Houston Parks and Recreation Department

Fall Activities In The Park

Program Guide & Class Catalog

VOLUME 4 - ISSUE 2 - 2009

Adult Sports Leagues

After School Programs

Youth Sports

DEPARTMENT'S MISSION STATEMENT

"To enhance the quality of urban life by providing safe, well maintained parks and offering affordable programs for the community."

PARK RULES AND REGULATIONS

- Park hours of operation for all city parks are 6:00 a.m. to 11:00 p.m. Unless otherwise posted.
- Glass bottles and glass containers are prohibited.
- Camping in city parks is prohibited except at Lake Houston Park where fee based camping is permitted by reservation only.
- No motorized vehicles may be driven on turf areas.
- Riding or driving animals over or through the park, except along designated bridle paths is prohibited.
- Molesting, injuring, etc., animals, fowl or fish is prohibited.
- Erecting structures, bill posting, etc. is prohibited.
- Walking, sitting or standing on any border or flower bed is prohibited.
- No hunting or use of firearms is permitted in city parks.
- Fishing is not permitted. Exceptions are children 12 and under and senior citizens 65 and older and at Lake Houston Park with appropriate Texas State Fishing License.
- Alcoholic beverages are prohibited in city parks with posted signage.
- All animals must be on a leash and under the direct control of its owner.
- Owners must pick up after their dogs. City of Houston Code of Ordinances Sec 6-24.
- Picnic areas are on a first come, first serve basis unless the area has been permitted. It is recommended that park patrons obtain permits to secure a picnic area for a special activity.
- The selling of food, drink or any other commodity on park property is prohibited.
- Littering is prohibited. Please take care to dispose of your litter. Keep our green spaces clean.
- For a complete list of Park Rules and Regulations, please visit the City of Houston Code of Ordinances, Chapter 32.

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ACTIVITIES IN THE PARK PROGRAM GUIDE AND CATALOG

The Houston Parks and Recreation Department provides programs and recreational opportunities for people of all ages and abilities on a year-round basis. The "Activities in the Park Program Guide and Catalog" is printed three times a year to provide you with a guide to the department's programs and activities. Printed copies are available at your local community centers and online at www.houstonparks.org.

- **2009 Fall Activities in the Park - August 1, 2009**
- **2009 Winter/Spring Activities in the Park - December 1, 2009**
- **2010 Summer Activities in the Park - April 1, 2010**

Commission for Accreditation of Park and Recreation Agencies CAPRA ACCREDITED

houston PARKS & recreation department www.houstonparks.org

A CAPRA Accredited Agency

A MESSAGE FROM THE DIRECTOR

We do not inherit the earth from our ancestors, we borrow it from our children.
- Native American Proverb

Summer 2009 will be remembered for years as one of the hottest we've ever had to endure, but that doesn't mean we took it easy! Houston's parks were full of people taking advantage of our world-class recreational facilities and outdoor spaces, and the staff of the Houston Parks and Recreation Department worked hard to make sure our friends and neighbors had the best summer possible.

With the exception of two swimming pools, one in a park being renovated and one slated for reconstruction, all of Houston's 39 pools offered cool, wet fun and relief from the heat. Each pool was retrofitted with a new, federally-mandated drain cover before being opened. We met that challenge and maintained a high level of public safety. While most of the city's pools will close when school starts in mid-August, some will remain open on a weekend-only basis through the Labor Day holiday. Please check the catalog for information.

Children all across the city enjoyed Summer Enrichment Program activities at their local community centers, and, for the 25th year, HPARD sponsored the Summer Food Program. Dedicated to filling the gap in free lunches left by the close of the school year, the Summer Food Program served daily meals and snacks to thousands of area children.

Adult sports leagues kept the kids in us alive and well, but the fun is just beginning: as we all know, Fall on the Gulf Coast is one of Nature's great gifts. Days are still long and full of fun, but the extreme heat of summer fades into a more manageable version, giving us more incentive to get outside, run the bases and hit those long fly balls. Numerous adult sports leagues will become more active, and the pages of this catalog hold information on ways to find something you'll enjoy. Get involved! Stay fit and happy!

As Fall comes to Houston you might consider taking part in the numerous classes and recreational activities available at HPARD Community Centers. There's something for all ages and abilities available at a center near you. And if your interests range more toward unstructured recreation, your local parks will be filled with people enjoying the weather with their friends and families. We hope we will see you out there, too. This is one of the best times of the year to be outside, whether you are throwing the football, training for a marathon, bird watching or simply enjoying a park bench.

Joe Turner

Joe Turner, Director
Houston Parks and Recreation Department

A.S.K.
Athletes Seeking Knowledge

The Athletes Seeking Knowledge

The Houston Parks and Recreation Department **Athletes Seeking Knowledge** (ASK) Program provides scholarships and resources to assist young people in the pursuit of a higher education or to help improve their current academic standing. Since 2000, more than $85,000 has been provided to Houston area youth for scholarships, tutoring programs, college and career fairs, SAT and ACT practice exams, academic bowls, and college campus tours.

ASK activities are planned throughout the year and are open to all HPARD After-School Enrichment Program registrants. Hundreds of teens are involved in A.S.K. each year. Join us for the 2009 ASK/CAPHE College Fair Highlighting Historically Black Colleges and Universities on Saturday, October 10, 2009 from 8:30 AM - 2:00 PM at Judson Robinson, Jr. Community Center, 2020 Hermann Dr., 77004. Register at your local community center by October 1, 2009. Information: (713) 865-4517.

Ages: 13 - 18
Registration: Not Required
Fee: **FREE**
Locations: All community centers
Information: (713) 865-4516

Healthy Kids Houston

Be part of the MOVEment!

Parents, do you have a healthy kid? The Houston Parks and Recreation Department is helping kids lead a more active lifestyle through a "have fun and be fit" movement called Healthy Kids- Houston. This program is fun, free, and will help your child learn important lessons about health and nutrition while improving their physical activity levels. Three 6-week program sessions are offered beginning this Fall 2009, Winter 2010, and Summer 2010. Program participants are required to take part in all three sessions. Target sites listed, actual sites determined by a required minimum enrollment of 40.

Program collaborators include Baylor College of Medicine, Texas Children's Hospital including Texas Children's Pediatric Associates, the Children's Nutrition Research Center and the Houston Metropolitan Transit Authority. Funding is provided by a grant from the U.S. Department of Agriculture through the Cooperative State Research, Education, and Extension Service.

Healthy Kids - Fall 2009 Session

Ages: 9 - 12, (Boys & Girls)
Registration: August 3 – September 11
Program Dates: Sept. 14 - Oct. 30
Parent Orientation: TBD
Fee: **FREE**
Information: (713) 865-9384
(713) 798-7007

Cherryhurst	1700 Missouri, 77006	(713) 675-2151
Denver Harbor	6402 Market, 77020	713) 675-2151
DeZavala	7521 Ave. H, 77012	(713) 923-5163
Garden Villas	6720 S. Haywood, 77061	(713) 284-1992
Lakewood	8811 Feland, 77028	(713) 636-8217
Sunnyside	3502 Bellfort, 77051	(713) 734-5061
Swiney	2812 Cline, 77020	(713) 238-2197
Tidwell	9720 Spaulding, 77016	(713) 636-8221
Tuffy	3200 Russell, 77026	(713) 674-2355
Windsor Village	14441 Croquet, 77085	(713) 726-7113

After School Enrichment Program

Enjoy arts and crafts, games, entertainment, special events, sports, field trips, nature explorations and a variety of **FREE** activities at community centers throughout Houston. This program is open to youth ages 6 to 13. Register at a community center near you.

Ages:	1 - 13
Registration:	August 1 – Ongoing During community center hours
Fee:	**FREE**
Program Dates:	September 8 - December 11
Times:	3:00 p.m. – 6:00 p.m.
Locations:	All community centers
Information:	(713) 865-4508 (713) 865-4509 (713) 865-9356

Tiny Tots Program

Parents are invited to participate in this parent/child program. Activities include fitness, arts and crafts and social games. Parents and/or guardian must accompany child at all times.

Candlelight	M,W, F	10:00 a.m. - 1:00 p.m.
Milroy	M,W,F	10:00 a.m. - 1:00 p.m.
Proctor Plaza	M,W	10:00 a.m. - 1:00 p.m.

D-Tag Program

D -Tag is a **FREE** tattoo removal program for youth and young adults, ages 10 to 24 years old, who reside in the greater Houston metropolitan area. This specialty service is a scheduled process. D-Tag was designed to help individuals re-enter mainstream society by removing tattoos which could identify them as participating in or supporting anti-social behavior.

The program is co-sponsored by the Houston Police Department. The D-Tag program is **FREE**; however, participants must complete six hours of community service in advance of the procedure. All youth under the age of 17 must complete a parent or guardian permission form to participate. Registration is required.

Ages:	10 - 24
Registration:	Required
Fee:	**FREE** With the completion of Six community service hours in advance of procedure
Program Dates:	2nd Saturday of each month as scheduled quarterly
Location:	Judson Robinson, Jr. community center (KM 533B) 2020 Hermann
Information:	(713) 865-4509 (713) 865-9356

Houston Teens Outside With Nature (HTOWN)

Houston Teens Outside With Nature (HTOWN), a year round program for tweens and teens, ages 13 - 18. Participants will be provided with opportunities to build confidence and self-esteem through mentoring and program support with Houston Parks and Recreation Department's programs and special events.

HTOWN will promote activities and events including community and volunteer projects, teen forums and educational workshops, field trips and tours, hands-on outdoor activities, monthly awareness events, sports and special events.

Information:	713-865-4514 713-865-9355

Youth Flag Football League

Catch the action! Play flag football in a fun and structured environment and improve your skills at the same time. If you are new to the game; no problem, no experience is necessary. This **FREE** league is open to youth ages 6 to 18. Registration begins one month prior to the start of the season at select park sites. Team shirts and equipment are provided. Volunteer coaches are needed. Let's score a touchdown by playing some flag football!

Ages:	6 – 18 (as of September 1, 2009)
Registration:	August 3 - September 11
Fee:	**FREE**
Program Dates:	October 3 – December 5
Times:	Program times vary by site
Locations:	See locations list
Information:	(713) 865-4512 (713) 865-4517

NORTHEAST

Clark (KM 453B)	9718 Clark, 77076	(713) 742-1497
Denver Harbor (KM 494H)	6402 Market, 77020	(713) 675-2151
Finnigan (KM 494M)	4900 Providence,77076	(713) 678-8385
J. Robinson, Sr. (KM 495L)	1422 Ledwicke, 77029	(713) 674-2401
Shady Lane (KM 414W)	10220 Russell, 77093	(713) 742-1503
Tuffly (KM 454X)	8200 Russell, 77026	(713) 674-2355

NORTHWEST

Independence Hts.	(KM 453N) 603 E. 35th, 77022	(713) 867-0373
Lincoln City (KM 412Q)	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	1000 W. 12th , 77008	(713) 867- 0497
Stude (KM 493E)	1031 Stude, 77007	(713) 867-0496
Woodland (KM 493C)	212 Parkview, 77009	(713) 867-0401

SOUTHEAST

Edgewood (KM 534X)	5803 Bellfort, 77033	(713) 734-8434
Garden Villas (KM 535W)	6720 S. Haywood, 77061	(713) 847-5168
Mason (KM 535A)	541 South 75th, 77023	(713) 928-7055
Meadowcreek (KM 535A)	5333 Berry Crk, 77017	(713) 946-9020

SOUTHWEST

Emancipation (KM 493Y)	3018 Dowling, 77004	(713) 284-1911
Godwin (KM 531U)	5101 Rutherglen, 77096	(713) 726-7114
Marian (KM 530X)	11101 S. Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	3502 Bellfort, 77051	(713) 734-5061

Youth Badminton

Speed, agility, stamina and lightning fast reflexes are essentials to this game! If you are looking for a great way to keep fit, then sign up to play this fast-paced sport.

NORTHWEST

Fonde (KM 493K)	S	9:00 p.m. – 10:30 a.m.	110 Sabine, 77002	(713) 226-4466

Youth Volleyball League

Serve, set and spike your way into a fun-filled season playing volleyball in the Houston Parks and Recreation Department's Youth Volleyball League. This program is designed to provide girls and boys ages 6 to 18 with the basic skills and elements of the game of volleyball. This **FREE** program will give participants an opportunity to play organized volleyball in a fun and controlled environment. T-shirts will be provided. League-play runs for eight weeks at various sites according to program registration.

Ages:	Coed 6 - 12
	Girls only 13 - 18* (as of September 1, 2009)
Registration:	August 3 - September 11
Fee:	**FREE**
Program Dates:	October 3 - December 5
Times:	Program times vary by site
Location:	Sites locations list
Information:	(713) 865-4512
	(713) 865-4517

NORTHEAST		
Denver Harbor (KM 494H)	6402 Market, 77020	(713) 675-2151
Melrose Park (KM 413T)	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	3725 Fulton, 77009	(713) 692-6925
Tidwell (KM 454Y)	9220 Spaulding, 77016	(713) 636-8221
NORTHWEST		
Candlelight (KM 452E)	1520 Candlelight, 77018	(713) 682- 3587
Freed (KM 451Y)	6818 Shady Villa, 77055	(713) 682- 4467
Lincoln City (KM 412Q)	979 Grenshaw, 77088	(281) 445-1617
Judson Robinson, Jr. (KM 533B)	2020 Hermann, 77004	(713) 284-1997
Woodland (KM 493C)	212 Parkview, 77009	(713) 867-0401
SOUTHEAST		
Edgewood (KM 434X)	5803 Bellfort, 77033	(713) 734-8434
Hartman (KM 535C)	9311 E. Ave. P, 77012	(713) 928-4803
Mason (KM 535A)	541 S. 75th, 77023	(713) 928-7055
SOUTHWEST		
Alief (KM 529E)	11903 Bellaire, 77072	(281) 564-8130
Emancipation (KM 493Y)*	3018 Dowling, 77004	(713) 284-1301
Marian (KM 530X)	11101 S. Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	3502 Bellfort, 77051	(713) 734-5061
Townwood (KM 572P)	3403 Simsbrook, 77051	(713) 434-3508

Girls Volleyball Clinics

The girls volleyball clinics are designed to provide players with skill development, fair play and fun all while learning the elements of volleyball. Volunteer coaches are needed! Contact the nearest community center for more information.

Ages:	6 - 18
Registration:	August 3 - September 11
Fee:	**FREE**
Program Dates:	September 14 - September 26
Information:	Contact the site

Denver Harbor (KM 494H)	6402 Market, 77020	(713) 675-2151
Hartman (KM 535C)	9311 E. Avenue P, 77012	(713) 928-4803
Marian (KM 530X)	11101 S. Gessner, 77071	(713) 773-7015
Mason (KM 535A)	541 S. 75th Street, 77023	(713) 928-2118
Woodland (KM 493C)	212 Parkview, 77009	(713) 867-0401

Youth Soccer League

This fun, recreational year-round soccer program is designed to encourage youth ages 4 to 18* to develop both physically and socially through the sport of soccer. Players will sharpen their skills while learning the importance of sportsmanship and fair play. League play runs for eight weeks. The Houston Youth Soccer League offers t-shirts and shin guards courtesy of Fiesta Mart, Inc. Proof of birth date and photo ID will be required for new players.

Ages: 4 – 18 (as of September 1, 2009)*
Registration: August 3 - September 11
Fee: **FREE**
Program Dates: October 3 - December 5
Times: 6:00 p.m. - 9:00 p.m., Monday - Friday
9:00 a.m. - 5:00 p.m., Saturday
Information: (713) 865-4512
(713) 865-4517

NORTHEAST		
Clark (KM 453B)	9718 Clark, 77076	(713) 742-1497
Melrose (KM 413T)	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	3725 Fulton, 77009	(713) 692-6925
Shady Lane (KM 414W)	10220 Shady Lane, 77009	(713) 692-6925
NORTHWEST		
Montie Beach (KM 453X)	915 Northwood, 77009	(713) 864-6820
SOUTHEAST		
Ingrando (KM 535F)	7302 Keller, 77012	(713) 643-4764
Mason (KM 535A)	541 South 75th, 77023	(713) 928-7055
Milby (KM 535G)	2001 Central, 77017	(713) 645-8433

Youth Soccer Clinics

Hone your soccer skills in the youth 6 vs. 6 or 4 vs. 4 soccer clinics. **FREE** instructional clinics are offered to youth ages 4 to 18 after school and on Saturdays at various locations.

Ages: 4 - 18
Registration: August 3 - September 11
Fees: **FREE**
Program Dates: September 4 - October 3
Locations: League Play is offered at 8 sites
Information: (713) 865-4512
(713) 865-4517

NORTHEAST		
Shady Lane (KM414W)	10220 Spaulding, 77009 Saturday, Oct. 3	(713) 692-6925 10:00 a.m. – 12:00 p.m.
Tidwell (KM454D)	9720 Spaulding, 77016 Saturday, Sept. 12	(713) 636-8229 9:00 a.m. – 11:00 a.m.
NORTHWEST		
Montie Beach (KM 453X)	915 Northwood, 77009 Thursday, Sept. 22	(713) 864-6820 6:00 p.m. - 7:00 p.m.
SOUTHWEST		
Burnett Bayland (KM 531B)	6200 Chimney Rock, 77081 Thursday, Sept. 22	(713) 668-4516 6:00 p.m. - 7:00 p.m.
Marian (KM 530X)	11101 S. Gessner, 77071 Thursday, Sept. 16	(713) 773-7015 6:00 p.m. - 7:00 p.m.
SOUTHEAST		
De Zavala (KM 495S)	521 Avenue H, 77012 Tuesday, Sept. 15	(713) 923-5163 4:30 p.m. - 6:00 p.m.
Eastwood (KM 494T)	5020 Harrisburg, 77011 Wednesday, Sept. 9	(713) 928-4801 6:30 p.m. - 7:30 p.m.
Settegast (KM 494N)	3000 Garrow. 77003 Friday, Sept. 4	(713) 238-2200 6:30 p.m. - 7:30 p.m.

Houston Small-Sided Soccer Program

Register for the Houston Parks and Recreation Department's Youth 6 vs. 6 Soccer League. Experience a faster-paced game while improving your soccer skills. T-shirts and shin guards will be provided for players. Registration will be held at league sites one month prior to the start of the program.

Ages: 4 -18 (as of September 1, 2009)
Registration: August 3 - September 11
Fee: **FREE**
Program Dates: October 3 - December 5
Times: 6:00 p.m. - 9:00 p.m., Monday - Friday
9:00 a.m. - 2:00 p.m., Saturday
Information: (713) 865-4512
(713) 865-4517

NORTHEAST

Tidwell (KM 454D)	9720 Spaulding, 77016	

NORTHWEST

J. Robinson, Jr. (KM 533B)	2020 Hermann Dr.,77004	(713) 284-1997
Proctor Plaza (KM 453X)	830 W. Temple, 77009	(713) 862-6907
Woodland (KM 493C)	212 Parkview, 77009	(713) 867-0401

SOUTHEAST

De Zavala (KM 495S)	521 Avenue H, 77012	(713) 923-5163
Eastwood (KM 494T)	5020 Harrisburg, 77011	(713) 928-4801
Garden Villas (KM 535W)	6720 Haywood, 77061	(713) 847-5168
Settegast (KM 494N)	3000 Garrow. 77003	(713) 238-2200

SOUTHWEST

Alief (KM 529E)	11903 Bellaire, 77072	(281) 564-8130
Burnett Bayland (KM 531B)	6200 Chimney Rock, 77081	(713) 668-4516
Marian (KM 530X)	11101 S. Gessner, 77071	(713) 773-7015

Girls Soccer League & Clinics

Calling all girls! Come on out and play the world's most popular game - soccer. This **FREE** program will give girls an opportunity to play organized soccer in a fun and controlled environment. League play runs for eight weeks. Teams will be provided t-shirts and shin guards, courtesy of Fiesta Mart.

Ages: 4 -18
Registration: August 3 - September 11
Fee: **FREE**
Program Dates: October 3 - December 5
Information: Contact the site

Ingrando (KM 535F)	7302 Keller, 77012	(713) 643-4764
J. Robinson, Jr. (KM 533B)	2020 Hermann Dr., 77004	(713) 284-1997
Mason (KM 535A)	541 S. 75th St, 77023	(713) 928-2118
Melrose (KM 413T)	1001 Canino, 77076	(281) 447-0514
Milby (KM 535G)	2001 Central, 77017	(713) 645-8433
Shady Lane (KM414W)	10220 Shady Lane, 77009	(713) 692-6925

Youth Winter Basketball League

The Houston Parks and Recreation Department is gearing up to offer two, 8 - week seasons of fast breaks, three - pointers and skillful ball-handling to boys and girls ages 6 to 18 who want to hoop it up in the Youth Basketball League. Registration will be held one month prior to the start of the season. The winter league kicks off in January 2010. The Houston Youth Basketball League is a **FREE**, citywide recreational program in which participants practice and compete in games weekly. In addition, the program offers t-shirts, expert coaching, special events including 3-on-3 tournaments and skills clinics.

Ages:	7 – 18 (as of September 1, 2009)*
Registration:	October 12 - November 20
Fee:	**FREE**
Program Dates:	January 4, 2010 - February 27, 2010
Times:	Monday – Friday, evening Saturday, morning and afternoon
Locations:	See locations list
Information:	(713) 865-4512 (713) 865-4517

NORTHEAST		
Denver Harbor (KM 494H)	6402 Market, 77020	(713) 675-2151
Finnigan (KM 494H)	4900 Providence, 77020	(713) 678-7385
Melrose (KM 413T)	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	3725 Fulton, 77009	(713) 692-6925
Tidwell (KM 454D)	9720 Spaulding, 77016	(713) 636-8221
NORTHWEST		
Candlelight (KM 452E)	1520 Candlelight, 77018	(713) 682-3587
Fonde (KM 493 K)	110 Sabine, 77002	(713) 226-4466
Judson Robinson, Jr. (KM 533B)	2020 Hermann Dr., 77004	(713) 284-1997
Lincoln City (KM 412Q)	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	1000 West 12th, 77008	(713) 867-0497
Stude (KM 493E)	1031 Stude, 77007	(713) 867-0496
Woodland (KM 493C)	212 Parkview, 77009	(713) 867-0401
SOUTHEAST		
Edgewood (KM 534X)	5803 Bellfort, 77033	(713) 734-8434
Hartman (KM 535C)	9311 E. Ave. P, 77012	(713) 928-4803
Mason (KM 535A)	541 South 75th, 77023	(713) 928-7055
SOUTHWEST		
Alief (KM 529E)	11903 Bellaire, 77072	(281) 564-8130
Burnett Bayland (KM 531B)	6200 Chimney Rock, 77081	(713) 668-4516
Emancipation (KM 493Y)	3018 Dowling, 77004	(713) 284-1911
Marian (KM 530X)	11101 S. Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	3502 Bellfort, 77051	(713) 734-5061
Townwood (KM 572P)	3403 Simsbrook, 77051	(713) 434-3508

Biddy Ball Basketball League

The class focuses basketball fundamentals with a focus on fun for youth ages 4 to 6 who want to hoop it up in the Biddy Ball Basketball League. Registration will be held one month prior to the start of the season.The Biddy Ball Basketball League winter league kicks off in January 2010 and is a **FREE**, citywide recreational program. All participants will receive **FREE** t-shirts, expert coaching, special events and skills clinics.

