

HOUSTON PARKS AND RECREATION DEPARTMENT

VOL. 14 | ISSUE 2 | APRIL 1, 2019 - AUGUST 1, 2019 | HOUSTON PARKS AND RECREATION DEPARTMENT | SUMMER ACTIVITIES GUIDE & CLASS CATALOG



inside

SUMMER FOOD SERVICE PROGRAM

YOUTH, AGES 1 TO 18, GET A
FREE LUNCH - JUNE 3 TO AUG 9!
NO REGISTRATION REQUIRED!
OVER 200 SITES ACROSS HOUSTON!



REGISTER FOR HPARD'S SUMMER
ENRICHMENT PROGRAM!

ENJOY SPORTS, CRAFTS, FIELD TRIPS
AND MUCH MORE ! PAGE 3



Summer Food Service Program

Programa de Alimentos Durante el Verano

June 3, 2019 - Aug. 9, 2019

3 de Junio del 2019 - 9 de Agosto del 2019

Friends, Fun and Free Food

**Hey, Parents
and Guardians!**

FREE meals are available for children ages 1-18 who participate in programming at HPARD community centers. No registration is required.

In more than **200** operating sites Lunch served between 11:00 a.m. - 1:00 p.m.
Snack served between 3:00 p.m. - 4:00 p.m.

Children must consume meals on site



Amigos, Diversión y Comida Gratis

**Hola, padres
y Guardianes!**

Alimentos **GRATIS** para niños y niñas de 1 a 18 años. No es necesario registrarse.

En más de **200** sitios operativos, el Almuerzo se sirve entre las 11:00 a.m. - 1:00 p.m.
Refrigerio se sirve entre las 3:00 p.m. - 4:00 p.m.

Los niños deben consumir los alimentos en el sitio

Information / Información (713) 676-6832

Sponsored by: Houston Parks and Recreation Department



A CAPRA Accredited Agency

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*Gateway
to Nature*



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for your next family camping trip!

Reservation, prices & information: 832-395-7690 | www.houstonparks.org



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PARKS
& recreation
department
www.houstonparks.org

A CAPRA Accredited Agency



Summer is just around the corner! Are you looking forward to spending time outdoors? While you make plans for your summer fun be sure to keep your neighborhood parks in mind!

We have a variety of activities and opportunities for you and your family to Activate Houston! This catalog lists our programming offerings for the summer and provides lists of facilities where Houstonians of all ages and abilities can Get Up! Get Out! and Get Active! and enjoy the Summer.

If you are looking for your neighborhood playground, sprayground, tennis courts, golf course, or community center check out the index page (pg. 2) for a list of locations near you. You'll also find listings of parks community centers, summer programming for all ages and abilities and the all import pool sites and hours of operation.

For parents looking for a way to keep their children (ages 6-13) active be sure to check out the Summer Enrichment Program (pg. 3). Available at select HPARD community centers, this 10-week day-camp style program for youth includes: crafts, nutrition, fun fitness, track and field, soccer, swimming, junior golf, nature exploration, computer literacy programs, recycling awareness, kayaking, bird watching, fishing, hiking, and so much more!

If camping is your thing, or if you love a walk in the woods, visit Lake Houston Wilderness Park (pg. 44). This 5,000-acre park located north of the city off of Hwy 59, offers a broad range of day visit options or you can rent a camping site if you'd like to stay longer! Camping options range from walk in rustic camping sites to rental cabins for those who prefer electrical and air conditioning amenities when they camp. In addition, a wonderful nature center and nature classes offer a variety of learning experiences for young and old alike.

We hope you enjoy your summer vacation and visit a neighborhood park near you!

Stephen Wright

Steve Wright, Director
Houston Parks and Recreation Department



MISSION STATEMENT

To enhance the quality of urban life by providing safe, well maintained parks and offering affordable programs for the community.



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PARK RULES AND REGULATIONS

- Park hours of operation for all city parks are 6:00 am to 11:00 pm unless otherwise posted.
- Glass bottles and glass containers are prohibited.
- Camping in City parks is prohibited except at Lake Houston Wilderness Park where fee based camping is permitted by reservation only. Walk-ins are welcome pending site availability.
- No motorized vehicles may be driven on turf areas.
- Riding or driving animals over or through the park, except along designated bridle paths is prohibited.
- Molesting, injuring, etc., animals, fowl or fish is prohibited.
- Erecting structures, bill posting, etc. is prohibited.
- Walking, sitting or standing on any border or flower bed is prohibited.
- No hunting or use of firearms is permitted in city parks.
- Fishing is not permitted. Exceptions are children 12 and under and senior citizens 65 and older and at Lake Houston Wilderness Park with appropriate Texas State Fishing License.
- Alcoholic beverages are prohibited in City parks with posted signage.
- All animals must be on a leash and under the direct control of its owner.
- Owners must pick up after their dogs. City of Houston Code of Ordinances Sec 6-24.
- Picnic areas are on a first come, first serve basis unless the area has been permitted. It is recommended that park patrons obtain permits to secure a picnic area for a special activity.
- The selling of food, drink or any other commodity on park property is prohibited.
- Littering is prohibited. Please take care to dispose of your litter. Keep our greenspaces clean.

For a complete list of Park Rules and Regulations, please visit the City of Houston Code of Ordinances, Chapter 32.

HPARD ACTIVITIES IN THE PARK PROGRAM GUIDE AND CLASS CATALOG

The Houston Parks and Recreation Department provides programs and recreational opportunities for people of all ages and abilities on a year-round basis. HPARD's Activities in the Park Program Guide and Catalog is printed three times a year. Printed copies are available at your local HPARD Community Centers or download a copy at www.houstonparks.org.

- 2018 Fall Activities in the Park - August 1, 2018
- 2018 Winter/Spring Activities in the Park - December 1, 2018
- **2019 Summer Activities in the Park - April 1, 2019**



HOUSTON PARKS AND RECREATION DEPARTMENT
2999 South Wayside | Houston, TX 77023 | (832) 395-7000
askparks@houstontx.gov | www.houstonparks.org

To report the need for repairs in a park or at a park facility please contact the City of Houston non-emergency Help and Info Line by dialing 311 or (713) 837-0311

You may also submit a service request your request online by visiting <http://hfdapp.houstontx.gov/311/index.php>.



YOUTH PROGRAMS

Summer Enrichment Program (S.E.P.)

S.E.P. is a 10-week day-camp style program for youth ages 6 - 13. Registration is required for this fun-filled program. Available at 54 HPARD community centers, program activities include: crafts, nutrition, fun fitness, track and field, soccer, swimming, junior golf, nature exploration, computer literacy programs, recycling awareness, kayaking, bird watching, fishing and hiking excursions and youth entrepreneur experiences.

Parents are required to attend a program orientation at their registered community center. Transportation to and from community center is the parents responsibility. Student to staff ratio is 1 to 25 with qualified professional recreation staff.

The cost is \$30.00 per child per week. Online registration is available at www.houstonparks.org click on the [SEP registration link](#).

Fee exemptions are available to parents or guardians who qualify. Appropriate documentation is required. Ask for more information regarding qualification criteria.

HPARD's Summer Enrichment Program operates under "Texas Standards of Care" as defined by the Texas Department of Protective and Regulatory Services.

(NOTE: Any scheduled field trip costs are not a part of the registration fee).

Ages:	6-13
Online Registration:	April 1
	Until Community Center Capacity Reached
Fees:	\$30 per child per week
Program Dates:	June 3 - Aug 9, 2019
Times:	8:00 am – 6:00 pm
Location:	54 HPARD Commty Ctrs
Information:	(832) 395-7261 (832) 395-7294 (832) 395-7231 (832) 395-7270

Summer Food Service Program

HPARD's Summer Food Program provides youth ages 1-18 with a FREE lunch and snack at over 200 sites in Houston and Harris Co. No registration is required.

Sites include: HPARD Commty Ctrs, churches, apartment complexes, learning centers, YMCA, youth organizations, schools and many other non-profit agencies. To find a site near you please call 2-1-1 or (713) 676-6832 and give the operator your zip code.

This program has been sponsored by the Houston Parks and Recreation Department since 1980. It is administered by the Texas Department of Agriculture Food and Nutrition Division.

Ages:	1 - 18
Registration:	Not Required
Fees:	FREE
Program Dates:	June 3 - Aug 9, 2019
Times:	11:00 am – 1:00 pm (lunch) 3:00 pm – 4:00 pm (snack)
Locations:	Call 2-1-1 For Locations
Information:	(713) 676-6832

Tiny Tots Program

Parents are invited to participate in this program for youth ages 4 and under. This parent/child program includes: fitness activities, arts and crafts, and social games.

Parents and/or guardian must accompany child at all times..

Location:	Milroy Park Community Center 1205 Yale, 77008
Day:	Monday & Thursday
Time:	10:00 am - 12:00 pm



Hershey's Track & Field

If you like to RUN, JUMP or THROW, register for the FREE Hershey's Track and Field Meet. Youth, ages 6 – 14, will participate in basic track and field events. These events are sponsored in part by The Jacob and Terese Hershey Foundation. Registration is open to all track and field clubs and school team members and individuals. No experience is necessary. Events include: 50 and 100 meter dash, 200, 400, 800 and 1600 meter dash, 4 x 100 meter relay, standing broad jump and softball throw.

Register at a community center near you.

SPIKES ARE NOT ALLOWED.

Ages:	6 - 14 *
Registration:	May 1 - July 11
Fees:	FREE
Hershey Meet (9 - 14):	Tuesday, June 18
Rec Championships (6 - 14):	Tuesday, July 9
Time:	9:00 am - 2:00 pm
Location:	Barnett Sports Complex
Information:	(832) 395-7294

* As of December 31, 2018

Opening Doors Teen Mentor Workshop

Opening Doors gives teens an opportunity to provide community service in their community during the summer. The program is designed to develop teen character and self-worth, while preparing them for future job interviews. A mock interview and suggestions on resume preparation are part of the program.

Teens also participate in hands-on service learning projects, field trips, educational workshops, and a team building camping experience at Lake Houston Wilderness Park. The 8-week summer workshop program meets at Judson Robinson, Jr. Community Center.

Ages:	14 - 18
Registration:	April 1
Fees:	\$30 per week No personal checks accepted
Program Dates:	June 10 - August 1
Times:	8:00 am - 6:00 pm, M - Th
Location:	Judson Robinson, Jr 2020 Hermann Drive, 77004
Information:	(832) 395-7626



Houston Teens Outside With Nature

(HTOWN) is a year-round program for teens, ages 14-18.

Participants will be provided with opportunities to build confidence and self-esteem through mentoring, HPARD programming, and special events.

HTOWN offers participants with activities and events including: community/volunteer projects, teen forums, educational workshops, field trips, tours, hands-on outdoor activities, monthly awareness events, sports, and special events.

Ages:	14 - 18
Registration:	Ongoing
Program Dates:	Year-round
Fee:	FREE
Information:	(832) 395-7131 (832) 395-7132 (832) 395-7270

Teen Adventure Caravan

This program offers a variety of fun programs, mentoring opportunities, and peer group special events for teens, 14 - 18, at community centers during the summer.

Year round programs are coordinated through the Teen Program Section. Activities include motivational speakers, essay competitions, talent exhibitions, teen camp experiences, nature activities, cultural programs, special events and college tours.

Ages:	14 - 18
Registration:	Ongoing
Fees:	FREE
Program Dates:	June 10 - Aug 1
Times:	8:00 am – 6:00 pm
Location:	Select Community Centers
Information:	(832) 395-7131 (832) 395-7132 (832) 395-7270



Athletes Seeking Knowledge

(A.S.K.) provides scholarships and other resources to assist young people in the pursuit of higher education or to help improve their current academic standing. Hundreds of teens participate in the ASK Program every year.

Since 2000, over \$300,000 has been awarded to Houston area youth and teens in scholarships, tutoring programs, college and career fairs, SAT and ACT practice exams, academic bowls, and college campus tours.

A variety of ASK activities are planned throughout the year. Activities are open to all HPARD youth and teen recreation program registrants and volunteers.

Contact your local community center for upcoming ASK program activities.

Ages:	13 - 18
Registration:	Ongoing
Program Dates:	Year-round
Fee:	FREE
Locations:	All community centers
Information:	(832) 395-7275



YOUTH TENNIS



AN NJTL CHAPTER SUPPORTED BY



The Youth Tennis Program is a FREE program offered at a variety of public parks throughout the year by the Houston Parks and Recreation Department in partnership with the Houston Tennis Association, Inc.- NJTL.

The program is designed to provide children with the fundamentals of the game of tennis and educational components that develop life skills. Equipment is available for use during class.

No pre-registration is necessary; however, you may register online at www.houstonparks.org. No new registrants are accepted after the first week of each session and class size may be limited.

Ages:	4 - 18
Registration:	Online or On Site First Day of Class
Fees:	FREE
Summer I	June 3 - June 27, 2019
Summer II	July 1 - July 25, 2019 (<i>No classes July 4</i>)
Information:	(832) 395-7561

CLASS TIMES

Age	At Morning Sites	At Afternoon Sites	Days
4 - 6	8:15 - 9:00 a.m.	4:15 - 4:00 p.m.	M - Th
7 - 10	9:00 - 10:00 a.m.	5:00 - 6:00 p.m.	M - Th
11 - 18	10:00 - 11:15 a.m.	6:00 - 7:15 p.m.	M - Th



Memorial Park - HPARD Youth Tennis

MORNING YOUTH TENNIS CLASSES		
Ages	Times	Days
4 - 6	8:15 am - 9:00 am	Monday through Thursday
7 - 10	9:00 am - 10:00 am	Monday through Thursday
11 - 18	10:00 am - 11:15 am	Monday through Thursday

CENTRAL		
Memorial Park (KM 492F)	1500 Memorial Loop Dr, 77007	(832) 395-7561
River Oaks (KM 492S)	3600 Locke Lane, 77027	(713) 622-5998
EAST		
Finnigan (KM 494G)	4900 Providence, 77020	(713) 678-7385
WEST		
Nottingham (KM 489E)	14205 Kimberley, 77079	(832) 395-7561
NORTH		
Melrose (KM 413T)	1001 Canino, 77076	(281) 447-0514
Montie Beach (KM 453X)	415 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	803 W Temple, 77009	(713) 862-6907
Woodland (KM 493C)	212 Parkview, 77009	(713) 867-0401
NORTHEAST		
Tidwell (KM 454T)	9720 Spaulding, 77016	(713) 636-8221
NORTHWEST		
Graham (KM 452R)	540 W 34th St, 77018	(832) 395-7561
Highland (KM 451D)	3316 DeSoto, 77091	(713) 956-9137
Jaycee (KM 452W)	1300 Seamist, 77008	(832) 395-7561
R. L. & Cora Johnson (KM 450A)	9920 Porto Rico, 77041	(713) 895-6141
SOUTH		
Sunnyside (KM 533X)	3502 Bellfort, 77051	(832) 395-7586
SOUTHEAST		
Beverly Hills (KM 576S)	10201 Kingspoint, 77075	(713) 948-9065
Charlton (KM 535P)	8200 Park Place, 77017	(713) 645-3589
Wilson Memorial (KM 578G)	100 Gilpin, 77034	(832) 395-7561
SOUTHWEST		
Alief (KM 529E)	11903 Bellaire, 77072	(281) 564-8130
Briarmeadow (KM 490Z)	7703 Richmond, 77063	(832) 395-7561
Linkwood (KM 532P)	3699 Norris, 77025	(713) 314-3107
Platou (KM 571B)	11655 Chimney Rock, 77035	(713) 726-7107
Sharpstown (KM 530F)	6600 Harbor Town, 77036	(832) 395-7605

AFTERNOON YOUTH TENNIS CLASSES		
Ages	Times	Days
4 - 6	4:15 pm - 5:00 pm	Monday through Thursday
7 - 10	5:00 pm - 6:00 pm	Monday through Thursday
11 - 18	6:00 pm - 7:15 pm	Monday through Thursday

CENTRAL		
Cherryhurst (KM 492V)	1700 Missouri, 77006	(713) 284-1992
Moody (KM 453Y)	3725 Fulton, 77009	(832) 395-7645
EAST		
Clinton (KM 495U)	200 Mississippi, 77029	(713) 673-0955
Mason (KM 535A)	541 S 75 TH St, 77023	(713) 928-7055
Settegast (KM 494N)	3000 Garrow, 77003	(713) 238-2200
WEST		
Bendwood (KM 469H)	12700 Kimberley, 77024	(832) 395-7561
NORTHEAST		
Hutcheson (KM 454U)	5400 Lockwood, 77026	(832) 395-7561
NORTHWEST		
Oak Forest (KM 452N)	2100 Judiway, 77018	(832) 395-7561
Schwartz (KM 451N)	8203 Vogue, 77055	(832) 395-7561
SOUTH		
Bessie Swindle (KM 573L)	11800 Scott, 77047	(713) 733-4581
SOUTHEAST		
Meadowcreek (KM 536S)	5333 Berry Creek, 77017	(713) 946-9020
Sagemont (KM 576Y)	11507 Hughes, 77089	(281) 922-2343
SOUTHWEST		
Lee LeClear (KM 530P) ^	9506 S. Gessner, 77074	(832) 395-7561
Haviland (KM 570H)	11600 Haviland, 77035	(832) 395-7561
Meyerland (KM 531Q)	5151 Jason, 77096	(832) 395-7561
Windsor Village (KM 571P)	14441 Croquet, 77085	(713) 726-7113
ADAPTIVE CLASS *		
Metro. Multi-Service Ctr (KM 492R)	1475 West Gray, 77019	(832) 395-7333
<i>* Designed for people with disabilities of ALL AGES who have independent functioning skills. Classes are held on Tuesday from 7:30 p.m. - 9:00 p.m.</i>		

^ Lee LeClear class times are 4:00-4:45 p.m. for ages 4-6, 4:45-5:45 p.m. for ages 7- 10, and 5:45-7:00 p.m. for ages 11-18.

SKATE PARKS



Lee & Joe Jamail Skatepark

Eastwood Skatepark 5020 Harrisburg (KM 494T)

Eastwood Skatepark is a 4,928 sq foot facility measuring 88' X 56'. Components include: a concrete curb, a grind box, a grindrail, a concrete bench, a curved bench, a mini ramp with start wedge, a pyramid with planter and a wedge with box, grind rail (kinked round 20') and a sub box, bank ramp with kicker.

Joe and Theresa Padilla Skatepark 6200 Lyons (KM 494H)

The Joe and Theresa Padilla Skatepark is designed to give the skater a world-class workout on an exciting series of challenging features such as quarter pipes, bank ramps, grind boxes, stairs, and rails.

Watonga Skatepark 4100 Watonga Blvd (KM 451H)

The Watonga Skatepark is a 12,070 square foot facility measuring 142' X 85'. Components include half pipes, roll-in, bank ramp, quarter pipes, half pipe, street spine, jump box, grind rail 14', grind ledge 14', pyramid 6', grind rail square 12', grind rail round 12', grindbox (kinked), grind rail (kinked round 20'), sub box and a bank ramp with kicker.

Burnett-Bayland 6026 Chimney Rock (KM 531B)

The Station at Burnett-Bayland Park was opened to the public in March 2018. The design for the 17,500-square-foot in-ground skatepark includes a volcano, bowl, upper decks, grind ledges, stairs and handrails, flat bars, various banks, a quarter pipe and multiple steel pipes. A group of neighborhood youth helped plan the skatepark.

Clinton Skatepark 200 Mississippi (KM 495U)

This 12,070 square foot facility measures 142' X 85'. Components include half pipes, roll-in, bank ramp, quarter pipes, half pipe, street spine, jump box, grind rail 14', grind ledge 14', pyramid 6', grind rail square 12', grind rail round 12', and a grindbox (kinked).

Dylan Duncan Skatepark 3950 Rustic Woods (KM 297X)

This 5402 sq foot facility measures 73' X 74'. Components include: a mini half pipe with 90' hip, skate benches, a kinked round grind rail, a kicker ramp, skate tables, a bank to stair with rail, shade structures with benches, drinking fountain and a bike rack in the shape of a skateboarder.

Lee and Joe Jamail Skatepark 103 Sabine (KM 493K)

The Lee and Joe Jamail Skatepark is the first world-class in-ground skatepark that put Houston on the map as one of the nations best venues for this fast growing, dynamic sport. The Lee and Joe Jamail skatepark is a great place for skaters to work on their kick flip, Ollie, fakie big spin or to learn how to stay balanced!

Ages:	6 - Up
Fees:	FREE
Location:	103 Sabine Street, 77007
Information:	(713) 222-5500



SKATEPARKS / DISC GOLF

Disc golf is an inexpensive, healthful outdoor activity the entire family can enjoy. The Houston Parks and Recreation Department has five disc golf courses ranging from 9 to 18 holes in parks throughout the city. Disc golf courses are open to the public during normal park hours of operation. Courses may be used on a “first-come first served” basis. No exclusive use. Alcohol Prohibited.



Agnes Moffitt Park
10845 Hammerly (KM 449R)

Holes:	18
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Disc Catcher

Mason Park 541 South 75th St.(KM 535A)

Holes:	18
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Disc Catcher

MacGregor Park 525 Calhoun (KM 489E)

Holes:	18
Warm-up Basket:	Yes
Tee Type:	Asphalt
Basket Type:	Stroke Saver

Milby Park 2001 Central (KM 535G)

Holes:	18
Warm-up Basket:	Yes
Tee Type:	Natural
Basket Type:	Disc Catcher

T.C. Jester Park
4201 T.C. Jester West (KM 451M)

Holes:	21
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Stroke Saver

ADULT SPORTS LEAGUES

Get off of that couch and join an adult sports league! Flag Football, softball, volleyball, kickball and basketball leagues are offered at various parks throughout Houston. League play is open to adults ages 18 and over. Adult sports leagues require fees per team. Check www.houstonparks.org for more adult sports opportunities.

Adult Softball Summer League

Slow pitch softball leagues are offered year-round in select park sites throughout of the city.

Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages:	18 - Older
Divisions:	Men's D/E, Co-ed D
Registration Dates:	June 3 - June 14, 2019
Fee:	\$346.99 Per Team
ASA Fee:	\$20.00 Per Calendar Year
League Dates:	July 8 - Aug 30
League Format:	5-Week Doubleheader (10 games total)
Days:	Monday - Friday
Time:	6:30 pm - 10:30 pm
Information:	(832) 395-7130



Adult Softball Fall League

Slow pitch softball leagues are offered year-round in select park sites throughout of the city.

Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages:	18 - Older
Divisions:	Men's D/E, Co-ed D
Registration Dates:	August 5 - August 16, 2019
Fee:	\$346.99 Per Team
ASA Fee:	\$20.00 Per Calendar Year
League Dates:	September 3 - November 1, 2019
League Format:	5-Week Doubleheader (10 games total)
Days:	Monday - Friday
Time:	6:30 pm - 10:30 pm
Information:	(832) 395-7130

Adult Flag Football League

Adult flag football leagues are offered during the fall and winter seasons.

Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages:	18 - Older
Divisions:	Co-ed Open
Registration Dates:	August 5 - August 16, 2019
Fee:	\$376.0 Per Team
TAAFFee:	\$10.00 Per Calendar Year
League Dates:	September 3 - November 1, 2019
League Format:	5-Week Doubleheader (10 games total)
Days:	Tuesday
Time:	6:30 p.m. - 9:30 p.m.
Information:	(832) 395-7130

Locations:

Memorial Park (KM 492K)	6501 Memorial Drive, 77007
Cullen Park (KM 447S)	19008 Saums Road, 77084
Herman Brown Park (KM 496A)	300 Oates Road, 77013
T.C. Jester Park (KM 451M)	4201 West T.C. Jester, 77018
Cleveland Park/ Tim Hearn Field (KM 492M)	200 Jackson Hill, 77007
Memorial Park (KM 492K)	6501 Memorial Dr, 77007



Adult Kickball Summer League

Kickball, it's not just for kids, sign up today and play one of the fastest growing Adult Sports in the U.S. Come join the league and have fun playing the sport you once played as a kid! Open to adults 18 and older. A fee is required. Register online during specified registration periods at www.houstonparks.org.

Ages:	18 - older
Divisions:	Co-ed D
Registration Dates:	June 3 - June 14
League Dates:	July 8 – Aug 30, Mon or Wed
Fee:	\$210.28 per team
League Format:	5 – Week Doubleheader (10 games total)
Time:	6:30 pm – 10:30 pm
Location:	Memorial Park 6501 Memorial Drive, 77007
Information:	(832) 395-7130 www.houstonparks.org

Adult Sand Volleyball Summer League

Playing volleyball is a great way to get fit while having fun! Sign up today and get ready to serve, set and spike your way to a healthier you. Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages:	18 - older
Divisions:	Co-ed Open
Registration Dates:	June 3 - June 14
League Dates:	July 8 – Aug 30, Mon or Wed
Fee:	\$210.28 per team
League Format:	5 - Week Doubleheader (10 games total)
Location:	Memorial Park 6501 Memorial Drive, 77007
Time:	6:30 pm – 8:30 pm
Information:	(832) 395-7130 www.houstonparks.org



Adult Kickball Fall League

Kickball, it's not just for kids, sign up today and play one of the fastest growing Adult Sports in the U.S. Come join the league and have fun playing the sport you once played as a kid! Open to adults 18 and older. A fee is required.

Register online during specified registration periods at www.houstonparks.org.

Ages:	18 - older
Divisions:	Co-ed D
Registration Dates:	Aug 5 - Aug 16
League Dates:	Sept 3 - Nov 1, Mon or Wed
Fee:	\$210.28 per team
League Format:	5 – Week Doubleheader (10 games total)
Time:	6:30 pm – 10:30 pm
Location:	Memorial Park 6501 Memorial Drive, 77007
Information:	(832) 395-7130 www.houstonparks.org

Adult Volleyball Fall League

Playing volleyball is a great way to get fit while having fun! Sign up today and get ready to serve, set and spike your way to a healthier you.

Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages:	18 - older
Divisions:	Men's D & Co-ed Open
Registration Dates:	Aug 5 - Aug 16
League Dates:	Sept 3 - Nov 1, Mon or Wed
Fee:	\$210.28 per team
League Format:	5 - Week Doubleheader (10 games total)
Location:	Varies
Time:	6:30 pm – 9:30 pm (832) 395-7130
Information:	www.houstonparks.org

Adult Basketball Fall League

Hoop it up this Fall by signing up for HPARD's Adult Basketball League!

Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages:	18 - older
Divisions:	Men's
Registration Dates:	Aug 5 - Aug 16
League Dates:	Sept 3 - Nov 1, Mon or Wed
Fee:	\$210.28 per team
League Format:	10 - Week Single
Time:	6:30 pm – 9:30 pm
Location:	Varies
Information:	(832) 395-7130 www.houstonparks.org



HOUSTON'S 18TH ANNUAL FATHER'S DAY FATHER/CHILD CHARITY GOLF TOURNAMENT AND SCHOLARSHIP FUND

Thursday June 13, 2019

Benefiting



Sponsorship and Registration Info.
Call (281) 454-7000 or (832) 395-7275



DOG PARKS

The Houston Parks and Recreation Department welcomes you and your dog to enjoy the vast amount of park space in the Bayou City. However, you are required to have your dog on a leash at all times. Our leash law is one of the tools that permits dogs & dog owners to visit a park without creating safety concerns, disturbing natural resources, or diminishing a park visit for those who are not comfortable around dogs. We know that most dogs love to run free and most dog owners would like to provide their pets the opportunity to do so. Please remember that dogs are not allowed, even with a leash, in children's play areas, or on organized athletic fields.

The department does provide a variety of off-leash dog parks for you and your dog to enjoy. Please remember to follow the Dog Park Rules while enjoying these facilities. For a complete list of dog park rules and regulations visit <http://www.houstontx.gov/parks/pdfs/DogParkRules.pdf>.

Johnny Steele Dog Park at Buffalo Bayou Park 2929 Allen Parkway

The two-acre Johnny Steele Dog Park opened in Buffalo Bayou Park on January 17, 2015. It offers separate areas for large and small dogs, each with a pond, dog washing station, and shade structures for the enjoyment of Houston dogs and their human friends. One of the area's largest dog parks, it is named for Houston landscape architect Johnny Steele. It was built as part of a \$58 million renovation of Buffalo Bayou Park by the Buffalo Bayou Partnership.

Elizabeth Glover, 3104 Austin St.

The park was acquired by the city in 2008. A dog run, new deck, new perimeter fence lawn area, decomposed granite walkway, seating, signage, historical panels, landscaping and irrigation. The park is maintained by the Midtown TIRZ management district and opened in 2014

Ervan Chew, 4502 Dunlavy

Ervan Chew was the first neighborhood park in Houston to allow dogs to legally run free, off-leash in a designated dog zone. The dog zone is located adjacent to the picnic area and sprayground. It is a fenced-in space, approximately 9,000 square feet in size, and is designed to allow dogs to exercise freely. The Friends of Ervan Chew Park, a neighborhood organization, provided funding for the dog zone. It was dedicated in May of 2004.

Levy Park 3801 Eastside

This park was acquired by the city in 1942 and was renovated in two phases by the Upper Kirby District & Intown Chamber of Commerce. The most recent renovation was finished in 2006 and includes a designated dog run. The new dog park is near the updated play equipment & the softball field. Being surrounded by dog-filled apartment complexes, Levy Park should be a popular destination for the area's canines and their humans.



Holly Anawaty Dog Park Market Square 301 Milam

This park has two dog-runs, one for small dogs and one for large dogs. They are enclosed by a beautifully designed and lit crescent walkway so everyone can enjoy watching our four-legged friends frolic. Water features are in both as are benches and canine drinking fountains. The Market Square Park dog runs were officially dedicated on May 21, 2011 in memory of Houstonian, Holly Anawaty. Market Square Park is maintained by the Houston Downtown Management District.

Maxey Park 601 Maxey Road

This was the second official dog park in the Houston Parks and Recreation system. Dedicated in September of 2004, this community park designated approximately 12 to 13 acres of parkland as a place for dogs. The area features a fenced-in space for the dogs to exercise off leash, and amenities include doggie drinking fountains, separate areas for large and small dogs, a doggie shower, a waste disposal station, and benches throughout the space. Maxey Park Bark and Run Park was funded in part by the Houston Parks and Recreation Department and revenue generated from from the 2003 City of Houston Birthday Celebration.

Tanglewood Park 5801 Woodway

This park was built through contributions from individuals and foundations, and is part of a larger park renovation that includes a new .2-mile concrete walkway and a beautiful gazebo, which was paid for through \$23, 524.75 in city funds. Its Grand Opening took place Sunday, February 14, 2010.

T.C. Jester Park 4201 West T.C. Jester Blvd.

This site boasts a 31,000-square foot run for big dogs and a 16,000-square foot run for small dogs, for a total enclosure of 1.08 acres. It opened to the public in August 2009. There are benches and dog drinking fountains in both sections.

West Webster Park 1502 West Webster

Renovated in 2009 and the park was opened to the public on September 19, 2009. It includes a 5,000-square foot dog run. Amenities for dogs & their people at West Webster Park include a drinking fountain and dog wash area. Renovation was funded through the Fourth Ward Redevelopment Authority, TIRZ 4.

FITNESS CENTERS

HPARD’s six Fitness Centers are equipped with state of the art fitness equipment and are open year round. Workout times and fees vary by community center. All centers are close in and are reasonably priced. Contact individual fitness centers for more detailed information.

Memorial Park Fitness Center

Work out and get fit right in the middle of Memorial Park! The Memorial Park Fitness Center is equipped with weights and cardiovascular equipment.

In addition, an Olympic size outdoor swimming pool is open during the summer and into the fall for lap swimming based on temperature. Showers and lockers are also available for fitness center guests.

Prices subject to change after Dec. 31, 2018.

Ages:	18 - Older *
Program Dates:	Year Round
Hours:	6:00 am – 8:00 pm, M - F
	8:00 am – 4:00 pm, Sat
	8:00 am – 12:00 pm, Sun
Location:	Memorial Park (KM 492K)
	6402 Arnot, 77007
Information:	(832) 395-7596

Fee Schedule	
Monthly membership	\$22.80
Daily membership	\$ 1.99
Shower rental	\$ 0.85
Towel rental	\$ 0.56
Locker Rental	\$0.56
Lap Pool Swimming	\$1.00

Minors (anyone 14 - 17 years old and younger) **MUST BE accompanied by an adult or guardian.*

Effective January 1, 2018, Early Morning Workout Membership payments (by credit card only) can be made online through

<https://apm.activecommunities.com/houstonparks/Home>; refunds for cancellations will be returned to credit card on file, minus a 5% ActiveNet Administration fee.

Please print and bring your membership card and/or receipt to each daily visit.

Judson Robinson, Jr. Fitness Center

The Judson Robinson, Jr. Fitness Center is located inside of Hermann Park. The center is equipped with weights and cardiovascular equipment for your fitness needs. The center is open year- round.

In addition to the Fitness Center, J Robinson, Jr offers basketball, racquetball and a number of other fitness activities. Contact J Robinson Jr Community Center for more information.

Note: The weight room is closed Mon-Thurs from 3:00 pm - 3:30 pm for cleaning

Ages:	18 - Older *
Program Dates:	Year Round
Early Morning Workout:	6:00 am - 9:00 am, M - F
Fitness Center Hours:	10:00 am - 8:00 pm, M - Th
	10:00 am - 7:00 pm, F
	10:00 am - 1:30 pm, Sat
Raquetball Court Hours:	9:00 am - 7:30 pm, M - F
	10:00 am - 1:30 pm, Sat
Location:	J Robinson, Jr., (KM 533B)
	2020 Hermann Dr, 77004
Information:	(832) 395-7626

Fee Schedule	
Early Morning Workout:	\$23.34/ month
Raquetball Court Rental:	\$3.61 Per Hour / \$1.80 per Half Hour

Emancipation Park Fitness Center

Work out in one of Houston's newest fitness facilities! The Fitness Center at Emancipation Park is located in a brand new building in this historic park, and it has been equipped with new, state of the art equipment!

Ages:	18 - Older *
Fee:	No membership fees
Program Dates:	Year round
Open Weights:	9:00 am - 6:00 pm, Mon
Ladies Night:	6:00 pm - 9:00 pm, Mon
Open Weights:	9:00 am - 6:00 pm, Tues
Teen Night:	6:00 pm - 7:30 pm, Tues
Open Weights:	7:30 pm - 9:00 pm, Tues
Open Weights:	9:00 am - 9:00 pm, Wed & Thurs
Open Weights:	9:00 am - 8:00 pm, Fri
Open Weights:	10:00 am - 2:00 pm, Sat
Location:	Emancipation Park (KM 493U)
	3018 Emancipation Ave, 77004
Information:	(832) 395-7400

**** All fitness centers must Have Valid I.D. 18 & up. Closed from 2:00 pm - 3:00 pm for cleaning.**



MacGregor Park Fitness Center



Fonde Fitness Center

The Fonde Recreation Center, home to some of basketball's greatest players, is also a great place to get fit!

Conveniently located near downtown off of Memorial Drive and Sabine Street, Fonde offers lunch-time fitness opportunities.

Fonde features a state-of-the-art weight room, showers and lockers as well as a full-court gym and aerobics room all FREE to help you meet your fitness goals.

Ages:	18 - Older *
Program Dates:	Year Round
Hours:	9:00 am - 7:00 pm, M- F 1:00 pm – 7:00 pm, Sat
Location:	Fonde (KM 493K) 110 Sabine, 77007
Information:	(713) 226-4466

MacGregor Fitness Center

The MacGregor Park Fitness Center is located inside MacGregor Park. The facility is equipped with full-service weight room equipment.

Showers and lockers are available next door at the Homer Ford Tennis Center for a \$.75 fee each.

A covered, full-court basketball pavilion and a 1.25 mile jogging trail are conveniently located near the center.

Ages:	18 - Older *
Fee:	No membership fees
Days:	Year Round
Hours:	7:00 am - 7:00 pm. M-F 1:30 pm - 2:30 pm. M-F Closed 10:00 am - 2:00 pm S
Location:	MacGregor (KM 534K) 5225 Calhoun, 77021
Information:	(713) 747-8650

Hackberry Fitness Center

The Hackberry Fitness Center is the newest HPARD fitness center. It is equipped with weights and cardiovascular equipment for your fitness needs.

The center is open year round. Contact the Hackberry Park Community Center for more information.

Ages:	18 - Older *
Fee:	No membership fees
Program Dates:	Year Round
Hours:	10:00 am - 7:00 pm, M - F 10:00 am -2:00 pm, Sat
Location:	Hackberry (KM 528M) 7777 S Dairy Ashford, 77072
Information:	(832) 395-7616

* Minors (anyone 14 -17 years old and younger) MUST BE accompanied by an adult or guardian.

COMMUNITY CENTER WEIGHT ROOMS

In addition to HPARD’s Fitness Centers, many community centers offer weight-training facilities and many feature indoor gyms. Hours of operation vary by location and season, so call the community center nearest you for information.

Please note: Showers and lockers ARE NOT AVAILABLE at these centers. All guests must present valid picture ID.

NORTHEAST					
Finnigan (KM 494H)	M-Th	8:00 am - 7:00 pm	4900 Providence, 77020	(713) 678-7385	
Finnigan (KM 494H)	F	8:00 am - 6:00 pm	4900 Providence, 77020	(713) 678-7385	
Moody (KM 453Y)	M - F (Open)	1:00 pm - 9:00 pm	3725 Fulton, 77009	(832) 395-7645	
Moody (KM 453Y)	M, T & Th (Ladies)	9:00 am - 11:00 am	3725 Fulton, 77009	(832) 395-7645	
Moody (KM 453Y)	M - F (Seniors 55+)	11:00 am - 1:00 pm	3725 Fulton, 77009	(832) 395-7645	
Moody (KM 453Y)	W (Co-Ed)	9:00 am - 11:00 am	3725 Fulton, 77009	(832) 395-7645	
Shady Lane (KM 414W)	M - F (Open)	4:00 pm - 7:00 pm	10220 Shady Lane, 77093	(713) 742-1503	
Shady Lane (KM 414W)	M - F (Ladies)	8:00 am - 9:30 am	10220 Shady Lane, 77093	(713) 742-1503	
NORTHWEST					
Highland (KM 451D)	M-Th	6:00 pm - 8:00 pm	3316 DeSoto, 77091	(713) 956-9137	
Highland (KM 451D)	F	6:00 pm - 7:00 pm	3316 DeSoto, 77091	(713) 956-9137	
Lincoln (KM 412Q)	M-Th	8:00 am - 8:00 pm	979 Greshaw, 77088	(281) 445-1617	
Love (KM 452Z)	M - TH	2:00 pm - 8:00 pm	1000 West 12th, 77008	(713) 867-0497	
Love (KM 452Z)	F	2:00 pm - 7:00 pm	1000 West 12th, 77008	(713) 867-0497	
Love (KM 452Z)	S	10:00 am - 2:00 pm	1000 West 12th, 77008	(713) 867-0497	
SOUTHEAST					
Crestmont (KM 572J)	M - F	5:30 pm - 8:00 pm	5200 Selinsky, 77048	(713) 733-2236	
Crestmont (KM 572J)	S	10:00 am - 2:00 pm	5200 Selinsky, 77048	(713) 733-2236	
Hartman (KM 535C)	M - Th	5:30 pm - 9:00 pm	9311 E. Ave. P, 77012	(713) 928-4803	
Hartman (KM 535C)	F	5:30 pm - 8:00 pm	9311 E. Ave. P, 77012	(713) 928-4803	
Mason (KM 535A)	M - F	11:00 am - 2:30 pm	541 South 75th, 77023	(713) 928-7055	
Mason (KM 535A)	M - F	5:00 pm - 8:00 pm	541 South 75th, 77023	(713) 928-7055	
SOUTHWEST					
Alief (KM 529E)	M - Th	1:00 pm - 9:00 pm	11903 Bellaire, 77072	(281) 564-8130	
Alief (KM 529E)	F	1:00 pm - 8:00 pm	11903 Bellaire, 77072	(281) 564-8130	
Alief (KM 529E)	S	10:00 am - 2:00 pm	11903 Bellaire, 77072	(281) 564-8130	
Emancipation (KM 493Y)	M - F (Closed for cleaning)	9:00 am - 9:00 pm 4:00 pm - 5:00 pm	3018 Emancipation Ave, 77004	(832) 395-7400	
Emancipation (KM 493Y)	S	10:00 am - 2:00 pm	3018 Emancipation Ave, 77004	(832) 395-7400	
Hackberry (KM 528M)	M - F	10:00 am - 8:00 pm	7777 S. Dairy Ashford, 77072	(832) 395-7626	
Hackberry (KM 528M)	S	10:00 am - 2:00 pm	7777 S. Dairy Ashford, 77072	(832) 395-7626	
Marian (KM 530X)	M - Th	1:00 pm - 8:30 pm	11101 South Gessner, 77071	(713) 773-7015	
Marian (KM 530X)	F	1:00 pm - 7:30 pm	11101 South Gessner, 77071	(713) 773-7015	
Marian (KM 530X)	S	10:00 am - 2:00 pm	11101 South Gessner, 77071	(713) 773-7015	

ADULT BASKETBALL FREEPLAY

Sign up today to play one of the most popular and widely viewed sports in the world Basketball! There are a variety of basketball courts and games available for you to choose from. Check with individual community centers for more information.

NORTHEAST

Judson Robinson, Sr (KM 495L)	Freeplay BB	M & W	6:00 pm - 8:30 pm	1422 Ledwicke, 77029	(832) 395-7320
Melrose (KM 413T)	Freeplay BB	M & W	7:00 pm - 9:00 pm	1001 Canino, 77076	(281) 447-0514
Melrose (KM 413T)	Freeplay VB	T	7:00 pm - 9:00 pm	1001 Canino, 77076	(281) 447-0514
Melrose (KM 413T)	Freeplay BB	S	10:00 am - 2:00 pm	1001 Canino, 77076	(281) 447-0514
Melrose (KM 413T)	Freeplay VB	Th	6:00 pm - 9:00 pm	1001 Canino, 77076	(281) 447-0514
Melrose (KM 413T)	Freeplay VB	F	6:00 pm - 8:00 pm	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	Freeplay BB	F	6:00 pm - 8:00 pm	3725 Fulton, 77009	(832) 395-7645
Moody (KM 453Y)	Freeplay BB	S	10:00 am - 2:00 pm	3725 Fulton, 77009	(832) 395-7645
Moody (KM 453Y)	Volleyball	T & Th	7:00 pm - 9:00 pm	3725 Fulton, 77009	(832) 395-7645
Selena Q Perez at Denver Harbor (KM 494H)	Freeplay BB	M&W	6:30 pm - 9:00 pm	6402 Market, 77020	(832) 395-7640
Selena Q Perez at Denver Harbor (KM 494H)	Freeplay BB	F	6:30 pm - 8:00 pm	6402 Market, 77020	(832) 395-7640
Tidwell (KM 454D)	Freeplay BB	M, W, F	1:00 pm - 3:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Freeplay BB	F	6:00 pm - 8:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Freeplay BB	S	10:00 am - 2:00 pm	9720 Spaulding, 77016	(713) 636-8221

NORTHWEST

Candlelight (KM 452E)	Freeplay BB	T - Th	6:00 pm - 9:00 pm	1520 Candlelight, 77018	(713) 682-3587
Candlelight (KM 452E)	Freeplay BB	F	6:00 pm - 8:00 pm	1520 Candlelight, 77018	(713) 682-3587
Candlelight (KM 452E)	Freeplay BB	S	10:00 am - 2:00 pm	1520 Candlelight, 77018	(713) 682-3587
Fonde (KM 493K)	Full Court BB	S	1:00 pm - 4:00 pm	110 Sabine, 77007	(713) 226-4466
Fonde (KM 493K)	3 on 3 Basketball	Th	6:30 pm - 8:30 pm	110 Sabine, 77007	(713) 226-4466
Fonde (KM 493K)	3 on 3 Basketball	S	1:00 pm - 6:30 pm	110 Sabine, 77007	(713) 226-4466
Fonde (KM 493K)	Volleyball	T	6:30 pm - 8:30 pm	110 Sabine, 77007	(713) 226-4466
Fonde (KM 493K)	Badminton	F	6:30 pm - 8:30 pm	110 Sabine, 77007	(713) 226-4466
Freed (KM 451Y)	Freeplay BB	W	6:30 pm - 9:00 pm	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM 451Y)	Freeplay BB	F	1:00 pm - 4:00 pm	6818 Shady Villa, 77055	(832) 395-7611
Judson Robinson, Jr (KM 533B)	Freeplay BB	M - Th	10:00 am - 2:00 pm	2020 Hermann Dr., 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Freeplay BB	M - Th	6:00 pm - 9:00 pm	2020 Hermann Dr., 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Freeplay BB	T	6:00 pm - 8:00 pm	2020 Hermann Dr., 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Freeplay BB	S	10:00 am - 2:00 pm	2020 Hermann Dr., 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Freeplay BB (Women)	W	6:00 pm - 8:00 pm	2020 Hermann Dr., 77004	(832) 395-7626
Kendall (KM 488C)	Freeplay BB	F	6:00 pm - 8:00 pm	609 N. Eldridge, 77009	(832) 393-1893
Lincoln (KM 412Q)	Freeplay BB	M,W, & F	12:00 pm - 3:00 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Freeplay BB	M & W	6:00 pm - 8:00 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Freeplay BB	T & Th	7:00 pm - 8:00 pm	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	Freeplay BB	Th	6:00 pm - 9:00 pm	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	Freeplay BB	S	10:00 am - 2:00 pm	1000 West 12th, 77008	(713) 867-0497
Stude (KM 493E)	Freeplay BB	M, T & Th	7:15 pm - 8:50 pm	1031 Stude, 77007	(713) 867-0491
Woodland (KM 493C)	Freeplay BB	M - Th	6:00 pm - 9:00 pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Freeplay BB	S	10:00 am - 2:00 pm	212 Parkview, 77009	(713) 867-0401



