray	Concrete	0.31
Montie Beach	915 Northwood	Asphalt	0.84
MKT Trail	26th & Nicholason to 7th to Spring Street & White Oak Bayou	Concrete	4.70
Moody	3725 Fulton	Asphalt-Concrete	0.94
Northline	6902 Nordling	Asphalt	0.42
Oak Meadow	500 Ahrens	Asphalt	0.25
Old Katy Hike & Bike Trail	236 North Dairy Ashford	Concrete	2.35
Park at Palm Center	5400 Griggs	Granite	0.22
Pleasantville Subdivision	Within Subdivision	Asphalt	1.50
Reveille	7700 Oak Vista Loop	Asphalt	0.32
River Oaks	3600 Locke Lane	Granite	0.25
Riverside	2600 S. Calument-N. Calument	Concrete	0.42
R.L. & Cora Johnson	9801 Tanner	Asphalt	0.25
Robert C. Stuart	7250 Belfort	Gravel	0.75
Rosewood	8200 Darien	Concrete	0.36
S. Main Estates	12256 Zavalla	Asphalt	0.32
Scenic Woods	7449 Lakewood	Asphalt	0.34
Schnur	12227 Cullen Boulevard	Asphalt	0.50
Schwartz	8203 Vogue	Asphalt	0.48
Scottcrest	10700 Rosehaven	Concrete	0.47
Selena Q. Perez	6402 Market	Asphalt	0.87
Shady Lane	10100 Shady Lane	Asphalt	0.50
Shepherd	4725 Brinkman	Granite	0.25
Sims Bayou	MLK Blvd. to Scott	Asphalt	2.50
Sims Bayou	White Heather to Townwood	Asphalt	0.75
Sims Bayou	S. Post Oak to Croquet	Asphalt	0.50
Song Wood	548 Westshire	Asphalt	0.33
Southcrest	5842 Southmund	Concrete	0.29
Spotts	401 Heights Blvd	Concrete	0.35
St. Lo	7335 St. Lo Rd.	Concrete	0.18
Stewart	6700 Reed Road	Concrete	0.30
Stoneybrook Esplanade	3000-3600 Stoneybrook	Asphalt	0.55
Stuebner Airline	9201 Veterans Blvd	Concrete	0.50
Sunnyside	3502 Belfort	Asphalt	0.48
Swiney	2812 Cline	Concrete	0.15
Sylvan Rodriguez	1201 Clear Lake Blvd.	Concrete	0.37
Sylvester Turner	2800 West Little York	Asphalt-Concrete	1.02
T. C. Jester Parkway	N of 34th to 43rd Street	Granite	1.00
Tanglewood	5801 Woodway	Concrete	0.20
Timber Grove Manor	1500 West TC Jester	Asphalt	0.88
Timber Grove Trail	1500 T.C. Jester	Asphalt	0.80
Tony Marron	808 York	Concrete-Asphalt	0.46
Townwood	3403 Sims brook	Asphalt	0.39
Tuffy	3200 Russell	Asphalt	0.33
Verde Forest	8800 Brock Park Blvd.	Asphalt	0.20
Veterans Memorial	1800 Tidwell	Asphalt	0.36
Waldemar	11700 Waldemar	Asphalt	0.19
Weiss	100 North Post Oak Lane	Granite	0.70
Westside Trail	Westpark to Eldridge	Asphalt	1.90
Westwood	4045 Lemac	Asphalt-Concrete	0.38
White Oak Bayou	Houston Ave. to Studemont	Asphalt	2.25
White Oak Bayou	11th to Pinemont	Asphalt-Concrete	4.80
Windsor Village	1441 Croquet	Concrete	0.31
Willow	10400 Cliffwood	Granite	0.25
Willow Water Hole	5300 Gasmer	Granite-Concrete	1.17
Wilson Memorial	100 Gilpin	Asphalt-Concrete	0.28
Woodland Park	3501 Corder	Asphalt-Concrete	0.32
Zollie Scales	3501 Corder	Asphalt	0.23

# SENIOR *programs*

HPARD Senior Programs provide a wide variety of recreation & leisure activities for seniors, ages 55 years & older, at various community centers across the Houston area.

Activities include specialty & creative crafts, fitness, walking clubs, cultural events, senior forums, field trips & special events. Other program components include craft exhibitions, computer classes at local libraries, fashion shows, special holiday events, Sr. Olympics competition & sports programs.

Most programming is FREE unless otherwise indicated. Field trips & certain programs may require a minimum fee or request that participant provide their own materials.

<b>Ages:</b>	55 & older
<b>Registration:</b>	Ongoing
<b>Program Dates:</b>	Ongoing
<b>Fees:</b>	<b>FREE</b> (Except for Field Trips or Special Programs)
<b>Times:</b>	Varies by Community Center
<b>Information:</b>	(832) 395-7133 (832) 395-7270



## MONDAY

Clark (KM 455Q)	9718 Clark, 77076	(713) 742-1497
Hobart Taylor (KM 455Q)	8100 Kenton, 77028	(713) 674-3959
Ingrando (KM 535F)	7302 Keller, 77012	(713) 643-4764
Judson Robinson, Sr. (KM 455Q)	1422 Ledwicke, 77029	(713) 674-2401

## TUESDAY

Clark (KM 453B)	9718 Clark, 77076	(713) 742-1497
Edgewood (KM 534X)	(832) 395-7270	(713) 734-8434
Selena Quintanilla Perez/ Denver Harbor (KM 494H)	6402 Market, 77020	(713) 675-2151

## WEDNESDAY

DeZavala (KM 495S)	7521 Avenue H., 77012	(713) 923-5163
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## THURSDAY

Eastwood (KM 949T)	5020 Harrisburg, 77011	(713) 928-4801
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## Senior Specialty Crafts/Activities

Learn & enjoy a variety of leisure type activities including flower arranging, ceramics, quilting, painting & much more at some of your local community centers.

**Ages:** 50 & older  
**Registration:** Year - round  
**Program Dates:** Year - round  
**Fees:** FREE  
**Times:** Various by Community Center  
**Information:** (832) 395-7296  
 (832) 395-7270

**NORTHEAST**

Clark (KM 453B)	Quilting & More	F	12:00 pm - 2:00 pm	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	Ceramics	W & F	12:00 pm - 2:30 pm	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	Hat Making	M	9:00 am - 2:00 pm	9718 Clark, 77076	(713) 742-1497
Clinton (KM 495V)	Crafts	W	8:00 am - 3:00 pm	203 Mississippi, 77029	(713) 673-0955
Clinton (KM 495V)	Senior Fitness	M, W, & F	10:00 am - 11:00 am	203 Mississippi, 77029	(713) 673-0955
Clinton (KM 495V)	Senior Bingo	M, W, & F	11:00 am - 1:00 pm	203 Mississippi, 77029	(713) 673-0955
Clinton (KM 495V)	Senior Crafts	T & Th	10:00 am - 2:00 pm	203 Mississippi, 77029	(713) 673-0955
Denver Harbor (KM 494H)	Senior Arts & Crafts	T	9:00 am - 1:00 pm	6402 Market, 77020	(713) 675-2151
Finnigan (KM 495H)	Crafts	M - F	9:00 am - 12:00 pm	4900 Providence, 77020	(713) 678-7385
J Robinson, Sr (KM 495L)	Creative Crafts	M	9:00 am - 12:00 pm	1422 Ledwicke, 77029	(713) 674-2401
J Robinson, Sr (KM 495L)	Quilting	W	2:00 pm - 4:00 pm	1422 Ledwicke, 77029	(713) 674-2401
J Robinson, Sr (KM 495L)	Senior Bingo	T	1:00 pm - 2:00 pm	1422 Ledwicke, 77029	(713) 674-2401
Tidwell (KM 454D)	Memory Makers	W	1:00 pm - 3:00 pm	9710 Spaulding, 77016	(713) 636-8221
Shady Lane (KM 414W)	Arts & Crafts	M & W	10:30 am - 12:00 pm	10020 Shady Lane, 77093	(713) 742-1503

**NORTHWEST**

Fonde (KM 493K)	Pickleball	W & F	9:00 am - 11:00 am	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Senior Basketball	T	4:00 pm - 6:00 pm	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	Low Impact Fitness	M - W	10:00 am - 11:00 am	3818 Shady Villa, 77055	(713) 682-4467
J. Robinson, Jr. (KM 533B)	Computer Class	W	2:30 pm - 3:30 pm	2020 Hermann Dr., 77004	(713) 284-1997
J. Robinson, Jr. (KM 533B)	Bridge	W	10:30 am - 12:30 pm	2020 Hermann Dr., 77004	(713) 284-1997
Lincoln City (KM 412Q)	Quilting	M	9:00 am - 1:00 pm	1979 Greshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Senior Writing	M	12:30 pm - 1:30 pm	979 Greshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Computer Class	T	10:30 am - 12:30 pm	979 Greshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Gardening	W 2 <sup>nd</sup> & 4 <sup>th</sup>	10:00 am - 11:00 am	979 Greshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Senior Game Day	W	10:00 am - 12:00 pm	979 Greshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Senior Crafts	T	10:00 am - 12:00 pm	979 Greshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Senior Ceramics	Th	9:30 am - 10:30 am	979 Greshaw, 77088	(281) 445-1617
Milroy (KM 452Z)	Jewelry Making	T	10:00 am - 12:00 pm	1205 Yale, 77008	(713) 867-0397
Milroy (KM 452Z)	Quilting	W	10:00 am - 12:00 pm	1205 Yale, 77008	(713) 867-0397
Monte Beach (KM 453X)	Zumba	F	9:00 am - 10:00 am	915 Northwood, 77009	(713) 864-6820



**SOUTHEAST**

Bessie Swindle (KM 573L)	Bridge	T	1:00 pm - 4:00 pm	11800 Scott, 77047	(713) 733-4581
Bessie Swindle (KM 573L)	Bridge	W	1:00 pm - 4:00 pm	11800 Scott, 77047	(713) 733-4581
Charlton (KM 535P)	Ceramics	M	8:00 am - 10:00 am	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Jewelry Making	W	8:00 am - 10:00 am	8200 Park Place, 77017	(713) 645-3589
Cloverland (KM 573L)	Ceramics	M, T & W	10:00 am - 12:00 pm	3801 Hickok, 77047	(713) 733-4581
Crestmont (KM 574J)	Crafts	W & Th	9:30 am - 1:30 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	Social Club	M - Th	3:00 pm - 7:00 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	Social Club	F	1:00 pm - 5:00 pm	5200 Selinsky, 77048	(713) 733-2236
Eastwood (KM 494T)	Crafts	Th	9:00 am - 1:00 pm	5020 Harrisburg, 77011	(713) 928-4801
Edgewood (KM 534X)	Hat Making	Th	10:00 am - 2:00 pm	5803 Bellfort, 77033	(713) 734-8434
Edgewood (KM 534X)	Jewelry Making	T, Th, F	9:00 am - 2:00 pm	5803 Bellfort, 77033	(713) 734-8434
Garden Villas (KM 573L)	Karate	M & Th	6:00 pm - 8:00 pm	6720 S. Haywood, 77061	(713) 847-5168
Garden Villas (KM 573L)	Senior Aerobics	M - Th	6:00 pm - 7:00 pm	6720 S. Haywood, 77061	(713) 847-5168
Ingrando (KM 535F)	Crafts	M	9:00 am - 1:00 pm	7302 Keller, 77012	(713) 643-4764
Meadowcreek (KM 535A)	Senior Aerobics	M & W	10:00 am - 11:00 am	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 535A)	Line Dancing/Board Games	F	10:00 am - 12:00 pm	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 535A)	Walking	M - F	7:00 pm - 8:00 pm	5333 Berry Creek, 77017	(713) 946-9020
Settegast (KM 494N)	Ceramics	T	9:00 am - 1:00 pm	3000 Garrow, 77003	(713) 238-2200

**SOUTHWEST**

Linkwood (KM 532P)	Quilting	T - Th	6:00 pm - 7:30 pm	3699 Norris, 77025	(713) 733-4581
Linkwood (KM 532P)	Crochet	W	6:00 pm - 7:30 pm	3699 Norris, 77025	(713) 733-2236
Sharpstown (KM 530F)	Chess Club	T	5:00 pm - 7:00 pm	6600 Harbor Town, 77036	(713) 928-4801
Sharpstown (KM 530F)	Knitting/Crocheting	W	12:30 pm - 3:30 pm	6600 Harbor Town, 77036	(713) 928-4801
Sharpstown (KM 530F)	Quilting	W	12:30 pm - 3:30 pm	6600 Harbor Town, 77036	(713) 928-4801
Sunnyside (KM533X)	Quilting	M	10:00 am - 1:00 pm	3502 Bellfort, 77051	(713) 734-5061



# ADAPTIVE SPORTS & RECREATION

HPARD provides access to year round activities for children & adults with disabilities through the Adaptive Recreation Division located at the Metropolitan Multi-Service Center, 1475 West Gray. In addition to providing activities, the Metropolitan Multi-Service Center partners with organizations that serve children & adults with disabilities. The goal is to provide access, experiences & opportunities to learn new skills & redefine abilities while participating in recreational activities.



