



The Partners Campaign is vitally important to the services the Lake Houston Family YMCA offers to the communities of Atascocita, Huffman, Humble, Kingwood, New Caney, Porter and surrounding areas. Here is what your contributions support:

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**After School Child Care Program**

A partnership with Humble ISD, this program provides a safe, positive environment after school to over 1000 children a day. Your contribution helps to support families who are experiencing financial difficulties.

**YMCA Youth Programs**

Over 250 families will participate in YMCA youth programs this year because of the generosity of donors to our annual Partners campaign. Programs include soccer, street hockey, basketball, baseball, flag football, gymnastics, dance, swimming, special needs programs and parent/child programs.

**YMCA National Values Camp**

Supports sending young adults from the Lake Houston community to this teen leadership camp in the Blue Ridge Mountains.



Limited financial assistance is available to individuals and families who substantiate a need. **United Way**

Non-Profit Org.  
U.S. POSTAGE  
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Humble, Texas

**Lake Houston Family YMCA**  
2420 West Lake Houston Parkway  
Kingwood, TX 77339  
(281) 360-2500 • Fax (281) 360-3122  
www.ymcahouston.org

We build strong kids, strong families, strong communities.

*YMCA Mission: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all.*



presents



**Saturday, February 2, 2008**

- 1/2 Mile Kid's Race, 6 & under • 8:00 a.m.
- 1-Mile Kid's Race, 7 - 10 • 8:20 a.m.
- 1-Mile Kid's Race, 11 - 14 • 8:40 a.m.
- 5K Family Run & Walk • 9:00 a.m.
- Awards Ceremony • 10:00 a.m.

**Benefiting the Lake Houston Family YMCA**

sponsored by



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**EVENT**

Bridge Fest began as a celebration of the opening of the Lake Houston Parkway Bridge, which links the communities of Kingwood, Atascocita and Humble. A 5K (3.1 miles) race for runners, joggers and walkers of all abilities and ages. Net proceeds benefit the Lake Houston Family YMCA Partners Campaign.

**DATE & TIME**

Saturday, February 2, 2008  
 8:00 a.m. 1/2-mile Kids Race, 6 & under  
 8:20 a.m. 1-mile Kids Race, 7 - 10  
 8:40 a.m. 1-mile Kids Race, 11 - 14  
 9:00 a.m. BridgeFest 5K  
 10:00 a.m. Awards Ceremony

**LOCATION**

Start and finish at the Lake Houston Family YMCA, 2420 W. Lake Houston Parkway.

**COURSE**

The course is a fast accurately measured USTA certified TX 9800 4ETM, 5K with only one turn, starting at the YMCA. A medical aid station will be set up at the start/finish area and there will be water aid stations set up after mile 1 & 2 on the course.

Times will be called at each mile marker for racers. Walkers will NOT be timed. Race time and results coordinated by Ryans Race Management.

**RACE DAY PARKING**

The first 100 individuals and/or families to register will receive a parking pass to park at the YMCA (families will receive one parking pass). Other participants can park their cars along Lake Houston Parkway, Bens View, and Kings Crossing Drive, just north of the YMCA. Shuttle vans will be available in Town Center to transport participants to and from the YMCA. Additional parking also available south of the YMCA on Magnolia Cove and the new Kings Harbor parking garage. This is a short walk to the YMCA and would be a great warm-up!

**PACKET PICKUP & LATE REGISTRATION**

Packets for those who register before Thursday, January 31 will be available at the Lake Houston Family YMCA on Friday, February 1 from 12:00 - 10:00 pm. Late registrations will continue up to 15 minutes before the start of each race event.

**RACE HOTLINE**

For race information call: 281-360-2500 or email: carols@ymcahouston.org.

**AWARDS**

**5K Family Fun Run**

Awards to the top male and female overall finishers and the top 3 male and female finishers in the following age groups: 12 and under, 13 - 14, 15 - 19, 20 - 29, 30 - 39, 40 - 49, 50 - 59, 60-69, 70 & older.