Fonde Rec Center - Basketball Game

Adult Basketball Freeplay (continued)

SOUTHEAST						
Hartman (KM 535C)	Freeplay BB	M - F	6:00 pm - 8:00 pm	9311 Ave P, 77012	(713) 928-4803	
Hartman (KM 535C)	Freeplay BB	S	10:00 am - 2:00 pm	9311 Ave P, 77012	(713) 928-4803	
Mason (KM 535A)	Freeplay BB	M - W	7:00 pm - 8:00 pm	541 South 75th St, 77023	(713) 928-7055	
Mason (KM 535A)	Freeplay BB	S	10:00 am - 2:00 pm	541 South 75th St, 77023	(713) 928-7055	
Sagemont (KM 576Y)	Freeplay BB	S	10:00 am - 2:00 pm	11507 Hughes Rd, 77089	(281) 922-2343	
Sagemont (KM 576Y)	Freeplay BB	T	6:00 pm - 9:00 pm	11507 Hughes Rd, 77089	(281) 922-2343	
Sagemont (KM 576Y)	Teen BB	W, F	6:00 pm - 9:00 pm	11507 Hughes Rd, 77089	(281) 922-2343	
Sagemont (KM 576Y)	Ladies Volleyball	Th	6:00 pm - 9:00 pm	11507 Hughes Rd, 77089	(281) 922-2343	
SOUTHWEST						
Alief (KM 529E)	Freeplay BB	M, W	6:00 pm - 9:00 pm	11903 Bellaire, 77072	(281) 564-8130	
Alief (KM 529E)	Freeplay BB	S	10:00 am - 2:00 pm	11903 Bellaire, 77072	(281) 564-8130	
Burnett Bayland (KM 531B)	Freeplay BB	T - F	6:00 pm - 9:00 pm	6200 Chimney Rock, 77081	(713) 668-4516	
Burnett Bayland (KM 531B)	Freeplay BB	S	10:00 am - 2:00 pm	6200 Chimney Rock, 77081	(713) 668-4516	
Emancipation (KM 493Y)	Freeplay BB	M, W	6:00 pm - 9:00 pm	3018 Emancipation Ave, 77004	(832) 395-7400	
Emancipation (KM 493Y)	Freeplay BB	F	6:00 pm - 8:00 pm	3018 Emancipation Ave, 77004	(832) 395-7400	
Emancipation (KM 493Y)	Freeplay BB	S	10:00 am - 2:00 pm	3018 Emancipation Ave, 77004	(832) 395-7400	
Marian (KM 530X)	Freeplay BB	M - F	6:00 pm - 9:00 pm	11101 South Gessner, 77071	(713) 773-7015	
Marian (KM 530X)	Freeplay BB	T & Th	6:00 pm - 9:00 pm	11101 South Gessner, 77071	(713) 773-7015	
Marian (KM 530X) **	CMGSBBLFY	S	10:00 am - 2:00 pm	11101 South Gessner, 77071	(713) 773-7015	
Sunnyside (KM 533X)	Freeplay BB	M, W	6:30 pm - 9:00 pm	3502 Bellfort, 77051	(832) 395-7586	
Sunnyside (KM 533X)	Freeplay BB	S	10:00 am - 2:00 pm	3502 Bellfort, 77051	(832) 395-7586	
Townwood (KM 572P)	Freeplay BB	M - Th	6:00 pm - 9:00 pm	3403 Simsbrook, 77045	(832) 395-7561	
Townwood (KM 572P)	Freeplay BB	S	10:00 am - 2:00 spm	3403 Simsbrook, 77045	(832) 395-7561	
Townwood (KM 572P)	Freeplay BB	F	6:00 pm - 8:30 pm	3403 Simsbrook, 77045	(832) 395-7561	

** Council Member Green's Summer Basketball League for Youth

SATURDAY OPEN GYM

Enjoy open basketball, volleyball or badminton at HPARD gymnasiums. Call Community Center for information.

Ages:	All ages
Registration:	Not Required
Fees:	FREE
Program Dates:	Year-round every Saturday
Times:	10:00 am - 2:00 pm
Location:	See List Below
Information:	Contact Community Center

NORTHEAST		
Selena Q Perez at Denver Harbor (KM 494H)	6402 Market, 77020	(832) 395-7640
Judson Robinson, Sr (KM495L)	1422 Ledwicke, 77029	(832) 395-7320
Melrose (KM 413T)	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	3725 Fulton, 77009	(832) 395-7645
Tidwell (KM 454D)	9720 Spaulding, 77016	(713) 636-8221
NORTHWEST		
Candlelight (KM 450A)	1520 Candlelight, 77018	(713) 682-3587
Fonde (KM 493K) *	110 Sabine, 77007	(713) 226-4466
Freed (KM 451Y)	6818 Shady Villa, 77055	(832) 395-7611
Love (KM 452Z)	1000 West 12th, 77008	(713) 867-0497
Judson Robinson Jr. (KM 533B)	2020 Hermann Dr., 77004	(832) 395-7626
Stude (KM 493E)	1031 Stude, 77007	(713) 867-0496
Woodland (KM 493C)	212 Parkview, 77009	(713) 867-0401

SOUTHEAST		
Hartman (KM 535C)	9311 E. Ave. P, 77012	(713) 928-4803
Mason (KM 535A)	541 S. 75th, 77023	(713) 928-7055
Sagemont (KM 576Y)	11507 Hughes, 77089	(281) 922-2343
SOUTHWEST		
Alief (KM 529E)	11903 Bellaire, 77072	(281) 564-8130
Burnett Bayland (KM 531B)	6200 Chimney Rock, 77081	(713) 668-4516
Emancipation (KM 493Y)	3018 Emancipation Ave, 77004	(832) 395-7400
Marian (KM 530X) **	11101 S. Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	3502 Bellfort, 77051	(832) 395-7586
Townwood (KM 572P)	3403 Simsbrook, 77045	(832) 395-7561

* Gym open on Saturdays from 1:00 pm - 7:00 pm.



AEROBICS CLASSES

The Houston Parks and Recreation Department offers a variety of fitness opportunities to help keep Houstonians fit. We offer more than 100 miles of walking/jogging trails in and around our parks. In addition, there are exercise workstations located along some of our trails as well as indoor and outdoor basketball courts, outdoor tennis court, swimming pools, disc golf courses, golf courses and community center fitness programs designed to meet the needs of all Houstonians. So if you're looking for a fun way to get fit check out HPARD's many offerings and workout at a park near you!

Adult Step Aerobics

Burn off those unwanted pounds in step aerobics classes for adults. Step classes are available for all levels. Classes range from medium intensity cardio workouts focusing on simple step routines to highly choreographed step routines for the advanced stepper, frequent exerciser, or experienced dancer. Check with the individual community center for more information. All classes are FREE unless otherwise noted.

Ages: 18 - Older
Registration: Ongoing
Program Dates: Year round
Times: Varies by Community Center
Information: Contact Community Center



NORTHWEST

Fonde (KM 493K) *	M - Th	12:00 pm - 1:00 pm	110 Sabine, 77007	(713) 226-4466
Fonde (KM 493K) *	T & Th	6:00 pm - 7:00 pm	110 Sabine, 77007	(713) 226-4466
Freed (KM451Y)	M - Th	5:30 pm - 6:30 pm	6818 Shady Villa, 77055	(832) 395-7611
Judson Robinson, Jr. (KM 533B) *	M & W	6:00 pm - 7:00 pm	2020 Hermann Dr., 77004	(832) 395-7626

SOUTHEAST

Edgewood (KM 534X)	M - Th	6:00 pm - 7:00 pm	5803 Bellfort, 77033	(713) 734-8434
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SOUTHWEST

Lansdale (KM 530K)	M & W	6:00 pm - 7:00 pm	8201 Roos, 77036	(713) 272-3668
Sunnyside (KM 533X)	T & Th	5:30 pm - 6:30 pm	3502 Bellfort, 77051	(832) 395-7586
Townwood (KM 572P)	M, T & Th	6:00 pm - 7:00 pm	3403 Simsbrook, 77045	(832) 395-7565
Windsor Village (KM 571P)	M - Th	6:00 pm - 7:00 pm	14441 Croquet, 77085	(713) 726-7113

* Concessionaire Class - Call Community Center For Cost Information.

ADULT AEROBICS

Grapevine-step your way into a great cardio workout with adult aerobic classes. Classes are offered during the week at lunchtime and in the evenings. Call the community center nearest you for more information. All classes are FREE unless otherwise noted.



Ages:	18 - Older
Registration:	Ongoing
Program Dates:	Year round
Information:	Contact Community Center

NORTHEAST				
Melrose (KM 413T)	M - F	6:00 pm - 7:00 pm	1001 Canino, 77076	(281) 447-0514
NORTHWEST				
Freed (KM 451Y)	M - Th	5:30 pm - 6:30 pm	6818 Shady Villa, 77055	(832) 395-7611
Judson Robinson, Jr. (KM 533B) *	M & W	6:00 pm - 7:00 pm	2020 Hermann Dr., 77004	(832) 395-7626
Lincoln City (KM 412Q)	T & Th	6:00 pm - 7:00 pm	979 Grenshaw, 77088	(281) 445-1617
SOUTHEAST				
Garden Villas (KM 535W)	M, T, & Th	6:00 pm - 7:00 pm	6720 S. Haywood, 77061	(713) 847-5168
SOUTHWEST				
Emancipation (KM 493Y)	T	6:30 pm - 7:30 pm	3018 Emancipation Ave, 77004	(832) 395-7400
Hackberry (KM 528M)	T & Th	6:00 pm - 7:00 pm	7777 S. Dairy Ashford, 77072	(832) 395-7616
Marian (KM 530X)	M – Th	6:00 pm - 7:00 pm	11101 South Gessner, 77071	(713) 773-7015
Platou (KM 571B)	T & Th	6:00 pm - 7:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Sunnyside (KM 533X)	M – Th	5:30 pm - 6:30 pm	3502 Bellfort, 77051	(832) 395-7568
Windsor Village (KM 571 P)	M – Th	6:00 pm - 7:00 pm	14441 Croquet, 77085	(713) 726-7112

ADULT AEROBICS MUSCLE TONING



This class focuses on increasing strength and improving muscle tone, which will help you burn calories even while you're not working out! The class uses weights, bands, bars and the step. Check with individual community center for more information. All classes are FREE unless otherwise noted.

Ages:	18 - Older
Registration:	Ongoing
Program Dates:	Year round
Information:	Contact Community Center

FITNESS CLASSES

Houston let's get moving! Join a fitness class at your local community center. Classes are for ages 18 and older activities include: weight training, aerobics and circuit training. Types of classes vary. Contact your local center for more information.

Ages:	18 - Older
Registration:	Ongoing
Program Dates:	Year round
Times:	Varies by Community Center
Information:	Contact Community Center

NORTHEAST

Hobart Taylor	Walking Club	M - F	8:00 am - 10:00 am	8100 Kenton, 77028	(832) 395-7621
Judson Robinson, Sr (KM495L)	Senior Walking & Exercise Club	T & Th	10:00 am - 12:00 pm	1422 Ledwicke, 77029	(832) 395-7320
Judson Robinson, Sr (KM495L)	Adult Fitness	T	6:00 pm - 8:30 pm	1422 Ledwicke, 77029	(832) 395-7320
Judson Robinson, Sr (KM495L)	Senior Basketball	Th	6:00 pm - 8:30 pm	1422 Ledwicke, 77029	(832) 395-7320
Hobart Taylor	Line Dance	M	10:00 am - 11:00 am	8100 Kenton, 77028	(832) 395-7621
Kingwood (KM296X)	Line Dance (Intro)	T & Th	2:00 pm - 3:15 pm	4102 Rustic Woods Dr., 77345	(281) 348-2570
Moody (KM 453Y)	Zumba	T - F	8:00 am - 9:00 am	3725 Fulton, 77009	(832) 395-7645
Moody (KM 453Y)	Zumba	M & W	6:30 pm - 7:30 pm	3725 Fulton, 77009	(832) 395-7645
Moody (KM 453Y)	Boot Camp	T & Th	6:15 pm - 6:45 pm	3725 Fulton, 77009	(832) 395-7645
Moody (KM 453Y)	Aztec Dance	M & W	7:45 pm - 8:45 pm	3725 Fulton, 77009	(713) 692-9625
Moody (KM 453Y)	Volleyball	T	6:30 pm - 9:00 pm	3725 Fulton, 77009	(713) 692-9625
Shady Lane (KM 414W)	Zumba	M - F	8:00 am - 9:00 am	10220 Shady Lane, 77093	(713) 742-1503
Tidwell (KM 454D)	* Walking Club	M, W, F	10:00 am - 11:00 am	3200 Russell, 77026	(713) 674-2355
Tidwell (KM 454D)	* Walking Club	M, W	6:00 pm - 7:00 pm	3200 Russell, 77026	(713) 674-2355
Shady Lane (KM 414W)	Zumba	M - Th	6:00 pm - 7:00 pm	10220 Shady Lane, 77093	(713) 742-1503
Tuffly (KM 454X)	Circuit Training	M & W	6:00 pm - 7:00 pm	3200 Russell, 77026	(713) 674-2355

NORTHWEST

Freed (KM 451Y) *	Karate	S	9:00 am - 12:00 pm	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM 451Y)	Zumba	M - S	9:00 am - 10:00 am	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM 451Y)	Yoga	T	5:30 pm - 6:30 pm	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM 451Y)	Line Dancing	T	11:00 am - 12:30 pm	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM 451Y)	Senior Fitness	M	10:00 am - 11:00 am	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM 451Y)	Senior Pickleball	M	1:00 pm - 3:00 pm	6818 Shady Villa, 77055	(832) 395-7611
Love (KM452Z)	Circuit Training	M	6:00 pm - 7:00 pm	1000 W 12th, 77008	(713) 867-0497
Judson Robinson, Jr. (KM 533B)	Beginning Line Dance	M	7:30 pm - 7:30 pm	2020 Hermann Drive, 77004	(832) 395-7626
Judson Robinson, Jr. (KM 533B)	Karate (Youth)	M & W	6:00 pm - 6:50 pm	2020 Hermann Drive, 77004	(832) 395-7626
Judson Robinson, Jr. (KM 533B)	Karate (Adult)	M - Th	7:00 pm - 8:00 pm	2020 Hermann Drive, 77004	(832) 395-7626
Judson Robinson, Jr. (KM 533B)	Dance Program Concessaire	Sat	10:30 am - 12:30 pm	2020 Hermann Drive, 77004	(832) 395-7626
Judson Robinson, Jr. (KM 533B)	Circuit Training	T & Th	9:00 am - 10:00 am	2020 Hermann Drive, 77004	(832) 395-7626
Judson Robinson, Jr. (KM 533B)	Circuit Training	S	11:00 am - 6:30 pm	2020 Hermann Drive, 77004	(832) 395-7626
Judson Robinson, Jr. (KM 533B)	Circuit Training	Th	5:30 pm - 11:00 am	2020 Hermann Drive, 77004	(832) 395-7626
Judson Robinson, Jr. (KM 533B)	Line Dance	W	10:00 am - 8:30 pm	2020 Hermann Drive, 77004	(832) 395-7626
Judson Robinson, Jr. (KM 533B)	Salsa	T	7:30 pm - 8:30 pm	2020 Hermann Drive, 77004	(832) 395-7626
Judson Robinson, Jr. (KM 533B)	Walking Class	M, W & F	8:00 am - 10:00 am	2020 Hermann Drive, 77004	(832) 395-7626
Judson Robinson, Jr. (KM 533B)	Adult Aerobics	T - Th	9:00 am - 10:00 am	2020 Hermann Drive, 77004	(832) 395-7626
Judson Robinson, Jr. (KM 533B)	Adult Pickleball Advanced	F	10:00 am - 6:30 pm	2020 Hermann Drive, 77004	(832) 395-7626

NORTHWEST - Continued

Judson Robinson, Jr. (KM 533B)	Adult Pickleball Beginner	F	5:30 pm - 8:00 pm	2020 Hermann Drive, 77004	(832) 395-7626
Lincoln (KM 412Q)	Swing Out	M	6:00 pm - 8:00 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Senior Fitness	T	9:30 am - 10:30 am	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Adult Fitness	T & Th	6:00 pm - 7:00 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Yoga	W & F	9:30 am - 10:30 am	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Zumba	Th	9:30 am - 10:30 am	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	Volleyball	T	6:30 pm - 8:30 pm	1000 W 12th Street, 77008	(713) 867-0497
Stude (KM493E)	Karate	M&W	7:00 pm - 8:30 pm	1031 Stude, 77007	(713) 867-0496
Stude (KM493E)	Martial Art	F	6:30 pm - 8:00 pm	1031 Stude, 77007	(713) 867-0496
Stude (KM493E)	Step Aerobics	T-Th	6:15 pm - 7:15 pm	1031 Stude, 77007	(713) 867-0496
Stude (KM493E)	Zumba	M	5:45 pm - 7:00 pm	1031 Stude, 77007	(713) 867-0496



SOUTHEAST					
Beverly Hills (KM 576S)	Fitness	M	6:30 pm - 7:30 pm	10201 Kingspoint, 77075	(713) 948-9065
Beverly Hills (KM 576S)	Fitness	F	6:00 pm - 7:00 pm	10201 Kingspoint, 77075	(713) 948-9065
Charlton (KM535P)	Self-Fit	M - F	8:30 am - 10:30 am	8200 Park Place, 77017	(713) 645-3589
Crestmont (KM 574J)	Mommy Fitness	M, W & Th	6:30 pm - 7:30 pm	5200 Selinsky, 77048	(713) 733-2236
Garden Villas (KM 535W)	Adult Fitness	M, T, & Th	6:00 pm - 7:00 pm	6720 S. Haywood, 77061	(713) 948-9065
Garden Villas (KM 535W)	Adult Fitness	F	6:00 pm - 7:00 pm	6720 S. Haywood, 77061	(713) 948-9065
Ingrando (KM 535F)	Senior Aerobics	M	9:00 am - 10:00 am	7302 Keller, 77012	(713) 643-4764
Ingrando (KM 535F)	Fitness	T - Th	6:30 pm - 7:30 pm	7302 Keller, 77012	(713) 643-4764
Mason (KM535A)	Zumba	M & W	6:00 pm - 7:00 pm	541 South 75th, 77023	(713) 928-7055
Meadowcreek (KM 536S)	Adult Fitness	M, W, & F	6:00 pm - 7:30 pm	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 536S)	Line Dance	T	9:00 am - 10:00 am	5333 Berry Creek, 77017	(713) 946-9020
Sagemont (KM 576Y)	Ping Pong	M, T, W, F	6:00 pm - 8:00 pm	11507 Hughes Road, 77089	(281) 922-2343
Sagemont (KM 576Y)	Senior Fitness	T & Th	1:00 pm - 2:00 pm	11507 Hughes Road, 77089	(281) 922-2343
Sagemont (KM 576Y)	Boot Camp	M & W	6:15 pm - 7:15 pm	11507 Hughes Road, 77089	(281) 922-2343
Sagemont (KM 576Y)	Adult Fitness	M & W	6:30 pm - 7:30 pm	11507 Hughes Road, 77089	(281) 922-2343
Sagemont (KM 576Y)	Adult Fitness	F	6:30 pm - 8:00 pm	11507 Hughes Road, 77089	(281) 922-2343
Sagemont (KM 576Y)	Badminton	M	6:00 pm - 8:00 pm	11507 Hughes Road, 77089	(281) 922-2343





SOUTHWEST					
Alief (KM 529E)	Senior Aerobics	M, W, F	10:00 am - 11:00 am	11903 Bellaire, 77072	(281) 564-8130
Almeda (KM 572Y)	Walking Club	T & Th	6:00 pm - 7:00 pm	14201 Almeda School Rd., 77047	(713) 434-1909
Cherryhurst (KM 492V)	Karate	M & W	6:00 pm - 9:00 pm	1700 Missouri, 77006	(713) 284-1992
Godwin (KM 531U)	Karate	M, T, & Th	6:00 pm - 7:00 pm	5101 Rutherglen, 77096	(713) 726-7114
Hackberry (KM 528M)	Kickboxing	M-Th	10:30 am - 11:00 am	7777 Dairy Ashford, 77072	(832) 395-7616
Hackberry (KM 528M)	Boot Camp	T - Th	10:00 am - 11:00 am	7777 Dairy Ashford, 77072	(832) 395-7616
Hackberry (KM 528M)	Tai Chi (Adult/Senior)	T - Th	10:00 am - 11:00 am	7777 Dairy Ashford, 77072	(832) 395-7616
Hackberry (KM 528M)	Zumba	M - Th	6:00 pm - 7:00 pm	7777 Dairy Ashford, 77072	(832) 395-7616
Hackberry (KM 528M)	Zumba	S	10:30 am - 11:30 am	7777 Dairy Ashford, 77072	(832) 395-7616
Hackberry (KM 528M)	Line Dance	S	10:00 am - 11:00 am	7777 Dairy Ashford, 77072	(832) 395-7616
Hackberry (KM 528M)	Fitness Club	S	12:00 pm - 1:00 pm	7777 Dairy Ashford, 77072	(832) 395-7616
Lansdale (KM 530K)	Walking Club	M & F	9:00 am - 10:00 am	8201 Roos Rd, 77036	(713) 272-3668
River Oaks (KM 492T)	Integral Tai Chi	T & Th	6:00 pm - 8:00 pm	3600 Locke Lane, 77027	(713) 622-5998
Sharpstown (KM 530F)	Tai Chi	M	5:00 pm - 7:00 pm	6600 Harbor Town, 77036	(832) 395-7605
Sharpstown (KM 530F)	Zen Tai Chu	T	5:00 pm - 7:00 pm	6600 Harbor Town, 77036	(832) 395-7605
Sharpstown (KM 530F)	Asian Health Dance	W & Th	5:00 pm - 7:00 pm	6600 Harbor Town, 77036	(832) 395-7605
Sunnyside (KM 533X)	Silver Sneakers	M & F	5:30 pm - 6:30 pm	3502 Bellfort. 77051	(832) 395-7586
Sunnyside (KM 533X)	Silver Sneakers	M, W & Th	10:00 am - 11:00 am	3502 Bellfort. 77051	(832) 395-7586
Townwood(KM 572P)	Line Dance	M	6:30 pm - 8:15 pm	3404 Simsbrook, 77045	(832) 395-7565
Townwood(KM 572P)	Adult Fitness	M, T, & Th	7:00 pm - 8:00 pm	3404 Simsbrook, 77045	(832) 395-7565
Windsor Village (KM 571P)	Adult Fitness	T & Th	6:00 pm - 7:00 pm	14441 Croquet, 77075	(713) 726-7113
Windsor Village (KM 571P)	Walking Class	T & W	9:30 am - 10:30 am	14441 Croquet, 77075	(713) 726-7113

