



Houston Department of  
Health and Human Services

Office of Surveillance & Public Health Preparedness  
*Bureau of Epidemiology*

**Influenza Surveillance Weekly Report**  
CDC Week 3: January 12 - 18, 2014

**Influenza Activity by County, State, and National Levels**

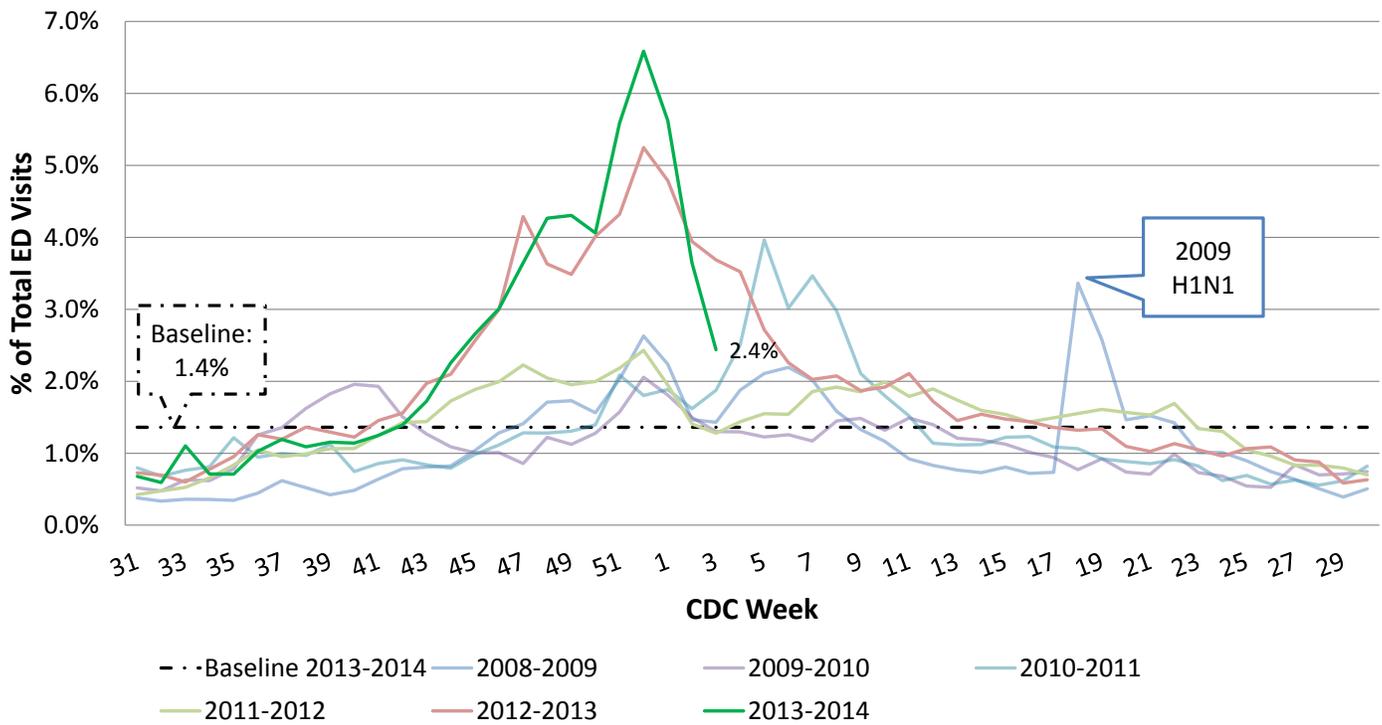
Houston/ Harris County: Week 3	Texas: Week 3	CDC: Week 3
High	High	Elevated