## Adult Recreation Fitness Center

The MMSC Fitness Center is specifically designed to be used by adults with a physical disability including visually impaired & blind who are able to function independently. The facility is equipped with wheelchair accessible upper body weight equipment along with cardio machines to get our heart pumping. Pre-registration & a safety briefing are required before using this facility.

**Ages:** 16 - Older  
**Registration:** Required  
**Fee:** FREE  
**Times:** 8:00 am - 8:00 pm, M - Th  
 8:00 am - 4:00 pm, F  
**Location:** Metropolitan Multi-Service Ctr  
 1475 West Gray  
**Information:** (713) 284-1973

## Adaptive Aquatics Program

Adaptive Aquatics - Initial in water orientation & then exercise, lap swim or water walk in the heated, indoor natatorium. The pool provides a great environment for people with disabilities to exercise.

Participants are required to have independent functioning mobility skills or bring an adult attendant to assist them. Pre-registration is required & must be completed prior to participant getting in the pool. HPARD staff will conduct initial safety screening in the water.

**Ages:** Youth & Adult  
**Registration:** Required  
**Program Dates:** Year round  
**Time:** Vary, call for schedule  
**Fee:** FREE  
**Location:** Metropolitan Multi-Service Ctr  
 1475 West Gray  
**Information:** (713) 284-1983

## Friends of the Park Council at MMSC

The Friends of the Park Council at MMSC serves to support the staff & programs of HPARD's Adaptive Recreation section. They also help communicate the vision, goals & services of the program to constituent communities & provide a forum for program ideas & services.

The Friends of the Park Council at MMSC meets every two months on the second Tuesday of the month.

**Date:** Every month  
 2nd Tuesday of the month  
**Time:** 4:30 pm - 6:00 pm  
**Location:** Metropolitan Multi-Service Ctr  
 1475 West Gray  
**Information:** (713) 284-1973  
 charles.french@houston.tx.gov

## Paralympic Military Program

The U.S. paralympic Military Program is for military men & women who have returned from Iraq & Afghanistan with a permanent physical disability including the blind & visually impaired. All veterans with a physical disability & other local people with a physical disability are invited to participate.

Paralympic sports include sitting volleyball, power soccer, judo, goal ball, air guns & rugby. If you are a veteran or know someone who might be interested in participating please contact us.

**Registration:** Required  
**Program Date:** Year round  
**Time:** 8:00 am  
**Fee:** FREE  
**Location:** Metropolitan Multi-Service Ctr  
 1475 West Gray  
**Information:** (713) 284-1973



## Adult Wheelchair Basketball

Weekly practice & play is scheduled throughout the summer for adults age 16 & up. No motorized chairs allowed in this game.

Mondays & Wednesdays are open gym for wheelchair basketball. Sports chairs are available to check out. Registration is required.

**Ages:** 16 - Older  
**Registration:** Required  
**Fee:** FREE  
**5 on 5 League Play:** Mon  
**Wheelchair BB/Open Gym:** Wed  
**Times:** 6:00 pm - 9:00 pm  
**Location:** Metropolitan Multi-Service Ctr  
 1475 West Gray  
**Information:** (713) 284-1973



## Adult Wheelchair Soccer

Get ready for fast, full-court action when adults clash metal to metal in this fast paced wheelchair sport. This game is for participants who have independent, upper body function. Motorized chairs **ARE PERMITTED** in this game.

This league is sponsored by the GHAAPD.

**Ages:** 16 - Older  
**Registration:** Required  
**Fee:** FREE  
**Program Dates:** June 2 - Aug 1, Sat  
**Times:** 12:00 pm - 6:00 pm  
**Location:** Metropolitan Multi-Service Ctr  
 1475 West Gray  
**Information:** (713) 284-1973  
 charles.french@houston.tx.gov



## Paralympic Military Experience

This one day clinic will introduce various Paralympic Sports to people with physical disabilities. The clinic is open to people of all ages with physical disabilities including spinal cord injuries, amputees, & blind & visually impaired participants.

**Ages:** Youth & Adult  
**Registration:** Required  
**Program Date:** Aug 11  
**Time:** 9:00 am - 3:00 pm  
**Fee:** FREE  
**Location:** Metropolitan Multi-Service Ctr  
 1475 West Gray  
**Information:** (713) 284-1973

## Adult Wheelchair Rugby

Get ready for fast, full-court action when adults clash metal to metal in this fast paced wheelchair sport.

Motorized chairs not permitted in this game. This recreational league is open to participants with any ability. Chairs are available for check out.

**Ages:** 16 - Older  
**Registration:** Required  
**Fee:** FREE  
**Program Dates:** May 24 - Aug 2  
**Times:** 6:00 pm - 9:00 pm, Th  
**Location:** Metropolitan Multi-Service Ctr  
 1475 West Gray  
**Information:** (713) 284-1973

## Wheelchair Tennis

Wheelchair tennis is one of the fastest growing sports in the US for children & adults with physical disabilities.

Not only does it offer a great workout, it can be a life-long family activity & it is fun! With a few minor adjustments, tennis can be enjoyed by everyone.

**Ages:** All Ages  
**Registration:** Required  
**Program Dates:** 7:00 pm - 8:30 pm, T  
 Aug 14 - Dec 11  
**Fee:** FREE  
**Location:** Metropolitan Multi-Service Ctr  
 1475 West Gray  
**Information:** (713) 284-1973



### Power Soccer

Power Soccer is the fastest growing sport for wheelchair users. Power Soccer is the first team sport designed specifically for power wheelchair users. It combines the skill of the wheelchair user with the speed & power of the chair itself, to participate in an extremely challenging game similar to soccer.

All ages & abilities welcome!

**Ages:** All Ages  
**Registration:** Required  
**Fee:** FREE  
**Program Dates:** May 12 - Aug 25  
**Times:** 9:00 am - 12:00 pm  
**Location:** Metropolitan Multi-Service Ctr  
 1475 West Gray  
**Information:** (713) 284-1973

### Youth Power Soccer Camp

This three day mini Power Soccer Camp is open to youth who use a motorized wheelchair ages 8 - 21. This camp is designed to introduce the sport of Power Soccer to potential athletes, coaches, friends & families & promote the development of Power Soccer. This three day intensive camp will introduce rules, skill development & full game play through various drills & scrimmaging.

**Ages:** 8 - 21  
**Registration:** Required  
**Program Dates:** June 11 - June 13  
**Time:** 9:00 am - 12:00 pm  
**Fee:** FREE  
**Location:** Metropolitan Multi-Service Ctr  
 1475 West Gray  
**Information:** (713) 284-1983

### Junior Wheelchair Sports & Recreation Camp

This wheelchair sports & recreation camp is an adventurous day camp designed specifically for individuals with physical disabilities who have independent functioning skills ages 6 & up to explore their potential & try things they never imagined possible. The camp will provide youth with a physical disability such as cerebral palsy, spina bifida, amputation, spinal cord injury, muscular dystrophy or other physical/mobility disabilities an opportunity to become involved in sport & recreation activities, make friends & have fun.

**Ages:** 6 - 18  
**Program Dates:** June 18 - June 21  
**Time:** 9:00 am - 3:00 pm  
**Fee:** FREE  
**Location:** Metropolitan Multi-Service Ctr  
 1475 West Gray  
**Information:** (713) 284-1983



### Adolescent Bariatric Surgery Program Support Group

The support group is hosted monthly for adolescents & their family by Texas Children's Hospital Staff in partnership, with HPARD's Adaptive Recreation Staff. Meetings are held at the Metropolitan Multi-Service Center.

This is a specialized program designed to enhance the overall fitness level & functional capacity of each bariatric patient. Focus will be on lifetime fitness activities & exercise.

**Date:** 2nd & 4th Tuesday  
Of Every Month  
**Time:** 5:00 pm - 7:00 pm  
**Fee:** FREE  
**Location:** Metropolitan Multi-Service Ctr  
1475 West Gray  
**Information:** (832) 822-4868  
Trish Walters-Salas, BSN, RN, CCM Case Manager  
Bariatric Surgery Program Texas Children's Hospital

### The Arc of Greater Houston

The Arc of Greater Houston is a nonprofit organization formed nationally in 1950 to advocate for the inclusion of people with mental retardation & other developmental disabilities in all aspects of society & is established at the national, state, & local levels.

The Arc of Greater Houston works in collaboration with other agencies & organizations to facilitate the development of a wide array of options available to individuals & their families in the community.

**Activity:** Monthly Dance/Social For Adults With Intellectual & Developmental Disabilities  
**Information:** (713) 957-1600  
www.thearcofgreaterhouston.com

### Greater Houston Athletic Association for Physically Disabled

The Greater Houston Athletic Association for Physically Disabled is dedicated to assisting people with physical disabilities with either the rehabilitation or habilitation process by fostering a more healthy self-esteem through successful participation in physical activity that could enhance the chances of an independent lifestyle.

**Activity:** Wheelchair Soccer  
**Location:** Metropolitan Multi-Service Ctr  
1475 West Gray  
**Information:** (713) 521-3737  
Rosario Vasquez

### Houston Area Parkinson Society

The Houston Area Parkinson Society's mission is to improve the quality of life for those affected by Parkinson's disease through services, education & advocacy. The Houston Area Parkinson Society provides numerous programs & services for the Parkinson's community. Each week HAPS provides 34 free physical, occupational, speech, water, Tai Chi, & other therapy groups. **Free** support groups are available for individuals with Parkinson's & caregivers to share their experiences in a warm, friendly environment. In addition, HAPS offers free transportation services to & from HAPS therapy sites & physician visits. Respite, social services & educational programs are also available.

**Activity:** Tai Chi & Exercise for Adults with Parkinson  
**Information:** (713) 313-1652  
www.hapsonline.org

### The River Performing & Visual Arts Center

The River is 501(c)(3) nonprofit organization whose mission is to provide an accessible, affordable, fine arts education for special children, ages 2-19, who have disabilities, chronic illnesses, or are economically disadvantaged. Siblings are welcome.

The River offers year round, barrier free, classes in music, art, drama & dance. Scholarships are available.

**Ages:** 2 - 19  
**Information:** (713) 520-1220

### Ray of Light Youth Social & Play Group

Ray of Light youth group-education, socialization, play & networking for youth with multiple disabilities & their families. This parent & volunteer driven group comes together to share resources, learn from each other & engage in adaptive play activities with their kids.

Parents are required to participate in activities with their child. The group meets the 2nd Saturday of each month at the Metropolitan Multi-Service Center.

**Ages:** 2-19  
**Date:** 2nd Saturday  
Of Every Month  
**Time:** 10:00 am - 2:00 pm  
**Fee:** FREE  
**Location:** Metropolitan Multi-Service Ctr  
1475 West Gray  
**Information:** (281) 870-0093  
Rosario Vasquez

# SWIMMING POOLS

Public pools will open in two phases. During Phase I, 20 selected pools scheduled for May 26 - June 5, will open during the weekends only. During Phase II, scheduled to begin June 5, all 38 pools will open & will operate from Tuesday through Sunday, 1:00 pm – 8:00 pm All public pools will be closed on Mondays throughout the summer with the exception of holidays. Also, in observance of the July 4th holiday pools will close on Wednesday, July 4 at 5:00 pm. For more information call (832) 395-7129.



## Swimming Pool - Summer Schedule

When school lets out for summer city pools open to provide Safe & Fun swimming opportunities for all. With 38 swimming pools located throughout Houston & 13 water playgrounds there's sure to be one close-by for your family to enjoy.

Public pools will open in two phases. During Phase I, 20 selected pools scheduled for May 26 - June 5, will open during the weekend only. During Phase II, scheduled to begin June 5, all 38 pools will open & will operate from Tuesday through Sunday, 1:00 pm – 8:00 pm. All public pools will be closed on Mondays throughout the summer. For more information call (832) 395-7129.

**Ages:** Open to all ages  
**Registration:** Daily sign-in required  
**Program Dates:** May 26 – Aug 17  
**Summer Schedule:** Closed on Mondays  
 1:00 pm – 8:00 pm  
**Holiday Schedule:** May 30, Memorial Day  
 1:00 pm – 8:00 pm  
 July 4, Independence Day  
 1:00 pm – 5:00 pm  
**Location:** See Public Pool List  
**Information:** (832) 395-7129



## Swimming Pool - Fall Schedule

When students make their way back to school public pools will operate on a reduced schedule. From August 18 to Sept. 3, all pools will be closed Monday through Friday.

Only 20 selected pools will operate on Saturday & Sunday. Labor Day will be the last day selected pools will operate.

