Preparing for a Disaster

After you create an emergency plan, here are follow-up steps to be prepared.



Pack an Emergency Kit

- 1 gallon per person per day of drinking water and nonperishable foods (i.e. canned veggies, protein bars, baby food, pet food)
- A flashlight, a solar powered radio, and a first-aid kit with any prescription medications
- Extra clothing, blankets, and toiletries



Listen to Official Instructions

- Stay updated on reliable disaster/emergency information from local officials, through radio, TV, or a mobile phone
- Be patient and wait for official next steps
- Sign up for alerts on your mobile phone



Manage your Details

- Keep important documents safe such as SSN, birth certificate, etc.
- Keep important phone numbers on hand
- Adults should know home and car insurance policy numbers and the phone numbers to claims departments



