# **Recovery Assistance**

Here are disaster support groups and mental health servies to contact after emergencies

### Substance Abuse and Mental Health Services Administration (SAMHSA)

- crisis counseling
- support for emotional distress related to natural or humancaused disasters.

Call 1-800-985-5990



## Mental Health America of Greater Houston

Toolkits, videos, and workshops to navigate the traumatizing effects and help those around you recover from a disaster.

### mhahouston.org/get-help/disaster-relief/



### **BakerRipley Disaster Recovery**

Provide individuals and households with financial assistance, from temporary housing to furniture and appliance replacement, to address their recovery needs.

### Call 211 or visit bakerripley.org/services



### Salvation Army

The Salvation Army Emergency Disaster Services provides critical services to make sure survivors have the support needed to rebuild their lives when disasters strike

Call 713-752-0677