**Ages:** Open to all ages  
**Registration:** Daily sign-in required  
**Program Dates:** Aug 18 – Sept 3  
 Closed Monday - Friday  
 Sat & Sun  
 1:00 pm - 8:00 pm  
**Holiday Schedule:** Sept 5, Labor Day  
 1:00 pm - 6:00 pm  
**Location:** See Public Pool List  
**Information:** (832) 395-7129

## Pool Locations

**NORTHEAST**

Clinton (KM 495U)	203 Mississippi, 77029	(713) 675-9336
Selena Quintanilla Perez/	6200 Chimney Rock, 77081	(713) 668-4516
Denver Harbor (KM 494H)	1020 Gazin, 77020	(713) 673-7140
Finnigan (KM 494G)	4900 Providence, 77020	(713) 673-7311
Greenwood (KM 497A)	602 Beresford, 77015	(713) 455-5165
Hobart Taylor (KM 455P)	8100 Kenton, 77028	(713) 673-3774
Judson Robinson, Sr. (KM 495L)	1422 Ledwicke, 77029	(713) 672-8958
Moody (KM 453Y)	3201 Fulton, 77009	(713) 238-2215
Tidwell (KM 454D)	9720 Spaulding, 77016	(713) 633-1618
Tuffly (KM 494B) 3200 Russell, 77026	3200 Russell, 77026	(713) 674-3367

**NORTHWEST**

Agnes Moffit (KM 449R)	10645 Hammerly, 77043	(713) 468-5666
Independence Heights (KM 453N)	603 East 35th, 77022	(713) 862-1284
Lincoln City (KM 412Q)	1048 Grenshaw, 770 88	(281) 447-2525
Love (KM 452Z)	1000 West 12th, 77008	(713) 867-0490
Memorial (KM 492K)	6402 Arnot, 77007	(713) 862-1426
Northline (KM 413W)	6911 Nordling, 77076	(713) 742-1512
Oak Forest (KM 452N)	1400 Dubarry, 77018	(713) 684-1819
Schwartz (KM 451N)	8203 Vogue, 77055	(713) 973-6310
Stude (KM 493B)	1031 Stude, 77007	(713) 862-5762
T.C. Jester (KM 451M)	4205 T.C. Jester, 77018	(713) 686-6800

**SOUTHEAST**

Beverly Hills (KM 576S)	9800 Kingspoint, 77075	(713) 948-9063
DeZavala (KM 495S)	907 75th Street, 77012	(713) 923-7220
Eastwood (KM 494T)	5000 Harrisburg, 77011	(713) 923-8058
Emancipation (KM 493U)	3018 Dowling, 77004	(713) 284-1977
Glenbrook (KM 535Q)	8201 North Bayou, 77017	(713) 645-7187
MacGregor (KM 534E)	5225 Calhoun, 77021	(713) 748-0317
Mason (KM 535A)	541 South 75th, 77023	(713) 928-4826
Reveille (KM 535S)	7700 Oak Vista, 77087	(713) 645-6544
Sagemont (KM 576Y)	11507 Hughes, 77089	(281) 922-2312
Wilson Memorial (KM 576G)	100 Gilpin, 77034	(713) 948-9051

**SOUTHWEST**

Alief (KM 599E)	11903 Bellaire, 77072	(281) 983-8137
Cloverland (KM 573L)	11800 Scott, 77047	(713) 734-8948
George T. Nelson (Yellowstone) (KM 533L)	6900 LaSalette, 77021	(713) 748-0449
Lansdale (KM 530K)	8201 Roos, 77036	(713) 272-3687
Sharpstown (KM 530F)	6600 Harbor Town, 77036	(713) 272-3690
Sunnyside (KM 533X)	3502 Belfort, 77051	(713) 734-0757
Townwood (KM 572P)	3402 Simsbrook, 77045	(713) 434-3531
Westbury (KM 531W)	10605 Mullins, 77096	(713) 723-2192
Windsor Village (KM 571P)	14441 Croquet, 77085	(713) 726-7112



## Learn to Swim Classes

The Houston Parks & Recreation Department in partnership with the American Red Cross, the nationwide leading provider of aquatics programs, will be conducting Learn to Swim classes at select HPARD pools throughout the city during the summer. Swim lessons are available for both children & adults.

You have 3 options to register for Learn-to-Swim Classes this year:

- On-line - get your registration form beginning May 13 from either HPARD's website [www.houstonparks.org](http://www.houstonparks.org) or the Houston Area American Red Cross at [www.houstonredcross.org](http://www.houstonredcross.org)
- Pre-Registration periods at pool sites, morning & evening pre-registration times are scheduled at pool sites. See pre-registration schedule below for session dates & times.
- Day-of site registration 1 hour before a class begins on the first day of each session.

Please consult the Learn to Swim Registration Schedule for session on site registration dates & times. Please visit with pool staff regarding scheduling & consult signs posted at pool sites for more information.

**Ages:** 6 - older  
**Program Dates:** June 5 – Aug 17, T & Th  
**Fee:** \$30.00,  
 Make check payable to: "The American Red Cross"  
**Information:** (713) 526-8300, The American Red Cross  
 (832) 395-7129, HPARD Aquatics Office  
[www.houstonparks.org](http://www.houstonparks.org)

## Pre-Registration Schedule - Morning &amp; Evening All Classes

Session Number		Registration Dates	Registration Times	Class Dates	Class Times
Session I	Morning Classes	June 5 - June 8	9:00 am - 11:00 am	June 12 - June 22	9:00 am - 11:00 am
Session I	Evening Classes	June 5 - June 8	5:00 pm - 8:00 pm	June 12 - June 22	5:00 pm - 8:00 pm
Session II	Morning Classes	June 19 - June 22	9:00 am - 11:00 am	June 26 - July 6	9:00 am - 11:00 am
Session II	Evening Classes	June 19 - June 22	5:00 pm - 8:00 pm	June 26 - July 6	5:00 pm - 8:00 pm
Session III	Morning Classes	July 3 - July 6	9:00 am - 11:00 am	July 10 - July 20	9:00 am - 11:00 am
Session III	Evening Classes	July 3 - July 6	5:00 pm - 8:00 pm	July 10 - July 20	5:00 pm - 8:00 pm
Session IV	Morning Classes	July 17 - July 20	9:00 am - 11:00 am	July 24 - Aug 5	9:00 am - 11:00 am
Session IV	Evening Classes	July 17 - July 20	5:00 pm - 8:00 pm	July 24 - Aug 5	5:00 pm - 8:00 pm
Session V	Morning Classes	July 31 - Aug 3	9:00 am - 11:00 am	Aug 7 - Aug 17	9:00 am - 11:00 am
Session V	Evening Classes	July 31 - Aug 3	5:00 pm - 8:00 pm	Aug 7 - Aug 17	5:00 pm - 8:00 pm

## Class Locations Morning Classes - All Sessions

Greenwood (KM )	T & TH	602 Beresford, 77015	(713) 455-5165
Judson Robinson, Sr (KM 495L)	T & TH	1422 Ledwicke, 77029	(713) 672-8958
Lansdale (KM 530K )	T & TH	8201 Ross, 77036	(713) 862-1426
Love (KM 452Z )	T & TH	1000 West 12 <sup>th</sup>	(713) 867-0490
MacGregor (KM )	T & TH	5225 Calhoun, 77021	(713) 748-0317
Tidwell (KM 454D )	T & TH	9720 Spaulding, 77016	(713) 633-1618

## Class Locations Evening Classes - All Sessions

Agnes Moffitt (KM )	T & TH	10645 Hammerly, 77043	(713) 468-5666
Alief (KM 529E)	T & TH	11903 Bellaire, 77072	(281) 983-8137
MacGregor (KM 534E)	T & TH	5225 Calhoun, 77021	(713) 748-0317
Memorial (KM 492K)	T & TH	6402 Arnot, 77007	(713) 862-1426
Moody (KM )	T & TH	3201 Fulton, 77009	(713) 238-2215
Sharpstown (KM 530F)	T & TH	6600 Harbor Town, 77036	(713) 272-3690
T.C. Jester (KM 451M)	T & TH	4205 T.C. Jester, 77018	(713) 686-6800
Townwood (KM )	T & TH	3402 Simsbrook, 77045	(713) 434-3531

## Adult Water Fitness Classes

Cool off this summer with a water fitness class! Water fitness is a great exercise for any age, any fitness level & any body type. No fee is charged. All enrollments are filled on a "first-come, first-served" basis. Early registration is available by calling (832) 395-7281. On site registration is also available at beginning of class. Classes are limited to a maximum of 20 participants per class. Aqua shoes, towel & a plastic bottle of water are recommended.

**Adult Circuit Water Fitness:** - A combination of cardio, strength training & flexibility that takes you through a series of stations using effective circuit training principles & the latest aquatic equipment for a total body workout. Intensity: light to moderate. **Adult Hydro-Fit Training** - An athletic approach to water fitness training with sports-specific drills, intense cardiovascular work, intervals, balance/core training, martial arts, & plyometrics. A great way to improve your cardiovascular conditioning & muscular strength & endurance with minimal stress on your joints. Loud, rocking music is a part of the workout. Also recommended as a great form of cross training. Intensity: moderate to hard. **Silver Splash** - A water fitness class for mature adults to gently stretch, flex, tone & socialize in shallow water. Intensity: light.

<b>Ages:</b>	18 - older
<b>Dates:</b>	June 12 - October 5
<b>Registration:</b>	On site at pool
<b>Fee:</b>	<b>FREE</b>
<b>Information:</b>	(832) 395-7281 www.houstonparks.org

Agnes Mofitt	W & F	7:00 pm - 7:45 pm	10645 Hammerly, 77043	Adult Circuit Water Fitness
Emancipation	T & Th	5:00 pm - 5:50 pm	3018 Dowling, 77004	Adult Circuit Water Fitness
MacGregor	T & Th	8:00 am - 9:00 am	5225 Calhoun, 77021	Adult Circuit Water Fitness
MacGregor	W & F	6:30 pm - 7:30 pm	5225 Calhoun, 77021	Aqua Zumba
Mason	W & F	5:00 pm - 5:50 pm	541 South 75th, 77023	Aqua Zumba
Memorial	T & Th	6:30 am - 7:30 am	6402 Arnot, 77007	Adult Hydro-Fit Training
Sunnyside	T - F	5:00 pm - 5:50 pm	3502 Bellfort, 77045	Silver Splash
Tidwell	W & F	11:15 am - 12:15 pm	9720 Spaulding, 77016	Adult Circuit Water Fitness
Westbury	W & F	7:00 pm - 7:50 pm	10605 Mullins, 77096	Adult Hydro-Fit Training



# WATER SPRAYGROUNDS

## Water Playgrounds

The **Houston Parks & Recreation Department's** water playgrounds provide an engaging & interactive fun activity year-round for children, especially during the hot summer months. Water playgrounds have distinct advantages over swimming pools in that they are cost effective, low maintenance, & water-play activities extend well beyond normal pool season. Water playgrounds are controlled using a timer & touch-sensor. The timer is set for 12 hours of water activation, & the touch-sensor turns on the water for a two to three minute cycle.

H-E-B Grocery Company has generously donated more than \$1.1 million to the Houston Parks & Recreation Department through the Houston Parks Board Ind., to create & build an additional water playgrounds in Houston city parks. These are brightly colored facilities featuring equipment that squirts, sprays, mists & shoots water. Children will be able to enjoy everything from oversized flowers, that mist to a whale that spouts & squirts water & in-ground elements that resemble geysers.



### Aron Ledet Park (H.E.B.) 6500 Antoine

The Aron Ledet Park water sprayground opened in June 2005. The design of the play area appeals to park visitors with its brightly colored play surface & the inventive design of its spray fixtures.

### Blueridge Park (H.E.B.) 7000 Avenue Q

The Blueridge Park water sprayground opened to park visitors in July 2003. Its design incorporates a colorful play surface, a curved seating wall, & water fixtures designed to appeal to a child's sense of fun & whimsy.

### Burnett Bayland Park 6200 Chimney Rock

The water playground at Burnett Bayland Park has a multi-colored rubber surface, & spray & ground features that include three colorful arches, a flower, cactus, a spiral spray & two water cannons.

### Cullen Park (H.E.B.) 19008 Saums Road

The Cullen Park sprayground opened in August 2003, thanks to H-E-B. It features a colorful play surface & multiple geyser & spray fixtures, & is located within easy viewing of the picnic pavilion & the pecan grove picnic area.

### Dodson Lake Park (H.E.B.) 9010 Dodson

The H-E-B Water Playground at Dodson Lake Park was the seventh addition to the company's Water Playground legacy. Its design includes a unique concentric circle splash pad that creates the illusion of ripples with geysers, pop-up sprays, Tulip sprays & a Fan Jet spray.

### Edgewood Park (H.E.B.) 5803 Belfort

The Edgewood Park sprayground was built as part of the H-E-B Water Playground legacy & has brought a splash of fun to southeast Houston since June of 2003. Its design includes a brightly colored concrete play area, geysers & spray elements, & a curving seat wall.

### Gutierrez Park (H.E.B.) 7900 Flaxman

Located at the entrance to Gutierrez Park, the water playground features a large plaza with multiple ground sprays. The plaza is surfaced with colored concrete & features a seat wall along one edge.

