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Submit completed form to the Secure Document Portal at bit.ly/COHBenefitsForm

Print or type with blue or black ink only												
		Pension Sys	tem				Gender		_			
		U Municipal		Fire		Police	🗆 Male	🗌 Fema	ale 🗆 Ur	ndeclared		
Phone Numbe	r		E	mail Ad	dress							
First Name			L	Last Name M.I.								
Mailing Address or PO Box A			Apt. No	. No. City State Zip		Zip	County					
Permanent Address A			Apt. No	No. City S			State	Zip	County			
A. Group Benefits Choice: Complete for all applicable.												
Opt out: I understand that I may re-enroll in the future Open Enrollment, or if I have a Qualifying Life Event Medical Dental Vision												
Medical Plans (select one): Cigna Limited Network Plan Kelsey-Seybold Village Medical Renaissance Cigna Open Access Plan Cigna Consumer-Driven Health Plan Medical Coverage Tier (select one): Retiree/Survivor Only Retiree + Spouse Retiree + Child(ren) Retiree + Family			Dental Plans (select one): Vision Coverage Tier (select one): DHMO Retiree/Survivor Only DPPO Retiree + Spouse Dental Coverage Tier (select one): Retiree/Survivor + Child(ren) Retiree/Survivor Only Retiree + Family Retiree/Survivor + 1 Dependent Retiree/Survivor + 2 or more Dependents							ıly		
			Are you or your eligible dependents Medicare-eligible? Yes No If Yes, you are required to enroll in Medicare A & B. Note: The City's Medicare Plans are available to Retirees/Dependents who are Medi- care eligible and covered under Medicare Parts A & B. The Cigna plans are not avail- able to Medicare-eligible Retirees and their Medicare-eligible Dependents. The City of Houston requires the enrollment of Medicare A & B if they are Medicare-eligible. Signed acknowledgment:									
B. Dependen	ts: Complete for yourself ar	nd eligible dep	endent((s).								
Relationship	Last Name, First Nar	<u> </u>		ender	Medica	al Dental	Vision	Date of Birth	Social Security No.	Tobacco User		
Self/Retiree			□ M □ Un	F Fideclared	Add Drop	Add Drop	Add Drop					
			□ M □ Un	F Ideclared	Add Drop	Add Drop	Add Drop					
			□ M □ Un	F Ideclared	Add Drop	Add Drop	Add Drop					
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			□ M □ Un	F Ideclared	Add Drop	Add Drop	Add Drop					

C. Notes

Eligible Dependent: An eligible dependent is your legal spouse and any child (natural, adopted, foster, stepchild, and a child for whom you are legal guardian and/or have legal support obligation) who is your dependent for federal income tax purposes, resides with you, and is under age 26.

Disabled Children age 26 and over: Child must be primarily supported by you, and incapable of self-sustaining employment by reason of mental incapacity, physical disability or handicap, which arose while the child was covered as a dependent on a City plan without a break in coverage. Upon applying and receiving third party medical administrator's approval, proof of the child's condition and dependence must be submitted within 31 days or the child ceases to qualify for benefits.

Relationship Documents - Social Security Cards, Certified Marriage Certificate, Registration and Declaration of an Informal Marriage Certificate (common law), Legal and Court Order Documents, and Official Birth Certificates or Birth Facts.

Non-tobacco User Discount: If you and/or your dependents do not use tobacco products, you qualify for the monthly non-tobacco user discount of \$35. If you and/or any of your dependents indicated tobacco use, you will not be eligible for the non-tobacco user discount. By enrolling and participating in a smoking/tobacco cessation program, you may become eligible for the monthly non-tobacco user discount of \$35. In order to be eligible for the discount, previously indicated tobacco users on the medical plan must participate in a smoking cessation program. Smoking/tobacco cessation programs must be facilitated or validated by the City of Houston. *You must complete a non-tobacco user form.*

Important: If both you and your spouse work(ed) for the City, you may be covered as an employee/retiree or as a dependent - but not both. Dependents may be enrolled under only one parent or guardian.

D. City of Houston Authorizations

I am a retiree or survivor of the City of Houston, eligible to participate in the medical, dental and/or vision programs. I apply to make the above coverage election(s) and understand the information I have provided is part of my application. All statements made by me may be relied upon by the City of Houston; if any information that I have provided is found to be materially incorrect, my coverage may be denied. I understand that if both I and my spouse work(ed) for the City of Houston, I may be covered as an employee/retiree or as a dependent, but not both. Dependent(s) may be enrolled under only one parent or guardian.

I agree that if I acquire other coverage outside of the City of Houston, or if I have listed ineligible dependents, I may incur a monetary penalty and/or my coverage may be canceled. I understand that I must notify the City when I acquire other coverage outside of the City's plans and when I have an ineligible dependent.

Contributions are paid one month in advance. If you opt out or make a plan or tier change at the end of the month, you will be eligible for a refund for contributions already paid.

I authorize the Pension System to deduct from my pension check my portion of the contributions as it becomes due.

Date Phone Number		Signature	Signature						
For Benefits Office use only									
Department Re		Retirement Date	Effective Date						

Revised February 18, 2025 2:08 PM