



## **KNOW BEFORE YOU GO!**

### **PARTICIPANT RULES / SAFETY REGULATIONS**

- This is NOT a race, please be careful and courteous.
- Be aware of changing road surfaces. Watch for cracks, manhole covers, etc.
- This is not a closed route. Intersections will be manned by traffic officers.
- OBEY TRAFFIC RULES, OFFICERS AND TRAFFIC SIGNALS.
- Use caution at ALL INTERSECTIONS.
- Helmets are REQUIRED!
- No use of headphones, mobile phones, Bluetooth devices, hand-held cameras, trailers or tag-a-longs.
- Use verbal and hand signals to announce your intentions (“passing on your left”, “left turn”, “right turn”, “slowing”, “stopping”).
- Scan for traffic and signal lane changes and turns – you are considered a vehicle.
- Be predictable – Maintain your line and your speed
- Don’t accelerate or slow down suddenly
- Ride no more than two abreast. Slower riders please ride as far right as practicable to allow faster riders to pass on your left.
- The Ride Marshals are there for your safety and can assist with problems on the road.
- ALL ROUTES ARE SECURED UNTIL 1 P.M. AFTER 1 P.M. RIDERS WILL HAVE THE OPTION TO HOP ON THE SAG WAGON OR CONTINUE TO RIDE **WITHOUT SUPPORT**