### Hermann Park 6100 Fannin

The water playground at Hermann Park features two large palm trees & a spiral provide a variety of water effects for all children to run through. Two large beaches create a sand play zone adjacent to the water play area.

### Hidalgo Park (H.E.B.) 7000 Avenue Q

The 1,200-square foot sprayground features brightly-colored recreational areas equipped with turtles & lily pads that squirt & spray water & mist, as well as in-ground geysers.



**Jaycee Park (H.E.B.)**  
1300 Seamist

The sprayground at Jaycee Park opened to the public on May 21, 2011. The water facility's timed spouts are surrounded by colorful, oversized butterflies & leaves in the paved surface, & there are benches around it for the enjoyment of parents who want to stay dry while watching their youthful charges run wild.

**Marian Park**  
11000 S. Gessner

The Marian Park sprayground is a welcome addition to this important & much-used community center. It includes three different areas of play, with individually operated spray features. An adjacent shade structure with seating makes it easy to supervise everyone playing in the water jets.

**Melrose Park**  
12200 Melrose Park Road

The water playground at Melrose Park features a multi-colored rubber surface & spray & ground features such as a flower, cactus & an arch.

**Montie Beach Park (H.E.B.)**  
915 Northwood

Appropriately for the name of the park, the design for the Montie Beach water sprayground includes a beach theme, including a palm island, a whale design in its colorful play surface sporting a spout spray at its hump, & multiple wave sprays that create a rolling "wave" effect. It opened in 2006

**Nieto Park**  
500 Port

Nieto Park Water Playground was conceptually designed to look like a beach, with a wave of stairs, a surfboard, real palm trees & plastic palm trees that spray water. It has a rubber surface with play items that also spray water.

**Settegast Park**  
3000 Garrow

Settegast Park Water Playground includes a multi-colored rubber surface & spray ground features including a ground geyser, a bell-spray column, a misty arch, a magic touch bollard, a water trio, a donut & a flower.

**Tony Marron Park (H.E.B.)**  
808 N. York

The water play area at Tony Marron Park is located at the pavilion plaza & features a variety of ground sprays. A seat wall curves around the area, offering great views of the park & downtown, as well as access to the cooling water. The project was funded through the Park People.

**Wiley Park**  
1414 Gillette

James Wiley Park Water Playground includes a multi-colored rubber surface & spray ground features such as a flower, rainbow, fire hydrant activator, raining buckets & an in-ground spray fountain. The water playground project was developed at a cost of \$243,000. Other park improvements include benches, landscaping, drinking fountains, electrical work & black vinyl coated chain link fence.

# LAKE HOUSTON WILDERNESS PARK

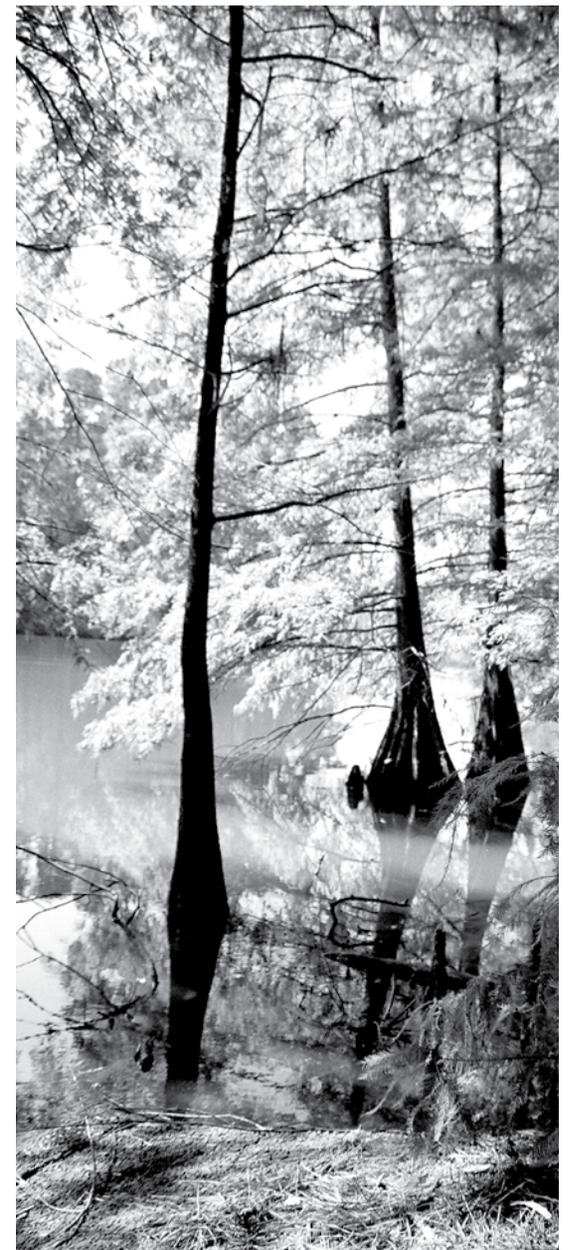
Lake Houston Wilderness Park (LHWP) is a beautiful, lushly forested expanse of nearly 5,000 acres located 4 miles east of New Caney (approximately 30 miles north of Houston off of I-59). Lake Houston Wilderness Park is the only park in the department's inventory that allows overnight camping. It offers a variety of outdoor learning experiences for people of all ages including: camping, hiking, trail running, mountain biking, canoeing, kayaking & horseback riding (visitors must bring own bikes, watercraft & horses). Most of the park is heavily forested with beautiful trails which provide a perfect setting for photography, nature study, bird watching & relaxing.

The Lake Houston Wilderness Park Nature Center is an incredible place to visit & learn about some of the woodland creatures that call LHWP home. Tour the Ecosystem Displays which include the Wetlands Ecosystem Room featuring live turtles & amphibians, the Invertebrate Room featuring mounted insects of all types including moths, butterflies, spiders, beetles & more. The Reptile Room contains live specimens of both venomous & non-venomous snakes as well as several lizards. The LHWP Nature Center offers classes & programs for all ages; please see below for a listing. You can also contact the LHWP Park Headquarters for more information.

<b>Program Dates:</b>	Year Round
<b>Location:</b>	22031 Baptist Encampment Road New Caney, Texas 77357
<b>Gates Open/Office Hours:</b>	9:00 am – 6:00 pm, Sun - Th <b>Closed On Tuesdays</b> 9:00 am – 9:00 pm, Fri & Sat year round
<b>Information/Reservations:</b>	(281) 354-6881 <a href="http://www.houstonparks.org">www.houstonparks.org</a>

## Fees

<b>Park Entry Fee:</b>	\$3.00	Per Person, Ages 13-64
<b>Individual Tent Campsites:</b>	\$7.00	Day Plus Entry Fee(s)
<b>Back Country Camping:</b>	\$7.00	Day Plus Entry Fee(s)
<b>Peach Creek Group Campsite:</b>	\$40.00	Per Day Plus Entry Fee(s)
<b>Chinquapin Group Campsite:</b>	\$40.00	Per Day Plus Entry Fee(s)
<b>Forest Cottage:</b>	\$132.50	Plus a refundable \$75 Cleaning Deposit Per night Plus entry fee(s)
<b>Lazy Creek Cottage:</b>	\$169.60	Plus a refundable \$75 Cleaning Deposit Per Day Plus Entry Fee(s)
<b>Pine Grove Dining Hall:</b>	\$100.00	Plus a refundable \$75 Cleaning Deposit Per Site/Night (Taxes Included)
<b>Screened Shelters:</b>	\$26.50	Plus Entry Fee(s)



## Lake Houston Wilderness Park Nature Center

### Hours:

9:00 am – 5:00 pm, Thur - Sun  
Closed Monday & Tuesday

### Program & Day Camp Information/Reservations, Field Trips & Presentations:

(281) 354-0173

All programs require a reservation unless noted. Please contact the LHWP Nature Center to make your reservation!

**Sat, May 5 - 9:30 am - 10:30 am**

#### ***Bird Walk – Ages 14 & Older \****

Bring your binoculars, if you have some, & join our Park Naturalist at Headquarters & go on a trek through the Park looking for our resident birds.

**Sat, May 5 - 2:00 pm - 3:00 pm**

#### ***Birding 101 For Kids – All Ages \****

This is Birding 101 just for the kiddos! This is a great opportunity for Scouts to earn pins, belt loops or badges in birding!

**Sun, May 6 - 1:00 pm - 3:00 pm**

#### ***Jr Angles Education - All Ages \****

Join us & become a certified Texas Parks & Wildlife Jr. Angler. We will learn about tackle, tying knots, casting, bait, fishing regulations & fishing safety & then we will go fishing. If you do not have fishing equipment of your own don't worry you can use ours.

**Sat, May 12 - 1:00 pm - 2:30 pm**

#### ***Stream Ecology - All Ages \****

Join us as we use dip nets to catch freshwater invertebrates on order to determine the water quality in Peach Creek.

**Sun, May 13 - 2:00 pm - 3:00 pm**

#### ***Going Native - All Ages***

Join us as we discuss how to make your garden beautiful using native plants & grasses.

**Sat, May 19 - 10:00 am - 11:00 am**

#### ***Turtle Program - All Ages***

#### ***No Reservation Required***

There are more to turtles than you think! Come get a close up look while you learn about these fascinating creatures.

**Sat, May 19 - 2:00 pm - 3:00 pm**

#### ***Snake Presentation – All Ages***

What was that?!? Did you see it?!? Learn how to track animals by finding animal prints, discovering burrows & identifying scat.

**Sun, May 20 - 1:00 pm - 3:00 pm**

#### ***Master Angler – All Ages \****

Join us & become a certified Texas Parks & Wildlife Jr. Angler. We will learn about tackle, tying knots, casting, bait, fishing regulations & fishing safety & then we will go fishing. If you do not have fishing equipment of your own don't worry you can use ours.

**Sat, May 26 - 7:30 pm - 8:45 pm**

#### ***Owl Prowl – All Ages \****

What was that?!? Did you see it?!? Learn how to track animals by finding animal prints, discovering burrows & identifying scat.

**Sun, May 27 - 2:00 pm - 3:00 pm**

#### ***Guided Hike – All Ages \****

#### ***Forest Trail & Peach Creek Loop***

Meet our Naturalist at the Nature Center where you will start on your guided hike along the Forest Trail & Peach Creek Loop Trail.

**Sat, June 2 - 2:00 pm - 3:00 pm**

#### ***Life In A Log – All Ages \****

Join us at the Nature Center & learn about insects that rely on decomposing wood to live & even some that live their entire lives in a log.

**Sun, June 3 - 2:00 pm - 3:00 pm**

#### ***Guided Hike - All Ages \****

#### ***Magnolia Trail***

Meet our Naturalist at the Nature Center where you will start on your guided hike along the Forest Trail & Peach Creek Loop Trail.

**Sat, June 9 - 2:00 pm - 3:00 pm**

#### ***Animal Eyes - All Ages***

#### ***No Reservation Required***

Can your family dog see color? How do nocturnal animals see at night to hunt? Come discover how animals see their world!

**Sun, June 10 - 2:00 pm - 3:00 pm**

#### ***Turtle Presentation- All Ages***

#### ***No Reservation Required***

There are more to turtles than you think! Come get a close up look while you learn about these fascinating creatures.

**Sat, June 16 - 2:00 pm - 3:00 pm**

#### ***Butterfly Garden - All Ages***

#### ***No Reservation Required***

Learn how to make your own Butterfly Garden that will be sure to attract a variety of butterflies, caterpillars & even hummingbirds!

**Sun, June 17 - 2:00 pm - 3:00 pm**

#### ***Snake Presentation - All Ages***

#### ***No Reservation Required***

Come find out why snakes are important to the ecosystem & why a good snake ISN'T always a dead snake!

**Sat, June 23 - 1:30 pm - 3:00 pm**

#### ***Swamp Tromp - All Ages \****

#### ***No Reservation Required***

Join us on a ride out to some rarely seen areas of the park! We will go & dip net in cypress bogs & see what we can find. Don't forget to wear closed toed shoes that you don't mind getting muddy!

**Sun, June 24 - 1:30 pm - 3:00 pm**

#### ***Guided Hike - All Ages \****

#### ***Peach Creek Loop***

Meet our Naturalist at the Nature Center where you will start on your guided hike along the Peach Creek Loop Trail.

**Sun, June 30 - 2:00 pm - 3:00 pm**

#### ***Fungus Among Us- All Ages \****

Discover the fascinating world of fungus & learn about isn't important role in an ecosystem! We will take a short hike to find & identify various fungi in the park.

**Sat, July 7 - 9:30 am - 10:30 am**

#### ***Bird Walk – Ages 14 & Older \****

Bring your binoculars, if you have some, & join our Park Naturalist at Headquarters & go on a trek through the Park looking for our resident birds.

**Sat, July 7 - 11:00 am - 12:00 pm**

#### ***Birding 101 For Kids – All Ages \****

This is Birding 101 just for the kiddos! This is a great opportunity for Scouts to earn pins, belt loops or badges in birding!

