

HOUSTON HEALTH HIGHLIGHTS

Recent Outbreak Report

ISSUE 2
JULY 2018

Multistate outbreak of *Salmonella* infections thought to be linked to Kellogg's Honey Smacks cereal.

Case Count: 100

Deaths: 0

Hospitalizations: 30

Recall: Yes

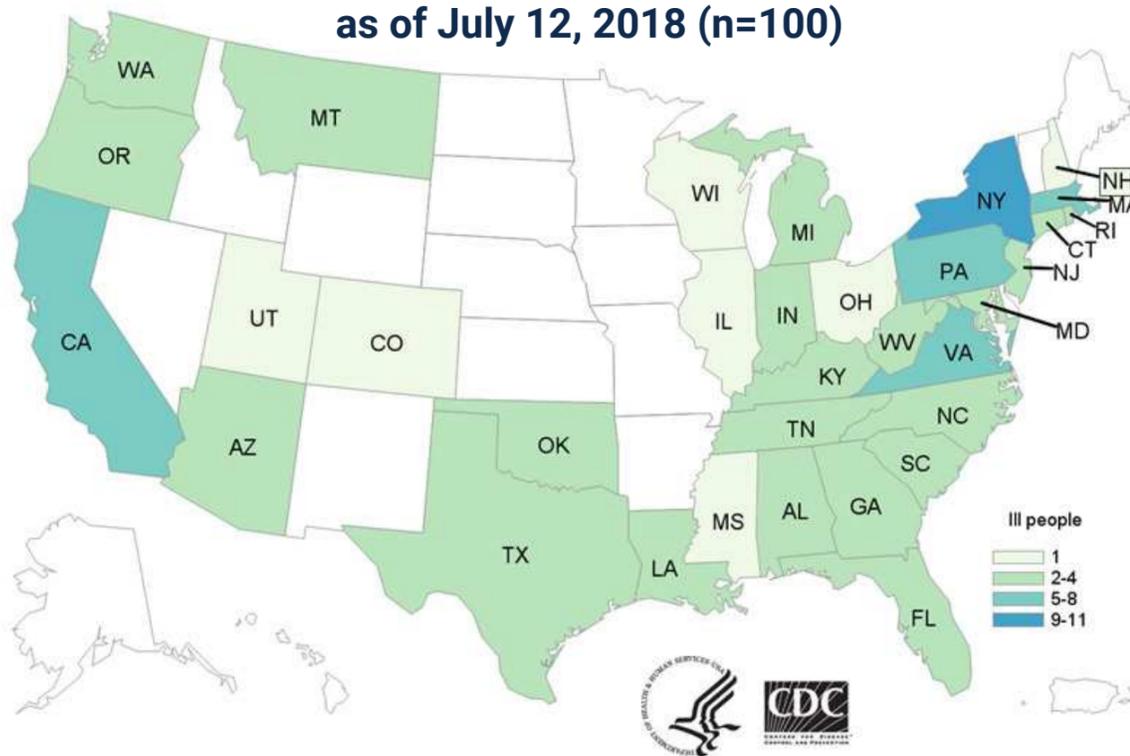
33 states

What's new?

Twenty-seven more ill people from 19 states were added to this outbreak since the last update on June 14, 2018.

Two more states reported ill people: Florida and Colorado.

People infected with the outbreak strain of *Salmonella* Mbandaka, by state of residence, as of July 12, 2018 (n=100)



Important Health Tips

Symptoms

• Most people infected with *Salmonella* develop the following signs and symptoms 12 to 72 hours after being exposed to the bacteria:

- Diarrhea
- Fever
- Abdominal cramps

Length of illness

• The illness usually lasts 4 to 7 days, and most people recover without treatment.

- In some people, the diarrhea may be so severe that the patient needs to be hospitalized. *Salmonella* infection may spread from the intestines to the bloodstream and then to other places in the body.
- In rare cases, *Salmonella* infection can cause death unless the person is treated promptly with antibiotics.

High-risk groups

• CDC recommends people do not eat any Kellogg's Honey Smacks cereal because it has been linked to a multistate outbreak of *Salmonella* infections. Most at risk are:

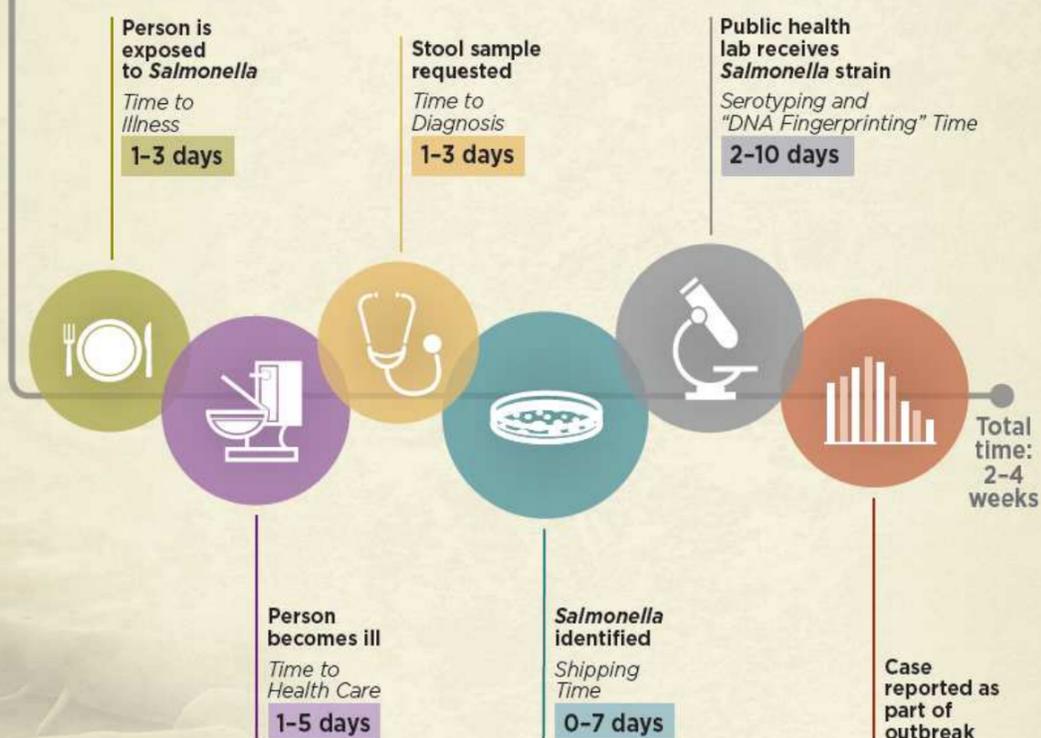
- Children younger than 5 years of age
- Adults older than 65 years of age
- People with weakened immune systems

Timeline for Reporting Cases of *Salmonella* Infection

The time from when a person is exposed to *Salmonella* from contaminated food, water, or an infected animal or person to the confirmation that he or she is part of an outbreak is typically about 2-4 weeks.



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention



This information has been adapted from the following publication:

<https://www.cdc.gov/salmonella/mbandaka-06-18/index.html>