Houston Parks & Recreation Department

VOL. 11 - ISSUE 1 April 1, 2016 - August 1, 2016

SUMMER ACTIVITIES GUIDE & CLASS CATALOG

ENJOY THE SUMMER - BECOME H_2OSAFE!

SUMMER FOOD SERVICE PROGRAM

Youth, ages 1 to 18, get a FREE lunch - June 1 to Aug 19!
No Registration Required!
Over 400 sites across Houston!
Download a list of sites!

Hershey's Track & Field Program

REGISTER FOR HPARD'S SUMMER ENRICHMENT PROGRAM ! ENJOY SPORTS, CRAFTS, FIELD TRIPS AND MUCH MORE ! PAGE 3

Summer Food Program

Programa de Alimentos Durante el Verano

June 1 - August 19, 2016

1 de Junio - 19 de Agosto del 2016

Hey, Parents and Guardians!

FREE summer meals are available for youths ages 1-18. No registration is required. Just show up at a site near you!

¡Hola padres y tutores!

Comidas **GRATIS** durante el verano para niños y adolescentes de 1 a 18 años de edad. No tienen que inscribirse, sólo presentarse en el sitio más cercano!

Information / **Información**
(713) 676-6832 or 2-1-1
Sponsored by
Houston Parks and Recreation Department

USDA is an equal opportunity provider.

Sponsored by Houston Parks and Recreation Department since 1980. This program is administered by the Texas Department of Agriculture Food and Nutrition Division. In accordance with federal law and USDA policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. Patrocinado por el Departamento de Parques y Recreación de Houston desde 1980. El programa es administrado por el Departamento de Agricultura de Texas División de Alimentos y Nutrición. De acuerdo con la Ley Federal y los reglamentos del Departamento de Agricultura de E. U., no se permite la discriminación basada en la raza, el sexo, la edad o la discapacidad.

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www.houstonparks.org
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HOUSTON PARKS AND RECREATION DEPARTMENT

Lifeguard Jobs

Aquatic Center Supervisors, Head Lifeguards and Lifeguards

Lifeguards working for the City of Houston HPARD
are among the highest paid guards in the Greater Houston Area!

Requirements:

- Must be 16 years of age by May 31
- Must pass standard Lifeguard Swim Evaluation
- Must pass ARC Lifeguard Training course offered or approved by COH Aquatics Administration
- Must pass drug test and criminal history background check
- Must have reliable transportation

The following positions are available:

Lifeguard

Head Lifeguard

Aquatic Center Supervisor

For more information call (832) 395-7129

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River Oaks Park

Summer is just around the corner --- every schoolchild's favorite time of year, and we adults like it, too! With these long, bright evenings, this is the best time for the whole family to get outdoors and make the most of life! If you are looking for fun activities to do that get you outside and into a park, then take a moment to look through the pages of this catalog to find information on classes, sports leagues, and recreation opportunities available at your neighborhood parks.

Whatever your daily schedule includes, we have long summer days and mild evenings beckoning you to enjoy the wide open spaces in Houston's 371 developed parks and more than 200 greenspaces. Seven municipal golf courses invite golfers with skills great and small. Adults who want to stay fit and active can sign up with sports leagues that play out on fields all over town. If swimming is more your thing, take a few laps in one of our excellent aquatic centers, or just float in the cool water while you escape the heat of the day. And Houston has 153 miles of trails in parks and along area bayou banks for those who like a good bike ride, a stroll with their friends, or exercising the dog. And if your four-legged friend likes to run off leash, try out a dog park. We have fenced-in dog areas in parks across the city.

Children can take part in the Summer Enrichment Program activities offered by the Department at community centers across the city. Registration for this day camp-style program is underway, and spaces will fill up quickly. For those who depend on the school district's free lunch program, you can fill the summertime void through our Summer Food Service Program, which provides free snacks and lunches for children ages 1 - 18. No registration is required. For a Summer Food Service Program site near you, please call (713) 676-6832 or 2-1-1.

Wildlife enthusiasts, take note: Lake Houston Wilderness Park is a woodland paradise, with miles of hiking and equestrian trails in a forested setting and creeks where you can enjoy your canoes and kayaks. This is the only HPARD property that offers camping, with a wide range of camp facilities available, from sites where you can pitch a tent to screen shelters to cabins. The Nature Center is a must-see for campers with children.

We hope you will take a few minutes to read all the opportunities that await you in the pages of this catalog. This is a great place to launch your plan for the summer.

Joe Turner
Director, Houston Parks and Recreation Department

Joe Turner

Joe Turner, Director
Houston Parks & Recreation Department

MISSION STATEMENT

" To enhance the quality of urban life by providing safe, well maintained parks and offering affordable programs for the community. "

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ACTIVITIES IN THE PARK PROGRAM GUIDE AND CLASS CATALOG

The Houston Parks and Recreation Department provides programs and recreational opportunities for people of all ages and abilities on a year round basis.

HPARD's Activities in the Park Program Guide and Class Catalog is printed three times a year. Printed copies are available at your local HPARD Community Centers and online at www.houstonparks.org.

- **2016 Fall Activities in the Park - August 1, 2016**
- **2016 Winter/Spring Activities in the Park - December 1, 2016**
- **2017 Summer Activities in the Park - April 1, 2017**

PARK RULES AND REGULATIONS

- Park hours of operation for all city parks are 6:00 am to 11:00 pm unless otherwise posted.
- Glass bottles and glass containers are prohibited.
- Camping in City parks is prohibited except at Lake Houston Wilderness Park where fee based camping is permitted by reservation only. Walk-ins are welcome pending site availability.
- No motorized vehicles may be driven on turf areas.
- Riding or driving animals over or through the park, except along designated bridle paths is prohibited.
- Molesting, injuring, etc., animals, fowl or fish is prohibited.
- Erecting structures, bill posting, etc. is prohibited.
- Walking, sitting or standing on any border or flower bed is prohibited.
- No hunting or use of firearms is permitted in city parks.
- Fishing is not permitted. Exceptions are children 12 and under and senior citizens 65 and older and at Lake Houston Wilderness Park with appropriate Texas State Fishing License.
- Alcoholic beverages are prohibited in City parks with posted signage.
- All animals must be on a leash and under the direct control of its owner. Owners must pick up after their dogs. City of Houston Code of Ordinances Sec 6-24.
- Picnic areas are on a first come, first serve basis unless the area has been permitted. It is recommended that park patrons obtain permits to secure a picnic area for a special activity.
- The selling of food, drink or any other commodity on park property is prohibited.
- Littering is prohibited. Please take care to dispose of your litter. Keep our greenspaces clean.
- For a complete list of Park Rules and Regulations, please visit the City of Houston Code of Ordinances, Chapter 32.

HOUSTON PARKS and RECREATION DEPARTMENT

2999 South Wayside
Houston, TX 77009
(832) 395-7000
askparks@houstontx.gov | www.houstonparks.org

The Houston Parks and Recreation Department's Activities in the Park Catalog is printed on recycled paper.-

YOUTH PROGRAMS

Summer Enrichment Program (S.E.P.)

S.E.P. is a 10-week day-camp style program for youth ages 6 - 13. Registration is required for this fun-filled program. Available at 53 HPARD community centers, program activities include: crafts, nutrition, fun fitness, track and field, soccer, swimming, junior golf, nature exploration, computer literacy programs, recycling awareness, kayaking, bird watching, fishing and hiking excursions and youth entrepreneur experiences.

Parents are required to attend a program orientation at their registered community center. Transportation to and from community center is the parents responsibility. Student to staff ratio is 1 to 25 with qualified professional recreation staff.

The cost is $30.00 per child per week. Online registration is available at www.houstonparks.org click on the SEP registration link.

Fee exemptions are available to parents or guardians who qualify. Appropriate documentation is required. Ask for more information regarding qualification criteria.

HPARD's Summer Enrichment Program operates under "Texas Standards of Care" as defined by the Texas Department of Protective and Regulatory Services.

(NOTE: Any scheduled field trip costs are not a part of the registration fee).

Ages:	6-13
Online Registration:	April 1
	Until Community Center Capacity Reached
Fees:	$30 per child per week
Program Dates:	June 6 - Aug 12
Times:	8:00 am – 6:00 pm
Location:	53 HPARD Commty Ctrs
Information:	(832) 395-7294
	(832) 395-7297
	(832) 395-7261
	(832) 395-7260
	(832) 395-7280

Summer Food Service Program

HPARD's Summer Food Program provides youth ages 1-18 with a FREE lunch and snack at over 400 sites in Houston and Harris Co. No registration is required.

Sites include: HPARD Commty Ctrs, churches, apartment complexes, learning centers, YMCA, youth organizations, schools and many other non-profit agencies. To find a site near you please call 2-1-1 or (713) 676-6832 and give the operator your zip code.

This program has been sponsored by the Houston Parks and Recreation Department since 1980. It is administered by the Texas Department of Agriculture Food and Nutrition Division.

Ages:	1 - 18
Registration:	Not Required
Fees:	FREE
Program Dates:	June 1 - Aug 19
Times:	11:00 am – 1:00 pm (lunch)
	3:00 pm – 4:00 pm (snack)
Locations:	Call 2-1-1 For Locations
Information:	(713) 676-6832

Hershey's Track & Field

If you like to RUN, JUMP or THROW, register for the FREE Hershey's Track and Field Meet. Youth, ages 6 – 14, will participate in basic track and field events. These events are sponsored in part by The Jacob and Terese Hershey Foundation. Registration is open to all track and field clubs and school team members and individuals. No experience is necessary. Events include: 50 and 100 meter dash, 200, 400, 800 and 1600 meter dash, 4 x 100 meter relay, standing broad jump and softball throw. Register at a community center near you.

SPIKES ARE NOT ALLOWED.

Ages:	6 - 14 *
	9 - 14 **
Registration:	May 2 - July 12
Fees:	FREE
Hershey Meet (9 - 14):**	Wednesday, June 15
Rec Championships (6 - 14)*:	Tuesday, July 12
Time:	9:00 am - 2:00 pm
Location:	Barnett Sports Complex
Information:	(832) 395-7294

*** As of December 31, 2016**

Tiny Tots Program

Location:	Milroy Park Community Center 1205 Yale, 77008
Day:	Monday & Thursday
Time:	10:00 am - 12:00 pm

Opening Doors Teen Mentor Workshop

Opening Doors gives teens an opportunity to provide community service in their community during the summer. The program is designed to develop teen character and self-worth, while preparing them for future job interviews. A mock interview and suggestions on resume preparation are part of the program. Teens also participate in hands-on service learning projects, field trips, educational workshops, and a team building camping experience at Lake Houston Wilderness Park. The 8-week summer workshop program meets at Judson Robinson, Jr. Community Center.

Ages:	14 - 18
Registration:	April 24
Fees:	$30 per week
	No personal checks accepted
Program Dates:	June 8 - July 30
Times:	8:00 am - 6:00 pm, M - Th
Location:	Judson Robinson, Jr
	2020 Hermann Drive, 77004
Information:	(832) 395-7626

HOUSTON TEENS OUTSIDE WITH NATURE

Houston Teens Outside With Nature (H-Town) is a year-round program is open to t weens and teens, ages 14-18. It offers participants opportunities to build confidence and self-esteem through mentoring and program support with HPARD programs and special events.

HTOWN will offer a variety of activities and events including: community and volunteer projects, teen forums and educational workshops, field trips and tours, hands-on outdoor activities, monthly awareness events, sports and special events.

Ages:	14 - 18
	(Boys & Girls)
Registration:	Ongoing
Fee:	FREE
Program Dates:	Year round
Information:	(832) 395-7131
	(832) 395-7135
	(832) 395-7270

Teen Adventure Caravan

This program offers a variety of fun programs, mentoring opportunities, and peer group special events for teens, 14 - 18, at community centers during the summer.

Year round programs are coordinated through the Teen Program Section. Activities include motivational speakers, essay competitions, talent exhibitions, teen camp experiences, nature activities, cultural programs, special events and college tours.

Ages:	14 - 18
Registration:	Ongoing
Fees:	FREE
Program Dates:	June 6 - Aug 12
Times:	8:00 am – 6:00 pm
Location:	Select Community Centers
Information:	(832) 395-7131 (832) 395-7135 (832) 395-7270

D-Tag Tattoo Removal

A FREE tattoo removal program for youth and young adults, ages 10 - 24 years old and younger who live in the greater Houston metropolitan area. All youth under 17 must complete a parent/guardian permission form to participate.

D-Tag was designed to help individuals re-enter mainstream society be removing tattoos which could identify them as participating in or supporting anti-social behavior.

The D-Tag Tattoo Removal Program is co-sponsored by HPARD and the Harris County Medical Society.

Ages:	10 - 24
Registration:	Required
Fees:	FREE
	The completion of 6 hrs of community service in advance of procedure required
Program Dates:	Once A Quarter
	On 2nd Sat of Scheduled Month
Times:	9:00 am – 3:00 pm
Location:	Judson Robinson, Jr.
	2020 Hermann Dr, 77004
Information:	(832) 395-7297
	(832) 395-7270

A.S.K. ATHLETES SEEKING KNOWLEDGE

Athletes Seeking Knowledge (ASK) provides FREE educational support, resources and tools to middle school and high school students to help them excel academically. ASK is open to Houston area students registered in HPARD's Summer Enrichment Program or other HPARD recreational sports programs. The ASK Education Fund provides scholarships and resources to assist youth in the pursuit of a college education, trade school program, or to help improve their current academic standing.

Since 2000, over $200,000 in ASK scholarships and education incentives have been awarded to Houston area students. For information on how to apply or contribute to the ASK scholarship program contact your local community center.

Ages:	13 - 18
Registration:	Ongoing
Fees:	FREE
Location:	All Community Centers
Information:	(832) 395-7275

YOUTH TENNIS

The Youth Tennis Program is a FREE program offered at a variety of public parks throughout the year by the Houston Parks and Recreation Department in partnership with the Houston Tennis Association, Inc.- NJTL. The program is designed to provide children with the fundamentals of the game of tennis and educational components that develop life skills. Equipment is available for use during class.

No pre-registration is necessary; however, you may register online at www.houstonparks.org. No new registrants are accepted after the first week of a session. Class size may be limited.

Ages:	4 - 18
Registration:	Online or On Site First Day of Class
Fees:	FREE
Summer I:	June 6 - June 30, 2016
Summer II:	July 5 - July 28, 2016
Information:	(832) 395-7561

Memorial Park - HPARD Youth Tennis

MORNING YOUTH TENNIS CLASSES

Ages	Times	Days
4 - 6	8:15 am - 9:00 am	Monday - Thursday
7 - 10	9:00 am - 10:00 am	Monday - Thursday
11 - 18	10:00 am - 11:15 am	Monday - Thursday

CENTRAL

Memorial (KM 492F)	1500 Memorial Loop Dr, 77007	(832) 395-7561
River Oaks (KM 492S)	3600 Locke Lane, 77027	(713) 622-5998

EAST

Finnigan (KM 494G)	4900 Providence, 77020	(713) 678-7385

WEST

Nottingham (KM 489E)	14205 Kimberley, 77079	(832) 395-7561

NORTH

Melrose (KM 413T)	1001 Canino, 77076	(281) 447-0514
Montie Beach (KM 453X)	415 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	803 W Temple, 77009	(713) 862-6907

NORTHEAST

Tidwell (KM 454T)	9720 Spaulding, 77016	(713) 636-8221

NORTHWEST

Graham (KM 452R)	540 W 34th St, 77018	(832) 395-7561
Highland (KM 451D)	3316 DeSoto, 77091	(713) 956-9137
Jaycee (KM 452W)	1300 Seamist, 77008	(832) 395-7561
R. L. & Cora Johnson (KM 450A)	9920 Porto Rico, 77041	(713) 895-6141

SOUTH

Sunnyside (KM 533X)	3502 Bellfort, 77051	(832) 395-7586

SOUTHEAST

Beverly Hills (KM 576S)	10201 Kingspoint, 77075	(713) 948-9065
Charlton (KM 535P)	8200 Park Place, 77017	(713) 645-3589
Wilson Memorial (KM 578G)	100 Gilpin, 77034	(832) 395-7561

SOUTHWEST

Alief (KM 529E)	11903 Bellaire, 77072	(281) 564-8130
Briarmeadow (KM 490Z)	7703 Richmond, 77063	(832) 395-7561
Lee LeClear (KM 530P)	9506 S. Gessner, 77074	(832) 395-7561
Linkwood (KM 532P)	3699 Norris, 77025	(713) 314-3107
Platou (KM 571B)	11655 Chimney Rock, 77035	(713) 726-7107

AFTERNOON YOUTH TENNIS CLASSES

Ages	Times	Days
4 - 6	4:15 pm - 5:00 pm	Monday - Thursday
7 - 10	5:00 pm - 6:00 pm	Monday - Thursday
11 - 18	6:00 pm - 7:15 pm	Monday - Thursday

CENTRAL

Cherryhurst (KM 492V)	1700 Missouri, 77006	(713) 284-1992
Moody (KM 453Y)	3725 Fulton, 77009	(713) 692-6925

EAST

Clinton (KM 495U)	200 Mississippi, 77029	(713) 673-0955
Settegast (KM 494N)	3000 Garrow, 77003	(713) 238-2200

WEST

Bendwood (KM 469H)	12700 Kimberley, 77024	(832) 395-7561

NORTHEAST

Hutcheson (KM 454U)	5400 Lockwood, 77026	(832) 395-7561

NORTHWEST

Oak Forest (KM 452N)	2100 Judiway, 77018	(832) 395-7561
Schwartz (KM 451N)	8203 Vogue, 77055	(832) 395-7561

SOUTH

Bessie Swindle (KM 573L)	11800 Scott, 77047	(713) 733-4581

SOUTHEAST

Meadowcreek (KM 536S)	5333 Berry Creek, 77017	(713) 946-9020
Sagemont (KM 576Y)	11507 Hughes, 77089	(281) 922-2343

SOUTHWEST

Haviland (KM 570H)	11600 Haviland, 77035	(832) 395-7561
Meyerland (KM 531Q)	5151 Jason, 77096	(832) 395-7561
Sharpstown (KM 530F)	6600 Harbor Town, 77036	(832) 395-7605
Windsor Village (KM 571P)	14441 Croquet, 77085	(713) 726-7113

ADAPTIVE CLASS *

Metro. Multi-Service Ctr (KM 492R)	1475 West Gray, 77019	(832) 395-7333

*** Designed for people with disabilities of ALL AGES who have independent functioning skills. Classes are held on Tues from 7:00 pm - 8:30 pm.**

SKATEPARKS

Lee and Joe Jamail Skatepark
103 Sabine (KM 493K)

PLEASE NOTE THAT THE LEE & JOE JAMAIL SKATEPARK IS SCHEDULED TO BE CLOSED APRIL 4 - OCTOBER 10, 2016 FOR RENOVATION WORK. PLEASE VISIT WWW.HOUSTONPARKS.ORG FOR UPDATES.

The Lee and Joe Jamail Skatepark is the first world-class in-ground skatepark that put Houston on the map as one of the nations best venues for this fast growing, dynamic sport. The Lee and Joe Jamail skatepark is a great place for skaters to work on their kick flip, Ollie, fakie big spin or to learn how to stay balanced!

Program Dates: Closed for renovation
Location: 103 Sabine Street, 77007
Information: (713) 222-5500

Lee & Joe Jamail Skatepark

Clinton Skatepark
200 Mississippi (KM 495U)
This 12,070 square foot facility measures 142' X 85'. Components include half pipes, roll-in, bank ramp, quarter pipes, half pipe, street spine, jump box, grind rail 14', grind ledge 14', pyramid 6', grind rail square 12', grind rail round 12', and a grindbox (kinked).

Joe and Theresa Padilla Skatepark
6200 Lyons (KM 494H)
The Joe amd Theresa Padilla Skatepark is designed to give the skater a world-class workout on an exciting series of challenging features such as quarter pipes, bank ramps, grind boxes, stairs, and rails.

Dylan Duncan Skatepark
3950 Rustic Woods (KM 297X)
This 5402 sq foot facility measures 73' X 74'. Components include: a mini half pipe with 90' hip, skate benches, a kinked round grind rail, a kicker ramp, skate tables, a bank to stair with rail, shade structures with benches, drinking fountain and a bike rack in the shape of a skateboarder.

Watonga Skatepark
4100 Watonga Blvd (KM 451H)
The Watonga Skatepark is a 12,070 square foot facility measuring 142' X 85'. Components include half pipes, roll-in, bank ramp,quarter pipes, half pipe, street spine, jump box, grind rail 14', grind ledge 14', pyramid 6', grind rail square 12', grind rail round 12', grindbox (kinked), grind rail (kinked round 20'), sub box and a bank ramp with kicker.

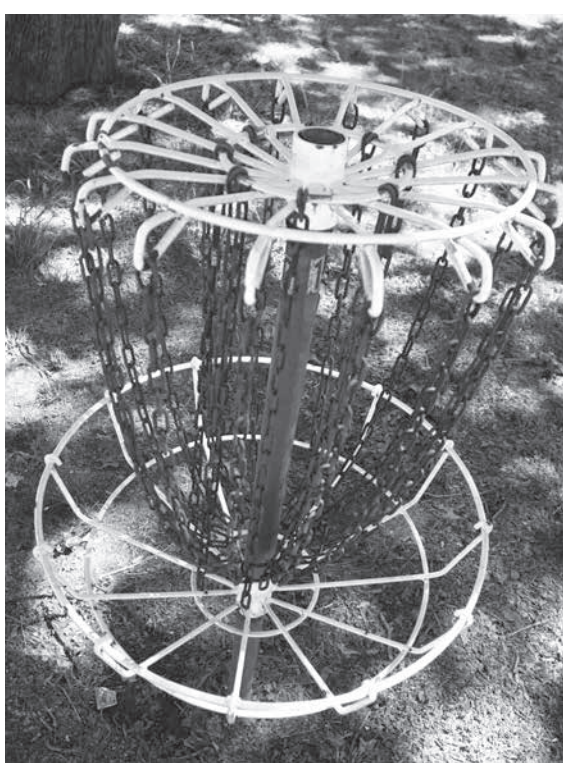
Lee & Joe Jamail Skatepark

Eastwood Skatepark
5020 Harrisburg (KM 494T)
Eastwood Skatepark is a 4,928 sq foot facility measuring 88' X 56'. Components include: a concrete curb, a grind box, a grindrail, a concrete bench, a curved bench, a mini ramp with start wedge, a pyramid with planter and a wedge with box, grind rail (kinked round 20') and a sub box, bank ramp with kicker.

DISC GOLF

Disc golf is an inexpensive, healthful outdoor activity the entire family can enjoy. The Houston Parks and Recreation Department has five disc golf courses ranging from 9 to 18 holes in parks throughout the city. Disc golf courses are open to the public during normal park hours of operation. Courses may be used on a “first-come first served” basis. No exclusive use. Alcohol Prohibited.

MacGregor Park



Agnes Moffitt Park
10845 Hammerly (KM 449R)

Holes:	18
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Disc Catcher

Mason Park
541 South 75th St.(KM 535A)

Holes:	18
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Disc Catcher

MacGregor Park
525 Calhoun (KM 489E)

Holes:	18
Warm-up Basket:	Yes
Tee Type:	Asphalt
Basket Type:	Stroke Saver

Milby Park
2001 Central (KM 535G)

Holes:	18
Warm-up Basket:	Yes
Tee Type:	Natural
Basket Type:	Disc Catcher

T.C. Jester Park
4201 T.C. Jester West (KM 451M)

Holes:	21
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Stroke Saver

ADULT SPORTS LEAGUES

Get off of that couch and join an adult sports league! Flag Football, softball, volleyball, kickball and basketball leagues are offered at various parks throughout Houston. League play is open to adults ages 18 and over. Adult sports leagues require fees per team. Check www.houstonparks.org for more adult sports opportunities.

Adult Softball Summer League

Slow pitch softball leagues are offered year-round in select park sites throughout of the city.

Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages:	18 - older
Divisions:	Men's C/D & Co-ed
Registration Dates:	May 23 – June 10
League Dates:	July 5 – Aug 26, Mon - Fri
League Format:	5-Week Doubleheader (10 games total)
Time:	6:30 pm– 10:30 pm
Fee:	$332.04 per team
ASA Fee:	$20.00 per calendar year
Information:	(832) 395-7130 www.houstonparks.org

Adult Softball Fall League

Slow pitch and fast pitch softball leagues are offered year-round in select park sites throughout of the city.

Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages:	18 - older
Divisions:	Men's C/D & Co-ed
Registration Dates:	Aug 1 – Aug 19
League Dates:	Sept 6 – Oct 28, Mon - Fri
Fee:	$332.04 per team
ASA Fee:	$20.00 per calendar year
League Format:	5 - Week Doubleheader (10 games total)
Time:	6:30 pm – 10:30 pm
Information:	(832) 395-7130 www.houstonparks.org

Adult Flag Football Fall League

Adult flag football leagues are offered during the fall and winter seasons.

Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages:	18 - older
Divisions:	Men's C, Co-ed
Registration Dates:	Aug 1 – Aug 19
League Dates:	Sept 6 – Oct 28. Wed or Thur
Fee:	$365.26 per team
League Format:	5 - Week Doubleheader (10 games total)
Time:	7:00 pm – 11:00 pm
Information:	(832) 395-7130 www.houstonparks.org

Adult Softball League Locations:

Memorial Park (KM 492K)	6501 Memorial Drive, 77007	M - F	Summer & Fall Softball Leagues
Cullen Park (KM 447S)	19008 Saums Road, 77084	M - F	Summer & Fall Softball Leagues
Herman Brown Park (KM 496A)	300 Oates Road, 77013	M - F	Summer & Fall Softball Leagues
T.C. Jester Park (KM 451M)	4201 W. T.C. Jester, 77018	M - F	Summer & Fall Softball Leagues
Cleveland Park-Tim Hearn Field (KM 492M)	200 Jackson Hill, 77007	M - F	Summer & Fall Softball Leagues

Adult Flag Football League Locations:

Memorial Park (KM 492K)	6501 Memorial Drive, 77007	W or Th	Fall Flag Football League
T.C. Jester Park (KM 451M)	4201 W. T.C. Jester, 77018	W or Th	Fall Flag Football League

Adult Kickball
Summer League

Kickball, it's not just for kids, sign up today and play one of the fastest growing Adult Sports in the U.S. Come join the league and have fun playing the sport you once played as a kid! Open to adults 18 and older. A fee is required. Register online during specified registration periods at www.houstonparks.org.

Ages:	18 - older
Divisions:	Co-ed D
Registration Dates:	May 23 - June 10
League Dates:	July 5 – Aug 26, Mon or Wed
Fee:	$199.23 per team
League Format:	5 – Week Doubleheader (10 games total)
Time:	6:30 pm – 10:30 pm
Location:	Memorial Park 6501 Memorial Drive, 77007
Information:	(832) 395-7130 www.houstonparks.org

Adult Kickball
Fall League

Kickball, it's not just for kids, sign up today and play one of the fastest growing Adult Sports in the U.S. Come join the league and have fun playing the sport you once played as a kid! Open to adults 18 and older. A fee is required. Register online during specified registration periods at www.houstonparks.org.

Ages:	18 - older
Divisions:	Co-ed D
Registration Dates:	Aug 1 - Aug 19
League Dates:	Sept 6 - Oct 28, Mon or Wed
Fee:	$199.23 per team
League Format:	5 – Week Doubleheader (10 games total)
Time:	6:30 pm – 10:30 pm
Location:	Memorial Park 6501 Memorial Drive, 77007
Information:	(832) 395-7130 www.houstonparks.org

Adult Basketball
Fall League

Hoop it up this Fall by signing up for HPARD's Adult Basketball League!

Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages:	18 - older
Divisions:	Men's
Registration Dates:	Aug 1 - Aug 19
League Dates:	Sept 6 - Oct 28, Tues or Thur
Fee:	$355.00 per team
League Format:	10 - Week Single
Time:	6:30 pm – 9:30 pm
Location:	Varies
Information:	(832) 395-7130 www.houstonparks.org

Adult Sand Volleyball
Summer League

Playing volleyball is a great way to get fit while having fun! Sign up today and get ready to serve, set and spike your way to a healthier you.

Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages:	18 - older
Divisions:	Co-ed Open
Registration Dates:	May 23 – June 10
League Dates:	July 5 – Aug 26, Tues
Fee:	$199.23, per team
League Format:	5 - Week Doubleheader (10 games total)
Location:	Memorial Park 6501 Memorial Drive, 77007
Time:	6:30 pm – 8:30 pm
Information:	(832) 395-7130 www.houstonparks.org

Adult Volleyball
Fall League

Playing volleyball is a great way to get fit while having fun! Sign up today and get ready to serve, set and spike your way to a healthier you.

Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages:	18 - older
Divisions:	Men's D & Co-ed Open
Registration Dates:	Aug 1 – Aug 19
League Dates:	Sept 6 – Oct 28, Tues
Fee:	$199.23 per team
League Format:	5 - Week Doubleheader (10 games total)
Location:	Memorial Park 6501 Memorial Drive, 77007
Time:	6:30 pm – 9:30 pm
Information:	(832) 395-7130 www.houstonparks.org

The First Tee® Greater Houston

The First Tee of Greater Houston is a youth development program that teaches life skills and core values through the game of golf. Using The First Tee Nine Core Values and Nine Healthy Habits, participants learn how to successfully navigate through the course and through life!

New Member Orientation:	Wednesday, June 15th (6:00pm - 7:00pm)
Location:	FM Law Park Campus (8400 Mykawa Road Houston, Texas 77048)
Ages:	**7-**18 years
Cost:	$30.00 per child
Program Dates:	June 21 - August 27th, 2015
Time:	Tuesday - Saturday, morning and evenings
For more information:	**(281) 459-8718 or (281) 454-7000**

Register to attend the New Member Orientation online at www.thefirstteegreaterhouston.org

The Nine Core Values

Honesty	Respect	Perseverance
Integrity	Confidence	Courtesy
Sportsmanship	Responsibility	Judgment

ADULT SENIOR SPORTS LEAGUES

The Adult Sports Section offers a variety of low-impact recreational sports programs for individuals 55 years and older. Programs like pickle ball and table tennis are designed to provide opportunities for active living, improve health and fitness levels, and enhance socialization with friends.

Senior Pickle Ball Fall League

Pickle Ball is a game that is a mix between Table Tennis and Badminton played on a court smaller than a tennis court with wooden paddles.

This program is FREE.

Ages:	55 - Older
Divisions:	Coed Recreational
Registration Dates:	Aug 8 - Aug 26
Fee:	FREE
League Dates:	Sept 6 - Oct 21
Days:	Tuesday
Time:	10:00 am - 11:30 am
Information:	(832) 395-7273

Senior Pickle Ball Winter League

Pickle Ball is a game that is a mix between Table Tennis and Badminton played on a court smaller than a tennis court with wooden paddles.

This program is FREE.

Ages:	55 - Older
Divisions:	Coed Recreational
Registration Dates:	Oct 3 - Oct 21
Fee:	FREE
League Dates:	Nov 1 - Dec 13
Days:	Tuesday
Time:	10:00 am - 11:30 am
Information:	(832) 395-7273

Locations:

Tidwell Park Community Center (KM 454D) — 9720 Spaulding, 77016

Senior Table Tennis Fall League

Table Tennis is a game resembling lawn tennis and is played on a tabletop with wooden paddles and a small hollow plastic ball.

This program is FREE.

Ages:	55 - Older
Divisions:	Coed Recreational
Registration Dates:	Aug 8 - Aug 26
Fee:	FREE
League Dates:	Sept 6 - Oct 22
Days:	Tuesday & Wednesday
Time:	10:00 am - 11:30 am
Information:	(832) 395-7273

Senior Table Tennis WinterLeague

Table Tennis is a game resembling lawn tennis and is played on a tabletop with wooden paddles and a small hollow plastic ball.

This program is FREE.

Ages:	55 - Older
Divisions:	Coed Recreational
Registration Dates:	Oct 3 - Oct 21
Fee:	FREE
League Dates:	Nov 1 - Dec 14
Days:	Tuesday & Wednesday
Time:	10:00 am - 11:30 am
Information:	(832) 395-7273

Locations:

Hobart Taylor Park Community Center (KM 455Q) — 8100 Kenton, 77028

Fonde Rec Center

FITNESS CENTERS

HPARD's five Fitness Centers are equipped with state of the art fitness equipment and are open year round. Workout times and fees vary by community center. All centers are close in and are reasonably priced. Contact individual fitness centers for more detailed information.

Memorial Park Fitness Center

Judson Robinson Jr, Fitness Center

Memorial Park Fitness Center

Work out and get fit right in the middle of Memorial Park! The Memorial Park Fitness Center is equipped with weights and cardiovascular equipment.

In addition, an Olympic size outdoor swimming pool is open during the summer and into the fall for lap swimming based on temperature. Showers and lockers are also available for fitness center guests.

Ages:	18 - Older *
Program Dates:	Year Round
Hours:	6:00 am – 8:00 pm, M - F 8:00 am – 4:00 pm, Sat 8:00 am – 12:00 pm, Sun
Location:	Memorial Park (KM 492K) 6402 Arnot, 77007
Information:	(832) 395-7596

Fee Schedule	
Monthly membership	$22.13
Daily membership	$ 1.92
Shower rental	$ .83
Locker Rental	$ .55
Towel rental	$ .55
Lap Pool Swimming	$ 1.00 (When open)

MacGregor Park Fitness Center

Judson Robinson, Jr. Fitness Center

The Judson Robinson, Jr. Fitness Center is located inside of Hermann Park. The center is equipped with weights and cardiovascular equipment for your fitness needs. The center is open year- round.

In addition to the Fitness Center, J Robinson, Jr offers basketball, racquetball and a number of other fitness activities. Contact J Robinson Jr Community Center for more information.

Note: The weight room is closed Mon-Thurs from 3:00 pm - 3:30 pm for cleaning.

Ages:	18 - Older *
Program Dates:	Year Round
Early Morning Workout:	6:00 am - 9:00 am, M - F
Fitness Center Hours:	10:00 am - 8:00 pm, M - Th 10:00 am - 4:00 pm, F 10:00 am - 2:00 pm, Sat
Raquetball Court Hours:	9:00 am - 7:30 pm, M - F 10:00 am - 1:30 pm, Sat
Location:	J Robinson, Jr., (KM 533B) 2020 Hermann Dr, 77004
Information:	(832) 395-7626

Fee Schedule	
Early Morning Workout:	$22.13/ month
Raquetball Court Rental:	$1.71/ half hour $3.42 / hour

*** Minors (anyone 14 - 17 years old and younger) MUST BE accompanied by an adult or guardian.**

Judson Robinson, Jr. Fitness Center

Memorial Park Fitness Center

Fonde Fitness Center

The Fonde Recreation Center, home to some of basketball's greatest players, is also a great place to get fit!

Conveniently located near downtown off of Memorial Drive and Sabine Street, Fonde offers lunch-time fitness opportunities.

Fonde features a state-of-the-art weight room, showers and lockers as well as a full-court gym and aerobics room all FREE to help you meet your fitness goals.

Ages:	18 - Older *
Program Dates:	Year Round
Hours:	9:00 am - 7:00 pm, M– F 1:00 pm – 7:00 pm, Sat
Location:	Fonde (KM 493K) 110 Sabine, 77002
Information:	(713) 226-4466

MacGregor Fitness Center

The MacGregor Park Fitness Center is located inside MacGregor Park. The facility is equipped with full-service weight room equipment.

Showers and lockers are available next door at the Homer Ford Tennis Center for a $ .75 fee each.

A covered, full-court basketball pavilion and a 1.25 mile jogging trail are conveniently located near the center.

Ages:	18 - Older *
Fee:	No membership fees
Program Dates:	Year Round
Hours:	7:00 am - 7:00 pm, M - F
Location:	MacGregor (KM 534K) 5225 Calhoun, 77021
Information:	(713) 747-8650

Hackberry Fitness Center

The Hackberry Fitness Center is the newest HPARD fitness center. It is equipped with weights and cardiovascular equipment for your fitness needs.

The center is open year round. Contact the Hackberry Park Community Center for more information.

Ages:	18 - Older *
Fee:	No membership fees
Program Dates:	Year Round
Hours:	10:00 am - 8:00 pm, M - F 10:00 am -2:00 pm, Sat
Location:	Hackberry (KM 528M) 7777 S Dairy Ashford, 77072
Information:	(832) 395-7616

*** Minors (anyone 14 -17 years old and younger) MUST BE accompanied by an adult or guardian.**

COMMUNITY CENTER WEIGHT ROOMS

In addition to HPARD's Fitness Centers, many community centers offer weight-training facilities and many feature indoor gyms. Hours of operation vary by location and season, so call the community center nearest you for information.

Please note: Showers and lockers ARE NOT AVAILABLE at these centers.

NORTHEAST

Finnigan (KM 494H)	M-Th	8:00 am	-	7:00 pm	4900 Providence, 77020	(713) 678-7385
Finnigan (KM 494H)	F	8:00 am	-	6:00 pm	4900 Providence, 77020	(713) 678-7385
Moody (KM 453Y)	M - Th (Ladies)	9:00 am	-	11:00 am	3725 Fulton, 77009	(713) 692-6925
Moody (KM 453Y)	M - Th (Open)	1:00 pm	-	9:00 pm	3725 Fulton, 77009	(713) 692-6925
Moody (KM 453Y)	F (Open)	1:00 pm	-	800 pm	3725 Fulton, 77009	(713) 692-6925
Moody (KM 453Y)	M - Th (Ladies)	9:00 am	-	11:00 am	3725 Fulton, 77009	(713) 692-6925
Shady Lane (KM 414W)	M - F (Open)	4:00 pm	-	7:00 pm	10220 Shady Lane, 77093	(713) 742-1503
Shady Lane (KM 414W)	M - F (Ladies)	9:00 am	-	10:30 am	10220 Shady Lane, 77093	(713) 742-1503

NORTHWEST

Highland (KM 451D)	M-Th	12:00 pm	-	8:00 pm	3316 DeSoto, 77091	(713) 956-9137
Highland (KM 451D)	F	12:00 pm	-	7:00 pm	3316 DeSoto, 77091	(713) 956-9137
Lincoln (KM 412Q)	M-Th	8:00 am	-	8:00 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)					979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	M - TH	2:00 pm	-	8:00 pm	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	F	2:00 pm	-	7:00 pm	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	S	10:00 am	-	2:00 pm	1000 West 12th, 77008	(713) 867-0497
Woodland (KM 493C)	M-F	1:00 pm	-	7:30 pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	S	10:00 am	-	2:00 pm	212 Parkview, 77009	(713) 867-0401

SOUTHEAST

Crestmont (KM 572J)	M - F	10:00 am	-	1:00 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 572J)	M - Th	2:00 pm	-	6:30 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 572J)	S	10:00 am	-	2:00 pm	5200 Selinsky, 77048	(713) 733-2236
Hartman (KM 535C)	M - Th	2:00 pm	-	8:00 pm	9311 E. Ave. P, 77012	(713) 928-4803
Hartman (KM 535C)	F	1:00 pm	-	8:00 pm	9311 E. Ave. P, 77012	(713) 928-4803
Mason (KM 535A)	M - F	11:00 am	-	2:30 pm	541 South 75th, 77023	(713) 928-7055
Mason (KM 535A)	M - F	5:00 pm	-	8:00 pm	541 South 75th, 77023	(713) 928-7055

SOUTHWEST

Alief (KM 529E)	M - Th	1:00 pm	-	9:00 pm	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	F	1:00 pm	-	8:00 pm	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	S	10:00 am	-	2:00 pm	11903 Bellaire, 77072	(281) 564-8130
Hackberry (KM 528M)	M - F	10:00 am	-	8:00 pm	7777 S. Dairy Ashford, 77072	(832) 395-7626
Hackberry (KM 528M)	S	10:00 am	-	2:00 pm	7777 S. Dairy Ashford, 77072	(832) 395-7626
Marian (KM 530X)	M - Th	1:00 pm	-	8:30 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	F	1:00 pm	-	7:30 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	S	10:00 am	-	2:00 pm	11101 South Gessner, 77071	(713) 773-7015

GYMS

Adult Basketball Freeplay

Sign up today to play one of the most popular and widely viewed sports in the world Basketball! There are a variety of basketball courts and games available for you to choose from. Check with individual community centers for more information.

NORTHEAST

Melrose (KM 413T)	Freeplay BB	M & W	7:00	pm	-	8:00	pm	1001 Canino, 77076	(281) 447-0514
Melrose (KM 413T)	Freeplay VB	M & W	7:00	pm	-	8:00	pm	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	Freeplay BB	F	6:00	pm	-	8:00	pm	3725 Fulton, 77009	(713) 692-6925
Moody (KM 453Y)	Freeplay BB	S	10:00	am	-	12:00	pm	3725 Fulton, 77009	(713) 692-6925
Moody (KM 453Y)	Volleyball	T	6:30	pm	-	9:00	pm	3725 Fulton, 77009	(713) 692-6925
Selena Q Perez at Denver Harbor (KM 494H)	Freeplay BB-Adults	M&W	6:30	pm	-	9:00	pm	6402 Market, 77020	(832) 395-7640
Selena Q Perez at Denver Harbor (KM 494H)	Freeplay BB-Teens	T&Th	6:30	pm	-	9:00	pm	6402 Market, 77020	(832) 395-7640
Tidwell (KM 454D)	Freeplay BB	T & Th	6:30	pm	-	8:30	pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Freeplay BB	T & Th	6:30	pm	-	8:30	pm	9720 Spaulding, 77016	(713) 636-8221

NORTHWEST

Candlelight (KM 452E)	Freeplay BB	M - F	1:00	pm	-	3:00	pm	1520 Candlelight, 77018	(713) 682-3587
Candlelight (KM 452E)	Freeplay BB	T - Th	6:00	pm	-	8:30	pm	1520 Candlelight, 77018	(713) 682-3587
Candlelight (KM 452E)	Freeplay BB	F	6:00	pm	-	7:00	pm	1520 Candlelight, 77018	(713) 682-3587
Candlelight (KM 452E)	Freeplay BB	S	10:00	am	-	2:00	pm	1520 Candlelight, 77018	(713) 682-3587
Fonde (KM 493K)	Full Court BB	M - F	9:00	am	-	12:30	pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Full Court BB	S	1:00	pm	-	4:00	pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Ladies Night BB	Th	6:30	pm	-	9:00	pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	3 on 3 BB	M, W & F	12:30	pm	-	9:00	pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	3 on 3 BB	T	12:30	pm	-	6:00	pm	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	3 on 3 BB	F	12:30	pm	-	5:45	pm	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	Freeplay BB	W	6:30	pm	-	9:00	pm	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM 451Y)	Freeplay BB	F	1:00	pm	-	5:00	pm	6818 Shady Villa, 77055	(832) 395-7611
Judson Robinson, Jr (KM 533B)	Freeplay BB	M - F	10:00	am	-	2:00	pm	2020 Hermann Dr., 77004	(832) 395-7626
Lincoln (KM 412Q)	Freeplay BB	M,W, & F	12:00	pm	-	3:00	pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Freeplay BB	M & W	6:00	pm	-	8:00	pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Freeplay BB	T & Th	7:00	pm	-	8:00	pm	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	Freeplay BB	Th	6:00	pm	-	9:00	pm	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	Freeplay BB	F	6:00	pm	-	8:00	pm	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	Freeplay BB	S	10:00	am	-	2:00	pm	1000 West 12th, 77008	(713) 867-0497
Woodland (KM 493C)	Freeplay BB	M - F	1:00	pm	-	3:00	pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Freeplay BB	M - Th	6:00	pm	-	9:00	pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Freeplay BB	F	6:00	pm	-	8:00	pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Freeplay BB	S	10:00	am	-	2:00	pm	212 Parkview, 77009	(713) 867-0401

Fonde Rec Center - Basketball Game

Adult Basketball Freeplay (continued)

SOUTHEAST										
Hartman (KM 535C)	Freeplay BB	M - TH	12:00	pm	-	3:00	pm	9311 Ave P, 77012	(713) 928-4803
Hartman (KM 535C)	Freeplay BB	F	1:00	pm	-	3:00	pm	9311 Ave P, 77012	(713) 928-4803
Mason (KM 535A)	Freeplay BB	M, W, F	12:30	pm	-	2:30	pm	541 South 75th St, 77023	(713) 928-7055
Mason (KM 535A)	Freeplay BB	F	6:00	pm	-	8:00	pm	541 South 75th St, 77023	(713) 928-7055
Sagemont (KM 576Y)	Freeplay BB	S	10:00	am	-	2:00	pm	11507 Hughes Rd, 77089	(281) 922-2343
Sagemont (KM 576Y)	Freeplay BB	T	6:00	pm	-	8:30	pm	11507 Hughes Rd, 77089	(281) 922-2343
Sagemont (KM 576Y)	Teen BB	W, F	6:00	pm	-	8:30	pm	11507 Hughes Rd, 77089	(281) 922-2343
Sagemont (KM 576Y)	Ladies Volleyball	Th	6:00	pm	-	8:30	pm	11507 Hughes Rd, 77089	(281) 922-2343
SOUTHWEST									
Alief (KM 529E)	Freeplay BB	M - F	1:00	pm	-	3:00	pm	11903 Bellaire , 77072	(281) 564-8130
Alief (KM 529E)	Freeplay BB	S	10:00	am	-	2:00	pm	11903 Bellaire , 77072	(281) 564-8130
Bayland (KM 531B)	Freeplay BB	M - F	1:00	pm	-	6:00	pm	6200 Chimney Rock,77081	(713) 668-4516
Bayland (KM 531B)	Freeplay BB	S	10:00	am	-	2:00	pm	6200 Chimney Rock,77081	(713) 668-4516
Marian (KM 530X)	Freeplay BB	M - F	1:00	pm	-	3:00	pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Freeplay BB	T & Th	6:00	pm	-	8:30	pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Freeplay BB	S	10:00	am	-	2:00	pm	11101 South Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	Freeplay BB	M - F	1:00	pm	-	9:00	pm	3502 Bellfort, 77051	(832) 395-7586
Sunnyside (KM 533X)	Freeplay BB	S	10:00	am	-	2:00	pm	3502 Bellfort, 77051	(832) 395-7586
Townwood (KM 572P)	Freeplay BB	M - F	1:00	pm	-	9:00	pm	3403 Simsbrook,77051	(832) 395-7561
Townwood (KM 572P)	Freeplay BB	S	10:00	am	-	2:00	pm	3403 Simsbrook,77051	(832) 395-7561

Saturday Open Gym
Enjoy open basketball, volleyball or badminton at HPARD gymnasiums. Call Community Center for information.

Ages:	All ages
Registration:	Not Required
Fees:	FREE
Program Dates:	Year-round every Saturday
Times:	10:00 am - 2:00 pm
Location:	See List Below
Information:	Contact Community Center

NORTHEAST

Selena Q Perez at Denver Harbor (KM 494H)	6402 Market, 77020	(832) 395-7640
Melrose (KM 413T)	1001Canino, 77076	(281) 447-0514
Moody (KM 453Y)	3725 Fulton, 77009	(713) 692-6925
Tidwell (KM 454D)	9720 Spaulding, 77016	(713) 636-8221

NORTHWEST

Candlelight (KM 450A)	1520 Candlelight, 77018	(713) 682-3587
Fonde (KM 493K) *	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	6818 Shady Villa, 77055	(832) 395-7611
Love (KM 452Z)	1000 West 12th, 77008	(713) 867-0497
Judson Robinson Jr. (KM 533B)	2020 Hermann Dr., 77004	(832) 395-7626
Kendall (KM 488C)	609 N. Eldridge Parkway, 77079	(832) 393-1898
Stude (KM 493E)	1031 Stude, 77007	(713) 867-0496
Woodland (KM 493C)	212 Parkview, 77009	(713) 867-0401

SOUTHEAST

Hartman (KM 535C)	9311E. Ave. P, 77012	(713) 928-4803
Mason (KM 535A)	541 S. 75th, 77023	(713) 928-7055
Sagemont (KM 576Y)	11507 Hughes, 77089	(281) 922-2343

SOUTHWEST

Alief (KM 529E)	11903 Bellaire, 77072	(281) 564-8130
Burnett Bayland (KM 531B)	6200 Chimney Rock, 77081	(713) 668-4516
Marian (KM 530X)	11101 S. Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	3502 Bellfort, 77051	(832) 395-7586
Townwood (KM 572P)	3403 Simsbrook, 77045	(832) 395-7561

*** Gym open on Saturdays from 1:00 pm - 7:00 pm.**

AEROBICS CLASSES

The Houston Parks and Recreation Department offers a variety of fitness opportunities to help keep Houstonians fit. We offer more than 100 miles of walking/jogging trails in and around our parks. In addition, there are exercise workstations located along some of our trails as well as indoor and outdoor basketball courts, outdoor tennis court, swimming pools, disc golf courses, golf courses and community center fitness programs designed to meet the needs of all Houstonians. So if you're looking for a fun way to get fit check out HPARD's many offerings and workout at a park near you!

Adult Step Aerobics

Burn off those unwanted pounds in step aerobics classes for adults. Step classes are available for all levels. Classes range from medium intensity cardio workouts focusing on simple step routines to highly choreographed step routines for the advanced stepper, frequent exerciser, or experienced dancer.Check with the individual community center for more information. All classes are FREE unless otherwise noted.

Ages: 18 - Older
Registration: Ongoing
Program Dates: Year round
Times: Varies by Community Center
Information: Contact Community Center

Judson Robinson, Jr - Zumba Demonstration

NORTHEAST

Melrose (KM 413T) *	M & W	7:00	pm	-	8:00	pm	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	M-Th	8:00	am	-	9:00	am	3725 Fulton, 77009	(713) 692-6925
Shady Lane (KM 414W)	M-F	8:00	am	-	9:00	am	10220 Shady Lane, 77093	(713) 742-1503

NORTHWEST

Freed (KM451Y)	M, W, Th	5:30	pm	-	6:30	pm	6818 Shady Villa, 77055	(832) 395-7611
Judson Robinson, Jr. (KM 533B) *	M & W	6:00	pm	-	7:00	pm	2020 Hermann Dr., 77004	(832) 395-7626

SOUTHEAST

Edgewood (KM 534X)	M – Th	6:00	pm	-	7:00	pm	5803 Bellfort, 77033	(713) 734-8434

SOUTHWEST

Lansdale (KM 530K)	M & W	6:30	pm	-	7:30	pm	8201 Roos, 77036	(713) 272-3668
Lansdale (KM 530K)	W	9:00	am	-	11:00	am	8201 Roos, 77036	(713) 272-3668
Lansdale (KM 530K)	W & F	10:00	am	-	11:00	am	8201 Roos, 77036	(713) 272-3668
Linkwood (KM 530K)	T & W	6:00	pm	-	7:00	pm	3699 Norris, 77036	(713) 314-3107
Sunnyside (KM 533X)	T & Th	5:30	pm	-	6:30	pm	3502 Bellfort, 77051	(832) 395-7586
Townwood (KM 572P)	M, T & Th	6:00	pm	-	7:00	pm	3403 Simsbrook, 77045	(832) 395-7565
Windsor Village (KM 571P)	M – Th	6:00	pm	-	7:00	pm	14441 Croquet, 77085	(713) 726-7113

*** Concessionaire Class - Call Community Center For Cost Information.**

Adult Aerobics

Grapevine-step your way into a great cardio workout with adult aerobic classes. Classes are offered during the week at lunchtime and in the evenings. Call the community center nearest you for more information. All classes are FREE unless otherwise noted.

