

# PROTECT YOUR HEART



## Join us for a **Heart to Heart Discussion** about **High Blood Pressure and** **Diabetes!**

**WHEN:** The 1st Wednesday of every month

**TIME:** 10:00am - 12:00pm(noon)

**GO RED AND PROTECT YOUR HEART!**

**Must be a DAWN member to participate**  
**Contact the DAWN Center for more information.**

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Third Ward Multi-Service Center  
3611 Ennis St Houston, TX 77004  
832-393-4055