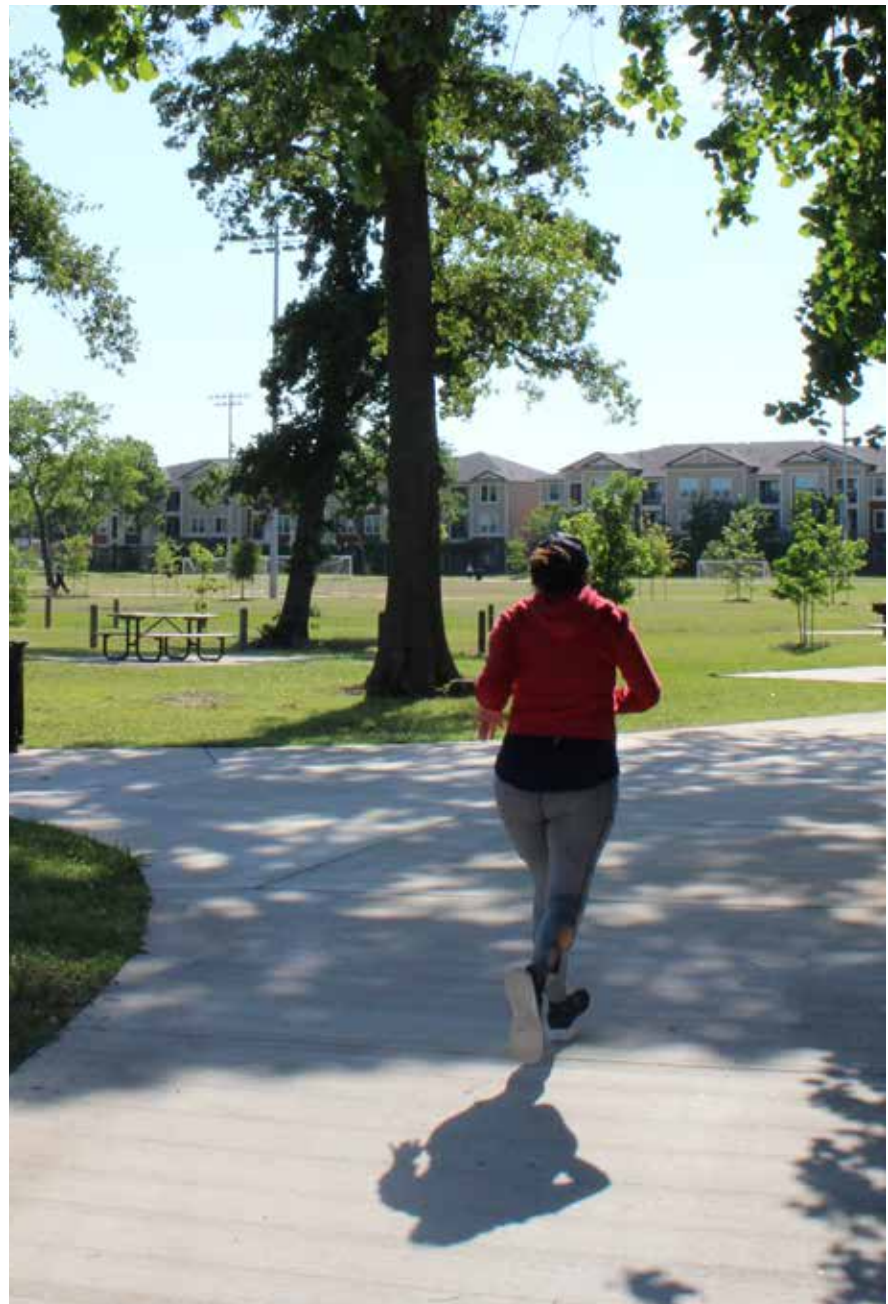
PARK TRAILS

TRAIL	LOCATION	TYPE	MILES
Alief	11903 Bellaire Blvd.	Concrete	0.53
Aron Ledet	6300 Antoine	Concrete	0.38
Autry	911 Shepherd/Allen Pkwy	Granite	0.17
Baldwin	1701 Elgin	Granite	0.32
Bell	4800 Montrose	Granite	0.17
Bendwood	12700 Kimberly	Concrete	0.49
Beverly Hills	10201 Kingspoint	Asphalt	0.53
Blueridge Park	5600 Court Road	Asphalt	0.62
Bonham	8401 Braes Acres	Concrete	0.35
Boone Road	7700 Boone Road	Asphalt	1.06
Boyce-Dorian	2000 Erastus	Asphalt	0.40
Braeburn Glen	9510 Gessner	Asphalt	0.25
Brays Bayou	Gessner to MLK Blvd	Asphalt	12.50
Brays Bayou	Lawndale to Forest Hill	Concrete	1.00
Brays Bayou	75th to Evergreen	Concrete	0.50
Brays Bayou	Elm St Park to Brays Greenway Park	Concrete	0.73
Brays Bayou	OST to Lawndale	Concrete	1.65
Brentwood	13220 Landmark	Asphalt	0.33
Briarbend	7926 Woodway	Granite	0.20
Briarmeadow	7703 Richmond	Granite	0.31
Brock	8201 John Ralston	Concrete	0.17
Buffalo Bayou	Bagby to Shepherd	Concrete	4.90
Burnett-Bayland	6300 Chimney Rock	Asphalt	0.96
Cambridge Village	13000 Nitida	Asphalt	0.50
Candlelight	1520 Candlelight	Asphalt	0.45
Canterbury	12822 Northumb	Asphalt	0.33
Carter	7000 Santa Fe	Concrete	0.08
Catherine Delce	5700 Collingsworth	Asphalt	0.21
Clark	9718 Clark	Asphalt	0.36
Cleveland	200 Jackson Hill	Concrete-Granite	0.35
Clinton	200 Mississippi	Asphalt	0.42
Cloverland	3801 Hickok Lane	Asphalt	0.25
Cole Creek	7200 Drowsy Pine	Concrete	0.35
Columbia Tap - N	Dowling to Polk	Concrete	1.07
Columbia Tap - S	Union Station To S Macgregor	Concrete	3.09
Cravens Parkway	5901 Main	Granite	0.50
Crestmont	5100 Selinsky	Asphalt	0.25
Cullen	19008 Saums	Asphalt	7.38
Cullinan (JS & LH)	6700 Long Drive	Asphalt	1.06
Dodson Lake	9010 Dodson	Asphalt-Concrete	0.50
Dow	7942 Rockhill	Asphalt	0.58
Earl Henderson	4250 Elysian	Concrete	0.21
Eastwood	5000 Harrisburg	Asphalt-Concrete	0.20
Edgewood	5803 Bellfort	Asphalt-Concrete	0.50
E L Crain	9051 Triola	Asphalt	0.50
E P Hill	4800 Gloryland	Asphalt	0.39
Ervan Chew	4502 Dunlavy	Concrete	0.21
Fonde	5500 Carrolton	Asphalt	0.32
Forest West	5915 Golden Forest	Asphalt	0.30
Forum	9900 Sugar Branch	Asphalt	0.49
Francklow	1300 Seagler Road	Asphalt	0.50
Freed	7020 Shadyvilla	Asphalt	0.35
Freeway Manor	2241 Bronson	Asphalt-Concrete	0.47

TRAIL	LOCATION	TYPE	MILES
Freshmeadow	4500 Campbell	Concrete	0.38
Gail Reeves	8800 Mullins	Concrete	0.35
Garden Villas	6720 S Haywood	Asphalt	0.49
George T Nelson	3820 Yellowstone	Asphalt	0.17
Glenbrook	8201 N Bayou Drive	Asphalt	0.51
Glenshire	12100 Riceville School	Asphalt	0.41
Godwin	5101 Rutherglen	Concrete	0.42
Grady	1700 Yorktown	Granite	0.20
Gragg Park	2999 S. Wayside	Concrete	0.50
Groveland Terrace	3921 Herald	Concrete	0.16
Gulf Palms	11901 Palm Springs	Concrete	0.41
Gutierrez (SIRO) Park	7900 Flaxman	Asphalt	0.14
Hackberry	7300 Dairy Ashford	Concrete	0.70
Haden	1404 Witte Road	Asphalt	0.32
Hager	12100 Landsdowne	Asphalt	0.51
Halls Bayou	Hirsch Rd to Bretshire & Rebel	Concrete	2.86
Harrisburg - Sunset	Drennan to Marsden	Concrete	2.00
Hartman	9311 Ave P	Asphalt	0.62
Harwin	11305 Harwin	Concrete	0.70
Haviland	11600 Haviland	Asphalt	0.28
Heights Blvd	400 to 1800 Heights Blvd	Granite	2.00
Hennessy	1900 Lyons	Concrete	0.20
Herman Brown	400 Mercury Drive	Asphalt	2.81
Herman Brown	400 Mercury Drive	Asphalt	1.60
Hermann	6001 Fannin	Concrete-Granite	2.85
Hobart Taylor	8100 Kenton	Asphalt	0.49
Houston Garden	6901 Apache	Concrete	0.39
Houston Heritage East	Studewood to Main & Girard	Concrete	0.38
Houston Heritage West	San Jacinto & Allen St. to McKee	Concrete	2.60
Hunting Bayou	Loop 610 to Lockwood	Asphalt	0.50
Hunting Bayou	US 59 to Calvalcade	Asphalt	0.50
Independence Heights	601 E 35th Street	Concrete	0.31
Ingrando	7302 Keller	Asphalt-Concrete	0.59
Jaycee	1300 Seamist	Concrete	0.50
Judson Robinson, Sr	1422 Ledwicke	Concrete	0.10
Karl Young	7800 Stella Link	Granite	0.20
Keith-Weiss	12300 Aldine-Westfield		2.12
Keegan's Bayou Trail	Gessner to Kirkwood		TBD
Kerr	4620 Arlington	Asphalt	0.17
Lake Houston Wilderness	25840 FM 1485 New Caney Tx	Natural	11.60
Lakewood	8811 Feland	Asphalt	0.14
Langwood	3975 Bolin	Asphalt	0.44
Law	6100 Vassar Road	Asphalt	0.41
Lee	9025 Pitner	Asphalt	0.26
Levy	3801 Eastside	Concrete-Granite	0.24
Linkwood	3699 Norris	Concrete	0.12
Love	1000 W 12th Street	Asphalt	0.20
MacGregor	5225 Calhoun	Granite	1.11
Mangum Manor	5235 Saxon	Asphalt	0.29
Marian	11100 S Gessner	Granite	0.25
Mason	541 75th Street	Asphalt-Concrete	1.40
Melrose Park	1000 Canino Road	Asphalt	0.25
Memorial-S. Lieberman	6501 Memorial Drive	Granite	2.90

TRAIL	LOCATION	TYPE	MILES
Memorial-Outer Loop	6501 Memorial Drive	Granite	1.50
Memorial-Timing Track	6501 Memorial Drive	Asphalt	0.25
Memorial-Arboretum	4501 Woodway	Granite	3.45
Memorial-Mountain Bike	6501 Memorial Drive	Natural	7.21
Memorial Silver Triangle	1901 Memorial Way	Concrete	0.23
Metropolitan Multi-Service Ctr	1475 West Gray	Concrete	0.33
MKT Trail	26th Street to I-45	Concrete	4.70
Montie Beach	915 Northwood	Asphalt	0.84
Moody	3725 Fulton	Asphalt-Concrete	0.94
Nellie Keyes	801 Lester	Concrete	0.12
Northline	6902 Nordling	Asphalt	0.42
Oak Meadow	500 Ahrens	Asphalt	0.25
Old Katy Hike & Bike Trail	236 N Dairy Ashford	Concrete	2.35
Park at Palm Center	5400 Griggs	Granite	0.22
Pleasantville Hike & Bike	Within Subdivision	Asphalt	1.50
Reveille	7700 Oak Vista Loop	Asphalt	0.40
River Oaks	3600 Locke Lane	Granite	0.25
Riverside	260 S Calumet/N Calumet	Concrete	0.42
R L & Cora Johnson	9801 Tanner	Asphalt	0.25
Robert C Stuart	7520 Bellfort	Asphalt	0.75
Rosewood Park	8200 Darien	Concrete	0.36
S Main Estates	12256 Zavalla	Asphalt	0.32
Scenic Woods	7449 Lakewood	Asphalt	0.34
Schnur	12227 Cullen Blvd	Asphalt	0.50
Schwartz	8203 Vogue	Asphalt	0.48
Scottcrest	10700 Rosehaven	Concrete	0.47
Selena Q Perez	6402 Market	Asphalt	0.87
Settegast	3001 Garrow	Concrete	0.40
Shady Lane	10100 Shady Lane	Asphalt	0.50
Sharpstown Green	6300 Sharpview	Paver Stones	0.09
Shepherd	4725 Brinkman	Granite	0.25
Sims Bayou	MLK to Scott	Asphalt	2.50
Sims Bayou	Townwood Park	Asphalt	0.75
Sims Bayou	S. Post Oak to Croquet	Asphalt	0.5
Songwood	548 Wetshire	Asphalt	0.33
Southcrest	5842 Southmund	Concrete	0.29
Spotts	401 Heights Blvd	Concrete	1.60
Saint Lo	7335 Saint Lo Rd	Concrete	0.18
Stewart	6700 Reed Rd	Concrete	0.30
Stoneybrook Esplanade	3000-3600 Stoneybrook	Asphalt	0.55
Stude	1031 Stude	Asphalt	0.70
Stuebner Airline	9201 Veterans Blvd	Concrete	0.50
Sunflower	5000 Sunflower	Concrete	0.16
Sunnyside	3502 Bellfort	Asphalt	0.48
Swiney	2812 Cline	Concrete	0.15
Sylvan Rodriguez	1201 Clear Lake Blvd	Concrete	1.10
Sylvester Turner	2800 West Little York	Asphalt-Concrete	1.02
TC Jester Parkway	34th to 43rd Streets	Granite	1.15
Tanglewilde	9631 Windswept	Concrete	0.16
Tanglewood	5801 Woodway	Concrete	0.20
Tidwell	9720 Spaulding	Concrete	0.30
Timbergrove Manor	1500 West TC Jester	Asphalt	0.88
Timbergrove Trail	1500 TC Jester	Asphalt	0.80
Tony Marron	808 York	Asphalt-Concrete	0.46
Townwood	3403 Simsbrook	Asphalt	0.90
Tuffly	3200 Russell	Asphalt	0.33

TRAIL	LOCATION	TYPE	MILES
Verde Forest	8800 Brock Park Blvd	Asphalt	0.17
Veterans Memorial	1800 Tidwell	Asphalt	0.36
Waldemar	11700 Waldemar	Asphalt	0.19
Weiss	100 North Post Oak Lane	Granite	0.70
West End Park	1418 Patterson	Concrete	0.13
Westside Trail	Westpark to Eldridge	Concrete	1.90
Westwood	4045 Lemac	Asphalt-Concrete	0.38
White Oak Bayou	Antoine Alabonson	Asphalt	0.56
White Oak Bayou	Watonga to Antoine	Asphalt	2.60
White Oak Bayou	W 11th to Pinemont	Asphalt	4.80
Willow	10400 Cliffwood	Granite	0.25
Willow Waterhole	5300 Gasmer	Concrete-Granite	1.17
Wilson Memorial	100 Gilpin	Asphalt-Concrete	0.28
Windsor Village	14441 Croquet	Concrete	0.31
Winzer	7300 Carver at Dolly Wright	Concrete	0.60
Woodland Park	212 Parkview	Asphalt-Concrete	0.32
Wright-Bembry Park	850 West 23rd Street	Concrete	0.16
Zollie Scales	3501 Corder	Asphalt	0.23
Lake Forest	9200 Mesa	Concrete	0.43



SUMMER FOOD SERVICE PROGRAM

Summer Food Service Program

Register today to become a Summer Food Service Site and help provide FREE lunches and snacks to area youth, ages 1-18, this summer! The Summer Food Service Program (SFSP) works to fill the meal gap that area youth experience when school cafeterias are closed for the summer.

The program is a federally funded and administered by the Texas Department of Agriculture. The Houston Parks and Recreation Department has sponsored and coordinated the program since 1980. Various organizations and groups can apply to become a Summer Food Program site and participate in the program at no cost to themselves. Participating sites have included HPARD Community Centers, churches, apartment complexes, learning centers, YMCA's and many other nonprofit organizations. Organizations must apply and qualify to become a Summer Food Service Site. The program operates on a weekday basis. Meals are prepared and delivered daily to participating sites. The meals consist of a sandwich, a fruit, juice and milk. Each year over 1.3 million meals are distributed at more than 200 participating sites throughout Houston and Harris County. The need for more sites is great and we encourage interested groups and organizations to consider becoming a Summer Food Service Site and help us feed area youth throughout the summer. This year's Summer Food Service Program will run from June 3, 2019 through August 9, 2019.

Applications must be received by March 30, 2019. Apply today to become a Summer Food Service Site and help us provide nutritious meals this summer to Houston's young people.

Note:

Application Forms are available for download at www.houstonparks.org. No billing or food preparation involved.

Registration Deadline:	March 30, 2019
Fees:	FREE
Information:	(713) 676-6832
	rummeka.allen@houstontx.gov

Summer Food Service Program

Programa de Alimentos Durante el Verano

June 3, 2019 - Aug. 9, 2019
3 de Junio del 2019 - 9 de Agosto del 2019


Friends, Fun and Free Food

Hey, Parents and Guardians!

FREE meals are available for children ages 1-18 who participate in programming at HPARD community centers. No registration is required.

In more than **200** operating sites Lunch served between 11:00 a.m. - 1:00 p.m.
Snack served between 3:00 p.m. - 4:00 p.m.

Children must consume meals on site



Amigos, Diversión y Comida Gratis

Hola, padres y Guardianes!


Alimentos **GRATIS** para niños y niñas de 1 a 18 años. No es necesario registrarse.

En más de **200** sitios operativos, el Almuerzo se sirve entre las 11:00 a.m. - 1:00 p.m.
Refrigerio se sirve entre las 3:00 p.m. - 4:00 p.m.

Los niños deben consumir los alimentos en el sitio

Information / Información (713) 676-6832

Sponsored by: Houston Parks and Recreation Department



houston PARKS & recreation department
www.houstonparks.org
A CAPRA Accredited Agency

Sponsored by Houston Parks and Recreation Department. This program is administered by the Texas Department of Agriculture Food and Nutrition Division. In accordance with federal law and USDA Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. Patrocinado por el Departamento de Parques y Recreación de Houston. El programa es administrado por el Departamento de Agricultura de Texas División de Alimentos y Nutrición. De acuerdo con la Ley Federal y los reglamentos del Departamento de Agricultura de E.U., no se permite la discriminación basada en la raza, el color de la piel, el país de origen, el sexo, la edad o la discapacidad.

SENIOR PROGRAMS

HPARD Senior Programs provide a wide variety of recreation and leisure activities for seniors, ages 55 years and older, at various community centers across the Houston area. Activities include specialty & creative crafts, fitness, walking clubs, cultural events, senior forums, field trips and special events. Other program components include: craft exhibitions, computer classes at local libraries, fashion shows, special holiday events, Sr. Olympics competition and sports programs. Most programming is FREE unless otherwise indicated. Field trips and certain programs may require a minimum fee or request that participant provide their own materials.



Ages:	55 & older
Registration:	Ongoing
Program Dates:	Ongoing
Fees:	FREE (Except for Field Trips or Special Programs)
Times:	Varies by Community Center
Information:	(832) 395-7133 (832) 395-7270

MONDAY		
Ingrando (KM 535F)	7302 Keller, 77012	(713) 643-4764
TUESDAY		
Selena Q Perez/ Denver Harbor (KM 494H)	6402 Market, 77020	(832) 395-7640
Tidwell (KM 454D)	9720 Spaulding, 77016	(713) 636-8221
WEDNESDAY		
DeZavala (KM 495S)	7521 Avenue H., 77012	(713) 923-5163
THURSDAY		
Eastwood (KM 949T)	5020 Harrisburg, 77011	(713) 928-4801



SENIOR SPECIALTY CRAFTS/ACTIVITIES

Learn and enjoy a variety of leisure type activities including: flower arranging, ceramics, quilting, painting and much more at some of your local community centers.