Ages: 18 - Older
Registration: Ongoing
Program Dates: Year round
Information: Contact Community Center

NORTHEAST

Melrose (KM 413T)	M - F	6:00 pm	-	7:00 pm	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	M - Th	8:00 am	-	9:00 am	3725 Fulton, 77009	(713) 692-6925

NORTHWEST

Fonde (KM 493K)	T – Th	12:15 pm	-	12:45 pm	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	M – Th	5:30 pm	-	6:30 pm	6818 Shady Villa, 77055	(832) 395-7611
Judson Robinson, Jr. (KM 533B) *	M & W	6:00 pm	-	7:00 pm	2020 Hermann Dr., 77004	(832) 395-7626
Lincoln City (KM 412Q)	T & Th	6:00 pm	-	7:00 pm	979 Grenshaw, 77088	(281) 445-1617
Montie Beach (KM 453X)	T & Th	9:00 am	-	10:00 am	915 Northwood, 77009	(713) 864-6820

SOUTHEAST

Eastwood (KM 494T)	M – Th	6:00 pm	-	7:00 pm	5020 Harrisburg, 77011	(713) 928-4801
Garden Villas (KM 535W)	M, T, & Th	6:00 pm	-	7:00 pm	6720 S. Haywood, 77061	(713) 847-5168
Hartman (KM 535C)	T, W, & Th	6:30 pm	-	7:30 pm	9311 E. Ave. P., 77012	(713) 928-4803
Meadowcreek (KM 535A)	M, W, & F	6:00 pm	-	7:30 pm	5333 Berry Creek, 77017	(713) 946-9020

SOUTHWEST

Burnett Bayland (KM 531B)	M & W	6:00 pm	-	7:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Hackberry (KM 528M)	T & Th	6:00 pm	-	7:00 pm	7777 S. Dairy Ashford, 77072	(832) 395-7616
Marian (KM 530X)	M – Th	6:00 pm	-	7:00 pm	11101 South Gessner, 77071	(713) 773-7015
Platou (KM 571B)	T & Th	6:00 pm	-	7:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Sunnyside (KM 533X)	M – Th	5:30 pm	-	6:30 pm	3502 Bellfort, 77051	(832) 395-7568
Windsor Village (KM 571 P)	M – Th	6:00 pm	-	7:00 pm	14441 Croquet, 77085	(713) 726-7112

Adult Aerobics Muscle Toning

This class focuses on increasing strength and improving muscle tone, which will help you burn calories even while you're not working out! The class uses weights, bands, bars and the step. Check with individual community center for more information. All classes are FREE unless otherwise noted.

Ages: 18 - Older
Registration: Ongoing
Program Dates: Year round
Information: Contact Community Center

NORTHEAST

Clark (KM 453B)	M - F	10:00 am	-	10:45 am	9718 Clark, 77076	(713) 742-1497

SOUTHWEST

Sunnyside (KM 533X)	F	5:30 pm	-	6:00 pm	3502 Bellfort, 77051	(713) 734 - 5061

*** Concessionaire Class - Call Community Center For Cost Information.**

FITNESS CLASSES

Houston let's get moving! Join a fitness class at your local community center. Classes are for ages 18 and older activities include: weight training, aerobics and circuit training. Types of classes vary. Contact your local center for more information.

Ages: 18 - Older
Registration: Ongoing
Program Dates: Year round
Times: Varies by Community Center
Information: Contact Community Center

NORTHEAST

Lakewood (KM 455G)	Line Dance	Th	6:00 pm	-	7:00 pm	8811 Feland, 77028	(713) 636-8217
Moody (KM 453Y)	Zumba	M, W, Th	6:30 pm	-	7:30 pm	3725 Fulton, 77009	(713) 692-6925
Moody (KM 453Y)	Zumba	S	9:00 am	-	10:00 am	3725 Fulton, 77009	(713) 692-6925
Moody (KM 453Y)	Aztec Dance	M&W	7:00 pm	-	8:30 pm	3725 Fulton, 77009	(713) 692-9625
Moody (KM 453Y)	Volleyball	T	6:30 pm	-	9:00 pm	3725 Fulton, 77009	(713) 692-9625
Selena Q Perez at Denver Harbor (KM 494H)	Zumba	T	11:00 am	-	12:00 pm	6402 Market, 77020	(832) 395-7640
Selena Q Perez at Denver Harbor (KM 494H)	Boot Camp	W,Th	12:00 pm	-	1:00 pm	6402 Market, 77020	(832) 395-7640
Shady Lane (KM 414W)	Adult Aerobics	M-F	8:00 am	-	9:00 am	10220 Shady Lane, 77093	(713) 742-1503
Shady Lane (KM 414W)	Adult Aerobics	Th	11:30 am	-	12:30 pm	10220 Shady Lane, 77093	(713) 742-1503
Shady Lane (KM 414W)	Zumba	M, W, F	9:00 am	-	10:00 am	10220 Shady Lane, 77093	(713) 742-1503

Shady Lane Park - Zumba Demonstration

*** Concessionaire Class - Call Community Center For Cost Information.**

Judson Robinson, Jr - Line Dancing

NORTHWEST

Freed (KM 451Y)	Karate	M & W	6:30 pm	-	9:00 pm	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM 451Y)	Zumba	M-F	9:00 am	-	10:00 am	6818 Shady Villa, 77055	(832) 395-7611
Judson Robinson, Jr. (KM 533B)	Beginning Line Dance	M	6:00 pm	-	9:00 pm	2020 Hermann Drive, 77004	(832) 395-7626
Judson Robinson, Jr. (KM 533B)	Karate (Youth)	M & W	6:00 pm	-	6:50 pm	2020 Hermann Drive, 77004	(832) 395-7626
Judson Robinson, Jr. (KM 533B)	Karate (Adult)	M & W	7:00 pm	-	7:50 pm	2020 Hermann Drive, 77004	(832) 395-7626
Judson Robinson, Jr. (KM 533B)	Senior Pickleball	F	10:00 am	-	11:00 am	2020 Hermann Drive, 77004	(832) 395-7626
Judson Robinson, Jr. (KM 533B)	Dance Program	Sat	10:00 am	-	1:00 pm	2020 Hermann Drive, 77004	(832) 395-7626
Kendall (KM 488C)	Tai Chi	M & W	6:00 pm	-	8:00 pm	609 N. Eldridge, 77079	(832) 393-1898
Kendall (KM 488C)	Badminton	T	6:30 pm	-	8:00 pm	609 N. Eldridge, 77079	(832) 393-1898
Kendall (KM 488C)	Yoga	Th	6:00 pm	-	8:00 pm	609 N. Eldridge, 77079	(832) 393-1898
Kendall (KM 488C)	Yoga	S	10:00 am	-	12:00 pm	609 N. Eldridge, 77079	(832) 393-1898
Kendall (KM 488C)	Tai Chi	S (2nd & 4th)	10:00 am	-	12:00 pm	609 N. Eldridge, 77079	(832) 393-1898
Lincoln (KM 412Q)	Swing Out	M	6:00 pm	-	8:00 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Senior Fitness	T	9:30 am	-	10:30 am	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Adult Fitness	T & Th	6:00 pm	-	7:00 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Yoga	W & F	9:30 am	-	10:30 am	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Zumba	Th	9:30 am	-	10:30 am	979 Grenshaw. 77088	(281) 445-1617
Love (KM 452Z)	Volleyball	T	6:30 pm	-	8:30 pm	1000 W 12th Street, 77008	(713) 867-0497
Montie Beach (KM 453X) *	Zumba	M, W, & F	9:00 am	-	10:00 am	915 Northwood, 77009	(713) 864-6820
Montie Beach (KM 453X) *	Zumba	T & Th	6:30 pm	-	7:30 pm	915 Northwood, 77009	(713) 864-6820
Montie Beach (KM 453X) *	Zumba	T & Th	7:00 pm	-	8:00 pm	915 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	Senior Fitness	T & F	9:00 am	-	10:00 am	803 W Temple, 77009	(713) 862-6907
Proctor Plaza (KM 453X) *	Zumba	W	7:00 pm	-	8:00 pm	803 W Temple, 77009	(713) 862-6907
Proctor Plaza (KM 453X) *	Dance	Th	5:30 pm	-	6:15 pm	803 W Temple, 77009	(713) 862-6907
Proctor Plaza (KM 453X) *	Cheerleading	Th	6:15 pm	-	7:00 pm	803 W Temple, 77009	(713) 862-6907
Stude (KM 493E)	Zumba	M & W	6:30 pm	-	7:30 pm	1031 Stude, 77007	(713) 867-0496
Woodland (KM 493C)	Jazzercise	M, W. & F	9:00 am	-	10:00 am	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Jazzercise	T & Th	8:00 am	-	9:00 am	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Jazzercise	S	9:00 am	-	10:00 am	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Zumba	M & W	9:00 am	-	10:00 am	212 Parkview, 77009	(713) 867-0401

*** Concessionaire Class - Call Community Center For Cost Information.**

SOUTHEAST

Bessie Swindle (KM 573L)	Senior Aerobics	M & W	10:00	am	-	11:30	am	11800 Scott, 77047	(713) 773-4581
Beverly Hills (KM 576S)	Senior Aerobics	M & W	10:00	am	-	11:30	am	10201 Kingspoint, 77075	(713) 948-9065
Beverly Hills (KM 576S)	Fitness	M & W	6:30	pm	-	7:30	pm	10201 Kingspoint, 77075	(713) 948-9065
Charlton (KM 535P)	MoveIt	M - Th	6:00	pm	-	7:00	pm	6200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Seniorcise	T, W, & Th	10:00	am	-	11:00	am	6200 Park Place, 77017	(713) 645-3589
Crestmont (KM 574J)	Line Dance	T	9:00	am	-	1:00	pm	5200 Selinsky, 77048	(713) 733-2236
Eastwood (KM 494T)	Adult Fitness	M, T, & W	6:00	pm	-	7:00	pm	5020 Harrisburg, 77011	(713) 928-4801
Garden Villas (KM 535W)	Fitness	M, T, & Th	6:00	pm	-	7:00	pm	6720 S. Haywood, 77061	(713) 948-9065
Ingrando (KM 535F)	Senior Aerobics	M	9:00	am	-	10:00	am	7302 Keller, 77012	(713) 643-4764
Ingrando (KM 535F)	Zumba	M & W	10:00	am	-	11:00	am	7302 Keller, 77012	(713) 643-4764
Ingrando (KM 535F)	Fitness	T - Th	6:30	pm	-	7:30	pm	7302 Keller, 77012	(713) 643-4764
Meadowcreek (KM 536S)	Adult Fitness	M, W, & F	6:00	pm	-	7:30	pm	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 536S)	Line Dance	T	9:00	am	-	1:00	pm	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 536S)	Zumba	T & Th	6:30	pm	-	7:30	pm	5333 Berry Creek, 77017	(713) 946-9020
Sagemont (KM 576Y)	Ping Pong	M, T, W, F	6:00	pm	-	8:00	pm	11507 Hughes Road, 77089	(281) 922-2343
Sagemont (KM 576Y)	Senior Fitness	T & Th	1:00	pm	-	2:00	pm	11507 Hughes Road, 77089	(281) 922-2343
Sagemont (KM 576Y)	Boot Camp	M & W	6:15	pm	-	7:15	pm	11507 Hughes Road, 77089	(281) 922-2343
Sagemont (KM 576Y)	Adult Fitness	M & W	6:30	pm	-	7:30	pm	11507 Hughes Road, 77089	(281) 922-2343
Sagemont (KM 576Y)	TOPS Inc.	T	1:00	pm	-	2:30	pm	11507 Hughes Road, 77089	(281) 922-2343
Sagemont (KM 576Y)	Adult Fitness	F	6:30	pm	-	8:00	pm	11507 Hughes Road, 77089	(281) 922-2343
Sagemont (KM 576Y)	Badminton	M	6:00	pm	-	8:00	pm	11507 Hughes Road, 77089	(281) 922-2343

SOUTHWEST

Alief (KM 529E)	Senior Aerobics	M, W, F	10:00	am	-	11:00	am	11903 Bellaire, 77072	(281) 564-8130
Cherryhurst (KM 492V)	Karate	M & W	6:00	pm	-	8:00	pm	1700 Missouri, 77006	(713) 284-1992
Cherryhurst (KM 492V)	Karate	Th	6:00	pm	-	8:00	pm	1700 Missouri, 77006	(713) 284-1992
Godwin (KM 531U)	Karate	M, T, & Th	6:00	pm	-	7:00	pm	5101 Rutherglen, 77096	(713) 726-7114
Hackberry (KM 528M)	Kickboxing	M-Th	10:30	am	-	11:00	am	7777 Dairy Ashford, 77072	(832) 395-7616
Hackberry (KM 528M)	Boot Camp	T - Th	10:00	am	-	11:00	am	7777 Dairy Ashford, 77072	(832) 395-7616
Hackberry (KM 528M)	Tai Chi (Adult/Senior)	T - Th	10:00	am	-	11:00	am	7777 Dairy Ashford, 77072	(832) 395-7616
Hackberry (KM 528M)	Zumba	M - Th	6:00	pm	-	7:00	pm	7777 Dairy Ashford, 77072	(832) 395-7616
Hackberry (KM 528M)	Zumba	S	10:30	am	-	11:30	am	7777 Dairy Ashford, 77072	(832) 395-7616
Hackberry (KM 528M)	Line Dance	S	10:00	am	-	11:00	am	7777 Dairy Ashford, 77072	(832) 395-7616
Hackberry (KM 528M)	Fitness Club	S	12:00	pm	-	1:00	pm	7777 Dairy Ashford, 77072	(832) 395-7616
Lansdale (KM 530K)	Senior Aerobics	M,W	6:00	pm	-	7:00	pm	8201 Roos Road, 77036	(713) 272-3668
Lansdale (KM 530K)	Line Dance	Th	10:30	am	-	11:30	am	8201 Roos Road, 77036	(713) 272-3668
Lansdale (KM 530K)	Tai Chi	M,W,F	10:30	am	-	12:00	pm	8201 Roos Road, 77036	(713) 272-3668
Lansdale (KM 530K)	Human Maintenance	T	10:30	am	-	11:30	am	8201 Roos Road, 77036	(713) 272-3668
Platou (KM 571B)	Stretching Fitness	M, W, & F	9:00	am	-	9:45	am	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Ball Room Dancing (Adv)	W	6:00	pm	-	7:00	pm	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Ball Room Dancing (Inter)	W	7:00	pm	-	8:00	pm	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Zumba	Th	8:00	am	-	9:00	am	11655 Chimney Rock, 77053	(713) 726-7107
River Oaks (KM 492T)	Integral Tai Chi	T & Th	6:00	pm	-	8:00	pm	3600 Locke Lane, 77027	(713) 622-5998
River Oaks (KM 492T)	Yoga	W	6:00	pm	-	7:00	pm	3600 Locke Lane, 77027	(713) 622-5998
River Oaks (KM 492T)	Integral Tai Chi	S	9:30	am	-	11:30	am	3600 Locke Lane, 77027	(713) 622-5998
Sharpstown (KM 530F)	Tai Chi	M	5:00	pm	-	7:00	pm	6600 Harbor Town, 77036	(832) 395-7605
Sharpstown (KM 530F)	Zen Tai Chu	T	5:00	pm	-	7:00	pm	6600 Harbor Town, 77036	(832) 395-7605
Sharpstown (KM 530F)	Asian Health Dance	W & Th	5:00	pm	-	7:00	pm	6600 Harbor Town, 77036	(832) 395-7605
Sunnyside (KM 533X)	Silver Sneakers	T&Th	10:00	am	-	11:00	am	3502 Bellfort. 77051	(832) 395-7586
Sunnyside (KM 533X)	Silver Fitness	W	10:00	am	-	11:00	am	3502 Bellfort. 77051	(832) 395-7586
Townwood(KM 572P)	Pickle Ball	M	10:00	am	-	12:00	pm	3404 Simsbrook, 77045	(832) 395-7565
Townwood(KM 572P)	Line Dance	M	6:30	pm	-	8:15	pm	3404 Simsbrook, 77045	(832) 395-7565
Townwood(KM 572P)	Adult Fitness	M, T, & Th	7:00	pm	-	8:00	pm	3404 Simsbrook, 77045	(832) 395-7565
Townwood(KM 572P)	Senior Fitness	M & W	10:00	am	-	11:00	am	3404 Simsbrook, 77045	(832) 395-7565
Windsor Village (KM 571P)	Adult Fitness	T & Th	6:00	pm	-	7:00	pm	14441 Croquet, 77075	(713) 726-7113

*** Concessionaire Class - Call Community Center For Cost Information.**

ADULT WALKING CLUBS

Get fit while enjoying the sights of your neighborhood by joining a walking club at one of our community centers. No fee is required.

NORTHEAST

Clark (KM 453B)	M - F	7:00	am	-	2:00	pm	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	M - F	5:00	pm	-	8:00	pm	9718 Clark, 77076	(713) 742-1497
Clinton (KM 495U)	M, W, & F	8:00	am	-	12:00	pm	200 Mississippi, 77029	(713) 673-0955
Hobart Taylor (KM 455Q)	M, W & F	8:00	am	-	10:00	am	8100 Kenton, 77028	(832) 395-7621
Lakewood (KM 455G)	T, W, & Th	10:00	am	-	12:00	pm	8811 Feland, 77028	(713) 636-8217
Selena Q Perez at Denver Harbor (KM 494H)	M - F	11:00	am	-	12:00	pm	6402 Market, 77020	(832) 395-7640
Swiney (KM 494J)	M - Th	6:30	am	-	10:00	am	2812 Cline, 77020	(713) 238-2197
Shady Lane (KM 414W)	M - F	8:00	am	-	11:00	am	10220 Shady Lane, 77093	(713) 742-1503
Shady Lane (KM 414W)	M - F	5:00	pm	-	8:00	pm	10220 Shady Lane, 77093	(713) 742-1503
Tidwell (KM 454D)	M, W, F	10:00	am	-	11:00	am	9720 Spaulding, 77016	(713) 636-8221
Tuffly (KM 454X)	M, W, & F	10:00	am	-	10:30	am	3200 Russell, 77026	(713) 674-2355

NORTHWEST

Candlelight (KM 452E)	M - F	6:00	pm	-	8:00	pm	1520 Candlelight, 77018	(713) 682-3587
Carverdale (KM 450A)	M & W	5:00	pm	-	6:00	pm	9920 Porto Rico, 77041	(713) 895-6141
Fonde (KM 493K)	T & Th	4:30	pm	-	5:30	pm	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	M - F	5:00	pm	-	7:00	pm	6818 Shady Villa, 77055	(832) 395-7611
Highland (KM 451D)	M , W & F	8:30	am	-	9:30	am	3316 DeSoto, 77091	(713) 956-9137
Independence Heights (KM 453N)	M & W	6:00	pm	-	7:00	pm	603 East 35th, 77022	(713) 867-0373
Judson Robinson, Jr. (KM533B)	M, W, F	8:30	am	-	9:30	am	2020 Hermann Drive, 77004	(832) 395-7626
Lincoln City (KM 412Q)	M – F	6:30	pm	-	8:30	pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	M - Th	1:00	pm	-	2:00	pm	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	M - F	1:00	pm	-	7:00	pm	1000 West 12th, 77008	(713) 864-6820
Montie Beach (KM 453X)	M - Th	7:00	pm	-	8:00	pm	915 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	M & W	4:00	pm	-	5:00	pm	803 West Temple, 77009	(713) 862-6907
Stude (KM 493B)	T & F	8:00	am	-	9:00	am	1031 Stude, 77007	(713) 867-0496
Woodland (KM 493C)	M, W, F	6:00	pm	-	8:00	pm	212 Parkview, 77009	(713) 867-0401

SOUTHEAST

Bessie Swindle (KM 573L)	M - F	10:00	am	-	11:30	am	11800 Scott, 77047	(713) 733-4581
Beverly Hills (KM 576S)	M & W	5:00	pm	-	6:00	pm	10201 Kingspoint, 77075	(713) 948-9065
Charlton (KM 535P)	T & Th	8:00	am	-	9:00	am	8200 Park Place Blvd., 77017	(713) 645-3589
Crestmont (KM 574J)	M , W & F	6:00	pm	-	7:00	pm	5200 Selinsky, 77048	(713) 733-2236
DeZavala (KM 495S)	M - F	7:30	am	-	8:30	am	7521 Ave. H., 77012	(713) 923-5163
DeZavala (KM 495S)	M - F	6:00	pm	-	7:00	pm	7521 Ave. H., 77012	(713) 923-5163
Eastwood (KM 494T)	M, W, & F	7:30	am	-	8:30	am	5020 Harrisburg, 77011	(713) 928-4801
Edgewood (KM 534X)	W & F	6:30	pm	-	7:00	pm	5803 Bellfort, 77033	(713) 734-8434
Garden Villas (KM 535W)	M - F	8:00	am	-	10:00	am	6720 S. Haywood, 77061	(713) 847-5168
Hartman (KM 535C)	T, W & Th	5:00	pm	-	6:00	pm	9311 E. Ave. P., 77012	(713) 928-4803
Ingrando (KM 535F)	M - F	8:00	am	-	11:00	am	7302 Keller, 77012	(713) 643-4764
MacGregor (KM 534E)	T & Th	9:00	am	-	10:00	am	5225 Calhoun, 77021	(713) 747-8650
Mason (KM 535A)	M - Th	7:00	am	-	8:30	am	541 South 75th, 77023	(713) 928-7055
Meadowcreek (KM 536S)	M, W & F	6:00	pm	-	7:00	pm	5333 Berry Creek, 77017	(713) 946-9020
Settegast (KM 494N)	M - Th	8:30	am	-	9:30	pm	3000 Garrow, 77003	(713) 238-2200
Sagemont (KM 576Y)	M & W	12:00	pm	-	1:00	pm	11507 Hughes Rd, 77089	(281) 922-2343

SOUTHWEST

Alief (KM 572Y)	M, W, & F	9:00	am	-	10:00	am	11903 Bellaire, 77072	(281) 564-8130
Almeda (KM 572Y)	T & Th	6:00	pm	-	6:30	pm	14201 Almeda School Rd., 77047	(713) 434-1909
Burnett Bayland (KM 531B)	M, W & F	5:30	pm	-	6:00	pm	6200 Chimney Rock, 77081	(713) 668-4516
Cherryhurst (KM 492V)	M, W & F	6:00	pm	-	7:00	pm	1700 Missouri, 77006	(713) 284-1992
Hackberry (KM 528M)	M – F	5:00	pm	-	7:00	pm	7777 S. Dairy Ashford, 77072	(832) 395-7616
Hackberry (KM 528M)	M – F	11:00	am	-	1:00	pm	7777 S. Dairy Ashford, 77072	(832) 395-7616
Lansdale (KM 530K)	M & W	9:30	am	-	10:30	am	8201 Roos Rd, 77036	(713) 272-3668
Linkwood (KM 532P)	M & W	6:00	pm	-	7:00	pm	3699 Norris, 77025	(713) 314-3107
Marian (KM 530X) [1]	M - F	6:00	pm	-	7:30	pm	11101 South Gessner, 77071	(713) 773-7015
River Oaks (KM 492T) [2]	M – F	5:00	pm	-	6:00	pm	3600 Locke Lane, 77027	(713) 622-5998
Sharpstown (KM 530F)	M, W & F	9:00	am	-	10:00	am	6600 Harbor Town, 77036	(832) 395-7605
Sunnyside (KM 533X) [1]	M – Th	9:30	am	-	10:00	am	3502 Bellfort, 77051	(832) 395-7586
Townwood (KM 572P)	M & W	6:30	pm	-	8:00	pm	3403 Simsbrook, 77045	(832) 395-7565
Windsor Village (KM 571P)	T & W	9:30	am	-	10:30	am	14441 Croquet, 77085	(713) 726-7113