**Highlights**

- The percentage of reported influenza-like illness (ILI) in Houston/Harris county **decreased** from 3.6% in week 2 to 2.4% in week 3.
- The percentage of flu test positives in Houston **increased** from 28.9% in week 2 to 35.3% in week 3.
- During the 2013-2014 influenza season, two (2) Houston influenza-associated pediatric deaths have been reported.
- In week 3, 17 surveillance specimens were tested by the City of Houston Bureau of Laboratory Services. The following types and number of viruses were detected in these specimens:  
**Influenza A H3 (1), Influenza A H1N1 (4), Influenza B (1).**
- Cumulatively this season, the City of Houston Bureau of Laboratory Services has tested 387 surveillance specimens. Of the 130 positive lab results, the 2009 H1N1 strain accounts for 108 (86.2%) of the positives.
- The percentage of all cause absenteeism was unavailable for week 3.
- At the national level during week 3, 23.1% of specimens tested and reported to the CDC were positive for influenza. The proportion of outpatient visits for ILI (3.4%) was **above** the national baseline (2.0%) and the proportion of deaths attributed to pneumonia and influenza (8.1%) was **above** the epidemic threshold of 7.2% for week 3.

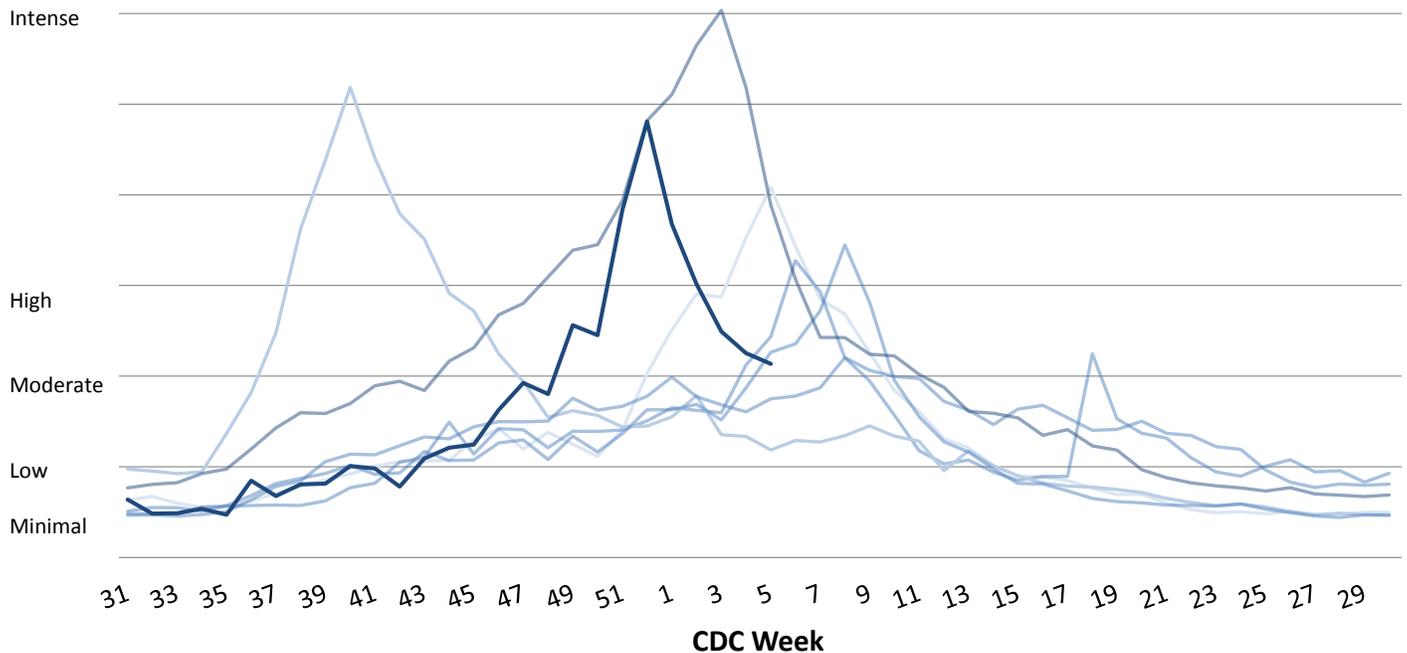
Syndromic Surveillance: 2013-2014 Influenza Season and Age Distribution