Ages:	50 & older
Registration:	Year - round
Fees:	FREE
Times:	Various by Community Center
Information:	(832) 395-7296 (832) 395-7270

NORTHEAST

Clinton (KM 495V)	Senior Social Club	M, W, & F	9:00 am - 12:00 pm	200 Mississippi, 77029	(713) 673-0955
Denver Harbor (KM 494H)	Senior Arts & Crafts	T	9:00 am - 1:00 pm	6402 Market, 77020	(832) 395-7640
Finnigan (KM 495H)	Crafts	M - F	9:00 am - 12:00 pm	4900 Providence, 77020	(713) 678-7385
Hobart Taylor (KM 455K)	Senior Specialty Crafts	T & Th	12:00 pm - 3:00 pm	9710 Spaulding, 77016	(713) 636-8221
Judson Robinson, Sr (KM495L)	Quilting	W	12:00 pm - 2:00 pm	1422 Ledwicke, 77029	(832) 395-7320
Shady Lane (KM 414W)	Senior Music - Volunteer	M - Th	10:00 am - 12:00 pm	8100 Kenton, 77028	(832) 395-7621
Tidwell (KM 454D)	Computer Literacy	M, W, F	1:00 pm - 2:00 pm	9710 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Jewelry	3rd Th	12:00 pm - 1:00 pm	9710 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Line Dancing	Th	10:00 pm - 12:00 pm	9710 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Pickleball	T	10:00 pm - 12:00 pm	9710 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Pickleball	Th	1:00 pm - 3:00 pm	9710 Spaulding, 77016	(713) 636-8221

NORTHWEST

Freed (KM 451Y)	Pickleball	M	1:00 pm - 3:00 pm	3818 Shady Villa, 77055	(832) 395-7611
Independence Heights (KM 453N)	Line Dance	Th	6:00 pm - 7:30 pm	603 East 35th Street, 77022	(713) 867-0373
J. Robinson, Jr. (KM 533B)	Bridge (Beginners)	M	10:30 am - 12:30 pm	2020 Hermann Dr., 77004	(832) 395-7626
J. Robinson, Jr. (KM 533B)	Bridge (Advanced)	W	10:30 am - 12:30 pm	2020 Hermann Dr., 77004	(832) 395-7626
J. Robinson, Jr. (KM 533B)	Bridge	S	10:30 am - 12:00 pm	2020 Hermann Dr., 77004	(832) 395-7626
Lincoln City (KM 412Q)	Quilting	M	9:00 am - 1:00 pm	1979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Senior Writing	M	12:30 pm - 1:30 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Computer Class	T	10:30 am - 12:30 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Gardening	W 2 nd & 4 th	10:00 am - 11:00 am	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Senior Game Day	W	10:00 am - 12:00 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Senior Crafts	T	10:00 am - 12:00 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Senior Ceramics	Th	9:30 am - 10:30 am	979 Grenshaw, 77088	(281) 445-1617
Love (KM452Z)	Social Club	F	12:30 pm - 1:30 pm	1000 W 12th, 77008	(713) 867-0497
Milroy (KM 452Z)	Social Crafts	W	10:00 am - 2:00 pm	1205 Yale, 77008	(713) 867-0397
Milroy (KM 452Z)	Quilting	T	10:00 am - 3:00 pm	1205 Yale, 77008	(713) 867-0397
Proctor Plaza (KM 453X)	Tai Chi	W	11:00 am - 12:00 pm	803 W. Temple, 77009	(713) 862-6907
Proctor Plaza (KM 453X)	Senior Fitness	T & F	9:00 am - 10:00 am	803 W. Temple, 77009	(713) 862-6907

SOUTHEAST

Bessie Swindle (KM 573L)	Bridge	M & W	5:00 pm - 7:00 pm	11800 Scott, 77047	(713) 733-4581
Charlton (KM 535P)	Ceramics	M & Th	10:00 am - 1:00 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Jewelry Making	T	6:00 pm - 7:30 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Family Ceramics	M & W	6:00 pm - 8:00 pm	8200 Park Place, 77017	(713) 645-3589
DeZavala (KM495S)	Art and Kraft	W	9:30 am - 1:00 pm	907 76 St., 77012	(713) 923-5163
Ingrando (535F)	Sewing/Quilting	W	9:30 am - 1:00 pm	7302 Keller, 77012	(713) 643-4764
Mason (KM535A)	Senior Crafts/Activities	W & Th	9:00 am - 12:00 pm	541 South 75th, 77023	(713) 928-7055
Meadowcreek (KM 535A)	Senior Aerobics	M & W	10:00 am - 12:00 pm	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 535A)	Line Dancing/Board Games	F	10:00 am - 12:00 pm	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 535A)	Walking	M - F	7:00 pm - 8:00 pm	5333 Berry Creek, 77017	(713) 946-9020
Sagemont (KM 576Y)	Quilting	F	11:00 am - 2:00 pm	11507 Hughes, 77089	(281) 922-2343
Sagemont (KM 576Y)	Ceramics	Th	1:00 pm - 3:00 pm	11507 Hughes, 77089	(281) 922-2343
Sagemont (KM 576Y)	Bridge	F	9:00 am - 2:00 pm	11507 Hughes, 77089	(281) 922-2343
Settegast (KM 494N)	Ceramics	T	9:00 am - 1:00 pm	3000 Garrow, 77003	(713) 238-2200

SOUTHWEST

Cherryhurst (KM492V)	Quilting	W	11:00 am - 1:00 pm	1700 Missouri, 77006	(713) 284-1992
Cherryhurst (KM492V)	Scrapbooking	W	11:00 am - 1:00 pm	1700 Missouri, 77006	(713) 284-1992

Houston Parks and Recreation Department LOCAL GARDENERS!



YOU ARE INVITED TO JOIN OUR GARDEN!

Want to share?

Gardening Tips & Knowledge with youth

Like Horticulture?

Veggie / Fruit Gardening & Flowers for butterflies and bees

**Interested in taking home your own healthy
and delicious produce?**

**GARDEN BEDS ARE AVAILABLE AT PARTICIPATING
HOUSTON PARKS & RECREATION DEPARTMENT
COMMUNITY CENTERS**

Please email:

theurbangardener@houstontx.gov | Call: 832-395-7120

Or visit your participating Houston Parks & Recreation Department Community Center to join



INCLUSIVE SUMMER SPORTS LEAGUES

2019 Rugby Summer League

Get ready for fast, full-court action & the clash of metal to metal in this fast paced wheelchair sport!

League is open to paraplegics, amputees, quadriplegics, and able-bodied athletes with independent functioning skills. Includes 6 weeks of regular season games and two weeks for playoffs. Motorized chairs are not permitted.



Adult Wheelchair Rugby

Wheelchair Rugby is a unique sport combining some elements of Basketball, Handball, and Ice Hockey. The object of the game is to carry the ball across the opposing team's goal line. Two wheels must cross the goal line for a goal to count, and the player must have firm control of the ball when he or she crosses the line. Contact between wheelchairs is permitted and forms an integral part of the game. Collisions are frequent as players try to stop their opponents and take control of the ball. This is the 7th annual summer wheelchair rugby league and it is open to anyone brave enough to give it a try.

Adult Wheelchair Basketball

This integrated summer wheelchair basketball league will include five weeks of regular season games followed by two weeks of playoffs. Wheelchair basketball is played in accordance with NCAA rules with very few exceptions. The main exception for this summer league is dribbling, instead of a dribble every two steps players must dribble every two pushes. After registration, a player draft will be held with local wheelchair basketball players serving as team captains. Teams must have at least three players with a physical disability on the court at all times.

Adult Power Soccer

Power Soccer is the first competitive team sport designed and developed specifically for power wheelchair users. The game is played in a gymnasium on a regulation basketball court. Two teams of four players attack, defend, and spin-kick a 13-inch soccer ball in a skilled and challenging game similar to able-bodied soccer.

This 6-week integrated summer league is open to all and will be played at the Metropolitan Multi-Service Center! Registration is required.



ADAPTIVE SPORTS & RECREATION

HPARD provides access to year round activities for children and adults with disabilities through the Adaptive Recreation Division located at the Metropolitan Multi-Service Center, 1475 West Gray. In addition to providing activities, the Metropolitan Multi-Service Center partners with organizations that serve children and adults with disabilities. The goal is to provide access, experiences and opportunities to learn new skills and redefine abilities while participating in recreational activities.



Friends of the Park Council at MMSC

The Friends of the Park Council at MMSC serves to support the staff and programs of HPARD's Adaptive Recreation section. They also help communicate the vision, goals and services of the program to constituent communities and provide a forum for program ideas and services.

The Friends of the Park Council at MMSC meets every two months on the second Tuesday of the month.

Date:	Every 3rd Tuesday of the month
Time:	4:30 pm - 6:00 pm
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(713) 395-7333 charles.french@houston.tx.gov

Adult Recreation Fitness Center

The Metropolitan Multi-Service Fitness Center (MMSC) is specifically designed to be used by adults with a physical disability including visually impaired and blind who are able to function independently.

The facility is equipped with wheelchair accessible upper body weight equipment along with cardio machines to get your heart pumping. Pre-registration and a safety briefing are required before using this facility.

Ages:	16 - older
Registration:	Required
Program Dates:	7:00 am - 7:00 pm, M - Th 7:00 am - 4:00 p.m., F
Fee:	FREE
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(713) 395-7333 charles.french@houston.tx.gov

Adaptive Aquatics Program

The MMSC pool provides a great environment for people with disabilities to exercise. The 5-lane, 25-yard heated pool is fully accessible and is equipped with a zero depth entry ramp, hand rails, and 3 chair lifts. Changing and shower facilities are available adjacent to the pool area.

Participants are required to have independent functioning mobility skills or bring an adult attendant to assist.

Ages:	Youth & Adult
Registration:	Required
Program Dates:	Year round
Time:	Vary, call for schedule
Fee:	FREE
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(832) 395-7333

Adult Wheelchair Basketball

Weekly practice and play is scheduled throughout the summer for adults age 16 and up. No motorized chairs allowed in this game. Beginning May 26, Mondays are 5 on 5 League Night. Wednesdays will be Open Gym Night.

Ages:	16 - Older
Registration:	Required
Fee:	FREE
5 on 5 League Play:	June 3 – July 29, Mon
Times:	6:00 pm - 9:00 pm
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(832) 395-7333



Wheelchair Basketball

Indoor Wheelchair Soccer Liga

Get ready for fast, full-court action when adults clash metal to metal in this fast paced wheelchair sport. This game is for participants who have independent, upper body function. Motorized chairs ARE PERMITTED in this game.

Ages:	16 - Older
Registration:	Required
Fee:	FREE
Program Dates:	June 6 - July 26
Times:	6:00 pm - 10:00 pm
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(832) 395-7333
Oziel Flores at oziel.flores@houston.tx.gov	

Adaptive Tennis

Wheelchair tennis is one of the fastest growing sports in the US for children and adults with physical disabilities. Not only does it offer a great workout, it can be a life-long family activity and it is fun! With a few minor adjustments, tennis can be enjoyed by everyone. Leagues will be forming this summer and are open to everyone. Contact Oziel Flores for more information.

Ages:	All Ages
Registration:	Required
Fee:	FREE
Program Dates:	June 4 - July 23
Wheelchair Tennis:	7:30 pm - 9:00 pm, Tues
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(832) 395-7333



Wheelchair Tennis

Wheelchair Rugby 12th Annual League

Wheelchair rugby is a simple game with complex strategies. Join us this summer for the 9th Annual Summer League through which people of all abilities 'smash' stereotypes one hit at a time. The league is open to players of able-body, players with paraplegia or quadriplegia, amputees and anyone else with independent functioning skills.

Ages:	16 - Older
Registration:	Required
Fee:	FREE
Program Dates:	June 6 – August 8, Th
Times:	6:00 - 10:00 pm
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(832) 395-7333

Sitting Volleyball

Sitting volleyball has grown to be one of the more popular Paralympic sports due to the fast and exciting action. At

the recreation level, the game offers both disabled and non-disabled players the opportunity to compete with and against each other. Sitting volleyball is played from a sitting position on the floor.

Open gym play will be Tuesday nights beginning June 7th with competitive league play beginning June 28.

Ages:	8 - 21
Registration:	Required
Program Dates:	June 5 - July 27, Tues
Time:	6:00 pm - 8:00 pm
Fee:	FREE
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(832) 395-7333





Boccia Ball

Boccia (pronounced 'Bot-cha') is a Paralympic sport that was introduced in 1984. Boccia is played indoors on a flat, smooth surface by individuals or a team. Athletes throw, kick or use a ramp to propel a ball onto the court with the aim of getting closest to a 'jack' ball. Boccia is designed specifically for athletes with a disability affecting locomotor function.

Ages:	16 - Older
Registration:	Required
Program Date:	Mondays
Time:	1:00 pm - 3:00 pm
Fee:	FREE
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(832) 395-7333
Chuck French at charles.french@houston.tx.gov	

Paralympic Shooting

Paralympic shooting is an adaptation of shooting sports for competitors with disabilities. Shooting is a test of accuracy and control, in which competitors use air rifles to fire a series of shots at a stationary target. Join Paralympic hopeful and USA Shooting coach Jazmin Ryan on the 1st and 3rd Wednesday of each month in June, July and August for shooting instruction and technique training. Air rifles available for check out before each session.

Ages:	16 - Older
Registration:	Required
Program Date:	1st & 3rd Wed Of Each Month
Time:	2:00 pm - 4:00 pm
Fee:	FREE
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(832) 395-7333
Chuck French at charles.french@houston.tx.gov	

Jr. Wheelchair Sports & Recreation Camp

This program is an adventurous day camp designed specifically for individuals, ages 6 and up, with physical disabilities who have independent functioning skills to explore their potential and try things they never imagined possible. The camp will provide youth with a physical disability such as cerebral palsy, spina bifida, amputation, spinal cord injury, muscular dystrophy or other physical/mobility disabilities an opportunity to become involved in sport and recreation activities, make friends and have fun.

Ages:	6 - 19
Program Dates:	June 10 - June 14
Time:	9:00 am - 3:00 pm
Fee:	FREE
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(832) 395-7333

The River Performing & Visual Arts Center

The River is 501(c)(3) nonprofit organization whose mission is to provide an accessible, affordable, fine arts education for special children, ages 2 - 19, who have disabilities, chronic illnesses, or are economically disadvantaged. Siblings are welcome. The River offers year round, barrier free, classes in music, art, drama and dance. Scholarships are available.

Ages:	2 - 19
Registration:	Required
Week 1:	June 17-21
Week 2:	June 24-28
Week 3:	July 8-12
Week 4:	July 15-19
Week 5:	July 22-26
Week 6:	July 29-August 2
Week 7:	August 5-9
Fee:	Call for Fee Information Scholarships Available
Location:	1475 West Gray
Information:	(713) 520-1220

Houston Area Parkinson Society

The Houston Area Parkinson Society's (HAPS) mission

is to improve the quality of life for those affected by Parkinson's disease through services, education and advocacy. HAPS provides numerous programs and services for the Parkinson's community. Each week they provide 34 free physical, occupational, speech, water, Tai Chi, and other therapy groups. Free support groups are available for individuals with Parkinson's and caregivers to share their experiences in a warm, friendly environment. In addition, HAPS offers free transportation services to and from HAPS therapy sites and physician visits. Respite, social services and educational programs are also available.

Activity:	Tai Chi & Exercise for Adults with Parkinson
Information:	(713) 313-1652 www.hapsonline.org

The Arc of Greater Houston

The Arc of Greater Houston is a non-profit organization formed nationally in 1950 to advocate for the inclusion of people with mental retardation and other developmental disabilities in all aspects of society and is established at the national, state, and local levels. The Arc of Greater Houston works in collaboration with other agencies and organizations to facilitate the development of a wide array of options available to individuals and their families in the community.

Activity:	Monthly Dance/Social For Adults With Intellectual and Developmental Disabilities
Information:	(713) 313-1652 www.thearcofgreaterhouston.com

Summer Daytime Activities

Join us this summer for a new line of daytime activities designed to get you moving while having fun with friends. These activity groups are open to anyone and socialization is welcome! Each group will focus on different aspects of fitness including cardiovascular endurance, muscle strength and endurance, flexibility and FUN!

Date:	Tuesday, Wednesday, Thursday of each week.
Time:	1:00 pm - 4:00 pm
Fee:	FREE
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	832-395-7335 Hannah Walker Hannah.walker@houston.tx.gov

SWIMMING POOLS



Swimming Pool - Summer Schedule

When school lets out for summer, City pools open to provide Safe and Fun swimming opportunities for all. With 37 outdoor swimming pools and 21 water spraygrounds there is sure to be one close-by for your family to enjoy. During the summer all HPARD pools are open Tuesday through Sunday with the exception of SwimWise sites*.

All public pools will be closed on Mondays throughout the summer.

Ages:	Open to all ages
Registration:	Daily sign-in required
Fee:	FREE
Program Dates:	May 25 – May 27, June 1 - August 11
Summer Schedule:	Tues - Sun 1:00 pm – 8:00 pm
All HPARD Pools Closed On Mondays	
July 4 Schedule:	Thursday 1:00 pm – 5:00 pm
Location:	See Public Pool List
Information:	(832) 395-7129

SwimWise

SwimWise is a Houston Parks and Recreation Department free series of learn to swim classes offered for all ages and skill levels varying from beginner to advanced designed to teach swimming and water safety skills. Classes meet on Tuesday, Wednesday, Thursday, and Friday for 30 minutes every day for two weeks. There are four 2-week sessions offered during the summer, with the exception of the Junior Lifeguard and Parent and Me classes. The Junior Lifeguarding and Parent and Me classes are offered as a ONE session during the summer for eight weeks and meet on the days scheduled.

Classes are FREE and space is limited on a “first-come, first-served” basis during specified registration periods.

Online Registration is required and begins at 8 am on registration date.

To register go to: www.houstonparks.org/aquatics

Program Dates	Tuesday - Friday 10:00 am - 12:00 pm 1:00 pm - 6:00 pm Saturday 1:00 pm - 6:00 pm
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Swimming Pool - Fall Schedule

When students make their way back to school public pools will operate on a reduced schedule. From August 12 to September 2 all pools will be closed Monday – Friday with the exception of Labor Day.

All HPARD pools will be open on Saturday and Sunday. Labor Day will be the last day HPARD pools will operate for the 2019 Season.

** The Memorial Park Aquatic Center will open for lap swimming Tuesday - Friday 6:00am - 10:00am from May 28 to October 25, or will close sooner if water temperature drops below 72 degrees.*

Ages:	Open to all ages
Registration:	Daily sign-in required
Fee:	FREE
Program Dates:	Aug 12 - Sept 2
Fall Schedule:	Sat - Sun 1:00 pm – 8:00 pm
All HPARD Pools Closed Mon through Fri	
Labor Day Schedule:	Mon, Sept 2 1:00 pm – 5:00 pm
Location:	See Public Pool List
Information:	(832) 395-7129

POOL LOCATIONS

NORTHEAST		
Greenwood (KM 497A)	602 Beresford, 77015	(713) 455-5165
Hobart Taylor (KM 455P)	8100 Kenton, 77028	(713) 673-3774
Moody (KM 453Y)	3201 Fulton, 77009	(713) 238-2215
Northline (KM 413W)	6911 Nordling, 77076	(713) 742-1512
North Wayside Sports & Rec Center (KM 455A)	9551 N Wayside DR., 77028	(713) 633-0457
Tuffly (KM 454X) *	3200 Russell, 77026	(713) 674-3367
NORTHWEST		
Agnes Moffit (KM 449R)	10645 Hammerly, 77043	(713) 468-5666
Independence Heights (KM 453N) *	603 East 35th, 77022	(713) 862-1284
Lincoln (KM 412Q)	1048 Grenshaw, 77088	(281) 447-2525
Love (KM 452Z)	1000 West 12th, 77008	(713) 867-0490
Oak Forest (KM 452N)	1400 Du Barry Lane, 77018	(713) 684-1819
Schwartz (KM 451N)	8203 Vogue, 77055	(713) 973-6310
Stude (KM 493B)	1031 Stude, 77007	(713) 862-5762
T.C. Jester (KM 451M)	4205 T.C. Jester, 77018	(713) 686-6800
SOUTHEAST		
Beverly Hills (KM 576S)	9800 Kingspoint, 77075	(713) 948-9063
Clinton (KM 495U)	200 Mississippi, 77029	(713) 675-9336
Cloverland (KM 573L)	11800 Scott, 77047	(713) 734-8948
Denver Harbor (KM 494H)	1020 Gazin, 77020	(713) 673-7140
DeZavala (KM 495S)	907 75th St., 77012	(713) 923-7220
Eastwood (KM 494T)	5000 Harrisburg, 77011	(713) 923-8058
Emancipation (KM 533L)	3018 Emancipation, 77004	(832) 395-7403
Finnigan (KM 494G)	4900 Providence, 77020	(713) 673-7311
George T. Nelson (KM 533L)	6900 La Salette, 77021	(713) 748-0449
Glenbrook (KM 535Q)	8201 North Bayou, 77017	(713) 645-7187
Judson Robinson, Sr. (KM 495L) *	1422 Ledwicke, 77029	(713) 672-8958
MacGregor (KM 534E)	5225 Calhoun, 77021	(713) 748-0317
Mason (KM 535A)	541 South 75th, 77023	(713) 928-4826
Reveille (KM 535S)	7700 Oak Vista, 77087	(713) 645-6544
Sagemont (KM 576Y)	11507 Hughes, 77089	(281) 922-2312
Sunnyside (KM 533X)	3502 Bellfort, 77051	(713) 734-0757
Wilson Memorial (KM 576G)	100 Gilpin, 77034	(713) 948-9051
SOUTHWEST		
Alief (KM 599E) *	11903 Bellaire, 77072	(281) 983-8137
Memorial (KM 492K)	6402 Arnot, 77007	(713) 862-1426
Sharpstown (KM 530F)	6600 Harbor Town, 77036	(713) 272-3690
Townwood (KM 572P)	3402 Simsbrook, 77045	(713) 434-3531
Westbury (KM 531W)	10605 Mullins, 77096	(713) 723-2192
Windsor Village (KM 571P)	14441 Croquet, 77085	(713) 726-7112

* Note: These sites are HPARD SwimWise Sites. Swimwise is a free series of learn-to-swim classes for all ages and skill levels. SwimWise Sites operate from 10:00 am - 12:00 pm and 1:00 pm - 6:00 pm Tues - Fri and on Sat. 1:00pm - 6:00pm. For more information visit www.houstonparks.org.



HOUSTON PARKS AND RECREATION DEPARTMENT

Lifeguard Summer Jobs

Aquatic Center Supervisors, Head Lifeguards and Lifeguards

**Lifeguards working for the City of Houston HPARD
are among the highest paid guards in the Greater Houston Area!**

Requirements:

- **Must be 16 years of age by May 31**
- **Must pass standard Lifeguard Swim Evaluation**
- **Must pass ARC Lifeguard Training course offered or approved by COH Aquatics Administration**
- **Must pass drug test and criminal history background check**
- **Must have reliable transportation**

The following positions are available:

Lifeguard

Head Lifeguard

Aquatic Center Supervisor

For more information call (832) 395-7129



**houston
PARKS
& recreation
department**
www.houstonparks.org

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H₂OSAFE Learn to Swim classes are offered at 3 levels and are designed to teach youth ages 6 – 13 basic swim skills, swim strokes, and water safety skills to help them become proficient at swimming. Each session meets Tuesday through Friday for two weeks (30 minute class). Classes are FREE and space is limited on a “first-come, first-served” basis during specified registration periods. Online Registration is required and begins at 8 am on registration date. To register go to www.houstonparks.org

Basic | Level 1 | (Ages 6-13)

In H₂OSafe Basics: Level 1, your child will learn to swim a basic Freestyle Stroke through a drill-oriented approach, coupled with unique skill progressions for the following: First-time Submersion, Breath Holding, Breath Control, Front Kicking, Back Kicking, In-line Kicking, Paddle Stroke, and Freestyle without side breathing.