Ages:	4 – 6 (as of September 1, 2009)*
Registration:	October 12 - November 20
Fee:	**FREE**
Program Dates:	January 4, 2010 – February 27, 2010
Times:	Monday - Friday, evening Saturday, morning and afternoon
Locations:	See locations list
Information:	(713) 865-4512 (713) 865-4517

NORTHWEST

Candlelight (KM 452E)	1520 Candlelight, 77007	(713) 682-3587
Fonde (KM 493 K)	110 Sabine, 77002	(713) 226-4466
Judson Robinson, Jr. (KM 533B)	2020 Hermann Dr., 77004	(713) 284-1997
Lincoln City (KM 412Q)	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	1000 West 12th, 77008	(713) 867-0497
Stude (KM 493E)	1031 Stude, 77007	(713) 867-0496
Woodland (KM 493C)	212 Parkview, 77009	(713) 867-0401

SOUTHWEST

Alief (KM 529E)	11903 Bellaire, 77072	(281) 564-8130
Townwood (KM 572P)	3403 Simsbrook, 77051	(713) 434-3508

Basketball Open Play

Enjoy open basketball, volleyball or badminton at HPARD gymnasiums. Call Community Center for sport offerings.*

NORTHEAST

Denver Harbor (KM 494H)	6402 Market, 77020	(713) 675-2151
Melrose (KM 413T)	1001Canino, 77076	(281) 447-0514
Moody (KM 453Y)	3725 Fulton, 77009	(713) 692-6925
Tidwell (KM 454D)	9720 Spaulding, 77016	(713) 636-8221

NORTHWEST

Candlelight (KM 450A)	1520 Candlelight, 77018	(713) 682-3587
Fonde (KM 493K) *	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	6818 Shady Villa, 77055	(713) 682-4467
Judson Robinson Jr.	(KM 533B)2020 Hermann Dr., 77004	(713) 284-1997
Lincoln (KM 412Q)	979 Grenshaw, 77008	(281) 445-1617
Love (KM 452Z)	1000 West 12th, 77008	(713) 867-0497
Stude (KM 493E)	1031 Stude, 77007	(713) 867-0496
Woodland (KM 493C)	212 Parkview, 77009	(713) 867-0401

SOUTHEAST

Edgewood (KM 534X)	5803 Bellfort, 77033	(713) 734-8434
Hartman (KM 535C)	9311E. Ave. P, 77012	(713) 928-4803
Mason (KM 535A)	541 S. 75th, 77023	(713) 928-2118

SOUTHWEST

Alief (KM 529E)	11903 Bellaire, 77072	(281) 564-8130
Burnett Bayland (KM 531B)	6200 Chimney Rock, 77081	(713) 668-4516
Emancipation (KM 493Y)	3018 Dowling, 77004	(713) 284-1911
Marian (KM 530X)	11101 S. Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	3502 Bellfort, 77051	(713) 734-5061
Townwood (KM 572P)	3403 Simsbrook, 77051	(713) 434-3508

* Saturdays - year round 1:00 p.m. - 7:00 p.m.

The First Tee of Houston at FM Law Park

Junior Golfers come and play one of America's favorite sports at HPARD'S First Tee of Houston at FM Law Park. Our mission is to positively impact the lives of young people in the greater Houston area by "promoting character development and life-enhancing values through the game of golf." The First Tee of Houston at FM Law Park strives to instill it's nine core values (Confidence, Courtesy, Honesty, Integrity, Judgment, Perseverance, Respect, Responsibility and Sportsmanship) into all participants.

Through the Life Skills Experience, young people discover how skills essential to success on a golf course can help them flourish in life. These skills include self-management, interpersonal communication, goal setting, mentoring, and effective conflict resolution. The curriculum was developed by experts and is delivered by trained First Tee coaches. The First Tee of Houston at F.M Law Park is closed on Holidays, Sundays, and Mondays.

PLAYER LEVEL

Player is a level; The Player level is inserted after Target and before the Par level. It is the new entry level of certification for the Life Skills Experience and builds on the fact youth have many opportunities to play a variety of sports. The Player level introduces how to play the game of golf with special emphasis on learning golf and life skills, appreciating the rules and etiquette of the game, and developing your game in golf and life. Player is who plays the game of golf; this means that young people enter The First Tee as Players, and as they progress through the Life Skills Experience, they learn golf and life skills which enable them to become Par level Players, Birdie level Players, Eagle level Players, Ace level Players, and, ultimately, Players for life.

TARGET LEVEL

Target is an exciting new addition to The First Tee Life Skills Experience. It was developed to ensure that all participants are introduced to golf in an enjoyable manner, while seamlessly emphasizing essential links between golf and life skills. Target is intended for more limited introductions to the game of golf through The First Tee outreach efforts, clinics and drop-in sessions. It provides opportunities for participants to learn basic golf concepts and life skills before committing the time required to succeed in more advanced The First Tee development programs. Although Target is not a comprehensive, long-term coaching strategy, it can serve as an introduction to golf and life skills prior to more advanced certification levels of The First Tee Life Skills Experience. Target promotes curiosity about the game through a safe and fun environment. Positive, early learning experiences will help young people develop interest in the game and receive specific guidance about engaging in the Life Skills Experience at The First Tee.

PAR LEVEL

Participants will focus on interpersonal communication and self-management skills. Participants will learn how to introduce themselves, respect others, keep a positive attitude, and control their emotions. Once participants complete the 6-week session,they must become Par Level Certified. This is achieved by successfully completing a written life skills and golf knowledge test covering information taught in the Par class and a series of skills administered by an instructor. This ensures that the child thoroughly understands and can apply the life skills for the Par level. Participants remain in Par level until their 10th birthday and in order to move on to the Birdie level they must satisfy all Par level requirements.

BIRDIE LEVEL

Of all the life skills addressed, goal-setting is one of the most important and will be focused on throughout the 4-week Birdie class. Young people with the ability to set and pursue their own goals have a greater sense of purpose, direction and motivation in their lives. Participants must be at least 10 years old to register for the Birdie class and have demonstrated the ability to apply the life skills introduced in the Par level. In order to progress to the Eagle level participants must be able to pass the knowledge and skills test, interview with an instructor over the components introduced in Par and Birdie level and be 13 years old.

EAGLE LEVEL

While the emphasis in the Par and Birdie levels is on the individual, the Eagle level focuses more on group and community interaction. The lessons provide advanced instruction and practice in mastering Par and Birdie level skills, as well as additional topics such as conflict resolution, mentoring and career planning. Participants learn to deal more effectively with others so they can become good citizens and exert positive influence both at The First Tee and in their communities. Participants must be at least 13 years old, and Birdie certified to register for the Eagle level. We encourage all participants to volunteer once they've become Eagle level certified either at The First Tee or another service organization of their choice. Volunteering has made the difference in determining whether or not a student is accepted into various universities as well as receiving scholarships.

Ages: 7 – 18
Pre-registration: July 21
(Classes limited to first 40 registrants)
Fee: **FREE**
Summer II: July 28 – August 22
Fall I: September 1 – October 10
Fall II: October 20 – November 10
Times: 10:30 a.m. - 12:00 p.m.
5:30 p.m. - 7:00 p.m.
Location: F.M. Law Park (KM 530K)
8400 Mykawa Road
Information: (713) 264-2100

Summer II

Tuesday	July 28 – Aug. 18	Target	10:00 a.m. – 11:00 a.m.	FM Law Park Golf Course
Tuesday	July 28 – Aug. 18	Player	2:00 p.m. – 3:30 p.m.	FM Law Park Golf Course
Wednesday	July 29 – Aug. 19	Target	10:00 a.m. – 11:00 a.m.	FM Law Park Golf Course
Wednesday	July 29 – Aug. 19	Player	12:00 p.m. – 3:30 p.m.	FM Law Park Golf Course
Thursday	July 30 – Aug. 20	Target	10:00 a.m. – 11:00 a.m.	FM Law Park Golf Course
Thursday	July 30 – Aug. 20	Player	2:00 p.m.– 3:30 p.m.	FM Law Park Golf Course
Thursday	July 30 – Aug. 20	Player	4:30 p.m.- 6:00 p.m.	Sharpstown Park Golf Course
Friday	July 31 – Aug. 21	Par	6:00 a.m. – 7:30 a.m.	FM Law Park Golf Course
Saturday	Aug 1, – Aug. 22	Target	10:00 a.m.-11:00 a.m.	FM Law Park Golf Course
Saturday	Aug 1, – Aug. 22	Player	12:00 p.m.- 1:30 p.m.	FM Law Park Golf Course

Fall I

Tuesday	Sept. 1 – Oct. 6	Target	6:00 p.m. - 7:00 p.m.	FM Law Park Golf Course
Wednesday	Sept. 2 - Oct. 7	Target	6:00 p.m. - 7:00 p.m.	FM Law Park Golf Course
Thursday	Sept. 3 - Oct. 8	Player	6:00 p.m. - 7:30 p.m.	FM Law Park Golf Course
Friday	Sept. 4 - Oct. 9	Player	6:00 p.m. - 7:30 p.m.	FM Law Park Golf Course
Saturday	Sept. 5 – Oct. 10	Par	10:00 a.m. – 11:30 a.m.	FM Law Park Golf Course
Saturday	Sept. 5 – Oct. 10	Par	1:00 p.m. – 2:30 p.m.	FM Law Park Golf Course

Fall II

Tuesday	Oct. 20 - Nov. 17	Target	6:00 p.m. - 7:00 p.m.	FM Law Park Golf Course
Wednesday	Oct. 21 - Nov. 18	Target	6:00 p.m. - 7:00 p.m.	FM Law Park Golf Course
Thursday	Oct. 22 - Nov. 19	Player	6:00 p.m. - 7:30 p.m..	FM Law Park Golf Course
Friday	Oct. 23 - Oct. 20	Player	6:00 p.m. - 7:30 p.m.	FM Law Park Golf Course
Saturday	Oct. 24 – Oct. 21	Par	10:00 a.m. - 11:30 a.m.	FM Law Park Golf Course
Saturday	Oct. 24 - Oct. 21	Par	1:00 p.m. - 2:30 p.m.	FM Law Park Golf Course

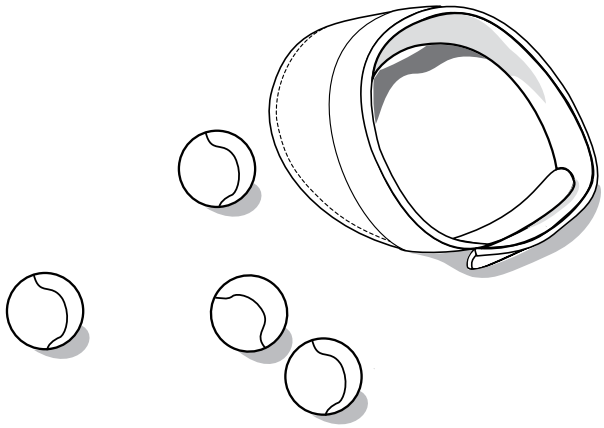
Fall Youth Tennis

HTA
HOUSTON TENNIS ASSOCIATION
The Advantage is Yours!©

The Youth Tennis Program is FREE and offered year-round at a variety of parks across the city. The Houston Parks and Recreation Department, in partnership with the Houston Tennis Association, Inc.-NJTL, designed his program to provide children ages 6 to 18 with the fundamentals of the game of tennis. Equipment is available for use during class and pre-registration is not required. Two sessions are offered with afternoon classes that will meet twice a week.

Age: 6 - 18
Registration: On site – First day of class
Fee: **FREE**
Fall I Dates: August 31 - October 8, 2009
Fall II Dates: October 12 - November 19, 2009
Information: (713) 803-1112

Age	Description	Time
6 – 10	Beginners; emphasis on fun	4:15 p.m. - 5:15 p.m.
8 – 18	Beginners/Advanced Beginners; emphasis on learning	5:15 p.m. - 6:15 p.m.
8 – 18	Intermediates; skill development/match play; must pass skills test	6:15 p.m. - 7:15 p.m.



Fall I - August 31 - October 8, 2009

Central			
Cherryhurst (KM492V)	M & W	1700 Missouri, 77006	(713) 284-1992
East			
Finnigan (KM494G)	T & Th	4900 Providence, 77021	(713) 678-7385
West			
Bendwood (KM489H)	M & Th	12700 Kimberley, 77024	(713) 803-1112
North			
Melrose (KM413T)	T & Th	1001 Canino, 77076	(281) 447-0514
Northwest			
R.L. & Cora Johnson (KM450A)**	M & W	9920 Porto Rico, 77041	(713) 895-6141
South			
Sunnyside (KM533X)	T & Th	3502 Bellfort, 77051	(713) 734-5061
Southeast			
Sagemont (KM576Y)**	T & Th	11507 Hughes, 77089	(281) 922-2343
Southwest			
Alief (KM529E)**	T & Th	11903 Bellaire, 77072	(281) 564-8130
Linkwood (KM 532P)	M & W	3699 Norris, 77025	(713) 314-3107
Meyerland (KM 531Q)	T & Th	5151 Jason, 77096	(713) 803-1112

Fall II - October 12 - November 19, 2009

Central			
Cherryhurst (KM492V)	M & W	1700 Missouri, 77006	(713) 284-1992
Procter Plaza (KM453X)	T & Th	803 W. Temple, 77009	(713) 862-6907
East			
Finnigan (KM494G)**	T & Th	4900 Providence, 77021	(713) 678-7385
West			
Nottingham (KM489E)	M & Th	14205 Kimberley, 77079	(713) 803-1112
North			
Melrose (KM413T)	T & Th	1001 Canino, 77076	(281) 447-0514
Northwest			
R.L. & Cora Johnson (KM450A)**	M & W	9920 Porto Rico, 77041	(713) 895-6141
South			
Sunnyside (KM533X)	T & Th	3502 Bellfort, 77051	(713) 734-5061
Southeast			
Sagemont (KM576Y)**	T & Th	11507 Hughes, 77089	(281) 922-2343
Southwest			
Alief (KM529E)**	T & Th	11903 Bellaire, 77072	(281) 564-8130
Linkwood (KM 532P)	M & W	3699 Norris, 77025	(713) 314-3107

Skateparks

Lee & Joe Jamail Skatepark
103 Sabine (KM 493K)
This facility is the first world-class in-ground skatepark that put Houston on the map as one of the nations best venues for this fast-growing, dynamic sport. The Lee & Joe Jamail skatepark is a great place for skaters to work on their kick flip, Ollie, fakie big spin.... or to learn how to stay balanced!

Joe and Theresa Padilla Skatepark
6200 Lyons (KM 494H)
The Joe and Theresa Padilla Skatepark is designed to give the skater a world-class workout on an exciting series of challenging features such as quarter pipes, bank ramps, grind boxes, and stairs and rails.

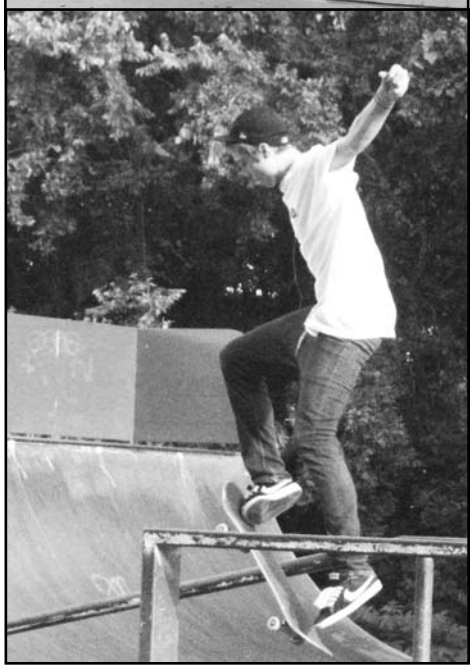
Dylan Duncan Skatepark
3950 Rustic Woods (KM 297X)
This 5402 square foot facility measures 73' X 74'. Components include: a mini half pipe with 90' hip, skate benches, a kinked round grind rail, a kicker ramp, skate tables, a bank to stair with rail, shade structures with benches, drinking fountain and a bike rack in the shape of a skateboarder.

Eastwood Skatepark
5020 Harrisburg (KM 494T)
Eastwood skatepark is a 4,928 square foot facility measuring 88' X 56'. Components include: a concrete curb, a grind box, a grindrail, a concrete bench, a curved bench, a mini ramp with start wedge, a pyramid with planter and a wedge with box, grind rail (kinked round 20') and a sub box, bank ramp with kicker.

Watonga Skatepark
4100 Watonga Blvd (KM 451H)
The Watonga Skatepark is a 12,070 square foot facility measuring 142' X 85'. Components include half pipes, roll-in, bank ramp,quarter pipes, half pipe, street spine, jump box, grind rail 14', grind ledge 14', pyramid 6', grind rail square 12', grind rail round 12', grindbox (kinked), grind rail (kinked round 20'), sub box and a bank ramp with kicker.

Clinton Skatepark
200 Mississippi (KM 495U)
This 12,070 square foot facility measures 142' X 85'. Components include half pipes, roll-in, bank ramp, quarter pipes, half pipe, street spine, jump box, grind rail 14', grind ledge 14', pyramid 6', grind rail square 12', grind rail round 12', and a grindbox (kinked).

Linkwood Skatepark
3699 Norris (KM 523P)
This 12,070 square foot facility measures 142' X 85'. Components include half pipes, roll-in, bank ramp, quarter pipes, half pipe, street spine, jump box, grind rail 14', grind ledge 14', pyramid 6', grind rail square 12', grind rail round 12', and a grindbox (kinked).



Disc Golf Courses

Disc golf is an activity the entire family can enjoy. It is inexpensive, healthful and a great way to enjoy the outdoors. Houston Parks and Recreation Department has nine disc golf courses ranging from 9 to 18 holes in parks throughout the city. Disc golf courses are open to the public during normal park hours of operation. To reserve a disc golf course for a special event, contact the Houston Parks and Recreation Department's Ballfields and Reservation Office at (713) 865-4525 and (713) 865-4526, Monday through Friday from 8 a.m. To 5 p.m.

Agnes Moffitt Park
10845 Hammerly (KM 449R)
Holes: 18
Warm-up Basket: Yes
Tee Type: Grass/Dirt
Basket Type: Disc Catcher

Buffalo Bayou/Tinsley Park
1800-3600 Allen Parkway
Holes: 18
Warm-up Basket: Yes
Tee Type: Grass/Dirt
Basket Type: Disc Catcher

Dodson Lake Park
9010 Dodson (KM 454F)
Holes: 9
Warm-up Basket: No
Tee Type: Grass/Dirt
Basket Type: Disc Catcher

Glenshire Park
12100 Riceville School Rd. (KM 570E)
Holes: 8
Warm-up Basket: Yes
Tee Type: Grass/Dirt

T.C. Jester Park
4201 T.C. Jester West (KM 451M)
Holes: 9
Warm-up Basket: Yes
Tee Type: Grass/Dirt
Basket Type: Stroke Saver

Mason Park
541 South 75th St.(KM 535A)
Holes: 18
Warm-up Basket: Yes
Tee Type: Grass/Dirt
Basket Type: Disc Catcher

MacGregor Park
525 Calhoun (KM 489E)
Holes: 18
Warm-up Basket: Yes
Tee Type: Grass/Dirt
Basket Type: Stroke Saver

Nottingham Park
14205 Kimberly (KM 489E)
Holes: 12
Warm-up Basket: No
Tee Type: Grass/Dirt
Basket Type: Stroke Saver

Adult Sports Leagues

Get off of that couch and join an adult sports league! Flag Football, softball, volleyball, kickball and basketball leagues are offered at various parks throughout Houston. League play is open to adults ages 18 and over. Adult sports leagues require fees per team. Check www.houstonparks.org for more adult sports opportunities.

Adult Fall Softball

Slow pitch and fast pitch softball leagues are offered year-round in select park sites throughout of the city. Divisions include Men's B/C/D, Co-ed C/D and Senior (50+). Games are played Monday - Friday, for a five-week doubleheader season.

Ages:	18 - older
Divisions:	Men's B/C/D, Co-ed C/D and Seniors
Registration Dates:	August 10 – August 31
Fee:	$250 - $300 per team
ASA Fee:	$20.00 per calendar year
League Dates:	September 10 – November 2
League Format:	5 – Week Doubleheader (10 games total)
Days:	Monday - Friday
Time:	6:30 p.m. – 10:30 p.m.
Information:	(713) 670-5500

Locations:

Agnes Moffitt Park (KM 449R)	10645 Hammerly, 77043
Memorial Park (KM492K)	6501 Memorial Drive, 77007
Cullen Park (KM447S)	19008 Saums Road, 77084
Hermann Brown Park (KM496A)	300 Oates Road, 77013
T.C. Jester Park (KM451M)	4201 West T.C. Jester, 77018
Cleveland Park/ Tim Hearn Field(KM492M)	200 Jackson Hill, 77007

Adult Winter Softball

Slow pitch and fast pitch softball leagues are offered year-round in select park sites throughout of the city. Divisions include Men's B/C/D, Co-ed C/D and Senior (50+). Games are played Monday - Friday, for a five-week doubleheader season.