PARK TRAILS

TRAIL	LOCATION	TYPE	MILES
Alief	11903 Bellaire Blvd.	Concrete	0.53
Aron Ledet	6300 Antoine	Concrete	0.38
Autry	911 Shepherd/Allen Pkwy	Granite	0.17
Baldwin	1701 Elgin	Granite	0.32
Bell	4800 Montrose	Granite	0.17
Bendwood	12700 Kimberly	Concrete	0.49
Beverly Hills	10201 Kingspoint	Asphalt	0.53
Bonham	8401 Braes Acres	Concrete	0.35
Boone Road	7700 Boone Road	Asphalt	1.06
Boyce-Doran	2000 Erastus	Asphalt	0.40
Braeburn Glen	9510 Gessner	Asphalt	0.25
Brays Bayou	Gessner to MLK Blvd	Asphalt	12.50
Brays Bayou	Lawndale to Forest Hill	Concrete	1.00
Brays Bayou	75th to Evergreen	Concrete	0.50
Brays Bayou	Elm St Park to Brays Greenway Park	Concrete	0.73
Brays Bayou	OST to Lawndale	Concrete	1.65
Brentwood	13220 Landmark	Asphalt	0.33
Briarbend	7926 Woodway	Granite	0.20
Briarmeadow	7703 Richmond	Granite	0.31
Brock	8201 John Ralston	Concrete	0.17
Buffalo Bayou	Bagby to Shepherd	Concrete	4.50
Burnett-Bayland	6300 Chimney Rock	Asphalt	0.96
Cambridge Village	13000 Nitida	Asphalt	0.50
Candlelight	1520 Candlelight	Asphalt	0.33
Canterbury	12822 Northumb	Asphalt	0.33
Carter	7000 Santa Fe	Concrete	0.08
Catherine Delce	5700 Collingsworth	Asphalt	0.21
Clark	9718 Clark	Asphalt	0.36
Cleveland	200 Jackson Hill	Concrete-Granite	0.35
Clinton	200 Mississippi	Asphalt	0.42
Cloverland	3801 Hickok Lane	Asphalt	0.25
Cole Creek	7200 Drowsy Pine	Concrete	0.35
Columbia Tap - N	Dowling to Polk	Concrete	1.07
Columbia Tap - S	Union Station To S Macgregor	Concrete	3.09
Cravens Parkway	5901 Main	Granite	0.50
Crestmont	5100 Selinsky	Asphalt	0.25
Cullen	19008 Saums	Asphalt	7.38
Cullinan (JS & LH)	6700 Long Drive	Asphalt	1.06
Dodson Lake	9010 Dodson	Asphalt-Concrete	0.50
Dow	7942 Rockhill	Asphalt	0.58
Earl Henderson	4250 Elysian	Concrete	0.21
Eastwood	5000 Harrisburg	Asphalt-Concrete	0.20
Edgewood	5803 Bellfort	Asphalt-Concrete	0.50
E L Crain	9051 Triola	Asphalt	0.50
Emancipation	3018 Dowling St.		
E P Hill	4800 Gloryland	Asphalt	0.39
Ervan Chew	4502 Dunlavy	Concrete	0.21
Fonde	5500 Carrolton	Asphalt	0.32

TRAIL	LOCATION	TYPE	MILES
Forest West	5915 Golden Forest	Asphalt	0.30
Forum	9900 Sugar Branch	Asphalt	0.49
Francklow	1300 Seagler Road	Asphalt	0.50
Freed	7020 Shadyvilla	Asphalt	0.35
Freeway Manor	2241 Bronson	Asphalt-Concrete	0.47
Freshmeadow	4500 Campbell	Concrete	0.38
Gail Reeves	8800 Mullins	Concrete	0.35
Garden Villas	6720 S Haywood	Asphalt	0.49
George T Nelson	3820 Yellowstone	Asphalt	0.17
Glenbrook	8201 N Bayou Drive	Asphalt	0.51
Glenshire	12100 Riceville School	Asphalt	0.41
Godwin	5101 Rutherglen	Concrete	0.42
Grady	1700 Yorktown	Granite	0.20
Groveland Terrace	3921 Herald	Concrete	0.16
Gulf Palms	11901 Palm Springs	Asphalt	0.41
Hackberry	7300 Dairy Ashford	Concrete	0.70
Haden	1404 Witte Road	Asphalt	0.32
Hager	12100 Landsdowne	Asphalt	0.51
Halls Bayou	Hirsch Rd to Bretshire & Rebel	Concrete	2.86
Harrisburg - Sunset	Drennan to Marsden	Concrete	2.00
Hartman	9311 Ave P	Asphalt	0.62
Harwin	11305 Harwin	Concrete	0.70
Haviland	11600 Haviland	Asphalt	0.28
Heights Blvd	400 to 1800 Heights Blvd	Granite	2.00
Hennessy	1900 Lyons	Concrete	0.20
Herman Brown	400 Mercury Drive	Asphalt	2.81
Herman Brown	400 Mercury Drive	Asphalt	1.60
Hermann	6001 Fannin	Concrete-Granite	2.85
Hobart Taylor	8100 Kenton	Asphalt	0.49
Houston Gardens	6901 Apache	Concrete	0.39
Houston Heritage East	Studewood to Main & Girard	Concrete	0.38
Houston Heritage West	San Jacinto & Allen St. to McKee	Concrete	2.60
Hunting Bayou	Loop 610 to Lockwood	Asphalt	0.50
Hunting Bayou	US 59 to Calvalcade	Asphalt	0.50
Independence Heights	601 E 35th Street	Concrete	0.31
Ingrando	7302 Keller	Asphalt-Concrete	0.59
Jaycee	1300 Seamist	Concrete	0.50
Judson Robinson, Sr	1422 Ledwicke	Concrete	0.10
Karl Young	7800 Stella Link	Granite	0.20
Keith-Wiess	12300 Aldine-Westfield	Concrete	2.12
Kerr	4620 Arlington	Asphalt	0.17
Lake Forest	9200 Mesa	Concrete	0.43
Lake Hou Wilderness Park	25840 FM 1485, New Caney 77357	Natural	11.65
Lakewood	8811 Feland	Asphalt	0.14
Langwood	3975 Bolin	Asphalt	0.44
Law	6100 Vassar Road	Asphalt	0.41
Lee	9025 Pitner	Asphalt	0.26

TRAIL	LOCATION	TYPE	MILES
Levy	3801 Eastside	Concrete-Granite	0.24
Linkwood	3699 Norris	Concrete	0.12
Love	1000 W 12th Street	Asphalt	0.20
MacGegor	5225 Calhoun	Granite	1.25
Mangum Manor	5235 Saxon	Asphalt	0.29
Margaret Jenkins	10700 Rosehaven	Concrete	0.47
Marian	11100 S Gessner	Granite	0.25
Mason	541 75th Street	Asphalt-Concrete	1.40
Memorial-S. Lieberman	6501 Memorial Drive	Granite	2.90
Memorial-Outer Loop	6501 Memorial Drive	Granite	1.50
Memorial-Timing Track	6501 Memorial Drive	Asphalt	0.25
Memorial-Arboretum	4501 Woodway	Granite	3.45
Memorial-Mountain Bike	6501 Memorial Drive	Natural	7.25
Memorial Silver Triangle	1901 Memorial Way	Concrete	0.23
Metropolitan Multi-Service Ctr	1475 West Gray	Concrete	0.21
MKT Trail	26th Street to I-45	Concrete	4.70
Montie Beach	915 Northwood	Asphalt	0.84
Moody	3725 Fulton	Asphalt-Concrete	0.94
Nellie Keyes	801 Lester	Concrete	0.12
Northline	6902 Nordling	Asphalt	0.42
Oak Meadow	500 Ahrens	Asphalt	0.25
Old Katy Hike & Bike Trail	236 N Dairy Ashford	Concrete	2.35
Park at Palm Center	5400 Griggs	Granite	0.22
Pleasantville Hike & Bike	Within Subdivision	Asphalt	1.50
Reveille	7700 Oak Vista Loop	Asphalt	0.40
River Oaks	3600 Locke Lane	Granite	0.25
Riverside	260 S Calumet/N Calumet	Concrete	0.42
R L & Cora Johnson	9801 Tanner	Asphalt	0.25
Robert C Stuart	7520 Bellfort	Asphalt	0.55
Rosewood	8200 Darien	Concrete	0.36
S Main Estates	12256 Zavalla	Asphalt	0.32
Scenic Woods	7449 Lakewood	Asphalt	0.34
Schnur	12227 Cullen Blvd	Asphalt	0.50
Schwartz	8203 Vogue	Asphalt	0.48
Selena Q Perez	6402 Market	Asphalt	0.87
Settegast	3001 Garrow	Concrete	0.40
Shady Lane	10100 Shady Lane	Asphalt	0.50
Sharpstown Green	6300 Sharpview	Paver Stones	0.09
Shepherd	4725 Brinkman	Granite	0.25
Songwood	548 Wetshire	Asphalt	0.33
Southcrest	5842 Southmund	Concrete	0.29
Spotts	401 Heights Blvd	Concrete	1.60
Saint Lo	7335 Saint Lo Rd	Concrete	0.18
Stewart	6700 Reed Rd	Gravel	0.30
Stoneybrook Esplanade	3000-3600 Stoneybrook	Asphalt	0.55
Stude	1031 Stude	Asphalt	0.70
Stuebner Airline	9201 Veterans Blvd	Concrete	0.50

TRAIL	LOCATION	TYPE	MILES
Sunflower	5000 Sunflower	Concrete	0.16
Sunnyside	3502 Bellfort	Asphalt/Concrete	1.02
Swiney	2812 Cline	Concrete	0.15
Sylvan Rodriguez	1201 Clear Lake Blvd	Concrete	1.10
Sylvester Turner	2800 West Little York	Asphalt-Concrete	1.02
TC Jester Parkway	34th to 43rd Streets	Granite	1.15
Tanglewilde	9631 Windswept	Concrete	0.16
Tanglewood	5801 Woodway	Concrete	0.20
Tidwell	9720 Spaulding	Concrete	0.30
Timbergrove Manor	1500 West TC Jester	Asphalt	0.88
Timbergrove Trail	1500 TC Jester	Asphalt	0.80
Tony Marron	808 York	Asphalt-Concrete	0.46
Townwood	3403 Simsbrook	Asphalt	0.90
Tuffly	3200 Russell	Asphalt	0.33
Verde Forest	8800 Brock Park Blvd	Asphalt	0.17
Veterans Memorial	1800 Tidwell	Asphalt	0.36
Waldemar	11700 Waldemar	Asphalt	0.19
Wiess	100 North Post Oak Lane	Granite	0.70
West End Park	1418 Patterson	Concrete	0.13
Westside Trail	Westpark to Eldridge	Concrete	1.90
Westwood	4045 Lemac	Asphalt-Concrete	0.38
White Oak Bayou	W 11th to Antoine	Concrete	8.05
White Oak Parkway	1513 White Oak Blvd		0.93
Willow	10400 Cliffwood	Granite	0.25
Willow Waterhole	5300 Gasmer	Concrete-Granite	1.17
Wilson Memorial	100 Gilpin	Asphalt-Concrete	0.28
Windsor Village	14441 Croquet	Concrete	0.31
Winzer	7300 Carver at Dolly Wright	Concrete	0.60
Woodland Park	212 Parkview	Asphalt-Concrete	0.32
Zollie Scales	3501 Corder	Asphalt	0.23

SUMMER FOOD SERVICE PROGRAM

Summer Food Service Progam
Register today to become a Summer Food Service Site and help provide FREE lunches and snacks to area youth, ages 1-18, this summer! The Summer Food Service Progam (SFSP) works to fill the meal gap that area youth experience when school cafeterias are closed for the summer.

The program is a federally funded and administered by the Texas Department of Agriculture. The Houston Parks and Recreation Department has sponsored and coordinated the program since 1980. Various organizations and groups can apply to become a Summer Food Program site and participate in the program at no cost to themselves. Participating sites have included HPARD Community Centers, churches, apartment complexes, learning centers, YMCA's and many other nonprofit organizations. Organizations must apply and qualify to become a Summer Food Service Site. The program operates on a weekday basis. Meals are prepared and delivered daily to participating sites. The meals consist of a sandwich, a fruit, juice and milk. Each year over 1.3 million meals are distributed at more than 400 participating sites throughout Houston and Harris County. The need for more sites is great and we encourage interested groups and organizations to consider becoming a Summer Food Service Site and help us feed area youth throughout the summer. This year's Summer Food Service Program will run from June 1, 2016 through August 19, 2016.

Applications must be received by April 15, 2016. Apply today to become a Summer Food Service Site and help us provide nutritous meals this summer to Houston's young people.

Note:
Application Forms are available for download at www.houstonparks.org. No billing or food preparation involved.

Registration Deadline:	April 15, 2016
Fees:	FREE
Information:	(713) 676-6832
	sheila.pous@houstontx.gov

Summer Food Program
Programa de Alimentos Durante el Verano

June 1 - August 19, 2016
1 de Junio - 19 de Agosto del 2016

Hey, Parents and Guardians!

FREE summer meals are available for youths ages 1-18. No registration is required. Just show up at a site near you!

¡Hola padres y tutores!

*Comidas **GRATIS** durante el verano para niños y adolescentes de 1 a 18 años de edad. No tienen que inscribirse, sólo presentarse en el sitio más cercano!*

Information/*Información*
(713) 676-6832 or 2-1-1
Sponsored by
Houston Parks and Recreation Department

USDA is an equal opportunity provider.

Sponsored by Houston Parks and Recreation Department since 1980. This program is administered by the Texas Department of Agriculture Food and Nutrition Division. In accordance with federal law and USDA policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. *Patrocinado por el Departamento de Parques y Recreación de Houston desde 1980. El programa es administrado por el Departamento de Agricultura de Texas División de Alimentos y Nutrición. De acuerdo con la Ley Federal y los reglamentos del Departamento de Agricultura de E. U., no se permite la discriminación basada en la raza, el sexo, la edad o la discapacidad.*

houston PARKS & recreation department
www.houstonparks.org
A CAPRA Accredited Agency

SENIOR PROGRAMS

HPARD Senior Programs provide a wide variety of recreation and leisure activities for seniors, ages 55 years and older, at various community centers across the Houston area. Activities include specialty & creative crafts, fitness, walking clubs, cultural events, senior forums, field trips and special events. Other program components include: craft exhibitions, computer classes at local libraries, fashion shows, special holiday events, Sr. Olympics competition and sports programs. Most programming is FREE unless otherwise indicated. Field trips and certain programs may require a minimum fee or request that participant provide their own materials.

Ages: 55 & older
Registration: Ongoing
Program Dates: Ongoing
Fees: FREE
(Except for Field Trips or Special Programs)
Times: Varies by Community Center
Information: (832) 395-7133
(832) 395-7270

MONDAY

Clark (KM 455Q)	9718 Clark, 77076	(713) 742-1497
Hobart Taylor (KM 455Q)	8100 Kenton, 77028	(832) 395-7621
Ingrando (KM 535F)	7302 Keller, 77012	(713) 643-4764

TUESDAY

Edgewood (KM 534X)	5803 Bellfort, 77033	(713) 734-8434
Selena Q Perez/ Denver Harbor (KM 494H)	6402 Market, 77020	(832) 395-7640
Tidwell (KM 454D)	9720 Spaulding, 77016	(713) 636-8221

WEDNESDAY

DeZavala (KM 495S)	7521 Avenue H., 77012	(713) 923-5163
Independence Heights (KM 453N)	305 East 35th Street, 77022	(713) 867-0373
Sunnyside (KM 533X)	3502 Bellfort, 77051	(832) 395-7586

THURSDAY

Eastwood (KM 949T)	5020 Harrisburg, 77011	(713) 928-4801
Lakewood (KM 455G)	8811 Feland, 77028	(713) 636-8217

SENIOR SPECIALTY CRAFTS/ACTIVITIES

Learn and enjoy a variety of leisure type activities including: flower arranging, ceramics,quilting, painting and much more at some of your local community centers.

Ages: 50 & older
Registration: Year - round
Fees: FREE
Times: Various by Community Center
Information: (832) 395-7296
(832) 395-7270

NORTHEAST

Clark (KM 453B)	Quilting & More	F	12:00	pm	-	2:00	pm	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	Ceramics	W & F	12:00	pm	-	2:30	pm	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	Hat Making	M	9:00	am	-	2:00	pm	9718 Clark, 77076	(713) 742-1497
Clinton (KM 495V)	Crafts	W	8:00	am	-	3:00	pm	203 Mississippi, 77029	(713) 673-0955
Clinton (KM 495V)	Senior Fitness	T & Th	10:00	am	-	11:00	am	203 Mississippi, 77029	(713) 673-0955
Clinton (KM 495V)	Senior Bingo	M, W, & F	11:00	am	-	1:00	pm	203 Mississippi, 77029	(713) 673-0955
Clinton (KM 495V)	Senior Crafts	T & Th	10:00	am	-	2:00	pm	203 Mississippi, 77029	(713) 673-0955
Denver Harbor (KM 494H)	Senior Arts & Crafts	T	9:00	am	-	1:00	pm	6402 Market, 77020	(832) 395-7640
Finnigan (KM 495H)	Crafts	M – F	9:00	am	-	12:00	pm	4900 Providence, 77020	(713) 678-7385
Hobart Taylor (KM 455Q)	Jewelry	T	12:00	pm	-	2:00	pm	8100 Kenton, 77028	(832) 395-7621
Hobart Taylor (KM 455Q)	Jewelry	Th	5:00	pm	-	7:00	pm	8100 Kenton, 77028	(832) 395-7621
J Robinson, Sr (KM 495L)	Advanced Bridge	W	10:30	am	-	12:30	pm	1422 Ledwicke, 77029	(713) 674-2401
J Robinson, Sr (KM 495L)	Computer Class	W	2:30	pm	-	3:30	pm	1422 Ledwicke, 77029	(713) 674-2401
Lakewood (KM 455G)	Quilting & More	Th	9:00	am	-	1:00	pm	8811 Feland, 77028	(713) 636-8217
Tidwell (KM 454D)	Computer Literacy	M, W, F	1:00	pm	-	2:00	pm	9710 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Jewelry	Th	12:00	pm	-	1:00	pm	9710 Spaulding, 77016	(713) 636-8221
Shady Lane (KM 414W)	Senior Music	M - Th	10:00	am	-	12:00	pm	10020 Shady Lane, 77093	(713) 742-1503

NORTHWEST

Fonde (KM 493K)	Senior Pickleball	W & F	9:00	am	-	11:00	am	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K)	Senior Basketball	T	4:00	pm	-	6:00	pm	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	Pickleball	M	1:00	pm	-	3:00	pm	3818 Shady Villa, 77055	(832) 395-7611
Highland (KM 451D)	Jewel Making	W	11:00	am	-	1:00	pm	3316 DeSoto, 77091	(713) 956-9137
Independence Heights (KM 453N)	Senior Crafts	W	9:00	am	-	1:00	pm	603 East 35th Street, 77022	(713) 867-0373
Independence Heights (KM 453N)	Line Dance	Th	6:00	pm	-	7:30	pm	603 East 35th Street, 77022	(713) 867-0373
J. Robinson, Jr. (KM 533B)	Bridge (Beginners)	M	10:30	am	-	12:30	pm	2020 Hermann Dr., 77004	(832) 395-7626
J. Robinson, Jr. (KM 533B)	Bridge (Advanced)	W	10:30	am	-	12:30	pm	2020 Hermann Dr., 77004	(832) 395-7626
Lincoln City (KM 412Q)	Quilting	M	9:00	am	-	1:00	pm	1979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Senior Writing	M	12:30	pm	-	1:30	pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Computer Class	T	10:30	am	-	12:30	pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Gardening	W 2nd & 4th	10:00	am	-	11:00	am	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Senior Game Day	W	10:00	am	-	12:00	pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Senior Crafts	T	10:00	am	-	12:00	pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Senior Ceramics	Th	9:30	am	-	10:30	am	979 Grenshaw, 77088	(281) 445-1617
Milroy (KM 452Z)	Social Crafts	W	10:00	am	-	2:00	pm	1205 Yale, 77008	(713) 867-0397

SOUTHEAST

Bessie Swindle (KM 573L)	Bridge	M & W	5:00	pm	-	7:00	pm	11800 Scott, 77047	(713) 733-4581
Bessie Swindle (KM 573L)	Bridge	W	12:00	pm	-	3:00	pm	11800 Scott, 77047	(713) 733-4581
Charlton (KM 535P)	Ceramics	M & F	8:00	am	-	9:00	am	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Jewelry Making	Th	5:30	pm	-	7:00	pm	8200 Park Place, 77017	(713) 645-3589
Crestmont (KM 574J)	Social Club	M - Th	12:00	pm	-	7:00	pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	Social Club	F	12:00	pm	-	6:00	pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	Crafts	W & Th	9:30	am	-	1:00	pm	5200 Selinsky, 77048	(713) 733-2236
DeZavala (KM 495S)	Crafts	W	9:00	am		1:00	pm	907 76th Street, 77012	(713) 923-5163
Eastwood (KM 494T)	Crafts	Th	9:00	am	-	11:00	am	5020 Harrisburg, 77011	(713) 928-4801
Edgewood (KM 534X)	Hat Making	Th	10:00	am	-	12:00	pm	5803 Bellfort, 77033	(713) 734-8434
Edgewood (KM 534X)	Jewelry Making	Th & F	9:00	am	-	12:00	pm	5803 Bellfort, 77033	(713) 734-8434
Garden Villas (KM 573L)	Senior Aerobics	M, T, & Th	6:00	pm	-	7:00	pm	6720 S. Haywood, 77061	(713) 847-5168
Ingrando (KM 535F)	Crafts	M	9:00	am	-	12:00	pm	7302 Keller, 77012	(713) 643- 4764
Ingrando (KM 535F)	Ceramics	W	9:00	am	-	11:00	am	7302 Keller, 77012	(713) 643- 4764
Meadowcreek (KM 535A)	Senior Aerobics	M & W	10:00	am	-	12:00	pm	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 535A)	Line Dancing/Board Games	F	10:00	am	-	12:00	pm	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 535A)	Walking	M - F	7:00	pm	-	8:00	pm	5333 Berry Creek, 77017	(713) 946-9020
Sagemont (KM 576Y)	Quilting	F	11:00	am	-	2:00	pm	11507 Hughes, 77089	(281) 922-2343
Sagemont (KM 576Y)	Ceramics	Th	1:00	pm	-	3:00	pm	11507 Hughes, 77089	(281) 922-2343
Sagemont (KM 576Y)	Bridge	F	9:00	am	-	2:00	pm	11507 Hughes, 77089	(281) 922-2343
Settegast (KM 494N)	Ceramics	T	9:00	am	-	1:00	pm	3000 Garrow. 77003	(713) 238-2200

SOUTHWEST

Platou (KM 571B)	Quilting	T	10:00	am	-	3:00	pm	6600 Harbor Town, 77036	(713) 928-4801
Platou (KM 571B)	Clay Workshop	W	12:00	pm	-	3:00	pm	6600 Harbor Town, 77036	(713) 928-4801
Platou (KM 571B)	Portable Projects	Th	9:30	am	-	11:30	am	6600 Harbor Town, 77036	(713) 928-4801
Townwood (KM 572P)	Quilting/Sewing	T	10:00	am	-	2:00	pm	3404 Simsbrook, 77045	(832) 395-7561
Townwood (KM 572P)	Flower Arrangements	Th	2:00	pm	-	4:00	pm	3404 Simsbrook, 77045	(832) 395-7561
Windsor Village (KM 571P)	Social Ceramics	T	9:30	am	-	1:00	pm	14441 Croquet, 77085	(713) 726-7113

ADAPTIVE SUMMER SPORTS LEAGUES

Adult Wheelchair Rugby

Wheelchair Rugby is a unique sport combining some elements of Basketball, Handball, and Ice Hockey. The object of the game is to carry the ball across the opposing team's goal line. Two wheels must cross the goal line for a goal to count, and the player must have firm control of the ball when he or she crosses the line. Contact between wheelchairs is permitted and forms an integral part of the game. Collisions are frequent as players try to stop their opponents and take control of the ball. This is the 7th annual summer wheelchair rugby league and it is open to anyone brave enough to give it a try.

Adult Wheelchair Basketball

This integrated summer wheelchair basketball league will include five weeks of regular season games followed by two weeks of playoffs. Wheelchair basketball is played in accordance with NCAA rules with very few exceptions. The main exception for this summer league is dribbling, instead of a dribble every two steps players must dribble every two pushes. After registration,a player draft will be held with local wheelchair basketball players serving as team captains. Teams must have at least three players with a physical disability on the court at all times.

Adult Wheelchair Soccer

Power Soccer is the first competitive team sport designed and developed specifically for power wheelchair users. The game is played in a gymnasium on a regulation basketball court. Two teams of four players attack, defend, and spin-kick a 13-inch soccer ball in a skilled and challenging game similar to able-bodied soccer. This 6-week integrated summer league is open to all and will be played at the Metropolitan Multi-Service Center! Registration is required.

2016 RUGBY SUMMER LEAGUE

Get ready for fast, full-court action & the clash of metal to metal in this fast pacced wheelchair sport!
League is open to paraplegics, amputees, quadriplegics, and able-bodied athletes with independent functioning skills.
Includes 6 weeks of regular season games and two weeks for playoffs.

Motorized chairs are not permitted.

For more information contact: Chuck French (832) 395-7325 or charles.french@houstontx.gov

Commission for Accreditation of Park and Recreation Agencies CAPRA ACCREDITED

TIRR MEMORIAL HERMANN Rehabilitation & Research

PARALYMPIC SPORT CLUB

houston PARKS & recreation department www.houstonparks.org

ADAPTIVE SPORTS & RECREATION

HPARD provides access to year round activities for children and adults with disabilities through the Adaptive Recreation Division located at the Metropolitan Multi-Service Center, 1475 West Gray. In addition to providing activities, the Metropolitan Multi-Service Center partners with organizations that serve children and adults with disabilities. The goal is to provide access, experiences and opportunities to learn new skills and redefine abilities while participating in recreational activities.

Friends of the Park Council at MMSC

The Friends of the Park Council at MMSC serves to support the staff and programs of HPARD's Adaptive Recreation section. They also help communicate the vision, goals and services of the program to constituent communities and provide a forum for program ideas and services.

