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## NEWS RELEASE

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### **Outdoor Adventures and Nature Thrills At Lake Houston Wilderness Park This August**

The Houston Parks and Recreation Department invites everyone interested in the world of nature to visit Lake Houston Wilderness Park in August for an ongoing series of fun and educational events in the great outdoors! Throughout the month, Park Naturalist Crystal Johnston will lead guests on a variety of learning adventures, including:

**Saturday, August 1 – Breakfast with the Birds/Birding 102**

**8:30 a.m. (Ages 14 and up) and 2:00 p.m. (Ages 8 – 13)**

Join fellow birding enthusiasts for an informal count of resident birds. Make your reservation by July 18 by calling (281) 354-0173. Free with \$3 park entry fee.

**Friday, August 14 – Swamp Tromp for Kids**

**10:00 a.m. for ages 5 – 13**

Join other nature lovers as we travel by 4-wheel drive vehicle to remote areas of the park! Check out wildlife in its natural setting! Make your reservation by calling (281) 354-0173, beginning July 4. Limited to 10 guests. Free with \$3 park entry fee.

**Saturday, August 15 – Amazing Alligators**

**2:00 p.m.**

Separate fact from fiction regarding these fascinating reptiles! Make your reservation by calling (281) 354-0173, beginning August 1. Free with \$3 park entry fee.

**Thursday, August 20 – Scavenger Hunt**

**10:00 a.m. & 2:00 p.m. for ages 5 – 13**

Young nature lovers and their parents will venture out on the trails of the park for a day of nature discovery! Make your reservation by calling (281) 354-0173, beginning August 6. Free with \$3 park entry fee.

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**Saturday, August 22 – Urbanization, Habitats, & Wildlife**

**2:00 p.m. for ages 14 and up**

Learn about the impact of urbanization on animals and their habitats. Make your reservation by calling (281) 354-0173, beginning August 8. Free with \$3 park entry fee.

**Saturday, August 29 – Naturalist 101**

**2:00 p.m.**

Ever wonder what it would be like to work outdoors all day, with deer, birds, and raccoons in your office? Learn about the importance of conservation education! Make your reservation by calling (281) 354-0173, beginning August 15. Free with \$3 park entry fee.

Lake Houston Wilderness Park is located 30 minutes north of downtown Houston off of Highway 59 and FM 1485 at 22031 Baptist Encampment Road. It has approximately 5,000 acres of forest, with twelve miles of hike and bike trails and eight miles of equestrian trails and camping facilities. The park offers a variety of activities for visitors to experience.

For more information on the Lake Houston Wilderness Park and the Houston Parks and Recreation Department, call (713) 865-4537, or go to [www.houstonparks.org](http://www.houstonparks.org).