Ages:	18 - older
Divisions:	Men's B/C/D, Co-ed C/D and Seniors
Registration Dates:	October 5 – October 23
Fee:	$250 - $300 per team
ASA Fee:	$20.00 per calendar year
League Dates:	November 2 - December 18
League Format:	5 – Week Doubleheader (10 games total)
Days:	Monday - Friday
Time:	6:30 p.m. – 10:30 p.m.
Information:	(713) 670-5500

Locations:

Agnes Moffitt Park (KM 449R)	10645 Hammerly, 77043
Memorial Park (KM492K)	6501 Memorial Drive, 77007
Cullen Park (KM447S)	19008 Saums Road, 77084
Hermann Brown Park (KM496A)	300 Oates Road, 77013
T.C. Jester Park (KM451M)	4201 West T.C. Jester, 77018
Cleveland Park/ Tim Hearn Field(KM492M)	200 Jackson Hill, 77007

Adult Fall Basketball

Hoop it up this Fall by signing up for HPARD's Fall Adult Basketball League! This Men's Division League runs for 10 weeks (single). Games are played at Judson Robinson Jr. Community Center, Moody Park Community Center, or at Townwood Park Community Center. A team fee is required.

Ages: 18 - older
Divisions: Men's
Registration Dates: August 10 - August 26
Fee: $320 per team
League Dates: September 1 - November 3
League Format: 10 - Week Single

Days: Tuesday and Thursday
Time: 6:30 p.m. - 9:30 p.m.

Locations:

J. Robinson, Jr. (KM 533B)	T	2020 Hermann, 77004
Townwood (KM 572P)	T	3403 Simsbrook, 77051
Moody (KM 453Y)	Th	3725 Fulton, 77009

Adult Fall Kickball League

Come and enjoy the game you once played as a kid. Kickball is one of the fastest growing adult sports in the country. Co-ed kickball leagues are offered year-round at sites throughout the city. Games are played Monday - Friday for a five-week doubleheader season.

Ages: 18 - older
Divisions: Co-ed D
Registration Dates: August 11 - August 31
Fee: $180 per team
League Dates: September 10 – November 2
League Format: 5 – Week Doubleheader Season (10 games total)

Time: 6:30 p.m. - 10:30 p.m.
Information: (713) 670-5500

Locations:

Memorial Park (KM492K)	6501 Memorial Drive, 77007
Cullen Park (KM447S)	19008 Saums Road, 77084

Adult Winter Basketball

Hoop it up this Fall by signing up for HPARD's Fall Adult Basketball League! Divisions include Men's A/B & C, Co-ed Open and Women's Open. Leagues runs for 5 weeks (double header). Games are played at Moody Park Community Center or at Townwood Park Community Center. A team fee is required.

Ages: 18 - older
Divisions: Men's A/B/C, Co-ed Open and Women's Open
Registration Dates: November 9 - November 25
Fee: $180 per team
League Dates: December 10 - February 1
League Format: 5 – Week Doubleheader Season (10 games total)
Divisions: Men's A/B/C, Co-ed Open and Women's Open
Days: Tuesday and Thursday
Time: 6:30 p.m. - 9:30 p.m.

Locations:

Townwood (KM 572P)	T	3403 Simsbrook, 77051
Moody (KM 453Y)	Th	3725 Fulton, 77009

Adult Winter Kickball League

Come and enjoy the game you once played as a kid. Kickball is one of the fastest growing adult sports in the country. Co-ed kickball leagues are offered year-round at sites throughout the city. Games are played Monday - Friday for a five-week doubleheader season.

Ages: 18 - older
Divisions: Co-ed D
Registration Dates: October 5 – October 23
Fee: $180 per team
League Dates: November 2 - December 18
League Format: 5 – Week Doubleheader Season (10 games total)
Time: 6:30 p.m. - 10:30 p.m.
Information: (713) 670-5500

Locations:

Memorial Park (KM492K)	6501 Memorial Drive
Cullen Park (KM447S)	19008 Saums Road

Adult Fall Flag Football League

Adult flag football leagues are offered during the fall and winter seasons. Divisions include Men's A/B/C, Co-ed Open and Women's Open. Games are played on Tuesday, Wednesday and Thursday evenings for a 5 week doubleheader season.

Ages:	18 - older
Divisions:	Men's A/B/C, Co-ed Open and Women's Open
Registration Dates:	August 10 - August 24
Fee:	$330 per team
League Dates:	September 11 - October 25
League Format:	Five – Week Doubleheader Season (10 games total)
Days:	Tuesday, Wednesday and Thursday
Time:	7:00 p.m. - 11:00 p.m.
Information:	(713) 670-5500

Locations:

Memorial Park (KM492K)	6501 Memorial Drive, 77007
T.C. Jester Park (KM 451M)	4201 T.C. Jester, West, 77018
Agnes Moffitt Park (KM 449R)	10645 Hammerly, 77043

Houston Ultimate Flag Football - H.U.F.F.

Sign up for Houston Ultimate Flag Football League this fall and see what you are made of! This Men's Division League runs for 5 weeks (double header) and is played on Saturdays at Hermann Brown Park. A team fee is required.

Ages:	18 - older
Divisions:	Men's
Registration Dates:	August 10 - August 26
Fee:	$330
League Dates:	September 1 - November 3
League Format:	5 week double header season
Days:	Saturday
Time:	TBA
Information:	(713) 670-5500

Locations:

Hermann Brown Park (KM 496A)	300 Oates Rd., 77013

Adult Winter Flag Football League

Adult flag football leagues are offered during the fall and winter seasons. Divisions include Men's A/B/C, Co-ed Open and Women's Open. Games are played on Tuesday, Wednesday and Thursday evenings for a 5 week doubleheader season.

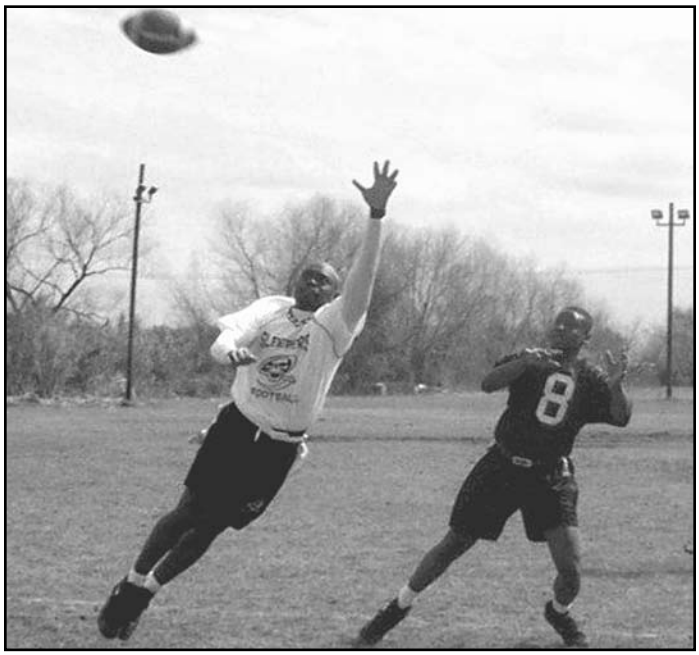
Ages:	18 - older
Divisions:	Men's A/B/C, Co-ed Open and Women's Open
Registration Dates:	October 5 - October 23
Fee:	$330 per team
League Dates:	November 2 - December 18
League Format:	Five – Week Doubleheader Season (10 games total)
Days:	Tuesday, Wednesday and Thursday
Time:	7:00 p.m. - 11:00 p.m.
Information:	(713) 670-5500

Locations:

Tuesday/ Wednesday
Memorial Park (KM492K) — 6501 Memorial Drive, 77007

Tuesday, Wednesday, Thursday
T.C. Jester Park (KM 451M) — 4201 T.C. Jester, W., 77018

Saturday
Agnes Moffitt Park(KM 449R) — 10645 Hammerly, 77043



Adult Fall Volleyball

Playing volleyball is a great way to get fit while having fun! Games are played Tuesday - Thursday for a five-week double header season. Sign up today and get ready to serve, set and spike your way to a healthier you.

Ages:	18 - older
Divisions:	Men's A/B/C, Co-ed Open and Women's Open
Registration Dates:	August 10 - August 24
Fee:	$180 per team
League Dates:	September 11 - October 25
League Format:	Five – Week Doubleheader Season (10 games total)
Days:	Tuesday
Time:	6:30 p.m. - 9:30 p.m.

Locations:
Selena Quintanilla P. /
Denver Harbor (KM494H) 6402 Market, 77020

Adult Winter Volleyball

Playing volleyball is a great way to get fit while having fun! Games are played Tuesday - Thursday for a five-week double header season. Sign up today and get ready to serve, set and spike your way to a healthier you.

Ages:	18 - older
Divisions:	Men's A/B/C, Co-ed Open and Women's Open
Registration Dates:	October 5 - 23
Fee:	$180 per team
League Dates:	November 2 - December 18
League Format:	Five – Week Doubleheader Season (10 games total)
Days:	Tuesday
Time:	7:00 p.m. - 9:30 p.m.

Locations:
Selena Quintanilla P. /
Denver Harbor (KM494H) 6402 Market, 77020

Futsal (indoor soccer)

Sign up today for Futsal! Men's and Coed leagues are available. This is a 5 week double header league. A team fee is required.

Ages:	18 - older
Divisions:	Men's & Coed
Registration Dates:	August 10 - August 26
Fee:	$330
League Dates:	September 1 - November 3
League Format:	5 week double header season
Days:	call for more info (713) 670-5500
Time:	6:30 p.m. - 9:30 p.m.

Locations: TBA

Adult Basketball Free Play

Sign up today to play one of the most popular and widely viewed sports in the world Basketball! There are a variety of basketball courts and games available for you to choose from. Check with individual community centers for more information.

NORTHWEST

Candlelight (KM 452E)	Freeplay B.B.	M – F	1:00 p.m. – 3:00 p.m.	1520 Candlelight, 77018	(713) 682-3587
Candlelight (KM 452E)	Freeplay B.B.	M – F	6:00 p.m. – 9:00 p.m.	1520 Candlelight, 77018	(713) 682-3587
Fonde (KM 493K)	Full Court Basketball	M – F	9:00 a.m. – 12:30 p.m.	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Full Court Basketball	S	1:00 p.m. – 4:00 p.m.	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Ladies Basketball League	Th	6:30 p.m. – 9:30 p.m.	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Ladies Night Basketball	Th	6:30 p.m. – 9:00 p.m.	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	3 on 3 Basketball	M, W & F	12:30 p.m. – 9:00 p.m.	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	3 on 3 Basketball	T	12:30 p.m. – 6:00 p.m.	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	3 on 3 Basketball	F	12:30 p.m. – 5:45 p.m.	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	3 on 3 Basketball	S	1:00 p.m. – 7:00 p.m.	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	Freeplay B.B.	T	6:00 p.m. – 9:00 p.m.	6818 Shady Villa, 77055	(713) 682-4467
Freed (KM 451Y)	Freeplay B.B.	S	10:00 a.m. – 2:00 p.m.	6818 Shady Villa, 77055	(713) 682-4467
Freed (KM 451Y)	3 on 3 Basketball	T	5:00 p.m. – 7:00 p.m.	6818 Shady Villa, 77055	(713) 682-4467
Freed (KM 451Y)	Leisure Basketball	M – F	6:00 p.m. – 8:00 p.m.	6818 Shady Villa, 77055	(713) 682-4467
J. Robinson, Jr. (KM 533B)	Freeplay Basketball	M – F	10:00 a.m. – 2:00 p.m.	2020 Hermann Dr., 77004	(713) 284-1997
Lincoln City (KM 412Q)	Freeplay Basketball	T, Th & F	5:00 p.m. – 6:00 p.m.	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	Freeplay Basketball	S	10:00 a.m. – 2:00 p.m.	1000 West 12th, 77008	(713) 867-0490
Woodland (KM 493C)	Freeplay Basketball	M – F	6:00 p.m. – 9:00 p.m.	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Freeplay Basketball	M – F	1:00 p.m. – 3:00 p.m.	212 Parkview, 77009	(713) 867-0401

SOUTHWEST

Alief (KM 529E)	Freeplay Basketball	M, W & F	6:00 p.m. – 8:45 p.m.	11903 Bellaire , 77072	(281) 564-8130
Bayland (KM 531B)	Freeplay Basketball	M – F	1:00 p.m. – 6:00 p.m.	6200 Chimney Rock,77081	(713) 668-4516
Emancipation (KM 493Y)	Freeplay Basketball	M – F	1:00 p.m. – 9:00 p.m.	3018 Dowling, 77004	(713) 284-1301
Marian (KM 530X)	Freeplay Basketball	M – F	1:00 p.m. – 9:00 p.m.	11101 S. Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	Freeplay Basketball	M – F	1:00 p.m. – 9:00 p.m.	3502 Bellfort, 77051	(713) 734-5061
Townwood (KM 572P)	Freeplay Basketball	M – F	1:00 p.m. – 9:00 p.m.	3403 Simsbrook,77051	(713) 434-3508

Adult Aerobics Muscle Toning

This class focuses on increasing strength and improving muscle tone, which will help you burn calories even while you're not working out! The class utilizes weights, bands, bars and the step. Check with individual community center for more information. All classes are **FREE** unless otherwise noted.

Ages: 18 - older
Registration: Ongoing
Program Dates: Year round
Times: Varies by Community Center
Information: Contact Community Center

NORTHEAST				
Clark (KM 453B)	M - Th	9:00 a.m. – 10:00 a.m.	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	M - Th	6:00 p.m. – 7:00 p.m.	9718 Clark, 77076	(713) 742-1497
Moody (KM 453Y)	M, W & F	8:00 p.m. – 8:30 p.m.	3725 Fulton, 77009	(713) 692-6925
Denver Harbor (KM 494H)	W	6:00 p.m. - 7:00 p.m.	6402 Market, 77020	(713) 675 - 2151
SOUTHWEST				
Hackberry (KM 528m)	M, W & F	10:00 a.m. – 11:30 a.m.	7777 S. Dairy Ashford, 77072	(281) 776-9908

Adult Aerobics

Grapevine-step your way into a great cardio workout with adult aerobic classes. Classes are offered during the week at lunchtime and in the evenings. Call the community center nearest you for more information. All classes are **FREE** unless otherwise noted.

NORTHEAST				
Denver Harbor (KM 494H)	M – Th	6:00 p.m. – 7:00 p.m.	6402 Market, 77020	(713) 675-2151
Denver Harbor (KM 494H)	F	1:30 p.m. – 2:30 p.m.	6402 Market, 77020	(713) 675-2151
Melrose (KM 413T)	M – F	6:00 p.m. – 7:00 p.m.	1001 Canino, 77076	(713) 895-6141
Melrose (KM 413T)	M, W & F	9:00 a.m. – 10:00 a.m.	1001 Canino, 77076	(713) 895-6141
Moody (KM 453Y)	M, W & F	7:00 p.m. – 8:00 p.m.	3725 Fulton, 77009	(713) 692-6925
NORTHWEST				
Candlelight (KM 452E)	M – Th	6:00 p.m. – 7:00 p.m.	1520 Candlelight, 77018	(713) 682-3587
Carverdale (KM 450A)	T & Th	6:30 p.m. – 7:30 p.m.	9920 Porto Rico Rd., 77041	(713) 895-6141
Fonde (KM 493K)	T – Th	12:15 p.m. – 12:45 p.m.	110 Sabine, 77002	(713) 226-4466
Judson Robinson, Jr. (KM 533B)*	M, T, & W	6:00 p.m. – 7:00 p.m.	2020 Hermann Dr., 77004	(713) 284-1997
Lincoln City (KM 412Q)	T & Th	6:00 p.m. – 7:00 p.m.	979 Grenshaw, 77088	(281) 445-1617
Love (KM 552Z)	Th	6:00 p.m. – 7:00 p.m.	1000 W. 12th, 77008	(713) 867-0497
Montie Beach (KM 453X)	M – Th	6:00 p.m. – 7:00 p.m.	915 Northwood, 77009	(713) 864-6820
Montie Beach (KM 453X)	M – F	9:00 a.m. – 10 :00 a.m.	915 Northwood, 77009	(713) 864-6820
SOUTHEAST				
DeZavala (KM 495S)	T & Th	6:00 p.m. – 7:00 p.m.	7521 Ave. H., 77012	(713) 923-5163
Eastwood (KM 494T)	M, T & W	6:00 p.m. – 7:00 p.m.	5000 Harrisburg, 77011	(713) 923-4801
Hartman (KM 535C)	T, W, & Th	6:30 p.m. – 7:30 p.m.	9311 E. Ave. P., 77012	(713) 928-4803
Ingrando (KM 535F)	M & Th	8:30 a.m. – 9:30 a.m.	7302 Keller, 77012	(713) 643-4764
Mason (KM635A)	M - Th	8:30 a.m. – 9:30 a.m.	541 S. 75th, 77023	(713) 928-7055
Sagemont (KM 576Y)	M & W	6:30 p.m. – 7:30 p.m.	11507 Hughes, 77089	(281) 922-2343
SOUTHWEST				
Burnett Bayland (KM 531B)	M, W, & F	6:00 p.m. – 7:00 p.m.	6200 Chimney Rock, 77081	(713) 668-4516
Cherryhurst (KM 492V)	M, W, & F	6:00 p.m. – 7:00 p.m.	1700 Missouri, 77006	(713) 284-1992
Hackberry (KM 528M)	T & Th	6:00 p.m. – 7:00 p.m.	7777 S. Dairy Ashford, 77072	(281) 776-9908
Lansdale (KM 530K)	M & W	6:30 p.m. – 7:30 p.m.	8201 Roos, 77036	(713) 272-3668
Marian (KM 530X)	M, W, & Th	6:00 p.m. – 7:00 p.m.	11101 South Gessner, 77071	(713) 773-7015
Platou (KM 571B)	T & Th	6:00 p.m. – 7:00 p.m.	11655 Chimney Rock, 77053	(713) 726-7107
Sunnyside (KM 533X)	M - W	5:30 p.m. – 6:30 p.m.	3502 Bellfort, 77051	(713) 734-0757
Windsor Village (KM 571 P)	M - Th	6:00 p.m. – 7:00 p.m.	14441 Croquet, 77085	(713) 726-7112

*Concessionaire call site for cost

Adult Step Aerobics

Burn off those unwanted pounds in step aerobics classes for adults. Step classes are available for all levels. Classes range from medium intensity cardio workouts focusing on simple step routines to highly choreographed step routines for the advanced stepper, frequent exerciser, or experienced dancer. Check with the individual community center for more information. All classes are **FREE** unless otherwise noted.

Ages: 18 - older
Registration: Ongoing
Program Dates: Year round
Times: Varies by Community Center
Information: Contact Community Center

NORTHEAST				
Clark (KM 453B)	M - F	9:00 a.m. – 10:00 a.m.	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	M - Th	6:00 p.m. – 7:00 p.m.	9718 Clark, 77076	(713) 742-1497
Denver Harbor (KM 494H)	M, W & Th	6:00 p.m. – 7:00 p.m.	6402 Market, 77020	(713) 675-2151
Denver Harbor (KM 494H)	F	1:00 p.m. – 2:00 p.m.	6402 Market, 77020	(713) 675-2151
Melrose (KM 413T)	M, W & F	9:00 a.m. – 10:00 a.m.	1001 Canino, 77076	(713) 895-6141
Melrose (KM 413T)	M - F	6:00 p.m. – 7:00 p.m.	1001 Canino, 77076	(713) 895-6141
Moody (KM 453Y)	M, W & F	7:00 p.m. – 8:00 p.m.	3725 Fulton, 77009	(713) 692-6925
NORTHWEST				
Freed (KM 451Y)	M – Th	5:30 p.m. – 6:30 p.m.	6818 Shady Villa, 77055	(713) 682-4334
J. Robinson, Jr. (KM 533B)*	T, W & Th	9:00 a.m. – 10:00 a.m.	2020 Hermann DR., 77004	(713) 284-1997
SOUTHEAST				
Edgewood (KM 534X)	M – Th	6:30 p.m. – 7:30 p.m.	5803 Bellfort, 77033	(713) 734-8434
SOUTHWEST				
Lansdale (KM 330K)	M & W	6:30 p.m. – 7:30 p.m.	8201 Roos, 77036	(713) 272-3668
Sunnyside (KM 533X)	T & Th	5:30 p.m. – 6:30 p.m.	3502 Bellfort	(713) 734-5061
Townwood (KM 572P)	T & Th	6:30 p.m. – 8:00 p.m.	3403 Simsbrook, 77051	(713) 434-3508
Windsor Village (KM 571P)	M – Th	6:00 p.m. – 7:00 p.m.	14441 Croquet, 77085	(713) 726-7113

*Senior Class

Fitness Centers

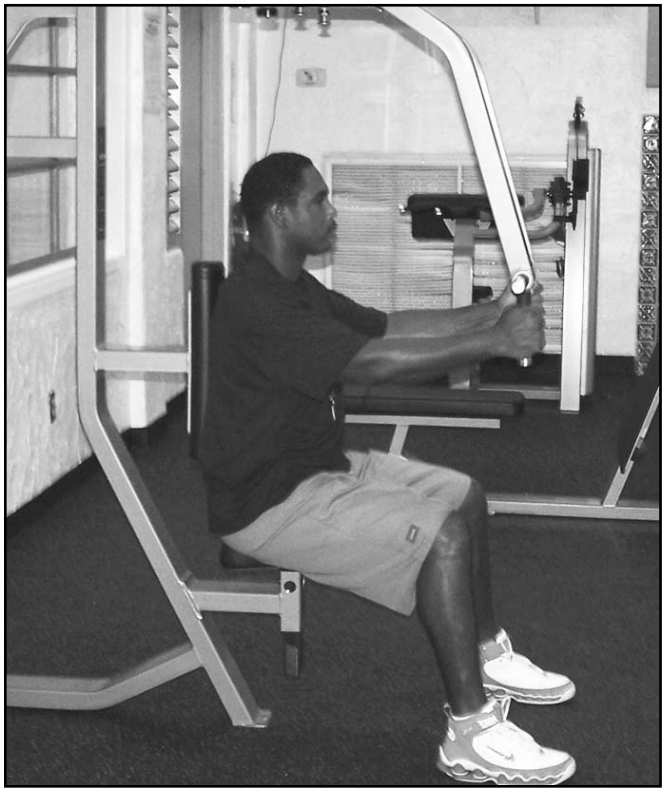
The Houston Parks and Recreation Department offers a variety of fitness opportunities to help keep Houstonians fit. We offer more than 100 miles of walking/jogging trails in and around our parks. In addition, there are exercise workstations located along some of our trails as well as indoor and outdoor basketball courts, outdoor tennis court and swimming pools, disc golf and golf courses and community center fitness programs designed to meet the needs of all Houstonians.