Comparison of ILI-Related ED Visits in Houston/Harris County



Google Flu Trends in Houston

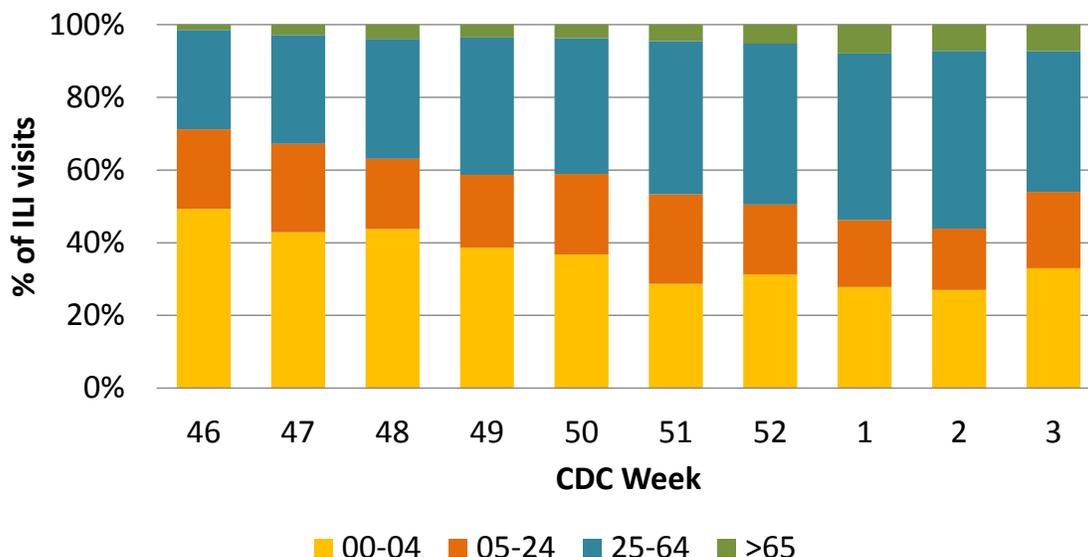
Data Source: Google Flu Trends (<http://www.google.org/flutrends>)



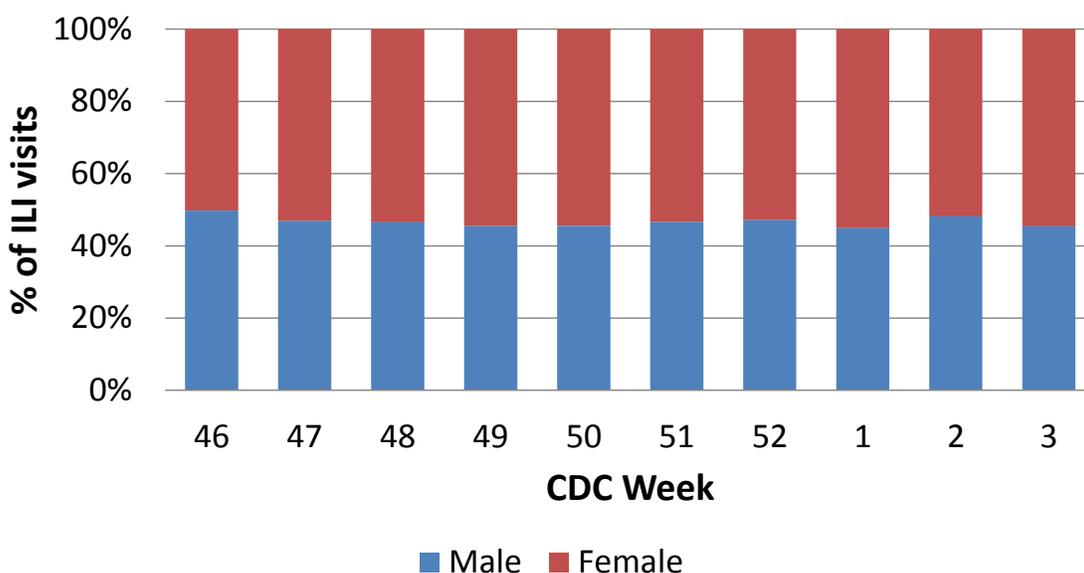
NOTE: Houston/Harris County ILI activity is assessed using information provided by surveillance participants in the Real-time Outbreak Disease Surveillance System (RODS). For week 3, 36 surveillance participants reported ILI information to Houston Department of Health and Human Services. Influenza-like illness (ILI) is defined as the mention of fever AND cough, OR fever AND sore throat, OR flu in the patient's ED chief complaint. These data do not represent laboratory confirmed cases of influenza nor do they

