

Information for Adult Water Fitness Classes

Locations				
Pool	Address	Day	Time	Class
Agnes Moffitt	10645 Hammerly, 77043	W & F	7:00 – 7:45 p.m.	Adult Circuit Water Fitness
Emancipation	3018 Dowling, 77004	T & Th	5:00 – 5:50 p.m.	Adult Circuit Water Fitness
Finnigan	4900 Providence, 77020	S	1:00 – 1:50 p.m.	Adult Circuit Water Fitness
Hobart Taylor	8100 Kenton, 77028	W & F	7:10 – 8:00 p.m.	Aqua Zumba
Hobart Taylor	8100 Kenton, 77028	T & Th	11:15 a.m. – 12:15	Adult Circuit Water Fitness
Jud. Robinson Sr.	1422 Ledwicke, 77029	W & F	10:00 – 10:50 a.m.	Adult Circuit Water Fitness
Jud. Robinson Sr.	1422 Ledwicke, 77029	W & F	11:00 – 11:50 a.m.	Youth Water Fitness
MacGregor	5225 Calhoun, 77021	T & Th	9:00 – 10:00 a.m.	Adult Circuit Water Fitness
MacGregor	5225 Calhoun, 77021	W & F	7:10 – 8:00 p.m.	Aqua Zumba
Mason	541 South 75th, 77023	W & F	5:00 – 5:50 p.m.	Adult Circuit Water Fitness
Memorial	6402 Arnot, 77007	T & Th	6:30 – 7:30 a.m.	Adult Hydro-Fit Power Training
Sunnyside	3502 Belfort, 77045	T - F	5:00 – 5:50 p.m.	Silver Splash
Tidwell	9720 Spaulding, 77016	T & Th	10:00 – 10:55 a.m.	Adult Circuit Water Fitness
T.C. Jester	4205 T.C. Jester, 77018	T & Th	7:10 – 8:00 p.m.	Adult Aquatic Dance
Townwood	3403 Simsbrook, 77051	T - F	7:10 – 8:00 p.m.	Adult Circuit Water Fitness
Westbury	10605 Mullins, 77096	W & F	6:10 – 7:00 p.m.	Adult Hydro-Fit Power Training
Westbury	10605 Mullins, 77096	W & F	7:10 – 8:00 p.m.	Adult Hydro-Fit Power Training
Westbury	10605 Mullins, 77096	T & Th	9:00 – 10:00 a.m.	Aqua Zumba
Windsor Village	14441 Croquet, 77085	T & Th	7:10 – 8:00 p.m.	Aqua Zumba