The Friends of the Park Council at MMSC meets every two months on the second Tuesday of the month.

Date: Every month 3rd Tuesday of the month
Time: 4:30 pm - 6:00 pm
Location: Metropolitan Multi-Service Ctr 1475 West Gray
Information: (713) 395-7333 charles.french@houstontx.gov

Adult Recreation Fitness Center

The Metropolitan Multi-Service Fitness Center (MMSC) is specifically designed to be used by adults with a physically disability including visually impaired and blind who are able to function independently.

The facility is equipped with wheelchair accessible upper body weight equipment along with cardio machines to get your heart pumping. Pre-registration and a safety briefing are required before using this facility.

Ages: 16 - older
Registration: Required
Program Dates: 7:00 am - 7:00 pm, M - Th 7:00 am - 4:00 p.m., F
Fee: FREE
Location: Metropolitan Multi-Service Ctr 1475 West Gray
Information: (713) 395-7333 charles.french@houstontx.gov

Adaptive Aquatics Program

The MMSC pool provides a great environment for people with disabilities to exercise. The 5-lane, 25-yard heated pool is fully accessible and is equipped with a zero depth entry ramp, hand rails, and 3 chair lifts. Changing and shower facilities are available adjacent to the pool area. Participants are required to have independent functioning mobility skills or bring an adult attendant to assist.

Ages: Youth & Adult
Registration: Required
Program Dates: Year round
Time: Vary, call for schedule
Fee: FREE
Location: Metropolitan Multi-Service Ctr 1475 West Gray
Information: (832) 395-7333

Adult Wheelchair Basketball

Weekly practice and play is scheduled throughout the summer for adults age 16 and up. No motorized chairs allowed in this game. Beginning May 26, Mondays are 5 on 5 League Night. Wednesdays will be Open Gym Night.

Ages:	16 - Older
Registration:	Required
Fee:	FREE
5 on 5 League Play:	June 6 – July 25, Mon
Wheelchair BB/Open Gym:	Wed
Times:	6:00 pm - 9:00 pm
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(832) 395-7333

Wheelchair Basketball

Wheelchair Tennis

Wheelchair tennis is one of the fastest growing sports in the US for children and adults with physical disabilities. Not only does it offer a great workout, it can be a life-long family activity and it is fun! With a few minor adjustments, tennis can be enjoyed by everyone. Leagues will be forming this summer and are open to everyone. Contact Oziel Flores for more information.

Ages:	All Ages
Registration:	Required
Fee:	FREE
Program Dates:	June 3 - Aug 29
Wheelchair Tennis:	7:30 pm - 9:00 pm, Tues & Fri
AmpuTennis:	7:30 pm - 9:00 pm, Wed
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(832) 395-7333

Wheelchair Tennis

Wheelchair Rugby Summer League

Wheelchair rugby is a simple game with complex strategies. Join us this summer for the 6th Annual Summer League through which people of all abilities 'smash' stereotypes one hit at a time. The league is open to players of able-body, players with paraplegia or quadriplegia, amputees and anyone else with independent functioning skills.

Ages:	16 - Older
Registration:	Required
Fee:	FREE
Program Dates: i.	June 2 – July 28, Th
Times:	6:00 - 10:00 pm
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(832) 395-7333

Wheelchair Rugby

Indoor Wheelchair Soccer Liga

Get ready for fast, full-court action when adults clash metal to metal in this fast paced wheelchair sport. This game is for participants who have independent, upper body function. Motorized chairs ARE PERMITTED in this game.

Ages:	16 - Older
Registration:	Required
Fee:	FREE
Program Dates:	June 1 - July 27
Times:	6:00 pm - 10:00 pm
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(832) 395-7333

Oziel Flores at oziel.flores@houstontx.gov

Power Soccer League

Power Soccer is the fastest growing sport for power chair users. It is the first team sport designed specifically for power wheelchair users. The sport combines the skill of the wheelchair user with the speed and power of the chair itself, to participate in an extremely challenging game similar to soccer. All ages and abilities welcome!

Ages:	All Ages
Registration:	Required
Fee:	FREE
Program Dates:	June 4 - July 30, Sat
Times:	10:00 am - 12:00 pm
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(832) 395-7333

Sitting Volleyball

Sitting volleyball has grown to be one of the more popular Paralympic sports due to the fast and exciting action. At the recreation leel, the game offers both disabled and non-disabled players the opportunity to compete with and against each other. Sitting volleyball is played from a sitting positon on the floor.

Open gym play will be Tuesday nights beginning June 7th with competitive league play beginning June 28.

Ages:	8 - 21
Registration:	Required
Program Dates:	June 7 - July 28, Tues
Time:	6:30 pm - 9:00 pm
Fee:	FREE
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(832) 395-7333

Power Soccer

Boccia Ball

Boccia (pronounced 'Bot-cha') is a Paralympic sport that was introduced in 1984. Boccia is played indoors on a flat, smooth surface by individuals or a team. Athletes throw, kick or use a ramp to propel a ball onto the court with the aim of getting closest to a 'jack' ball. Boccia is designed specifically for athletes with a disability affecting locomotor function

Ages: 16 - Older
Registration: Required
Program Date: Mondays
Time: 1:00 pm - 3:00 pm
Fee: FREE
Location: Metropolitan Multi-Service Ctr
1475 West Gray
Information: (832) 395-7333
Chuck French at charles.french@houstontx.gov

Paralympic Shooting

Paralympic shooting is an adaptation of shooting sports for competitors with disabilities. Shooting is a test of accuracy and control, in which competitiors use air rifles to fire a series of shots at a stationary target. Join Paralympic hopeful and USA Shooting coach Jazmin Ryan on the 1st and 3rd Wednesday of each month in June, July and August for shooting instruction and technique training. Air rifles available for check out before each session.

Ages: 16 - Older
Registration: Required
Program Date: 1st & 3rd Wed Of Each Month
Time: 2:00 pm - 4:00 pm
Fee: FREE
Location: Metropolitan Multi-Service Ctr
1475 West Gray
Information: (832) 395-7333
Chuck French at charles.french@houstontx.gov

Jr. Wheelchair Sports and Recreation Camp

This program is an adventurous day camp designed specifically for individuals, ages 6 and up, with physical disabilities who have independent functioning skills to explore their potential and try things they never imagined possible. The camp will provide youth with a physical disability such as cerebral palsy, spina bifida, amputation, spinal cord injury, muscular dystrophy or other physical/ mobility disabilities an opportunity to become involved in sport and recreation activities, make friends and have fun.

Ages: 6 - 19
Program Dates: June 13 - June 16
Time: 9:00 am - 3:00 pm
Fee: FREE
Location: Metropolitan Multi-Service Ctr
1475 West Gray
Information: (832) 395-7333

The River Performing & Visual Arts Center

The River is 501(c)(3) nonprofit organization whose mission is to provide an accessible,affordable, fine arts education for special children, ages 2 - 19, who have disabilities, chronic illnesses, or are economically disadvantaged. Siblings are welcome. The River offers year round, barrier free, classes in music, art, drama and dance. Scholarships are available.

Ages: 2 - 19
Registration: Required
Summer Camp #1: June 20 - June 24
Summer Camp #2: June 27 - July 1
Summer Camp #3: July 11 - July 15
Summer Camp #4: July 25 - July 29
Summer Camp #5: Aug 1 - Aug 5
Fee: Call for Fee Information
Scholarships Available
Location: 1475 West Gray
Information: (713) 520-1220

Houston Area Parkinson Society

The Houston Area Parkinson Society's (HAPS) mission is to improve the quality of life for those affected by Parkinson's disease through services, education and advocacy. HAPS provides numerous programs and services for the Parkinson's community. Each week they provide 34 free physical, occupational, speech, water, Tai Chi, and other therapy groups. Free support groups are available for individuals with Parkinson's and caregivers to share their experiences in a warm, friendly environment. In addition, HAPS offers free transportation services to and from HAPS therapy sites and physician visits. Respite, social services and educational programs are also available.

Activity: Tai Chi & Exercise for Adults with Parkinson
Information: (713) 313-1652
www.hapsonline.org

The Arc of Greater Houston

The Arc of Greater Houston is a non-profit organization formed nationally in 1950 to advocate for the inclusion of people with mental retardation and other developmental disabilities in all aspects of society and is established at the national, state, and local levels. The Arc of Greater Houston works in collaboration with other agencies and organizations to facilitate the development of a wide array of options available to individuals and their families in the community.

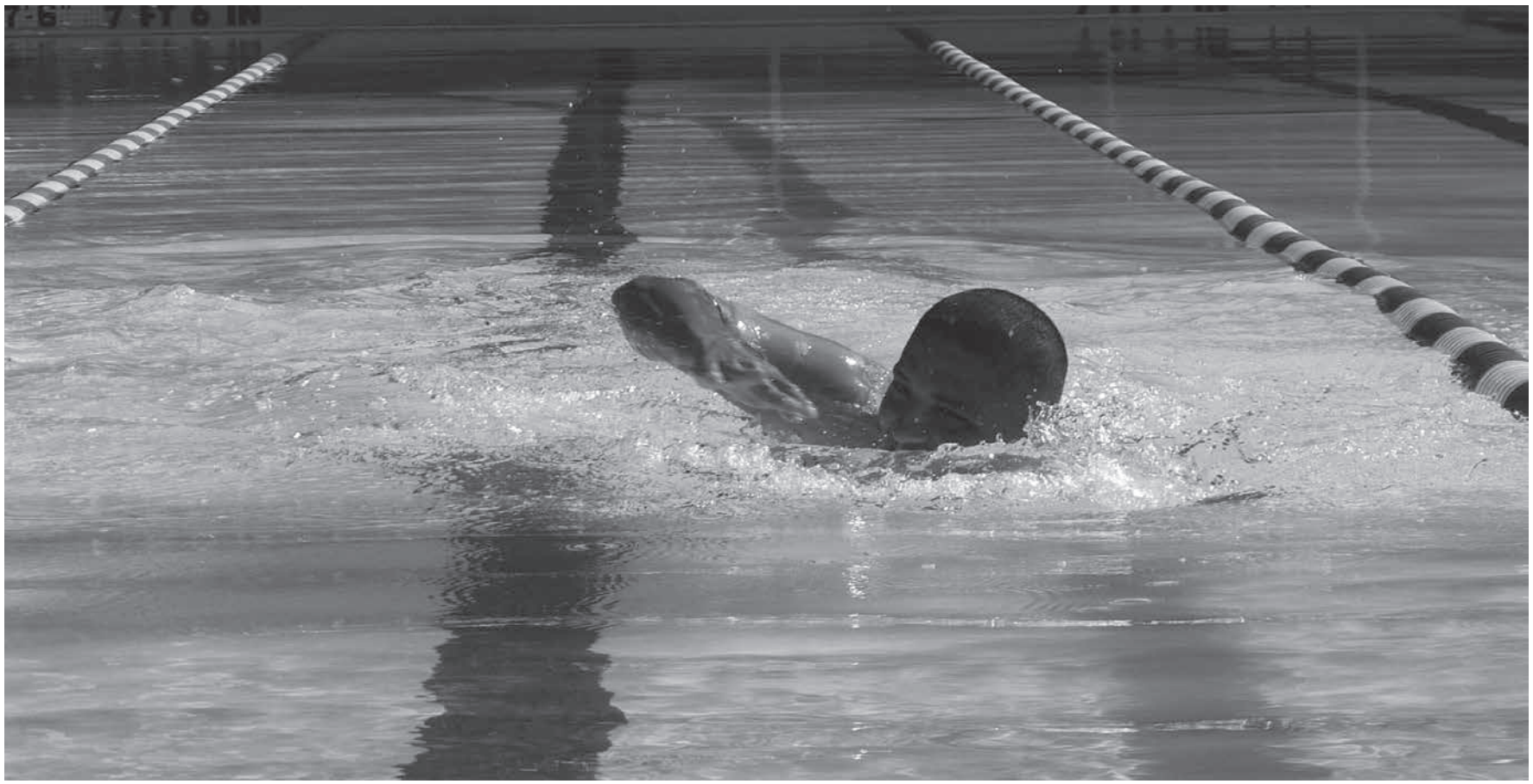
Activity: Monthly Dance/Social For Adults With Intellectual and Developmental Disabilities
Information: (713) 313-1652
www.thearcofgreaterhouston.com

Rolling Adaptive Workouts

This is a specialized program designed to enhance the overall fitness level and functional capacity of persons with a physical disability. Focus will be on all fitness components: Muscular strength and Endruance, Cardiovascular, Flexibility and Nutrition.

Date: June 3 - July 29, Fridays
Time: 5:00 pm - 7:00 pm
Fee: FREE
Location: Metropolitan Multi-Service Ctr
1475 West Gray
Information: (832) 822-0615
Kari Turybury, NJS, RD, 4
kjturybury@texaschildrens.org

SWIMMING POOLS



Swimming Pool - Summer Schedule

When school lets out for summer, City pools open to provide Safe and Fun swimming opportunities for all. With 37 outdoor swimming pools and 21 water spraygrounds there is sure to be one close-by for your family to enjoy. During the summer all HPARD pools are open Tuesday through Sunday with the exception of SwimWise sites*.

All public pools will be closed on Mondays throughout the summer.

Ages:	Open to all ages
Registration:	Daily sign-in required
Fee:	FREE
Program Dates:	May 28 – May 30, June 4 - August 12
Summer Schedule:	Tues - Sun 1:00 pm – 8:00 pm
	All HPARD Pools Closed On Mondays
July 4 Schedule:	Monday 1:00 pm – 5:00 pm
Location:	See Public Pool List
Information:	(832) 395-7129

SwimWise

SwimWise is a Houston Parks and Recreation Department free series of learn to swim classes offered for all ages and skill levels varying from beginner to advanced designed to teach swimming and water safety skills. Four sessions are. Classes meet on Tuesday, Wednesday, Thursday, and Friday for 30 minutes every day for two weeks. There are four 2-week sessions offered during the summer, with the exception of the Junior Lifeguard and Parent and Me classes. The Junior Lifeguarding and Parent and Me classes are offered as a ONE session during the summer for eight weeks and meet on the days scheduled.

Classes are FREE and space is limited on a "first-come, first-served" basis during specified registration periods.
Online Registration is required and begins at 8 am on registration date.

To register go to: www.houstonparks.org

Program Dates	Tuesday - Friday 10:00 am - 12:00 pm 1:00 pm - 6:00 pm
	Saturday 1:00 pm - 6:00 pm

CLOSED Sunday and Monday

Swimming Pool - Fall Schedule

When students make their way back to school public pools will operate on a reduced schedule. From August

13 to September 5 all pools will be closed Monday – Friday with the exception of Labor Day.

All HPARD pools will be open on Saturday and Sunday. Labor Day will be the last day HPARD pools will operate for the 2015 Summer Season.

Ages:	Open to all ages
Registration:	Daily sign-in required
Fee:	FREE
Program Dates:	Aug 13 - Sept 5
Fall Schedule:	Sat - Sun 1:00 pm – 8:00 pm
	All HPARD Pools Closed Mon through Fri
Labor Day Schedule:	Mon, Sept 5 1:00 pm – 6:00 pm
Location:	See Public Pool List
Information:	(832) 395-7129

Pool Locations

NORTHEAST

Greenwood (KM 497A)	602 Beresford, 77015	(713) 455-5165
Hobart Taylor (KM 455P)	8100 Kenton, 77028	(713) 673-3774
Moody (KM 453Y)	3201 Fulton, 77009	(713) 238-2215
Northline (KM 413W)	6911 Nordling, 77076	(713) 742-1512
Tidwell (KM 454D)	9720 Spaulding, 77016	(713) 633-1618
Tuffly (KM 494B) *	3200 Russell, 77026	(713) 674-3367

NORTHWEST

Agnes Moffit (KM 449R)	10645 Hammerly, 77043	(713) 468-5666
Independence Heights (KM 453N) *	603 East 35th, 77022	(713) 862-1284
Lincoln (KM 412Q)	1048 Grenshaw, 770 88	(281) 447-2525
Love (KM 452Z)	1000 West 12th, 77008	(713) 867-0490
Oak Forest (KM 452N)	1400 Du Barry Lane, 77018	(713) 684-1819
Schwartz (KM 451N)	8203 Vogue, 77055	(713) 973-6310
Stude (KM 493B)	1031 Stude, 77007	(713) 862-5762
T.C. Jester (KM 451M)	4205 T.C. Jester, 77018	(713) 686-6800

SOUTHEAST

Beverly Hills (KM 576S)	9800 Kingspoint, 77075	(713) 948-9063
Clinton (KM 495U)	200 Mississippi, 77029	(713) 675-9336
Cloverland (KM 573L)	11800 Scott, 77047	(713) 734-8948
Denver Harbor (KM 494H)	1020 Gazin, 77020	(713) 673-7140
DeZavala (KM 495S)	7521 Avenue H, 77012	(713) 923-7220
Eastwood (KM 494T)	5000 Harrisburg, 77011	(713) 923-8058
Emancipation (KM 533L)	3018 Dowling, 77004	(713) 284-1302
Finnigan (KM 494G)	4900 Providence, 77020	(713) 673-7311
George T. Nelson (KM 533L)	6900 La Salette, 77021	(713) 748-0449
Glenbrook (KM 535Q)	8201 North Bayou, 77017	(713) 645-7187
Judson Robinson, Sr. (KM 495L) *	1422 Ledwicke, 77029	(713) 672-8958
MacGregor (KM 534E)	5225 Calhoun, 77021	(713) 748-0317
Mason (KM 535A)	541 South 75th, 77023	(713) 928-4826
Reveille (KM 535S)	7700 Oak Vista, 77087	(713) 645-6544
Sagemont (KM 576Y)	11507 Hughes, 77089	(281) 922-2312
Sunnyside (KM 533X)	3502 Bellfort, 77051	(713) 734-0757
Wilson Memorial (KM 576G)	100 Gilpin, 77034	(713) 948-9051

SOUTHWEST

Alief (KM 599E) *	11903 Bellaire, 77072	(281) 983-8137
Memorial (KM 492K)	6402 Arnot, 77007	(713) 862-1426
Sharpstown (KM 530F)	6600 Harbor Town, 77036	(713) 272-3690
Townwood (KM 572P)	3402 Simsbrook, 77045	(713) 434-3531
Westbury (KM 531W)	10605 Mullins, 77096	(713) 723-2192
Windsor Village (KM 571P)	14441 Croquet, 77085	(713) 726-7112

* Note: These sites are HPARD SwimWise Sites. Swimise is a free series of learn-to-swim classes for all ages and skill levels. SwimWise Sites operate from 10:00 am - 12:00 pm and 1:00 pm - 6:00 pm Tues - Fri and on Sat. For more information visit www.houstonparks.org.

H2OSAFE Learn to Swim classes are offered at 3 levels and are designed to teach youth ages 6 – 13 basic swim skills, swim strokes, and water safety skills to help them become proficient at swimming. Each session meets Tuesday through Friday for two weeks (30 minute class). Classes are FREE and space is limited on a "first-come, first-served" basis during specified registration periods. Online Registration is required and begins at 8 am on registration date. To register go to www.houstonparks.org

Basic
Level 1
(Ages 6-13)

In H2OSafe Basics: Level 1, your child will learn to swim a basic Freestyle Stroke through a drill-oriented approach, coupled with unique skill progressions for the following: First-time Submersion, Breath Holding, Breath Control, Front Kicking, Back Kicking, In-line Kicking, Paddle Stroke, and Freestyle without side breathing.

Ages: 6 - 13
Prerequisite: None
Registration: www.houstonparks.org
Information: (832) 395-7129

Level 1 Session 1:	5:00 pm - 5:30pm
Registration Open:	May 30 - June 8
Program Dates:	June 14 - June 24
Level 1 Session 2:	5:00 pm - 5:30 pm
Registration Open:	June 13 - June 22
Program Dates:	June 28 - July 8
Level 1 Session 3:	5:00 pm - 5:30 pm
Registration Open	June 27 - July 6
Program Dates:	July 12 - July 22
Level 1 Session 4:	5:00 pm - 5:30 pm
Registration Open:	July 11 - July 20
Program Dates:	July 26 - Aug 6

Swim Strokes
Level 2
(Ages 6-13)

In H2OSafe Swim Strokes: Level 2, your child will learn how to swim the formal strokes of Freestyle with Side Breathing and Backstroke. The Freestyle Side Breathing skill may be the most important skill one learns in the learn-to-swim process. This class is drill-oriented with unique skill progressions for the following: Kicking with the Kickboard, Back Kicking, Streamline Kicking, Backstroke, and Freestyle.

Ages: 6 - 13
Prerequisite: Ability to swim comfortably 15 - 20 ft without aid of a flotation device and with face in water
Registration: www.houstonparks.org
Information: (832) 395-7129

Level 2 Session 1:	5:45 pm - 6:15 pm
Registration Open:	May 30 - June 8
Program Dates:	June 14 - June 24
Level 2 Session 2:	5:45 pm - 6:15 pm
Registration Open:	June 13 - June 22
Program Dates:	June 28 - July 8
Level 2 Session 3:	5:45 pm - 6:15 pm
Registration Open	June 27 - July 6
Program Dates:	July 12 - July 22
Level 2 Session 4:	5:45 pm - 6:15 pm
Registration Open:	July 11 - July 20
Program Dates:	July 26 - Aug 6

Advanced Swim Strokes
Level 3
(Ages 6-13)

In H2OSafe Advanced Swim Strokes: Level 3, your child will learn the advanced skills of Breaststroke and Butterfly, as well as refine and further develop the Freestyle and Backstroke; all classes are drill and technique-oriented. In this course your child will practice the following skills each lesson: Freestyle & Backstroke (minimal work for refinement purposes), Breaststroke Kick (Whip Kick), Breaststroke Arm Stroke, Breaststroke (Kick & Stroke Timing), Body Dolphin Butterfly Kick, Butterfly Arm Stroke, and Butterfly (Kick & Stroke Timing).

Ages: 6 - 13
Prerequisite: Ability to swim 25 ft of Backstroke and Freestyle with Side Breathing
Registration: www.houstonparks.org
Information: (832) 395-7129

Level 3 Session 1:	6:30 pm - 7:00 pm
Registration Open:	May 30 - June 8
Program Dates:	June 14 - June 24
Level 3 Session 2:	6:30 pm - 7:00 pm
Registration Open:	June 13 - June 22
Program Dates:	June 28 - July 8
Level 3 Session 3:	6:30 pm - 7:00 pm
Registration Open	June 27 - July 6
Program Dates:	July 12 - July 22
Level 3 Session 4:	6:30 pm - 7:00 pm
Registration Open:	July 11 - July 20
Program Dates:	July 26 - Aug 6

2015 H_2OSAFE Learn to Swim Class Sites

Class Sites	Address	Class Sites	Address	Class Sites	Address
Beverly Hills	9800 Kingspoint, 77075	Love	1000 West 12th, 77008	Schwartz	8203 Vogue, 77055
Cloverland	11800 Scott, 77047	MacGregor	5225 Calhoun, 77021	Sharpstown	6600 Harbor Town, 77036
Denver Harbor	4020 Gazin, 77020	Mason (Class 6 - 8 pm)	541 South 75th, 77023	Stude	1031 Stude, 77007
DeZavala	907 75th Street, 77012	Moody	3201 Fulton, 77009	T.C. Jester	4205 T.C. Jester, 77018
Glenbrook	8201 North Bayou, 77017	Northline	6911 Nordling, 77076	Townwood	3402 Simsbrook, 77045
Greenwood	602 Beresford, 77015	Oak Forest	1400 Du Barry Lane, 77018	Westbury (Class 4 - 6 pm)	10605 Mullins, 77096
Hobart Taylor	8100 Kenton, 77028	Reville	7700 Oak Vista, 77087	Wilson Memorial	100 Gilpin, 77034
Lincoln	1048 Greenshaw, 77088	Sagemont	11507 Hughes, 77089	Windsor Village	14441 Croquet, 77085

Summer Water Fitness Classes

Cool off this summer with a water fitness class! Water fitness is a great exercise for any age, any fitness level and any body type. No fee is charged. All enrollments are filled on a "first-come, first-served basis. Register online at www.houtsonparks.org or at pool prior to class. Classes are limited to a maximum of 20 participants per class. Aqua shoes, towel and a plastic bottle of water are recommended.

Adult Circuit Water Fitness (Ages 18 - Up)

Intensity: light to moderate
A combination of cardio, strength training and flexibility that takes you through a series of stations using effective circuit training principles and the latest aquatic equipment for a total body workout.

Ages:	18 - Older
Fee:	FREE
Registration:	www.houstonparks.org
Information:	(832) 395-7129

Agness Mofitt	10645 Hammerly, 77043
Class Days	Wed and Fri
Class Times	7:00 pm - 7:50 pm
Judson Robinson, Sr.	8100 Kenton, 77028
Class Days	Wed and Fri
Class Times	10:00 am - 10:50 am
MacGregor	5225 Calhoun, 77021
Class Days	Tues and Thurs
Class Times	9:00 am - 10:00 am
Mason	541 South 75th, 77023
Class Days	Wed and Fri
Class Times	5:00 pm - 5:50 pm
Townwood	3403 Simsbrook, 77051
Class Days	Tues - Fri
Class Times	7:10 pm - 8:00 pm
Westbury	10605 Mullins, 77076
Class Days	Tuesday
Class Times	6:30 pm - 7:30 pm

Silver Splash (Ages 55 - Up)

Intensity: light
A water fitness class for mature adults to gently stretch, flex, tone and socialize in shallow water.