Syndromic Surveillance: 2013-2014 Influenza Season and Age Distribution

**ILI % by Age Groups, Houston/Harris County, 2013-2014**



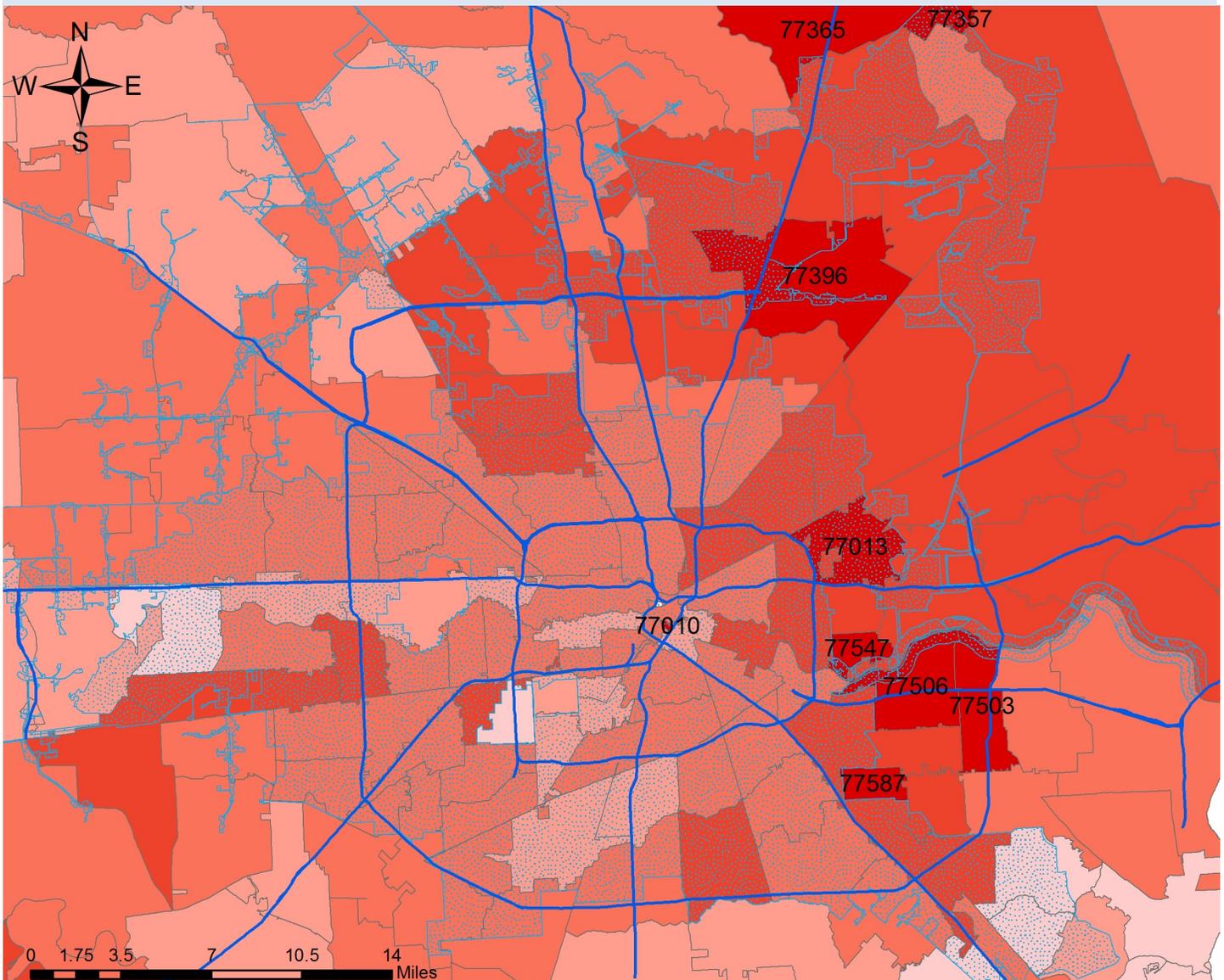
**ILI % by Gender, Houston/Harris County, 2013-2014**