Memorial Park Fitness Center

Work out and get fit right in the middle of Memorial Park! The Memorial Park Fitness Center is equipped with weights and cardiovascular equipment. An Olympic size outdoor swimming pool (open during the summer and into the fall for lap swimming based on temperature), showers and lockers.

Ages:	18 – Older
Program Dates:	Year Round
Hours:	6:00 a.m. – 8:00 p.m., Monday – Friday 8:00 a.m. – 4:00 p.m., Saturday 8:00 a.m. – 12:00 p.m., Sunday
Location:	Memorial Park (KM 492K) 6402 Arnot, 77007
Information:	(713) 802-1662

Fee Schedule:	
Monthly membership	$20.00
Daily membership	$ 1.75
Shower rental	$ .75
Towel rental	$ .50
Locker rental	$ .50
Lap Pool Swimming	$ 1.00 (when open)



Judson Robinson, Jr. Fitness Center at Hermann Park

The Judson Robinson, Jr. Fitness Center is located inside Hermann Park. The center is equipped with weights and cardiovascular equipment for your fitness needs. The center is open year round. In addition to the fitness center, Judson Robinson, Jr. offers basketball, racquetball and a number of other fitness activities. Contact community center for more information.

Ages:	18 - Older
Program Dates:	Year Round
Hours:	6:00 a.m. – 9:00 a.m. , Monday – Friday (Early Morning Workout) 9:00 a.m. – 4:00 p.m., Friday 10:00 a.m. – 2:00 p.m., Saturday
Location:	Judson Robinson, Jr., (KM 533B) 2020 Hermann Drive, 77004
Information:	(713) 284-1997

Fee Schedule:	$20.00 per month
Early Morning Workout:	$1.50 per ½ hour court rental
Raquetball Fees:	$3.00 an hour per court rental
Court Hours:	9:00 a.m. – 8:00 p.m., Monday – Thursday 9:00 a.m. – 8:00 p.m., Friday 10:00 a.m. - 2:00 p.m., Saturday

Fonde Fitness Center

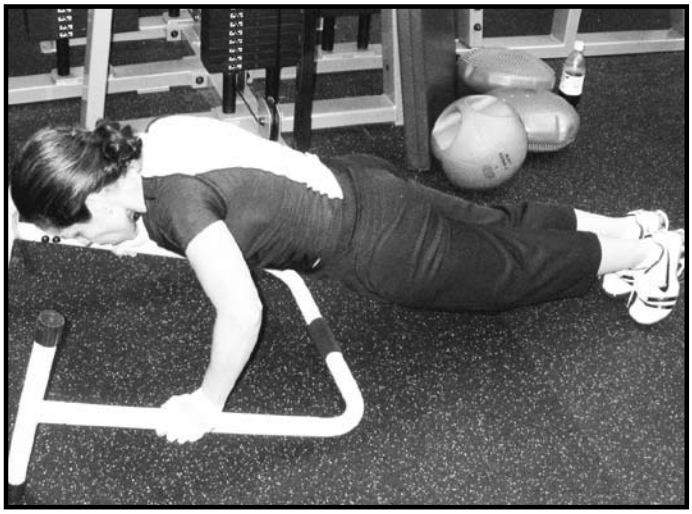
The Fonde Recreation Center, home to some of basketball's greatest players, is also a great place to get fit! Conveniently located near downtown off of Memorial Drive and Sabine Street, Fonde offers lunch-time fitness opportunities. Fonde features a state-of-the-art weight room, showers and lockers as well as a full-court gym and aerobics room all **FREE** to help you meet your fitness goals.

Ages:	18 - Older
Program Dates:	Year Round
Hours:	9:00 a.m. – 7:00 p.m., Monday – Friday 1:00 p.m. – 7:00 p.m., Saturday
Location:	Fonde (KM 493K) 110 Sabine, 77002
Information:	(713) 226-4466

MacGregor Fitness Center

MacGregor Fitness Center is located in MacGregor Park and is the newest Houston Parks and Recreation Department facility to open with full-service weight room equipment. Showers and lockers are available next door at the Homer Ford Tennis Center for a $ .75 fee each. A covered, full-court basketball pavilion and a 1.25 mile jogging trail are conveniently located near the center.

Ages:	18 - Older
Fee:	No membership fees
Program Dates:	Year Round
Hours:	7:00 a.m. – 7:00 p.m., Monday – Friday
Location:	MacGregor (KM 534K) 5225 Calhoun, 77021
Information:	(713) 747-8650



Community Center Weight Rooms and Gyms

In addition to the four fitness centers, 11 other Houston Parks and Recreation Department community centers offer weight-training facilities and many feature indoor gyms. Hours of operation vary by location and season, so call the community center nearest you for information Please note: Showers and lockers **ARE NOT AVAILABLE** at these centers.

Weight Rooms

NORTHEAST				
Shady Lane (KM 414W)	M - F	2:00 p.m. – 7:00 p.m.	10220 Shady Lane, 77093	(713) 742-1503
Moody (KM 453Y)	M-Th	1:00 p.m. – 8:30 p.m.	3725 Fulton, 77009	(713) 692-6925
Moody (KM 453Y)	F	1:00 p.m. – 7:30 p.m.	3725 Fulton, 77009	(713) 692-6925
Moody (KM 453Y)	S	10:00 a.m. – 2:00 p.m.	3725 Fulton, 77009	(713) 692-6925
NORTHWEST				
Highland (KM 451D)	M – F	12:00 p.m. – 2:00 p.m.	3316 DeSoto, 77091	(713) 956-9137
J Robinson, Jr.(KM 533B)*	M – F	6:00 a.m. – 9:00 a.m.	2020 Hermann, 77004	(713) 284-1997
Lincoln (KM 412Q)	M - Th	8:00 a.m. – 7:00 p.m.	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	F	8:00 a.m. – 6:00 p.m.	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	M – F	1:00 p.m. – 3:00 p.m.	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	M – F	6:00 p.m. – 8:00 p.m.	1000 West 12th, 77008	(713) 867-0497
SOUTHWEST				
Alief (KM 529E)	M – F	1:00 p.m. – 3:00 p.m.	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	M – F	6:00 p.m. – 9:00 p.m.	11903 Bellaire, 77072	(281) 564-8130
Emancipation (KM 493Y)	M – F	1:00 p.m. – 3:00 p.m.	3018 Dowling, 77004	(713) 284-1301
Emancipation (KM 493Y)	M – F	6:00 p.m. – 9:00 p.m.	3018 Dowling, 77004	(713) 284-1301
Hackbery (KM 528M)	M - F	1:00 p.m. – 8:00 p.m.	7777 S. Dairy Ashford, 77072	(281) 776-9908
Marian (KM 530X)	M – F	1:00 p.m. – 3:00 p.m.	11101 S. Gessner, 77071	(713) 773-7015
Marian (KM 530X)	F	6:00 p.m. – 7:00 p.m.	11101 S. Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	M - W	5:30 p.m. – 6:30 p.m.	3502 Bellfort, 77051	(713) 734-5061
SOUTHEAST				
Edgewood (KM 534X)	M - W	6:30 p.m. – 7:30 p.m.	5803 Bellfort, 77033	(713) 734-8434
Hartman (KM 493Y)	M – F	6:00 p.m. – 9:00 p.m.	9311 E. Ave P., 77012	(713) 928-4803
Mason (KM 535A)	M – F	11:00 a.m. – 2:30 p.m.	541 South 75th, 77023	(713) 928-7055
Mason (KM 535A)	M – F	5:30 p.m. – 8:00 p.m.	541 South 75th, 77023	(713) 928-7055

Gyms

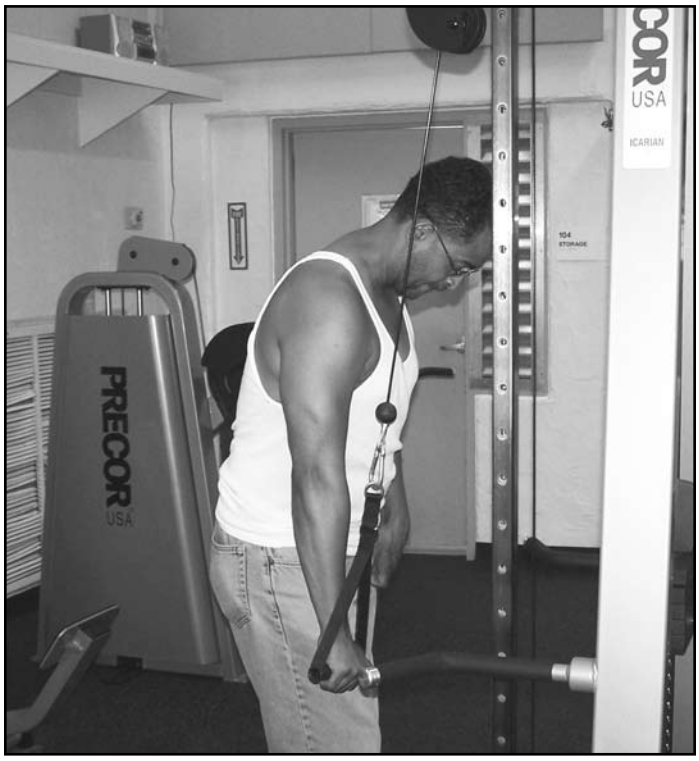
Alief (KM 529E)	11903 Bellaire, 77072	(281) 564-8130
Burnett Bayland (KM 531B)	6200 Chimney Rock, 77081	(713) 668-4516
Candlelight (KM 452E)	1520 Candlelight, 77018	(713) 682-3587
Denver Harbor (KM 494H)	6402 Market, 77020	(713) 675-2151
Edgewood (KM 534X)	5803 Bellfort, 77033	(713) 734-8434
Emancipation (KM 493Y)	3018 Dowling, 77004	(713) 284-1301
Finnigan (KM 494H)	4900 Providence, 77020	(713) 678-7385
Fonde (KM 493K)	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	6818 Shady Villa, 77055	(713) 682-4467
Hartman (KM 535C)	9311 E. Ave. P, 77012	(713) 928-4803
Judson Robinson Jr., (KM 533B)	2020 Hermann, 77004	(713) 284-1997
Lincoln (KM 412Q)	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	1000 West 12th, 77008	(713) 867-0497
Marian (KM 530X)	11101 South Gessner, 77071	(713) 773-7015
Mason (KM 535A)	541 South 75th, 77023	(713) 928-7055
Melrose (KM 413T)	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	3725 Fulton, 77009	(713) 692-6925
Stude (KM 493E)	1031 Stude, 77007	(713) 867-0496
Sunnyside (KM 533X)	3502 Bellfort, 77051	(713) 734-5061
Tidwell (KM 454D)	9720 Spaulding, 77016	(713) 636-8221
Townwood (KM 572D)	3403 Simsbrook, 77051	(713) 434-3508
Woodland (KM 493C)	212 Parkview, 77009	(713) 867-0401

*(Concessionaire $20.00 a month) Registered guest only

Adult Weight Training

If you want to lose fat and improve your body composition, one of the most important things you can do is lift weights. Diet and cardio exercise are equally important, but when it comes to changing how your body looks, weight training wins hands down. All sessions listed below are **FREE** unless otherwise noted. Check with individual community center for more information. If you've hesitated to start a strength training program, it may motivate you to know that lifting weights can:

- Help raise your metabolism. Muscle burns more calories than fat, so the more muscle you have, the more calories you'll burn all day long.
- Strengthen bones, especially important for women
- Make you stronger and increase muscular endurance
- Help you avoid injuries
- Increase your confidence and self-esteem
- Improve coordination and balance



Ages: 18 - older
Registration: Ongoing
Program: Year round
Dates: Varies by Community Center
Information: Contact Community Center

NORTHEAST				
Moody (KM 453Y)	M – Th	1:00 p.m. – 8:30 p.m.	3725 Fulton, 77009	(713) 692-6925
Moody (KM 453Y)	F	1:00 p.m. – 7:30 p.m.	3725 Fulton, 77009	(713) 692-6925
NORTHWEST				
Fonde (KM 493K)	M - F	9:00 a.m. – 7:00 p.m.	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	S	1:00 p.m. – 7:00 p.m.	110 Sabine, 77002	(713) 226-4466
Highland (KM 451D)	M - F	12:00 p.m. – 2:00 p.m.	3316 DeSoto, 77091	(713) 956-9137
Judson Robinson, Jr. (KM 533B) [1]	M - F	6:00 a.m. – 9:00 a.m.	2020 Hermann Drive, 77004	(713) 284-1997
Judson Robinson, Jr. (KM 533B)	M - Th	9:00 a.m. – 3:30 p.m.	2020 Hermann Drive, 77004	(713) 284-1997
Judson Robinson, Jr. (KM 533B)	M - Th	4:00 p.m. – 8:00 p.m.	2020 Hermann Drive, 77004	(713) 284-1997
Judson Robinson, Jr. (KM 533B)	F	9:00 a.m. – 4:00 p.m.	2020 Hermann Drive, 77004	(713) 284-1997
Judson Robinson, Jr. (KM 533B)	S	10:00 a.m. – 2:00 p.m.	2020 Hermann Drive, 77004	(713) 284-1997
Love (KM 452Z)	M - F	1:00 p.m. – 3:00 p.m.	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	M – Th	6:00 p.m. – 8:00 p.m.	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	F	1:00 p.m. – 3:00 p.m.	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	F	6:00 p.m. – 8:00 p.m.	1000 West 12th, 77008	(713) 867-0497
SOUTHEAST				
Edgewood (KM 534X)	M - W	6:30 p.m. – 7:30 p.m.	5803 Bellfort, 77033	(713) 734-8434
Hartman (KM 535C)	T, W & Th, M - F	7:00 p.m. – 8:00 p.m.	9311 E. Ave. P., 77012	(713) 928-4803
Mason (KM 535A)	M - F	11:00 a.m. – 2:30 p.m.	541 South 75th, 77023	(713) 928-7055
Mason (KM 535A)	M - F	5:30 p.m. – 8:00 p.m.	541 South 75th, 77023	(713) 928-7055
SOUTHWEST				
Emancipation (KM 493y)	M - Th	6:30 p.m. – 8:30 p.m.	3018 Dowling, 77004	(713) 284-1911
Hackberry (KM 528M)	M - W	3:00 p.m. – 6:30 p.m.	7777 S. Dairy Ashford, 77072	(281) 564-8130
Marian (KM 530X)	M - W	3:00 p.m. – 6:00 p.m.	S. Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	M - W	5:30 p.m. – 6:30 p.m.	3502 Bellfort, 77051	(713) 734-5061

[1] Concessionaire $20.00 per month, registered guest only

Fitness Classes

Houston let's get moving! Join a fitness class at your local community center. Activities include weight training, aerobics and circuit training. Call the nearest community center.

Ages: 18 - older
Registration: August 1 - Ongoing
Program Dates: September 11- December 15
Times: Varies by Community Center
Information: Contact Community Center

NORTHEAST					
Denver Harbor (KM 494H)	Line Dance	T	1:30 p.m. - 2:30 p.m.	6402 Market, 77020	(713) 675-2151
Denver Harbor (KM 494H)	Line Dance	T	6:00 p.m. – 7:00 p.m.	6402 Market, 77020	(713) 675-2151
NORTHWEST					
Candlelight (KM 452E)	Karate	T & Th	6:00 p.m. – 9:00 p.m.	1520 Candlelight, 77018	(713) 682-3587
Fonde (KM 493K) [1]	Kickboxing	T - Th	12:15 p.m. - 12:45 p.m.	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K) [2]	Line Dance	T	7:00 p.m. - 8:00 p.m.	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Swing Out & 2 Step	M	7:00 p.m. – 8:00 p.m.	110 Sabine, 77002	(713) 226-4466
Lincoln City (KM 412Q)	Yoga	W & Th	9:30 a.m. - 10:30 a.m.	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Line Dance	M	9:30 a.m. - 10:30 a.m.	979 Grenshaw, 77088	(281) 445-1617
J. Robinson, Jr. (KM 533B)	Line Dance	M	7:00 p.m. – 8:30 p.m.	2020 Hermann Dr., 77004	(713) 284-1997
J. Robinson, Jr. (KM 533B) [3]	Ballroom Dance	Th	6:30 p.m. – 7:30 p.m.	2020 Hermann Dr., 77004	(713) 284-1997
J. Robinson, Jr. (KM 533B) [4]	Beginners BOP	Th	6:30 p.m. – 7:30 p.m.	2020 Hermann Dr., 77004	(713) 284-1997
J. Robinson, Jr. (KM 533B)	Computer Class	Th	2:30 p.m. – 3:30 p.m.	2020 Hermann Dr., 77004	(713) 284-1997
SOUTHEAST					
Garden Villas (KM 535W)	Fitness	M, T, Th	6:00 p.m. - 7:00 p.m.	6818 Shady Villa, 77055	(713) 682-4467
Ingrando (KM 535F)	Fitness	T - Th	6:30 p.m. - 7:30 p.m.	7302 Keller, 77012	(713) 643-4764
Sagemont (KM 576Y)	Fitness	M T & W	12:00 p.m. - 1:00 p.m.	11507 Hughes, 77089	(281) 922-2343
SOUTHWEST					
Alief (KM 529E)	Sr. Aerobics	M, W, F	10:00 a.m. – 11:00 a.m.	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	Swing Out Class	M	7:00 p.m. - 8:30 p.m.	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	Cheerleading	T	6:30 p.m. - 7:30 p.m	11903 Bellaire, 77072	(281) 564-8130
Cherryhurst (KM 492V)	Resistaball	T & Th	6:00 p.m. - 7:00 p.m.	1700 Mississippi, 77006	(713) 284-1992
Hackberry (KM 528M)	Line Dance	M	7:00 p.m. - 8:30 p.m.	7777 S. Dairy Ashford, 77072	(281) 776-9908
Hackberry (KM 528M)	Mix Martial	T & Th	6:30 p.m. - 7:30 p.m.	7777 S. Dairy Ashford, 77072	(281) 776-9908
Platou (KM 571B)	Ball Room Dancing	M & W	7:00 p.m. - 8:00 p.m.	11655 Chimney Rock, 77053	(713) 726-7107
Windsor Village (KM 571P)	Fitness	T & Th	6:00 p.m. - 7:00 p.m.	14441 Croquet, 77075	(713) 726-7113

[1] Concessionaire $7.00 per class
[2] Concessionaire $71.00 per class
[3] Concessionaire $20.00 monthly
[4] Concessionaire $20.00 monthly
[5] Concessionaire $8.00 per class
[6] Concessionaire $30.00 monthly

Adult Walking Clubs

Get fit while enjoying the sights of your neighborhood by joining a walking club at one of our community centers. No fee is required.

