

Medical Monitoring Project (MMP)



Your experience matters!

What is MMP?

The Medical Monitoring Project (MMP) is a surveillance project designed to gain a better understanding of health-related experiences and needs of people living with HIV/AIDS who are receiving care in the United States. MMP is an HIV surveillance initiative sponsored by the Centers for Disease Control and Prevention (CDC), conducted by your state and local health department, and is endorsed by a wide array of national organizations. A total of 23 areas are involved in MMP: California; Chicago, IL; Delaware; Florida; Georgia; Houston, TX; Illinois; Indiana; Los Angeles, CA; Michigan; Mississippi; New Jersey; New York; New York City, NY; North Carolina; Oregon; Pennsylvania; Philadelphia, PA; Puerto Rico; San Francisco, CA; Texas; Virginia; and Washington.

How does MMP work?

MMP has two parts: an interview and medical chart review. The face-to-face interview takes about 45 minutes and includes questions concerning your medical history, use of medical and social services, and behaviors. Trained MMP staff then collect additional information from your medical chart such as diagnoses, medications, laboratory results, preventive care, and referrals to social services.

Who can participate in MMP?

To participate in MMP, you must be at least 18 years old, diagnosed with HIV, and be receiving care.

Why should I participate in MMP?

MMP provides useful information about health care use, quality of care, and success of prevention messages. MMP data may also be used by community planning groups, Ryan White CARE Act advisory and planning councils, policy makers, and HIV care providers. If you choose to participate, your unique experiences may help guide decisions that could improve the quality of care and life for other people living with HIV/AIDS. You will receive compensation for your time. All personal and health care information collected during the project is kept secure and confidential.

How can I participate in MMP?

The success of MMP depends on the providers and patients selected to participate. Providers and patients who are not selected to participate in the project can still help by encouraging others to participate. For more information about MMP, please, contact:

Houston Medical Monitoring Project (HMMP)

Houston Department of Health and Human Services
8000 North Stadium Drive, Houston, TX 77054
Tel: 832-393-5080

Project Websites: www.HmmpTX.org

www.cdc.gov/hiv/topics/treatment/MMP/index.htm

