

# ZUMBA FITNESS

Houston Parks and Recreation Department

## Zumba Fitness Class



Zumba!

Come and get fit with this high energy, high octane workout! Zumba is fun, FREE, and open to the public! Wear comfortable workout clothes and bring a bottle of water.

<b>Location:</b>	Emancipation Park Community Center 3018 Dowling 77004
<b>Date:</b>	Thursdays
<b>Time:</b>	6:15 p.m. – 7:15 p.m.
<b>Fee:</b>	FREE
<b>Information:</b>	(713) 284-1302

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