Ages: All ages
Registration: Ongoing
Program Dates: Year-round
Information: Contact Community Center

NORTHWEST

Candlelight (KM 452E)	M - F	6:00 p.m. – 8:00 p.m.	1520 Candlelight, 77018	(713) 682-3587
Carverdale (KM 450A)	T & Th	5:30 p.m. – 6:00 p.m.	9920 Porto Rico, 77041	(713) 895-6141
Carverdale (KM 450A)	M, W & F	9:00 a.m. – 9:30 a.m.	9920 Porto Rico, 77041	(713) 895-6141
Fonde (KM 493K)	T & Th	4:30 p.m. – 5:30 p.m.	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	M - F	5:00 p.m. – 7:00 p.m.	6818 Shady Villa, 77055	(713) 682-4467
Highland (KM 451D)	M - Th	8:30 a.m. – 9:30 a.m.	3316 Desoto, 77091	(713) 956-9137
Independence Heights (KM 453N)	M & W	6:00 p.m. – 7:00 p.m.	603 East 35th, 77022	(713) 867-0373
Lincoln City (KM 412Q)	M - F	8:30 a.m. – 11:30 a.m.	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	M - Th	6:30 p.m. – 8:30 p.m.	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	M - F	1:00 p.m. – 2:00 p.m.	1000 West 12th, 77008	(713) 867-0497
Montie Beach (KM 453Y)	M - F	8:00 a.m. – 9:00 a.m.	915 Northwood, 77009	(713) 864-6820
Montie Beach (KM 453Y)	M -Th	7:00 p.m. – 8:00 p.m.	915 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	M, T & Th	6:00 p.m. – 6:30 p.m.	803 West Temple, 77009	(713) 862-6907
Judson Robinson, Jr. (KM533B)	M & F	9:00 a.m. – 10:00 a.m.	2020 Hermann Dr., 77004	(713) 284-1997
Stude (KM 493B)	T & F	8:00 a.m. – 9:00 a.m.	1031 Stude, 77007	(713) 867-0496
Woodland (KM 493C)	M - F	1:00 p.m. – 3:00 p.m.	212 Parkview, 77009	(713) 867-0401

NORTHEAST

Clark (KM 453B)	M - F	7:30 a.m. – 6:00 p.m.	9718 Clark, 77076	(713) 742-1497
Clinton (KM 495U)	T - Th	10:00 a.m. –11:00 a.m.	200 Mississippi, 77029	(713) 673-0955
Finnigan (KM 494H)	M - W	9:00 a.m. – 10:00 a.m.	4900 Providence, 77020	(713) 678-7385
Lakewood (KM 455G)	T - Th	7:00 a.m. – 9:00 a.m.	3725 Fulton, 77028	(713) 636-8217
Moody (KM 453Y)	M - F	7:00 a.m. – 8:00 a.m.	2812 Cline, 77009	(713) 692-6925
Moody (KM 453Y)	M - F	6:00 a.m. – 8:00 a.m.	2812 Cline, 77009	(713) 692-6925
Moody (KM 453Y)	M - F	5:30 p.m. – 6:30 p.m.	2812 Cline, 77009	(713) 692-6925
Swiney (KM 494J)	M - Th	6:30 p.m. – 7:30 p.m.	8100 Kenton, 77020	(713) 238-2197
Tidwell (KM 454D)	W	9:00 a.m. – 10:00 a.m.	9720 Spaulding, 77016	(713) 636-8221
Tuffly (KM 454X)	M, W & F	7:00 a.m. – 11:00 a.m.	3200 Russell, 77026	(713) 674-2355

SOUTHWEST

Alief (KM 529E)	M,W & F	10:00 a.m. – 11:00 a.m.	11903 Bellaire, 77072	(281) 564-8130
Almeda (KM 572Y	M - F	6:00 p.m. – 6:30 p.m.	14201 Almeda Sch. Rd., 77047	(713) 434-1909
Burnett Bayland (KM 531B)	M - W	5:30 p.m. – 6:00 p.m.	6200 Chimney Rock, 77081	(713) 668-4516
Cherryhurst (KM 492V)	M, W & F	6:00 p.m. – 7:00 p.m.	1700 Missouri, 77006	(713) 284-1992
Emancipation (KM 493U)	M & T	6:30 p.m. – 7:30 p.m.	3018 Dowling, 77004	(713) 284-1911
Godwin (KM 531U)*	M - Th	5:30 p.m. – 6:30 p.m.	5101Rutherglen, 77096	(713) 726-7114
Hackberry (KM 528M)	M, W & F	6:00 p.m. – 7:00 p.m.	7777 S. Dairy Ashford, 77072	(281) 776-9908
Lansdale (KM 530K)*	M - W	6:00 p.m. – 7:00 p.m.	8201 Roos, 77036	(713) 272-3668
Lansdale (KM 530K)*	M & W	9:00 a.m. – 10:00 a.m.	8201 Roos, 77036	(713) 272-3668
Linkwood (KM 532P)	M & W	6:00 p.m. – 7:00 p.m.	3699 Norris, 77025	(713) 314-3107
Marian (KM 530X)*	M - F	6:00 p.m. – 7:30 p.m.	11101 South Gessner, 77071	(713) 773-7015
Platou (KM 571B)	T & Th	6:00 p.m – 7:00 p.m.	11655 Chimney Rock, 77053	(713) 726-7107
River Oaks (KM 492T)	T - Th	6:00 p.m. – 6:30 p.m.	3600 Locke Lane, 77027	(713) 622-5998
River Oaks (KM 492T)**	M - F	5:00 p.m. – 6:00 p.m.	3600 Locke Lane, 77027	(713) 622-5998
Sharpstown (KM 530F)	M, W & F	9:00 a.m. – 10:00 a.m.	6600 Harbor Town, 77036	(713) 988-5328
Sunnyside (KM 533X)	M - W	5:30 p.m. – 6:30 p.m.	3502 Bellfort, 77051	(713) 734-5061
Sunnyside (KM 533X)*	M - Th	9:30 a.m. – 10:00 a.m.	3502 Bellfort, 77051	(713) 734-5061
Townwood (KM 572 D)	M, W & F	6:00 p.m. – 7:00 p.m.	3403 Simsbrook, 77051	(713) 434-3508
Windsor Village (KM 571 P)	T - Th	9:30 a.m. – 10:00 a.m.	14441 Croquet, 77085	(713) 726-7112

SOUTHEAST

Beverly Hills (KM 576S)	M & W	6:00 p.m. – 7:00 p.m.	10201 Kingspoint, 77075	(713) 948-9065
Charlton (KM 535P)	M & W	6:00 p.m. – 7:00 p.m.	8200 Park Place Blvd., 77017	(713) 645-3581
Cloverland (KM 573L)	M - F	7:00 a.m. – 10:00 a.m.	11800 Scott, 77047	(713) 733-4581
Crestmont (KM 574J)	M, W & F	6:00 p.m. – 7:00 p.m.	5200 Selinsky, 77048	(713) 733-2286
DeZavala (KM 495S)	M & W	6:00 p.m. – 7:00 p.m.	7521 Ave. H., 77012	(713) 923-5163
Eastwood (KM 494T)	M - F	8:30 a.m. – 9:30 p.m.	5020 Harrisburg, 77011	(713) 928-4801
Edgewood (KM 534X)	M, W & F	6:30 p.m. – 7:00 p.m.	5803 Bellfort, 77033	(713) 734-8434
Garden Villas (KM 535W)	M - F	8:00 a.m. – 9:30 a.m.	6720 S. Haywood, 77061	(713) 847-5168
Hartman (KM 535C)	M, W & Th	6:00 p.m. – 7:00 p.m.	9311 E. Ave. P., 77012	(713) 636-8221
Ingrando (KM 535F)	M - F	8:00 a.m. – 9:30 a.m.	7302 Keller, 77012	(713) 643-4764
MacGregor (KM 534E)	T & Th	9:00 a.m. – 10:00 a.m.	5225 Calhoun, 77021	(713) 747-8650
Mason (KM 535A)	M - Th	7:00 a.m. – 8:30 a.m.	541 South 75th, 77023	(713) 928-7055
Meadowcreek (KM 536S)	M, T, W & F	6:00 p.m. – 7:00 p.m.	5333 Berry Creek, 77017	(713) 946-9020
Sagemont (KM 576Y)	M, T & W	8:00 a.m. – 9:00 a.m.	11507 Hughes Rd., 77089	(281) 922-2343
Settegast (KM 494N)	M - Th	8:30 a.m. – 9:30 a.m.	3000 Garrow, 77003	(713) 238-2200

* Indicates Senior Walking Club ** Indicates Dog Walking Club

EXISTING OFF ROAD TRAILS

PARK	ADDRESS	MILES
Baldwin Park	1701 Elgin	0.32
Bell Park	4800 Montrose	0.17
Bendwood Park	12700 Kimberley	0.49
Beverly Hills Park	10201 Kingspoint	0.53
Blueridge Park	5600 Court Rd.	0.62
Boone Road Park	7700 Boone Rd.	1.06
Boyce-Dorian Park	2000 Erastus	0.40
Braeburn Glen Park	9510 Gessner	0.25
Brentwood Park	13220 Landmark	0.77
Briarbend Park	7926 Woodway	0.20
Briarmeadow Park	7703 Richmond	0.28
Burnett-Bayland Park	6200 Chimney Rock	0.96
Cambridge Village	1300 Nitida	0.50
Candlelight Park	1520 Candlelight	0.45
Canterbury Village	12822 Northumb	0.33
Carverdale Park	9801 Tanner	0.25
Clark Park	9718 Clark	0.36
Cleveland Park	200 Jackson Hill	0.35
Clinton Park	200 Mississippi	0.42
Cloverland Park	3801 Hickok Lane	0.25
Crain Park	9051 Triola	0.50
Cravens Parkway	5901 Main	0.50
Crestmont Park	5100 Selinsky	0.25
Cullen Park	19008 Saums	7.38
Cullinan Long Dr.	6700 Long Dr.	1.06
Denver Harbor	6402 Market	0.87
Dow Park	7942 Rockhill	0.58
Eastwood Park	5000 Harrisburg	0.20
Edgewood Park	5803 Bellfort	0.50
Forum Park	9900 Sugar Branch	0.49
Franklow Park	1300 Seagler Rd.	0.50
Freed Park	6818 Shady Villa	0.35
Freeway Manor	2241 Bronson	0.47
Freshmeadow Park	4500 Campbell	0.38
Garden Villas Park	6720 S. Haywood	0.49
Glenbrook Park	8201 N. Bayou Rd.	0.51
Glenshire Park	12100 Ricevillage School	0.41
Grady Park	1700 Yorktown	0.20
Gulf Palms Park	11901 Palm Springs	0.41
Haden Park	1404 Witte Road	0.32
Hager Park	12100 Landsdowne	0.51
Hartman Park	9311 Ave P.	0.62
Harwin Park	11305 Harwin	0.70
Haviland Park	11600 Haviland	0.28
Hermann Park	6001 Fannin	2.85
Herman Brown	400 Mercury Dr.	2.81
Herman Brown - Inside	400 Mercury Dr.	0.50
Herman Brown - Outside	400 Mercury Dr.	0.66
Hill Park	4800 Gloryland	0.39
Hutchenson Park	5400 Lockwood	1.00
Hobart Taylor Park	8100 Kenton	0.49
Ingrando Park	7302 Keller	0.59
Judson Robinson Sr.	1422 Ledwicke	0.10
Karl Young Park	7800 Stella Link	0.20
Keith-Wiess Park	12300 Aldine-Westfield	2.12
Lakewood Park	8811 Feland	0.14
Langwood Park	3975 Bolin	0.44
Lansdale Park	8201 Roos	0.33
Law Park	6100 Vassar Road	0.41
Lee Park	9025 Pitner	0.26
Lincoln Park	979 Grenshaw	0.25

PARK	ADDRESS	MILES
Linkwood Park	3699 Norris	0.12
Love Park	1000 West 12th St.	0.20
MacGregor Park	5225 Calhoun	1.25
Mangum Manor Park	5235 Saxon	0.29
Marian Park	11100 S. Gessner	0.25
Mason Park	541 75th St.	1.40
Memorial Park		
Seymour Liebermann Trail	6501 Memorial Dr.	2.90
Memorial Park - Timing Track	6501 Memorial Dr.	0.25
Minchen Park	4900 Fuqua	0.20
Montie Beach Park	915 Northwood	0.84
Moody Park	3725 Fulton	0.94
Nob Hill Park	10300 Timber Oak	0.28
Northline Park	6902 Nordling	0.42
Oak Meadow Park	500 Ahrens	0.25
Pleasantville Area	1400 Block of Ledwicke	1.50
Reveille Park	7700 Oak Vista	0.32
River Oaks Park	3600 Locke Lane	0.25
R.L. & Cora Johnson Park	9801 Tanner	0.25
Scenic Woods	7449 Lakewood	0.34
Schnur Park	12227 Cullen	0.50
Scottcrest Park	10700 Rosehaven Park	0.51
Shady Lane Park	10100 Shady Lane	0.50
Shepherd Park	4725 Brinkman	0.25
S. Main Estates Park	12256 Zavalla	0.32
Stewart Park	6700 Reed Rd.	0.30
Stoneybrook Esp.	3000-3600 Stoneybrook	0.55
Stude Park	1031 Stude	0.83
Sunnyside Park	3502 Bellfort	0.48
Townwood	3403 Simsbrook	0.39
Tuffly Park	3200 Russell	0.33
Verde Forest Park	8800 Brock Park Blvd.	0.20
Veterans Memorial	1800 Tidwell	0.36
Westwood Park	4045 Lemac	0.38
Willow Park	10400 Cliffwood	0.25
Wilson Memorial	100 Gilpin	0.28
Zollie Scales Park	3501 Corder	0.23

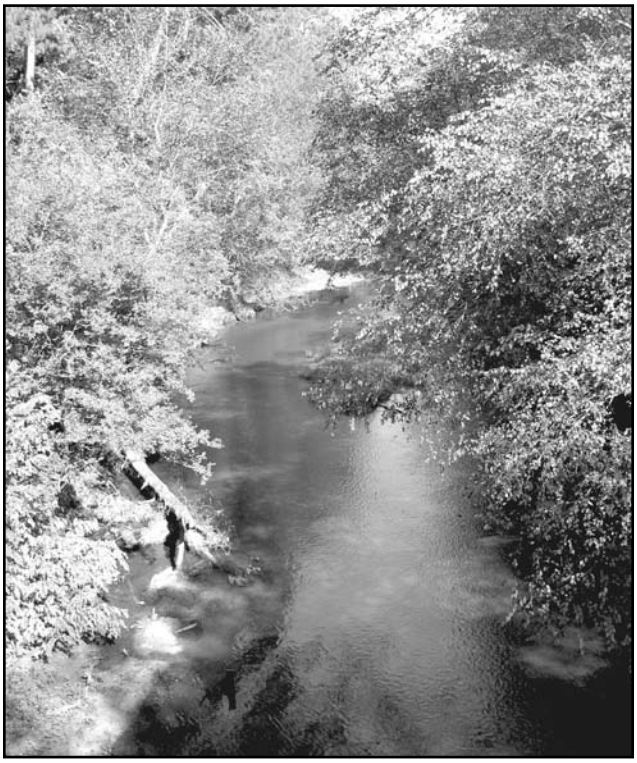
Linear / Bayou Trails

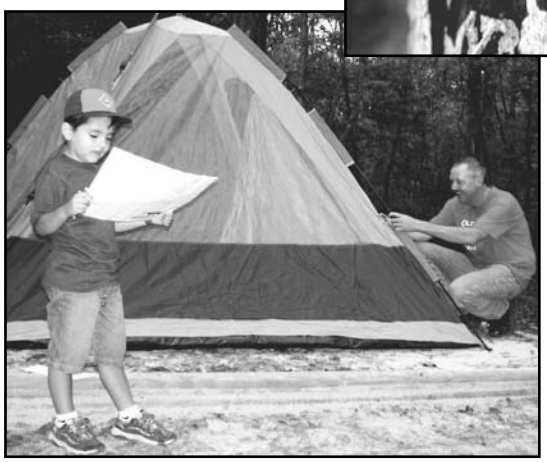
TRAILS	ADDRESS	MILES
Brays Bayou	Gessner to Martin L. King	12.50
Brays Bayou	Lawndale to Forest Hill	.75
Brays Bayou	75th to Evergreen	.50
Buffalo Bayou	Bagby to Shepherd	4.50
Clear Lake Trail	Space Ctr - Bay Are	1.04
Halls Bayou	Little York - Mierianne	1.50
Harrisburg	Sunset Drennan to Marsden; Ave. R to Ave. H	2.00
Heights Blvd	400-1800 Heights Blvd	2.00
Hunting Bayou	I-610 to Lockwood	.50
Hunting Bayou	U.S. 59 to Cavalcade	.50
Sims Bayou	Martin L. King to Scott	2.50
Sims Bayou	White Heather to Townwood Park	.75
Sims Bayou	S. Post Oak to Croquet	.50
T.C. Jester Parkway	34th to 43rd Streets	1.00
Westside Trail	Westpark to Eldridge	1.90
White Oak Bayou	Houston Ave. to Studemont	2.25
White Oak Bayou	W. 11th to Pinemont	4.80

Lake Houston Wilderness Park

Lake Houston Wilderness Park is the only park in the department's inventory that allows overnight camping. This beautiful forested expanse of nearly 5,000 acres, is located approximately 30 miles north of Houston off of Hwy. 59 near New Caney. It offers a variety of outdoor learning experiences for people of all ages including camping, hiking, mountain biking, canoeing, kayaking and horseback riding (you must bring your own bikes, watercraft and horses). It is a perfect spot for photography, nature study, and bird watching. The Lake Houston Wilderness Park Nature Center is a great place to visit and learn about some of the woodland creatures that call the Park home. **The Park Headquarters is open any time that the gate is open.**

Program Dates:	Year Round
Location:	22031 Baptist Encampment Road New Caney, Texas 77357
Gates Open:	8:00 a.m. – 8:00 p.m., Sunday – Thursday until Oct 16, 2009 8:00 a.m. – 6:00 p.m., Sunday – Thursday beginning Oct 19, 2009 8:00 a.m. – 10:00 p.m., Friday & Saturday year round
Office Hours:	(281) 354-6881
Information:	www.houstonparks.org
Reservations:	(281) 354-6881
Park Entry Fee:	$3.00 per person
Pine Grove Dining Hall:	$100.00 per day + entry fee(s) and a refundable $75 cleaning deposit
Forest Cottage:	$132.50 per day + entry fee(s) and a refundable $75 cleaning deposit
Lazy Creek Lodge:	$169.60 per night + entry fee(s) and a refundable $75 cleaning deposit
Peach Creek Group Campsite:	$40.00 per day + entry fee(s)
Chinquapin Group Campsite:	$40.00 per day + entry fee(s)
Individual Tent Campsites:	$7.00 day + entry fee(s)
Primitive Hike-In Sites:	$7.00 day + entry fee(s) All rental fees include tax.
New at Lake Houston Wilderness Park:	
Screened Shelters:	Call for pricing and availability





Lake Houston Wilderness Park Nature Center

August-September Programs 2009

For reservations call: (281)354-0173
Programs limited to 25 people unless otherwise specified
RESERVATIONS REQUIRED FOR ALL PROGRAMS

SWAMP TROMP FOR KIDS!
Fri., August 14 - 10: 00 a.m. - Ages 5-14
Join other nature lovers in a journey to remote sections of the park while checking out wildlife in its natural setting. Guests will be taken by 4-wheel drive vehicles, and given hands on adventure into the wild! So grab your rubber boots and bug spray! Maximum of 10 people for this event so call ahead! Reservations taken beginning July 4.

AMAZING ALLIGATORS
Sat., August 15 - 2:00 p.m. - All Ages
Learn about these fascinating reptiles that are actually "Living Dinosaurs". Separate fact from fiction. Reservations taken beginning August 1.

SCAVENGER HUNT
Thurs., August 20 - 10 :00 a.m. and 2:00 p.m. Ages 5-13
Calling all troops!! We're on the hunt! Young nature lovers are invited to venture out on the trails of Lake Houston Park for a day of nature discovery! Parents are welcome and encouraged. Reservations taken beginning August 6.

URBANIZATION, HABITATS AND WILDLIFE
Sat., August 22 - 2:00 p.m. - Ages 14 plus
Learn about the impact of urbanization on habitats and wildlife, how some species adapt, and others don't. This program emphasizes the reasons behind the development of the Texas Master Naturalist program, and why volunteers are so important to provide education, outreach, and service dedicated toward the beneficial management of natural resources. Reservations taken beginning August 15.

NATURALIST 101
Sat., August 29 - 2:00 p.m. - All ages
Have you ever wondered what it would be like to work in the outdoors all day? Have deer, squirrels, birds, raccoons, and opossums inside your office? Learn about the importance of educating others about conserving nature and wildlife. Think about becoming a park naturalist and teach others about your passion!

BREAKFAST WITH THE BIRDS/BIRDING 102
Sat., Sept. 5 - 8:30 a.m. - Ages 14 plus
Join fellow birding enthusiasts on a bird walk for an informal count of resident birds. Learn the basics of birding with a short presentation and get involved!

INSECT EXPLORATIONS!
Sat., Sept. 12 - 10:00 a.m. - Ages 5-10
Join us for a play day outside with nets collecting insects! We will bring our findings back to the nature center for everyone to see and discuss! Learn differences between different species, what adaptations insects have to help them survive, and their importance in the environment! Reservations taken beginning August 29.

ANIMAL TRACKS
Sat., Sept. 12 - 10:00 a.m. - All ages
Parents welcome and encouraged! Find real animals tracks and make a plaster mold of them to take home with you! Identify what kind of animal made the track and learn the facts about that animal! Reservations taken beginning July 25.

REPTILES AND AMPHIBIANS
Sat., Sept. 19 - 2:00 p.m. - Ages 5 - 13
Come and learn the differences between reptiles and amphibians! Which ones are slimy, which ones have scales? How do they climb trees? Kids will get to touch some live examples from within the nature center to help them see and feel what they are learning! Reservations taken beginning September 5. Space is limited to 12 children and 12 adults.

SWAMP TROMP
Sat., Sept. 26 - 10:30 a.m. - Ages 14 plus
Join other nature lovers in a journey to remote sections of the park while checking out wildlife in its natural setting. Guests will be taken by 4-wheel drive vehicles, and given a hands on adventure into the wild! So grab your rubber boots and bug spray! Maximum of 10 people for this event so call ahead!

Tennis Centers

HPARD operates three centers each complete with a pro shop as well as locker and shower facilities which are available for a nominal fee. Lessons can be scheduled with center staff. Tournaments, leagues, corporate outings services and other events can be scheduled by calling any of the centers. For general tennis information as well as information on youth tennis programs, call (713) 803-1112.

Lee LeClear Tennis Center

The Lee LeClear Tennis Center is located in southwest Houston. It provides 26 courts plus 2 practice walls. Fees listed are per court for 1½ hours of use.

Dates:	Year Round
Time:	7:30 a.m. – 9:00 p.m., Weekdays 7:30 a.m. – 6:00 p.m., Weekends
Location:	Lee LeClear (KM 530T) 9506 S. Gessner, 77074
Information:	(713) 272-3697
Juniors:	$ 2.00 Weekdays Before 6:00 p.m.
Weekday Walk-on:	$ 3.50 Before 6:00 p.m.
Weekday Reserved:	$ 4.00 Before 6:00 p.m.
Evening & Weekend Walk-on:	$ 5.50
Evening & Weekend Reserved:	$ 6.00
Tournaments/Leagues:	Contact Center

Memorial Park Tennis Center

The Memorial Park Tennis Center is located in Memorial Park. It provides 18 courts plus a practice wall. Fees listed are per court for 1½ hours of use. A Smoothie King concession is located inside the pro shop.

Program Dates:	Year Round
Time:	6:00 a.m. – 9:00 p.m., Weekdays 7:00 a.m. – 6:00 p.m., Weekends
Location:	Memorial Park (KM492F) 1500 Memorial Loop Dr., 77007
Information:	(713) 867-0440
Juniors:	$ 2.00 Weekdays Before 6:00 p.m.
Weekday Walk-on:	$ 3.50 Before 6:00 p.m.
Weekday Reserved:	$ 4.00 Before 6:00 p.m.
Evening & Weekend Walk-on:	$ 5.50
Evening & Weekend Reserved:	$ 6.00
Tournaments/Leagues:	Contact Center

Homer Ford Tennis Center

The Homer Ford Tennis Center is located in MacGregor Park. It provides16 courts plus a practice wall. Fees listed are per court for 1½ hours of use.