In week 3, 2.4% of emergency department (ED) visits were due to influenza-like illness (ILI) complaints. Of the 509 patients presenting with ILI, the age group that recorded the most ED visits were the 25-64 year olds (38.7%).

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Syndromic Surveillance: Geographic Distribution Map



**Legend**

City of Houston City Limit

**2013-2014 %ILI of ED Visits by Zip Code**

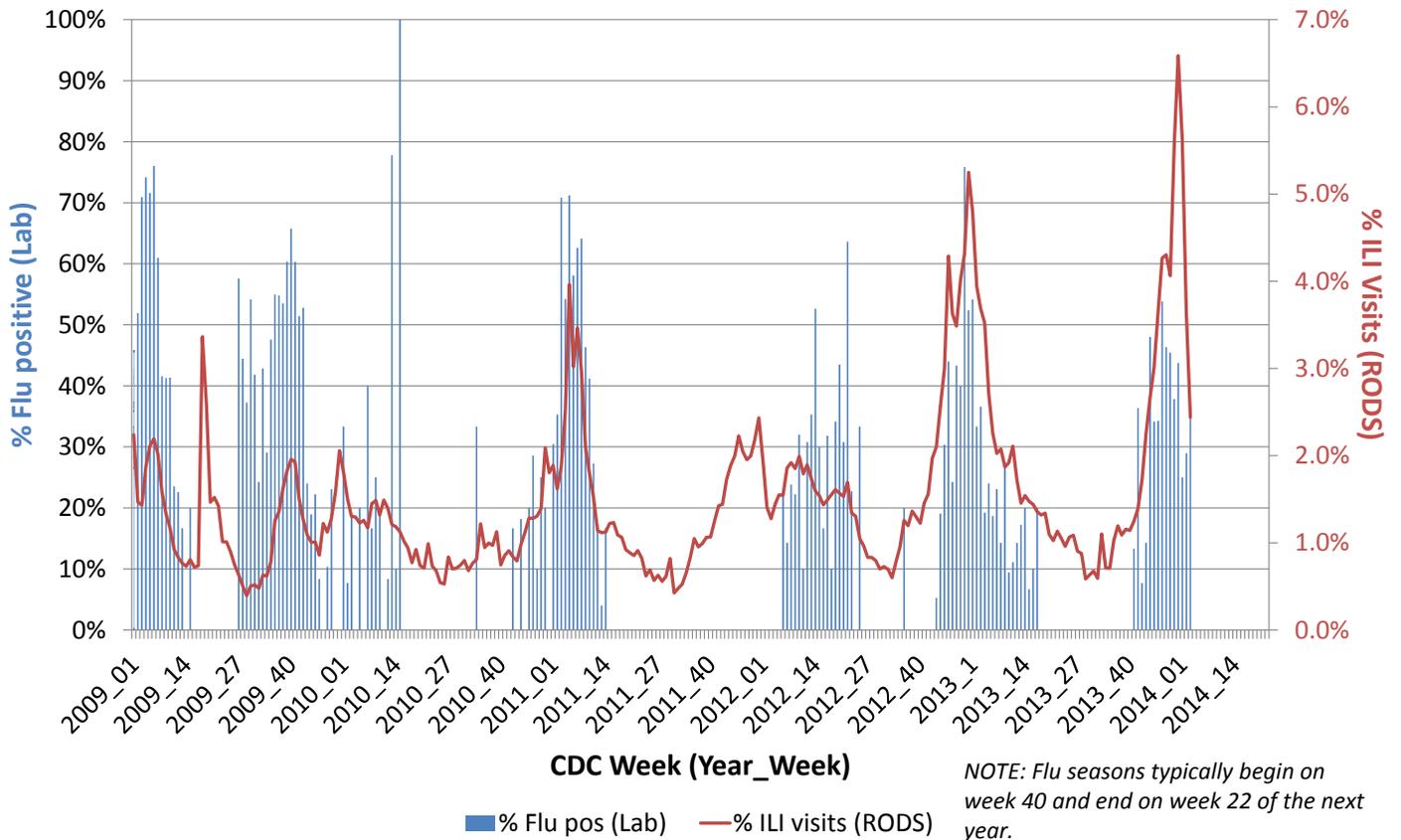
- 0% - 1.1%
- 1.11% - 2.5%
- 2.51% - 4%
- 4.01% - 6%
- 6.01% - 12.5%

