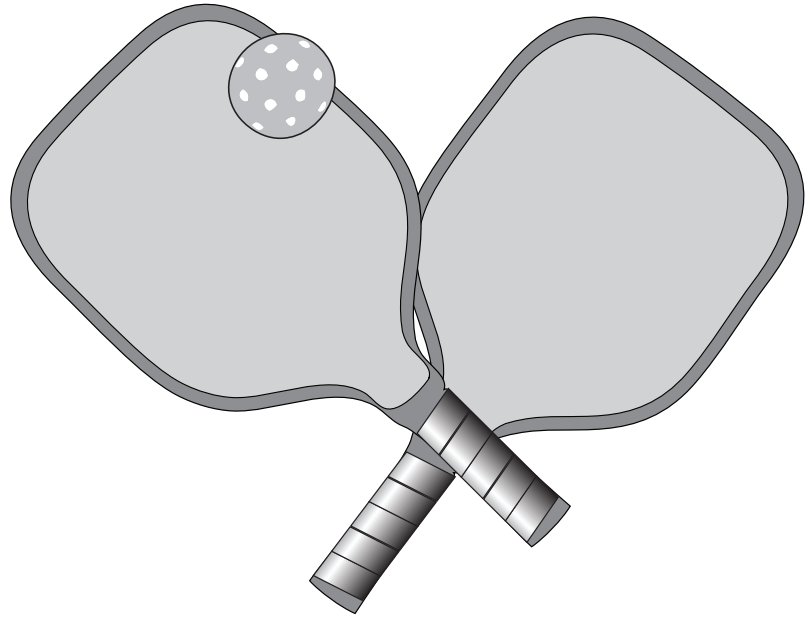


Houston Parks and Recreation Department

## Pickle Ball for Seniors



Calling all seniors: join your friends every Monday for fun and physical exercise! Pickle ball is a cross between table tennis and badminton and is played with wooden paddles on a court smaller than a tennis court. It's great fun and a good way to keep your body active and in shape!

<b>Location:</b>	Townwood Park Community Center 3403 Simsbrook, 77045
<b>Time:</b>	10:00 a.m. – 1:00 p.m.
<b>Date:</b>	Every Monday
<b>Information:</b>	(713) 434-3508

# Pickle Ball for Seniors

G4-079.14

