

# 2016 Bridges Conference

**Building Bridges to  
Support Long-Term Services  
& Support Initiatives for Older Adults,  
Veterans & People with Disabilities**



**May 12–13, 2016**

Crowne Plaza Near NRG Stadium  
8686 Kirby Dr., Houston, TX 77054

**Sponsored by**



# PROGRAM

## Thursday, May 12, 2016

8:00 AM **REGISTRATION & CONTINENTAL BREAKFAST**  
9:00 **WELCOME**

**Greetings from Honorable Sylvester Turner** *Mayor, City of Houston*  
**Faith Foreman, PhD** *Assistant Director of Aging, Chronic Disease and Injury Prevention, Houston Department of Health and Human Services*

### **Building Bridges (Overview of Conference Theme)**

**Deborah A. Moore, MBA** *Bureau Chief, Harris County Area Agency on Aging/Care Connection Aging and Disability Resource Center*

### **What is a Livable Community and How Do We Get There?**

**Daphne Kwok** *Vice President, Multicultural Leadership, Asian American & Pacific Islander Audience Strategy, AARP*

AARP supports the efforts of neighborhoods, towns, and cities to become more livable for all residents, regardless of age. Successful AARP partnerships have included key multicultural approaches tailored for specific communities across the country. Two great AARP initiatives, which have been utilized in Houston, are the Network of Age-Friendly Communities and the Livability Index.

### **Helping Consumers Navigate Resources, Services and Supports**

**Joseph Lugo** *Administration for Community Living*

Why is having a coordinated access system that provides person centered counseling so important? Learn about promising practices, tools and mechanisms the U.S. Administration for Community Living and its partners are developing in collaboration with states, which are designed to assist older adults, people with disabilities and veterans who need to navigate and access long-term services and supports.

11:50 AM: **LUNCH AND PERFORMANCE BY FRIENDS OF DOWN SYNDROME**

1:15 PM **BREAKOUT SESSIONS I & II (SEE BREAKOUT DETAILS ON NEXT PAGE)**

4:15 PM **ADJOURNMENT**

## Friday, May 13, 2016

8:00 AM **REGISTRATION & CONTINENTAL BREAKFAST**  
9:00 **WELCOME**

### **Speaker TBD**

An Outlook of Trends and Service Delivery to Older Adults, People with Disabilities and veterans in Texas

**Lloyd Potter, PhD** *Texas State Demographer*

An overview of data, state and local statistics, and future trends pertaining to older adults, people with disabilities, veterans, caregivers and care providers, and if we are ready to face the changes and challenges of our growing service populations.

### **You Make the Difference!**

### **Honoring the 2016 Aging and Disability Champion**

### **Intent vs. Impact**

**George R. Harrison, PhD** *Optimum Impact*  
Addresses the challenges of people's differences and how we cope and interact one with the other. Often a lack of knowledge of other cultures –causes friction between people. What to say or not to say or do will be addressed to avoid a negative impact. Get ready to be motivated, educated and to leave differently than you came!

12:30 PM **ADJOURNMENT**

## EVENT OBJECTIVES

- Promote the advancement of people with disabilities, older adults, and veterans to age well and live well
- Educate professionals about resources and supports that are available to assist older adults, people with disabilities, veterans and families
- Work in partnership to connect aging, disability and veteran networks

Six (6) CEUs will be available for conference attendees.

# BREAKOUT SESSIONS

**SESSION I** 1:15–2:25 PM

**SESSION II** 3:00–4:15 PM

## **Andrew Hardwick, Social Security Administration**

Understanding Social Security and Social Security Insurance—Discussion will include how to apply for services, differences between the two programs, Medicare and Medicaid, online tools on Social Security's website and a review of employment support programs for individuals with disabilities (PASS, Trial Work Period, Impairment Related Work Expenses, 1619b and Ticket to Work).

## **Richard Petty, Director, National Center for Aging and Disability at TIRR, Co-Director, ILRU – Independent Living Research Utilization**

Home and community-based services (HCBS) provide opportunities for Medicaid beneficiaries to receive services in their own home or community. These programs serve a variety of targeted population groups, such as people with mental illnesses, intellectual or developmental disabilities, and/or physical disabilities. The final HCBS regulations set forth new requirements for several Medicaid authorities under which states may provide home and community-based long-term services and supports. The regulations enhance the quality of HCBS and provide additional protections to individuals that receive services under Medicaid authorities. Mr. Petty will discuss the HCBS Final Rule and implications for service receipt and delivery.

## **Trelisha Brown, Managing Attorney-Health Law Program, Texas Legal Services Center**

Navigating Long-Term Care Services and Support Programs for Older Adults and People with Disabilities—It is important for professionals and consumers to understand how to navigate the maze of programs and services that will pay for long-term services and supports. Ms. Brown will discuss how to best navigate systems that support older adults, people with disabilities and veterans.

## **Mark Kunik, MD, MPH, Center Interim Associate Director; Chief, Behavioral Health & Implementation Program, Center for Innovations in Quality, Effectiveness and Safety, Michael E. DeBakey VA Medical Center**

Approximately 50% of Veterans are over 64 years old. Dr. Kunik's presentation will describe the Veterans Health Administration's comprehensive healthcare that includes medical, mental, and social services. The presentation will highlight three innovative programs: STAR-VA, Partners in Dementia Care and REACH-VA; he will also discuss a local program addressing Veterans with complex medical/mental problems.

## **Jane Bavineau, Vice President of the Sheltering Arms Senior Services Division of Neighborhood Centers & Staff**

Appreciative Inquiry (AI) is an approach to the discovery of assets and strengths within individuals, programs, neighborhoods and populations. Session participants will learn about new initiatives in dementia care, intergenerational programming, in-home services and mental health that are based on AI principles and provide examples of what happens when an agency is committed to building on the strengths and aspirations of the clients it serves.

## **Sheri Talbot, Director of Authority Services, Developmental Disabilities Services Division, Texana Center**

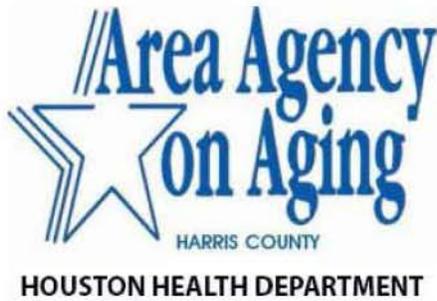
**Session 1:** Texas Long Term Services and Supports—The State of Texas manages an array of programs for individuals with intellectual and developmental disabilities. This presentation will explain State Medicaid programs: available services, eligibility criteria and financial requirements. Additionally, attendees will learn about the referral process and registration on the state-wide interest lists for these programs.

**Session 2:** Introducing Managed Care to Long Term Services and Supports—The State of Texas is redesigning the system of care for individuals with intellectual and developmental disabilities. In the new system, individuals will receive long-term services and supports through capitated Medicaid managed care programs. Additionally, for the first time, the State has added a long-term services and support to the State Medicaid Plan through Community First Choice.

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