**1/2 Mile Kids Race and 1-Mile Kids Race**

Awards will be given to the top male and female finishers in the following age groups: 3-4, 5-6, 7-8, 9-10, 11-12, 13-14.



Participation in BridgeFest is a positive healthy activity that not only will challenge your child's ability but also teach them the importance of helping their community.

**ELEMENTARY SCHOOL CHALLENGE**

The elementary school that has the highest percentage participation in Bridge Fest of their total school enrollment will receive a trophy to display at their school, their name on a plaque that hangs at the YMCA and a pizza party at their school for those who participated.

**MIDDLE SCHOOL CHALLENGE**

The middle school that has the highest percentage participation in Bridge Fest of their total school enrollment will receive a trophy to display at their school, their name on a plaque that hangs at the YMCA and an ice cream party at their school for those who participated.

**REGISTRATION & FEES**

- \$14.00 1/2 or 1-Mile Kids Races
- \$20.00 Bridge Fest 5K Individual
- \$49.00 Family of four (\$5 for each additional family member)

All participants who register before Jan 28 will receive a 100% cotton T-shirt with their packet. Registrations received after Jan. 28 could be charged a \$5.00 late registration fee per entry and might not receive a T-shirt.

**NEW! SPAGHETTI DINNER**

Load up on your carbs for Bridge Fest and join us on Friday, February 1 from 5:00 - 8:00 pm for our first annual Spaghetti Dinner. Cost is \$3.00 per person and RSVP is requested. Please indicate on your registration form if you will be joining us.

**REGISTER ONLINE**

Instant, secure, online registration available at www.signmeup.com. Click on Event Calendar, click on Bridge Fest, click on register. Online registration will close Wednesday, January 3rd.

**ENTRY FORM**

A registration form must be filled out on **EACH PARTICIPANT**. Entries will not be processed without complete information and signature.

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Age on Feb. 2, 2008: \_\_\_\_\_ Sex:  M  F

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

School: \_\_\_\_\_

Check here if you participated in last year's event

T-Shirt Size: (Adult) \_\_\_\_\_small \_\_\_\_\_medium \_\_\_\_\_large  
 \_\_\_\_\_X large \_\_\_\_\_XX large  
 (Youth) \_\_\_\_\_6 - 8 \_\_\_\_\_10 - 12

Registration Fee: Select the correct registration fee and check only one:

- \_\_\_\_\_ \$14.00 1/2 Mile or 1-Mile Kids Races
- \_\_\_\_\_ \$20.00 BridgeFest 5K Individual
- \_\_\_\_\_ \$49.00 Family of four (Parents & children under 18)
- \_\_\_\_\_ \$ 5.00 For each additional family member
- \_\_\_\_\_ \$ 3.00 Spaghetti Dinner on Feb. 1
- \$ \_\_\_\_\_ Total

Please make all entry fees payable to Lake Houston Family YMCA. Mail entry forms to BridgeFest, 2420 W. Lake Houston Pkwy., Kingwood, TX 77339.

**Waiver Statement**

In consideration of acceptance of this entry, I waive and release any and all claims for myself and my heirs against the Lake Houston Family YMCA BridgeFest, The Lake Houston Family YMCA, and any other person, sponsor, official, organizer of this event, for any injury or illness which may directly or indirectly result from my participation in the Lake Houston Family YMCA BridgeFest. My claims remain waived even though liability may arise out of negligence or carelessness on the part of persons or entities mentioned above. I further state that I am in proper physical condition to participate in this event. I hereby grant full permission for any publicity and/or promotional purposes without obligation or liability to me.

Signature \_\_\_\_\_ Date \_\_\_\_\_

*This entry cannot be processed unless signed by entrant or, if under 18 years of age, by parent or legal guardian. Use separate form for each entrant. A copy of this form is acceptable.*

**Make checks payable to:** LAKE HOUSTON FAMILY YMCA  
**Mail entries to:** BRIDGE FEST - LAKE HOUSTON FAMILY YMCA  
 2420 W. Lake Houston Pkwy., Kingwood, Texas 77339