**Sat, July 28 - 10:00 am - 11:00 am**

#### ***Snake Presentation - All Ages***

#### ***No Reservation Required***

Come find out why snakes are important to the ecosystem and why a good snake ISN'T always a dead snake!

**Sat, Aug 4 - 10:00 am - 11:00 am**

#### ***Owl Pellets - All Ages***

Do you know what an owl pellet is? Well this is the day for you to find out! We will dissect real owl pellets to discover the remaining bones inside & identify what they ate!

**Sat, Aug 11 - 10:00 am - 12:00 pm**

#### ***Plantable Flower Seed Paper - All Ages***

#### ***No Reservation Required***

Come to the Nature Center where we will show you how to make your own plantable flower seed paper to take home!

**Sat, Aug 18 - 10:00 am - 11:30 am**

#### ***Swamp Tromp - All Ages \****

#### ***No Reservation Required***

Join us on a ride out to some rarely seen areas of the park! We will go & dip net in cypress bogs & see what we can find. Don't forget to wear closed toed shoes that you don't mind getting muddy!

**Sat, Aug 25 - 10:00 am - 11:00 am**

#### ***Butterfly Garden - All Ages***

#### ***No Reservation Required***

Learn how to make your own Butterfly Garden that will be sure to attract a variety of butterflies, caterpillars & even hummingbirds!

**Sat, Aug 25 - 8:00 pm - 9:00 pm**

#### ***Owl Prowl – All Ages \****

What was that?!? Did you see it?!? Learn how to track animals by finding animal prints, discovering burrows & identifying scat.

\* An Adult Is Required To Attend This Program With Youth Ages 17 & Younger.

# TENNIS

HPARD operates three centers each complete with a pro shop as well as locker & shower facilities that are available for a nominal fee. Lessons can be scheduled with center staff. Tournaments, leagues, corporate outings services & other events can be scheduled by calling any of the centers.

For general tennis information as well as information on youth tennis programs, call (713) 803-1112.

**PLEASE NOTE: Prices are subject to change without notice. Hours are as indicated unless otherwise posted.**

## Memorial Park Tennis Center

The Memorial Park Tennis Center is located in Memorial Park. It provides 18 courts plus a practice wall. Fees listed are per court for 1½ hours of use. A Smoothie King concession is located inside the pro shop.

**Program Dates:** Year-round  
**Time:** 6:00 am - 9:00 pm, M-F  
 7:00 am - 6:00 pm, Sat - Sun  
**Location:** Memorial Park (KM492F)  
 1500 Memorial Loop Drive, 77007  
**Information:** (713) 867-0440

### Fees

<b>Weekday Reserved (M-F) :</b> <i>Before 6:00 pm</i>	\$ 4.00
<b>Evening &amp; Weekend Reserved :</b>	\$ 6.00
<b>Tournaments &amp; Leagues :</b>	\$ 7.00

## Lee LeClear Tennis Center

The Lee LeClear Tennis Center is located in southwest Houston. It provides 26 courts plus 2 practice walls. Fees listed are per court for 1½ hours of use.

**Program Dates:** Year-round  
**Time:** 7:30 am - 9:00 pm, M - F  
 7:30 am - 6:00 pm, Sat - Sun  
**Location:** Lee LeClear (KM 530T)  
 9506 S. Gessner, 77074  
**Information:** (713) 272-3697

### Fees

<b>Weekday Reserved (M-F) :</b> <i>Before 6:00 pm</i>	\$ 4.00
<b>Evening &amp; Weekend Reserved:</b>	\$ 6.00
<b>Tournaments &amp; Leagues:</b>	\$ 7.00

## Homer Ford Tennis Center

The Homer Ford Tennis Center is located in MacGregor Park. It provides 16 courts plus a practice wall. Fees listed are per court for 1½ hours of use.

**Program Dates:** Year-round  
**Time:** 7:30 am - 9:00 pm, M - F  
 7:30 am - 6:00 pm, Sat - Sun  
**Location:** MacGregor Park (KM 534E)  
 5225 Calhoun, 77021  
**Information:** (713) 842-3460

### Fees

<b>Weekday Reserved (M-F) :</b> <i>Before 6:00 pm</i>	\$ 3.00
<b>Evening &amp; Weekend Reserved:</b>	\$ 5.00
<b>Tournaments &amp; Leagues:</b>	\$ 6.00



## HPARD Neighborhood Tennis Courts

### Tennis Office (713) 803-1112

HPARD's neighborhood tennis courts are open to the public on a first come, first served basis. Play is limited to one hour when others are waiting. There is no fee required to use neighborhood tennis courts unless a reservation is made requiring a permit.

**No one is allowed to give tennis lessons or offer structured tennis activities without the written authorization of the Houston Parks & Recreation Department. Tennis courts are for tennis use only.**

Park	Location	No.	Lights	Wall	Park	Location	No.	Lights	Wall
Alief (KM 529E)	11903 Bellaire Blvd, 77072	4	Yes	1	Oak Forest (KM 452N)	2100 Judiway, 77018	2	Yes	
Anderson (KM 491X)	5701 Beverlyhill, 77057	2	Yes		Proctor Plaza (KM 453X)	803 W. Temple, 77009	1	Yes	
Bendwood (KM 489D)	12700 Kimberley, 77024	2	Yes	1	Gail Reeves (KM 531N)	8800 Mullins, 77096	2	Yes	1
Beverly Hills (KM 576S)	10201 Kingspoint, 77075	1	No		River Oaks (KM 492S)	3600 Locke Lane, 77027	4	No	
Bonham (KM 530Q)	8401 Braes Acres, 77074	2	Yes		J Robinson, Sr. (KM 495L)	1422 Ledwicke, 77029	1	Yes	
Briar Meadow (KM 490Z)	7703 Richmond, 77063	2	Yes		Sagemont (KM 576Y)	1507 Hughes, 77089	2	Yes	
R.L. & Cora Johnson (KM 450A)	9920 Porto Rico, 77041	2	Yes		Scenic Woods (KM 415W)	449 Lakewood, 77017	2	Yes	
Charlton (KM 535P)	8200 Park Place, 77017	2	Yes		Schwartz (KM 451N)	8203 Vogue, 77055	2	Yes	
Herman Brown (KM ???)	400 Mercury Drive, 77013	4	Yes		Settegast (KM 494N)	3001 Garrow, 77003	1	Yes	
Cherryhurst (KM 492V)	1700 Missouri, 77006	1	Yes	1	Sharpstown (KM 530F)	8200 Bellaire Blvd, 77036	2	Yes	
Chimney Rock (KM 571B)	11655 Chimney Rock, 77035	2	Yes		Smokey Jasper (KM 415A)	13400 River Trail Rd, 77050	2	Yes	
Cleveland (KM 492M)	200 Jackson Hill, 77007	2	No		Spotts (KM 493J)	401 S. Heights Blvd, 77007	2	Yes	
Clinton (KM 495U)	200 Mississippi, 77029	2	Yes		Sunnyside (KM 533X)	3502 Bellfort, 77051	2	Yes	
Cloverland (KM 573L)	3801 Hickok, 77047	2	Yes		J Robinson, Sr. (KM 495L)	1422 Ledwicke, 77029	1	Yes	
Cole Creek (KM 411W)	7200 Drowsy Pine, 77092	2	No		Sagemont (KM 576Y)	1507 Hughes, 77089	2	Yes	
Crestmont (KM 574J)	5100 Selinsky Rd, 77048	2	Yes	1	Scenic Woods (KM 415W)	449 Lakewood, 77017	2	Yes	
Dodson Lake (KM 454F)	9010 Dodson, 77093	2	Yes	1	Schwartz (KM 451N)	8203 Vogue, 77055	2	Yes	
Dow (KM 535X)	7942 Rockhill, 77061	3	Yes	1	Settegast (KM 494N)	3001 Garrow, 77003	1	Yes	
Eastwood (KM 494T)	5000 Harrisburg, 77011	2	Yes		Sharpstown (KM 530F)	8200 Bellaire Blvd, 77036	2	Yes	
Emancipation (KM 493U)	3018 Dowling, 77004	2	Yes	1	Smokey Jasper (KM 415A)	13400 River Trail Rd, 77050	2	Yes	
Finnigan (KM 494G)	4900 Providence, 77020	2	Yes		Spotts (KM 493J)	401 S. Heights Blvd, 77007	2	Yes	
Fleming (KM 532D)	1901 Sunset Blvd, 77005	2	Yes		Sunnyside (KM 533X)	3502 Bellfort, 77051	2	Yes	
Freeway Manor (KM 576F)	2241 Bronson/2300 Theta, 77034	1	Yes		Tanglewood (KM 491K)	5801 Woodway, 77057	2	Yes	
Grady (KM 491Q)	1700 Yorktown, 77056	1	Yes		Tidwell (KM 454D)	9720 Spaulding, 77016	2	Yes	
Graham (KM 452R)	540 West 34th St, 77018	1	Yes		Townwood (KM 572P)	3403 Simsbrook, 77045	1	Yes	
Greenwood (KM 497A)	602 Beresford, 77015	2	Yes		Walter Jones (KM 575T)	8000 Coastway Lane, 77075	2	Yes	
Grimes (KM 573D)	5150 Reed Rd, 77033	2	Yes		Westbury (KM 531W)	5635 Willowbend, 77096	2	Yes	
Hager (Lee) (KM 571A)	12100 Landsdowne, 77035	1	Yes	1	Westwood (KM 532S)	4045 Lemac, 77025	2	Yes	
Halbert (KM 453S)	200 East 23rd St, 77008	1	Yes		Willow (KM 531Z)	10400 Cliffwood, 77035	2	Yes	1
Hartman (KM 535C)	9311 Avenue P, 77012	2	Yes		Wilson Memorial (KM 576G)	100 Gilpin, 77034	2	Yes	
Haviland (KM 570H)	11600 Haviland, 77035	2	Yes		Windsor Village (KM 571P)	14441 Croquet, 77085	2	Yes	
Highland (KM 451D)	3316 DeSoto, 77091	2	Yes	1	Winzer (KM 412S)	7300 Carver/Dolly Wright, 77088	2	Yes	
Hutcheson (KM 454U)	5400 Lockwood, 77026	1	Yes		Woodland (KM 493C)	212 Parkview, 77009	1	Yes	
Independence Heights (KM 453N)	601 East 35th St., 77022	1	Yes		Zollie Scales (KM 533P)	501 Corder, 77021	1	Yes	
Ingrando (KM 535E)	7302 Keller, 77012	2	Yes						
Jaycee (KM 452W)	1300 Seamist, 77008	2	Yes	1					
Karl Young (KM 532J)	7800 Stella Link, 77025	1	Yes						
Keith-Wiess (KM 413M)	12300 Aldine-Westfield, 77093	2	Yes						
Law (KM 534Y)	6200 Scarlet / 6100 Vassar, 77033	2	Yes	1					
Lincoln (KM 412Q)	979 Grenshaw, 77088	1	Yes						
Linkwood (KM 532P)	3699 Norris, 77025	2	Yes	1					
Mangum Manor (KM 451L)	5235 Saxon, 77092	1	Yes	1					
Mason (KM 535A)	541 South 75th St./Tipps, 77023	2	Yes						
Meadowcreek Village (KM 536S)	5333 Berry Creek, 77017	2	Yes						
Melrose (KM 413T)	12200 Melrose Park Rd., 77076	4	Yes						
Meyerland (KM 531Q)	5151 Jason, 77096	2	Yes						
Milby (KM 535G)	2001 Central, 77017	2	Yes						
Milroy (KM 452Z)	1205 Yale, 77008	1	Yes						
Montie Beach (KM 453X)	915 Northwood, 77009	2	Yes	1					
Moody (KM 453Y)	3725 Fulton, 77009	2	Yes						
Nieto (KM 495A)	500 Port, 77020	1	Yes						
Northline (KM 413W)	6902 Nordling, 77076	2	Yes						
Nottingham (KM 489E)	14205 Kimberley, 77079	2	Yes	1					



# The 4<sup>th</sup> Annual East End Golf Classic

June 1, 2012

8:00 a.m. Tee Time

Gus Wortham Golf Course, 7000 Capitol Street

## Register Today!



Hosted by Council Member James G. Rodriguez

## The 4<sup>th</sup> Annual East End Golf Classic

Hosted by Council Member James G. Rodriguez

Proceeds raised benefit the renovation and beautification of Gus Wortham Golf Course.

For information on the GWGC Renovation Project or to register online for the 4<sup>th</sup> Annual East End Classic visit [www.houstonparksboard.org](http://www.houstonparksboard.org).

For tournament information call (281) 701-5596.

Presented by



# GOLF *courses*

The Houston Parks & Recreation Department provides 7 challenging golf courses for citizens' enjoyment. From the highly acclaimed Memorial Park (the #1 municipal course in the state!), to the well maintained & lower priced Brock Park & Gus Wortham Park courses, there is something for every golfer.

