

**Houston Fire Department
Firefighter / Emergency Medical Technician
Cadet Expectations**

The Houston Fire Department Val Jahnke Training Facility is a **PARAMILITARY** instructional institution with a paramilitary daily regimen.

HFD Cadets are EXPECTED to and WILL DO THE FOLLOWING:

1. ARRIVE EARLY to the academy, to classes, training evolutions or other areas to ensure you are on time
2. ARRIVE PREPARED for daily physical training, training evolutions and classroom requirements
3. COMMUNICATE with Academy staff for all matters
4. REPORT in proper uniform of the day, in formation, at appointed times and places
5. RECOGNIZE rank structure and authority empowered by each rank
6. REQUEST permission to pass while maneuvering through the campus
7. MARCH in formation to a verbal or audible cadence
8. STAND at attention
9. RUN 1.5 miles in 13 minutes or less
10. PUSH UP's
11. PULL UP's
12. CLIMB STAIRS
13. Physical Endurance Training to build stamina
14. MOVE about the academy in rapid fashion
15. DOUBLE-TIME between locations on the academy grounds
16. ENSURE uniform, gear and study materials are always available and ready for use
17. BE Honest, vigilant, and always do the right thing
18. MEET all requirements to become certified by [Texas Commission on Fire Protection](#)
19. MEET all requirements to become certified by the [Texas Department of State Health Services](#)
20. [Emergency Medical Technicians \(EMT\) | National Registry of Emergency Medical Technicians \(nremt.org\)](#)
21. LEARN, FOLLOW and LIVE by the Cadet Creed and Firefighter's Oath

The Houston Val Jahnke Training Facility (VJTF)
International Training Academy in the Fire Service Industry
State of the Art Equipment Training
Training by Highly Skilled HFD Personnel

Reasons that may lead to Separation of Employment for Cadets:

1. Failure to meet physical requirements
2. Failure to adhere to State of Texas, City of Houston or Houston Fire department policies, procedures or other requirements
3. Failure to pass state required Fire and EMS classroom training course work
4. Failure to pass state required Fire Certification Exam
5. Failure to pass state required EMS Certification Exam
6. Failure to pass EMT National Registry Exam