Program Dates:	Year Round
Time:	7:30 a.m. – 9:00 p.m., Weekdays 7:30 a.m. – 6:00 p.m., Weekends
Location:	Inside MacGregor Park (KM 534E) 5225 Calhoun, 77021
Information:	(713) 842-3460
Juniors:	$ 1.00 Weekdays before 6:00 pm
Weekday Walk-on:	$ 2.50 Before 6:00 pm
Weekday Reserved:	$ 3.00 Before 6:00 pm
Evening & Weekend Walk-on:	$ 5.50
Evening & Weekend Reserved:	$ 5.00
Tournaments/Leagues:	Contact Center

Neighborhood Municipal Tennis Courts

Tennis Office: (713) 803-1112

Alief Park (KM 529E)	11903 Bellaire Blvd, 77072	4 Lighted Courts	1 Practice Wall
Anderson Park (KM 491X)	5701 Beverlyhill, 77057	2 Lighted Courts	
Bendwood Park (KM 489D)	12700 Kimberley, 77024	2 Lighted Courts	1 Practice Wall
Beverly Hills Park (KM 576S)	10201 Kingspoint, 77075	1 Court	
Bonham Park (KM 530Q)	8401 Braes Acres, 77074	2 Lighted Courts	
Briarmeadow Park (KM 490Z)	7703 Richmond, 77063	2 Lighted Courts	
R.L & Cora Johnson Park (KM 450A)	9920 Porto Rico, 77041	2 Lighted Courts	
Charlton Park (KM 535P)	8200 Park Place, 77017	2 Lighted Courts	
Herman Brown Park	400 Mercury Drive, 77013	4 Lighted Courts	
Cherryhurst Park (KM 492V)	1700 Missouri, 77006	1 Lighted Court	1 Practice Wall
Chimney Rock Park (Platou) (KM 571B)	11655 Chimney Rock, 77035	2 Lighted Courts	
Cleveland Park (KM 492M)	200 Jackson Hill, 77007	2 Courts	
Clinton Park (KM 495U)	200 Mississippi, 77029	2 Lighted Courts	
Cloverland Park (KM 573L)	3801 Hickok, 77047	2 Lighted Courts	
Cole Creek Park (KM 411W)	7200 Drowsy Pine, 77092	2 Courts	
Crestmont Park (KM 574J)	5100 Selinsky Rd, 77048	2 Lighted Courts	1 Practice Wall
Dodson Lake Park (KM 454F)	9010 Dodson, 77093	2 Lighted Courts	1 Practice Wall
Dow Park (KM 535X) 7942	7942 Rockhill, 77061	3 Lighted Courts	1 Practice Wall
Eastwood Park (KM 494T)	5000 Harrisburg, 77011	2 Lighted Courts	
Emancipation Park (KM 493U)	3018 Dowling, 77004	2 Lighted Courts	1 Practice Wall
Finnigan Park (KM 494G)	4900 Providence, 77020	2 Lighted Courts	
Fleming Park (KM 532D)	1901 Sunset Blvd, 77005	2 Lighted Courts	
Freeway Manor Park (KM 576F)	2241 Bronson/2300 Theta, 77034	1 Lighted Court	
Grady Park (KM 491Q)	1700 Yorktown, 77056	1 Lighted Court	
Graham Park (KM 452R)	540 West 34th St, 77018	1 Lighted Court	
Greenwood Park (KM 497A)	602 Beresford, 77015	2 Lighted Courts	
Grimes Park (Lease) (KM 573D)	5150 Reed Rd, 77033	2 Lighted Courts	
Hager (Lee) Park (KM 571A)	12100 Landsdowne, 77035	1 Lighted Court	1 Practice Wall
Halbert Park (KM 453S)	200 East 23rd St, 77008	1 Lighted Court	
Hartman Park (KM 535C)	9311 Avenue P, 77012	2 Lighted Courts	
Haviland Park (KM 570H)	11600 Haviland, 77035	2 Lighted Courts	
Highland Park (KM 451D)	3316 DeSoto, 77091	2 Lighted Courts	1 Practice Wall
Hutcheson Park (KM 454U)	5400 Lockwood, 77026	1 Lighted Court	
Independence Heights Park (KM 453N)	601 East 35th St., 77022	1 Lighted Court	
Ingrando Park (KM 535E)	7302 Keller, 77012	2 Lighted Courts	
Smokey Jasper Park (KM 415A)	13400 River Trail Rd, 77050	2 Lighted Courts	
Jaycee Park (KM 452W)	1300 Seamist, 77008	2 Lighted Courts	1 Practice Wall
Walter Jones Park (KM 575T)	8000 Coastway Lane, 77075	2 Lighted Courts	
Keith-Wiess Park (KM 413M)	12300 Aldine-Westfield, 77093	2 Lighted Courts	
Law Park (KM 534Y)	6200 Scarlet / 6100 Vassar, 77033	2 Lighted Courts	1 Practice Wall
Lincoln Park (KM 412Q)	979 Grenshaw, 77088	1 Lighted Court	
Linkwood Park (KM 532P)	3699 Norris, 77025	2 Lighted Courts	1 Practice Wall
Mangum Manor Park (KM 451L)	5235 Saxon, 77092	1 Lighted Court	1 Practice Wall
Mason Park (KM 535A)	541 South 75thSt/Tipps, 77023	2 Lighted Courts	
Meadowcreek Village Park (KM 536S)	5333 Berry Creek, 77017	2 Lighted Courts	
Melrose Park (KM 413T)	12200 Melrose Park Rd., 77076	4 Lighted Courts	
Meyerland Park (KM 531Q)	5151 Jason, 77096	2 Lighted Courts	
Milby Park (KM 535G)	2001 Central, 77017	2 Lighted Courts	
Milroy Park (KM 452Z)	1205 Yale, 77008	1 Lighted Court	
Montie Beach Park (KM 453X)	915 Northwood, 77009	2 Lighted Courts	
Moody Park (KM 453Y)	3725 Fulton, 77009	2 Lighted Courts	
Nieto Park (KM 495A)	500 Port, 77020	1 Lighted Court	
Northline Park (KM 413W)	6902 Nordling, 77076	2 Lighted Courts	
Nottingham Park (KM 489E)	14205 Kimberley, 77079	2 Lighted Courts	1 Practice Wall
Oak Forest (KM 452N)	2100 Judiway, 77018	2 Lighted Courts	
Proctor Plaza (KM 453X)	803 W. Temple, 77009	1 Lighted Court	
Gail Reeves Park (KM 531N)	8800 Mullins, 77096	2 Lighted Courts	1 Practice Wall
River Oaks Park (KM 492S)	3600 Locke Lane, 77027	4 Courts	
Judson Robinson, Sr. Park (KM 495L)	1422 Ledwicke, 77029	1 Lighted Court	
Sagemont Park (KM 576Y)	1507 Hughes, 77089	2 Lighted Courts	
Zollie Scales Park (KM 533P)	501 Corder, 77021	1 Lighted Court	
Scenic Woods Park (KM 415W)	449 Lakewood, 77017	2 Lighted Courts	
Schwartz Park (KM 451N)	8203 Vogue, 77055	2 Lighted Courts	
Settegast Park (KM 494N)	3001 Garrow, 77003	1 Lighted Court	
Sharpstown Park (KM 530F)	8200 Bellaire Blvd, 77036	2 Lighted Courts	
Spotts Park (KM 493J)	401 S Heights Blvd, 77007	2 Lighted Courts	
Sunnyside Park (KM 533X)	3502 Bellfort, 77051	2 Lighted Courts	
Tanglewood Park (KM 491K)	5801 Woodway, 77057	2 Lighted Courts	
Tidwell Park (KM 454D)	9720 Spaulding, 77016	2 Lighted Courts	
Townwood Park (KM 572P)	3403 Simsbrook, 77045	1 Lighted Court	
Westbury Park (KM 531W)	5635 Willowbend, 77096	2 Lighted Courts	
Westwood Park (KM 532S)	4045 Lemac, 77025	2 Lighted Courts	
Willow Park (KM 531Z)	10400 Cliffwood, 77035	2 Lighted Courts	1 Practice Wall
Wilson Memorial Park (KM 576G)	100 Gilpin, 77034	2 Lighted Courts	
Windsor Village Park (KM 571P)	14441 Croquet, 77085	2 Lighted Courts	
Winzer Park (KM 412S)	7300 Carver / Dolly Wright, 77088	2 Lighted Courts	
Woodland Park (KM 493C)	212 Parkview, 77009	1 Lighted Court	
Karl Young Park (KM 532J)	7800 Stella Link, 77025	1 Lighted Court	

Golf Course Information and Green Fees

The Parks and Recreation Department provides 7 challenging golf courses for citizens' enjoyment. From the highly acclaimed Memorial Park (the #1 municipal course in the state!), to the well maintained and lower priced Brock Park and Gus Wortham Park courses, there is something for every golfer. Memorial, Hermann and Gus Wortham are all located inside the loop. Sharpstown, one of Houston's most popular and most walkable courses, is close in on the Southwest side. Brock offers opportunities to Northeast golfers, while Glenbrook provides a venue in the Southeast area of the City. Melrose, in the North Central, offers a chance to practice short-game skills with its 18 par -3 holes. All courses except Glenbrook have driving ranges, and all have practice putting and chipping greens. Pro shops are available at all courses. Dining facilities are available at all courses except Melrose. All courses are non-metal spike facilities. Weekday fees apply Monday through Thursday. Weekend fees apply Friday through Sunday, and all city holidays. Junior (18 – under) and Senior (65 – older) rates are offered on weekdays only. Twilight start times vary by season. Please call the course.

For tee time reservations, log on to www.houstonparks.org and access the tee time reservation system. This innovative tee time system includes Memorial, Sharpstown and Gus Wortham. For tee times at other courses call the pro shop. For information on all the courses, visit www.houstonparks.org. Lessons from qualified instructors are available at all courses. Tournament and corporate outings may be scheduled by calling any of the courses. (Note: Prices subject to change without notice.Extra fee applies for use of electric golf car.)

Memorial Park Golf Course

Memorial Park Golf Course began in 1923 as a 9-hole sand green course built near the hospital at Camp Logan. In an ambitious effort to enhance parks across the city, the Parks and Recreation Department in 1935 began constructing an illustrious 18-hole golf course. In July of the following year, the first ball was teed off on what architect John Bredemus called his "greatest golf course ever."

Through the years, Memorial Park Golf Course hosted many famous golfers such as Arnold Palmer, Babe Didrikson and Charlie Sifford. It also hosted the Houston Open PGA Tour event from 1951 to 1963. In 1995, the newly renovated 260-acre course opened with \a lighted driving range, putting and chipping greens and a beautiful new clubhouse facility featuring an expanded pro shop and a Beck's Prime Restaurant.

Today, Memorial Park Golf Course is known as one of the best municipal courses in the nation and is visited by more than 60,000 patrons each year. Houston is proud to call Memorial Park Golf Course the crown jewel of Memorial Park. Memorial Park Golf Course is closed on Tuesdays.

Location:	Memorial Park (KM 492F) 1001 Memorial Loop, 77007
Information:	(713) 862-4033
Yardage / Par:	7309 / 72
Hours:	Dawn - 10:00 p.m.

Junior (Weekday only):	$ 8.00
Senior/Disabled (Weekday only):	$12.00
Weekday (Monday - Thursday):	$26.00
Weekday Twilight:	$18.00
Weekend/Holiday (Friday - Saturday):	$37.00
Weekend/Holiday Twilight:	$24.00

Hermann Park Golf Course

Hermann Park Golf Course is a jewel nestled in the center of the Bayou City. Since 1922, this lush park and course has been at the center of a rich tradition of golfing excellence. The course was fully renovated in 1998. The new clubhouse is located at the corner of Almeda and North MacGregor, and from there you set out on this short, but challenging and enjoyable course. Water toughens the course, coming into play on half the holes.

You'll find no more enjoyable way to experience George Hermann's legacy than playing this 18-hole oasis in the very heart of Houston.
Hermann has a driving range, practice putting green, pro shop and complete snack bar. It is managed for HPARD by BSL Golf Corp. Sales tax is additional on all fees. Carts required Weekend mornings.

Location:	Hermann Park (KM 533A) 2155 N. MacGregor, 77030
Information:	(713) 526-0777
Yardage / Par:	6014 / 70
Hours:	7:00 a.m. - 9:00 p.m.

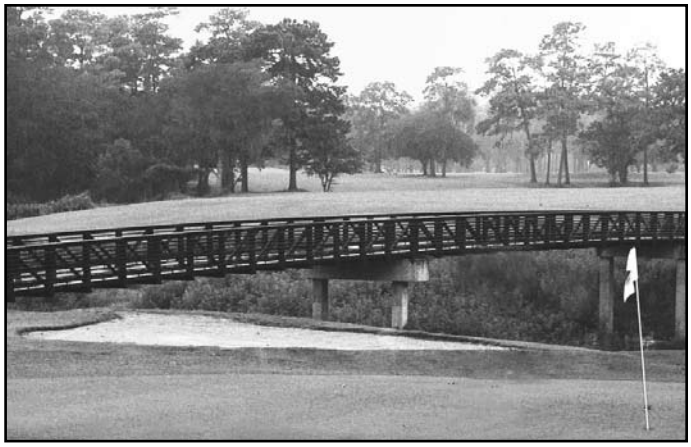
Junior (Weekday only):	$ 6.00
Senior/Disabled (Weekday only):	$ 9.00
Weekday (Monday - Thursday):	$21.50
Weekday Twilight:	$14.34
Weekend/Holiday (Friday - Saturday):	$30.64
Weekend/Holiday Twilight:	$18.78

Gus Wortham Park Golf Course

Come play on living history!
Gus Wortham opened in 1908 as the original Houston Country Club. Today, Wortham is the oldest continually operating 18 hole course in the state. Gus Wortham provides challenges not regularly found in Houston. Elevated tees and uphill carries to greens make you use all your clubs. The course is relatively wide open, making it attractive for all levels of golfers. The front 9 features 3 consecutive par 5 holes, 2 of which you may want to go for in 2. Your shot-making skills will be tested on several of the "short but challenging" par 4 holes. Playing to more than 6,400 yards, Gus Wortham is a fun course, located only minutes from downtown and inside the loop. A full driving range is available for practice or warming up. Additional practice areas include a putting green, chipping green and practice bunker. The proshop staff is available for lessons.Tee times are available through the new internet system at www.houstonparks.org. Gus Wortham has a fully stocked pro shop and full snack bar.

Location:	Gus Wortham Park (KM 494Z) 7000 Capital, 77023
Information:	(713) 928-4260
Yardage / Par:	6447 / 72
Hours:	Dawn - Dusk

Junior (Weekday only):	$ 5.00
Senior/Disabled (Weekday only):	$ 8.00
Weekday (Monday - Thursday):	$14.00
Weekday Twilight:	$11.00
Weekend/Holiday (Friday - Saturday):	$19.00
Weekend/Holiday Twilight:	$13.50



Sharpstown Park Golf Course

Welcome to Houston's "Best Golfing Value." Sharpstown Golf Course has earned this reputation by providing outstanding customer service and excellent facility conditions, while offering some of the lowest fees in the gulf coast area. Sharpstown Golf Course is located in the heart of southwest Houston, one mile west of Hwy 59 and just 1 block north of Bellaire Blvd. on Harbor Town Drive. Sharpstown's convenient location allows for quick access from anywhere in the greater Houston area. Recent improvements at Sharpstown include new cart paths, improved drainage, reconstructed bunkers, tees and lakes. The 18 hole, par 70 course has 4 sets of tees, allowing moderate degrees of difficulty for the novice and beginner, yet enough length (6,660 from the back tees) to test the avid and skilled player. Sharpstown's amenities include a driving cage for practice or warming up, 2 putting greens, a chipping green, full service pro shop, café and beverage cart and golf professionals who are available for lessons. Tee-times are available through the new internet system at www.houstonparks.org.

Location: Sharpstown Park (KM 530F)
6600 Harbor Town, 77036
Information: (713) 988-2099
Yardage / Par: 6600 / 70
Hours: Dawn - Dusk

Junior (Weekday only):	$ 6.00
Senior/Disabled (Weekday only):	$10.00
Weekday (Monday – Thursday):	$15.00
Weekday Twilight:	$12.00
Weekend/Holiday (Friday-Saturday):	$20.00
Weekend/Holiday Twilight:	$15.00

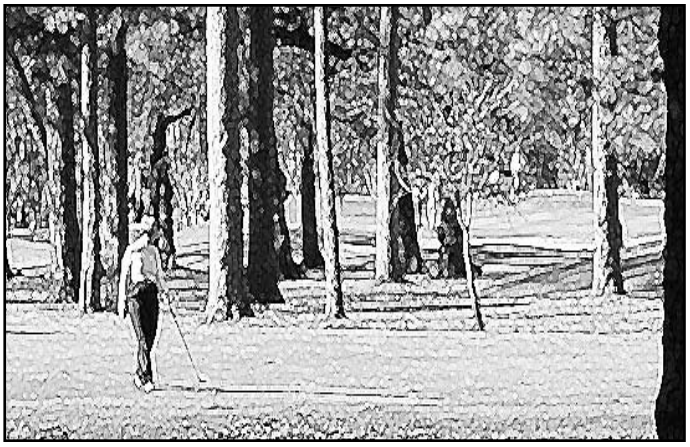
Brock Park Golf Course

Welcome to Houston's "Best Kept Secret," Brock Park Golf Course, quietly tucked in northeast Houston, far from the noise, but less than 20 minutes from downtown. Brock Park is managed and maintained by the Houston Parks and Recreation Department's golf operations division staff. This tree-lined course has been one of the City's fine municipal courses since 1972. Brock plays to 6,427 yards with elevation changes unlike most courses in the area. It combines risk and reward on many holes, and requires good shot selection and execution on others. Greens Bayou comes into play on 4 holes, and creeks cross 4 others. Good scores can be found at Brock, provided you stay out of the trees! A driving range is available for practice or for warming up. Additional practice areas include a putting green, chipping green and practice bunker. The pro shop staff is available for lessons. Tee times are available on weekends and holidays. Brock Park is a non-metal spike facility with a fully stocked pro shop and snack bar.

Location: Brock Park (KM 456E)
8201 John Ralston Road

Information: (281) 458-1350
Yardage / Par: 6427 / 72
Hours: Dawn - Dusk

Junior (Weekday only):	$ 5.00
Senior/Disabled (Weekday only):	$ 7.00
Weekday (Monday - Thursday):	$12.00
Weekday Twilight:	$ 8.50
Weekend/Holiday (Friday - Saturday):	$17.00
Weekend/Holiday Twilight:	$12.00



Melrose Golf Course

Melrose Park Golf Course is one of the few 18 hole par-3 golf courses in the state and it is lighted for night play! Located on Canino Road, between Airline Drive and the Hardy Toll Road, Melrose also offers a lighted driving range with a grass hitting area, chipping green, practice bunker and practice putting green. With holes ranging in length from 70 yards to 145 yards, you will get the opportunity to work on all aspects of your short iron game. Imagine being able to play 18 holes in less than 2 hours and have a chance for a hole-in-one on every hole! Melrose is managed for HPARD by Walton Golf Enterprises. Individual lessons and group clinics are available. Fall hours are from 8:00 a.m. to 9:00 p.m. Contact the course for further information.

Location:	Melrose Park (KM 413T) 401 Canino, 77076
Information:	(281) 931-4666
Yardage / Par:	0000 / 00
Hours:	Dawn - Dusk

Junior (Weekday only):	$00.00
Senior/Disabled (Weekday only):	$00.00
Weekday (Monday - Thursday):	$00.00
Weekday Twilight:	$00.00
Weekend/Holiday (Friday - Saturday):	$00.00
Weekend/Holiday Twilight:	$00.00

Glenbrook Park Golf Course

Glenbrook Park Golf Course is located south/southeast of downtown Houston and is managed for HPARDby the Lopez Management Group. Glenbrook is located along Sims Bayou, with 7 holes crossing the waterway. Recent improvements at Glenbrook include new tees on many holes, expanding the distance from the rear tees. Tee times are available on Thursday morning at 7:00 a.m. for Friday, Saturday and Sunday starting times. Sales tax on all fees is additional.

Location:	Glenbrook Park (KM 535Q) 8205 Bayou Drive, 77017
Information:	(713) 649-8089
Yardage / Par:	6290 / 71
Hours:	Dawn - Dusk

Junior (Weekday only):	$ 5.00
Senior/Disabled (Weekday only):	$ 8.00
Weekday (Monday - Thursday):	$14.00
Weekday Twilight:	$11.00
Weekend/Holiday (Friday - Saturday):	$19.00
Weekend/Holiday Twilight:	$13.50

Permits & Reservations

The Houston Parks and Recreation Department has many different venues available for rental. Whether you are planning a wedding, a family or a neighborhood event, a company picnic or a sports tournament we have a site for you!

An area within a park may be reserved for personal use or private events by obtaining a permit through the Permits section of the Houston Parks and Recreation Department for a fee and refundable deposit. This permit ensures the exclusive use of the specific space for a designated time frame.

Park space, including pavilions, picnic table clusters and open space may be reserved for picnics, birthday parties, family or religious gatherings, weddings and more. Sports field rentals and reservations, with all the amenities, are also available year round at nominal fees for weekdays and weekends. When planning your event it is very important to contact the Permits Office as early as possible to receive the most current information on the park or facility of your choice.

For information regarding permits for large public events, call the Mayor's Office of Special Events at (713) 437-6482.

Office Hours: 8:30 a.m. - 4:45 p.m., Monday - Friday

Information:
(713) 865-4525 (Outdoor Permits)
(713) 865-4528 (Outdoor Permits)
(713) 865-4526 (Sportsfield Rentals)
(713) 865-4527 (Sportsfield Rentals)

Houston Garden Center

Wander the pathways of The Houston Garden Center and enjoy the sights and smells of over 2,500 roses. Identify your favorite rose, tree or flower on a casual stroll or plan your next event with the center as its backdrop. The gardens cover 6 acres of land and include the All-American Rose Selection Test Garden, the Bulb Garden, the Fragrant Garden, the Perennial Garden, the Camellia Garden, the Friendship Pavilion and the early stages of the International Garden.

Every year, the Garden Center serves as a backdrop for weddings, private functions, plant shows and various garden club meetings. Visit www.houstonparks.org for a listing of horticultural groups that meet at the Houston Garden Center throughout the year.

The center is located across from the Miller Outdoor Theatre and just east of the Houston Museum of Natural Science. For rental information, contact the Houston Garden Center Office during normal business hours.

