



Welcome to the

Heritage Plaza Fitness Center

H-Fitness powered by Plus One.

H-Fitness is a state-of-the-art, 8,500 square foot facility conveniently located on the mall level in Heritage Plaza.

FREE enrollment • ZERO cancellation fee • NO contracts*

City of Houston

Employee Membership Discount:

- \$63 per month (\$5 savings per month)
- -OR- \$20 for a one-time all access pass
- To enroll, contact Caitlyn Scelfo and schedule a tour and membership presentation



Features

- **FREE** towel service
- **FREE** access to day-use lockers
- **FREE** personal training session*
- **FREE** fitness classes

Contact Information:

Caitlyn Scelfo - Membership Director
 1111 Bagby Street | Houston, TX 77002
caitlyn.scelfo@plusone.com
 p: 713-651-0075

Hours:

Monday – Thursday: 5:30am – 8:00pm
 Friday: 5:30am – 7:00pm • Saturday – Sunday: Closed
 713-651-0075 • hfitness@plusone.com
 1111 Bagby St., Houston, TX 77002