Ages:	55 - Older
Fee:	FREE
Registration:	www.houstonparks.org
Information:	(832) 395-7129

Sunnyside	3502 Bellfort, 77045
Class Days	Tues - Fri
Class Times	5:00 pm - 5:50 pm

Adult Aquatic Dance (Ages 18 - Up)

Intensity: low to moderate
A combination of cardio, strength training, and flexibility using dance technique and rhythm to evoke creativity and focus. This is a total body workout.

Ages:	55 - Older
Fee:	FREE
Registration:	www.houstonparks.org
Information:	(832) 395-7129

TC Jester	4205 TC Jester, 77018
Class Days	Tues and Thurs
Class Times	7:10 pm - 8:00 pm

Aqua Zumba (Ages 18 - Up)

Intensity: low to moderate
A class that combines high energy and Latin music with movement in the water, a combination that helps participants dance away their worries while staying in shape.

Ages:	18 - Older
Fee:	FREE
Registration:	www.houstonparks.org
Information:	(832) 395-7129

Hobart Taylor	8100 Kenton, 77028
Class Days	Wed and Fri
Class Times	7:10 pm - 8:00 pm
Windsor Village	14441 Croquet, 77085
Class Days	Tues and Thurs
Class Times	7:10 pm - 8:00 pm
Westbury	10605 Mulling, 77096
Class Days	Tues and Thurs
Class Times	9:00 am - 10:00 am
Westbury	10605 Mullins, 77096
Class Day	Thurs
Class Times	6:30 pm - 7:30 pm

SWIMWISE

SwimWise is a Houston Parks and Recreation Department free series of learn to swim classes offered for all ages and skill levels varying from beginner to advanced designed to teach swimming and water safety skills. Four sessions are. Classes meet on Tuesday, Wednesday, Thursday, and Friday for 30 minutes every day for two weeks. There are four 2-week sessions offered during the summer, with the exception of the Junior Lifeguard and Parent and Me classes. The Junior Lifeguarding and Parent and Me classes are offered as a ONE session during the summer for eight weeks and meet on the days scheduled.

Classes are FREE and space is limited on a “first-come, first-served” basis during specified registration periods.
Online Registration is required and begins at 8 am on registration date. To register go to: www.houstonparks.org

Class Sessions and Dates

Session	Class Dates	Days	Online Registration Dates:
#1	June 14 - June 24	TUE - FRI	May 30 - June 8, 2016
#2	June 28 - July 8	TUE - FRI	June 13 - June 22, 2016
#3	July 12 - July 22	TUE - FRI	June 27 - July 6, 2016
#4	July 26 - August 5	TUE - FRI	July 11 - July 20, 2016

Parent & Me
For ages 12 months – 36 months
Prerequisite: None
Designed to increase a child’s confidence level in the water.
A parent or adult is required to be in class with child.

Class	Ages	Days	Time
Parent and Me	12-24 months	Saturday Only	5:00 pm - 5:30 pm
Parent and Me	25-36 months	Saturday Only	5:30 pm - 6:00 pm

SwimWise Basics: Level 1
For ages 3 to 13 years
Prerequisite: None
Basic Freestyle Stroke no side breathing. Skill progressions for: First-time Submersion, Breath Holding and Control; Front, Back, and In-line Kicking; and Paddle Stroke.

Class	Ages	Days	Time
Swimwise: Level 1	3-5 years	TUE - FRI	10:00 am - 10:30 am

SwimWise Basics: Level 2
For ages 3 to 13 years
Prerequisite: Able to comfortably swim 15-20 feet with face in the water and without the aid of a flotation device.

Formal Freestyle stroke with Side Breathing and Backstroke. Skill progressions for: Kicking with Kickboard, Back Kicking, Streamline Kicking, Backstroke, and Freestyle.

Class	Ages	Days	Time
Swimwise: Level 2	3-5 years	TUE - FRI	10:45 am - 11:15 am

SwimWise Basics: Level 3
For ages 3 to 13 years
Prerequisite: Able to swim 25 feet of Backstroke and Freestyle with the Side Breathing.

Advanced Breaststroke and butterfly skills while refining and developing both Freestyle and Backstroke.

Practice the following skills: Freestyle & Backstroke; Body Dolphin Butterfly Kick; Breaststroke Kick; Arm Stroke, Kick and Stroke Timing.

Class	Ages	Days	Time
Swimwise: Level 3	3-5 years	TUE - FRI	11:30 am - 12:00 pm

Junior Lifeguarding
For ages 13, 14, 15 & up

Prerequisite: Able to perform front crawl and breast stroke.

The Junior Lifeguarding classes focus on developing swimming skills to help participants meet the Lifeguarding course prerequisite and introduce them to lifesaving skills, such as in-water rescues, use of a rescue tube, and first aid, CPR and AED. Participants also have the opportunity to observe and learn from the lifeguards on duty.

Class	Ages	Days	Time
Swimwise: Junior Lifeguarding	13 - 15 years	TUE & THU	4:45 pm - 5:15 pm
Swimwise: Junior Lifeguarding	15 & up	WED & FRI	4:45 pm - 5:15 pm

Adult
For ages 14 and older

Prerequisite: None

Participants will learn how to swim the formal strokes of Freestyle with Side Breathing and Backstroke. Skill progressions for the following: Kicking with the Kickboard, Back Kicking, Streamline Kicking, Backstroke, and Freestyle.

Class	Ages	Days	Time
Swimwise: Junior Adultt	14 - Adult	TUE - FRI	5:30 pm - 6:00 pm

SwimWise classes will be offered at the following Aquatic Center Sites:

Alief	11903 Bellaire Blvd, 77072	(281) 983-8137
Independence Heights	603 E. 35th Street, 77072	(713) 862-1284
Judson Robinson Sr.	1422 Ledwicke Street, 77092	(713) 284-8948
Tuffly	3200 Russell, 77026	(713) 674-3367

WATER FITNESS SCHEDULE

The Houston Parks and Recreation Department Aquatic Fitness Program promotes the importance of staying fit and healthy. Three levels of classes at locations across the city will give you the opportunity to stay active and fit and to socialize with other adults in the cool water. The water fitness class consists of general exercise on shallow end of pool or more strenuous deep-water activity. All enrollments are filled on a “first come, first served” basis. Register online at www.houstonparks.org/aquatics or at the pool site. Classes are limited to a maximum of 20 participants per class at most pool sites. Aqua shoes, a towel, and a plastic bottle of water are recommended.

Adult Circuit Water Fitness:
A combination of cardio, strength training, and flexibility that takes you through a series of stations using effective circuit training principles and the latest aquatic equipment for a total body workout.

Intensity: light to moderate.

Adult Aquatic Dance:
A combination of cardio, strength training and flexibility using dance technique and rhythm to evoke creativity and focus. This is a total body workout.

Intensity: low to moderate.

Silver Splash:
A water fitness class for mature adults to gently stretch, flex, tone, and socialize in shallow water.

Intensity: light.

Adult Hydro Fitness Power Training:
An athletic approach to water fitness training with sports-specific drills, intense cardiovascular work, intervals, balance/core training, martial arts, and plyometrics. It’s a great way to improve your cardiovascular conditioning, muscular strength, and endurance with minimal stress on your joints. Loud, rocking music is a part of the workout. Also, recommended as a great form of cross training.

Intensity: moderate to hard.

Aqua Zumba:
Aqua Zumba combines high energy and Latin music unique moves and combinations in the water that allow participants to dance away their worries. It is based on the principle that a workout should be “fun and easy to do” allowing individuals to stick to the Zumba fitness program and achieve long term health benefits.

Intensity: light to moderate.

Pool	Location	Day	Time	Class
Agnes Moffitt	10645 Hammerly, 77043	W&F	7:00 pm - 7:50 pm	Adult Circuit Water Fitness
Denver Harbor	1020 Gazin, 77020	Sat	1:00 pm - 1:50 pm	Adult Circuit Water Fitness
Hobart Taylor	8100 Kenton, 77028	W &F	7:10 pm - 8:00 pm	Aqua Zuma
Jud. Robinson Sr.	1422 Ledwicke, 77029	W&F	10:00 pm - 10:50 pm	Adult Circuit Water Fitness
MacGregor	5225 Calhoun, 77021	T&TH	9:00 am - 10:00 am	Adult Circuit Water Fitness
MacGregor	5225 Calhoun, 77021	W&F	7:10 pm - 8:00 pm	Aqua Zumba
Mason	541 South 75th, 77023	W&F	5:00 pm - 5:50 pm	Adult Circuit Water Fitness
Sunnyside	3502 Bellfort, 77045	T-F	5:00 pm - 5:50 pm	Silver Splash
T.C. Jester	4205 T.C. Jester, 77018	T&TH	7:10 pm - 8:00 pm	Adult Aquatic Dance
Tidwell	9720 Spaulding, 77016	T&TH	10:00 am - 11:00 am	Adult Circuit Water Fitness
Townwood	3403 Simsbrook, 77051	T-F	6:30 pm - 7:30 pm	Adult Circuit Water Fitness
Westbury	10605 Mullins, 77096	T	6:30 pm - 7:30 pm	Adult Hydro Fitness Power Training
Westbury	10605 Mullins, 77096	T&TH	9:00 pm - 10:00 pm	Aqua Zumba
Westbury	10605 Mullins, 77096	TH	6:30 pm - 7:30 pm	Aqua Zumba
Windsor Village	14441 Croquet, 77085	T&TH	7:10 pm - 8:00 pm	Aqua Zumba

HPARD is currently working to fill several aquatic positions as rapidly as possible to safely operate all 37 aquatic centers this summer. If you or someone you know would like to apply for these positions please call (832) 395-7129. Applicants must be at least 16 years of age by May 31. Additional qualifications required.

HOUSTON PARKS AND RECREATION DEPARTMENT

Lifeguard Jobs

Aquatic Center Supervisors, Head Lifeguards and Lifeguards

Lifeguards working for the City of Houston HPARD are among the highest paid guards in the Greater Houston Area!

Requirements:

- Must be 16 years of age by May 31
- Must pass standard Lifeguard Swim Evaluation
- Must pass ARC Lifeguard Training course offered or approved by COH Aquatics Administration
- Must pass drug test and criminal history background check
- Must have reliable transportation

The following positions are available:

Lifeguard
Head Lifeguard
Aquatic Center Supervisor
For more information call (832) 395-7129

houston PARKS & recreation department
www.houstonparks.org
A CAPRA Accredited Agency

WATER SPRAYGROUNDS

The Houston Parks and Recreation Department's water playgrounds provide an engaging and interactive fun activity year-round for children, especially during the hot summer months. Water playgrounds have distinct advantages over swimming pools in that they are cost effective, low maintenance, and water-play activities extend well beyond normal pool season. Water playgrounds are controlled using a timer and touch-sensor. The timer is set for 12 hours of water activation. The touch-sensor turns on the water for a two to three minute cycle.

H-E-B Grocery Company has generously donated more than $1.1 million to the Houston Parks and Recreation Department through the Houston Parks Board Inc., to create and build additional water playgrounds in Houston city parks. These are brightly colored facilities featuring equipment that squirts, sprays, mists and shoots water. Children will be able to enjoy everything from oversized flowers that mist to a whale that spouts and squirts water and in-ground elements that resemble geysers.

Shady Lane Park

Aron Ledet Park (H.E.B.)
6500 Antoine
The Aron Ledet Park water sprayground's design appeals to park visitors with its brightly colored play surface and the inventive design of its spray fixtures.

Blueridge Park (H.E.B.)
5600 Court Road
The Blueridge Park water sprayground opened in July 2003. Its design incorporates a colorful play surface, a curved seating wall, and water fixtures designed to appeal to a child's sense of fun and whimsy.

Burnett Bayland Park
6200 Chimney Rock
This water sprayground has a multi-colored rubber surface, spray and ground features including three colorful arches, a flower, cactus, a spiral spray, and two water cannons.

Cullen Park (H.E.B.)
19008 Saums Road
The H-E-B Cullen Park water sprayground opened in August 2003. It features a colorful play surface, multiple geyser, and spray fixtures. It is within easy viewing of the picnic pavilion.

Dodson Lake Park (H.E.B.)
9010 Dodson
This H-E-B water sprayground's design includes a unique concentric circle splash pad that creates the illusion of ripples with geysers, pop-up sprays, tulip sprays, and a fan jet spray.

Edgewood Park (H.E.B.)
5803 Bellfort
This H-E-B water sprayground was built has brought a splash of fun to southeast Houston since June of 2003. Its design includes a brightly colored concrete play area, geysers and spray elements, and a curving seat wall.

Ervan Chew Park
4502 Dunlavy
Built in 2010, the sprayground at Ervan Chew Park is convenient to the playground, picnic area, soccer, and baseball fields, and the dog park.

Gutierrez Park (H.E.B.)
7900 Flaxman
This water sprayground features a large plaza with multiple ground sprays. The plaza is surfaced with colored concrete, and features a seat wall along one edge.

Hackberry Park
7777 Dairy Ashford
This 1,200-square foot spraygrounds brightly-colored areas equipped with turtles and lily pads that squirt, and spray water and mist, as well as in-ground geysers.

Herman Brown Park
400 Mercury Drive
The water sprayground features a large, vividly colored play area in the shape of a giant frog. Its gentle slope suggests a stream and interactive water geysers and spray elements spring up from the "stream." A covered picnic area with restrooms is adjacent to the sprayground.

Hermann Park
6100 Fannin
The water playground at Hermann Park features two large palm trees and a spiral provide a variety of water effects for all childrean to run through. Two large beaches create a sand play zone adjacent to the water play area.

Hidalgo Park (H.E.B.)
7000 Avenue Q
The 1,200-square foot sprayground features brightly colored recreational areas equipped with turtles and lily pads that squirt, spray water, and mist as well as in-ground geysers.

Hackberry Park

Nieto Park

Jaycee Park (H.E.B.)
1300 Seamist
The H-E-B Jaycee Park sprayground's timed spouts are surrounded by colorful, oversized butterflies, and leaves in the paved surface. Benches are placed around the site for seating.

Marian Park
11000 S. Gessner
The Marian Park sprayground includes three different areas of play, with individually operated spray features. An adjacent shade structure provides seating.

Melrose Park
12200 Melrose Park Road
The Melrose Park water sprayground features a multi-colored rubber surface and spray and ground features like a flower, cactus and an arch.

Montie Beach Park (H.E.B.)
915 Northwood
The Montie Beach water sprayground opened in 2006. Its beach theme includes a palm island, a whale sporting a spout spray at its hump, and multiple wave sprays that create a rolling "wave" effect.

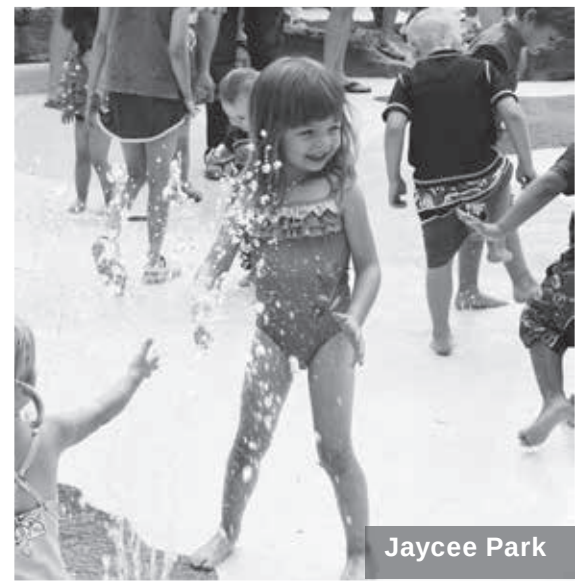
Nieto Park
500 Port
The Nieto Park Water sprayground is also designed with a beach theme in mind. It includes a wave of stairs, real palm trees, and plastic palm trees and other play items that spray water.

Park at Palm Center
5400 Griggs Road
The water sprayground at the Park at Palm Center was built in 2009. It is adjacent to the playground and picnic area in the park, and adds a wonderful recreational element to the neighborhood.

Settegast Park
3000 Garrow
Settegast Park sprayground includes a multi-colored rubber surface and spray ground features including a ground geyser, a bell-spray column, a misty arch, a magic touch bollard, a water trio, a donut, and a flower.

Shady Lane Park
10100 Shady Lane
The water sprayground at Shady Lane Park opened on Oct 10, 2013 during the National Recreation and Parks Association Congress and Expo. The sprayground was a part of the group's Parks Build Communities program. It features a small pond with water bubbling up from a couple of boulders. Amongst the various spray features an alligator head peeking above the blue concrete surface will delight the children at play. This sprayground connects with other play features to simulate a forest and wetlands area designed to connect children with nature.

Stuebner - Airline Park
9201 Veterans Memorial
The sprayground at Stuebner–Airline Park is approximately 1900 square feet. All spray features are surface-mounted in a combination of sprays and jets. The surface pattern is a combination of multi-colored circles and semi-circles. This sprayground also has two benches and a seating wall.


Jaycee Park

Tony Marron Park (H.E.B.)
808 N. York
The water play area at Tony Marron Park features a variety of ground sprays. A seat wall curves around the area, offering great views of the park and downtown. This project was funded through the Park People.

Wiley Park
1414 Gillette
The James Wiley water sprayground includes a multi-colored rubber surface and sprayground features such as a flower, rainbow, fire hydrant activator, raining buckets and an in-ground spray fountain. Other park improvements include benches, landscaping, drinking fountains, electrical work, and black vinyl coated chain link fence.

LAKE HOUSTON WILDERNESS PARK

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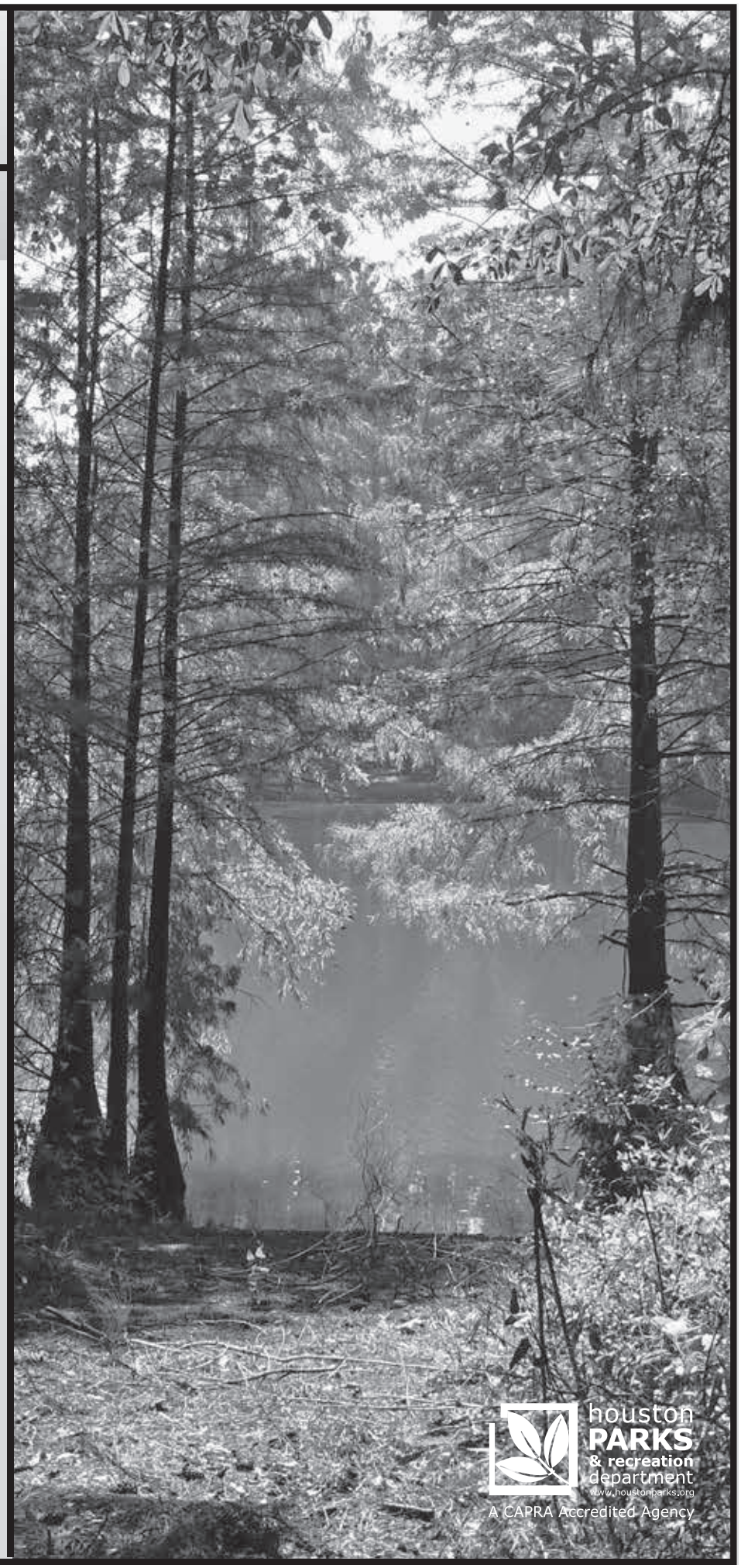

LAKE HOUSTON WILDERNESS PARK

Lake Houston Wilderness Park (LHWP) is a beautiful, lushly forested expanse of nearly 5,000 acres located four miles east of New Caney (approximately 30 miles north of Houston) off of Hwy-59. Lake Houston Wilderness Park is the only park in the department's inventory that allows overnight camping. It offers a variety of outdoor learning experiences for people of all ages including: camping, hiking, trail running, mountain biking, canoeing, kayaking, birding, fishing, and horseback riding (visitors must bring own bikes, fishing equipment, watercraft and horses). Most of the park is heavily forested with beautiful trails which provide a perfect setting for photography, nature study, bird watching and relaxing.

The Lake Houston Wilderness Park Nature Center is an incredible place to visit and learn about some of the woodland creatures that call LHWP home. Tour the Ecosystem Displays which include: the Wetlands Ecosystem Room featuring live fish, turtles, and amphibians; the Invertebrate Room, which features mounted insects of all types including moths, butterflies, spiders, beetles and more; the Reptile Room, containing specimens of both venomous and non-venomous snakes as well as several lizards; the Nature Center classroom; and, Eye on the Wilderness, an exciting visual display of local flora and fauna with sound effects. The LHWP Nature Center offers classes and programs for all ages; please see next pages for a list of classes. You can also contact the LHWP Park Naturalist, Brock Nedland at 281-354-0173 for more information.

Program Dates: Year Round

Location: 25840 FM 1485
New Caney, Texas 77357

Fees: Listed rental prices DO NOT include tax.
7:00 am – 6:00 pm, Sun - Thurs
7:00 am – 8:00 pm, Fri - Sat

Information/Reservations: (281) 399-8464
www.houstonparks.org

Fees
Please Note: A $125.00 security deposit is required for cabin and lodge rentals.

Park Entry Fee:	$3.00	Per Person, Ages 13-64
Forest Lodge: (Occupancy Up To 12)	$180.00	Per Night* Plus Entry Fee(s)
Lazy Creek Lodge: (Occupancy Up To 26)	$250.00	Per Night* Plus Entry Fee(s)
Lakeside Cabins: (Occupancy Up to 6)	$125.00	Per Night* Plus Entry Fee(s)
Lakeside Tent Platforms: (Occupancy Up To 6)	$35.00	Per Night Plus Entry Fee(s)
Screen Shelters: (Occupancy Up To 6)	$25.00	Per Night Plus Entry Fee(s)
Group Campsites: (Occupancy up to 50)	$40.00	Per Night Plus Entry Fee(s)
Walk-in Campsites: (Occupancy up to 8)	$7.00	Per Night Plus Entry Fee(s)
Backpacking Campsites: (Occupancy Up To 8)	$7.00	Per Night Plus Entry Fee(s)
Pine Grove Dining Hall	$100.00	Per Day Plus Entry Fee(s)

Lake Houston Wilderness Park Nature Center

All programs require a reservation unless noted. Please contact the LHWP Nature Center to make your reservation!

Hours: 9:00 am – 4:00 pm, Wed - Sun
Closed Monday - Tuesday

Park Naturalist Brock Nedland

Programs and day camp information/reservations, field trips, and presentations for schools, groups and other interested parties: (281) 354-0173

Sat, April 2 - 10:00 am - 11:30 am
Jr. Angler Education - All Ages
Join us and become a certified Jr. Angler. We will learn about tackle, tying knots, casting, bait, fishing regulations, and fishing safety. Then we will go fishing! If you do not have fishing equipment of your own, don't worry you can use ours.

Sat, April 2 - 2:00 pm - 3:00 pm
Animal Eyes - All Ages
Can your family dog see color? How do nocturnal animals see at night to hunt? Come discover how animals see their world!

Sat, April 9 – 10:00 am – 11:00 am
Snake! - All Ages
Come find out why snakes are important to the ecosystem and why a good snake ISN'T always a dead snake!

Sat, April 9 - 2:00 pm - 3:00 pm
Steam Ecology - All Ages
Join us as we use dip nets to catch freshwater invertebrates in order to determine the water quality in Peach Creek.

Sat, April 16 - 10:00 am – 11:00 am
Turtle Program - All Ages
There are more to turtles than you think! Come get a close up look while you learn about these fascinating creatures.

Sat, April 16 - 2:00 pm – 3:00 pm
Owl Pellet – All Ages
Do you know what an owl pellet is? Well this is the day for you to find out! We will dissect real owl pellets to discover the remaining bones inside and identify what owls eat!