Office Hours: 8:00 a.m. – 5:00 p.m.
Monday through Friday

Information: (713) 284-1989

Japanese Garden at Hermann Park

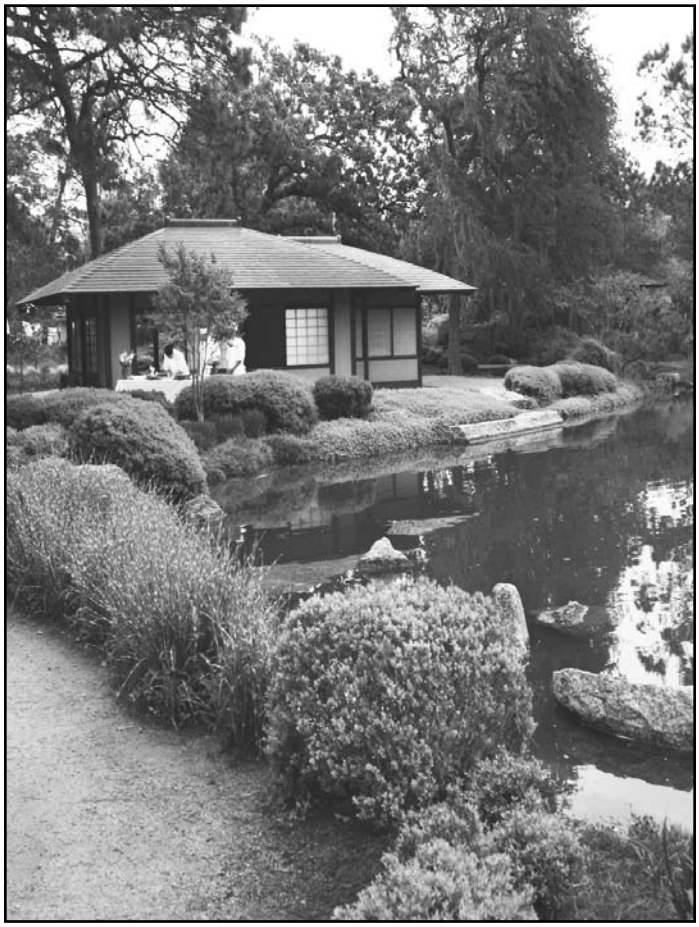
Come stroll our shaded paths, enjoy the beauty of the flowers, spend a moment in quiet reflection and escape into the Land of the Rising Sun. Nestled in a pine grove near the Sam Houston Monument in Hermann Park you'll find an island of serenity known as the Japanese Garden. Designed by world-renowned Japanese landscape architect Ken Nakajima, the garden was built to symbolize the friendship between Japan and the United States, and to recognize Houston's thriving Japanese community. The Japanese Garden in Hermann Park is built in the Daimyo Style, a traditional design that dates back to the 17th, 18th, and 19th century stroll gardens. Like most stroll gardens, this five acre oasis is designed around a sequence of landscape elements, which combine together to create a work of living art. The garden exemplifies the philosophical and artistic attitude of the designer and combines elegant simplicity with traditional design to fit in harmony with the park's topography and Texas roots. The Japanese Garden is open daily for your enjoyment and there is no admission charged.

THE JAPANESE GARDEN IS NOT AVAILABLE FOR RENTALS

Hours: 10:00 a.m. - 6:00 p.m. (Spring/Summer)
10:00 a.m. - 5:00 p.m. (Fall/Winter)

Location: 6001 Fannin

Information: (713) 284-8300
(713) 284-1300



Senior Programs

HPARD Senior Programs provides a wide variety of recreation and leisure activities for seniors, ages 55 years and older, at various community centers throughout Houston. Activities include specialty and creative crafts, fitness, walking clubs, cultural events, senior forums, field trips and special events. Other program components include craft exhibitions, computer classes at local libraries, fashion shows, special holiday events, Senior Olympics competition and sports programs. Most programming is **FREE** unless otherwise indicated. Field trips and certain programs may require a minimum fee or request that participant provide their own materials.

Ages:	55 and older
Registration:	Ongoing
Program Dates:	Ongoing
Fees:	**FREE** (except for field trips, minimum cost)
Times:	Various by Community Center
Information:	(713) 865-4515 (713) 865-9356

MONDAY		
Ingrando (KM 535F)	7302 Keller, 77012	(713) 643-4764
Judson Robinson, Sr. (KM 495L)	1422 Ledwicke, 77029	(713) 674-2401
Tidwell (KM 454D)	9720 Spaulding, 77016	(713) 636-8221
TUESDAY		
Clark (KM 453B)	9718 Clark, 77076	(713) 742-1497
Edgewood (KM 534X)	5803 Bellfort, 77033	(713) 734-8434
Fonde (KM 493K)	110 Sabine, 77002	(713) 226-4466
Highland (KM 451D)	3316 Desoto, 77091	(713) 956-9137
Selena Quintalla Perez/ Denver Harbor (KM 494H)	6402 Market, 77020	(713) 675-2151
Sunnyside (KM 533X)	3502 Bellfort, 77051	(713) 734-5061
Sunnyside (KM 533X)	3502 Bellfort, 77051	(713) 734-5061
WEDNESDAY		
DeZavala (KM 495S)	7521 Avenue H., 77012	(713) 923-5163
Sunnyside (KM 533X)	3502 Bellfort, 77051	(713) 734-5061
THURSDAY		
Crestmont (KM 574J)	6200 Selinsky, 77048	(713) 733-2236
Eastwood (KM 494T)	5020 Harrisburg, 77011	(713) 928-4801
FRIDAY		
Edgewood (KM 534X)	5803 Bellfort, 77033	(713) 734-8434
Meadowcreek (KM 535A)	5333 Berry Creek, 77017	(713) 946-9020

Senior Specialty Crafts & Leisure

Learn and enjoy or even share a variety of leisure type activities including flower arranging, ceramics, quilting, painting and much more at your neighborhood community center. Contact the neighborhood community center nearest you to sign up for one or two or three of the many classes offered.

Ages: 55 and older
Registration: August 1 - Ongoing
Fee: **FREE**
Program Dates: September 5 - December 15
Times: Various by Community Center
Information: (713) 865-4512
(713) 865-4517

NORTHEAST

Clark (KM 453B)	Arts & Crafts	Th	12:00 p.m. – 2:00 p.m.	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	Ceramics	W & F	12:00 p.m. – 2:00 p.m.	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	Hat Making	M	9:00 a.m. – 2:00 p.m.	9718 Clark, 77076	(713) 742-1497
Clinton (KM 495U)	Crafts	W	8:00 a.m. – 3:00 p.m.	203 Mississippi, 77029	(713) 673-0955
Clinton (KM 495U)	Walking Club	W & F	8:00 a.m. – 9:00 a.m.	203 Mississippi, 77029	(713) 673-0955
Finnigan (KM 495H)	Crafts	M – F	9:00 a.m. – 12:00 p.m.	4900 Providence, 77020	(713) 678-7385
Tidwell (KM 454D)	Quilting	M	10:00 a.m. – 11:45 a.m.	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Floral Arranging	W	10:00 a.m. – 11:45 a.m.	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Jewelry Making	T	10:00 a.m. – 11:45 a.m.	9720 Spaulding, 77016	(713) 636-8221
Moody (KM 453Y)	Crafts	T	10:00 a.m. – 12:00 noon	3725 Fulton, 77009	(713) 692-6925

NORTHWEST

Carverdale (KM 450A)	Crochet	F	10:00 a.m. – 12:00 p.m	9920 Porto Rico Rd., 77041	(713) 895-6141
Carverdale (KM 450A)	Quilting	M	10:00 a.m. – 12:00 p.m.	9920 Porto Rico Rd., 77041	(713) 895-6141
Lincoln City (KM 412Q)	Quilting	M	9:00 a.m. – 1:00 p.m.	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Writing	M	11:30 a.m. – 12:30 p.m.	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Computer Class	T	10:30 a.m. – 12:30 p.m.	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Gardening	2nd & 4th W	10:00 a.m. – 11:00 a.m.	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Senior's Game Day	W	10:00 a.m. – 12:00 p.m.	979 Grenshaw, 77088	(281) 445-1617
Milroy (KM 452Z)	Ceramics	T	10:00 a.m. – 12:00 p.m.	1205 Yale, 77008	(713) 867-0397
Milroy (KM 452Z)	Jewelry Making	T	12:00 p.m. – 2:00 p.m.	1205 Yale, 77008	(713) 867-0397
Milroy (KM 452Z)	Quilting	Th	11:00 a.m. – 1:00 p.m.	1205 Yale, 77008	(713) 867-0397
Montie Beach (KM 453X)	Ceramics	W	10:30 a.m. – 12:30 p.m.	915 Northwood, 77009	(713) 864-6820
Montie Beach (KM 453X)	Quilting	M &T	10:30 a.m. – 12:30 p.m.	915 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	Scrapbooking	T & Th	10:00 a.m. - 1:00 p.m.	803 West Temple, 77009	(713) 867-0401

SOUTHEAST

Beverly Hills (KM 576S)	Ceramics	M & W	10:00 a.m. – 2:00 p.m.	10201 Kingspoint, 77075	(713) 948-9065
Cloverland (KM 573L)	Bridge	W	1:00 p.m. – 5:00 p.m.	11800 Scott, 77047	(713) 733-4581
Cloverland (KM 573L)	Ceramics	M & F	10:00 a.m. – 12:00 p.m.	11800 Scott, 77047	(713) 733-4581
Cloverland (KM 573L)	Jewelry Making	F	10:00 a.m. – 12:00 p.m.	11800 Scott, 77047	(713) 733-4581
Crestmont (KM 574J)	Flower Arranging	T & Th	10:00 a.m. – 11:00 a.m.	5200 Selinsky, 77048	(713) 733-2236
Eastwood (KM 494T)	Table Arranging	W & F	10:00 a.m. – 12:00 p.m.	5020 Harrisburg, 77011	(713) 928-4801
Edgewood (KM 534X)	Hat Making	T	10:00 a.m. – 2:00 p.m.	5803 Bellfort, 77033	(713) 734-8434
Edgewood (KM 534X)	Jewelry Making	F	9:00 a.m. – 2:00 p.m.	5803 Bellfort, 77033	(713) 734-8434
Hartman (KM 535C)	Ceramics	W	10:00 a.m. – 12:00 p.m.	9311 E. Ave. P, 77012	(713) 928-4803
Ingrando (KM 535F)	Ceramics	M & W	10:00 a.m. – 12:00 p.m.	7302 Keller, 77012	(713) 643-4764
Ingrando (KM 535F)	Quilting	W	9:00 a.m. – 1:00 p.m.	7302 Keller, 77012	(713) 643-4764
Mason (KM 535A)	Ceramics	T	10:00 a.m. – 12:00 p.m.	541 South 75th, 77023	(713) 928-7055
Meadowcreek (KM 536S)	Aerobics	M - W	10:00 a.m. – 11:00 a.m.	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 536S)	Line Dance	F	10:00 a.m. – 12:00 p.m.	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 536S)	Board Games	F	10:00 a.m. – 12:00 p.m.	5333 Berry Creek, 77017	(713) 946-9020
Settegast (KM 494N)	Ceramics	T	9:00 a.m. – 11:00 a.m.	3000 Garrow, 77003	(713) 238-2200
Settegast (KM 494N)	Scrapbooking	Th	9:00 a.m. – 11:00 a.m.	3000 Garrow, 77003	(713) 238-2200

SOUTHWEST

Burnett Bayland (KM 531B)	Dominos	T & Th	1:00 p.m. – 3:00 p.m.	6200 Chimney Rock, 77081	(713) 668-4516
Burnett Bayland (KM 531B)	Table Tennis	M,W,&F	1:00 p.m. – 3:00 p.m.	6200 Chimney Rock, 77081	(713) 668-4516
Godwin (KM 531U)	Ceramics	T & Th	10:00 a.m. – 1:00 p.m.	5101 Rutherglen, 77096	(713) 726-7114
Hackberry (KM 530K)	Sr. Scrapbook	W	12:00 p.m. – 2:00 p.m.	7777 S. Dairy Ashford, 77072	(713) 776-9908
Hackberry (KM 530K)	Quilting	T & Th	6:00 p.m. – 7:00 p.m.	7777 S. Dairy Ashford, 77072	(713) 776-9908
Lansdale (KM 530K)	Creative Crafts	Th	10:00 a.m. – 11:00 a.m.	8201 Roos, 77036	(713) 272-3668
Lansdale (KM 530K)	Social Quilting	T	10:00 a.m. – 12:00 p.m.	8201 Roos, 77036	(713) 272-3668
Linkwood (KM 532P)	Quilting	M – Th	6:00 p.m. – 7:00 p.m.	3699 Norris, 77025	(713) 314-3107
Linkwood (KM 532P)	Hatmaking	M – Th	6:00 p.m. – 7:00 p.m.	3699 Norris, 77025	(713) 314-3107
Linkwood (KM 532P)	Scrabble	T	12:00 p.m. – 2:00 p.m.	3699 Norris, 77025	(713) 314-3107
Platou (KM 571B)	Senior Games	Th	12:30 p.m. – 2:30 p.m.	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Quilting	M & T	10:00 a.m. – 12:00 p.m.	11655 Chimney Rock, 77053	(713) 726-7107
Sharpstown (KM 530F)	Knitting/Crochet	M	11:30 a.m. – 1 :30 p.m.	6600 Harbor Town, 77036	(713) 988-5328
Sharpstown (KM 530F)	Knitting/Crochet	T	5:30 p.m. – 7:30 p.m.	6600 Harbor Town, 77036	(713) 988-5328
Sharpstown (KM 530F)	Quilting	W	12:30 p.m. – 3:30 p.m.	6600 Harbor Town, 77036	(713) 988-5328
Sunnyside (KM 533X)	Quilting	M	11:00 a.m. – 2:00 p.m.	3502 Bellfort, 77051	(713) 734-5061
Windsor Village (KM 530K)	Ceramics	T & Th	9:30 a.m. – 12:00 p.m.	14441 Croquet, 77085	(713) 726-7113

Picnic Spots

Hidalgo Park
7000 Avenue Q

A lovely gazebo and attractive grounds make it an enjoyable spot on the city's east side. A youth sports field and playground keep the neighborhood kids coming back for more.

Jaycee Park
1300 Seamist

The unique pavilion here makes this park a favorite for family and company picnics. The accompanying open space begs for a ball game of any sort.

Memorial Park
6501 Memorial Drive

One of the city's most popular parks, Memorial Park offers picnic areas that are gloriously shaded, and there are plenty of activities for the sports enthusiast, including jogging, golf, tennis, softball, biking, rollerblading and swimming.

Milby Park
2001 Central

Showcases sprawling grounds, towering trees and a spacious picnic pavilion right along the bayou for a fun family gathering or quiet lunch al fresco. Experience this gem at Old GalvestonRoad and Highway 225.

Moody Park
3725 Fulton

The quintessential park for an old-fashioned Sunday stroll. Enjoy winding walkways lined with traditional park benches, shaded picnic areas and a beautifully refurbished gazebo.

River Oaks
3600 Locke Lane

There's so much shade at this park, you might miss it for the trees. The playgrounds are ideal for young children, while the picnic areas offer a perfect spot for a busy day.

Tanglewood Park
5801 Woodway

Nestled in the Galleria area on Woodway, this quiet little spot is a great place to take a break from shopping. Stop for a rest at the gazebo or play a game of tennis on one of two lighted courts.

Adaptive Sports and Recreation

The Houston Parks and Recreation Department provides access to year round activities for children and adults with disabilities through the Adaptive Recreation Division located at the Metropolitan Multi-Service Center, 1475 West Gray. In addition to providing activities, the Metropolitan Multi-Service Center partners with organizations that serve children and adults with disabilities. The goal is to provide access, experiences and opportunities to learn new skills and redefine abilities while participating in recreational activities.

Greater Houston Athletic Association for Physically Disabled

The mission of the Greater Houston Athletic Association for Physically Disabled is to assist a person with a physical disability with either the rehabilitation or habilitation process by fostering a more healthy self esteem through successful participation in physical activity enhancing the chances of an independent lifestyle. For more information contact the Greater Houston Athletic Association for Physically Disabled at (713) 521-3737.

Activity: Wheelchair Soccer and Bocce
Information: (713) 521-3737
www.ghaapd.org

Houston Area Parkinson Society

The Houston Area Parkinson Society's mission is to improve the quality of life for those affected by Parkinson's disease through services, education and advocacy. The Houston Area Parkinson Society provides numerous programs and services for the Parkinson's community. Each week HAPS provides 34 free physical, occupational, speech, water, Tai Chi, and other therapy groups. **Free** support groups are available for individuals with Parkinson's and caregivers to share their experiences in a warm, friendly environment. In addition, HAPS offers free transportation services to and from HAPS therapy sites and physician visits. Respite, social services and educational programs are also available. For more information contact the Houston Area Parkinson Society (713) 313-1652.

Activity: Tai Chi and Exercise for Adults with Parkinson
Information: (713) 313-1652
www.hapsonline.org

The River Performing and Visual Arts Center

The River is a non-profit 501(c)(3) organization whose mission is to provide an accessible, affordable, fine arts education for special children, ages 2-19, who have disabilities, chronic illnesses, or are economically disadvantaged. Siblings are welcome. The River offers year round, barrier free, classes in music, art, drama and dance. Scholarships are available. For more information contact The River Performing and Visual Arts Center at (713) 520-1220.

Information: (713) 520-1220
www.theriver.org

The Arc of Greater Houston

The Arc of Greater Houston is a non-profit organization formed nationally in 1950 to advocate for the inclusion of people with mental retardation and other developmental disabilities in all aspects of society and is established at the national, state, and local levels. For more information contact the Arc of Greater Houston at (713) 957-1600.

Activity: Monthly Dance/Social for adults with intellectual and developmental disabilities
Information: (713) 957-1600
www.thearcofgreaterhouston.com

Friends of the Park Council at MMSC

The Friends of the Park Council at MMSC serves to support the staff and programs of Adaptive Recreation. They also help communicate the vision, goals and services of Adaptive Recreation to constituent communities and provides a forum for program ideas and services. The Friends of the Park Council at MMSC meets on the second Tuesday of the month.

Date: 2nd Tuesday every 2 months
Time: 3:30 p.m. - 5:00 p.m.
Location: Metropolitan Multi-Service Center
1475 West Gray
Information: (713) 284-1973
charles.french@cityofhouston.net

Youth Social and Play Group

Ray of Light youth group-education, socialization, play and networking for youth with multiple disabilities and their families. This parent and volunteer driven groups come together to share resources, learn from each other and engage in adaptive play activities with their kids. Parents are required to participate in activities with their child. The group meets the 2nd Saturday of each month at the Metropolitan Multi-Service Center.

Ages: 2 –19
Program Dates: September 1 - December 31
Times: 2nd Saturday of each month/yearly
10:00 a.m. - 2:00 p.m.
Fee: 10:00 a.m. - 2:00 p.m.
Location: **FREE**
Information: Metropolitan Multi-Service Center
1475 West Gray
(281) 870-0093, Rosario Vasquez

Paralympic Sports Day

This one day clinic will introduce various Paralympic Sports to people with physical disabilities. The clinic is open to people of all ages with physical disabilities including spinal cord injuries, amputees, and blind and visually impaired participants.

Ages: Youth and Adults
Registration: Required
Fee: FREE
Program Dates: 9:00 p.m. – 3:00 p.m., Saturdays
Oct. 10, 2009
Location: Metropolitan Multi-Service Center
1475 West Gray
Information: (713) 284-1973

Adult Wheelchair Soccer

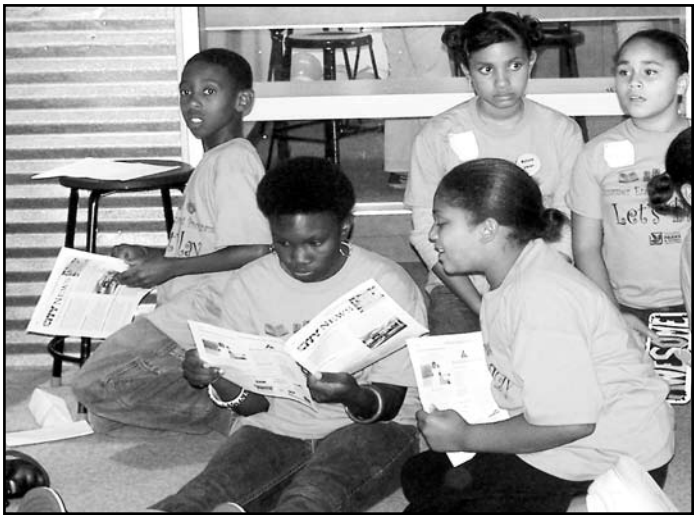
Get ready for fast, full-court action when adults go wheel-to-wheel in another fantastic season of wheel chair soccer! Play is open to youth and adults ages 16 and up. Participants must have independent functioning skills. Wheelchair Soccer will be played on Tuesday evenings and Saturday afternoons. Motorized chairs ARE ALLOWED in this game.

Ages: 16 - older
Registration: Required
Fee: **FREE**
Program Dates: 6:00 p.m. – 8:00 p.m., Tuesdays
Sept. 1, 2009 – November 3, 2009
12:00 p.m. – 4:00 p.m., Saturdays
Sept. 5, 2009 – Oct. 31, 2009
Sept. 18, 2009 – April 24, 2010
Location: Metropolitan Multi-Service Center
1475 West Gray
Information: (713) 284-1973

Adaptive Yoga

This Adaptive Yoga class modifies traditional Kundalini Yoga for persons with physical disabilities based on students abilities. This 60 min. class led by a certified Kundalini Yoga instructor combines seated, standing and floor postures and incorporates guided meditation and creative visualization.

Ages: Youth and Adults
Registration: Required
Fee: **FREE**
Program Dates: 10:00 a.m. – 11:00 a.m., Fridays
Aug. 14 – Dec. 11
Location: Metropolitan Multi-Service Center
1475 West Gray
Information: (713) 284-1973



Adult Recreation Fitness Center

The Metropolitan Multi-Service Fitness Center is specifically designed to be used by adults with a physically disability including visually impaired and blind who are able to function independently. The facility is equipped with wheelchair accessible upper body weight equipment along with cardio machines to get your heart pumping. Pre-registration and a safety briefing are required before using this facility.

Ages: 16 - older
Registration: Required
Fee: **FREE**
Days and Times: 9:00 a.m. – 7:00 p.m., Monday – Thursday
9:00 a.m. – 2:00 p.m., Friday
Location: Metropolitan Multi-Service Center
1475 West Gray
Information: (713) 284-1973

Beginning Weight Training

This six (6) week class covers the basics of weight training, strength and conditioning and weight room safety and etiquette. Participants will also learn basic anatomy and core strengthening.