Ages:	6 - 13
Prerequisite:	None
Registration:	www.houstonparks.org
Information:	(832) 395-7129

Level 1 Session 1: 5:00 pm - 5:30pm

Registration Open: May 28 - May 31

Program Dates: June 11 - June 21

Level 1 Session 2: 5:00 pm - 5:30 pm

Registration Open: June 10 - June 14

Program Dates: June 25 - July 5

Level 1 Session 3: 5:00 pm - 5:30 pm

Registration Open: June 24 - June 28

Program Dates: July 9 - July 19

Level 1 Session 4: 5:00 pm - 5:30 pm

Registration Open: July 8 - July 12

Program Dates: July 23 - Aug 2

Class Sites	Address
Agnes Moffit	10645 Hammerly, 77043
Beverly Hills	9800 Kingspoint, 77075
Cloverland	11800 Scott, 77047
Clinton	203 Mississippi, 77029
Denver Harbor	4020 Gazin, 77020
DeZavala	907 75th Street, 77012
Eastwood	5000 Harrisburg, 77011
Emancipation (Class 6 - 8 pm)	3018 Emancipation Ave. 77004
Finnigan	4900 Providence, 77020
Glenbrook	8201 North Bayou, 77017
Greenwood	602 Beresford, 77015

Swim Strokes | Level 2 | (Ages 6-13)

In H₂OSafe Swim Strokes: Level 2, your child will learn how to swim the formal strokes of Freestyle with Side Breathing and Backstroke. The Freestyle Side Breathing skill may be the most important skill one learns in the learn-to-swim process. This class is drill-oriented with unique skill progressions for the following: Kicking with the Kickboard, Back Kicking, Streamline Kicking, Backstroke, and Freestyle.

Ages:	6 - 13
Prerequisite:	Ability to swim comfortably 15 - 20 ft without aid of a flotation device and with face in water
Registration:	www.houstonparks.org
Information:	(832) 395-7129

Level 2 Session 1: 5:45 pm - 6:15 pm

Registration Open: May 28 - May 31

Program Dates: June 11 - June 21

Level 2 Session 2: 5:45 pm - 6:15 pm

Registration Open: June 10 - June 14

Program Dates: June 25 - July 5

Level 2 Session 3: 5:45 pm - 6:15 pm

Registration Open: June 24 - June 28

Program Dates: July 9 - July 19

Level 2 Session 4: 5:45 pm - 6:15 pm

Registration Open: July 8 - July 12

Program Dates: July 23 - Aug 2

2015 H₂OSAFE Learn to Swim Class Sites

Class Sites	Address
Hobart Taylor	8100 Kenton, 77028
Lincoln	1048 Greenshaw, 77088
Love	1000 West 12th, 77008
MacGregor	5225 Calhoun, 77021
Mason	541 South 75th, 77023
Moody	3201 Fulton, 77009
Northline	6911 Nordling, 77076
Oak Forest	1400 Du Barry Lane, 77018
Reveille	7700 Oak Vista, 77087
Sagemont	11507 Hughes, 77089
Sunnyside	3502 Belfort, 77051

Advanced Swim Strokes | Level 3 | (Ages 6-13)

In H₂OSafe Advanced Swim Strokes: Level 3, your child will learn the advanced skills of Breaststroke and Butterfly, as well as refine and further develop the Freestyle and Backstroke; all classes are drill and technique-oriented. In this course your child will practice the following skills each lesson: Freestyle & Backstroke (minimal work for refinement purposes), Breaststroke Kick (Whip Kick), Breaststroke Arm Stroke, Breaststroke (Kick & Stroke Timing), Body Dolphin Butterfly Kick, Butterfly Arm Stroke, and Butterfly (Kick & Stroke Timing).

Ages:	6 - 13
Prerequisite:	Ability to swim 25 ft of Backstroke and Freestyle with Side Breathing
Registration:	www.houstonparks.org
Information:	(832) 395-7129

Level 3 Session 1: 6:30 pm - 7:00 pm

Registration Open: May 28 - May 31

Program Dates: June 11 - June 21

Level 3 Session 2: 6:30 pm - 7:00 pm

Registration Open: June 10 - June 14

Program Dates: June 25 - July 5

Level 3 Session 3: 6:30 pm - 7:00 pm

Registration Open: June 24 - June 28

Program Dates: July 9 - July 19

Level 3 Session 4: 6:30 pm - 7:00 pm

Registration Open: July 8 - July 12

Program Dates: July 23 - Aug 2

Class Sites	Address
Schwartz	8203 Vogue, 77055
Sharpstown	6600 Harbor Town, 77036
Stude	1031 Stude, 77007
T.C. Jester	4205 T.C. Jester, 77018
Townwood	3402 Simsbrook, 77045
Westbury (Class 4 - 6 pm)	10605 Mullins, 77096
Wilson Memorial	100 Gilpin, 77034
Windsor Village	14441 Croquet, 77085
George Nelson (Yellowstone)	6900 LaSalette, 77021

SWIMWISE

SwimWise is a Houston Parks and Recreation Department FREE series of learn to swim classes offered for all ages and skill levels varying from beginner to advanced designed to teach swimming and water safety skills. Four sessions are. Classes meet on Tuesday, Wednesday, Thursday, and Friday for 30 minutes every day for two weeks. There are four 2-week sessions offered during the summer, with the exception of the Junior Lifeguard and Parent and Me classes. The Junior Lifeguarding and Parent and Me classes are offered as a ONE session during the summer for eight weeks and meet on the days scheduled. Classes are FREE and space is limited on a “first-come, first-served” basis during specified registration periods. Online Registration is required and begins at 8 am on registration date. To register go to: www.houstonparks.org

SwimWise Basics: Level 1

Basic Freestyle Stroke no side breathing. Skill progressions for: First-time Submersion, Breath Holding and Control; Front, Back, and In-line Kicking; and Paddle Stroke. No prerequisite required.

Age:	3-5 years
Date/Time:	10:00 am - 10:30 am, Tuesday - Friday
Age:	6-13 years
Date/Time:	3:15 pm - 3:45 pm, Tuesday - Friday

SwimWise Basics: Level 2

Age: 3 to 13 years

Prerequisite: Able to comfortably swim 15-20 feet with face in the water and without the aid of a flotation device.

Formal Freestyle stroke with Side Breathing and Backstroke. Skill progressions for: Kicking with Kickboard, Back Kicking, Streamline Kicking, Backstroke, and Freestyle.

Age:	3-5 years
Date/Time:	10:45 am - 11:15 am, Tuesday - Friday
Age:	6-13 years
Date/Time:	4:00 pm - 4:30 pm, Tuesday - Friday

SwimWise classes will be offered at the following Aquatic Center Sites:

Alief	11903 Bellaire Blvd, 77072	(281) 983-8137
Independence Heights	603 E. 35th St., 77072	(713) 862-1284
Judson Robinson Sr.	1422 Ledwicke St., 77092	(713) 672-8958
Tuffly	3200 Russell, 77026	(713) 674-3367
North Wayside Sports & Rec. Center	9551 N. Wayside Dr. 77028	(713) 633-0457

Parent & Me

Designed to increase a child's confidence level in the water. A parent or adult is required to be in class with child. No prerequisite required.

Age:	12 months - 24 months
Date/Time:	5:00 - 5:30, Saturday
Age:	25 months - 36 months
Date/Time:	5:30 - 6:00, Saturday

SwimWise Basics: Level 3

Advanced Breaststroke and butterfly skills while refining and developing both Freestyle and Backstroke. Practice the following skills: Freestyle & Backstroke; Body Dolphin Butterfly Kick; Breaststroke Kick; Arm Stroke, Kick and Stroke Timing.

Prerequisite: Able to swim 25 feet of Backstroke and Freestyle with the Side Breathing.

Age:	3-5 years
Date/Time:	11:30 am - 12:00 pm, Tuesday - Friday
Age:	6-13 years
Date/Time:	4:00 pm - 4:30 pm, Tuesday - Friday

Adult SwimWise

Participants will learn how to swim the formal strokes of Freestyle with Side Breathing and Backstroke. Skill progressions for the following: Kicking with the Kickboard, Back Kicking, Streamline Kicking, Backstroke, and Freestyle.

No prerequisite required.

Age:	14 - Adult
Date/Time:	5:30 pm - 6:00 pm, Tuesday - Friday

Class Sessions and Dates

Session	Class Dates	Days	Online Registration Dates:
#1	June 11 - June 21	TUE - FRI	May 28 - May 31, 2019
#2	June 25 - July 5	TUE - FRI	June 10 - June 14, 2019
#3	July 9 - July 19	TUE - FRI	June 24 - June 28, 2019
#4	July 23 - August 2	TUE - FRI	July 8 - July 12, 2019

Junior Lifeguarding

The Junior Lifeguarding classes focus on developing swimming skills to help participants meet the Lifeguarding course prerequisite and introduce them to lifesaving skills, such as in-water rescues, use of a rescue tube, and first aid, CPR and AED. Participants also have the opportunity to observe and learn from the lifeguards on duty.

Prerequisite: Able to perform front crawl and breast stroke.

Age:	13 - 15 years
Date/Time:	4:45 pm - 5:15 pm, Tuesday & Thursday
Age:	16 & up
Date/Time:	4:45 pm - 5:15 pm, Wednesday & Friday

**Junior Lifeguarding Program not offered at North Wayside Sports & Recreation Center.*

WATER FITNESS SCHEDULE

The Houston Parks and Recreation Department Aquatic Fitness Program promotes the importance of staying fit and healthy. Three levels of classes at locations across the city will give you the opportunity to stay active and fit and to socialize with other adults in the cool water. The water fitness class consists of general exercise on shallow end of pool or more strenuous deep-water activity. All enrollments are filled on a “first come, first served” basis. Register online at www.houstonparks.org/aquatics or at the pool site. Classes are limited to a maximum of 20 participants per class at most pool sites. Aqua shoes, a towel, and a plastic bottle of water are recommended.

Adult Circuit Water Fitness:

A combination of cardio, strength training, and flexibility that takes you through a series of stations using effective circuit training principles and the latest aquatic equipment for a total body workout. **Intensity: light to moderate.**

Adult Hydro Fitness Power Training:

Intense cardiovascular workout, intervals, balance/core training, martial arts, and plyometrics. **Intensity: moderate to hard.**

Silver Splash:

A water fitness class for mature adults to gently stretch, flex, tone, and socialize in shallow water. **Intensity: light.**

Aqua Zumba:

Aqua Zumba combines high energy and Latin music unique moves and combinations in the water that allow participants to dance away their worries. It is based on the principle that a workout should be “fun and easy to do” allowing individuals to stick to the Zumba fitness program and achieve long term health benefits. **Intensity: light to moderate.**



Program Dates: June 4 to August 2				
Pool	Location	Day	Time	Class
Agnes Moffitt	10645 Hammerly, 77043	T&F	7:10 pm - 7:50 pm	Adult Circuit Water Fitness
Emancipation	3018 Emancipation, 77004	T & TH	5:00 pm - 6:00 pm	Adult Circuit Water Fitness
Jud. Robinson Sr.	1422 Ledwicke, 77029	W & F	10:00 am - 10:50 am	Adult Circuit Water Fitness
MacGregor	5225 Calhoun, 77021	T & TH	9:00 am - 10:00 am	Adult Circuit Water Fitness
MacGregor	5225 Calhoun, 77021	W & F	7:10 pm - 8:00 pm	Aqua Zumba
North Wayside	9551 N. Wayside Dr., 77028	T & TH	9:10 am - 10:00 am	Adult Circuit Water Fitness
North Wayside	9551 N. Wayside Dr., 77028	T & TH	9:10 am - 10:00 am	Aqua Zumba
Sunnyside	3502 Bellfort, 77045	T - F	5:00 pm - 5:50 pm	Silver Splash
T.C. Jester	4205 T.C. Jester, 77018	T & TH	7:10 pm - 8:00 pm	Adult Circuit Water Fitness
Townwood	3403 Simsbrook, 77051	T - F	7:10 pm - 8:00 pm	Adult Circuit Water Fitness
Oak Forest	1400 Dubarry, 77018	T & TH	9:00 – 10:00 am	Adult Circuit Water Fitness
Westbury	10605 Mullins, 77096	T & TH	9:00 am - 10:00 am	Adult Circuit Water Fitness
Westbury	10605 Mullins, 77096	T & TH	6:30 pm - 7:30 pm	Adult Circuit Water Fitness
Windsor Village	14441 Croquet, 77085	T & TH	7:10 pm - 8:00 pm	Aqua Zumba

WATER SPRAYGROUNDS

The Houston Parks and Recreation Department's water playgrounds provide an engaging and interactive fun activity year-round for children, especially during the hot summer months. Water playgrounds have distinct advantages over swimming pools in that they are cost effective, low maintenance, and water-play activities extend well beyond normal pool season. Water playgrounds are controlled using a timer and touch-sensor. The timer is set for 12 hours of water activation. The touch-sensor turns on the water for a two to three minute cycle.

H-E-B Grocery Company has generously donated more than \$1.1 million to the Houston Parks and Recreation Department through the Houston Parks Board Inc., to create and build additional water playgrounds in Houston city parks. These are brightly colored facilities featuring equipment that squirts, sprays, mists and shoots water. Children will be able to enjoy everything from oversized flowers that mist to a whale that spouts and squirts water and in-ground elements that resemble geysers.



Aron Ledet Park (H.E.B.) 6500 Antoine

The Aron Ledet Park water sprayground's design appeals to park visitors with its brightly colored play surface and the inventive design of its spray fixtures.

Blueridge Park (H.E.B.) 5600 Court Road

The Blueridge Park water sprayground opened in July 2003. Its design incorporates a colorful play surface, a curved seating wall, and water fixtures designed to appeal to a child's sense of fun and whimsy.

Burnett Bayland Park 6200 Chimney Rock

This water sprayground has a multi-colored rubber surface, spray and ground features including three colorful arches, a flower, cactus, a spiral spray, and two water cannons.

Cullen Park (H.E.B.) 19008 Saums Road

The H-E-B Cullen Park water sprayground opened in August 2003. It features a colorful play surface, multiple geyser, and spray fixtures. It is within easy viewing of the picnic pavilion.

Dodson Lake Park (H.E.B.) 9010 Dodson

This H-E-B water sprayground's design includes a unique concentric circle splash pad that creates the illusion of ripples with geysers, pop-up sprays, tulip sprays, and a fan jet spray.

Edgewood Park (H.E.B.) 5803 Bellfort

This H-E-B water sprayground was built has brought a splash of fun to southeast Houston since June of 2003. Its design includes a brightly colored concrete play area, geysers and spray elements, and a curving seat wall.

Ervan Chew Park 4502 Dunlavy

Built in 2010, the sprayground at Ervan Chew Park is convenient to the playground, picnic area, soccer, and baseball fields, and the dog park.

Guadalupe Plaza Park 2301 Runnels

Opened in July 2016, the large, rectangularly-shaped sprayground has 63 jets in a paved setting that is flanked on two sides by concrete seating walls.

Gutierrez Park (H.E.B.) 7900 Flaxman

This water sprayground features a large plaza with multiple ground sprays. The plaza is surfaced with colored concrete, and features a seat wall along one edge.

Hackberry Park 7777 Dairy Ashford

This 1,200-square foot spraygrounds brightly-colored areas equipped with turtles and lily pads that squirt, and spray water and mist, as well as in-ground geysers.

Herman Brown Park 400 Mercury Drive

The water sprayground features a large, vividly colored play area in the shape of a giant frog. Its gentle slope suggests a stream and interactive water geysers and spray elements spring up from the "stream." A covered picnic area with restrooms is adjacent to the sprayground.

Hermann Park 6100 Fannin

The water playground at Hermann Park features two large palm trees and a spiral provide a variety of water effects for all children to run through. Two large beaches create a sand play zone adjacent to the water play area.

Hidalgo Park (H.E.B.) 7000 Avenue Q

The 1,200-square foot sprayground features brightly colored recreational areas equipped with turtles and lily pads that squirt, spray water, and mist as well as in-ground geysers.

Jaycee Park (H.E.B.) 1300 Seamist

The H-E-B Jaycee Park sprayground's timed spouts are surrounded by colorful, oversized butterflies, and leaves in the paved surface. Benches are placed around the site for seating.

**Lansdale Park 8201 Roos, 77036**

The sprayground's timed spouts are surrounded by colorful, oversized butterflies, and leaves in the paved surface. Benches are placed around the site for seating.

Marian Park 11000 S. Gessner

The Marian Park sprayground includes three different areas of play, with individually operated spray features. An adjacent shade structure provides seating.

Melrose Park 12200 Melrose Park Road

The Melrose Park water sprayground features a multi-colored rubber surface and spray and ground features like a flower, cactus and an arch.

Montie Beach Park (H.E.B.) 915 Northwood

The Montie Beach water sprayground opened in 2006. Its beach theme includes a palm island, a whale sporting a spout spray at its hump, and multiple wave sprays that create a rolling "wave" effect.

Nieto Park 500 Port

The Nieto Park Water sprayground is also designed with a beach theme in mind. It includes a wave of stairs, real palm trees, and plastic palm trees and other play items that spray water.

Park at Palm Center 5400 Griggs Road

The water sprayground at the Park at Palm Center was built in 2009. It is adjacent to the playground and picnic area in the park, and adds a wonderful recreational element to the neighborhood.

Settegast Park 3000 Garrow

Settegast Park sprayground includes a multi-colored rubber surface and spray ground features including a ground geyser, a bell-spray column, a misty arch, a magic touch bollard, a water trio, a donut, and a flower.

Shady Lane Park 10100 Shady Lane

The water sprayground at Shady Lane Park opened on Oct 10, 2013 during the National Recreation and Parks Association Congress and Expo. The sprayground was a part of the group's Parks Build Communities program. It features a small pond with water bubbling up from a couple of boulders. Amongst the various spray features an alligator head peeking above the blue concrete surface will delight the children at play. This sprayground connects with other play features to simulate a forest and wetlands area designed to connect children with nature.

**Stuebner - Airline Park
9201 Veterans Memorial**

The sprayground at Stuebner-Airline Park is approximately 1900 square feet. All spray features are surface-mounted in a combination of sprays and jets. The surface pattern is a combination of multi-colored circles and semi-circles. This sprayground also has two benches and a seating wall.

**Tony Marron Park (H.E.B.) 808 N. York**

The water play area at Tony Marron Park features a variety of ground sprays. A seat wall curves around the area, offering great views of the park and downtown. This project was funded through the Park People.

Wiley Park 1414 Gillette

The James Wiley water sprayground includes a multi-colored rubber surface and sprayground features such as a flower, rainbow, fire hydrant activator, raining buckets and an in-ground spray fountain. Other park improvements include benches, landscaping, drinking fountains, electrical work, and black vinyl coated chain link fence.

LAKE HOUSTON WILDERNESS

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LAKE HOUSTON WILDERNESS PARK

Lake Houston Wilderness Park (LHWP) is a beautiful, lushly forested expanse of nearly 5,000 acres located four miles east of New Caney (approximately 30 miles north of Houston) off Hwy-59. Lake Houston Wilderness Park is the only park in the department’s inventory that allows overnight camping. It offers a variety of outdoor learning experiences for people of all ages including: camping, hiking, trail running, mountain biking, canoeing, kayaking, birding, fishing, and horseback riding (visitors must bring own bikes, fishing equipment, watercraft, and horses). Most of the park is heavily forested with beautiful trails which provide a perfect setting for photography, nature study, bird watching, and relaxing.

Joe Turner Nature Center is located within the park and is an incredible place to visit and learn about some of the woodland creatures that call LHWP home. Tour the Ecosystem Displays which include the Wetlands Ecosystem Room featuring live fish and turtles; the Bugs Room, which features spiders and mounted insects of all types including moths, butterflies, beetles, and more; the Reptile and Amphibians Room, containing live specimens of both venomous and non-venomous snakes as well as several lizards and amphibians; the Nature Center classroom; and, Eye on the Wilderness, an exciting display of local flora and fauna with lighting and sound effects. Joe Turner Nature Center offers classes and programs for all ages; please see next pages for a list of classes. You can also contact the LHWP Park Naturalist at 281-354-0173 or lauren.hollenbeck@houston.tx.gov for more information.

Program Dates:	Year Round
Location:	25840 FM1485 New Caney, Texas 77357 Listed rental prices DO NOT include Tax
Gate House Hours:	7:00 am – 6:00 pm, Sun - Th 7:00 am - 8:00 pm, Fri - Sat
Information/Reservations:	(832) 395-7690 www.houstonparks.org
Fees - Listed rental prices DO NOT include Tax and deposits are required with some reservations. There may be a two night minimum for reserving buildings during week-ends. Payment is due at the time of reservation.	
Park Entry Fee - Per Person Ages 13- 64	\$3.00
Lakeside Cabins – Occupancy up to 6	\$125/night*
A-Frames - Occupancy Up to 6	\$35/night
Screen Shelters, Occupancy Up to 6	\$25/night
Group Campsites, Occupancy Up to 50	\$40/night
Walk-in Campsites, Occupancy Up to 8	\$7/night
Backpacking Campsites, Occupancy Up to 8	\$7/night
Pine Grove Dining Hall	\$100/night



JOE TURNER NATURE CENTER PROGRAMS

All programs require a reservation unless noted. Please contact the LHWP Nature Center to make your reservation!

Naturalist	Lauren Hollenbeck
Hours:	9:00 am - 4:00 pm, Wednesday- Sunday Closed Monday - Tuesday
Program and day camp information/reservations, field trips, and presentations for school groups and other interested parties: (281) 354-0173 or Lauren.Hollenbeck@houstontx.gov	

Programs Offered at the Nature Center Include:

Here are just some of our upcoming scheduled programs!

Call the Nature Center, check the online calendar, or look at the Nature Center events board to see what is going on this weekend!



Here are just some of our upcoming scheduled programs! Call the Nature Center, check the online calendar, or look at the Nature Center events board to see what is going on this weekend! We always have a scavenger hunt available as a self-guided activity.