Memorial, Hermann & Gus Wortham are all located inside the loop. Sharpstown, one of Houston's most popular & most walkable courses, is close in on the Southwest side. Brock offers opportunities to Northeast golfers, while Glenbrook provides a venue in the Southeast area of the City. Melrose, in the North Central part of the city, offers a chance to practice short-game skills with its 18 par -3 holes. All courses except Glenbrook have driving ranges. All have practice putting & chipping greens. Pro shops are available at all courses. Dining facilities are available at all courses except Melrose.

All courses are non-metal spike facilities. Weekday fees apply Monday through Thursday. Weekend fees apply Friday through Sunday, & all city holidays. Junior (under 18) & Senior (65 – older) rates are offered on weekdays only. Twilight start times vary by season. Please call the course.

For tee time reservations, log on to [www.houstonparks.org](http://www.houstonparks.org) & access the tee time reservation system. This innovative tee time system includes Memorial, Sharpstown, Brock & Gus Wortham. For tee times at other courses call the pro shop.

For information on all the courses, visit [www.houstonparks.org](http://www.houstonparks.org). Lessons from qualified instructors are available at all courses. Tournament & corporate outings may be scheduled by calling any of the courses.

**(Note: Prices are subject to change without notice. Extra fee applies for use of electric golf car.)**



## Memorial Park Golf Course

Memorial Park Golf Course began in 1923 as a 9-hole sand green course built near the hospital at Camp Logan. In 1935, in an ambitious effort to enhance parks across the city, the Houston Parks & Recreation Department began constructing an illustrious 18-hole golf course. In July of 1936, the first ball was teed off on what architect John Bredemus called his "greatest golf course ever."

Through the years, Memorial Park Golf Course hosted many famous golfers such as Arnold Palmer, Babe Didrikson & Charlie Sifford. It also hosted the Houston Open PGA Tour event from 1951 to 1963. In 1995, a newly renovated 260-acre course opened with a lighted driving range, putting & chipping greens & a beautiful new clubhouse facility featuring an expanded pro shop & a Beck's Prime Restaurant.

Today, Memorial Park Golf Course is known as one of the best municipal courses in the nation & is visited by more than 60,000 patrons each year. Houston is proud to call Memorial Park Golf Course the crown jewel of Memorial Park. Memorial Park Golf Course is closed on Tuesdays. Tee times are available online at [www.houstonparks.org](http://www.houstonparks.org). Click on the golf link & choose "Online Tee Times" to access the tee time reservation system.

**Location:** Memorial Park (KM 492F)  
1001 Memorial Loop, 77007

**Information:** (713) 862-4033

**Yardage / Par:** 7309 / 72

**Hours:** Dawn - 10:00 pm

### Fees

<b>Junior (Mon - Thur Only):</b>	\$10.00
<b>Senior/Disabled (Mon - Thur):</b>	\$15.00
<b>Mon - Thur:</b>	\$30.00
<b>Fri - Sat &amp; Holidays:</b>	\$38.00
<b>Mon - Thur Twilight:</b>	\$21.00
<b>Fri - Sun Holiday Twilight:</b>	\$28.00





### Hermann Park Golf Course

Hermann Park Golf Course is a jewel nestled in the center of the Bayou City. Since 1922, this lush parkland course has been at the center of a rich tradition of golfing excellence. The course was fully renovated in 1998. The new clubhouse is located at the corner of Almeda & North MacGregor, & from there you set out on this short, but challenging & enjoyable course. Water toughens the course, coming into play on half the holes.

You'll find no more enjoyable way to experience George Hermann's legacy than playing this 18-hole oasis in the very heart of Houston.

Hermann has a driving range, practice putting green, pro shop & complete snack bar.

The Hermann Park Golf Course is managed for HPARD by BSL Golf Corp. Sales tax is additional on all fees. Carts required weekend mornings. Tee times are available online at [www.houstonparks.org](http://www.houstonparks.org). Click on the golf link & choose Calendar of Events: Hermann Park Golf Course to access the Hermann Park Golf Course website.

**Location:** Hermann Park (KM 533A)  
2155 N. MacGregor, 77030

**Information:** (713) 526-0077

**Yardage / Par:** 6014 / 70

**Hours:** 7:00 am - 9:00 pm

#### Fees

<b>Junior (Mon - Thur Only):</b>	\$ 8.00
<b>Senior/Disabled (Mon - Thur):</b>	\$12.00
<b>Mon - Thur:</b>	\$21.50
<b>Fri - Sun &amp; Holidays:</b>	\$30.64
<b>Mon - Thur Twilight:</b>	\$14.34
<b>Fri - Sun Holiday Twilight:</b>	\$18.78
<b>Fri - Sun Holiday Twilight 2:</b>	\$14.00



### Gus Wortham Park Golf Course

Come play on living history. Gus Wortham opened in 1908 as the original Houston Country Club. Today, Wortham is the oldest continually operating 18 hole course in the state. Gus Wortham provides challenges not regularly found in Houston. Elevated tees & uphill carries to greens make you use all your clubs. The course is relatively wide open, making it attractive for all levels of golfers. The front 9 features 3 consecutive par 5 holes, 2 of which you may want to go for in 2.

Your shot-making skills will be tested on several of the "short but challenging" par 4 holes. Playing to more than 6,400 yards, Gus Wortham is a fun course, located only minutes from downtown & inside the loop.

A full driving range is available for practice or warming up. Additional practice areas include a putting green, chipping green & practice bunker. The pro shop staff is available for lessons. Gus Wortham has a fully stocked pro shop & full snack bar.

Tee times are available online at [www.houstonparks.org](http://www.houstonparks.org). Click on the golf link & choose "Online Tee Times" to access the tee time reservation system.

**Location:** Gus Wortham Park (KM 494Z)  
7000 Capital, 77023

**Information:** (713) 928-4261

**Yardage / Par:** 6447 / 72

**Hours:** Dawn - Dusk

#### Fees

<b>Junior (Mon - Thur Only):</b>	\$ 7.00
<b>Senior/Disabled (Mon - Thur):</b>	\$10.00
<b>Mon - Thur:</b>	\$16.00
<b>Fri - Sun &amp; Holidays:</b>	\$23.00
<b>Mon - Thur Twilight:</b>	\$13.00
<b>Mon - Thur Twilight 2:</b>	\$10.00
<b>Fri - Sun Holiday Twilight:</b>	\$17.00
<b>Fri - Sun Holiday Twilight 2:</b>	\$13.00



### Sharpstown Park Golf Course

Welcome to Houston's "Best Golfing Value." Sharpstown Golf Course has earned this reputation by providing outstanding customer service & excellent facility conditions, while offering some of the lowest fees in the gulf coast area. Sharpstown Golf Course is located in the heart of southwest Houston, one mile west of Hwy 59 & just 1 block north of Bellaire Blvd. on Harbor Town Drive. Sharpstown's convenient location allows for quick access from

anywhere in the greater Houston area. Recent improvements at Sharpstown include new cart paths, improved drainage, reconstructed bunkers, tees & lakes. The 18 hole, par 70 course has 4 sets of tees, allowing moderate degrees of difficulty for the novice & beginner, yet enough length (6,660 from the back tees) to test the avid & skilled player.

Sharpstown's amenities include a driving cage for practice or warming up, 2 putting greens, a chipping green, full service pro shop, cafe & beverage cart & golf professionals who are available for lessons.

Tee times are available online at [www.houstonparks.org](http://www.houstonparks.org). Click on the golf link & choose "Online Tee Times" to access the tee time reservation system.

<b>Location:</b>	Sharpstown Park (KM 530F) 6660 Harbor Town, 77036
<b>Information:</b>	(713) 988-2099
<b>Yardage / Par:</b>	6600 / 70
<b>Hours:</b>	Dawn - Dusk

#### Fees

<b>Junior (Mon - Thur Only):</b>	\$ 8.00
<b>Senior/Disabled (Mon - Thur):</b>	\$13.00
<b>Mon - Thur:</b>	\$18.00
<b>Fri - Sun &amp; Holidays:</b>	\$26.00
<b>Mon - Thur Twilight:</b>	\$15.00
<b>Mon - Thur Twilight 2:</b>	\$13.00
<b>Fri - Sun Holiday Twilight:</b>	\$20.00
<b>Fri - Sun Holiday Twilight 2:</b>	\$16.00



### Brock Park Golf Course

Welcome to Houston's "Best Kept Secret," Brock Park Golf Course, quietly tucked in northeast Houston, far from the noise, but less than 20 minutes from downtown. Brock Park is managed & maintained by the Houston Parks & Recreation Department's golf operations division staff. This tree-lined course has been one of the City's fine municipal courses since 1972. Brock plays to 6,427 yards with elevation changes unlike most courses in the area. It combines

risk & reward on many holes, & requires good shot selection & execution on others. Greens Bayou comes into play on 4 holes, & creeks cross 4 others. Good scores can be found at Brock, provided you stay out of the trees!

A driving range is available for practice or for warming up. Additional practice areas include a putting green, chipping green & practice bunker. The pro shop staff is available for lessons. Brock Park is a non-metal spike facility with a fully stocked pro shop & snack bar.

Tee times are available online at [www.houstonparks.org](http://www.houstonparks.org). Click on the golf link & choose "Online Tee Times" to access the tee time reservation system.

<b>Location:</b>	Brock Park (KM 456E) 8201 John Ralston Road
<b>Information:</b>	(281) 458-1350
<b>Yardage / Par:</b>	6427 / 72
<b>Hours:</b>	Dawn - Dusk

#### Fees

<b>Junior (Mon - Thur Only):</b>	\$ 7.00
<b>Senior/Disabled (Mon - Thur):</b>	\$10.00
<b>Mon - Thur:</b>	\$16.00
<b>Fri - Sun &amp; Holidays:</b>	\$23.00
<b>Mon - Thur Twilight:</b>	\$13.00
<b>Mon - Thur Twilight 2:</b>	\$10.00
<b>Fri - Sun Holiday Twilight:</b>	\$17.00
<b>Fri - Sun Holiday Twilight 2:</b>	\$13.00



**Melrose Park Golf Course**

Melrose Park Golf Course is one of the few 18 hole par-3 golf courses in the state & it is lighted for night play! Located on Canino Road, between Airline Drive & the Hardy Toll Road, Melrose also offers a lighted driving range with a grass hitting area, chipping green, practice bunker & practice putting green.

With holes ranging in length from 70 yards to 145 yards, you will get the opportunity to work on all aspects of your short iron game. Imagine being able to play 18 holes in less than 2 hours & have a chance for a hole-in-one on every hole!

Melrose is managed for HPARD by Walton Golf Enterprises. Individual lessons & group clinics are available. Summer hours are from 8:00 am to 9:00 pm. Contact the course for further information.

**Location:** Melrose Park (KM 413T)  
401 Canino, 77076  
**Information:** (281) 931-4666  
**Yardage / Par:** 2250 / 54  
**Hours:** Dawn - Dusk

**Fees**

<b>Junior (Weekday Only):</b>	\$ 6.00
<b>Senior/Disabled (Weekday Only):</b>	\$ 6.00
<b>Weekday (Mon - Thur):</b>	\$10.00
<b>Weekday Night:</b>	\$11.00
<b>Weekday/Holiday (Fri - Sat):</b>	\$12.00
<b>Weekday/Holiday Night:</b>	\$13.00



**Glenbrook Park Golf Course**

Glenbrook Park Golf Course is located south/southeast of downtown Houston in the Hobby Airport area.

Located along Sims Bayou, Glenbrook has 7 holes that cross the waterway. Recent improvements at Glenbrook include new tees on many holes, expanding the distance from the rear tees.

Glenbrook is managed for HPARD by Lopez Golf Management. Tee times are available by phone on Thursday morning at 7:00 a.m. for Friday, Saturday & Sunday starting times. Sales tax on all fees is additional.

**Location:** Glenbrook Park (KM 535Q)  
8205 Bayou Drive, 77017  
**Information:** (713) 649-8089  
**Yardage / Par:** 6520 / 71  
**Hours:** Dawn - Dusk

**Fees**

<b>Junior (Mon - Thur Only):</b>	\$ 7.00
<b>Senior/Disabled (Mon - Thur):</b>	\$10.00
<b>Mon - Thur:</b>	\$16.00
<b>Fri - Sun &amp; Holidays:</b>	\$23.00
<b>Mon - Thur Twilight:</b>	\$13.00
<b>Fri - Sun &amp; Holiday Twilight:</b>	\$17.00

# PERMITS & RESERVATIONS

## Permits & Reservations

HPARD has many different venues available for rental. Whether you are planning a wedding, a family or a neighborhood event, a company picnic or a sports tournament we have a site for you!

An area within a park may be reserved for personal use or private events by obtaining a permit through HPARD's Permits Section for a fee & refundable deposit. This permit ensures the exclusive use of the specific space for a designated time frame.

