

# 4 HEALTH

GOAL	PROJECTS/PROGRAMS/POLICIES	PRIORITY	TIMEFRAME	METRICS	COORDINATION	ROLE	RESILIENT HOUSTON
4.1 Healthy People	<b>4.1.1 Increase awareness of and access to mental health services</b> <i>ACTION STEPS:</i> Create an outreach program to educate families on the benefits of mental health services and to connect those in need to available services; Expand the mental health services available in the neighborhood	●	Short (0 - 2 yrs)	1 Health resources campaign completed by 2025	<b>Community:</b> NST <b>City:</b> HHD <b>Community Connectors:</b> Harris Health, LSCC, ECDC, BCM Teen Health Clinic at MHS, Parris Foundation, DePelchin	Advocate Assist Outreach, Advocate, Assist	● Goal 3: Action 10
	<b>4.1.2 Address barriers to healthcare access</b> <i>ACTION STEPS:</i> Develop multi-lingual outreach strategies and an informational campaign to inform residents of the health resources available inside the community, including services for those who are uninsured, undocumented, and/or non-English speaking	●	Short (0 - 2 yrs)		<b>Community:</b> NST <b>City:</b> HHD <b>Community Connectors:</b> HISD, BCM, ECDC	Outreach, Organize, Advocate Advocate, Assist Outreach, Advocate, Assist	● Goal 12: Action 40.3
4.2 Healthy Environment	<b>4.2.1 Expand and fund community-based air quality monitoring and “push” notification systems</b> <i>ACTION STEPS:</i> Increase funding and support for comprehensive air quality monitoring across the community, including requiring adjacent industrial facilities to maintain fence line monitoring; Develop multi-lingual “push” notification tools to inform residents of hazards or events	●	Medium (3 - 5 yrs)	2 Additional air quality monitors installed and reporting by 2025	<b>Community:</b> NST <b>City:</b> HHD <b>Community Connectors:</b> AAH, TEJAS, EDF, Area Industries, HCP2, EED	Advocate Advocate, Assist Assist, Implement	● Goal 6: Action 20, 20.3 ● Goal 17: Action 55.2 55.3
	<b>4.2.2 Advocate for climate justice policies that protect communities from environmental hazards</b> <i>ACTION STEPS:</i> Advocate for the City of Houston and Harris County to adopt climate justice policies that protect communities from environmental hazards, including funding and implementing hazard mitigation programs	●	Long (5 + yrs)		<b>Community:</b> NST <b>City:</b> HHD <b>Community Connectors:</b> AAH, TEJAS, EDF, Area Industries, HCP2, EED	Advocate Advocate, Assist Assist, Implement	
	<b>4.2.3 Establish a community-wide environmental coalition</b> <i>ACTION STEPS:</i> Create a community-wide environmental coalition, with regular meetings between community members, area stakeholders, government agencies, environmental organizations, and area industries with the goal of creating a shared commitment to the environment and keeping residents informed of incidents at area plants	●	Short (0 - 2 yrs)		<b>Community:</b> NST <b>City:</b> HHD <b>Community Connectors:</b> AAH, TEJAS, EDF, EPA Region 6, Port of Houston, HGAC, TCEQ, HCHD, Area Industries	Outreach, Organize, Advocate Advocate, Assist Advocate, Assist, Implement	● Goal 6: Action 20, 20.1 ● Goal 17: Action 55.2, 55.3
4.3 Healthy Food	<b>4.3.1 Ensure access to healthy food in area schools</b> <i>ACTION STEPS:</i> Advocate for the provision of fresh and healthy food at local schools, including nutrition and cooking workshops, and information on the benefits of healthy eating	●	Short (0 - 2 yrs)	2 New community gardens established by 2025	<b>Community:</b> NST <b>City:</b> HHD <b>Community Connectors:</b> ECDC, HISD, MOE, GREEN Collaborative, MM, La Raza at MHS, LULAC YG	Organize, Advocate Assist Assist, Implement	● Goal 6: Action 19
	<b>4.3.2 Develop healthy corner stores and “pop-up” or mobile markets</b> <i>ACTION STEPS:</i> Expand access to healthy food through partnerships with small, locally owned corner stores to provide healthy food options and by organizing “pop-up” or mobile markets	●	Medium (3 - 5 yrs)		<b>Community:</b> NST <b>City:</b> HHD <b>Community Connectors:</b> Finca Tres Robles, CAN DO Houston	Organize, Advocate Assist Assist, Implement	● Goal 6: Action 19
	<b>4.3.3 Enhance and expand community gardening</b> <i>ACTION STEPS:</i> Maintain and improve existing community gardens, including existing school gardens through year-round stewardship; Identify vacant lots to develop new community gardens	●	Medium (3 - 5 yrs)		<b>Community:</b> NST <b>City:</b> HHD <b>Community Connectors:</b> Finca Tres Robles, ECDC, Urban Harvest, GREEN Collaborative	Organize, Advocate Assist Assist, Implement	● Goal 6: Action 19
	<b>4.3.4 Advocate for a new, quality grocery store</b> <i>ACTION STEPS:</i> Organize and advocate for the development of a new grocery store, including identifying sites, incentives, and potential grocers; Community identified priority location is the intersection of Harrisburg and 75th Street	●	Long (5 + yrs)		<b>Community:</b> NST <b>City:</b> MOED <b>Community Connectors:</b> HCHFFI, EED, Children at Risk	Advocate Advocate, Assist Advocate, Assist	● Goal 6: Action 19

**PLAN Legend:**

- Complete Communities
- Houston Bike Plan (2017)
- HPARD Master Plan (2015)
- Harrisburg TIRZ #23
- City of Houston CIP 2019-2023
- METRO Next
- Buffalo Bayou East Sector Master Plan
- East End Economic Development Study (EDS)
- Climate Action Plan