Every Sunday - 10:00am - 11:00 am Nature Hike

Come take a Sunday stroll with the Lake Houston Naturalist crew every Sunday at 10:00am sharp! Meet us at the Nature Center and we'll take you down one of our best trails while showing you what this park offers.

Sunday Activities - 2:00pm - 3:00pm

Every Sunday afternoon, we'll have a different activity planned to get you and your family involved. From birds to archery, to everything in between, come join us! Events will be planned a month ahead of time and will be posted at the Nature Center.

Sat, April 6 - 10:00 am - 11:30 am Birding for Beginners

Come learn what birds can be found at Lake Houston Wilderness Park! This is an entry level class. We will teach you the basics of birding, go over common birds with their songs, and then take you on a short hike to see what we can find!

Sat, April 6 - 7:00 pm - 8:00 pm Night Hike

Come Learn about nocturnal animals and how they adapt to the night from an experienced night hiker with games and information along the way.

Sat, April 13 - 10:00 am - 11:00 am Turtles!

Want to learn about what kind of turtles you might find in Lake Houston Wilderness Park? Come learn identify them and why it is important to leave turtles in their habitat. There are more to turtles than you think!

Sat, April 13 - 2:00 pm - 3:00 pm Insect Exploration

Insects have an important role in maintaining a healthy ecosystem! We will learn the difference between a bug and an insect and the other groups in between. Then we will collect them to see what we find!

Sat, April 20 - 10:00am - 11:00am Arts and Crafts

Join us as we take a break from the outdoors to explore the creative side of nature. This is for all ages and we will provide the tools to make nature-friendly art.

Sat, April 20 - 2:00 pm - 3:00 pm Snakes!

This program is for basic hikers, homeowners and snake lovers. Learn how to identify local snakes and if they are venomous or not. We will discuss why snakes help our ecosystem and what role they play in the food chain!

Sat, April 27 – 10:00 am – 11:00 am and 2:00pm – 3:00pm

Save the Frogs day!

Come learn about how fascinating frogs are and why we want to save them! Conservation efforts around the world use this day to celebrate frogs. We will be learning about frogs all day, so you miss the first class at 10:00am, there is another one at 2:00pm. Find out how you can make a difference!

Sat, May 4- 10:00 am – 11:30 am
Freshwater Ecology

Join us for hands on activities focusing on determining the health of our local watershed. We will inspect samples to see what is living in our water by using nets and buckets to catch and release invertebrates for study.

Sat, May 4 - 2:00 pm – 3:00 pm
Mammals of East Texas

Come learn which mammals can be found at Lake Houston Wilderness Park! We will learn how to identify tracks and scat. Also, we will use skulls to learn the difference between herbivores, carnivores and omnivores.

Sat, May 11 10:00am – 11:00am and 2:00pm – 3:00pm
International Migratory Bird Day

Come celebrate International Migratory Bird Day by learning why we protect birds and what birds can be found at Lake Houston Wilderness Park! We will be talking about birds all day long, so if you miss the first class at 10:00am, there is another one at 2:00pm. We will teach you the basics of birding, go over common birds with their songs, and then take you to our bird blind to observe birds and take a closer look at bird behavior. We will also be making a checklist to help keep track of the migratory birds to assist in the conservation effort!

Sat, May 18 - 10:00 am – 11:30 am
Freshwater Ecology

Join us for hands on activities focusing on determining the health of our local watershed. We will inspect samples to see what is living in our water by using nets and buckets to catch and release invertebrates for study.

Sat, May 25 – 10:00 am – 11:00 am
Snakes!

This program is for basic hikers, homeowners and snake lovers. Learn how to identify local snakes and if they are venomous or not. We will discuss why snakes help our ecosystem and what role they play in the food chain!

Sat, May 25 – 2:00 pm – 3:00 pm
Geocaching

The excitement of Discovery! Learn the basics of Geocaching. Then try your skills here at the park!

Sat, June 1 - 2:00 pm – 3:00 pm
Owl Pellets

Do you know what an owl pellet is? Come find out and dissect real owl pellets to discover the remaining bones inside and identify what owls eat.

Sat, June 8 - 9:00 am – 11:00 am
Basic Fishing – Ages 8 and Older

We will teach you about tackle, tying knots, casting, the importance of fishing regulations and how to identify fish species. Most importantly, we will go fishing! If you do not have fishing equipment of your own, don't worry you can use ours.

Sat, June 8 - 2:00 pm – 3:30 pm
Animal Eyes

Can you see in the dark? Come take closer look at the eyes of many animals in Lake Houston Wilderness Park and discover how animals see the world.

Sat, June 15 - 10:00 am – 11:30
Archery Ages 9 and older

Learn the basics of archery or come to practice what you already know! We will discuss safety, equipment, and its appropriate use and correct form. Everyone will have plenty of time to work on their craft. Meet us at the Nature Center, equipment is provided.

Sat, June 15 - 2:00 pm – 3:00 pm
Orienteering

Come learn the basics of Orienteering and how to use a compass. Great life skill, fun family activity, and generally good knowledge to have.

Sat, June 22 - 10:00 – 11:00 am
Admire Fire

Fire is an essential survival tool, but do you know how to build and start a fire? We will teach you the different parts of a campfire and how to safely maintain one.

Sat, June 22 - 2:00 pm – 3:00 pm
Bats of East Texas

Bats are amazing mammals and we have several species that are native to this area. Come learn about these creatures of the night while playing a game outside. Perfect activity for all ages.

Sat, June 29 - 10:00 am – 11:00 am
Animal Adaptations

Animals have all kinds of ways of surviving in harsh environments. We will learn about some of the adaptations animals in Lake Houston Wilderness Park have that help them flourish here.

Sat, June 29 - 2:00 pm – 3:30 pm
Birding for Beginners

Come learn what birds can be found at Lake Houston Wilderness Park! This is an entry level class. We will teach you the basics of birding, go over common birds with their songs, and then take you on a short hike to see what we can find!



Summer Food Service Program

Programa de Alimentos Durante el Verano

June 3, 2019 - Aug. 9, 2019

3 de Junio del 2019 - 9 de Agosto del 2019

Friends, Fun and Free Food

**Hey, Parents
and Guardians!**

FREE meals are available for children ages 1-18 who participate in programming at HPARD community centers. No registration is required.

In more than **200** operating sites Lunch served between 11:00 a.m. - 1:00 p.m.
Snack served between 3:00 p.m. - 4:00 p.m.

Children must consume meals on site



Amigos, Diversión y Comida Gratis

**Hola, padres
y Guardianes!**

Alimentos **GRATIS** para niños y niñas de 1 a 18 años. No es necesario registrarse.

En más de **200** sitios operativos, el Almuerzo se sirve entre las 11:00 a.m. - 1:00 p.m.
Refrigerio se sirve entre las 3:00 p.m. - 4:00 p.m.

Los niños deben consumir los alimentos en el sitio

Information / Información (713) 676-6832

Sponsored by: Houston Parks and Recreation Department



A CAPRA Accredited Agency

Sponsored by Houston Parks and Recreation Department. This program is administered by the Texas Department of Agriculture Food and Nutrition Division. In accordance with federal law and USDA Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.

Patrocinado por el Departamento de Parques y Recreación de Houston. El programa es administrado por el Departamento de Agricultura de Texas División de Alimentos y Nutrición. De acuerdo con la Ley Federal y los reglamentos del Departamento de Agricultura de E.U., no se permite la discriminación basada en la raza, el color de la piel, el país de origen, el sexo, la edad o la discapacidad.

TENNIS CENTERS

HPARD operates three centers each complete with a pro shop as well as locker facilities that are available for a nominal fee. Lessons can be scheduled with center staff. Tournaments, leagues, corporate outings services and other events can be scheduled by calling any of the centers. For general tennis information as well as information on youth tennis programs, call (832) 395-7561.

PLEASE NOTE: Prices are subject to change. Hours are as indicated unless otherwise posted.

Memorial Park Tennis Center

The Memorial Park Tennis Center provides 18 courts plus a practice wall. Fees listed are per court for 1½ hours of use. A Smoothie King concession is located inside the pro shop.

Program Dates:	Year-round
Time:	6:00 am - 9:00 pm, M-F 7:00 am - 6:00 pm, Sat - Sun
Location:	Memorial Park (KM 492F) 1500 Memorial Loop Drive, 77007
Information:	(832) 395-7556

Fees

Weekday Reserved (M-F) : Before 6:00 pm	\$ 4.00
Evening and Weekend Reserved :	\$ 6.00
Tournaments and Leagues :	\$ 7.00



Lee LeClear Tennis Center

The Lee LeClear Tennis Center is located in southwest Houston. It provides 26 courts plus 2 practice walls. Fees listed are per court for 1½ hours of use.

Program Dates:	Year-round
Time:	7:30 am - 9:00 pm, M - F 7:30 am - 6:00 pm, Sat - Sun
Location:	Lee LeClear (KM 530T) 9506 S. Gessner, 77074
Information:	(713) 272-3697

Fees

Weekday Reserved (M-F) : Before 6:00 pm	\$ 4.00
Evening and Weekend Reserved:	\$ 6.00
Tournaments and Leagues:	\$ 7.00

Homer Ford Tennis Center

The Homer Ford Tennis Center is located in MacGregor Park. It provides 16 courts plus a practice wall. Fees listed are per court for 1½ hours of use.

Program Dates:	Year-round
Time:	7:30 am - 9:00 pm, M - F 7:30 am - 6:00 pm, Sat - Sun
Location:	MacGregor Park (KM 534E) 5225 Calhoun, 77021
Information:	(713) 842-3460

Fees

Weekday Reserved (M-F) : Before 6:00 pm	\$ 3.00
Evening and Weekend Reserved:	\$ 5.00
Tournaments and Leagues:	\$ 6.00



NEIGHBORHOOD TENNIS COURTS

HPARD's neighborhood tennis courts are open to the public on a first come, first served basis. Play is limited to one hour when others are waiting. There is no fee required to use neighborhood tennis courts unless a reservation is made requiring a permit.

No one is allowed to give tennis lessons or offer structured tennis activities without the written authorization of the Houston Parks and Recreation Department. Tennis courts are for tennis use only.

PARK	LOCATION	NO.	LIGHTS	WALL
Alief (KM 529E)	11903 Bellaire Blvd, 77072	4	Yes	1
Anderson (KM 491X)	5701 Beverlyhill, 77057	2	Yes	
Bendwood (KM 489D)	12700 Kimberley, 77024	2	Yes	1
Beverly Hills (KM 576S)	10201 Kingspoint, 77075	1	No	
Bonham (KM 530Q)	8401 Braes Acres, 77074	2	Yes	
Briarmeadow (KM 490Z)	7703 Richmond, 77063	2	Yes	
RL & Cora Johnson (KM 450A)	9920 Porto Rico, 77041	2	Yes	
Charlton (KM 535P)	8200 Park Place, 77017	2	Yes	
Cherryhurst (KM 492V)	1700 Missouri, 77006	1	Yes	1
Chimney Rock (KM 571B)	11655 Chimney Rock, 77035	2	Yes	
Cleveland (KM 492M)	200 Jackson Hill, 77007	2	No	
Clinton (KM 495U)	200 Mississippi, 77029	2	Yes	
Cloverland (KM 573L)	3801 Hickok, 77047	2	Yes	
Cole Creek (KM 411W)	7200 Drowsy Pine, 77092	2	No	
Crestmont (KM 574J)	5100 Selinsky Rd, 77048	2	Yes	1
Dodson Lake (KM 454F)	9010 Dodson, 77093	2	Yes	1
Dow (KM 535X)	7942 Rockhill, 77061	3	Yes	1
Eastwood (KM 494T)	5000 Harrisburg, 77011	2	Yes	
Emancipation (KM 493U)	3018 Emancipation Ave, 77004	2	Yes	1
Finnigan (KM 494G)	4900 Providence, 77020	2	Yes	
Fleming (KM 532D)	1901 Sunset Blvd, 77005	2	Yes	
Freeway Manor (KM 576F)	2241 Bronson/2300 Theta, 77034	1	Yes	
Grady (KM 491Q)	1700 Yorktown, 77056	1	Yes	
Graham (KM 452R)	540 West 34th St, 77018	1	Yes	
Greenwood (KM 497A)	602 Beresford, 77015	2	Yes	
Grimes (KM 573D)	5150 Reed Rd, 77033	2	Yes	
Hager (Lee) (KM 571A)	12100 Landsdowne, 77035	1	Yes	1
Halbert (KM 453S)	200 East 23rd St, 77008	1	Yes	
Hartman (KM 535C)	9311 Avenue P, 77012	2	Yes	
Haviland (KM 570H)	11600 Haviland, 77035	2	Yes	
Herman Brown (KM 456X)	400 Mercury Drive, 77013	4	Yes	
Highland (KM 451D)	3316 DeSoto, 77091	2	Yes	1
Hutcheson (KM 454U)	5400 Lockwood, 77026	1	Yes	
Ind Heights (KM 453N)	601 East 35th St., 77022	1	Yes	
Ingrando (KM 535E)	7302 Keller, 77012	2	Yes	
Jaycee (KM 452W)	1300 Seamist, 77008	2	Yes	1
Karl Young (KM 532J)	7800 Stella Link, 77025	1	Yes	
Keith-Wiess (KM 413M)	12300 Aldine-Westfield, 77093	2	Yes	
Law (KM 534Y)	6200 Scarlet / 6100 Vassar, 77033	2	Yes	1
Lincoln (KM 412Q)	979 Grenshaw, 77088	1	Yes	
Linkwood (KM 532P)	3699 Norris, 77025	2	Yes	1
Mangum Manor (KM 451L)	5235 Saxon, 77092	1	Yes	1
Mason (KM 535A)	541 South 75th St./Tipps, 77023	2	Yes	
Meadowcreek Village (KM 536S)	5333 Berry Creek, 77017	2	Yes	

PARK	LOCATION	NO.	LIGHTS	WALL
Melrose (KM 413T)	12200 Melrose Park Rd., 77076	4	Yes	
Meyerland (KM 531Q)	5151 Jason, 77096	2	Yes	
Milby (KM 535G)	2001 Central, 77017	2	Yes	
Milroy (KM 452Z)	1205 Yale, 77008	1	Yes	
Montie Beach (KM 453X)	915 Northwood, 77009	2	Yes	1
Moody (KM 453Y)	3725 Fulton, 77009	2	Yes	
Nieto (KM 495A)	500 Port, 77020	1	Yes	
Northline (KM 413W)	6902 Nordling, 77076	2	Yes	
Nottingham (KM 489E)	14205 Kimberley, 77079	2	Yes	1
Oak Forest (KM 452N)	2100 Judiway, 77018	2	Yes	
Proctor Plaza (KM 453X)	803 W. Temple, 77009	1	Yes	
Gail Reeves (KM 531N)	8800 Mullins, 77096	2	Yes	1
River Oaks (KM 492S)	3600 Locke Lane, 77027	4	No	
J Robinson, Sr. (KM 495L)	1422 Ledwicke, 77029	1	Yes	
Sagemont (KM 576Y)	1507 Hughes, 77089	2	Yes	
Scenic Woods (KM 415W)	449 Lakewood, 77017	2	Yes	
Schwartz (KM 451N)	8203 Vogue, 77055	2	Yes	
Settegast (KM 494N)	3001 Garrow, 77003	1	Yes	
Sharpstown (KM 530F)	8200 Bellaire Blvd, 77036	2	Yes	
Smokey Jasper (KM 415A)	13400 River Trail Rd, 77050	2	Yes	
Spotts (KM 493J)	401 S. Heights Blvd, 77007	2	Yes	
Sunnyside (KM 533X)	3502 Bellfort, 77051	2	Yes	
J Robinson, Sr. (KM 495L)	1422 Ledwicke, 77029	1	Yes	
Sagemont (KM 576Y)	1507 Hughes, 77089	2	Yes	
Scenic Woods (KM 415W)	449 Lakewood, 77017	2	Yes	
Schwartz (KM 451N)	8203 Vogue, 77055	2	Yes	
Settegast (KM 494N)	3001 Garrow, 77003	1	Yes	
Sharpstown (KM 530F)	8200 Bellaire Blvd, 77036	2	Yes	
Smokey Jasper (KM 415A)	13400 River Trail Rd, 77050	2	Yes	
Spotts (KM 493J)	401 S. Heights Blvd, 77007	2	Yes	
Sunnyside (KM 533X)	3502 Bellfort, 77051	2	Yes	
Tanglewood (KM 491K)	5801 Woodway, 77057	2	Yes	
Tidwell (KM 454D)	9720 Spaulding, 77016	2	Yes	
Townwood (KM 572P)	3403 Simsbrook, 77045	1	Yes	
Walter Jones (KM 575T)	8000 Coastway Lane, 77075	2	Yes	
Westbury (KM 531W)	5635 Willowbend, 77096	2	Yes	
Westwood (KM 532S)	4045 Lemac, 77025	2	Yes	
Willow (KM 531Z)	10400 Cliffwood, 77035	2	Yes	1
Wilson Memorial (KM 576G)	100 Gilpin, 77034	2	Yes	
Windsor Village (KM 571P)	14441 Croquet, 77085	2	Yes	
Winzer (KM 412S)	7300 Carver/Dolly Wright, 77088	2	Yes	
Woodland (KM 493C)	212 Parkview, 77009	1	Yes	
Zollie Scales (KM 533P)	501 Corder, 77021	1	Yes	



Houston Soccer For Success

Houston Soccer for Success is the U.S. Soccer Foundation's free afterschool program that provides children in urban, underserved communities with structured physical activity, nutrition education and mentorship, at no cost to their families. To Register for the Fall Season, please call 832-395-7576 or visit us at Milby Park: 2001 Central St, Houston, Texas 77017. For additional information click the link below.

<http://www.houstontx.gov/parks/youthsports.html#soccer>

FALL SEASON SCHOOL/PARK SITES

Houston Independent School District Sites	Houston Parks and Recreation Sites
Buffalo Creek Elementary School	Beverly Hills Park
Bruce Elementary School	Alief Community Center
Field Elementary School	Moody Park
Lora Peck Elementary School	Ingrando Park
Kipp Prime College Preparatory School	Milby Park
Paul Revere Middle School School	Burnett Bayland Park
Burbank Elementary School	Marian Park
Jefferson Elementary School	
Scroggins Elementary School	
Sherman Elementary School	Aldine Independent School District Site
Crespo Elementary School	
Johnson Elementary School	
Franklin Elementary School	
Park Place Elementary School	
Southmayd Elementary School	

Soccer for Success is the U.S. Soccer Foundation's nationally-recognized free afterschool program that uses soccer as a tool to address children's health issues and juvenile delinquency, while promoting healthy lifestyles in urban underserved communities.

HOUSTON'S BEST VALUE GOLF



houston
PARKS
& recreation
department
www.houstonparks.org

A CAPRA Accredited Agency



Sharpstown Park Golf Course
6600 Harbor Town
(713) 988-2099



Memorial Park Golf Course
1001 East Memorial Loop Drive
(713) 862-4033

GOLF COURSES

The Houston Parks and Recreation Department provides challenging golf courses for citizens' enjoyment. From the highly acclaimed Memorial Park (the #1 municipal course in the state!), to the well maintained and lower priced and Gus Wortham Park courses, there is something for every golfer.

Memorial, Hermann, and Gus Wortham are all located inside the loop. Sharpstown, one of Houston's most popular and most walkable courses, is close in on the Southwest side. Melrose, in the North Central part of the city, offers a chance to practice short-game skills with its 18 par -3 holes. All courses have driving ranges. Practice putting and chipping greens. Pro shops, dining facilities are available at all courses except Melrose.

All courses are non-metal spike facilities. Weekday fees apply Monday through Thursday. Weekend fees apply Friday through Sunday, and all city holidays. Junior (under 18) and Senior (65 - older) rates are offered on weekdays only. Twilight start times vary by season and courses. Call individual courses for more information. For tee time reservations log on to www.houstonparks.org and access the tee time reservation system. This innovative tee time system includes Memorial and Sharpstown. For tee times at other courses call the pro shop. For information on all the courses, visit www.houstonparks.org. Lessons from qualified instructors are available at all courses. Tournament and corporate outings may be scheduled by calling any of the courses.

(Note: Prices are subject to change. Extra fee applies for use of electric golf car.)



Memorial Park Golf Course

Memorial Park Golf Course began in 1923 as a 9-hole sand green course built near the hospital at Camp Logan. In 1935, in an ambitious effort to enhance parks across the city, the Houston Parks and Recreation Department began constructing an illustrious 18-hole golf course. In July of 1936, the first ball was teed off on what architect John Bredemus called his "greatest golf course ever."

Through the years, Memorial Park Golf Course hosted many famous golfers like Arnold Palmer, Babe Didrikson, and Charlie Sifford. It also hosted the Houston Open PGA Tour event from 1951 to 1963. In 1995, a newly renovated 260-acre course opened with a lighted driving range, putting and chipping greens, and a beautiful new clubhouse facility featuring an expanded pro shop and a Beck's Prime Restaurant.

Today, Memorial Park Golf Course is known as one of the best municipal courses in the nation and is visited by more than 60,000 patrons each year. Houston is proud to call Memorial Park Golf Course the crown jewel of its parks. Memorial Park Golf Course is closed on Tuesdays. Tee times are available online at www.houstonparks.org. Click on the golf link and choose "Online Tee Times" to access the reservation system.

Location:	Memorial Park (KM 492F)
Address:	100 Memorial Loop, 77007
Information:	(713) 862-4033
Year Began / Par:	1923 / 72
Hours:	Dawn - 10:00 pm
Fees	
Junior (Mon - Thur Only):	\$10.00
Senior/Disabled (Mon - Thur):	\$15.00
Mon - Thur:	\$30.00
Fri - Sat & Holidays:	\$38.00
Mon - Thur Twilight:	\$21.00
Fri - Sun Holiday Twilight:	\$28.00





Hermann Park Golf Course



Hermann Park Golf Course is a jewel nestled in the center of the Bayou City. Since 1922, this lush parkland course has been at the center of a rich tradition of golfing excellence. The course was fully renovated in 1998. The new clubhouse is located at the corner of Almeda and North MacGregor and from there you set out on this short but challenging and enjoyable course. Water toughens the course, coming into play on half the holes.

You'll find no more enjoyable way to experience George Hermann's legacy than playing this 18-hole oasis in the very heart of Houston.

Hermann has a driving range, practice putting green, pro shop and complete snack bar. The Hermann Park Golf Course is managed for HPARD by BSL Golf Corp. Sales tax is additional on all fees. Carts required weekend mornings. Tee times are available online at www.houstonparks.org. Click on the golf link and choose Calendar of Events: Hermann Park Golf Course to access the Hermann Park Golf Course website.