Park space, including pavilions, picnic table clusters & open space may be reserved for picnics, birthday parties, family or religious gatherings, weddings & more. Sports field rentals & reservations, with all the amenities, are also available year round at nominal fees for weekdays & weekends. When planning your event it is very important to contact HPARD's Permits Office as early as possible to receive the most current information on the park or facility of your choice.

For information regarding permits for large public events, call the Mayor's Office of Special Events at (832) 393-0868.

**Office Hours:** 8:30 am - 4:45 pm, M-F  
**Sportsfield Permits:** (832) 394-9406  
 (832) 394-8804  
**Outdoor Permits:** (832) 394-9408  
 (832) 394-8805



# GARDENS

## Houston Garden Center

Wander the pathways of The Houston Garden Center & enjoy the sights & smells of over 2,500 roses. Identify your favorite rose, tree or flower on a casual stroll or plan your next event with the center as its backdrop. The gardens cover 6 acres of land & include the All-American Rose Selection Test Garden, the Bulb Garden, the Fragrant Garden, the Perennial Garden, the Camellia Garden, the Friendship Pavilion & the early stages of the International Garden.

Every year, the Garden Center serves as a backdrop for weddings, private functions, plant shows & various garden club meetings.

The center is located across from the Miller Outdoor Theatre & just east of the Houston Museum of Natural Science.

Visit [www.houstonparks.org](http://www.houstonparks.org) for a listing of horticultural groups that meet at the Houston Garden Center throughout the year. For rental information, contact the Houston Garden Center Office during normal business hours.

**Office Hours:** 8:00 am – 5:00 pm, M-F  
**Information:** (713) 284-1989

## Japanese Garden at Hermann Park

Nestled in a pine grove near the Sam Houston Monument in Hermann Park you'll find an island of serenity known as the Japanese Garden. Designed by world-renowned Japanese landscape architect Ken Nakajima, the garden was built to symbolize the friendship between Japan & the US, & to recognize Houston's thriving Japanese community.

The Japanese Garden in Hermann Park is built in the Daimyo Style, a traditional design that dates back to the 17th, 18th, & 19th century stroll gardens. Like most stroll gardens, this 5-acre oasis is designed around a sequence of landscape elements, which combine together to create a work of living art.

**THE JAPANESE GARDEN IS NOT AVAILABLE FOR RENTALS.**

**Spring/Summer Hours:** 10:00 am - 6:00 pm  
**Fall/Winter Hours:** 10:00 am - 5:00 pm  
**Location:** 6001 Fannin  
**Information:** (713) 284-1989



# PARK VOLUNTEER programs

Every year HPARD depends on hundreds of volunteers of all ages to assist in a variety of programs & activities from coaching youth sports teams to cleanup projects in neighborhood parks. We encourage individuals, businesses, youth & adult organizations & corporate sponsors to learn more about all the volunteer opportunities available with the department. Make a difference in your community, in the lives of children & in our park programs. Get involved & volunteer today!

## Greenspace Volunteer Programs

### Green Team Volunteer Program

Green Team Volunteers provide landscaping maintenance & improvements, tree planting, park &/or bayou de-littering & help with beautification projects. Individuals, businesses, youth & adult organizations & corporate sponsors are all encouraged to participate in this program.

All volunteers must complete a volunteer waiver form for each event.

**Ages:** Youth - Adult / Varies With Project

**Registration:** (832) 395-7030

### Eagle Scout Projects

HPARD welcomes project submission from Eagle green spaces, youth sports programs & our community centers.

**Ages:** 18 - older

**Registration:** (832) 395-7030

### Internship Program

HPARD provides a professional environment in which undergraduate, graduate & post-graduate students may acquire experience, which relates to their academic course of study. The internship program is open to all students from an accredited college or university who are seeking & actively pursuing a career in the fields of recreation, park management or other related professions.

**Ages:** 18 - older

**Registration:** (832) 395-7112



## Facilities, Management & Development

### Internship Program

HPARD provides a professional environment in which graduate, undergraduate & post-graduate students may acquire experience, which relates to their academic course of study.

The internship program is open to all students from an accredited college or university who are seeking a career in the fields of park management, landscape architecture, planning, GIS & other related fields.

**Ages:** 18 & older

**Registration:** (832) 395-7028





## Recreation & Wellness Volunteer Programs

### Teen & Adult Volunteer Programs

Volunteer at your area community center & gain valuable experience in the recreational field, explore a potential career option & develop your personal & professional skills while giving back to your community.

#### Teen Volunteer Programs

Volunteer opportunities include: Summer Enrichment Program Assistance, Office Assistant & acting as a Receptionist.

No experience is necessary. Teen Volunteers are required to complete a Teen Volunteer Application Form before volunteering.

**Ages:** 14 - 17  
**Registration:** Ongoing  
 During Community Ctr Hours  
**Program Dates:** June 4 – Aug 10  
**Location:** All HPARD Community Ctrs  
**Information:** (832) 395-7295

#### Adult Volunteer Program

Volunteer opportunities include: Assisting with Summer Enrichment Program, Office Assistant, Chaperone on youth field trips & Receptionist duties.

No experience is necessary. Each Adult Volunteer Application Form must complete an Adult Volunteer Application Form before volunteering.

**All applicants must pass a Background Check before being accepted as a volunteer.**

**Ages:** 18 - older  
**Registration:** Ongoing  
 During Community Ctr Hours  
**Program Dates:** Ongoing  
**Location:** All HPARD Community Ctrs  
 (832) 395-7295

#### Athletic Team Volunteer

Team volunteers serve as coaches, assistant coaches or provide support to youth participating in baseball, basketball, flag football, golf, soccer, track & field & volleyball.

**All applicants must pass a Background Check before being accepted as a volunteer.**

**Ages:** 18 - older  
**Information:** (832) 395-7261

#### Friends of the Park

Make a difference in your community by joining your neighborhood Friends of the Park Council. Your assistance is needed with volunteer opportunities, planning & assisting with special events & providing input regarding the community's programming needs.

**All applicants must pass a Background Check before being accepted as a volunteer.**

**Ages:** 18 - older  
**Location:** All HPARD Community Ctrs  
**Information:** (832) 395-7264  
 (832) 395-7294

# PARTNERING *with parks*

The Houston Parks & Recreation Department (HPARD) oversees 369 developed parks & more than 200 green spaces totaling over 38,959 acres of land. We are committed to providing the public with educational & recreational programming; with responsible stewardship of Houston's parkland, greenspaces & urban forest; & with volunteering & partnership opportunities, for individuals & businesses that support the City's parks.

Partnering with Parks can help your group meet organization's goals while improving the city's quality of life & providing one of the most visible & public ways to demonstrate your dedication & commitment to the environment & to the community. Public-private partnerships benefit all of us all. Won't you join us today to create something wonderful for all Houstonians!

**Contact:** Luci Correa  
**Information:** (832) 395-7057

## Lake Houston Wilderness Park

Lake Houston Wilderness Park (LHWP) is a 4,800-acre "natural" park northeast of Houston acquired by the City from TPWD in 2006. It is managed for the City by the Houston Parks & Recreation Department. The park is on the central flyway for migratory birds of the U.S. & is recognized on the Great Texas Coastal Birding Trail (Upper).

LHWP provides camping facilities; hiking, biking & equestrian trails; water activities for kayaks & canoes; & natural areas for nature lovers & birders alike.

Partnership & funding opportunities exist in many areas including the creation of a vehicle bridge, the development of a park headquarters & pavilion, the development of canoe & kayak facilities & the building of cabins & stables.



Lake Houston Wilderness Park

## Playgrounds without Limits

Playgrounds Without Limits is a campaign to build inclusive playgrounds in HPARD parks. These playgrounds surpass ADA accessibility guidelines & provide a variety of play elements & activities for children of all abilities. Ramps & transfer systems address mobility issues, elements like elevated sand boxes provide children with sight impairment sensory-rich activities to enjoy & porch-swing gliders give children with wheelchairs the opportunity to enjoy a swing.

Each Playground without Limits has an approximate cost of \$500,000. We have this Playground featured at Alief Park, Eastwood Park, Memorial Park, the Metropolitan Multi-Service Center & Tidwell Parks.



Metropolitan Multi-Service Center Vale-Asche Foundation Playground Without Limits

## Park Playgrounds

Playgrounds provide kids with an opportunity for free unstructured play. Play is an important factor in how they develop both socially & physically. Kids who play build their confidence & learn the social skills that help them become happy, well-adjusted adults. Approximately 200 new or replacement playgrounds are needed in Houston of varying size & components to match the needs of the park, neighborhood, & age of the children playing on them.

### Lighted Sports Fields

The rapid growth of Houston soccer in recent years has created a citywide shortage of fields, leaving many teams & leagues to vie for play space every day. Lighting existing sports fields is a cost effective alternative to acquiring, developing, & maintaining new facilities because it extends hours of play, especially during the shortening days of the fall & winter seasons. In summertime, lighted fields provide an escape from the hot Texas sun, making games safer for players & more enjoyable for fans. Increased recreational opportunities have a direct impact on the success of our youth, & as a result, the future success of our entire community.

Funding will be used to purchase Musco Lighting's energy efficient Light-Structure Green™ lighting system. This state-of-the-art technology offers key benefits including:

- 50% savings in operating costs through reduced energy consumption & an automated control & monitoring system
- 50% less spill & glare, protecting the environment & keeping neighbors happy
- 100% of maintenance costs eliminated for 25 years, including lamp replacements, through a comprehensive warranty program
- Light levels guaranteed to remain constant for 25 years



**Burnett Bayland Soccer Fields**

### Trails in Parks

A survey of Houstonians for the Houston Parks & Recreation Master Plan showed recreational walking is the number one fitness activity. Trails in parks provide a simple outlet for physical activity to improve fitness & mental health. Trails in parks also make our parks safer & reduce vandalism by increasing park use throughout the day.

Opportunities exist to develop loop trails within existing parks as well as dedicated trails along linear parks. To meet the recommended national standards, new trails totaling 428 miles are needed to serve the 2020 population.



**Dodson Lake Trail**

# PARK & GREENSPACE *adoption*

## Park Adoption Programs

HPARD's Adoption programs are a great way to show your pride & commitment to Houston's parks & green spaces. Whether you're with a group or business interested in active community involvement we have a program that will fit your desire to improve the quality of our park system & public land. There are 5 different Adoption Programs for you to choose from, Adopt-A-Park, Adopt-An-Esplanade, Adopt-A-Sports Field, Adopt-A-Trail & Adopt-A-Library Greenspace. Regardless of the program you choose your involvement helps us maintain green spaces that we're all proud of!

**Contact:** Marilu De La Fuente  
**Information:** (832) 395-7029  
marilu.delafuente@houstontx.gov

### Adopt-A-PARK

This adoption program welcomes homeowners associations & civic groups interested in providing long-term support for the maintenance & aesthetic quality of a park.

Term of agreement minimum of 2 years.

### Adopt-A-SPORTS FIELD

This adoption program welcomes organizations or individuals who wish to adopt a sports field in lieu of paying permitting fees associated with the use of ball fields. This adoption is available for youth leagues only.

The term is for 6 months (Jan-June) & (July-Dec). The adoptee is responsible for all maintenance related to the sports field for the entire 6 month period.

### Adopt-An-ESPLANADE

This adoption program welcomes homeowners associations & civic groups interested in providing long-term support for the maintenance & aesthetic quality of esplanades/medians.

Term is perpetual provided adoptee maintains esplanades/medians free of trash, mowed & edged.

### Adopt-A-TRAIL

This adoption program welcomes civic groups interested in providing long-term support for the maintenance & aesthetic quality of a portion of a trail.

Term is a 2 year minimum.

### Adopt-A-LIBRARY GREEN SPACE

This adoption program welcomes homeowners associations & civic groups interested in providing long-term support for the maintenance & aesthetic quality of library grounds.

Term of agreement minimum of 2 years.



Adopted Esplanade

# SUMMER FOOD SERVICE PROGRAM

Summer Food Service Program

Register today to become a Summer Food Service Site & help provide **FREE** lunches & snacks to area youth, ages 1-18, this summer! The Summer Food Service Program (SFSP) works to fill the meal gap that area youth experience when school cafeterias are closed for the summer.

The program is a federally funded & administered by the Texas Department of Agriculture. The Houston Parks & Recreation Department has sponsored & coordinated the program since 1980. Various organizations & groups can apply to become a Summer Food Program site & participate in the program at no cost to themselves. Participating sites have included HPARD Community Centers, churches, apartment complexes, learning centers, YMCA's & many other nonprofit organizations. Organizations must apply & qualify to become a Summer Food Service Site.

The program operates on a weekday basis. Meals are prepared & delivered daily to participating sites. The meals consist of a sandwich, a fruit, juice & milk. Each year over 1.3 million meals are distributed at more than 400 participating sites throughout Houston & Harris County. The need for more sites is great & we encourage interested groups & organizations to consider becoming a Summer Food Service Site & help us feed area youth throughout the summer. This year's Summer Food Service Program will run from June 4, 2012 through August 17, 2012.

Applications must be received by April 13, 2012. Apply today to become a Summer Food Service Site & help us provide nutritious meals this summer to Houston's young people.

