City of Houston Open Enrollment

What you need to know…

LIMITED NETWORK PLAN

It is Open Enrollment time for the 2018 – 2019 plan year. If you are currently enrolled in a Cigna medical plan and do not make a change during open enrollment your coverage will remain the same.

The Physician Groups participating in the Limited Plan are:

1. **Cigna KelseyCare** – You must obtain all care from a Kelsey-Seybold provider but you can visit any Kelsey location. If you select Cigna KelseyCare, you can make appointments with a Kelsey-Seybold specialist without a referral.

2. **Memorial Hermann Health Network** – Not all physicians who work with Memorial Hermann participate in the City's network. Please check the Limited Network Provider Directory to see if the PCPs and Specialists you use are in the network. If you select a Memorial Hermann PCP, your PCP will refer you to a specialist within the Group. If you require a type of specialist that is not in Memorial Hermann Health Network, your PCP will arrange one for you.

3. **Renaissance Physicians Organization (RPO)** – PCPs and Specialists are grouped in geographic "Pods'. If you select a Renaissance PCP, your PCP will refer you to a specialist within their pod. If you require a type of specialist that is not in the pod, your PCP will arrange one for you.

WHAT THIS MEANS TO YOU

You have a choice among physician groups in the Cigna Limited Network Plan. **A PCP selection must be made for yourself and each of your covered dependents.** You and each of your dependents can select a different PCP and from different physician groups. The PCP will determine the group of specialists you will have access to for your care. **Your benefits are the same, regardless of which physician group you choose.**

WHAT YOU NEED TO DO

PCP selections should be done after May 1st by visiting www.myCigna.com or contacting the Customer Service number on the back of your ID card.
(Note: Some PCPs may have moved to a different group which may change the specialists available to you; please check the Limited Network Directory for physicians important to you.)

1. Kelsey-Seybold Physicians - provide **Kelsey ID # 8877698011** for the Main Campus (You may still receive care at any Kelsey-Seybold facility of your choice.)

2. Memorial Hermann Health Network Physicians - provide your Primary Care Physician's ID # located in the Limited Network Directory

3. Renaissance Physicians – provide your Primary Care Physician's ID # located in the Limited Network Directory

4. If you do not select a PCP and do not have one on file with Cigna, you will automatically be assigned to a network PCP nearest your home zip code.

PCP CHANGES THROUGHTOUT THE YEAR:

You can make PCP changes online or by calling Cigna Customer Service, **1.800.997.1406**. Changes will become **effective the 1st** of the following month, regardless of the day of the month you request the change.