As of week 3, the zip codes that have the greatest percentage of ED visits related to ILI (6.0% or greater) are: 77010, 77013, 77357, 77365, 77396, 77503, 77506, 77547, 77587.

*NOTE: Houston/Harris County ILI distribution map was created using data provided by 36 hospitals that voluntarily provide data based on chief complaints in the Real-time Outbreak Disease Surveillance System (RODS). This map reflects the percentage of ILI cases from each zip code from the total amount of cases seen in each zip code up to the current week of reporting. Influenza-like illness (ILI) is defined as the mention of fever AND cough, OR fever AND sore throat, OR flu in the patient's ED chief complaint. These data do not represent laboratory confirmed cases of influenza nor do they represent all ED visits in Houston/Harris County.*

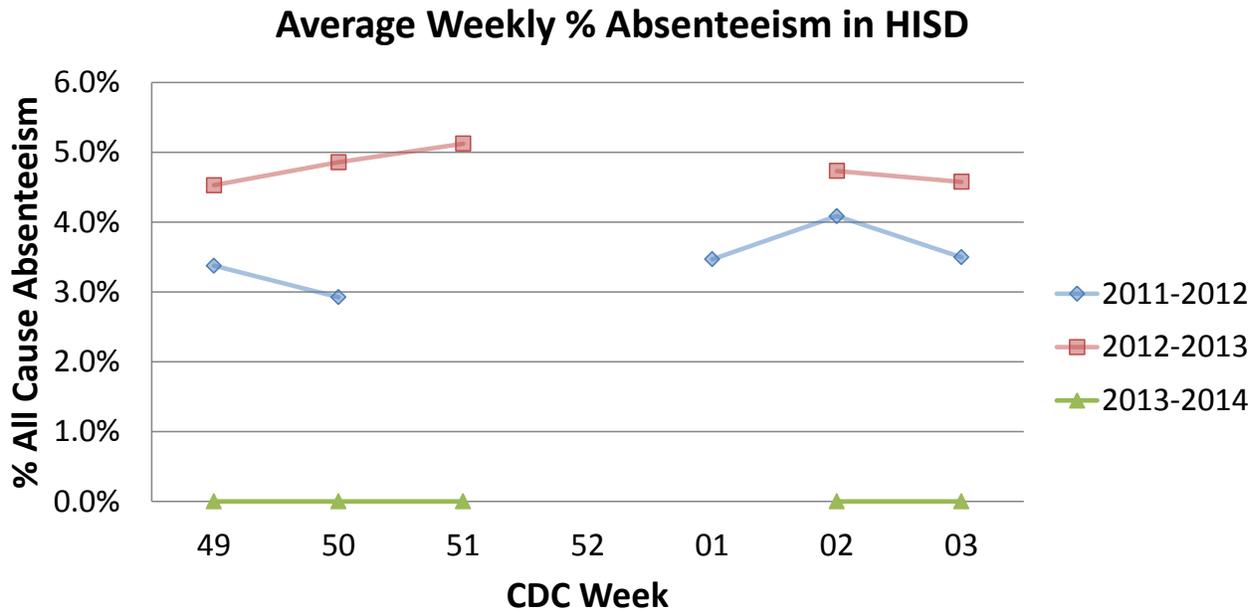
Laboratory Surveillance: Influenza Rapid Test Results, Houston