Sat, April 23 - 10:00 am - 11:00 am
Scavenger Hunt - All Ages
No Reservation Required
Start your Scavenger Hunt at the Nature Center by picking up your list of things to find! Then enjoy the park during your search!

Sat, April 23 - 1:30 pm - 2:30 pm
Archery 101 – Ages 9 and older
Learn the basics of archery! We will discuss safety, equipment, and its appropriate use and correct form.

Sat, April 30 - 10:00 am - 11:00 am
Birding 101 - All Ages
Come with us and see what birds Lake Houston Wilderness Park has to offer! We'll teach you the basics of briding, and then take you on a hike to see what we can find.

Sat, April 30 - 2:00 pm - 3:00 pm
Orienteering for Beginners - Ages 12 and Older
Have you ever used a map and compass to find locations and plot an adventure? This program will teach the basics of just how to do that!

Sat, May 7 - 10:00 am - 11:00 am
Snake! - All Ages
Come find out why snakes are important to the ecosystem and why a good snake ISN'T always a dead snake!

Sat, May 7 - 2:00 pm – 3:00 pm
Owl Pellet – All Ages
Do you know what an owl pellet is? Well this is the day for you to find out! We will dissect real owl pellets to discover the remaining bones inside and identify what owls eat!

Sat, May 14 – 10:00 am - 11:00 am
Insect Exploration - All Ages
Learn about differences between species, adaptions insects have for survival and the important role they play to maintain a healthy environment! We will collect insects to bring back to the Nature Center for everyone to see and discuss!

Sat, May 14 - 1:30 pm - 2:30 pm
Archery 101 – Ages 9 and older
Learn the basics of archery! We will discuss safety, equipment, and its appropriate use and correct form.

Sat, May 21 - 10:00 am - 11:00 am
Steam Ecology - All Ages
Join us as we use dip nets to catch freshwater invertebrates in order to determine the water quality in Peach Creek.

Sat, May 21 - 2:00 pm - 3:00 pm
Animal Eyes - All Ages
Can your family dog see color? How do nocturnal animals see at night to hunt? Come discover how animals see their world!

Sat, May 28 - 10:00 am - 11:00 am
Geocaching 101 - All Ages
Learn the basics of geocaching with a GPS. Then try your skills on a course here at the park!

Sat, May 28 - 2:00 pm - 3:00 pm
Turtle Program - All Ages
There are more to turtles than you think! Come get a close up look while you learn about these fascinating creatures

Sat, June 4 - 10:00 am - 11:30 am
Jr. Angler Education - All Ages
Join us and become a certified Jr. Angler. We will learn about tackle, tying knots, casting, bait, fishing regulations, and fishing safety. Then we will go fishing! If you do not have fishing equipment of your own, don't worry you can use ours.

Sat, June 4 - 2:00 pm – 3:00 pm
Owl Pellet – All Ages
Do you know what an owl pellet is? Well this is the day for you to find out! We will dissect real owl pellets to discover the remaining bones inside and identify what owls eat!

Sat, June 11 - 10:00 am - 11:00 am
Scavenger Hunt - All Ages
No Reservation Required
Start your Scavenger Hunt at the Nature Center by picking up your list of things to find! Then enjoy the park during your search!

Sat, June 11 - 2:00 pm - 3:00 pm
Camping 101 – All Ages
Want to go camping, but don't know where to start? Join us as we learn all you need to know about camping! We'll be setting up a tent and learning how to build a fire.

Sat, June 11 - 7:00 pm - 8:00 pm
Bats Eat Bugs - All Ages
Learn about these fascinating creatures of the night while playing a game outside. Perfect activity for teenagers, families, or for the young at heart.

Sat, June 18 – 10:00 am - 11:00 am
Fly Fishing - Ages 12 and Older
Come join us as we teach you how to fly fish! We'll give you the knowledge and expertise to have you catching your own fish in no time. Personal equipment required.

Sat, June 18 – 2:00 pm - 3:00 pm
Fly Tying - Ages 12 and Older
Witness and practice how to tie Texas specific fly patterns by ex-fly fishing guide and Park Naturalist Brock Nedland. Bring your own vice and materials to participate, but everyone is welcome to come and observe.

Sat, June 25 - 10:00 am - 11:00 am
Scavenger Hunt - All Ages
No Reservation Required
Start your Scavenger Hunt at the Nature Center by picking up your list of things to find! Then enjoy the park during your search!

Sat, June 25 - 1:30 pm - 2:30 pm
Archery 101 – Ages 9 and older
Learn the basics of archery! We will discuss safety, equipment, and its appropriate use and correct form.

Sat, June 25 - 2:45 pm - 3:45 pm
Intermediate Archery – Ages 12 and Older
Already taken Archery 101? Ready to take your skill to the next level? This program will help you work on form and accuracy.

Sat, July 2 - 10:00 am - 11:00 am
Snake! - All Ages
Come find out why snakes are important to the ecosystem and why a good snake ISN'T always a dead snake!

Sat, July 2 - 2:00 pm - 3:00 pm
Arts and Crafts – All Ages
Join us as we take a break from hiking and the outdoors to explore our creative side! We'll be giving kids the tools they need to create nature friendly works of art.

Sat, July 9 - 10:00 am - 11:30 am
Jr. Angler Education - All Ages
Join us and become a certified Jr. Angler. We will learn about tackle, tying knots, casting, bait, fishing regulations, and fishing safety. Then we will go fishing! If you do not have fishing equipment of your own, don't worry you can use ours.

Sat, July 9 – 2:00 pm - 3:00 pm
Owl Pellet – All Ages
Do you know what an owl pellet is? Well this is the day for you to find out! We will dissect real owl pellets to discover the remaining bones inside and identify what owls eat!

Sat, July 16 - 10:00 am - 11:00 am
Scavenger Hunt - All Ages
No Reservation Required
Start your Scavenger Hunt at the Nature Center by picking up your list of things to find! Then enjoy the park during your search!

Sat, July 16 - 2:00 pm - 3:00 pm
Animal Eyes - All Ages
Can your family dog see color? How do nocturnal animals see at night to hunt? Come discover how animals see their world!

Sat, July 16 - 7:00 pm - 8:00 pm
Owl Prowl - All Ages
Who? Who? Who wants to go on a night hike in search of owls? We are taking Magnolia Trail and using owl calls to see if our resident owls talk back.

Sat, July 23 - 10:00 am - 11:00 am
Steam Ecology - All Ages
Join us as we use dip nets to catch freshwater invertebrates in order to determine the water quality in Peach Creek.

Sat, July 23 - 2:00 pm - 3:00 pm
Amazing Amphibians - All Ages
Frogs, toads, and salamanders are all amphibians! Come learn the lives and characteristics of amazing amphibians!

Sat, July 30 - 10:00 am - 2:00 pm
Scavenger Hunt - All Ages
No Reservation Required
Walk in available from 10:00 am to 2:00 pm.
Start your Scavenger Hunt at the Nature Center by picking up your list of things to find! Then enjoy the park during your sear

Sat, Aug 6 - 10:00 am - 11:00 am
Snake! - All Ages
Come find out why snakes are important to the ecosystem and why a good snake ISN'T always a dead snake!

Sat, Aug 6 - 2:00 pm - 3:00 pm
Animal Eyes - All Ages
Can your family dog see color? How do nocturnal animals see at night to hunt? Come discover how animals see their world!

Sat, Aug 13 - 10:00 am - 11:00 am
Geocaching 101 - All Ages
Learn the basics of geocaching with a GPS. Then try your skills on a course here at the park!

Sat, Aug 13 – 2:00 pm - 3:00 pm
Owl Pellet – All Ages
Do you know what an owl pellet is? Well this is the day for you to find out! We will dissect real owl pellets to discover the remaining bones inside and identify what owls eat!

Sat, Aug 20 - 10:00 am - 11:00 am
Birding 101 - All Ages
Come with us and see what birds Lake Houston Wilderness Park has to offer! We'll teach you the basics of briding, and then take you on a hike to see what we can find.

Sat, Aug 20 - 2:00 pm - 3:00 pm
Turtle Program - All Ages
There are more to turtles than you think! Come get a close up look while you learn about these fascinating creatures

Sat, Aug 27 - 10:00 am - 11:00 am
Amazing Amphibians - All Ages
Frogs, toads, and salamanders are all amphibians! Come learn the lives and characteristics of amazing amphibians!

Sat, Aug 27 - 2:00 pm - 3:00 pm
Arts and Crafts – All Ages
Join us as we take a break from hiking and the outdoors to explore our creative side! We'll be giving kids the tools they need to create nature friendly works of art.

TENNIS

HPARD operates three centers each complete with a pro shop as well as locker and shower facilities that are available for a nominal fee. Lessons can be scheduled with center staff. Tournaments, leagues, corporate outings services and other events can be scheduled by calling any of the centers. For general tennis information as well as information on youth tennis programs, call (832) 395-7561.

PLEASE NOTE: Prices are subject to change. Hours are as indicated unless otherwise posted.

Memorial Park Tennis Center

The Memorial Park Tennis Center provides 18 courts plus a practice wall. Fees listed are per court for 1½ hours of use. A Smoothie King concession is located inside the pro shop.

Program Dates: Year-round
Time: 6:00 am - 9:00 pm, M-F
7:00 am - 6:00 pm, Sat - Sun
Location: Memorial Park (KM492F)
1500 Memorial Loop Drive, 77007
Information: (832) 395-7556

Fees	
Weekday Reserved (M-F) : Before 6:00 pm	$ 4.00
Evening and Weekend Reserved :	$ 6.00
Tournaments and Leagues :	$ 7.00

Lee LeClear Tennis Center

The Lee LeClear Tennis Center is located in southwest Houston. It provides 26 courts plus 2 practice walls. Fees listed are per court for 1½ hours of use.

Program Dates: Year-round
Time: 7:30 am - 9:00 pm, M - F
7:30 am - 6:00 pm, Sat - Sun
Location: Lee LeClear (KM 530T)
9506 S. Gessner, 77074
Information: (713) 272-3697

Fees	
Weekday Reserved (M-F) : ***Before 6:00 pm***	$ 4.00
Evening and Weekend Reserved:	$ 6.00
Tournaments and Leagues:	$ 7.00

Homer Ford Tennis Center

The Homer Ford Tennis Center is located in MacGregor Park. It provides 16 courts plus a practice wall. Fees listed are per court for 1½ hours of use.

Program Dates: Year-round
Time: 7:30 am - 9:00 pm, M - F
7:30 am - 6:00 pm, Sat - Sun
Location: MacGregor Park (KM 534E)
5225 Calhoun, 77021
Information: (713) 842-3460

Fees	
Weekday Reserved (M-F) : ***Before 6:00 pm***	$ 3.00
Evening and Weekend Reserved:	$ 5.00
Tournaments and Leagues:	$ 6.00

NEIGHBORHOOD TENNIS COURTS

Tennis Office (832) 395-7561

HPARD's neighborhood tennis courts are open to the public on a first come, first served basis. Play is limited to one hour when others are waiting. There is no fee required to use neighborhood tennis courts unless a reservation is made requiring a permit.

- **No one is allowed to give tennis lessons or offer structured tennis activities without the written authorization of the Houston Parks and Recreation Department.**
- **Tennis courts are for tennis use only.**

PARK	LOCATION	NO.	LIGHTS	WALL
Alief (KM 529E)	11903 Bellaire Blvd, 77072	4	Yes	1
Anderson (KM 491X)	5701 Beverlyhill, 77057	2	Yes	
Bendwood (KM 489D)	12700 Kimberley, 77024	2	Yes	1
Beverly Hills (KM 576S)	10201 Kingspoint, 77075	1	No	
Bonham (KM 530Q)	8401 Braes Acres, 77074	2	Yes	
Briarmeadow (KM 490Z)	7703 Richmond, 77063	2	Yes	
RL & Cora Johnson (KM 450A)	9920 Porto Rico, 77041	2	Yes	
Charlton (KM 535P)	8200 Park Place, 77017	2	Yes	
Cherryhurst (KM 492V)	1700 Missouri, 77006	1	Yes	1
Chimney Rock (KM 571B)	11655 Chimney Rock, 77035	2	Yes	
Cleveland (KM 492M)	200 Jackson Hill, 77007	2	No	
Clinton (KM 495U)	200 Mississippi, 77029	2	Yes	
Cloverland (KM 573L)	3801 Hickok, 77047	2	Yes	
Cole Creek (KM 411W)	7200 Drowsy Pine, 77092	2	No	
Crestmont (KM 574J)	5100 Selinsky Rd, 77048	2	Yes	1
Dodson Lake (KM 454F)	9010 Dodson, 77093	2	Yes	1
Dow (KM 535X)	7942 Rockhill, 77061	3	Yes	1
Eastwood (KM 494T)	5000 Harrisburg, 77011	2	Yes	
Finnigan (KM 494G)	4900 Providence, 77020	2	Yes	
Fleming (KM 532D)	1901 Sunset Blvd, 77005	2	Yes	
Freeway Manor (KM 576F)	2241 Bronson/2300 Theta, 77034	1	Yes	
Grady (KM 491Q)	1700 Yorktown, 77056	1	Yes	
Graham (KM 452R)	540 West 34th St, 77018	1	Yes	
Greenwood (KM 497A)	602 Beresford, 77015	2	Yes	
Grimes (KM 573D)	5150 Reed Rd, 77033	2	Yes	
Hager (Lee) (KM 571A)	12100 Landsdowne, 77035	1	Yes	1
Halbert (KM 453S)	200 East 23rd St, 77008	1	Yes	
Hartman (KM 535C)	9311 Avenue P, 77012	2	Yes	
Haviland (KM 570H)	11600 Haviland, 77035	2	Yes	
Herman Brown (KM 456X)	400 Mercury Drive, 77013	4	Yes	
Highland (KM 451D)	3316 DeSoto, 77091	2	Yes	1
Hutcheson (KM 454U)	5400 Lockwood, 77026	1	Yes	
Ind Heights (KM 453N)	601 East 35th St., 77022	1	Yes	
Ingrando (KM 535E)	7302 Keller, 77012	2	Yes	
Jaycee (KM 452W)	1300 Seamist, 77008	2	Yes	1
Karl Young (KM 532J)	7800 Stella Link, 77025	1	Yes	
Keith-Wiess (KM 413M)	12300 Aldine-Westfield, 77093	2	Yes	
Law (KM 534Y)	6200 Scarlet / 6100 Vassar, 77033	2	Yes	1
Lincoln (KM 412Q)	979 Grenshaw, 77088	1	Yes	
Linkwood (KM 532P)	3699 Norris, 77025	2	Yes	1
Mangum Manor (KM 451L)	5235 Saxon, 77092	1	Yes	1
Mason (KM 535A)	541 South 75th St./Tipps, 77023	2	Yes	
Meadowcreek Village (KM 536S)	5333 Berry Creek, 77017	2	Yes	

PARK	LOCATION	NO.	LIGHTS	WALL
Melrose (KM 413T)	12200 Melrose Park Rd., 77076	4	Yes	
Meyerland (KM 531Q)	5151 Jason, 77096	2	Yes	
Milby (KM 535G)	2001 Central, 77017	2	Yes	
Milroy (KM 452Z)	1205 Yale, 77008	1	Yes	
Montie Beach (KM 453X)	915 Northwood, 77009	2	Yes	1
Moody (KM 453Y)	3725 Fulton, 77009	2	Yes	
Nieto (KM 495A)	500 Port, 77020	1	Yes	
Northline (KM 413W)	6902 Nordling, 77076	2	Yes	
Nottingham (KM 489E)	14205 Kimberley, 77079	2	Yes	1
Oak Forest (KM 452N)	2100 Judiway, 77018	2	Yes	
Proctor Plaza (KM 453X)	803 W. Temple, 77009	1	Yes	
Gail Reeves (KM 531N)	8800 Mullins, 77096	2	Yes	1
River Oaks (KM 492S)	3600 Locke Lane, 77027	4	No	
J Robinson, Sr. (KM 495L)	1422 Ledwicke, 77029	1	Yes	
Sagemont (KM 576Y)	1507 Hughes, 77089	2	Yes	
Scenic Woods (KM 415W)	449 Lakewood, 77017	2	Yes	
Schwartz (KM 451N)	8203 Vogue, 77055	2	Yes	
Settegast (KM 494N)	3001 Garrow, 77003	1	Yes	
Sharpstown (KM 530F)	8200 Bellaire Blvd, 77036	2	Yes	
Smokey Jasper (KM 415A)	13400 River Trail Rd, 77050	2	Yes	
Spotts (KM 493J)	401 S. Heights Blvd, 77007	2	Yes	
Sunnyside (KM 533X)	3502 Bellfort, 77051	2	Yes	
J Robinson, Sr. (KM 495L)	1422 Ledwicke, 77029	1	Yes	
Sagemont (KM 576Y)	1507 Hughes, 77089	2	Yes	
Scenic Woods (KM 415W)	449 Lakewood, 77017	2	Yes	
Schwartz (KM 451N)	8203 Vogue, 77055	2	Yes	
Settegast (KM 494N)	3001 Garrow, 77003	1	Yes	
Sharpstown (KM 530F)	8200 Bellaire Blvd, 77036	2	Yes	
Smokey Jasper (KM 415A)	13400 River Trail Rd, 77050	2	Yes	
Spotts (KM 493J)	401 S. Heights Blvd, 77007	2	Yes	
Sunnyside (KM 533X)	3502 Bellfort, 77051	2	Yes	
Tanglewood (KM 491K)	5801 Woodway, 77057	2	Yes	
Tidwell (KM 454D)	9720 Spaulding, 77016	2	Yes	
Townwood (KM 572P)	3403 Simsbrook, 77045	1	Yes	
Walter Jones (KM 575T)	8000 Coastway Lane, 77075	2	Yes	
Westbury (KM 531W)	5635 Willowbend, 77096	2	Yes	
Westwood (KM 532S)	4045 Lemac, 77025	2	Yes	
Willow (KM 531Z)	10400 Cliffwood, 77035	2	Yes	1
Wilson Memorial (KM 576G)	100 Gilpin, 77034	2	Yes	
Windsor Village (KM 571P)	14441 Croquet, 77085	2	Yes	
Winzer (KM 412S)	7300 Carver/Dolly Wright, 77088	2	Yes	
Woodland (KM 493C)	212 Parkview, 77009	1	Yes	
Zollie Scales (KM 533P)	501 Corder, 77021	1	Yes	

Houston's 14th Annual

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Houston Golf Association

WILDCAT GOLF CLUB

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GOLF COURSES

The Houston Parks and Recreation Department provides 7 challenging golf courses for citizens' enjoyment. From the highly acclaimed Memorial Park (the #1 municipal course in the state!), to the well maintained and lower priced Brock Park and Gus Wortham Park Glenbrook courses, there is something for every golfer.

Memorial, Hermann, and Gus Wortham are all located inside the loop. Sharpstown, one of Houston's most popular and most walkable courses, is close in on the Southwest side. Brock offers opportunities to Northeast golfers, while Glenbrook provides a venue in the Southeast area of the City. Melrose, in the North Central part of the city, offers a chance to practice short-game skills with its 18 par -3 holes. All courses except Glenbrook have driving ranges. All have practice putting and chipping greens. Pro shops are available at all courses. Dining facilities are available at all courses except Melrose.

All courses are non-metal spike facilities. Weekday fees apply Monday through Thursday. Weekend fees apply Friday through Sunday, and all city holidays. Junior (under 18) and Senior (65 - older) rates are offered on weekdays only. Twilight start times vary by season and courses. Call individual courses for more information. For tee time reservations log on to www.houstonparks.org and access the tee time reservation system. This innovative tee time system includes Memorial, Sharpstown, Brock, and Gus Wortham Glenbrook. For tee times at other courses call the pro shop. For information on all the courses, visit www.houstonparks.org. Lessons from qualified instructors are available at all courses. Tournament and corporate outings may be scheduled by calling any of the courses.

Memorial Park Golf Course

Memorial Park Golf Course began in 1923 as a 9-hole sand green course built near the hospital at Camp Logan. In 1935, in an ambitious effort to enhance parks across the city, the Houston Parks and Recreation Department began constructing an illustrious18-hole golf course. In July of 1936, the first ball was teed off on what architect John Bredemus called his "greatest golf course ever."

Through the years, Memorial Park Golf Course hosted many famous golfers like Arnold Palmer, Babe Didrikson, and Charlie Sifford. It also hosted the Houston Open PGA Tour event from 1951 to 1963. In 1995, a newly renovated 260-acre course opened with a lighted driving range, putting and chipping greens, and a beautiful new clubhouse facility featuring an expanded pro shop and a Beck's Prime Restaurant.

Today, Memorial Park Golf Course is known as one of the best municipal courses in the nation and is visited by more than 60,000 patrons each year. Houston is proud to call Memorial Park Golf Course the crown jewel of Memorial Park. Memorial Park Golf Course is closed on Tuesdays. Tee times are available online at www.houstonparks.org. Click on the golf link and choose "Online Tee Times" to access the tee time reservation system.

Location:	Memorial Park (KM 492F) 1001 Memorial Loop, 77007
Information:	(713) 862-4033
Yardage / Par:	7309 / 72
Hours:	Dawn - 10:00 pm

Fees

Junior (Mon - Thur Only):	$10.00
Senior/Disabled (Mon - Thur):	$15.00
Mon - Thur:	$30.00
Fri - Sat & Holidays:	$38.00
Mon - Thur Twilight:	$21.00
Fri - Sun Holiday Twilight:	$28.00

Memorial Park Golf Course

Hermann Park Golf Course

Hermann Park Golf Course is a jewel nestled in the center of the Bayou City. Since 1922, this lush parkland course has been at the center of a rich tradition of golfing excellence. The course was fully renovated in 1998. The new clubhouse is located at the corner of Almeda and North MacGregor and from there you set out on this short but challenging and enjoyable course. Water toughens the course, coming into play on half the holes.

You'll find no more enjoyable way to experience George Hermann's legacy than playing this 18-hole oasis in the very heart of Houston.

Hermann has a driving range, practice putting green, pro shop and complete snack bar. The Hermann Park Golf Course is managed for HPARD by BSL Golf Corp. Sales tax is additional on all fees. Carts required weekend mornings. Tee times are available online at www.houstonparks.org. Click on the golf link and choose Calendar of Events:
Hermann Park Golf Course to access the Hermann Park Golf Course website.

Location:	Hermann Park (KM 533A) 2155 N. MacGregor, 77030
Information:	(713) 526-0077
Yardage / Par:	6014 / 70
Hours:	7:00 am - 9:00 pm

Fees

Junior (Mon - Thur Only):	$ 8.00
Senior/Disabled (Mon - Thur):	$12.00
Mon - Thur:	$21.50
Fri - Sun & Holidays:	$30.64
Mon - Thur Twilight:	$14.34
Fri - Sun Holiday Twilight:	$18.78
Fri - Sun Holiday Twilight 2:	$14.00

Sharpstown Park Golf Course

Welcome to Sharpstown Park Golf Course, Houston's "Best Golfing Value." Sharpstown has earned this reputation by providing outstanding customer service and excellent facility conditions, while offering some of the lowest fees in the Gulf Coast area.Sharpstown Golf Course is located in the heart of southwest Houston, one mile west of Hwy 59 and just 1 block north of Bellaire Blvd. on Harbor Town Drive. Sharpstown's convenient location allows for quick access from anywhere in the greater Houston area. Recent improvements at Sharpstown include new cart paths, improved drainage, and resurfaced greens with high quality mini-verde ultra-dwarf bermuda. The 18 hole, par 70 course has 4 sets of tees, allowing moderate degrees of difficulty for the novice and beginner, yet enough length (6,660 from the back tees) to test the avid and skilled player.

Sharpstown's amenities include a driving cage for practice or warming up, 2 putting greens, a chipping green, full service pro shop, cafe and beverage cart and golf professionals who are available for lessons. Tee times are available online at www.houstonparks.org. Click on the golf link and choose "Online Tee Times" to access the tee time reservation system.

Location:	Sharpstown Park (KM 530F) 6660 Harbor Town, 77036
Information:	(713) 988-2099
Yardage / Par:	6600 / 70
Hours:	Dawn - Dusk

Fees

Junior (Mon - Thur Only):	$ 8.00
Senior/Disabled (Mon - Thur):	$13.00
Mon - Thur:	$18.00
Fri - Sun & Holidays:	$26.00
Mon - Thur Twilight:	$15.00
Mon - Thur Twilight 2:	$13.00
Fri - Sun Holiday Twilight:	$20.00
Fri - Sun Holiday Twilight 2:	$16.00

Brock Park Golf Course

Brock Park is one of Houston's "Best Kept Secrets." Quietly tucked in northeast Houston, far from the noise, but less than 20 minutes from downtown, this tree-lined course has been one of the City's fine municipal courses since 1972. Brock plays to 6,427 yards with elevation changes unlike most courses in the area. It combines risk and reward on many holes, and requires good shot selection and execution on others. Greens Bayou comes into play on 4 holes, and creeks cross 4 others. Good scores can be found at Brock, provided you stay out of the trees!

A driving range is available for practice or for warming up. Additional practice areas include a putting green, chipping green and practice bunker. The pro shop staff is available for lessons. Brock Park is a non-metal spike facility with a fully stocked pro shop and snack bar. Visit www.houstonparks.org for tee times. Click on the golf link and choose "Online Tee Times" to access the tee time reservation system.

