

HEALTH

GOAL	PROJECTS/PROGRAMS/POLICIES	PRIORITY	TIMEFRAME	METRICS	COORDINATION	ROLE	RESILIENT HOUSTON
Healthy Food	Create a healthy food network <i>ACTION STEPS:</i> Expand access to fresh, healthy foods by supporting the capacity, outreach, coordination, communication, and partnerships among the organizations growing and distributing fresh food, including schools and churches, farms, community gardens, and farmers markets; Join the Houston Food System Collaborative sponsored by the Houston Food Bank		Medium (3 - 5 yrs)		Community: NST City: HDD Community Connectors: Urban Harvest, Target Hunger, HFB, Kashmere MSC, LBJ Hospital, HFSC, HLM, HCP1, NHRC, Seeds of the Soil, So Fresh, So Green, BUFT Farm Stand program, AHA	Outreach, Organize Assist Assist, Implement	Goal 6: Action 19
	Provide cooking, nutrition, and healthy eating classes and programs <i>ACTION STEPS:</i> Create partnerships with area schools, farms, and other agencies to provide cooking, nutrition, and healthy eating classes at established community facilities; Advocate for the development of a community kitchen at the LBJ Farm		Short (0 - 2 yrs)	25% Growth in the number of people attending the weekly farmers market by 2025	Community: NST City: HDD Community Connectors: Area Schools, Urban Harvest, LBJ Farm, HLM, HCP1, BUFT, PVAMU Cooperative Extension Program, FW GO, AHA	Outreach, Organize, Advocate Assist Advocate, Assist, Implement	Goal 6: Action 19
	Increase enrollment in food programs <i>ACTION STEPS:</i> Host open enrollment days for food stamps at established community facilities		Long (5 + yrs)		Community: NST City: HDD Community Connectors: Area Schools, Area Churches, Kashmere MSC, Urban Harvest, HFB	Outreach, Advocate Assist, Implement Organize, Implement	Goal 6: Action 19
Healthy Environment	Ensure a clean and healthy environment <i>ACTION STEPS:</i> Advocate for action to address the cancer cluster and soil contamination in the community, including near Liberty Road; Advocate for the monitoring of air, soil, and water quality adjacent to area industries, such as concrete batch plants and railyards		Long (5 + yrs)	1 Comprehensive study will be completed for the cancer cluster site by 2025	Community: NST City: HDD Community Connectors: Impact Fifth Ward, TCEQ, Air Alliance, Harris Health, MDA, Union Pacific, EPA/City of Houston Brownfield Program, BUFT, FW SNC	Advocate Assist, Implement Assist, Implement	Goal 6: Action 20, 20.1, 20.2, 20.3, 20.4, 20.5
	Improve access to health services <i>ACTION STEPS:</i> Advocate for and identify incentives and resources for the development of a "Wellness District" in the area surrounding LBJ Hospital, providing access to 24-hour urgent care facilities, as well as clinics, doctors, optometrists, dentists, pharmacists, reproductive health, and mental health resources		Long (5 + yrs)	75% Of residents will have health insurance coverage by 2025 (In 2018, 69% of residents had health insurance)	Community: NST City: MOED, HDD Community Connectors: Harris Health, TMC, Legacy Clinic, Avenue 360, MDA, BCM, BakerRipley	Advocate Advocate, Assist Advocate, Assist, Implement	Goal 3: Action 10
Healthy Living	Host regular health fairs and wellness events <i>ACTION STEPS:</i> Address health disparities in the neighborhood, including health insurance enrollment, by advocating for regular health fairs and wellness events at the Kashmere Multi-Service Center; Distribute information about events to the community across multiple platforms		Short (0 - 2 yrs)		Community: NST City: HDD Community Connectors: Legacy Clinic, Avenue 360, MDA, BCM, DAWN, HLM, TMC, Harris Health, LBJ Hospital	Outreach, Advocate Assist, Implement Assist, Implement	Goal 3: Action 10, 10.3

PLAN Legend:
 Complete Communities City of Houston CIP 2019-2023 HCD Consolidated Plan HPARD Master Plan (2015)
 Healthy Living Matters Houston Bike Plan (2017) Livable Centers Study Houston Climate Action Plan