Laboratory Flu positives and ILI Visits  
2009-2014



CDC Week Number	1 (Dec 29-Jan 4)	2 (Jan 5-11)	3 (Jan 12-18)
# of Influenza Tests Performed	12	38	17
% Influenza Positive	25.0%	28.9%	35.3%
# Influenza A Positive	3	12	5
% Influenza A Positive	100%	100%	83.3%
# Influenza B Positive	0	0	1
% Influenza B Positive	0.0%	0.0%	16.7%
# Non-differentiated Positive	0	2	0
% Non-differentiated Positive	0.0%	16.7%	0.0%

School Surveillance



The average daily % absenteeism for HISD schools was unavailable at the time of update.

Table 1: ILI and Influenza Cases by Type and School Type<sup>1</sup> per Month

	Total Cases	Lab Confirmed		Flu A	Flu B	A+B	Unclassified	Elem Schools	Middle Schools	High Schools	Multi-Level Schools
		#	%								
Aug	1	0	0.0%	0	0	0	0	1	0	0	0
Sep	12	0	0.0%	0	0	0	0	10	1	1	0
Oct	45	4	8.9%	0	0	0	4	29	4	10	2
Nov	113	2	1.8%	1	0	0	2	88	16	9	0
Dec	85	8	9.4%	5	0	0	3	52	23	7	3
Jan											
Feb											
Mar											
Apr											
<b>Total</b>	256	14	5.5%	6	0	0	9	180	44	27	5

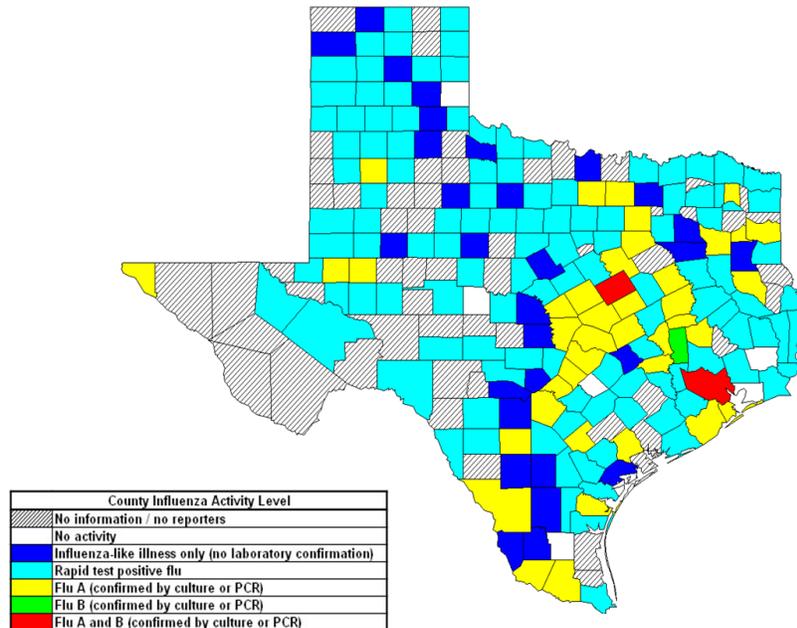
ILI cases in HISD students decreased in December compared to November. There were 8 laboratory confirmed cases seen in December and 5 were confirmed as influenza A.