Location:	Brock Park (KM 456E) 8201 John Ralston Road
Information:	(281) 458-1350
Yardage / Par:	6427 / 72
Hours:	Dawn - Dusk

Fees

Junior (Mon - Thur Only):	$ 7.00
Senior/Disabled (Mon - Thur):	$10.00
Mon - Thur:	$16.00
Fri - Sun & Holidays:	$23.00
Mon - Thur Twilight:	$13.00
Mon - Thur Twilight 2:	$10.00
Fri - Sun Holiday Twilight:	$17.00
Fri - Sun Holiday Twilight 2:	$13.00

Melrose Park Golf Course

Melrose Park Golf Course is one of the few 18 hole par-3 golf courses in the state and it is lighted for night play! Located on Canino Road, between Airline Drive and the Hardy Toll Road, Melrose also offers a lighted driving range with a grass hitting area, chipping green, practice bunker and practice putting green. With holes ranging in length from 70 yards to 145 yards, you will get the opportunity to work on all aspects of your short iron game. Imagine being able to play 18 holes in less than 2 hours and have a chance for a hole-in-one on every hole!

Melrose is managed for HPARD by Walton Golf Enterprises. Individual lessons and group clinics are available. Summer hours are from 8:00 am to 9:00 pm. Contact the course for further information.

Location:	Melrose Park (KM 413T) 401 Canino, 77076
Information:	(281) 931-4666
Yardage / Par:	2250 / 54
Hours:	Dawn - Dusk

Fees

Junior (Weekday Only):	$ 6.00
Senior/Disabled (Weekday Only):	$ 6.00
Weekday (Mon - Thur):	$10.00
Weekday Night:	$11.00
Weekday/Holiday (Fri - Sat):	$12.00
Weekday/Holiday Night:	$13.00

Glenbrook Park Golf Course

Glenbrook Park Golf Course is located in the Hobby Airport area, south/ southeast of downtown Houston. Located along Sims Bayou, Glenbrook has 7 holes that cross the waterway. Recent improvements at Glenbrook include new tees on many holes, expanding the distance from the rear tees Glenbrook Golf Course is located on the Southeast side of town just outside the 610 Loop off of I-45. The City of Houston Parks and Recreation Department acquired Glenbrook Golf Course in 1941. Glenbrook is well known for having to hit over Sims Bayou on 6 holes. The golf course is not extremely long but accuracy is a must off of the tee. The greens are small targets requiring great accuracy with the irons. Many of the greens have challenging slopes putting a premium on putting.

The clubhouse and golf course have been renovated.
The bunkers on the golf course have been reworked.
The clubhouse has a stocked pro shop and the café will have hot and cold food items for your enjoyment while playing a relaxing round of golf at Glenbrook Golf Course.

Come out and see the changes and enjoy the golf course!

Glenbrook is managed for HPARD by Lopez Golf Management.

Tee times are available by phone on Thursday morning at 7:00 a.m. for Friday, Saturday and Sunday starting times. Sales tax on all fees is additional.

For tee time reservations log on to www.houstonparks.org and access the tee time reservation system.

Location:	Glenbrook Park (KM 535Q) 8205 Bayou Drive, 77017
Information:	(713) 649-8089 x 3813
Yardage / Par:	6520 / 71
Hours:	Dawn - Dusk

Fees

Junior (Mon - Thur Only):	$ 7.00
Senior/Disabled (Mon - Thur):	$10.00
Mon - Thur:	$16.00
Fri - Sun & Holidays:	$23.00
Mon - Thur Twilight:	$13.00
Fri - Sun & Holiday Twilight:	$17.00

Gus Wortham Park Golf Course

Come play on living history. Gus Wortham opened in 1908 as the original Houston Country Club. Today, Gus Wortham is the oldest continually operating 18 hole course in the state. Gus Wortham provides challenges not regularly found in Houston. Elevated tees and uphill carries to greens make you use all your clubs. The course is relatively wide open, making it attractive for all levels of golfers.The front 9 features 3 consecutive par 5 holes, 2 of which you may want to go for in 2. Your shot-making skills will be tested on several of the “short but challenging” par 4 holes. Playing to more than 6,400 yards, Gus Wortham is a fun course, located only minutes from downtown and inside the loop. A full driving range is available for practice or warming up. Additional practice areas include a putting green, chipping green and practice bunker. The pro shop staff are available for lessons. Gus Wortham has a fully stocked pro shop and full snack bar.

Tee times are available online at:

www.houstonparks.org

Click on the golf link and choose “Online Tee Times” to access the tee time reservation system.

Gus Wortham is managed for HPARD by The Houston Golf Association.

PARK VOLUNTEER PROGRAMS

Every year HPARD depends on hundreds of volunteers of all ages to assist in a variety of programs and activities from coaching youth sports teams to cleanup projects in neighborhood parks. We encourage individuals, businesses, youth and adult organizations and corporate sponsors to learn more about all the volunteer opportunities available with the department. Make a difference in your community, in the lives of children and in our park programs. Get involved and volunteer today!

Greenspace Volunteer Programs

Green Team Volunteer Program

Green Team Volunteers provide landscaping maintenance and improvements, tree planting, park and/or bayou de-littering, and help with beautification projects. Individuals, businesses, youth and adult organizations and corporate sponsors are all encouraged to participate in this program.

All volunteers must complete a volunteer waiver form for each event.

Ages: Youth - Adult
Varies With Project

Registration: (832) 395-7280
(832) 395-7270

Eagle Scout Projects

HPARD welcomes project submission from Eagle Scout candidates for projects involving green spaces, youth sports programs and community centers.

Ages: 18 - older
Registration: (832) 395-7280

Internship Program

HPARD provides a professional environment in which undergraduate, graduate and post-graduate students may acquire experience, which relates to their academic course of study.

The internship program is open to all students from an accredited college or university who are seeking and actively pursuing a career in the fields of recreation, park management or other related professions.

Ages: 18 - older
Registration: (832) 395-7112

Facilities, Management and Development

Internship Program

HPARD provides a professional environment in which undergraduate, graduate and post-graduate students may acquire experience, which relates to their academic course of study.

The internship program is open to all students from an accredited college or university who are seeking and actively pursuing a career in the fields of recreation, park management, landscape architecture, planning, GIS and other related fields.

Ages: 18 and older
Registration: (832) 395-7037

7

Recreation and Wellness Volunteer Programs

Volunteer at your area community center! You can gain valuable experience in the recreational field, explore a potential career option, develop personal and professional skills while giving back to your community.

Teen Volunteer Programs

Volunteer opportunities include: Summer Enrichment Program Assistance, Office Assistant and acting as a Receptionist.

No experience is necessary. All teen volunteers are required to complete a Teen Volunteer Application Form before volunteering.

Ages: 14 - 17
Registration: Ongoing
During Community Ctr Hours
Program Dates: Ongoing
Location: All HPARD Community Ctrs
Information: (832) 395-7280
(832) 395-7270

Adult Volunteer Program

Volunteer opportunities include: Summer Enrichment Program Assistance, Office Assistant Chaperone on youth field trips and Receptionist duties.

No experience is necessary. Each Adult Volunteer must complete an Adult Volunteer Application Form before volunteering.

All applicants must pass a Background Check before being accepted as a volunteer.

Ages: 18 - older
Registration: Ongoing
During Community Ctr Hours
Program Dates: Ongoing
Location: All HPARD Community Ctrs
Information: (832) 395-7280
(832) 395-7270

Athletic Team Volunteer

Team volunteers serve as coaches, assistant coaches or provide support to youth participating in Grand Slam for Youth Baseball and instructional sports (as part of the After School Enrichment Program).

All applicants must pass a Background Check before being accepted as a volunteer. Apply at any HPARD Community Center.

Ages: 18 - older
Information: (832) 395-7261
(832) 395-7270

Friends of the Park

Make a difference in your community by joining your neighborhood Friends of the Park Council. Your assistance is needed with volunteer opportunities, planning/assisting with special events and providing input regarding the community's programming needs.

All applicants must pass a Background Check before being accepted as a volunteer.

Ages: 18 - older
Location: All HPARD Community Ctrs
Information: (832) 395- 7294

PARK & GREENSPACE ADOPTION

Park Adoption Programs
HPARD's Adoption Programs are a great way to show your pride and commitment to Houston's parks and green spaces. Whether you're with a group or business interested in active community involvement we have a program that will fit your desire to improve the quality of our park system and public land. There are 5 different Adoption Programs for you to choose from, Adopt-A-Park, Adopt-An-Esplanade, Adopt-A-Sports Field, Adopt-A-Trail and Adopt-A-Library Greenspace. Regardless of the program you choose your involvement helps us maintain green spaces that we're all proud of!

Contact: Marilu De La Fuente
Information: (832) 395-7029
marilu.delafuente@houstontx.gov

Adopt-A-PARK
This HPARD adoption program welcomes homeowners associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of a park.

Term of agreement minimum of 2 years.

Adopt-A-SPORTS FIELD
This HPARD adoption program welcomes organizations who wish to adopt a sports field in lieu of paying permitting fees associated with the use of ballfields.

This adoption is available for youth leagues only.

The term is for 6 months, Jan-June and July-Dec. The adopter is responsible for all maintenance related to the sports field for the entire 6 month period.

Adopt-An-ESPLANADE
This HPARD adoption program welcomes organizations homeowners associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of esplanades/medians.

Term is perpetual provided adopter maintains esplanades/ medians free of trash, mowed and edged.

Adopt-A-TRAIL
This adoption program welcomes civic groups interested in providing long-term support for the maintenance and aesthetic quality of a portion of a trail.

Term is a 2 year minimum.

Adopt-A-LIBRARY GREEN SPACE
This HPARD adoption program welcomes homeowners associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of library grounds.

Term of agreement minimum of 2 years.

Adopted Esplanade

PERMITS AND RESERVATIONS

Permits & Reservations
HPARD has many different venues available for rental. Whether you are planning a wedding, a family or a neighborhood event, a company picnic or a sports tournament we have a site for you!

An area within a park may be reserved for personal use or private events by obtaining a permit through HPARD's Permits Section for a fee and refundable deposit. This permit ensures the exclusive use of the specific space for a designated time frame.

Park space, including pavilions, picnic table clusters and open space may be reserved for picnics, birthday parties, family or religious gatherings, weddings and more. Sports field rentals and reservations, with all the amenities, are also available year round at nominal fees for weekdays and weekends. When planning your event it is very important to contact HPARD's Permits Office as early as possible to receive the most current information on the park or facility of your choice.

You can make online reservations by visiting: https://apm.activecommunities.com/houstonparks

For information regarding permits for large public events, call the Mayor's Office of Special Events at (832) 393-0868.

Office Hours:	8:00 am - 4:00 pm, M-F
Sportsfield Permits:	(832) 394-8804
Outdoor Permits:	(832) 394-8805
Rain-out Line:	(832) 395-7004

GARDENS

McGovern Centennial Garden
The McGovern Centennial Gardens and the Cherie Flores Garden Pavilion are expected to open early 2015.

The Cherie Flores Garden Pavilion is the entry way to the Gardens. Designed by world renowned architect Peter Bohlin of Bohlin Cywinski Jackson the dramatic entry way provides a meeting room as well as a spectacular fountain and walkway to a 30-foot Garden Mount.

The McGovern Centennial Gardens were designed by the landscape design firm Hoerr Schaudt, in collaboration with White Oak Studio and Dr. William C. Welch of Texas A & M University. They will feature several themed gardens (including a rose garden and sculpture garden). The 30-foot Garden Mount i will provide a scenic view of the area's beauty.

Office Hours:	8:00 am - 4:00 pm, M-F
Information:	(713) 524-5876
	www.hermannpark.org

Japanese Garden at Hermann Park
Nestled in a pine grove near the Sam Houston Monument in Hermann Park you'll find an island of serenity known as the Japanese Garden. Designed by world-renowned Japanese landscape architect Ken Nakajima, the garden was built to symbolize the friendship between Japan and the US, and to recognize Houston's thriving Japanese community.

The Japanese Garden in Hermann Park is built in the Daimyo Style, a traditional design that dates back to the 17th, 18th, and 19th century stroll gardens. Like most stroll gardens, this 5-acre oasis is designed around a sequence of landscape elements, which combine together to create a work of living art.

PROFESSIONAL PHOTOGRAPHERS ARE PROHIBITTED.

Spring/Summer Hours:	10:00 am - 6:00 pm
Fall/Winter Hours:	10:00 am - 5:00 pm
Location:	6001 Fannin
Information:	(713) 284-1989

HPARD Community Centers Phone Numbers

NORTHEAST

Clark (KM 453B)
9718 Clark, 77076
(713) 742-1497/clark@houstontx.gov

Clinton (KM 495U)
200 Mississippi, 77029
(713) 673-0955/clinton@houstontx.gov

Finnigan (KM 494H)
4900 Providence, 77020 **(Harris Co Pct 1 Site)**
(713) 678-7385/finnigan@houstontx.gov

Hobart Taylor (KM 455Q)
8100 Kenton, 77028
(832) 395-7621/hobarttaylor@houstontx.gov

J Robinson, Sr (KM 495L)
1422 Ledwicke, 77029
(713) 674-2401/JudsonRobinsonSr@houstontx.gov

Kingwood (KM 297X) *
4102 Rustic Woods Drive, 77345
(281) 348-2570 / kingwood@houstontx.gov

Lakewood (KM 455G)
8811 Feland, 77028
(713) 636-8217/LakewoodPark@houstontx.gov

Melrose (KM 413T)
1001 Canino, 77076
(281) 447-0514/prmelrose@houstontx.gov

Moody (KM 453Y)
3725 Fulton, 77009
(713) 692-6925/prmoody@houstontx.gov

Selena Quintanilla Perez (KM 494H)
6402 Market, 77020
((832) 395-7640/DenverHarbor@houstontx.gov

Shady Lane (KM 414W)
10220 Shady Lane,77093
(713) 742-1503/shadylane@houstontx.gov

Swiney (KM 494J)
2812 Cline, 77020
(713) 238-2197/swiney@houstontx.gov

Tidwell (KM 454D)
9720 Spaulding, 77016
(713) 636-8221/tidwell@houstontx.gov

Tuffly (KM 454X)
3200 Russell, 77026
(713) 674-2355/tuffly@houstontx.gov

NORTHWEST

Candlelight (KM 452E)
1520 Candlelight, 77018
(713) 682-3587/candlelight@houstontx.gov

Fonde (KM 493K)
110 Sabine, 77007 **(YMCA Site)**
(713) 226-4466 / Fonde@houstontx.gov

Freed (KM 451Y)
6818 Shady Villa, 77055
(832) 395-7611/Freed@houstontx.gov

Highland (KM 451D)
3316 DeSoto, 77091
(713) 956-9137/prhighland@houstontx.gov

Independence Heights (KM 453N)
603 East 35th, 77022
(713) 867-0373/independenceheights@houstontx.gov

J Robinson, Jr. (KM 533B)
2020 Hermann Drive, 77004 **(YMCA Site)**
(832) 395-7626/JudsonRobinsonJr@houstontx.gov

Kendall (KM 488C)
609 North Eldridge, 77079
(832) 393-1897 PRKendall@houstontx.gov

Lincoln (KM 412Q)
979 Grenshaw, 77088 **(Harris Co Pct 1 Site)**
(281) 445-1617/prlincoln@houstontx.gov

Love (KM 452Z)
1000 West 12th, 77008
(713) 867-0497/Love@houstontx.gov

Milroy (KM 452Z) *
1205 Yale, 77008
(713) 867-039 /Milroy@houstontx.gov

Montie Beach (KM 453X)
915 Northwood, 77009
(713) 864-6820/MontieBeach@houstontx.gov

Proctor Plaza (KM 453X)
803 West Temple, 77009
(713) 862-6907/proctorplaza@houstontx.gov

R L & Cora Johnson (KM 450A)
9920 Porto Rico, 77041
(713) 895-6141/carverdale@houstontx.gov

Stude (KM 493E)
1031 Stude, 77007
(713) 867-0496/stude@houstontx.gov

Woodland (KM 493C)
212 Parkview, 77009
(713) 867-0401/woodland@houstontx.gov

SOUTHEAST

Bessie Swindle (KM 573L)
11800 Scott, 77047
(713) 733-4581/swindle@houstontx.gov

Beverly Hills (KM 576S)
10201 Kingspoint, 77075
(713) 948-9065/beverlyhills@houstontx.gov

Charlton (KM 535P)
8200 Park Place, 77017
(713) 645-3589/charlton@houstontx.gov

Crestmont (KM 574J)
5200 Selinsky, 77048
(713) 733-2236/Crestmont@houstontx.gov

DeZavala (KM 495S)
907 76th St., 77012
(713) 923-5163/DeZavala@houstontx.gov

Eastwood (KM 494T)
5020 Harrisburg, 77011
(713) 928-4801/Eastwood@houstontx.gov

Edgewood (KM 534X)
5803 Bellfort, 77033
(713) 734-8434/Edgewood@houstontx.gov

Garden Villas (KM 535W)
6720 S. Haywood, 77061
(713) 847-5168/GardenVillas@houstontx.gov

Hartman (KM 535C)
9311 E. Ave P, 77012
(713) 928-4803/hartman@houstontx.gov

Ingrando (KM 535F)
7302 Keller, 77012
(713) 643-4764/ingrando@houstontx.gov

MacGregor (KM 534E) *
5225 Calhoun, 77021
(713) 747-8650/MacGregor@houstontx.gov

Mason (KM 535A)
541 South 75th, 77023
(713) 928-7055/Mason@houstontx.gov

Meadowcreek (KM 535A)
5333 Berry Creek, 77017
(713) 946-9020/Meadowcreek@houstontx.gov

Sagemont (KM 576Y)
11507 Hughes, 77089
(281) 922-2343/sagemont@houstontx.gov

Settegast (KM 494N)
3000 Garrow, 77003
(713) 238-2200/settegast@houstontx.gov

SOUTHWEST

Alief (KM 529E)
11903 Bellaire, 77072
(281) 564-8130/AliefPark@houstontx.gov

Almeda (KM 572Y)
14201 Almeda School Rd., 77047
(713) 434-1909/almeda@houstontx.gov

Burnett Bayland (KM 531B)
6200 Chimney Rock, 77081 **(Campo del Sol)**
(713) 668-4516/burnettbayland@houstontx.gov

Cherryhurst (KM 492R)
1700 Missouri, 77006
(713) 284-1992/cherryhurst@houstontx.gov

Emancipation (KM 493Y)
Closed For Renovation
May 16, 2015 - Until June 6, 2016
3018 Dowling, 77004
(713) 284-1302/Emancipation@houstontx.gov

Godwin (KM 531U)
5101 Rutherglen, 77096
(713) 726-7114/Godwin@houstontx.gov

Hackberry (KM 528M) *
7777 S. Dairy Ashford, 77072
(832)395-7616/HackBerry@houstontx.gov

Lansdale (KM 530K)
8201 Roos, 77036
(713) 272-3668/lansdale@houstontx.gov

Linkwood (KM 532P)
3699 Norris, 77025
(713) 314-3107/prlinkwood@houstontx.gov

Marian (KM 530X)
11101 South Gessner, 77071
(713) 773-7015/Marian@houstontx.gov

Platou (KM 571B)
11655 Chimney Rock, 77053
(713) 726-7107/platou@houstontx.gov

River Oaks (KM 492T)
3600 Locke Lane, 77027
(713) 622-5998/riveroaks@houstontx.gov

Sharpstown (KM 530F)
6600 Harbor Town, 77036
(832)395-7605/sharpstown@houstontx.gov

Sunnyside (KM 533X)
3502 Bellfort, 77051
(832)395-7586/sunnyside@houstontx.gov

Townwood (KM 572P)
3403 Simsbrook, 77045
(832)395-7565/townwood@houstontx.gov

Windsor Village (KM 571P)
14441 Croquet, 77085
(713) 726-7113/windsorvillage@houstontx.gov

*** Indicates site that does not offer Summer Enrichment Program.**

Important HPARD Phone Numbers

Frequently Called Numbers

Houston Parks & Recreation Department Main Phone No.	2999 S. Wayside Dr.	(832) 395-7000
HPARD Urban Park Rangers Dispatch	2999 S. Wayside Dr.	(832) 395-7100
HPARD Park Maintenance Problems		3-1-1

HPARD Program / Administration Phone Numbers

Adoption Programs	2999 S. Wayside Dr.	(832) 395-7029
Adult Sports	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7130
Adult Sports Bulletin Board	(Phone Message Only)	(832) 395-7004
After School Enrichment Program	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7296
After School Enrichment Program Administration	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7270
After School Food Services Program	6402 Market ST., 77020	(832) 395-7284
Athletes Seeking Knowledge Program	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7293
Aquatics	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7129
Community Centers Information	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7294
D-Tag (Information)	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7297
D-Tag (Administration)	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7270
First Tee of Houston at FM Law Park	8400 Mykawa Road	(713) 264-2100
Golf – Brock Park Golf Course	8201 John Ralston Road	(281) 458-1350
Golf – Glenbrook Park Golf Course	8205 Bayou Drive	(713) 649-8089
Golf – Gus Wortham Park Golf Course	7000 Capitol	(713) 928-4260
Golf – Hermann Park Golf Course Managed by BSL Golf Corp.	2155 North MacGregor	(713) 526-0777
Golf – Melrose Park Golf Course Managed by Walton Golf Enterprises	401 Canino	(281) 931-4666
Golf – Memorial Park Golf Course	1001 East Memorial Loop Drive	(713) 862-4033
Golf – Sharpstown Park Golf Course	6600 Harbor Town	(713) 988-2099
McGovern Centennial Gardens & Cherrie Flores Garden Pavilion	1500 Hermann Drive, 77004	(713) 524-5876
Lake Houston Wilderness Park Reservations	22031 Baptist Encampment Rd. New Caney, Texas 77357	(281) 354-6881
Lee & Joe Jamail Skatepark	103 Sabine Street	(713) 222-5500
Mayor's Office of Special Events (Special Events Permits)		(832) 393-0868
Mayor's Office of Special Events (Parade & Street Function Permits)		(832) 393-0868
Memorial Park Bike Trail Message Line	(Phone Message Only)	(713) 437-6588
Memorial Park Fitness Center	6402 Arnot, 77007	(832) 395-7596
Metropolitan Multi-Service Center	1475 West Gray	(832) 395-7333
Nature Programs (HPARD Venues)	6200 Wheeler, Bldg. 3	(832) 284-7131
Nature, Teen & Senior Programs Administration	6200 Wheeler, Bldg. 3	(832) 395-7270
Permits & Rentals (Outdoors)	2999 S. Wayside	(832) 394-8805
Permits & Rentals (Sports fields)	2999 S. Wayside	(832) 394-8804
Senior Programs (Information)	6200 Wheeler, Bldg. 3	(832) 395-7133
Senior Programs (Administration)	6200 Wheeler, Bldg. 3	(832) 395-7270
Summer Enrichment Program (Administration)	6200 Wheeler, Bldg. 3	(832) 395-7270
Summer Food Service Program	6402 Market Street	(713) 676-6832
Teen Programs (Information)	6200 Wheeler, Bldg. 3	(832) 395-7131
Tennis - Homer Ford Tennis Center	5225 Calhoun	(713) 842-3460
Tennis - Lee LeClear Tennis Center	9506 S. Gessner	(713) 272-3697
Tennis - Memorial Park Tennis Center	1500 Memorial Loop Dr.	(832) 395-7556
Tennis - Youth Tennis Office	1500 Memorial Loop Dr.	(832) 395-7561
The Houston Garden Center at Hermann Park Reservations	Herman Circle Drive	(713) 284-1989
Volunteer Programs	6200 Wheeler, Bldg. 3	(832) 395-7030
Volunteer Programs	6200 Wheeler, Bldg. 3	(832) 395-7270

The First Tee of Greater Houston is a youth development program that teaches life skills and core values through the game of golf. Using The First Tee Nine Core Values and Nine Healthy Habits, participants learn how to successfully navigate through the course and through life!

New Member Orientation:	Wednesday, June 15th (6:00pm - 7:00pm)
Location:	FM Law Park Campus (8400 Mykawa Road Houston, Texas 77048)
Ages:	**7-**18 years
Cost:	$30.00 per child
Program Dates:	June 21 - August 27th, 2015
Time:	Tuesday - Saturday, morning and evenings
For more information:	**(281) 459-8718 or (281) 454-7000**

Register to attend the New Member Orientation online at www.thefirstteegreaterhouston.org

The Nine Core Values

Honesty	Respect	Perseverance
Integrity	Confidence	Courtesy
Sportsmanship	Responsibility	Judgment

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Father's Day Father/Child Charity Golf Tournament and Scholarship Fund

Thursday, June 16, 2016

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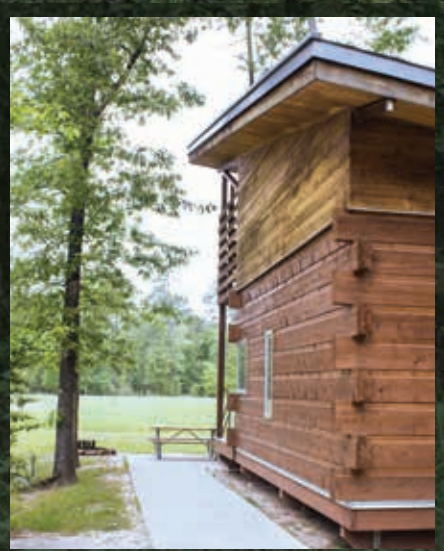

Reservations, Prices & Information: (281) 354 -6881 || www.houstonparks.org

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