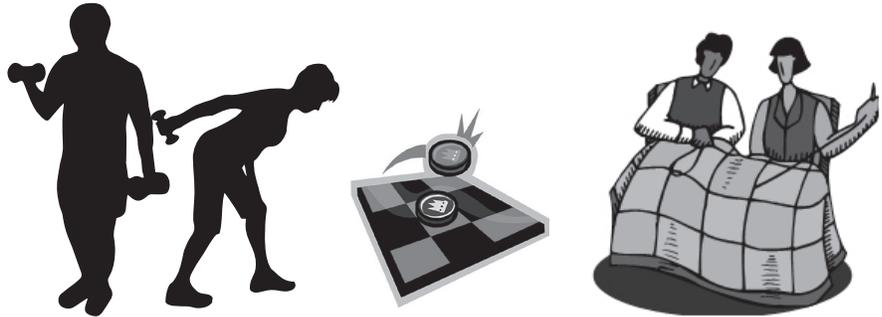


SENIOR PROGRAMS

Houston Parks and Recreation Department

Lakewood Park Community Center Senior Program



Monday, Wednesday and Friday

Board Games	9:00 a.m. - 10:00 a.m.
Senior Fitness	10:00 a.m. - 11:00 a.m.
Active Games	11:00 a.m. - 12:00 p.m.
Arts and Crafts	12:00 p.m. - 1:00 p.m.

Location: Lakewood Park Community Center
8811 Feland, 77028

Registration: Required, please see staff at
community center

Information: (713) 636-8217

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