NOTE: Absenteeism and student ILI is collected from 306 schools within Houston Independent School District.  
<sup>1</sup>School will be counted more than once if more than one case from the same school is reported during the report month.

## Texas and National Influenza and ILI Activity

### Statewide Influenza Activity Map

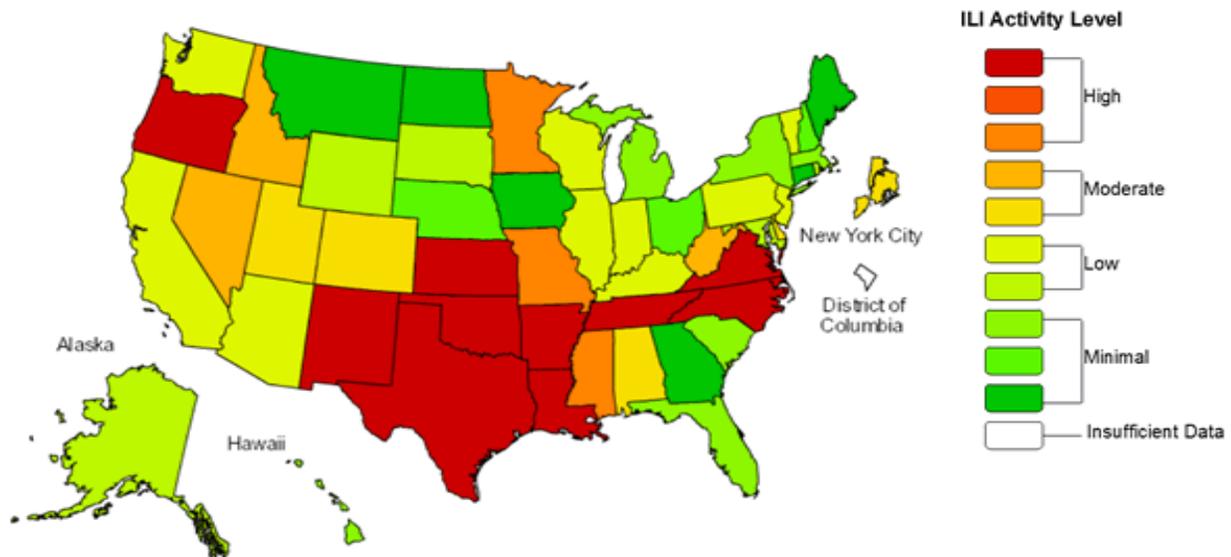
Figure 4: Texas Map Displaying the Highest Level of Influenza or ILI Activity Reported by County for the Week Ending January 18, 2014 (MMWR Week 03)



*NOTE: Influenza activity level corresponds to current MMWR week only and does not reflect previous weeks' activity. The majority of influenza cases are not reportable by law to the Texas Department of State Health Services. This map contains data from sentinel sites and does not represent all influenza cases in the state. Positive laboratory results are reported according to specimen collection date or date received in the lab if the former is unknown.*

<http://www.dshs.state.tx.us/idcu/disease/influenza/surveillance/2013/>

### Influenza-Like Illness (ILI) Activity Level Indicator Determined by Data Reported to ILINet 2013-14 Influenza Season Week 3 ending Jan 18, 2014



*NOTE: Data collected in ILINet are used to produce a measure of ILI activity by state. Activity levels are based on the percent of outpatient visits in a state due to ILI and are compared to the average percent of ILI visits that occur during spring and fall weeks with little or no influenza virus circulation. This map uses the proportion of outpatient visits to health care providers for influenza-like illness to measure the ILI activity level within a state. It does not, however, measure the extent of geographic spread of flu within a state. Therefore, outbreaks occurring in a single city could cause the state to display high activity levels. Data collected in ILINet may disproportionately represent certain populations within a state, and therefore, may not accurately depict the full picture of influenza activity for the whole state. <http://www.cdc.gov/flu/weekly/>*