Location:	Hermann Park (KM 533A) 2155 N. MacGregor, 77030
Information:	(713) 526-0077
Yardage / Par:	6014 / 70
Hours:	7:00 am - 9:00 pm

Fees

Junior (Mon - Thur Only):	\$ 8.00
Senior/Disabled (Mon - Thur):	\$12.00
Mon - Thur:	\$20.50
Fri - Sun & Holidays:	\$30.50
Mon - Thur Twilight:	\$16.00
Mon - Thur Twilight 2:	\$12.50
Fri - Sun Holiday Twilight:	\$24.00
Fri - Sun Holiday Twilight 2:	\$18.50



Sharpstown Park Golf Course



Welcome to Sharpstown Park Golf Course, Houston's "Best Golfing Value." Sharpstown has earned this reputation by providing outstanding customer service and excellent facility conditions, while offering some of the lowest fees in the Gulf Coast area. Sharpstown Golf Course is located in the heart of southwest Houston, one mile west of Hwy 59 and just 1 block north of Bellaire Blvd. on Harbor Town Drive. Sharpstown's convenient location allows for quick access from anywhere in the greater Houston area. Recent improvements at Sharpstown include new cart paths, improved drainage, and resurfaced greens with high quality mini-verde ultra-dwarf bermuda. The 18 hole, par 70 course has 4 sets of tees, allowing moderate degrees of difficulty for the novice and beginner, yet enough length (6,660 from the back tees) to test the avid and skilled player.

Sharpstown's amenities include a driving cage for practice or warming up, 2 putting greens, a chipping green, full service pro shop, cafe and beverage cart and golf professionals who are available for lessons. Tee times are available online at www.houstonparks.org. Click on the golf link and choose "Online Tee Times" to access the tee time reservation system.

Location:	Sharpstown Park (KM 530F) 6660 Harbor Town, 77036
Information:	(713) 988-2099
Yardage / Par:	6600 / 70
Hours:	Dawn - Dusk

Fees

Junior (Mon - Thur Only):	\$ 8.00
Senior/Disabled (Mon - Thur):	\$13.00
Mon - Thur:	\$18.00
Fri - Sun & Holidays:	\$26.00
Mon - Thur Twilight:	\$15.00
Mon - Thur Twilight 2:	\$13.00
Fri - Sun Holiday Twilight:	\$20.00
Fri - Sun Holiday Twilight 2:	\$16.00



Melrose Park Golf Course



Melrose Park Golf Course is one of the few 18 hole par-3 golf courses in the state and it is lighted for night play! Located on Canino Road, between Airline Drive and the Hardy Toll Road, Melrose also offers a lighted driving range with a grass hitting area, chipping green, practice bunker and practice putting green. With holes ranging in length from 70 yards to 145 yards, you will get the opportunity to work on all aspects of your short iron game. Imagine being able to play 18 holes in less than 2 hours and have a chance for a hole-in-one on every hole!

Melrose is managed for HPARD by Walton Golf Enterprises. Individual lessons and group clinics are available. Summer hours are from 8:00 a.m. to 9:00 p.m. Contact the course for further information.

Location:	Melrose Park (KM 413T) 401 Canino, 77076
Information:	(281) 931-4666
Yardage / Par:	2250/54
Hours:	Dawn - Dusk

Fees

Junior (Weekday Only):	\$ 6.50
Senior/Disabled (Weekday Only):	\$6.50
Weekday (Mon - Thur):	\$10.00
Weekday/Holiday (Fri-Sat)	\$12.00
Weekday/Holiday Night	\$13.00



PARK VOLUNTEER PROGRAM

Every year HPARD depends on hundreds of volunteers of all ages to assist in a variety of programs and activities from coaching youth sports teams to cleanup projects in neighborhood parks. We encourage individuals, businesses, youth and adult organizations and corporate sponsors to learn more about all the volunteer opportunities available with the department. Make a difference in your community, in the lives of children and in our park programs. Get involved and volunteer today!

VOLUNTEER PROGRAMS

Green Team Volunteer Program

Green Team Volunteers provide landscaping maintenance and improvements, tree planting, park and/or bayou de-littering, and help with beautification projects. Individuals, businesses, youth and adult organizations and corporate sponsors are all encouraged to participate in this program.

All volunteers must complete a volunteer waiver form for each event.

Ages:	Youth - Adult Varies With Project
Registration:	(832) 395-7280 (832) 395-7270

Eagle Scout Projects

HPARD welcomes project submission from Eagle Scout candidates for projects involving green spaces, youth sports programs and community centers.

Ages:	17 and under
Registration:	(832) 395-7280 (832) 395-7270

Internship Program

HPARD provides a professional environment in which undergraduate, graduate and post-graduate students may acquire experience, which relates to their academic course of study.

The internship program is open to all students from an accredited college or university who are seeking and actively pursuing a career in the fields of recreation, park management or other related professions.

Ages:	18 - older
Registration:	(832) 395-7112

URBAN GARDENING PROGRAM VOLUNTEERS NEEDED

Would you like to have fresh, flavorful, wholesome, home-grown fruits, vegetables, herbs and flowers but don't have to space for a garden at home?

We provide the beds and guidance from our Urban Gardener, you bring the plants, tools and your imagination! We also love to work with groups and offer volunteer opportunities as well! It's so easy to get started! Register on our website at www.houstontx.gov/parks/urbangarden.html

HPARD's Urban Gardening Program has the answer! The Program currently has 11 community gardens across the City to choose from.

Ages:	18 - older	
Locations:	Burnett-Bayland Park	Cloverland Park
	Freed Park	Independence Heights
	Levy Park	Mandell Park
	Metropolitan Multi-Service Center	Nellie Keyes Park
	Shady Lane	Sunnyside Park
Information:	Hermann Brown Park	
	(832) 395-7120	theurbangarden@houstontx.gov

FACILITIES, MANAGEMENT AND DEVELOPMENT INTERNSHIP PROGRAM

HPARD provides a professional environment in which undergraduate, graduate and post-graduate students may acquire experience, which relates to their academic course of study.

The internship program is open to all students from an accredited college or university who are seeking and actively pursuing a career in the fields of recreation, park management, landscape architecture, planning, GIS and other related fields.

Ages:	18 and older
Registration:	(832) 395-7028





RECREATION AND WELLNESS VOLUNTEER PROGRAMS

Volunteer at your area community center! You can gain valuable experience in the recreational field, explore a potential career option, develop personal and professional skills while giving back to your community.

Teen Volunteer Program

Volunteer opportunities include: Summer Enrichment Program Assistance, Office Assistant and acting as a Receptionist.

No experience is necessary. All teen volunteers are required to complete a Teen Volunteer Application Form before volunteering.

Ages:	14 - 17
Registration:	Ongoing
During Community Ctr Hours	
Program Dates:	Ongoing
Location:	All HPARD Community Ctrs
Information:	(832) 395-7280 (832) 395-7131 (832) 395-7270

Athletic Team Volunteer

Team volunteers serve as coaches, assistant coaches or provide support to youth participating in Grand Slam for Youth Baseball and instructional sports (as part of the After School Enrichment Program). All applicants must pass a Background Check before being accepted as a volunteer. Apply at any HPARD Community Center.

Ages:	18 - older
Information:	(832) 395-7261 (832) 395-7275

Friends of the Park

Make a difference in your community by joining your neighborhood Friends of the Park Council. Your assistance is needed with volunteer opportunities, planning/assisting with special events and providing input regarding the community's programming needs. All applicants must pass a Background Check before being accepted as a volunteer.

Ages:	18 - older
Location:	All HPARD Community Ctrs
Information:	(832) 395- 7294

Adult Volunteer Program

Volunteer opportunities include: Afterschool and Summer Enrichment Program Assistance, Office Assistant Chaperone on youth field trips and Receptionist duties.

No experience is necessary. Each Adult Volunteer must complete an Adult Volunteer Application Form before volunteering.

All applicants must pass a Background Check before being accepted as a volunteer.

Ages:	18 - older
Registration:	Ongoing
During Community Ctr Hours	
Program Dates:	Ongoing
Location:	All HPARD Community Ctrs
Information:	(832) 395-7280 (832) 395-7131 (832) 395-7270

PARK & GREENSPACE ADOPTION

HPARD's Adoption Programs are a great way to show your pride and commitment to Houston's parks and green spaces. Whether you're with a group or business interested in active community involvement we have a program that will fit your desire to improve the quality of our park system and public land. There are 5 different Adoption Programs for you to choose from, Adopt-A-Park, Adopt-An-Esplanade, Adopt-A-Sports Field, Adopt-A-Trail and Adopt-A-Library Greenspace. Regardless of the program you choose your involvement helps us maintain green spaces that we're all proud of!

Contact: Marilu De La Fuente

Information: (832) 395-7029 | marilu.delafuente@houstontx.gov



Adopt-A-PARK

This HPARD adoption program welcomes homeowners associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of a park. Term of agreement minimum of 2 years.

Adopt-A-SPORTS FIELD

This HPARD adoption program welcomes organizations who wish to adopt a sports field in lieu of paying permitting fees associated with the use of ballfields.

This adoption is available for youth leagues only.

The term is for 6 months, Jan-June and July-Dec. The adopter is responsible for all maintenance related to the sports field for the entire 6 month period.

Adopt-An-ESPLANADE

This HPARD adoption program welcomes organizations homeowners associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of esplanades/medians.

Term is perpetual provided adopter maintains esplanades/medians free of trash, mowed and edged.

Adopt-A-TRAIL

This adoption program welcomes civic groups interested in providing long-term support for the maintenance and aesthetic quality of a portion of a trail. Term is a 2 year minimum.

Adopt-A-LIBRARY GREEN SPACE

This HPARD adoption program welcomes homeowners associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of library grounds. Term of agreement minimum of 2 years.

PERMITS AND RESERVATIONS

Permits and Reservations

HPARD has many different outdoor area spaces available for rental. No matter the event you desire to plan, there will be a venue or space at one of our parks that will accomodate your needs.

Most areas within the park may be reserved for personal use or private events by obtaining a permit through HPARD's Permit Section for a nominal fee (some areas may require a refundable deposit). Open area space, pavilions, and picnic tables may be reserved for birthday parties, family or religious gatherings, weddings and more! Sports field reservations are also available for weekdays or weekends. When planning your event it is very important to contact HPARD's Permits Office as early as possible to receive the most current information on the park or facility of your choice.

For your convenience, reservations and payments are made online at: <https://apm.activecommunities.com/houstonparks>

For information regarding permits for large public events, call the Mayor's Office of Special Events at (832) 393-0861.

Office Hours:	8:00 am - 4:00 pm, M-F
Sportsfield Permits:	(832) 394-8804
Outdoor Permits:	(832) 394-8805
Rain-out Line:	(832) 395-7004
Fax Line:	(832) 395-9633
Online Reservations: apm.activecommunities.com/houstonparks	



GARDENS

McGovern Centennial Gardens and Cherie Flores Garden Pavilion

The Cherie Flores Garden Pavilion is the entry way to the Gardens. Designed by world renowned architect Peter Bohlin of Bohlin Cywinski Jackson the dramatic entry way provides a meeting room as well as a spectacular fountain and walkway to a 30-foot Garden Mount.

The gardens were designed by the landscape design firm Hoerr Schaudt, in collaboration with White Oak Studio and Dr. William C. Welch of Texas A & M University. They feature several themed gardens (including a rose garden and sculpture garden). The 30-foot Garden Mount provides a scenic view of the area's beauty.

The gardens hours change seasonally. They stay open later during the summer months between Memorial Day and Labor Day and close earlier during the shorter winter months.

For more information on the Cherie Flores Garden Pavilion and on the McGovern Centennial Gardens please visit The Hermann Park Conservancy at www.hermannpark.org

Location:	1500 Hermann Drive Houston, TX 77004
Information:	(713) 524-5876

Japanese Garden at Hermann Park

Nestled in a pine grove near the Sam Houston Monument in Hermann Park you'll find an island of serenity known as the Japanese Garden. Designed by world-renowned Japanese landscape architect Ken Nakajima, the garden was built to symbolize the friendship between Japan and the US, and to recognize Houston's thriving Japanese community.

The Japanese Garden in Hermann Park is built in the Daimyo Style, a traditional design that dates back to the 17th, 18th, and 19th century stroll gardens. Like most stroll gardens, this 5-acre oasis is designed around a sequence of landscape elements, which combine together to create a work of living art.

THE JAPANESE GARDEN IS NOT AVAILABLE FOR RENTALS.

Professional Photographers are prohibited.

Spring/Summer Hours:	10:00 am - 6:00 pm
Fall/Winter Hours:	10:00 am - 5:00 pm
Location:	6001 Fannin
Information:	(713) 284-1989

For additional information and forms, please visit: www.houstontx.gov/parks/permits.html

HPARD COMMUNITY CENTERS PHONE NUMBERS

NORTHEAST

Clark (KM 453B)

9718 Clark, 77076
(713) 742-1497

Clinton (KM 495U)

200 Mississippi, 77029
(713) 673-0955

Finnigan (KM 494H)

4900 Providence, 77020
(713) 678-7385

Hobart Taylor (KM 455Q)

8100 Kenton, 77028
(832) 395-7621

Judson Robinson, Sr (KM 495L)

1422 Ledwicke, 77029
(832) 395-7320

Kingwood (KM 297X)*

4102 Rustic Woods Drive, 77345
(281) 348-2570

Lakewood (KM 455G)

8811 Feland, 77028
(713) 636-8217

Melrose (KM 413T)

1001 Canino, 77076
(281) 447-0514

Moody (KM 453Y)

3725 Fulton, 77009
(832) 395-7645

Selena Q. Perez (KM 494H)

6402 Market, 77020
(832) 395-7640

Shady Lane (KM 414W)

10220 Shady Lane, 77093
(713) 742-1503

Swiney (KM 494J)

2812 Cline, 77020
(713) 238-2197

Tidwell (KM 454D)

9720 Spaulding, 77016
(713) 636-8221

Tuffly (KM 454X)

3200 Russell, 77026
(713) 674-2355

NORTHWEST

Candlelight (KM 452E)

1520 Candlelight, 77018
(713) 682-3587

Fonde (KM 493K)

110 Sabine, 77007
(713) 226-4466

Freed (KM 451Y)

6818 Shady Villa, 77055
(832) 395-7611

Highland (KM 451D)

3316 DeSoto, 77091
(713) 956-9137

Independence Heights (KM 453N)

603 East 35th, 77022
(713) 867-0373

Judson Robinson, Jr. (KM 533B)

2020 Hermann Drive, 77004
(832) 395-7626

Kendall (KM 488C)

609 North Eldridge, 77079
(832) 393-1897 **SITE CLOSED**

Lincoln (KM 412Q)

979 Grenshaw, 77088
(281) 445-1617

Love (KM 452Z)

1000 West 12th, 77008
(713) 867-0497

Milroy (KM 452Z)*

1205 Yale, 77008
(713) 867-0397

Montie Beach (KM 453X)

915 Northwood, 77009
(713) 864-6820

Proctor Plaza (KM 453X)

803 West Temple, 77009
(713) 862-6907

R L and Cora Johnson (KM 450A)

9920 Porto Rico, 77041
(713) 895-6141

Stude (KM 493E)

1031 Stude, 77007
(713) 867-0496

Woodland (KM 493C)

212 Parkview, 77009
(713) 867-0401

SOUTHEAST

Bessie Swindle (KM 573L)

11800 Scott, 77047
(713) 733-4581

Beverly Hills (KM 576S)

10201 Kingspoint, 77075
(713) 948-9065

Charlton (KM 535P)

8200 Park Place, 77017
(713) 645-3589

Crestmont (KM 574J)

5200 Selinsky, 77048
(713) 733-2236

DeZavala (KM 495S)

907 76th St., 77012
(713) 923-5163

Eastwood (KM 494T)

5020 Harrisburg, 77011
(713) 928-4801

Edgewood (KM 534X)

5803 Bellfort, 77033
(713) 734-8434

Garden Villas (KM 535W)

6720 S. Haywood, 77061
(713) 847-5168

Hartman (KM 535C)

9311 E. Ave P, 77012
(713) 928-4803

Ingrando (KM 535F)

7302 Keller, 77012
(713) 643-4764

MacGregor (KM 534E)*

5225 Calhoun, 77021
(713) 747-8650

Mason (KM 535A)

541 South 75th, 77023
(713) 928-7055

Meadowcreek (KM 535A)

5333 Berry Creek, 77017
(713) 946-9020

Sagemont (KM 576Y)

11507 Hughes, 77089
(281) 922-2343

Settegast (KM 494N)

3000 Garrow, 77003
(713) 238-2200

SOUTHWEST

Alief (KM 529E)

11903 Bellaire, 77072
(281) 564-8130

Almeda (KM 572Y)

14201 Almeda School Rd., 77047
(713) 434-1909

Burnett Bayland (KM 531B)*

6200 Chimney Rock, 77081
(713) 668-4516

Cherryhurst (KM 492R)

1700 Missouri, 77006
(713) 284-1992

Emancipation (KM 493Y)

3018 Emancipation Ave, 77004
(832) 395-7400

Godwin (KM 531U)

5101 Rutherglen, 77096
(713) 726-7114

Hackberry (KM 528M)*

7777 S. Dairy Ashford, 77072
(832) 395-7616

Lansdale (KM 530K)

8201 Roos, 77036
(713) 272-3668

Linkwood (KM 532P)

3699 Norris, 77025
(713) 314-3107

Marian (KM 530X)

11101 South Gessner, 77071
(713) 773-7015

Platou (KM 571B)

11655 Chimney Rock, 77053
(713) 726-7107

River Oaks (KM 492T)

3600 Locke Lane, 77027
(713) 622-5998

Sharpstown (KM 530F)

6600 Harbor Town, 77036
(832) 395-7605

Sunnyside (KM 533X)

3502 Bellfort, 77051
(832) 395-7586

Townwood (KM 572P)

3403 Simsbrook, 77045
(832) 395-7565

Windsor Village (KM 571P)

14441 Croquet, 77085
(713) 726-7113

* Indicates site does NOT offer Summer Enrichment Program.

HPARD PHONE NUMBERS

Frequently Called Numbers		
Houston Parks & Recreation Department	2999 S. Wayside Dr.	(832) 395-7000
HPARD Urban Park Rangers Dispatch	2999 S. Wayside Dr.	(832) 395-7100
HPARD Park Maintenance Problems		3-1-1
HPARD Program / Administration Phone Numbers		
Adoption Programs	2999 S. Wayside Dr.	(832) 395-7029
Adult Sports	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7130
Adult Sports Bulletin Board	(Phone Message Only)	(832) 395-7004
After School Enrichment Program	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7131
After School Enrichment Program (Administration)	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-77170
After School Food Services Program		(713) 676-6832
Athletes Seeking Knowledge Program	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7275
Aquatics	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7129
Community Centers Information	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7294
D-Tag (Information)	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7270
D-Tag (Administration)	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7270
First Tee of Houston at FM Law Park	8400 Mykawa Road	(713) 264-2100
Golf – Brock Park	8201 John Ralston Road	(281) 458-1350
Golf – Glenbrook Park	8205 Bayou Drive	(713) 649-8089
Golf – Gus Wortham Park Managed by Houston Golf Association	7000 Capitol	(713) 928-4260
Golf – Hermann Park Managed by BSL Golf Corp.	2155 North MacGregor	(713) 526-0777
Golf – Melrose Park Managed by Walton Golf Enterprises	401 Canino	(281) 931-4666
Golf – Memorial Park	1001 East Memorial Loop Drive	(713) 862-4033
Golf – Sharpstown Park	6600 Harbor Town	(713) 988-2099
Lake Houston Wilderness Park Reservations	25840 FM 1485 New Caney, Texas 77357	(281) 354-6881
Lee & Joe Jamail Skatepark	103 Sabine Street	(713) 222-5500
McGovern Centennial Gardens & Cherie Flores Garden Pavilion	1500 Hermann Drive	(713) 524-5876 x 335
Mayor’s Office of Special Events (Special Events Permits)		(832) 393-0868
Mayor’s Office of Special Events (Parade & Street Function Permits)		(832) 393-0868
Memorial Park Bike Trail Message Line	(Phone Message Only)	(713) 437-6588
Memorial Park Fitness Center	6402 Arnot, 77007	(832) 395-7596
Memorial Park Running Trail Center	7575 North Picnic Lane, 77007	(832) 395-7357
Metropolitan Multi-Service Center	1475 West Gray	(713) 284-1973
Nature Programs (HPARD Venues)	6200 Wheeler, Bldg. 3	(832) 395-7131
Nature, Teen & Senior Programs Administration	6200 Wheeler, Bldg. 3	(832) 395-7270
Permits & Rentals (Outdoors)	2999 S. Wayside Dr.	(832) 394-8805
Permits & Rentals (Sports fields)	2999 S. Wayside Dr.	(832) 394-8804
Senior Programs (Information)	6200 Wheeler, Bldg. 3	(832) 395-7133
Senior Programs (Administration)	6200 Wheeler, Bldg. 3	(832) 395-7270
Summer Enrichment Program	6200 Wheeler, Bldg. 3	(832) 395-7131
Summer Enrichment Program (Administration)	6200 Wheeler, Bldg. 3	(832) 395-7170
Summer Food Service Program	6402 Market Street	(713) 676-6832
Teen Programs (Information)	6200 Wheeler, Bldg. 3	(832) 395-7131
Tennis - Homer Ford Tennis Center	5225 Calhoun	(713) 842-3460
Tennis - Lee LeClear Tennis Center	9506 S. Gessner	(713) 272-3697
Tennis - Memorial Park Tennis Center	1500 Memorial Loop Dr.	(713) 867-0440
Tennis - Youth Tennis Office	1500 Memorial Loop Dr.	(713) 803-1112
Volunteer Programs	6200 Wheeler, Bldg. #3	(832) 395-7280



Houston Parks and Recreation Department LOCAL GARDENERS!



YOU ARE INVITED TO JOIN OUR GARDEN!

Want to share?

Gardening Tips & Knowledge with youth

Like Horticulture?

Veggie / Fruit Gardening & Flowers for butterflies and bees

**Interested in taking home your own healthy
and delicious produce?**

**GARDEN BEDS ARE AVAILABLE AT PARTICIPATING
HOUSTON PARKS & RECREATION DEPARTMENT
COMMUNITY CENTERS**

Please email:

theurbangardener@houston.tx.gov | Call: 832-395-7120

Or visit your participating Houston Parks & Recreation Department Community Center to join



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