**Note:**  
Application Forms are available for download at [www.houstonparks.org](http://www.houstonparks.org). No billing or food preparation involved.

**SFSP Registration Deadline:** April 13, 2012  
**Fees:** FREE  
**Information:** (713) 676-6832  
[sheila.pous@houstontx.gov](mailto:sheila.pous@houstontx.gov)

## Summer Food Program *Programa de Alimentos Durante el Verano*

**Friends, Fun  
and Free Food**

**Amigos, diversión  
y comida gratis**



**Hey, Parents  
and Guardians!**

**FREE** summer meals are available for youths ages 1-18. No registration is required. Just show up at a site near you!

**¡Hola padres y tutores!**

Comidas **GRATIS** durante el verano para niños y adolescentes de 1 a 18 años de edad. No tienen que inscribirse, ¡solo presentarse en el sitio más cercano!

Information / Información  
(713) 676-6832 or 2-1-1



USDA is an equal opportunity provider.

## HPARD Community Centers Phone Numbers

## NORTHEAST

**Clark (KM 453B)**

9718 Clark, 77076  
(713) 742-1497

**Clinton (KM 495U)**

200 Mississippi, 77029  
(713) 673-0955

**Finnigan (KM 494H) - County Program**

4900 Providence, 77020  
(713) 678-7385

**Hobart Taylor (KM 455Q)**

8100 Kenton, 77028  
(713) 674-3959

**J Robinson, Sr (KM 495L)**

1422 Ledwicke, 77029  
(713) 674-2401

**Lakewood (KM 455G)**

8811 Feland, 77028  
(713) 636-8217

**Melrose (KM 413T) - YMCA Program**

1001 Canino, 77076  
(281) 447-0514

**Moody (KM 453Y) - YMCA Program**

3725 Fulton, 77009  
(713) 692-6925

**Selena Quintanilla Perez (KM 494H)**

6402 Market, 77020  
(713) 675-2151

**Shady Lane (KM 414W)**

10220 Shady Lane, 77093  
(713) 742-1503

**Swiney (KM 494J)**

2812 Cline, 77020  
(713) 238-2197

**Tidwell (KM 454D)**

9720 Spaulding, 77016  
(713) 636-8221

**Tuffly (KM 454X)**

3200 Russell, 77026  
(713) 674-2355

## NORTHWEST

**Candlelight (KM 452E)**

1520 Candlelight, 77018  
(713) 682-3587

**Fonde (KM 493K) - YMCA Program**

110 Sabine, 77002  
(713) 226-4466

**Freed (KM 451Y)**

6818 Shady Villa, 77055  
(713) 682-4467

**Highland (KM 451D)**

3316 DeSoto, 77091  
(713) 956-9137

**Independence Heights (KM 453N)**

603 East 35th, 77022  
(713) 867-0373

**J Robinson, Jr. (KM 533B) - YMCA Program**

2020 Hermann Drive, 77004  
(713) 284-1997

**Kendall (KM 488C)**

609 North Eldridge, 77079  
(832) 393-1897

**Lincoln (KM 412Q) - County Program**

979 Grenshaw, 77088  
(281) 445-1617

**Love (KM 452Z)**

1000 West 12th, 77008  
(713) 867-0497

**Milroy (KM 452Z)**

1205 Yale, 77008  
(713) 867-0397

**Montie Beach (KM 453X)**

915 Northwood, 77009  
(713) 864-6820

**Proctor Plaza (KM 453X)**

803 West Temple, 77009  
(713) 862-6907

**R L & Cora Johnson (KM 450A)**

9920 Porto Rico, 77041  
(713) 895-6141

**Stude (KM 493E)**

1031 Stude, 77007  
(713) 867-0496

**Woodland (KM 493C)**

212 Parkview, 77009  
(713) 867-0401

## SOUTHEAST

**Bessie Swindle (KM 573L)**

11800 Scott, 77047  
(713) 733-4581

**Beverly Hills (KM 576S)**

10201 Kingspoint, 77075  
(713) 948-9065

**Charlton (KM 535P)**

8200 Park Place, 77017  
(713) 645-3589

**Crestmont (KM 574J)**

5200 Selinsky, 77048  
(713) 733-2236

**DeZavala (KM 495S)**

907 76th St., 77012  
(713) 923-5163

**Eastwood (KM 494T)**

5020 Harrisburg, 77011  
(713) 928-4801

**Edgewood (KM 534X)**

5803 Bellfort, 77033  
(713) 734-8434

**Garden Villas (KM 535W)**

6720 S. Haywood, 77061  
(713) 847-5168

**Hartman (KM 535C)**

9311 E. Ave. P., 77012  
(713) 928-4803

**Ingrando (KM 535F)**

7302 Keller, 77012  
(713) 643-4764

**MacGregor (KM 534E)**

5225 Calhoun, 77021  
(713) 747-8690

**Mason (KM 535A)**

541 South 75th., 77023  
(713) 928-7055

**Meadowcreek (KM 536S)**

5333 Berry Creek, 77017  
(713) 946-9020

**Sagemont (KM 576Y)**

11507 Hughes, 77089  
(281) 922-2343

**Settegast (KM 494N)**

3000 Garrow, 77003  
(713) 238-2200

## SOUTHWEST

**Alief (KM 529E)**

11903 Bellaire, 77072  
(281) 564-8130

**Almeda (KM 572Y)**

14201 Almeda School Rd., 77047  
(713) 434-1909

**Burnett Bayland (KM 531B) - Campo del Sol**

6200 Chimney Rock, 77081  
(713) 668-4516

**Cherryhurst (KM 492R)**

1700 Missouri, 77006  
(713) 284-1992

**Emancipation (KM 493Y)**

3018 Dowling, 77004  
(713) 284-1302

**Godwin (KM 531U)**

5101 Rutherglen, 77096  
(713) 726-7114

**Hackberry (KM 528M)**

7777 S. Dairy Ashford, 77072  
(281) 776-9908

**Lansdale (KM 530K)**

8201 Roos, 77036  
(713) 272-3668

**Linkwood (KM 532P)**

3699 Norris, 77025  
(713) 314-3107

**Marian (KM 530X) - YMCA Program**

11101 South Gessner, 77071  
(713) 773-7015

**Platou (KM 571B)**

11655 Chimney Rock, 77053  
(713) 726-7107

**River Oaks (KM 492T)**

3600 Locke Lane, 77027  
(713) 622-5998

**Sharpstown (KM 530F)**

6600 Harbor Town, 77036  
(713) 988-5328

**Sunnyside (KM 533X)**

3502 Bellfort, 77051  
(713) 734-5061

**Townwood (KM 572P)**

3403 Simsbrook, 77045  
(713) 434-3508

**Windsor Village (KM 571P) - YMCA Program**

14441 Croquet, 77085  
(713) 726-7113



## Important HPARD Phone Numbers

### Frequently Called Numbers

Houston Parks & Recreation Department Main Phone No.	2999 S. Wayside Dr.	(832) 395-7000
HPARD Urban Park Rangers Dispatch	2999 S. Wayside Dr.	(832) 395-7100
HPARD Park Maintenance Problems		3-1-1

### HPARD Program / Administration Phone Numbers

Adoption Programs	2999 S. Wayside Dr.	(832) 395-7029
Adult Sports	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7130
Adult Sports Bulletin Board	(Phone Message Only)	(713) 865-4105
After School Enrichment Program	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7294
After School Enrichment Program Administration	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7270
Athletes Seeking Knowledge Program	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7293
Aquatics	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7129
Community Centers Information	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7294
D-Tag (Information)	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7297
D-Tag (Administration)	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7270
First Tee of Houston at FM Law Park	8400 Mykawa Road	(713) 264-2100
Golf – Brock Park Golf Course	8201 John Ralston Road	(281) 458-1350
Golf – Glenbrook Park Golf Course	8205 Bayou Drive	(713) 649-8089
Golf – Gus Wortham Park Golf Course	7000 Capitol	(713) 928-4260
Golf – Hermann Park Golf Course Managed by BSL Golf Corp.	2155 North MacGregor	(713) 526-0777
Golf – Melrose Park Golf Course Managed by Walton Golf Enterprises	401 Canino	(281) 931-4666
Golf – Memorial Park Golf Course	1001 East Memorial Loop Drive	(713) 862-4033
Golf – Sharpstown Park Golf Course	6600 Harbor Town	(713) 988-2099
Houston Garden Center	1500 Hermann Circle Drive	(713) 284-1989
Lake Houston Wilderness Park Reservations	22031 Baptist Encampment Rd. New Caney, Texas 77357	(281) 354-6881
Lee & Joe Jamail Skatepark	103 Sabine Street	(713) 222-5500
Mayor's Office of Special Events (Special Events Permits)		(832) 393-0868
Mayor's Office of Special Events (Parade & Street Function Permits)		(832) 393-0868
Memorial Park Bike Trail Message Line	(Phone Message Only)	(713) 437-6588
Memorial Park Fitness Center	6402 Arnot, 77007	(713) 802-1662
Metropolitan Multi-Service Center	1475 West Gray	(713) 284-1973
Nature Programs (HPARD Venues)	6200 Wheeler, Bldg. 3	(832) 284-7132
Nature, Teen & Senior Programs Administration	6200 Wheeler, Bldg. 3	(832) 395-7270
Partnership Programs	2999 S. Wayside Dr.	(832) 395-7056
Permits & Rentals (Outdoors)	2999 S. Wayside Dr.	(832) 395-7012
Permits & Rentals (Outdoors)	2999 S. Wayside Dr.	(832) 395-7013
Permits & Rentals (Sports fields)	2999 S. Wayside Dr.	(832) 395-7010
Permits & Rentals (Sports fields)	2999 S. Wayside Dr.	(832) 395-7011
Senior Programs (Information)	6200 Wheeler, Bldg. 3	(832) 395-7133
Senior Programs (Administration)	6200 Wheeler, Bldg. 3	(832) 395-7270
Senior Programs & Summer Enrichment Program (Administration)	6200 Wheeler, Bldg. 3	(832) 395-7270
Summer Food Service Program	6402 Market Street	(713) 676-6832
Teen Programs (Information)	6200 Wheeler, Bldg. 3	(832) 395-7131
Tennis - Homer Ford Tennis Center	5225 Calhoun	(713) 842-3460
Tennis - Lee LeClear Tennis Center	9506 S. Gessner	(713) 272-3697
Tennis - Memorial Park Tennis Center	1500 Memorial Loop Dr.	(713) 867-0440
Tennis - Youth Tennis Office	1500 Memorial Loop Dr.	(713) 803-1112
The Houston Garden Center at Hermann Park Reservations	Hermann Circle Drive	(713) 284-1989
Volunteer Programs Recreation & Wellness Division	6200 Wheeler, Bldg. 3	(832) 395-7295
Volunteer Programs HPARD	2999 S. Wayside Dr.	(832) 395-7030

# 2012 Houston Corporate Games

Presented by

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**Access Sciences**

- » Encourage employee wellness and an active lifestyle.
- » Provide a friendly, inter-company competition for employees of all fitness levels.
- » Build company spirit, camaraderie, and teamwork.
- » **HAVE FUN!**

**Friday, May 4, 2012**

**Memorial Park**

**8:30 AM – 6:00 PM**

**All Houston area companies are invited to play in the Houston Corporate Games. Any employee, regardless of skill level, can participate and earn points for the team.**

**Houston Corporate Games benefits the Houston Parks and Recreation Department ASK Program Education Fund to provide scholarships and resources to Houston area students.**

**Register By April 19**

[www.houstonparks.org](http://www.houstonparks.org)

Team Info Call: (832) 395-7293

Sponsor Info Call: (832) 395-7057

**Get in the game. Make a difference.**



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PARKS  
& recreation  
department**  
[www.houstonparks.org](http://www.houstonparks.org)

A CAPRA Accredited Agency

# The 4<sup>th</sup> Annual East End Golf Classic

June 1, 2012

8:00 a.m. Tee Time

Gus Wortham Golf Course, 7000 Capitol Street

## Register Today!

4<sup>th</sup> Annual East End Golf Classic

Benefiting

GUS WORTHAM GC



HOUSTON, TEXAS

Hosted by Council Member James G. Rodriguez

## The 4<sup>th</sup> Annual East End Golf Classic

Hosted by Council Member James G. Rodriguez

Proceeds raised benefit the renovation and beautification of Gus Wortham Golf Course.

For information on the GWGC Renovation Project or to register online for the 4<sup>th</sup> Annual East End Classic visit [www.houstonparksboard.org](http://www.houstonparksboard.org).

For tournament information call (281) 701-5596.

Presented by



# Eleventh Annual

## FATHER'S DAY FATHER/CHILD CHARITY GOLF TOURNAMENT

Thursday, June 14, 2012 - Wildcat Golf Club

**Rescheduled for August 9, 2012**

Sponsorship and Registration information

Call (713) 942-8500

[www.houstonparksboard.org](http://www.houstonparksboard.org)