Ages: 16 - older
Registration: Required
Program Dates: Sept. 14 - Oct. 12, Mon. & Wed.
Times: 11:00 a.m. - 12:30 p.m.
Fee: **FREE**
Location: Metropolitan-Multi Service Center
1475 West Gray
Information: (713) 284-1973

Adaptive Aquatics Program

Adaptive Aquatics - Initial in water orientation and then exercise, lap swim or water walk in the heated, indoor-natatorium. The pool provides a great environment for people with disabilities to exercise. Participants are required to have independent functioning mobility skills or bring an adult attendant to assist. Pre-registration is required and must be complete prior getting in the pool. HPARD staff will conduct initial safety screening in the water.

Physical therapy or other private practice businesses are not permitted to operate in this pool.

Ages: Youth and Adult
Registration: Required
Fee: **FREE**
Program Dates: Year round
Times: Vary
Location: Metropolitan Multi-Service Center
Information: 1475 West Gray (713) 284-1973

Adult Wheelchair Basketball

Get ready for fast, full-court action when adults go wheel-to-wheel in another fantastic season of wheel chair basketball! This 5 on 5 league is open to youth and adults ages 16 and up. Participants must have independent functioning skills. The Houston Rolling Rockets Adult Basketball Team practices on Wednesday nights beginning September 2. League play begins on Monday, September 14.

Ages: 16 - older
Registration: Required
Fee: **FREE**
Program Dates: 6:00 p.m. – 9:00 p.m., Monday
Sept. 12, 2009 – April 22, 2010
Sept. 14, 2009 – November 16, 2009
8:00 a.m. – 12:00 p.m., Saturdays
Sept. 18, 2009 – April 24, 2010
Location: Metropolitan Multi-Service Center
1475 West Gray
Information: (713) 284-1973

Adult Wheelchair Rugby

Get ready for fast, full-court action when adults clash metal to metal in Wheelchair Rugby. Wheelchair Rugby is for quadriplegics who have independent, upper body function. Motorized chairs not permitted in this game. Thursday night practices are open to all while Saturday morning practice times are reserved for the Houston Texans Quad Rugby Team. Players for this team are selected based on Thursday night open play practice. Please note Houston Texans Quad Rugby Team members are responsible for all equipment and travel expenses incurred for games and tournaments.

Ages: 16 - older
Registration: Required
Fee: **FREE**
Open Practice: 5:00 p.m. – 9:00 p.m., Thursdays
Sept. 12, 2009 – April 22, 2010
Ho. Texans Quad Team Practice: 8:00 a.m. – 12:00 p.m., Saturdays
Sept. 18, 2009 – April 24, 2010
Location: Metropolitan Multi-Service Center
1475 West Gray
Information: (713) 284-1973

Wheelchair Tennis

Wheelchair tennis offers a great workout and can be a fun life-long family activity. With a few minor adjustments, tennis can be enjoyed by everyone. Participants must have independent functioning skills.

Ages: Youth and Adults
Registration: Required
Fee: **FREE**
Program Dates: 6:00 p.m. – 8:00 p.m., Wednesdays
Sept. 2 – Nov. 11
Location: Metropolitan Multi-Service Center
1475 West Gray
Information: (713) 284-1973

Houston Deaf Seniors of Texas

This lively group of adults, meet for coffee, socializing, games and informative presentations about services available for Houston area people who are deaf or hard of hearing. The group meets twice a month, usually the 2nd and 4th Wednesday of the month at the Metropoloitan Multi-Service Center

Ages: 55 - up
Program Dates: April 9 - September 24
Fee: **FREE**
Location: Metropolitan Multi-Service Center
1475 West Gray
Information: Nancy Morris
(281) 656-2576

Park Volunteer Programs

Every year the Houston Parks and Recreation Department depends on hundreds of volunteers of all ages to assist in a variety of programs and activities from coaching youth sports teams to cleanup projects in neighborhood parks. We encourage individuals, businesses, youth and adult organizations and corporate sponsors to learn more about all the volunteer opportunities available with the department. Make a difference in your community, in the lives of children and in our park programs. Get involved and volunteer today!

Teen Volunteer Program

Volunteer at your area community center and gain valuable experience in the recreational field, explore a potential career option and develop your personal and professional skills while giving back to your community. Volunteer opportunities include: After School Enrichment Program Assistance, Office Assistant, Receptionist. No experience is necessary. The completion of a Teen Volunteer Application Form is required.

Ages: 14 - 17
Registration: Ongoing
During Community Center Hours
Program Dates: Sept. 11 – Dec. 15
Times: 3:00 p.m. - 8:00 p.m.
Location: All area Community Centers
Information: (713) 865-4511

Adult Volunteer Program

Volunteer at your area community center and gain valuable experience in the recreational field, explore a potential career option, develop your personal and professional skills while giving back to your community. Volunteer opportunities include: Assist with After School Enrichment Program, Office Assistant, Chaperone on youth field trips and Receptionist duties. No experience is necessary. An Adult Volunteer Application From must be completed. All applicants must pass a Background Check before being accepted as a volunteer.

Ages: 18 - older
Registration: Ongoing
During Community Center Hours
Program Dates: Sept. 11 – Dec. 11
Times: 12:00 p.m. - 8:00 p.m.
Location: All area Community Centers
Information: (713) 865-4512
(713) 865-4516

Athletic Team Volunteer

Team volunteers serve as coaches, assistant coaches or provide support to youth participating in baseball, basketball, cycling, flag football, golf, soccer, track and field and volleyball. Volunteers must complete an application and successfully pass a background check to participate.

Ages: 18 - older
Information: (713) 865-9348

Friends of the Park

Make a difference in your community by joining your neighborhood Friends of the Park Council. Your assistance is needed with volunteer opportunities, planning and assisting with special events and providing input regarding the community's programming needs.

Ages: 18 – older
Location: All Community Centers
Information: Contact your local Community Center

Green Team Volunteer Program

Green Team Volunteers provide landscaping maintenance and improvements, tree planting, park and/or bayou de-littering and help with beautification projects. Individuals, businesses, youth and adult organizations and corporate sponsors are all encouraged to participate in this program. All volunteers must complete a volunteer waiver form for each event.

Ages: Youth – Adult (varies with project)
Information: (713) 865-9348

Eagle Scout Projects

The Houston Parks and Recreation Department welcomes project submission from Eagle Scout candidates for projects that benefit park green spaces, youth sports programs and our community centers.

Ages: 18 – older
Information: (713) 865-9348

Internship Program

The Houston Parks and Recreation Department provides a professional environment in which undergraduate, graduate and post-graduate students may acquire experience, which relates to their academic course of study. The internship program is open to all students from an accredited college or university who are seeking and actively pursuing a career in the fields of recreation, park management or other related professions. You are welcome to apply to be an intern at the Houston Parks and Recreation Department.

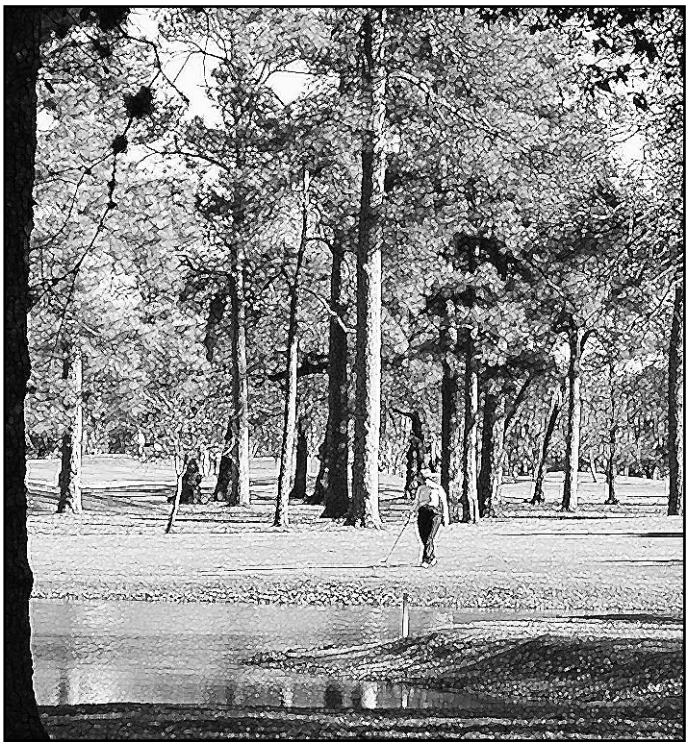
Ages: 18 - older
Information: (713) 865-9334

Park Adoption Programs

HPARD's Adoption programs are a great way to show your pride and commitment to Houston's parks and green spaces. Whether you're an individual, group or business interested in active community involvement we have a program that will fit your desire improve the quality of our park system and public land.

There are 4 different Adoption Programs for you to choose from, Adopt-A-Park, Adopt-An-Esplanade, Adopt-A-Sports Field and Adopt-A-Library Greenspace. Regardless of the program you choose your involvement helps us all by and green spaces places that we're all proud of!

Contact: Marilu De La Fuente
Information: (713) 845-1223
marilu.delafuente@cityofhouston.net

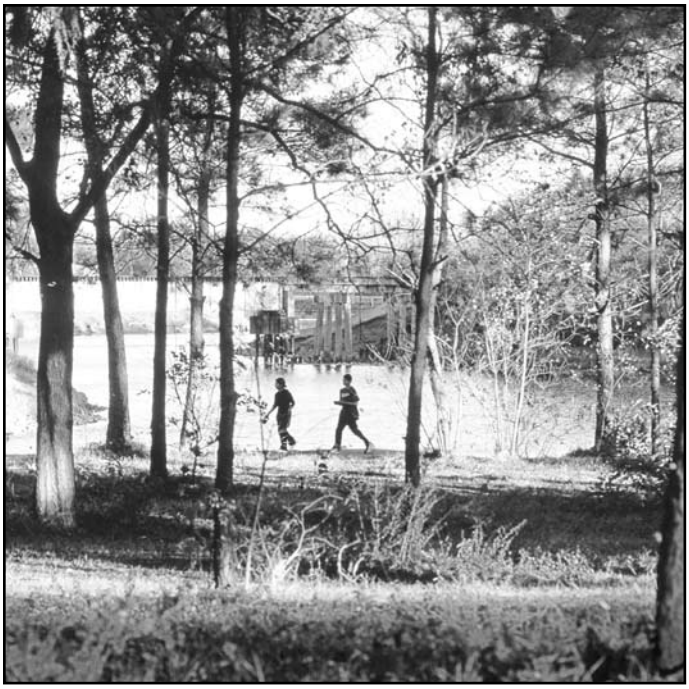


Adopt-A-Park

This adoption program welcomes individuals, homeowners, associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of a park. Term of agreement is 2- 3 years.

Adopt-An- Esplanade

This adoption program welcomes individuals, homeowners, associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of esplanades/medians. Term is perpetual provided adoptee maintains esplanades/medians free of trash, mowed and edged.



Adopt-A-Sports Field

This adoption program welcomes organizations or individuals who wish to adopt a sports field in lieu of paying permitting fees associated with the use of ball fields. This adoption is available for youth leagues only. The term is for 6 months (January-June) and (July-December). The adoptee is responsible for all maintenance related to the sports field for the entire 6 month period.

Adopt-A-Library Green Space

This adoption program welcomes individuals, homeowners, associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of library grounds. Term is a one year minimum.

Partnering with Parks

The Houston Parks and Recreation Department (HPARD) oversees 369 developed parks and more than 200 green spaces totaling over 38,959.42 acres of land. We are committed to providing the citizens we serve with educational and recreational programming; with responsible stewardship of Houston's parkland, greenspaces and urban forest; and with volunteering and partnership opportunities, for individuals and businesses alike, that support the City's parks.

Partnering with Parks can help your group meet organization's goals while improving the city's quality of life and providing one of the most visible and public ways to demonstrate your dedication and commitment to the environment and to the community. Public-private partnerships benefit all of us all won't you join us today to create something wonderful for all Houstonians!

Contact: Karen Cullar
Information: 713) 865-9344
karen.cullar@cityofhouston.net

Community Center Development

HPARD Community Centers serve as the center of the department's Recreation and Wellness Division's programs. They provide a neighborhood gathering place and provide programming and recreational leisure activities for all ages. Community Centers foster healthy activities, volunteerism, unite families, build cultural tolerance and support seniors, youth and people with disabilities. HPARD would like to build 10 more community centers to serve a greater number of Houston's citizens, a goal supported by the Master Plan.

Playgrounds without Limits

Playgrounds without Limits is a campaign to build inclusive playgrounds (1 in each geographic quadrant of the city) by the year 2010. These playgrounds surpass ADA accessibility guidelines and provide a variety of play elements and activities for children of all abilities. Ramps and transfer systems address mobility issues, elements like elevated sand boxes provide children with sight impairment sensory-rich activities to enjoy and porch-swing gliders give children with wheelchairs the opportunity to enjoy a swing. Each Playground without Limits has an approximate cost of $500,000. We have this Playground featured at Alief, Memorial, and Tidwell Parks.

Park Playgrounds

Playgrounds provide kids with an opportunity for **FREE** unstructured play. For children play is an important factor in how they develop both socially and physically. It offers significant health benefits a is a crucial factor in the overall well being of children. Kids who play build their confidence and learn the social skills that help them become happy, well-adjusted adults. Approximately 200 new public park playgrounds are needed in Houston of varying size and components to match the needs of the park, neighborhood and age of the children playing on them.

Lake Houston Wilderness Park

Lake Houston Wilderness Park Is a 4,800-acre "natural" park northeast of Houston acquired by the City from TPWD in 2006. It is managed for the City by the Houston Parks and Recreation Department. The park is on the central flyway for migratory birds of the U.S. and is recognized on the Great Texas Coastal Birding Trail (Upper). It provides camping facilities; hiking, biking and equestrian trails; water activities for kayaks and canoes; and natural areas for nature lovers and birders alike. Partnership and funding opportunities exist in many areas including the development of a Lake Houston Park Master Plan, the creation of a vehicle bridge, the development of a park headquarters and pavilion, the development of canoe and kayak facilities and the building of cabins and stables.

Important HPARD Phone Numbers

Houston Parks and Recreation Department	601 Sawyer	(713) 865-4500
HPARD Urban Park Rangers Dispatch	601 Sawyer	(713) 865-4503
Park Maintenance Problems		3-1-1
Mayor's Office of Special Events (Special Events Permits)		(713) 437-6482
Mayor's Office of Special Events (Parade & Street Function Permits)		(713) 437-6294

Adoption Programs	2999 S. Wayside	(713) 845-1223
Adult Sports	6402 Market Street	(713) 670-5500
Adult Sports Bulletin Board	(Phone Message Only)	(713) 672-5858
After School Enrichment Program West	601 Sawyer	(713) 865-4512
After School Enrichment Program East	601 Sawyer	(713) 865-4517
After School Enrichment Program Administration	601 Sawyer	(713) 865-9356
Athletes Seeking Knowledge Program	601 Sawyer	(713) 865-5417
Aquatics	6402 Market Street	(713) 670-5501
D-Tag (Information only)	601 Sawyer	(713) 865-4509
D-Tag (Information only)	601 Sawyer	(713) 865-9356
First Tee of Houston at FM Law Park	8400 Mykawa Road	(713) 264-2100
Golf – Brock Park Golf Course	8201 John Ralston Road	(281) 458-1350
Golf-Glenbrook Park Golf Course	8205 Bayou Drive	(713) 649-8089
Golf-Gus Wortham Park Golf Course	7000 Capitol	(713) 928-4260
Golf-Hermann Park Golf Course Managed by BSL Golf Corp.	2155 North MacGregor	(713) 526-0777
Golf-Melrose Park Golf Course Managed by Walton Golf Enterprises	401 Canino	(281) 931-4666
Golf- Memorial Park Golf Course	1001 East Memorial Loop Drive	(713) 862-4033
Golf-Sharpstown Park Golf Course	6600 Harbor Town	(713) 988-2099
Houston Garden Center	1500 Hermann Circle Drive	(713) 284-1989
Lee & Joe Jamail Skatepark	103 Sabine Street	(713) 222-5500
Memorial Park Bike Trail Message Line	(Phone Message Only)	(713) 437-6588
Metropolitan Multi-Service Center	1475 West Gray	(713) 284-1973
Partnership Programs	601 Sawyer	(713) 865-9344
Lake Houston Park Reservations	22031 Baptist Encampment Rd. New Caney, Texas 77357	(281) 354-6881
Permits & Rentals (Outdoors)	601 Sawyer	(713) 865-4525
Permits & Rentals (Outdoors)	601 Sawyer	(713) 865-4528
Permits & Rentals (Sportsfields)	601 Sawyer	(713) 865-4526
Permits & Rentals (Sportsfields)	601 Sawyer	(713) 865-4527
Rentals The Houston Garden Center at Hermann Park	Hermann Circle Drive	(713) 284-1989
Summer Enrichment West	601 Sawyer	(713) 865-4512
Summer Enrichment East	601 Sawyer	(713) 865-4517
Summer Enrichment Program Administration	601 Sawyer	(713) 865-9356
Summer Food Service Program	6402 Market Street	(713) 676-6832
Tennis	1500 Memorial Loop	(713) 867-0440
Volunteer Programs	601 Sawyer	(713) 865-4512
Youth Sports West	601 Sawyer	(713) 865-4512
Youth Sports East	601 Sawyer	(713) 865-5420

HPARD Community Centers

NORTHEAST

Clark (KM 453B)
9718 Clark, 77076
(713) 742-1497

Clinton (KM 495U)
200 Mississippi, 77029
(713) 673-0955

Finnigan (KM 494H)
4900 Providence, 77020
(713) 678-7385

Hobart Taylor* (KM 455Q)
8100 Kenton, 77028
(713) 674-3959 CLOSED

Judson Robinson, Sr. (KM 495L)
1422 Ledwicke, 77029
(713) 674-2401

Lakewood (KM 455G)
8811 Feland, 77028
(713) 636-8217

Melrose (KM 413T)
1001 Canino, 77076
(281) 447-0514

Moody (KM 453Y)
3725 Fulton, 77009
(713) 692-6925

Selena Quintanilla Perez (Denver Harbor) (KM 494H)
6402 Market, 77020
(713) 675-2151

Shady Lane (KM 414W)
10220 Shady Lane,77093
(713) 742-1503

Swiney (KM 494J)
2812 Cline, 77020
(713) 238-2197

Tidwell (KM 454D)
9720 Spaulding, 77016
(713) 636-8221

Tuffly (KM 454X)
3200 Russell, 77026
(713) 674-2355

* Closed For Renovations

NORTHWEST

Candlelight (KM 452E)
1520 Candlelight, 77018
(713) 682-3587

Carverdale (KM 450A)
9920 Porto Rico, 77041
(713) 895-6141

Fonde (KM 493K)
110 Sabine, 77002
(713) 226-4466

Freed (KM 451Y)
6818 Shady Villa, 77055
(713) 682-4467

Highland (KM 451D)
3316 DeSoto, 77091
(713) 956-9137

Independence Heights (KM453N)
603 East 35th, 77022
(713) 867-0373

Judson Robinson, Jr. (KM533B)
2020 Hermann Drive, 77004
(713) 284-1997

Lincoln (KM 412Q)
979 Grenshaw, 77088
(281) 445-1617

Love (KM 452Z)
1000 West 12th, 77008
(713) 867-0497

Milroy (KM 452Z)
1205 Yale, 77008
(713) 867-0397

Montie Beach (KM 453X)
915 Northwood, 77009
(713) 864-6820

Proctor Plaza (KM 453X)
803 West Temple, 77009
(713) 862-6907

Stude (KM 493E)
1301 Stude, 77007
(713) 867-0496

Woodland (KM 493C)
212 Parkview, 77009
(713) 867-0401

SOUTHEAST

Bessie Swindle (KM 573L)
11800 Scott, 77047
(713) 733-4581

Beverly Hills (KM 576S)
10201 Kingspoint, 77075
(713) 948-9065

Charlton (KM 535P)
8200 Park Place, 77017
(713) 645-3589

Crestmont (KM 574J)
5200 Selinsky, 77048
(713) 733-2236

DeZavala (KM 495S)
7521 Ave. H., 77012
(713) 923-5163

Eastwood (KM 494T)
5020 Harrisburg, 77011
(713) 928-4801

Edgewood (KM 534X)
5803 Bellfort, 77033
(713) 734-8434

Garden Villas (KM 535W)
6720 S. Haywood, 77061
(713) 847-5168

Hartman (KM 535C)
9311 E. Ave. P., 77012
(713) 928-4803

Ingrando (KM 535F)
7302 Keller, 77012
(713) 643-4764

MacGregor (KM 534E)
5225 Calhoun, 77021
(713) 747-8650

Mason (KM 535A)
541 South 75th., 77023
(713) 928-7055

Meadowcreek (KM 535A)
5333 Berry Creek, 77017
(713) 946-9020

Sagemont (KM 576Y)
11507 Hughes, 77089
(281) 922-2343

Settegast (KM 494N)
3000 Garrow, 77003
(713) 238-2200

SOUTHWEST

Alief (KM 529E)
11903 Bellaire, 77072
(281) 564-8130

Almeda (KM 572Y)
14201 Almeda School Rd., 77047
(713) 434-1909

Burnett Bayland (KM 531B)
6200 Chimney Rock, 77081
(713) 668-4516

Cherryhurst (KM 492R)
1700 Missouri, 77006
(713) 284-1992

Emancipation (KM 493Y)
3018 Dowling, 77004
(713) 284-1911

Godwin (KM 531U)
5101 Rutherglen, 77096
(713) 726-7114

Hackberry (KM 528M)
7777 S. Dairy Ashford, 77072
(281) 776-9908

Lansdale (KM 530K)
8201 Roos, 77036
(713) 272-3668

Linkwood (KM 532P)
3699 Norris, 77025
(713) 314-3107

Marian (KM 530X)
11101 South Gessner, 77071
(713) 773-7015

Platou (KM 571B)
11655 Chimney Rock, 77053
(713) 726-7107

River Oaks (KM 492T)
3600 Locke Lane, 77027
(713) 622-5998

Sharpstown (KM 530F)
6600 Harbor Town, 77036
(713) 988-5328

Sunnyside (KM 533X)
3502 Bellfort, 77051
(713) 734-5061

Townwood (KM 572P)
3403 Simsbrook, 77051
(713) 434-3508

Windsor Village (KM 571P)
14441 Croquet, 77085
(713) 726-7113

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